

LAURA E. JIMENEZ ARISTA, PhD, ABPP

Counseling and Counseling Psychology
Santa Catalina Hall, 250C MC: 2780
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EDUCATION

- 2013-2018** **Counseling Psychology Ph.D.** (APA accredited)
Arizona State University
Dissertation: Patterns of symptomology over time and their relation to outcome
Chair: Terence J. G. Tracey, Ph.D.
- 2008-2011** **Master of Counseling in Clinical Mental Health Counseling**
Arizona State University
Thesis: The relation of ethnicity to outcome as moderated by interpersonal distress
Chair: Terence J. G. Tracey, Ph.D.
- 1991-1995** **Bachelor of Science in Computer Engineering, Honors**
Instituto Tecnológico y de Estudios Superiores de Monterrey (ITESM). Mexico.

ACADEMIC PROFESSIONAL EXPERIENCE

- 2024-Present** **Arizona State University.** Counseling and Counseling Psychology
Clinical Associate Professor
- 2019-2024** **Arizona State University.** Counseling and Counseling Psychology
Clinical Assistant Professor
- 2018-2019** **Arizona State University.** Counseling and Counseling Psychology
Faculty Associate

LICENSURE

- 2023-
Present** **American Board of Professional Psychology (ABPP)**
Board Certified in Counseling Psychology Certification number: 10271
- 2019-
Present** **Arizona State Board of Psychologist Examiners**
Licensed Psychologist License number: PSY-005155
- 2012-
Present** **National Board for Certified Counselors (NBCC)**
National Certified Counselor (NCC)

LANGUAGE CERTIFICATIONS

- 2024-Present** Spanish: **SIELE** (Servicio Internacional de Evaluación de la Lengua Española)

TEACHING EXPERIENCE

2018 – to date

UNDERGRADUATE INSTRUCTOR

Arizona State University

CAP 120 Introduction to Counseling

Introduction to and broad overview of the field of counseling.

CAP 220 Self in a Multicultural Society.

Culture, race and ethnicity, class, sexual orientation, gender and other aspects of identity.

CAP 260 Careers in Counseling and Applied Psychology.

Overview of the various career opportunities in counseling and applied psychology fields.

CAP 310 Addictions- Foundations and Principles.

History, overview and principles of addiction. Introductory counseling techniques.

CAP 315 Trauma and Crisis Intervention.

The role of counselors in traumatic events and crises. Counseling skills and techniques.

CAP 320 Theories of Counseling and Psychotherapy.

Overview of the theories relevant to counseling and psychotherapy.

CAP 340 Multicultural Counseling.

Overview of multicultural theory, research and practice

CAP 351 Issues in Assessment, Diagnosis, and Treatment of Addictions.

Major screening, assessment and diagnostic approaches for addictions.

CAP 400 Advanced Counseling Research Methods

Critical reading of journal articles, research methodologies and proposal development.

CAP 440 Addictions II – Treatment, Recovery, and Relapse Prevention.

Philosophies and models of treatment planning, intervention in addiction counseling.

CAP 484 Internship.

Structured practical supervised by faculty and practitioners.

CAP 492 Honors Directed Study.

Research or creative work leading to an undergraduate honors thesis or creative project.

CAP 493 Honors Thesis.

Supervised research or creative activity (undergraduate honors thesis or creative project).

PSY 101 Introduction to Psychology.

Major areas of theory and research in psychology.

PSY 290 Research Methods.

Planning, execution, analysis, and reporting of research studies.

PSY 399 Supervised Research.

Research supervision within the context of current faculty research projects

2019- 2024

GRADUATE INSTRUCTOR

Arizona State University

CED 502 Counseling Research Data Analysis

Descriptive statistics, visual approaches, estimation, and inferential methods for univariate and bivariate counseling research problems using statistical software.

CPY 671 Multicultural Counseling.

Sociocultural variables on human development. Counseling minority populations.

CPY 677 Advanced Theories of Counseling and Psychotherapy.

Advanced topics in counseling theory, research, science and practice.

ADDITIONAL INSTRUCTIONAL EXPERIENCE

2015

Graduate Co-instructor

CED 523 Psychological Testing. Arizona State University, Tempe, AZ

Master of Counseling and Counseling Psychology PhD programs

Lectures on psychological test research including personality, vocational, and clinical instruments.

Supervisor: Terence J. G. Tracey, Ph.D.

