

**LAURA E. JIMENEZ ARISTA, PhD, ABPP**

Counseling and Counseling Psychology  
Santa Catalina Hall, 250C MC: 2780  
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**EDUCATION**

- 2013-2018**      **Counseling Psychology Ph.D.** (APA accredited)  
*Arizona State University*  
Dissertation: Patterns of symptomology over time and their relation to outcome  
Chair: Terence J. G. Tracey, Ph.D.
- 2008-2011**      **Master of Counseling in Clinical Mental Health Counseling**  
*Arizona State University*  
Thesis: The relation of ethnicity to outcome as moderated by interpersonal distress  
Chair: Terence J. G. Tracey, Ph.D.
- 1991-1995**      **Bachelor of Science in Computer Engineering, Honors**  
*Instituto Tecnológico y de Estudios Superiores de Monterrey (ITESM). Mexico.*

**ACADEMIC PROFESSIONAL EXPERIENCE**

- 2024-Present**      **Arizona State University.** Counseling and Counseling Psychology  
Clinical Associate Professor
- 2019-2024**      **Arizona State University.** Counseling and Counseling Psychology  
Clinical Assistant Professor
- 2018-2019**      **Arizona State University.** Counseling and Counseling Psychology  
Faculty Associate

**LICENSURE**

- 2023-Present**      **American Board of Professional Psychology (ABPP)**  
Board Certified in Counseling Psychology      Certification number: 10271
- 2019-Present**      **Arizona State Board of Psychologist Examiners**  
Licensed Psychologist      License number: PSY-005155
- 2012-Present**      **National Board for Certified Counselors (NBCC)**  
National Certified Counselor (NCC)

**LANGUAGE CERTIFICATIONS**

- 2024-Present**      Spanish: **SIELE** (Servicio Internacional de Evaluación de la Lengua Española).

## TEACHING EXPERIENCE

2018 – to date

### UNDERGRADUATE INSTRUCTOR

Arizona State University

- **CAP 120 Introduction to Counseling.** Introduction to and broad overview of the field of counseling (in-person and online)
- **CAP 220 Self in a Multicultural Society.** Culture, race and ethnicity, class, sexual orientation, gender and other aspects of identity (in-person and online)
- **CAP 260 Careers in Counseling and Applied Psychology.** Overview of the various career opportunities in counseling and applied psychology fields
- **CAP 310 Addictions- Foundations and Principles.** History, overview and principles of addiction. Introductory counseling techniques (in-person and online)
- **CAP 315 Trauma and Crisis Intervention.** The role of counselors in traumatic events and crises. Counseling skills and techniques (in-person and online)
- **CAP 320 Theories of Counseling and Psychotherapy.** Overview of the theories relevant to counseling and psychotherapy (in-person and online)
- **CAP 340 Multicultural Counseling.** Overview of multicultural theory, research and practice (in-person and online)
- **CAP 351 Issues in Assessment, Diagnosis, and Treatment of Addictions.** Major screening, assessment and diagnostic approaches for addictions (in-person and online)
- **CAP 394 Expressive therapies for counseling.** Expressive arts in the therapeutic process
- **CAP 400 Advanced Counseling Research Methods.** Critical reading of journal articles, research methodologies and proposal development
- **CAP 440 Addictions II – Treatment, Recovery, and Relapse Prevention.** Philosophies and models of treatment planning, intervention in addiction counseling (in-person and online)
- **CAP 484 Internship.** Structured practical supervised by faculty and practitioners.
- **CAP 492 Honors Directed Study.** Research or creative work leading to an undergraduate honors thesis or creative project.
- **CAP 493 Honors Thesis.** Supervised research or creative activity (undergraduate honors thesis or creative project).
- **PSY 101 Introduction to Psychology.** Major areas of theory and research in psychology (online)
- **PSY 290 Research Methods.** Planning, execution, analysis, and reporting of research studies (in-person and online)
- **PSY 399 Supervised Research.** Research supervision within the context of current faculty research projects

2019- 2024

**GRADUATE INSTRUCTOR**  
**Arizona State University**

- **CED 502 Counseling Research Data Analysis** Descriptive statistics, visual approaches, estimation, and inferential methods for univariate and bivariate counseling research problems using statistical software.
- **CPY 671 Multicultural Counseling**. Sociocultural variables on human development. Counseling minority populations.
- **CPY 677 Advanced Theories of Counseling and Psychotherapy**. Advanced topics in counseling theory, research, science and practice.
- **CPY 691- Counseling in Spanish**. theory and supervised clinical practice in a full immersion Spanish environment.

