

Curriculum Vitae

Beth Lewis, MDA, RDN, CDCES, CNSC

Contact Information

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College of Health Solutions
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Education

MDA - Master of Dietetics Administration, Utah State University	2006
Applied Project: Integration of Nutrition Screening into the Interdisciplinary Plan of Care	
BS - Bachelors of Science in Dietetics, Utah State University, Logan, Utah	2002

Credentials

RDN - Registered Dietitian Nutritionist	2003 - current
CDCES - Certified Diabetes Care and Education Specialist	2012 - current
CNSC - Certified Nutrition Support Clinician	2024 - current
	2018 - 2023

Certification

Food Handlers Permit, Certificate of Training	2014-current
Certificate of Training in Adult Malnutrition	Jan 2017

Professional Organizations

Certification Board for Diabetes Care and Education, Active Member	May 2025 - current
American Society of Parenteral and Enteral Nutrition, Active Member	July 2024 - current
Society for Children's Book Writers and Illustrators, Active Member	Nov 2022 - current

Principal Positions Held

Arizona State University, College of Health Solutions, Phoenix AZ	
Clinical Assistant Professor	Jan 2024 - current
Steward Healthcare, Mountain Vista Medical Center, Mesa AZ	
Clinical Dietitian	Jan 2024 - Aug 2024
Clinical Nutrition Manager	May 2007 - Jan 2024
IASIS Healthcare, Salt Lake Regional Medical Center, SLC UT	
Chief Clinical Dietitian	2004 - 2007
Clinical Dietitian	2003 - 2004
Pioneer Valley Lifestyle Clinic, Diabetes Management Program, West Valley UT	
Diabetes Educator	2003 - 2004

Teaching

Credit Bearing

- **NTR 444 Medical Nutrition Therapy (Years taught: 1)**
Format: In-Person
Semesters taught: Spring 2025, Fall 2025
- **NTR 341 Medical Nutrition Therapy I (Years taught: 2)**
Format: In-Person, Online
Semesters taught: Spring 2024, Fall 2024, Spring 2025, Fall 2025
- **NTR 342 Medical Nutrition Therapy Lab (Years taught: 0.5)**
Format: In-Person
Semesters taught: Fall 2025
- **CHS 260 Health Professions Terminology (Years taught 2)**
Format: Online
Semesters taught: Spring 2024, Fall 2024, Spring 2025
- **NTR 100 Intro to Nutrition Science (Years taught: 1)**
Format: Online & Hybrid
Semesters taught: Spring 2024, Summer 2024, Fall 2024, Summer 2025
- **NTR 241 Human Nutrition (Years taught: 1)**
Format: Hybrid
Semesters taught: Spring 2024, Fall 2024

Curriculum Development

Course Creation

NTR 432 Medical Nutrition Therapy Lab

New Course Fall C 2025

- Strategic plan for new course shell creation and new textbook adoption Mar 2025
- CHS Curriculum Committee Meeting, course approval Sept 2024
- Standalone lab to coordinate with NTR 431 (formerly with NTR 446) July 2024
- Syllabus Creation and Content Revision in collaboration w/Shaina Grant July 2024
- Medical Nutrition Therapy Series Lab Restructure May 2024

New and Revised Labs and Assessments

- Energy Expenditure Lab
- Diabetes Management and Education Lab Nov 2025
- Fluid Balance Lab Oct 2025
- Assessment of Blood Lipids Lab Oct 2025
- Stroke & Dysphagia Lab Sept 2025
- Weight Management Lab Aug 2025
- Fluid Balance Lab Aug 2025

NTR 341 Medical Nutrition Therapy I, ASU Online

New Course Spring B 2025

- Instructional Design collaboration for Accessibility & improved Ally score Nov 2025
- Instructional Design collaboration for course creation Jan-Feb 2025