2015

Graduate Co-Instructor

CED 502 Counseling Data Analysis. Arizona State University, Tempe, AZ

Master of Counseling program

Lectures on descriptive and inferential statistics and quantitative data analyses.

Supervisors: Terence J. G. Tracey, Ph.D., Alisia Tran, Ph.D.

PUBLICATIONS AND CONFERENCE PRESENTATIONS

(**Bold** = Student when research was conducted)

**Peer Reviewed
Journal Articles**

Jimenez-Arista, L. E. & **Reid, D. B.** (2023). Realization, Self-view, and disclosure of Pedophilia: A content analysis of online posts. *Sexual Abuse*, 35(2), 214–240

Jimenez-Arista, L. E. & **Caldera, K.** (2023). Public Attitudes Toward Teenagers with Paedophilia: A Qualitative Examination. *Journal of Sexual Aggression*. Advanced online publication.

Jimenez-Arista, L. E., **Hahnke, M., Caldera, K.,** & Koro, M. (in press). Coping and thriving: Undocumented Latino students in higher education. *Journal of Latino/Latin American Studies*.

Jimenez-Arista, L. E., Holzapfel, J., Shanholtz, C. E., & Tracey, T. J. G. (2020). The incremental validity of the sPaCE scale in predicting final outcome. *Measurement and Evaluation in Counseling and Development*, 53(3), 149-164.

Jimenez-Arista, L. E., Tracey, T. J. G., & Levy, R. (2018). Patterns of symptomatology over time and their relation to outcome. *Canadian Psychology* 59(4), 347-360.

Shi, Y., Jimenez-Arista, L. E., Cruz, J., McTier, T. S., & Koro-Ljungberg, M. (2018). Multilayered analyses of the experiences of undocumented Latinx college students. *The Qualitative Report*, 23(11), 2603-2621.

Jimenez-Arista, L. E. & Koro-Ljungberg, M. (2017). Spiral struggles and dialectical tensions in the life of a successful undocumented student. *Journal of Ethnographic & Qualitative Research*, 12(1), 1-17.

Randall, A. K., Hilpert, P., Jimenez-Arista, L., Walsh, K. J., & Bodenmann, G. (2016). Dyadic coping in the U.S.: Psychometric properties and validity for use of the English version of the dyadic coping inventory. *Current Psychology: A Journal for Diverse Perspectives on Diverse Psychological Issues*, 35(4), 570-582.

**Book Chapters
Encyclopedia**

Bodenmann, G., Jimenez-Arista, L. E., Walsh, K. J., & Randall, A. K. (2018). *Dyadic coping inventory*. In J. Lebow & A. Chamber (Eds.), *Encyclopedia of Couple and Family Therapy*. New York, NY: Springer.

Jimenez-Arista, L. E., Walsh, K. J., & Randall, A. K. (2016). *Dyadic coping among couples in the U.S.* In M. K. Falconier, A. K. Randall, & G. Bodenmann (Eds.), *Couples coping with stress: A cross-cultural perspective*. New York, NY: Routledge.

Presentations

Cevallos, L. & Jimenez-Arista L. E. (2021, December). *Mental health care in US prisons*. Poster presented at the 2021 CISA Student Showcase, Tempe, AZ.

Emmanuelli, M. & Jimenez-Arista L. E. (2019, November). *Non-offending stance in pedophiles: contributing to the prevention of child sexual abuse*. Poster presented at the 2019 Arizona Psychology Training Conference, Phoenix, AZ.

Hahnke, M., Jimenez-Arista L. E., & Koro, M. (2019, November). *Coping strategies in DREAMers: Thriving in undergraduate and graduate studies*. Poster presented at the 2019 Arizona Psychological Association Conference, Phoenix, AZ.

Emmanuelli, M. & Jimenez-Arista L. E. (2019, November). *Preventing child sexual offenses: Understanding help-seeking in pedophiles*. Poster presented at the 2019 Arizona Psychological Association Conference, Phoenix, AZ.

Hahnke, M., Jimenez-Arista L. E., & Koro, M. (2019, November). *Internalization and externalization coping strategies in higher education undocumented students*. Poster presented at the 2019 Arizona Psychology Training Conference, Phoenix, AZ.

Caldera, K. & Jimenez-Arista L. E. (2019, November). *Differential attitudes based on the age of pedophiles and the prevention of child sexual abuse*. Poster presented at the 2019 Arizona Psychology Training Conference, Phoenix, AZ.

Jimenez-Arista, L. E. & Tracey, T. J. G (2018, August). *Preventing child sexual abuse: attitudes and beliefs toward psychological treatment for pedophiles*. Paper presented at the annual APA Conference, San Francisco, CA.