**ADDITIONAL INSTRUCTIONAL EXPERIENCE**

2015

**Graduate Co-instructor**

CED 523 Psychological Testing. Arizona State University, Tempe, AZ

Master of Counseling and Counseling Psychology PhD programs

Lectures on psychological test research including personality, vocational, and clinical instruments.

Supervisor: Terence J. G. Tracey, Ph.D.

2015

**Graduate Co-Instructor**

**CED 502 Counseling Data Analysis.** Arizona State University, Tempe, AZ

Master of Counseling program

Lectures on descriptive and inferential statistics and quantitative data analyses.

Supervisors: Terence J. G. Tracey, Ph.D., Alisia Tran, Ph.D.

**SAMPLE PUBLICATIONS**

*(**Bold** = Student when research was conducted)*

**Peer Reviewed  
Journal Articles**

Jimenez-Arista, L. E. & **Reid, D. B.** (2023). Realization, Self-view, and disclosure of Pedophilia: A content analysis of online posts. *Sexual Abuse*. 35(2), 214–240

Jimenez-Arista, L. E. & **Caldera, K.** (2023). Public Attitudes Toward Teenagers with Paedophilia: A Qualitative Examination. *Journal of Sexual Aggression*, 30(2), 211–225.

Jimenez-Arista, L. E., Holzapfel, J., Shanholtz, C. E., & Tracey, T. J. G. (2020). The incremental validity of the sPaCE scale in predicting final outcome. *Measurement and Evaluation in Counseling and Development*, 53(3), 149-164.

Jimenez-Arista, L. E., Tracey, T. J. G., & Levy, R. (2018). Patterns of symptomatology over time and their relation to outcome. *Canadian Psychology* 59(4), 347-360.

Randall, A. K., Hilpert, P., Jimenez-Arista, L., Walsh, K. J., & Bodenmann, G. (2016). Dyadic coping in the U.S.: Psychometric properties and validity for use of the English version of the dyadic coping inventory. *Current Psychology: A Journal for Diverse Perspectives on Diverse Psychological Issues*, 35(4), 570-582.

#### **Book Chapters Encyclopedia**

Bodenmann, G., Jimenez-Arista, L. E., Walsh, K. J., & Randall, A. K. (2018). *Dyadic coping inventory*. In J. Lebow & A. Chamber (Eds.), *Encyclopedia of Couple and Family Therapy*. New York, NY: Springer.

Jimenez-Arista, L. E., Walsh, K. J., & Randall, A. K. (2016). *Dyadic coping among couples in the U.S.* In M. K. Falconier, A. K. Randall, & G. Bodenmann (Eds.), *Couples coping with stress: A cross-cultural perspective*. New York, NY: Routledge.

### **SUPERVISION OF UNDERGRADUATE HONORS THESES**

- 2025** Palma, Marc. *User narratives in Suicide Forums* (in process)
- 2024** Chandler, Gabrielle. *Prevalence of Maladaptive Coping Mechanisms in Response to Complex Childhood Trauma* (in process)
- 2024** Harris, Emily. *Calm: Mindfulness Skills for the Pree-teen Youth* (in process)
- 2024** Fowler, Shannon. *The Relationship Between Assault and sexsomnia in Women* (in process)
- 2023** Piemont, Sabrina. *Mind and Body: Psychedelic Assisted Psychotherapy*
- 2023** Mistry, Urvi. *The impact of Social Media on Anxiety Issues*
- 2022** Malladi, Dhanya. "Acculturation in Indian-American Young Adults and the Relationship to Attitudes toward Counseling."
- 2022** Younger, Darien. "Wisdom Vet: Supporting the Mental Health of Veterinary Students." (\*\*)
- 2021** Emmanuelli, Michelle. "Association between social engagement and student resilience in the context of the COVID-19 pandemic." (\*\*)
- 2021** Sherman, Brooke. "The Origin of America's Longest War: Drug Use, Racism, Propaganda, and Prohibition before the War of Drugs."
- 2021** Thompson, Kylee. "Equine Assisted Psychotherapy for the Treatment of PTSD in U.S. Service Members."
- 2021** Barolli, Adeiron. "Using Logistic Regression to Predict Stock Trends Based on Bag-of Words Representations of News Article Headlines."
- 2020** Martinson, Hannah. "Sam's Emotional Day: A Child's Guide to Recognizing and Handling Emotions." (\*)