New and Revised Assessments

- Update to new textbook edition for both content and accessibility Oct -Dec 2025
- Anonymous Coursework Survey Apr 2025
- Extra Credit Nutrition Care Process Activity Apr 2025
- Course updates and revision with Instructional Design Jan - Mar 2025
- GERD Case Study Assignment, EHR Go Feb 2025
- GERD Writing an ADIME Note, EHR Go Feb 2025
- Bariatric Surgery Case Study Assignment, EHR Go Feb 2025
- Bariatric Surgery Writing an ADIME Note, EHR Go Feb 2025
- Neurology Case Study Assignment, EHR Go Feb 2025
- Neurology Writing an ADIME Note, EHR Go Feb 2025
- Cardiology Case Study Assignment, EHR Go Feb 2025
- Cardiology Writing an ADIME Note, EHR Go Feb 2025
- Diabetes Case Study Assignment, EHR Go Feb 2025
- Diabetes Writing an ADIME Note, EHR Go Feb 2025
- Pharmacology Matching Assignment, online format Feb 2025
- Dietitian Roles Assignment, online format Feb 2025
- Yellowdig discussion prompt creation, Modules 2-6 Feb 2025

- EHR Go Orientation Assignment Feb 2025
- PES Statement Matching Assignment, online format Jan 2025
- Subjective vs Objective Information Assignment, online format Jan 2025
- Information for Calculations Reference Material, online format Jan 2025
- Nutrition Calculations Assignment, online format Jan 2025
- New assessment identification to match available textbook Nov 2024
- Course module review to remove former textbook Nov 2024
- Syllabus review and revision with Instructional Design Oct-Nov 2024

Course Redesign

NTR 444 Medical Nutrition Therapy II

New and Revised Assessments

- Canvas course restructure to include objectives, purpose, instructions and rubrics for the following May-Sept 2025
 - PN and EN Calculations
 - Lower GI, CKD and Cancer Case Studies
 - Lower GI, CKD and Cancer Oral Presentations
- HIV & AIDS Pre-Work Assignment Feb 2025
- Restructured Pre-Work Assignment for each chapter Mar 2025
- VR Simulation Reflection Assignment Jan 2025
- VR Simulation Moderator Guidance and Student Role Identification Jan 2025
- VR Simulation Interest Survey Jan 2025

New and Revised Presentations

- Lecture slides update coordination with TA to new textbook edition for both content and accessibility Aug -Dec 2025

NTR 341 Medical Nutrition Therapy I

New and Revised Assessments

- Converted all Online Exams to in-person exams Aug-Dec 2025
- In-Class Activity Writing a Hypothyroidism ADIME Note Nov 2025
- In-Class Activity Meal Planning in Cardiovascular Disease Mar 2025
- Content Restructure between MNT I, II, & III Nov 2024
- IDDSI and Tray Matching In-Class Activity Oct 2024
- Malnutrition Diagnosis Identification In-Class Activity Oct 2024
- Pre-Work Upper GI Tract Assignment Sept 2024
- Pharmacology Jeopardy In-Class Activity Sept 2024
- iClicker Grade Sync Instructions for TAs Sept 2024
- TA Collaboration for Pre-Work Creation for 2 chapters Sept 2024
- iClicker integration for class participation and attendance Aug 2024
- PES Statement Mix-Up In-Class Activity Aug 2024

- Nutrition Care Process In-Class Activity Aug 2024
- History and Physical For Nutrition Care Form Completion Apr 2024
- Carbohydrate Controlled Meal Planning Activity Apr 2024
- PES Statement Revision Activity Apr 2024
- Exchange List Activity Feb 2024
- PES Statements Upper GI Feb 2024

New and Revised Presentations

- Lecture slides update coordination with TA to new textbook edition for both content and accessibility Aug -Dec 2025
- PlayPosit Integration for Upper GI Lecture Oct 2024
- Underweight and Eating Disorders Lecture Sept 2024
- Nutrition Care Process - PES statement revision Aug 2024
- Endocrinology: Updated Diabetes Diagnostic Criteria May 2024
- Cardiovascular System : updated Hypertension AHA criteria Apr 2024
- Neurology: updated IDDSI terminology Apr 2024

CHS 260 Health Professions Terminology

New and Revised Assessments

- Yellowdig Instructions for TA/GSA Jan 2025
- New 9th edition textbook adoption Medical Terminology for Health Professions, Assessment adjustment and coordination for Spring 2025 Nov 2024
- Yellowdig Integration in place of traditional discussions for Spring 2025 Nov 2024
- Honors Contract Option Suggestions Sept 2024

NTR 241 Human Nutrition

New and Revised Assessments

- Trace Mineral Case Scenario In-Class Activity Nov 2024
- New textbook adoption (quiz, lecture, SmartBook integration) July-Aug 2024
- iClicker Integration for class participation and attendance Mar 2024
- McGraw Hill overview of optional new Textbook (NTR 241) Feb 2024
- Sodium Content Ranking In-Class Activity Feb 2024