Jimenez-Arista L.E, & VanDaalen, R. (2018, March). *Stress Management*. Presentation at the 2018 Arizona State University Sponsored Students Mini-Conference, Tempe, AZ.

Jimenez-Arista L.E, Shi, Y., Cruz J., McTier T., & Koro-Ljungberg, M. (2018, February). *Narratives, labels, and critical incidents in the lives of undocumented college students*. Poster presented at the 2018 DISI Graduate Conference, Tempe, AZ.

Hwang, B. J., Jimenez-Arista, L. E., & Phang, A. (2017, November). *Integration of research into practice: Behind the scenes of the reality*. Paper presented at the 2017 Arizona Psychology Training Conference, Phoenix, AZ.

Jimenez-Arista, L. E., & Byrd, D. (2017, October). *Growth mindset and confidence building*. Presentation at the ASU Hispanic Mother-Daughter Program. Tempe, AZ.

Jimenez-Arista, L. E., Tracey, T. J. G, & Thompson, M. (2017, August). *Latent class analysis of psychotherapy trajectories and the association with interpersonal problems*. Poster presented at the annual APA Conference, Washington, D.C.

Jimenez-Arista, L. E. & Koro-Ljungberg, M. (2016, November). *Social justice initiatives of undocumented students*. Poster presented at the 2016 Arizona Psychology Training Conference, Phoenix, AZ.

Jimenez-Arista, L. E., Holzapfel, J., Shanholtz, C. E., & Tracey, T. J. G. (2016, August). *The incremental validity of the sPaCE scale in predicting final outcome*. Poster presented at the annual APA Conference, Denver, CO.

Jimenez-Arista, L. E., Levy, R., & Tracey, T. J. G. (2016, August). *Patterns of symptomatology change using brief measures and their predictive power for final outcome*. Poster presented at the annual APA Conference, Denver, CO.

Jimenez-Arista, L. E. & Koro-Ljungberg, M. (2016, February). "*The struggle shaped who I am*"- *Experiences of a successful undocumented student*. Paper presented at the Annual Ethnographic & Qualitative Research Conference, Las Vegas, NV.

Shi, Y., Jimenez-Arista L.E, Cruz J., McTier T., & Koro-Ljungberg, M. (2016, February). *Case studies of labels and narratives in the lives of undocumented students*. Paper presented at the Annual Ethnographic & Qualitative Research Conference, Las Vegas, NV.

Barragan, B., Jimenez-Arista, L. E., Martinez, L., & Vose, C. (2015, October). *Neurobiology of accented speech perception: A functional MRI pilot study*. Paper presented at the annual convention of the Arizona Psychological Association, Carefree, AZ.

Jimenez-Arista, L. E., Walsh, K. J., Randall, A. K., Hilpert, P., & Bodenmann, G. (2015, August). *Dyadic coping in the U.S.: Psychometric properties and validity of the English version of the DCI*. Poster presented at the annual APA Conference, Toronto, Canada.

Jimenez-Arista, L., Walsh, K. J., Randall, A. K., Hilpert, P., & Bodenmann, G. (2014, September). *Dyadic coping in the U.S.: English version of the Dyadic Coping Inventory*. Poster presented at the annual conference of the Arizona Psychological Association, Tucson, AZ.

Jimenez Arista, L. E. & Tracey, T. J. G. (2013, June). *The relation of ethnicity to outcome as moderated by interpersonal distress*. Poster presented at the Conference of the International Association for Cross-Cultural Psychology, Los Angeles, CA.

Jimenez-Arista, L. E. (2010, February). *Dialectical behavior therapy: Overview and practical experiences*. Paper presented at a Counseling Psychology seminar. Arizona State University, Tempe, AZ.

SUPERVISION OF UNDERGRADUATE HONORS THESES

- 2023 Piemont, Sabrina. *Mind and Body: Psychedelic Assisted Psychotherapy*
- 2023 Mistry, Urvi. *The impact of Social Media on Anxiety Issues*
- 2022 Malladi, Dhanya. "Acculturation in Indian-American Young Adults and the Relationship to Attitudes toward Counseling."
- 2022 Younger, Darien. "Wisdom Vet: Supporting the Mental Health of Veterinary Students." (**)
- 2021 Emmanuelli, Michelle. "Association between social engagement and student resilience in the context of the COVID-19 pandemic." (**)
- 2021 Sherman, Brooke. "The Origin of America's Longest War: Drug Use, Racism, Propaganda, and Prohibition before the War of Drugs."
- 2021 Thompson, Kylee. "Equine Assisted Psychotherapy for the Treatment of PTSD in U.S. Service Members."
- 2021 Barolli, Adeiron. "Using Logistic Regression to Predict Stock Trends Based on Bag-of Words Representations of News Article Headlines."
- 2020 Martinson, Hannah. "Sam's Emotional Day: A Child's Guide to Recognizing and Handling Emotions." (*)