### **SUPERVISION OF BARRET HONOR ENRICHMENT CONTRACTS**

<b>2024</b>	Stewart, Adam. "Cannabis: Risk Vs Reward"
<b>2023</b>	Stockham, Sidney. "Child Abuse Trauma"
<b>2023</b>	Piemont, Sabrina. "Crisis Case in Counseling" (**)
<b>2023</b>	Ramirez, Mia. "Covering a Crisis" (**)
<b>2022</b>	Lateef, Junayd. <i>"The Unnoticed Problem of Child Marriage in the U.S."</i> Ventura, Sofia. <i>"The Ignorance of Gender"</i> Perez, Iosef. <i>"Mental Illness Stigmas in Latino Culture"</i>
<b>2021</b>	Hofer, David. <i>"The Overbooking of Prisons."</i> Kwon, Woochan. <i>Recovery from Addiction: What Does It Really Mean?</i> (**) Valesano, Megan. <i>"Multicultural Personal Reflection"</i> Scirpo, Kalie. <i>"Psychoanalytic vs Existential Perspectives"</i> Thompson, Kylee. <i>"Cognitive Behavioral Therapy for PTSD in Veterans"</i> Barnett, Alex. <i>"Misdiagnosing of Autism and ADHD"</i> Aboudi, Joseph, <i>"America Could Save a Dime and a Life: An Expository Piece on Prison Reform"</i> Cheng, Abbie. <i>"How children with disabilities are being/were affected during the COVID pandemic?"</i> Romero, Xiomara. <i>"Esperanza's Journey to Self-Discovery"</i> Cornell, Paige. <i>"Older Adults and Substance Use"</i>
<b>2020</b>	Cevallos, Leo. <i>"Mental Health Care in U.S. Prisons"</i> (***) Hernandez, Paola Cristina. <i>"Repressed Memories"</i> Ouellette, Abigail. <i>"The Relation Between Interest in Sports and Stress Level"</i> Kwon, Woochan. <i>"Violence and the Stigma of Mental Illness"</i>
<b>2019</b>	Emmanuelli, Michelle. <i>"The Prevention of Child Sexual Abuse: Interventions for Pedophiles"</i> (***)

(\*) Student accepted into the ASU Master of Counseling program

(\*\*) Student accepted into other graduate programs

(\*\*\*) Work presented at professional conference

## SERVICE

<b>2025</b>	<u>Member.</u> SCCP Promotions Committee
<b>2025</b>	<u>Member.</u> SCCP Faculty Annual Review Committee
<b>2025</b>	<u>Member.</u> SCCP. Awards Committee
<b>2025</b>	<u>Member.</u> CISA AI Taskforce
<b>2024</b>	<u>Member.</u> Search Committee for Clinical Assistant Professor, School of Counseling & Counseling Psychology
<b>2024</b>	<u>Co-chair.</u> Search Committee for Clinical Assistant Professor, School of Counseling & Counseling Psychology
<b>2023</b>	<u>Co-chair.</u> Search Committee for Internship Coordinator, Counseling & Counseling Psychology
<b>2022-present</b>	<u>Member.</u> CISA Curriculum Committee
<b>2022</b>	<u>Member.</u> CISA Applied Arts Courses Working Group
<b>2022</b>	<u>Member.</u> CISA Experiential Learning Working Group
<b>2022</b>	<u>Member.</u> Search Committee for Instructor, Counseling & Counseling Psychology, Polytechnic Campus

<b>2021</b>	<u>Member.</u> Search Committee for Instructor, Counseling & Counseling Psychology, Polytechnic Campus
<b>2021-2022</b>	<u>Member.</u> CISA Assessment Committee
<b>2020-Present</b>	<u>Current and Founding Advisor.</u> Counseling and Applied Psychology Student Organization (CAPSO). This organization serves the three SCCP undergraduate majors.

### SCHOLARSHIPS, AWARDS, AND GRANTS

<b>2022</b>	Outstanding Teaching <u>Award</u> from the College of Integrative Sciences and Arts. Arizona State University
<b>2018</b>	Outstanding Graduate <u>Award</u> from the College of Integrative Sciences and Arts. Arizona State University
<b>2013</b>	Mexican National Council for Science and Technology Five-Year (2013-2018) Academic <u>Scholarship</u> for doctoral studies (\$200,000 USD). Scholarship granted by the Mexican government to Mexican citizens with outstanding academic and professional history

### PROFESSIONAL AFFILIATIONS

- Mexican Register of Researchers (Sistema Nacional de Investigadores –SNI). 2019-present
- American Psychological Association. 2013-present
  - Division 17 (Counseling Psychology)
  - Division 52 (International Psychology)
- National Latinx Psychological Association (NLPA) 2022-present
- Phi Kappa Phi National Honor Society. Arizona State University. 2010-present
- Psi Beta National Honor Society in Psychology. 2007-present