New and Revised Presentations

- PlayPosit Integration for Protein Lecture Oct 2024
- Slide Deck upgrade for new textbook Chapters 1-14 July-Nov 2024

NTR 100 Introduction to Nutrition

New and Revised Assessments

- Presentation Creation and Studio Recording of Lecture May 2025
 - Carbohydrate Overview
 - Diabetes

- Yellowdig Conversations, converted from traditional discussion board May 2025
 - Supplemental Diabetes Activity Sept 2024
 - Food Labeling Claim Identification In-Class Activity Aug 2024
 - Value Reference Matching In-Class Activity Aug 2024
 - Food Frequency Questionnaire In-Class Activity Aug 2024
- New and Revised Presentations*
- PlayPosit Integration for Fat-Soluble Vitamins Lecture Oct 2024
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Service

1 hour per activity, unless otherwise noted

University Committees

- Food Is Medicine Continuing Education Committee Dec 2025
- Career Faculty Association, Resource Committee May 2025 - current

College of Health Solutions Committees

- CHS Faculty Service Committee Oct 2024 - current
- NTR Faculty Neighborhood Faculty Committee Oct 2024 - current
- NTR Scholarship Committee May 2024 - current
- NTR Curriculum Committee Feb - Sept 2024
- ASU Nutrition at CHS, Vision Definition and Crafting a Strategic Identity Mar 2024

University Activities

- ASU Commencement Faculty Volunteer Dec 2024
- ASU Commencement Faculty Volunteer May 2024

College of Health Solutions Activities

- All College Meetings, Collaboration on school names Fall 2025
- College of Health Solutions Convocation Faculty Participation May 2024 - Current
- College of Health Solutions Awards Ceremony Volunteer (2 hours) May 2025
- Nutrition & Dietetics Advisory Board Meeting Apr 2024
- Dietetic Intern Session on Interviewing/Negotiating (2 hours) Feb 2024

Edson College of Nursing Activities

- Moderator for Interprofessional Event between nurses, dietetic students and other disciplines (2 hours) Nov 2025

Retention and Recruitment

- CHS Let's Give Thanks Nutrition Dinner (2 hours) Nov 2025

CHS Health Devil Welcome (2.5 hours)	Aug 2025
CHS Let's Grow Together Nutrition Dinner (3 hours)	Mar 2025
Open Door, Spring 2025 recruitment, Polytechnic Campus (3 hours)	Feb 2025
Party on the Patio, Fall 2024 for graduating Seniors and Freshman	Nov 2024
CHS Let's Give Thanks Nutrition Dinner (3 hours)	Nov 2024
ASU Sun Devil Tuesday Fall Welcome (3 hours)	Aug 2024
CHS Let's Grow Together Nutrition Dinner (3 hours)	Apr 2024

Presentations

Al-Quds University Lecture: Nutrition Assessment and Counseling, Cintana Alliance (8 hrs)	Dec 2025
Certification Board for Diabetes Care and Education, Ambassador	Nov 2025
ASU Prep Academy Presentation, Nutrition and Hypoglycemia in the Sim Lab (3 hours)	Mar 2025
Nutrition and You, youth group presentation, age 11-17 (2 hours)	Jan 2025
Guest speaker for ASU Pre-Health Integrative & Holistic Quantum Club	Aug 2024

Student Mentoring

Allison Rodriquez, DICAS	Jan 2026
Carolyn Slater, Letter of Recommendation, MSDI	Jan 2026
Taylor Shuemaker, DICAS	Dec 2025
Sophia Riggs, DICAS	Dec 2025
Max Tesarek, Letter of Recommendation, DICAS	Dec 2025
Nicoletta Fazio, Letter of Recommendation, DICAS	Dec 2025
Millicent Lenguyen, Letter of Recommendation, DICAS	Dec 2025
Allison Rodriquez, Honors Thesis Research Focus, Co-Director <i>The Impact of Nutrition on the Timely Recovery of Athletes</i>	Spring-Fall 2025
Madison Brimner, Letter of Recommendation, DICAS	Dec 2025
Brianna Pinedo, Letter of Recommendation, DICAS	Nov 2025
Shelby Fletcher, Letter of Recommendation, DICAS	Nov 2025
Daniela Quintero Meza, Letter of Recommendation, DICAS	Nov 2025
Shaina Kotila, Letter of Recommendation, DICAS	Nov 2025
Ty Grant, Letter of Recommendation, DICAS	Nov 2025
Samantha Salkeld, Letter of Recommendation, various programs	Oct 2025
Sarah Kurtze, Letter of Recommendation, MSDI program	Sept 2025
Alexandra Boon, Letter of Recommendation, MSDI program	Sept 2025
Elese Tewalt, Letter of Recommendation for Phoenix VA Dietetic Internship	Sept 2025
Alyson Alcaraz, GSA for NTR 342, lab instructor and grader	Fall 2025
Ty Grant, UGTA for NTR 444, grading and exam reviews	Fall 2025
Lauren Ducett, UGTA for NTR 444, grading and exam reviews	Fall 2025

