

Curriculum Vitae

Beth Lewis, MDA, RDN, CDCES, CNSC

Contact Information

Arizona State University
College of Health Solutions
Health South, Room 454
Mail Code 9020
500 N. 3rd Street
Phoenix, AZ 85004
Email: beth.lewis@asu.edu

Education

MDA - Masters of Dietetic Administration, Utah State University 2006
Applied Project: Integration of Nutrition Screening into the
Interdisciplinary Plan of Care
BS - Bachelors of Science in Dietetics, Utah State University, Logan, Utah 2002

Credentials

RDN - Registered Dietitian Nutritionist 2003 - current
CDCES - Certified Diabetes Care and Education Specialist 2012 - current
CNSC - Certified Nutrition Support Clinician 2024 - current
2018 - 2023

Professional Organizations

American Society of Parenteral and Enteral Nutrition, Active Member July 2024 - current
Society for Children's Book Writers and Illustrators, Active Member Nov 2022 - current

Principal Positions Held

Arizona State University, College of Health Solutions, Phoenix AZ
Clinical Assistant Professor Jan 2024 - current
Steward Healthcare, Mountain Vista Medical Center, Mesa AZ

Clinical Dietitian	Jan 2024 - Aug 2024
Clinical Nutrition Manager	May 2007 - Jan 2024
IASIS Healthcare, Salt Lake Regional Medical Center, SLC UT	
Chief Clinical Dietitian	2004 - 2007
Clinical Dietitian	2003 - 2004
Pioneer Valley Lifestyle Clinic, Diabetes Management Program, West Valley UT	
Diabetes Educator	2003 - 2004

Teaching

Credit Bearing

- **NTR 341 Medical Nutrition Therapy I (Years taught: 1)**
Format: In-Person
Semesters taught: Spring 2024, Fall 2024
- **CHS 260 Health Professions Terminology (Years taught 1)**
Format: Online
Semesters taught: Spring 2024, Fall 2024
- **NTR 100 Intro to Nutrition Science (Years taught: 1)**
Format: Online & Hybrid
Semesters taught: Spring 2024, Summer 2024, Fall 2024
- **NTR 241 Human Nutrition (Years taught: 1)**
Format: Hybrid
Semesters taught: Spring 2024, Fall 2024

Curriculum Development

Course Creation

NTR 432 Medical Nutrition Therapy Lab

Anticipated Fall 2025

- CHS Curriculum Committee Meeting, course approval Sept 2024
- Standalone lab to coordinate with NTR 431 (formerly with NTR 446) July 2024
- Syllabus Creation and Content Revision in collaboration w/Shauana Grant July 2024
- Medical Nutrition Therapy Series Lab Restructure May 2024

NTR 341 Medical Nutrition Therapy, ASU Online

Anticipated Spring 2025

New and Revised Assessments

- New assessment identification to match available textbook Nov 2024

- Course module review to remove former textbook Nov 2024
- Syllabus review and revision with Instructional Design Oct-Nov 2024

Course Redesign

NTR 341 Medical Nutrition Therapy I

New and Revised Assessments

- Content Restructure between MNT I, II, & III Nov 2024
- IDDSI and Tray Matching In-Class Activity Oct 2024
- Malnutrition Diagnosis Identification In-Class Activity Oct 2024
- Pre-Work Upper GI Tract Assignment Sept 2024
- Pharmacology Jeopardy In-Class Activity Sept 2024
- iClicker Grade Sync Instructions for TAs Sept 2024
- TA Collaboration for Pre-Work Creation for 2 chapters Sept 2024
- iClicker integration for class participation and attendance Aug 2024
- PES Statement Mix-Up In-Class Activity Aug 2024
- Nutrition Care Process In-Class Activity Aug 2024
- History and Physical For Nutrition Care Form Completion Apr 2024
- Carbohydrate Controlled Meal Planning Activity Apr 2024
- PES Statement Revision Activity Apr 2024
- Exchange List Activity Feb 2024
- PES Statements Upper GI Feb 2024

New and Revised Presentations

- PlayPosit Integration for Upper GI Lecture Oct 2024
- Underweight and Eating Disorders Lecture Sept 2024
- Nutrition Care Process - PES statement revision Aug 2024
- Endocrinology: Updated Diabetes Diagnostic Criteria May 2024
- Cardiovascular System : updated Hypertension AHA criteria Apr 2024
- Neurology: updated IDDSI terminology Apr 2024