SUPERVISION OF BARRET HONOR ENRICHMENT CONTRACTS

- 2024 Stewart, Adam. "Cannabis: Risk Vs Reward"
- 2023 Stockham, Sidney. "Child Abuse Trauma"
- 2023 Piemont, Sabrina. "Crisis Case in Counseling" (**)
- 2023 Ramirez, Mia. "Covering a Crisis" (**)
- 2022 Lateef, Junayd. "The Unnoticed Problem of Child Marriage in the U.S."
- Ventura, Sofia. "The Ignorance of Gender"
- Perez, Iosef. "Mental Illness Stigmas in Latino Culture"
- 2021 Hofer, David. "The Overbooking of Prisons."
- Kwon, Woochan. *Recovery from Addiction: What Does It Really Mean?* (**)
- Valesano, Megan. "Multicultural Personal Reflection"
- Scirpo, Kalie. "Psychoanalytic vs Existential Perspectives"
- Thompson, Kylee. "Cognitive Behavioral Therapy for PTSD in Veterans"
- Barnett, Alex. "Misdiagnosing of Autism and ADHD"
- Aboudi, Joseph, "America Could Save a Dime and a Life: An Expository Piece on Prison Reform"
- Cheng, Abbie. "How children with disabilities are being/were affected during the COVID pandemic?"
- Romero, Xiomara. "Esperanza's Journey to Self-Discovery"
- Cornell, Paige. "Older Adults and Substance Use"
- 2020 Cevallos, Leo. "Mental Health Care in U.S. Prisons" (***)
- Hernandez, Paola Cristina. "Repressed Memories"
- Ouellette, Abigail. "The Relation Between Interest in Sports and Stress Level"
- Kwon, Woochan. "Violence and the Stigma of Mental Illness"
- 2019 Emmanuelli, Michelle. "The Prevention of Child Sexual Abuse: Interventions for Pedophiles" (***)

(*) Student accepted into the ASU Master of Counseling program

(**) Student accepted into other graduate programs

(**) Work presented at professional conference

SERVICE

2024	<u>Co-chair</u> . Search Committee for Clinical Assistant Professor, School of Counseling & Counseling Psychology
2023	<u>Co-chair</u> . Search Committee for Internship Coordinator, Counseling & Counseling Psychology
2022-present	<u>Member</u> . CISA Curriculum Committee
2022	<u>Member</u> . CISA Applied Arts Courses Working Group
2022	<u>Member</u> . CISA Experiential Learning Working Group
2022	<u>Member</u> . Search Committee for Instructor, Counseling & Counseling Psychology, Polytechnic Campus
2021	<u>Member</u> . Search Committee for Instructor, Counseling & Counseling Psychology, Polytechnic Campus
2021-2022	<u>Member</u> . CISA Assessment Committee
2020-Present	<u>Current and Founding Advisor</u> . Counseling and Applied Psychology Student Organization (CAPSO). This organization serves the three Counseling and Counseling Psychology undergraduate majors.

SCHOLARSHIPS, AWARDS, AND GRANTS

2022	Outstanding Teaching Award from the College of Integrative Sciences and Arts. Arizona State University
2018	Outstanding Graduate Award from the College of Integrative Sciences and Arts. Arizona State University
2013	Mexican National Council for Science and Technology Five-Year (2013-2018) Academic Scholarship for doctoral studies (\$200,000 USD). Scholarship granted by the Mexican government to Mexican citizens with outstanding academic and professional history

PROFESSIONAL AFFILIATIONS

- Mexican Register of Researchers (Sistema Nacional de Investigadores –SNI). 2019-present
- American Psychological Association. 2013-present
 - Division 17 (Counseling Psychology)
 - Division 52 (International Psychology)
- National Latinx Psychological Association (NLPA) 2022-present
- Phi Kappa Phi National Honor Society. Arizona State University. 2010-present
- Psi Beta National Honor Society in Psychology. 2007-present

LANGUAGES

Spanish

English