Millicent Lenguyen, UGTA for NTR 444, course update for new textbook Edition, in-class engagement creation	Fall 2025
Max Tesarek, UGTA for NTR 341 C/B sessions, collaboration on grading	Fall 2025
Carolyn Slater, UGTA for NTR 341, collaboration on grading and course Update for new textbook edition, in-class engagement creation	Fall 2025
Madison Brimner, Career advice	May 2025
Sarah Kurtze, Letter of Recommendation, Accelerated Dietetics BS/MS	May 2025
Allison Rodriquez, Letter of Recommendation, Accelerated Dietetics BS/MS	May 2025
Marina Megson, Advice about career trajectory	Apr 2025
Sophia Riggs, Letter of Recommendation, Accelerated Dietetics BS/MS	Apr 2025
Millicent Lenguyen, Career advice	Apr 2025
Alyssa Munoz, Career Interview	Apr 2025
Max Tesarek, Letter of Recommendation, Accelerated Dietetics BS/MS	Apr 2025
Lauren Duckett, Letter of Recommendation, Accelerated Dietetics BS/MS	Apr 2025
Ty Grant, Letter of Recommendation, Accelerated Dietetics BS/MS	Apr 2025
Allison Dukart, Letter of Recommendation, PA School	Mar 2025
Brianna Pinedo, Letter of Recommendation, Accelerated Dietetics BS/MS	Mar 2025
Christopher Becerril, Letter of Recommendation, PA School	Mar 2025
Adam Stewart, Honors Thesis, Second Reader	Spring 2025
<i>Bridging the Gap Between Neonatal/Infant Feeding Options: Improving Health Outcomes Through Nutrition Interventions</i>	
Ariana Salehi, Honors Enrichment Project, CHS 260 Healthcare Professionals Terminology, Medical Drama Review	Spring 2025
Alyson Alcaraz, UGTA for NTR 444, collaboration on course development and grading	Spring 2025
Allison Duckart, UGTA for NTR 444, collaboration on course development and grading	Spring 2025
Allison Rodriquez, UGTA for NTR 341, collaboration on grading	Spring 2025
Sophia Riggs, UGTA for NTR 341, collaboration on grading	Spring 2025
Lauren Duckett, UGTA for NTR 341, collaboration on grading	Spring 2025
Nicole Brown, GSA for CHS 260, Yellowdig training, course collaboration	Spring 2025
Allison Rodriquez, UGTA for NTR 341, collaboration on pre-work assignment creation, grading training and classroom assistant	Fall 2024
Samantha Salkeld, UGTA for NTR 341, collaboration on pre-work assignment creation, grading training and classroom assistant	Fall 2024
Nicole Brown, GSA for NTR 241, grading training, training and collaboration on slide deck adjustment	Fall 2024
Shreya Raval, GTA for CHS 260, discussion post training, collaboration on student integrity issues and identification	Spring 2024-Fall 2024
Kevin Ochoa, Honors Enrichment Project, CHS 260 Healthcare Professionals	Fall 2024