CHS 260 Health Professions Terminology

New and Revised Assessments

- New 9th edition textbook adoption Medical Terminology for Health Professions, Assessment adjustment and coordination for Spring 2025 Nov 2024
- Yellowdig Integration in place of traditional discussions for Spring 2025 Nov 2024

NTR 241 Human Nutrition

New and Revised Assessments

- Trace Mineral Case Scenario In-Class Activity Nov 2024
- New textbook adoption (quiz, lecture, SmartBook integration) July-Aug 2024
- iClicker Integration for class participation and attendance Mar 2024

- McGraw Hill overview of optional new Textbook (NTR 241) Feb 2024
 - Sodium Content Ranking In-Class Activity Feb 2024
- New and Revised Presentations*
- PlayPosit Integration for Protein Lecture Oct 2024
 - Slide Deck upgrade for new textbook in coordination with Teaching Assistant, Chapters 1-14 July-Nov 2024

NTR 100 Introduction to Nutrition

New and Revised Assessments

- Supplemental Diabetes Activity Sept 2024
- Food Labeling Claim Identification In-Class Activity Aug 2024
- Value Reference Matching In-Class Activity Aug 2024
- Food Frequency Questionnaire In-Class Activity Aug 2024

New and Revised Presentations

- PlayPosit Integration for Fat-Soluble Vitamins Lecture Oct 2024

Service

1 hour per activity, unless otherwise noted

University/CHS Committees

Faculty Service Committee	Oct 2024 - current
Nutrition Programs Faculty Committee	Oct 2024 - current
NTR Curriculum Committee	Feb - Sept 2024
NTR Scholarship Committee, Linda A Vaughan Scholarship Fund	May 2024
ASU Nutrition at CHS, Vision Definition and Crafting a Strategic Identity	Mar 2024

University/CHS Activities

College of Health Solutions Convocation Faculty Participation	May 2024
ASU Undergraduate Commencement Volunteer	May 2024
Nutrition & Dietetics Advisory Board Meeting	Apr 2024
Dietetic Intern Session on Interviewing/Negotiating (2 hours)	Feb 2024

Retention and Recruitment

Party on the Patio, Fall 2024 for graduating Seniors and Freshman	Nov 2024
CHS Let's Give Thanks Nutrition Dinner	Nov 2024
ASU Sun Devil Tuesday Fall Welcome (3 hours)	Aug 2024
CHS Let's Grow Together Nutrition Dinner	Apr 2024

Presentations

Guest speaker for ASU Pre-Health Integrative & Holistic Quantum Club Aug 2024

Student Mentoring

Kevin Ochoa, Honors Enrichment Project, CHS 260 Healthcare Professionals Terminology, Health Literacy Research and Interview Project Fall 2024

Abby Craig, Honors Enrichment Project, NTR 241 Human Nutrition, Meal Planning on a Budget Fall 2024

Melissa Molina, Honors Enrichment Project, CHS 260 Healthcare Professionals Terminology, Emergency Communication in Spanish Fall 2024

Maya French, Honors Enrichment Project, NTR 100 Introduction to Nutrition science, Family Meal Planning on a budget Fall 2024

Brianna Reinhart, Honors Enrichment Project, CHS 260 Healthcare Professionals Terminology, Infographics of Medical Terms Fall 2024

Reilley Herf, Honors Enrichment Project, NTR 100 Introduction to Nutrition Science, Creating Healthy Meal Plans for a Family on a budget Fall 2024

Anya Bullock, Honors Enrichment Project, NTR 341 Medical Nutrition Therapy, Application of Nutrition Conference Learning Fall 2024

Mihret Wandimagegnehu, Practitioner Interview Sept 2024

Ricardo Famaña, Practitioner Interview Sept 2024

Adam Stewart, NTR 341 Student, Letter of Recommendation for Med School May 2024

Alyson Alcaraz, NTR 341 Student, Letter of Recommendation for Grad School May 2024

Haley Barong, ASU Dietetic Intern, Career Advice Mar 2024

Abigail Ast, NTR 100 Student, Nutrition Certification Advice Feb 2024

Chante Colombe, ASU Dietetic Intern, Internship and Career Advice Jan 2024

Community Activities

Montessori Education Centre, School Chaperone for Arizona Science Center (6 hours) Nov 2024

Montessori Education Centre, School Volunteer (2 hours) Oct 2024

President of Children's Church Group (ages 18 mo-11 yrs) Nov 2022 - current

Kids Need To Read Fundraiser Community Event (2 hours) Apr 2024

Collaborations

College of Health Solutions Faculty Mentoring Cohort Feb 2024 - current

College of Health Solutions All College Meeting Dec 2024

College of Health Solutions Curriculum Committee for NTR 342 Sept 2024

College of Health Solutions All College Meeting Aug 2024

Professional Development

1 hour per activity, unless otherwise noted

Pedagogy Focus

EHRGo Demo Training for course integration	Dec 2024
New Quizzes: Advanced Features	Dec 2024
Yellowdig: Yellowdig Data	Nov 2024
Yellowdig: Connecting with Learners	Nov 2024
Yellowdig: Course Relevance	Nov 2024
Yellowdig: Motivation	Nov 2024
CHS Teacher Talk, Best Practice for TAs	Nov 2024
iClicker, Location Training for Attendance (0.5 hrs)	Nov 2024
SAILS Faculty Trainings - Practical Tools and Tips	Oct 2024
PlayPosit Playlists: A Comprehensive Solution to Professional Learning	Oct 2024
CHS Teacher Talk, Special Topic: Teaching Tools for Inclusive Excellence	Oct 2024
Canvas Rubrics, A Deep Dive (0.5 hr)	Oct 2024
A Practical Guide to Using Generative Artificial Intelligence to Educate Dietetic Students	Sept 2024
CHS Teacher Talk, Taking Attendance	Sept 2024
ASU Online for Instructors (6 hours)	August 2024
PlayPosit: Increasing Learner Engagement and Branched Learning	May 2024
Harmonize: Better paced, more engaging, easier grading option	May 2024
PlayPosit: Introduction Training	May 2024
CES Training	Apr 2024
VR Simulation Laboratory Training	Apr 2024
6 Ways Students Learn, McGraw Hill	Apr 2024
iClicker Training, MacMillan Learning	Apr 2024
Chat GPT, Organizational Excellence Community of Practice	Apr 2024
Rethinking Assessments, ASU Online	Mar 2024
Suicide Risk Assessment and Mitigation	Feb 2024
Media Production: Creating Presentations, ASU Online	Feb 2024
Taking Action with Canva Data, ASU Online	Feb 2024
Managing and Facilitating Discussions, ASU Online	Feb 2024
CHS Teacher Talk, How to Tell if it's AI	Feb 2024
McGraw Hill Connect Training	Feb 2024
Why Nutrition? Let's Talk Pizza McGraw Hill Curriculum	Feb 2024
Cengage MindTap Training	Feb 2024
McGraw Hill Assess My Diet Training	Feb 2024
Nutrition Care Professionals Case Study Training	Jan 2024

Dietetics Focus

ACEND Town Hall, Empowering Dietetics Educators and Preceptors: Navigating Microaggressions & Advocacy in Academic Settings	Nov 2024
Impact of cooling interventions on exercise performance and health	Oct 2024
ASU Employee Wellness 2024: The facts about sugar and health	Oct 2024
The Ins and Outs of Inflammatory Bowel Disease: Medical and Nutritional Therapies	Oct 2024
Certified Nutrition Support Clinician Exam Study (20 hours)	Aug/Sept 2024
Malnutrition Awareness Week 2024: Improving Health Equity through Quality: The Global Malnutrition Composite Score	Sept 2024
Malnutrition Awareness Week 2024: Starvation, Acute and Chronic Malnutrition: Adaptation or Resolution Across the Life Cycle (1.5 hrs)	Sept 2024
Food Handlers Essentials Course, Certificate of Training	July 2024
Arizona Academy of Nutrition and Dietetics 2024 Annual Conferences (10 hours)	May 2024
<ul style="list-style-type: none"> ● Food for Thought: Vital Link between Dietary Patterns & Oral Microbiome ● Nutrition to Heal Wounds in the Frail Elderly ● Expo / Networking ● Hashtags and Health Assessments: WIC in the 21st Century ● Enhanced Recovery After Surgery (ERAS) Nutrition Protocols that Improve Outcomes ● A Focus on Public Health Nutrition: The AZ State Nutrition and Physical Activity Plan ● First Year as a Clinical RD ● Food Anthropology: A Tool for the Modern Dietitian ● Writing Your Origin Story: Unleashing Your Inner Dietitian Superhero 	
AAIM Tool: Validation and Usefulness for Diagnosing Malnutrition (0.5 hrs)	May 2024
Bariatric Sensitivity Training	May 2024
Nutrition Care Process Tutorial Certificate	Apr 2024
National Patient Safety Goals Goal 1A. Using Two Patient Identifiers	April 2024
Precision Nutrition & Metabolic Medicine Seminary (4 hrs)	Mar 2024
Impact of Protein in Muscle Health, Performance Nutrition Webinar	Mar 2024
C-AZAND Clinical Skills Workshop (4 hrs)	Feb 2024
<ul style="list-style-type: none"> ● Impaired Swallowing & Diagnostic Screening ● Glucose Point of Care Testing ● Insulin Injection ● Enteric Feeding Placement 	