Terminology, Health Literacy Research and Interview Project	
Abby Craig, Honors Enrichment Project, NTR 241 Human Nutrition, Meal Planning on a Budget	Fall 2024
Melisa Molina, Honors Enrichment Project, CHS 260 Healthcare Professionals Terminology, Emergency Communication in Spanish	Fall 2024
Maya French, Honors Enrichment Project, NTR 100 Introduction to Nutrition science, Family Meal Planning on a budget	Fall 2024
Brianna Reinhart, Honors Enrichment Project, CHS 260 Healthcare Professionals Terminology, Infographics of Medical Terms	Fall 2024
Reilley Herf, Honors Enrichment Project, NTR 100 Introduction to Nutrition Science, Creating Healthy Meal Plans for a Family on a Budget	Fall 2024
Anya Bullock, Honors Enrichment Project, NTR 341 Medical Nutrition Therapy, Clinical Nutrition in Burn Patients Presentation	Fall 2024
Mihret Wandimagineghu, Practitioner Interview	Sept 2024
Ricardo Famaña, Practitioner Interview	Sept 2024
Adam Stewart, NTR 341 Student, Letter of Recommendation for Med School	May 2024
Alyson Alcaraz, NTR 341 Student, Letter of Recommendation for Grad School	May 2024
Haley Barong, ASU Dietetic Intern, Career Advice	Mar 2024
Abigail Ast, NTR 100 Student, Nutrition Certification Advice	Feb 2024
Chante Colombe, ASU Dietetic Intern, Internship and Career Advice	Jan 2024

Professional Organization

Certification Board for Diabetes Care and Education

CBDCE Ambassador Presentation, 22 attendees	Nov 2025
CBDCE Ambassador Program Q&A Session	Sept 2025
CBDCE Ambassador Volunteer Training (2 hours)	Aug 2025

Community Activities

Child Crisis Center of Arizona, Breakfast with Santa (2 hrs)	Dec 2025
Day of Service at The Society of St. Vincent de Paul (3 hours)	Aug 2025
4th Trimester Annual Event Volunteer (8 hours)	Feb 2025
Montessori Education Centre, School Chaperone for Arizona Science Center (6 hours)	Nov 2024
Montessori Education Centre, School Volunteer (2 hours)	Oct 2024
President of Children's Church Group (ages 18 mo-11 yrs)	Nov 2022 - May 2025
Kids Need To Read Fundraiser Community Event (2 hours)	Apr 2024

Collaborations

Career Faculty Association Coffee Chat	Sept 2025
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LMS research activity, Cengage Publisher	May 2025
MindTap Research Activity for Cengage, navigation tools	Apr 2025
Career Faculty Association Coffee Chat	Apr 2025
MindTap Research Activity for Cengage, platform development	Mar 2025
Strategic Marketing Event (Keri Hensley), Highlight of NTR 444 Simulation	Feb 2025
College of Health Solutions Faculty Mentoring Cohort	Feb 2024 - Dec 2025
College of Health Solutions All College Meeting	Dec 2024
College of Health Solutions All College Meeting	Aug 2024

Professional Development

1 hour per activity, unless otherwise noted

Pedagogy / Teaching Focus

Equidox Training for PDF accessibility remediation	Dec 2025
College of Health Solutions AI Community of Practice, December	Dec 2025
Peer Review Assignments - Learning Experience Designers Office Hours	Dec 2025
Work-Integrated Learning Info Session	Dec 2025
CHS Teacher Talks! Challenges and Wins for class updates, AI adoption	Nov 2025
College of Health Solutions AI Community of Practice, November	Nov 2025
CHS Teacher Talks! Learner-Teacher methods, DEV Shell creation	Oct 2025
CHS Teacher Talks! SAILS Flex Plans	Sept 2025
College of Health Solutions AI Community of Practice, August	Nov 2025
Navigating Flex Plans with Student Accessibility	Aug 2025
AccessZone Training Series, Pt 1: Disability Context in Higher Education	Aug 2025
Student Accessibility Faculty Orientation	Aug 2025
Wistia - An Overview	Aug 2025
Adobe Upskilling: Getting Started with Adobe Express	July 2025
Improving Course Accessibility Using Canvas and Ally	May 2025
Strategies for Creating Accessible PDFs and Word Documents	May 2025
Accessibility in Word Processing, Google Docs and Word	May 2025
Bored No More, Yellowdig Discussions Training	May 2025
CHS Teacher Talk, Use of ChatGPT in the Classroom	Apr 2025
Bertha Strong IPE Event Observer/Facilitator Training	Apr 2025
Designing and Facilitating Authentic Discussions in the Age of AI	Mar 2025
Reimagining Assessments for the AI Era: An Instructor Roundtable	Mar 2025
CHS Teacher Talk, Study Abroad overview	Mar 2025
EHRGo Implementation Training	Feb 2025
CHS Teacher Talk, Use of AI in the classroom	Feb 2025
Ungrading & Self-Assessment: Practical Ways to Empower Students	Feb 2025

CHS Teacher Talk, Course Leads	Jan 2025
Training at Grace Center's Simulation Lab (2 hours)	Jan 2025
VR Health Simulation training	Jan 2025
EHRGo Demo Training for course integration	Dec 2024
New Quizzes: Advanced Features, ASU Learning Experience Design	Dec 2024
Yellowdig: Yellowdig Data (0.5 hrs)	Nov 2024
Yellowdig: Connecting with Learners (0.5 hrs)	Nov 2024
Yellowdig: Course Relevance (0.5 hrs)	Nov 2024
Yellowdig: Motivation (0.5 hrs)	Nov 2024
CHS Teacher Talk, Best Practice for TAs	Nov 2024
iClicker, Location Training for Attendance (0.5 hrs)	Nov 2024
SAILS Faculty Trainings - Practical Tools and Tips	Oct 2024
PlayPosit Playlists: A Comprehensive Solution to Professional Learning	Oct 2024
CHS Teacher Talk, Special Topic: Teaching Tools for Inclusive Excellence	Oct 2024
Canvas Rubrics, A Deep Dive, ASU Learning Experience Design (0.5 hr)	Oct 2024
A Practical Guide to Using Generative Artificial Intelligence to Educate Dietetic Students, Academy of Nutrition and Dietetics	Sept 2024
CHS Teacher Talk, Taking Attendance	Sept 2024
ASU Online for Instructors (6 hours)	August 2024
PlayPosit: Increasing Learner Engagement and Branched Learning	May 2024
Harmonize: Better paced, more engaging, easier grading option	May 2024
PlayPosit: Introduction Training	May 2024
CES Training, ASU Learning Experience Design	Apr 2024
VR Simulation Laboratory Training	Apr 2024
6 Ways Students Learn, McGraw Hill	Apr 2024
iClicker Training, MacMillan Learning	Apr 2024
ChatGPT, Organizational Excellence Community of Practice	Apr 2024
Rethinking Assessments, ASU Online	Mar 2024
Suicide Risk Assessment and Mitigation	Feb 2024
Media Production: Creating Presentations, ASU Online	Feb 2024
Taking Action with Canva Data, ASU Online	Feb 2024
Managing and Facilitating Discussions, ASU Online	Feb 2024
CHS Teacher Talk, How to Tell if it's AI	Feb 2024
McGraw Hill Connect Training	Feb 2024
Why Nutrition? Let's Talk Pizza McGraw Hill Curriculum	Feb 2024
Cengage MindTap Training	Feb 2024
McGraw Hill Assess My Diet Training	Feb 2024
Intro to Canvas Workshop, ASU Learning Experience Design	Jan 2024
Nutrition Care Professionals Case Study Training	Jan 2024

Dietetics & Health Focus

NTR 444 Medical Nutrition Therapy III lecture visit to gain insights on strategies for teaching parenteral nutrition Oct 2025

Water Talks - Water and Weight Control: What is the Evidence? Aug 2025

Association of Diabetes Care and Education Specialists Conference Aug 2025
(24.5 hours)

- Management of Blood Glucose in the Individual with Cancer
- The Jaw-Dropping, Undeniable Power of Encouragement; The People Side of Performance
- DCES & Nutritional Counseling Roles in Metabolic Dysfunction Associated Fatty Liver Disease
- Overcome Weight and Diabetes Stigma to Optimize Cardiometabolic Outcomes
- Tips and Tricks for Using CGM in Pregnancy
- Navigating Menopausal Symptoms: Treatment Considerations for Individuals with Diabetes
- Exploring Triple Agonists: A New Frontier in T2D Therapy
- Exercise as Medicine: Designing Clinically Safe Exercise for Diabetes Care
- Develop Knowledge Beyond Statins: Updates to Lipid Management in Adults With Diabetes
- Maximize Motivation: A Motivational Interviewing Toolkit
- Integrating Obesity Care and Management into DSMES
- Healing Through Habits: Building Self-Management Skills with Lifestyle Therapy
- The Great Debate: Going with the Flo or Turning the Tides in T2D Management
- Implementing Lifestyle Medicine for People with Diabetes in a Rural Community
- Identifying Barriers to Diabetes SelfManagement in Brooklyn Using Community Sentiments
- Moving Beyond Technology Champions: Engaging the Team in CGM Initiation and Utilization