College of Health Solutions Focus

Unsiload x ASU CHS Learning Lab: Workshop 13 (Inclusive Excellence) (1.5 hrs)	Oct 2024
Unsiload x ASU CHS Learning Lab: Workshop 5 (Inclusive Excellence) (1.5 hrs)	May 2024

Unsiload x ASU CHS Learning Lab: Workshop 4 (Inclusive Excellence) (1.5 hrs)	Apr 2024
Unsiload x ASU CHS Learning Lab: Workshop 3 (Inclusive Excellence) (1.5 hrs)	Apr 2024
CHS Mentorship Presentation by Vice President M. Yudell	Apr 2024
CHS Toastmasters, 5 Pillars to a Great Speech by Dan Shinder	Mar 2024
Unsiload x ASU CHS Learning Lab: Workshop 2 (Inclusive Excellence) (1.5 hrs)	Mar 2024

Arizona State University Focus

SEA Change Workshop, Empower Your Day - Time Management and Self Care Strategies	Nov 2024
CFA Workshop Maintaining Work Life Balance	Oct 2024
Barrett's Honors Contract training with Karen Sweaza (0.5 hr)	Sept 2024
Faculty and Academic Professionals Town Hall: Learn about Workday	Sept 2024
AI Risk Management & Responsible Use	Sept 2024
Customer Service Training for FASS	May 2024
Career Track Promotion Workshop (2 hours)	Apr 2024
Staff Council Empower Hour Series: Workday HCM	Apr 2024
ASU Inclusive Communities - Faculty Training	Apr 2024
ASU Information Security Training Refresher	Apr 2024
Spring 2024 LinkedIn Learning	Apr 2024
EDGE Conversations training	Mar 2024
ASU - Your Duty to Report	Feb 2024
UBS Seeds of Sustainability Training Sustainability Practices	Feb 2024
ASU Inclusive Communities - Staff Training	Feb 2024
Arizona Public Service Orientation	Feb 2024
ASU - Preventing Harassment and Discrimination	Feb 2024
FERPA Tutorial for System Access	Jan 2024
2023 EHS Fire Safety Annual Training	Jan 2024
Customer Service Training for FASS	Apr 2024

Mentorship Program

<i>CHS Faculty Cohort Mentoring Meeting</i>	
<ul style="list-style-type: none"> ● Participation and Engagement 	Feb 2024 - Current
<i>Jessica Lehmann, Associate Teaching Professor (Mentor)</i>	Mar 2024 - Current
<ul style="list-style-type: none"> ● Review of ASU Vita, use of TAs, course planning ● New Semester suggestions, Coursework overview ● Correspondence via email for questions and answers ● Professional Development Recommendations ● Service Opportunities, Career Ladder and CV Strategies 	<p>Oct 2024</p> <p>Aug 2024</p> <p>Jun-Jul 2024</p> <p>May 2024</p> <p>Apr 2024</p>

Peer Evaluation

- NTR 241 Class Review and feedback by Jessica Lehmann

Nov 2024

Professional Recognition

Sun Award Nomination by Tuong-Vi Le for Inclusive Excellence Participation May 2024