Precision Health Across the Lifespan Seminar (4 hrs) March 2025

- What is Metabolic Health and Why is it Important?
- The Science of Thirst: Hydration Needs and Challenges in Older Adults
- Time-Restricted FEeding and Age-Related Bone Loss
- Aerobic Exercise in Alzheimer's Disease: Lessons from the FIT-AD Trial
- Consequences of Glycation and Inflammation
- The Metabolic Origins of Chronic Disease

ACEND Town Hall, Empowering Dietetics Educators and Preceptors: Nov 2024

Navigating Microaggressions & Advocacy in Academic Settings	
Impact of cooling interventions on exercise performance and health, Performance Nutrition Webinar Series	Oct 2024
ASU Employee Wellness 2024: The facts about sugar and health	Oct 2024
The Ins and Outs of Inflammatory Bowel Disease: Medical and Nutritional Therapies	Oct 2024
Certified Nutrition Support Clinician Exam Study (20 hours)	Sept 2024
Malnutrition Awareness Week 2024: Improving Health Equity through Quality: The Global Malnutrition Composite Score	Sept 2024
Malnutrition Awareness Week 2024: Starvation, Acute and Chronic Malnutrition: Adaptation or Resolution Across the Life Cycle (1.5 hrs)	Sept 2024
Food Handlers Essentials Course, Certificate of Training	July 2024
Arizona Academy of Nutrition and Dietetics 2024 Annual Conferences (10 hours)	May 2024
<ul style="list-style-type: none"> • Food for Thought: Vital Link between Dietary Patterns & Oral Microbiome • Nutrition to Heal Wounds in the Frail Elderly • Expo / Networking • Hashtags and Health Assessments: WIC in the 21st Century • Enhanced Recovery After Surgery (ERAS) Nutrition Protocols that Improve Outcomes • A Focus on Public Health Nutrition: The AZ State Nutrition and Physical Activity Plan • First Year as a Clinical RD • Food Anthropology: A Tool for the Modern Dietitian • Writing Your Origin Story: Unleashing Your Inner Dietitian Superhero 	
AAIM Tool: Validation and Usefulness for Diagnosing Malnutrition (0.5 hrs)	May 2024
Bariatric Sensitivity Training	May 2024
Nutrition Care Process Tutorial Certificate (2 hrs)	Apr 2024
National Patient Safety Goals Goal 1A. Using Two Patient Identifiers	Apr 2024
Precision Nutrition & Metabolic Medicine Seminar (4 hrs)	Mar 2024
<ul style="list-style-type: none"> • Calorie Restriction and Healthspan: Highlights from the CALERIE Trial • Precision Metabolic Health via Simply Modified Behaviors and Exposures - It's About Time • Epigenetics: Advancing Precision Health in Obesity • Precision Nutrition: Understanding the Patterns and Impacts of Food Intake • Precision Impact: Advancing Health Equity through Academic-Community Collaborations • Thhe State of Metabolic Medicine: Leveraging the Body's Use of Food to Support Health 	
Impact of Protein in Muscle Health, Performance Nutrition Webinar Series	Mar 2024

C-AZAND Clinical Skills Workshop (4 hrs)	Feb 2024
<ul style="list-style-type: none"> ● Impaired Swallowing & Diagnostic Screening ● Glucose Point of Care Testing ● Insulin Injection ● Enteric Feeding Placement 	

College of Health Solutions Focus

CHS Promotion Workshop	May 2025
April Sharing Inclusive Practices, Understanding Autism	Apr 2025
DREAMzone Training for CHS	Mar 2025
February Sharing Inclusive Practices (SIP) Journal Club, Accommodations	Feb 2025
Unsiload x ASU CHS Learning Lab: Workshop 13 (Inclusive Excellence) (1.5 hrs)	Oct 2024
Unsiload x ASU CHS Learning Lab: Workshop 5 (Inclusive Excellence) (1.5 hrs)	May 2024
Unsiload x ASU CHS Learning Lab: Workshop 4 (Inclusive Excellence) (1.5 hrs)	Apr 2024
Unsiload x ASU CHS Learning Lab: Workshop 3 (Inclusive Excellence) (1.5 hrs)	Apr 2024
CHS Mentorship Presentation by Vice President M. Yudell	Apr 2024
5 Pillars to a Great Speech by Dan Shinder, CHS Toastmasters	Mar 2024
Unsiload x ASU CHS Learning Lab: Workshop 2 (Inclusive Excellence) (1.5 hrs)	Mar 2024

Arizona State University Focus

EHS Annual Fire Safety and Prevention Training (0.5 hrs)	Aug 2025
EHS ASU Biosafety and Bloodborne Pathogens - Comprehensive Biosafety Tri-University Initial training (2 hrs)	Aug 2025
ASU Information Security Training 2025	May 2025
Career-track Faculty Promotion Workshop	Apr 2025
ASU Career Faculty Association Spring 2025 General Meeting	Mar 2025
ASU Academic Assembly Meeting	Mar 2025
SAILS, Navigating Complex Situations	Feb 2025
Barrett Thesis Course Instructor Collaborations Course	Feb 2025
ASU Career Faculty Association Spring Welcome Luncheon 2025	Jan 2025
Student Accessibility and Inclusive Learning Services: Orientation Webinar	Jan 2025
APARS RPT: Committee Member / Committee Manager Training, Academic Personnel (0.5 hrs)	Dec 2024
APARS: RPT Candidate Training, Academic Personnel (0.5 hr)	Dec 2024
Workday Introduction Training, Office of Human Resources (0.5 hr)	Dec 2024
SEA Change Workshop, Empower Your Day - Time Management and Self Care Strategies	Nov 2024
CFA Workshop Maintaining Work Life Balance	Oct 2024
Barrett's Honors Contract Training with Karen Sweaza (0.5 hr)	Sept 2024
Faculty and Academic Professionals Town Hall: Learn about Workday	Sept 2024

AI Risk Management & Responsible Use	Sept 2024
Customer Service Training for FASS, ASU Financial Aid & Scholarship Services	May 2024
Career Track Promotion Workshop, Academic Personnel (2 hours)	Apr 2024
Staff Council Empower Hour Series: Workday HCM	Apr 2024
ASU Inclusive Communities - Faculty Training, Office of Human Resources	Apr 2024
Information Security Training Refresher, ASU Enterprise Technology	Apr 2024
EDGE Conversations Training, Office of Human Resources	Mar 2024
ASU - Your Duty to Report, Title IX	Feb 2024
UBS Seeds of Sustainability Training Sustainability Practices, University Sustainability Practices	Feb 2024
ASU Inclusive Communities - Faculty Training, Office of Human Resources	Feb 2024
Arizona Public Service Orientation, ASU OHR Leadership and Workforce Development	Feb 2024
Preventing Harassment and Discrimination, ASU OHR Office of Equity and Inclusion - Online	Feb 2024
FERPA Tutorial for System Access, ASU Registrar	Jan 2024
2023 EHS Fire Safety Annual Training, ASU Environmental Health and Safety	Jan 2024
Customer Service Training for FASS, ASU Financial Aid & Scholarship Services	Apr 2024

Mentorship Program

CHS Faculty Cohort Mentoring Meeting

- Participation and Engagement Feb 2024 - Current Dec 2025

Jessica Lehmann, Associate Teaching Professor (Mentor) Mar 2024 - Current

- Review of Performance Evaluation Process and Peer Evaluation Review Dec 2024
- Peer Evaluation Review of NTR 241 course Nov 2024
- Review of ASU Vita, use of TAs, course planning Oct 2024
- New Semester suggestions, Coursework overview Aug 2024
- Correspondence via email for questions and answers Jun-Jul 2024
- Professional Development Recommendations May 2024
- Service Opportunities, Career Ladder and CV Strategies Apr 2024

Peer Evaluation

- NTR 341 Online Class Review and feedback by Jessica Lehmann Nov 2025
- NTR 241 Class Review and feedback by Jessica Lehmann Nov 2024

Professional Recognition

Sun Award by Swapna, for Exemplary service, Social embeddedness,
and Valuing diversity as a guest lecture in CHS/Al Quds University Dec 2025

lecture series

Sun Award by Melinda Johnson, for recording lecture videos for NTR 100	May 2025
Sun Award by Kissa Powel, Awards Ceremony Service	May 2025
Rookie of the Year Nominee, College of Health Solutions Awards Ceremony	May 2025
Sun Award by Tuong-Vi Le for Inclusive Excellence Participation	May 2024