

**LAURA E. JIMENEZ ARISTA, PhD, ABPP**

Counseling and Counseling Psychology  
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**EDUCATION**

- 2013-2018**                    **Counseling Psychology Ph.D.** (APA accredited)  
*Arizona State University*  
Dissertation: Patterns of symptomology over time and their relation to outcome  
Chair: Terence J. G. Tracey, Ph.D.
- 2008-2011**                    **Master of Counseling in Clinical Mental Health Counseling**  
*Arizona State University*  
Thesis: The relation of ethnicity to outcome as moderated by interpersonal distress  
Chair: Terence J. G. Tracey, Ph.D.
- 1991-1995**                    **Bachelor of Science in Computer Engineering, Honors**  
*Instituto Tecnológico y de Estudios Superiores de Monterrey (ITESM). Mexico.*

**ACADEMIC PROFESSIONAL EXPERIENCE**

- 2024-  
Present**                    **Arizona State University.** Counseling and Counseling Psychology  
Clinical Associate Professor
- 2019-  
2024**                    **Arizona State University.** Counseling and Counseling Psychology  
Clinical Assistant Professor
- 2018-  
2019**                    **Arizona State University.** Counseling and Counseling Psychology  
Faculty Associate

**LICENSURE**

- 2023-  
Present**                    **American Board of Professional Psychology (ABPP)**  
Board Certified in Counseling Psychology  
Certification number: 10271
- 2019-  
Present**                    **Arizona State Board of Psychologist Examiners**  
Licensed Psychologist  
License number: PSY-005155
- 2012-  
Present**                    **National Board for Certified Counselors (NBCC)**  
National Certified Counselor (NCC)

## TEACHING EXPERIENCE

2018 – to date

### UNDERGRADUATE INSTRUCTOR

Arizona State University

**CAP 120 Introduction to Counseling**

Introduction to and broad overview of the field of counseling.

**CAP 220 Self in a Multicultural Society.**

Culture, race and ethnicity, class, sexual orientation, gender and other aspects of identity.

**CAP 260 Careers in Counseling and Applied Psychology.**

Overview of the various career opportunities in counseling and applied psychology fields.

**CAP 310 Addictions- Foundations and Principles.**

History, overview and principles of addiction. Introductory counseling techniques.

**CAP 315 Trauma and Crisis Intervention.**

The role of counselors in traumatic events and crises. Counseling skills and techniques.

**CAP 320 Theories of Counseling and Psychotherapy.**

Overview of the theories relevant to counseling and psychotherapy.

**CAP 340 Multicultural Counseling.**

Overview of multicultural theory, research and practice

**CAP 351 Issues in Assessment, Diagnosis, and Treatment of Addictions.**

Major screening, assessment and diagnostic approaches for addictions.

**CAP 400 Advanced Counseling Research Methods**

Critical reading of journal articles, research methodologies and proposal development.

**CAP 440 Addictions II – Treatment, Recovery, and Relapse Prevention.**

Philosophies and models of treatment planning, intervention in addiction counseling.

**CAP 484 Internship.**

Structured practical supervised by faculty and practitioners.

**CAP 492 Honors Directed Study.**

Research or creative work leading to an undergraduate honors thesis or creative project.

**CAP 493 Honors Thesis.**

Supervised research or creative activity (undergraduate honors thesis or creative project).

**PSY 101 Introduction to Psychology.**

Major areas of theory and research in psychology.

**PSY 290 Research Methods.**

Planning, execution, analysis, and reporting of research studies.

**PSY 399 Supervised Research.**

Research supervision within the context of current faculty research projects

**2019- 2024**

**GRADUATE INSTRUCTOR**

**Arizona State University**

**CED 502 Counseling Research Data Analysis**

Descriptive statistics, visual approaches, estimation, and inferential methods for univariate and bivariate counseling research problems using statistical software.

**CPY 671 Multicultural Counseling.**

Sociocultural variables on human development. Counseling minority populations.

**CPY 677 Advanced Theories of Counseling and Psychotherapy.**

Advanced topics in counseling theory, research, science and practice.

**ADDITIONAL INSTRUCTIONAL EXPERIENCE**

**2015**

**Graduate Co-instructor**

**CED 523 Psychological Testing.** Arizona State University, Tempe, AZ

**Master of Counseling and Counseling Psychology PhD programs**

Lectures on psychological test research including personality, vocational, and clinical instruments.

Supervisor: Terence J. G. Tracey, Ph.D.

**2015**

**Graduate Co-Instructor**

**CED 502 Counseling Data Analysis.** Arizona State University, Tempe, AZ

**Master of Counseling program**

Lectures on descriptive and inferential statistics and quantitative data analyses.

Supervisors: Terence J. G. Tracey, Ph.D., Alisia Tran, Ph.D.

**PUBLICATIONS AND CONFERENCE PRESENTATIONS***(Bold = Student when research was conducted)***Peer Reviewed  
Journal Articles**

Jimenez-Arista, L. E. & **Reid, D. B.** (2023). Realization, Self-view, and disclosure of Pedophilia: A content analysis of online posts. *Sexual Abuse*, 35(2), 214–240

Jimenez-Arista, L. E. & **Caldera, K.** (2023). Public Attitudes Toward Teenagers with Paedophilia: A Qualitative Examination. *Journal of Sexual Aggression*. Advanced online publication.

Jimenez-Arista, L. E., **Hahnke, M., Caldera, K.,** & Koro, M. (in press). Coping and thriving: Undocumented Latino students in higher education. *Journal of Latino/Latin American Studies*.

Jimenez-Arista, L. E., Holzapfel, J., Shanholtz, C. E., & Tracey, T. J. G. (2020). The incremental validity of the sPaCE scale in predicting final outcome. *Measurement and Evaluation in Counseling and Development*, 53(3), 149-164.

Jimenez-Arista, L. E., Tracey, T. J. G., & Levy, R. (2018). Patterns of symptomatology over time and their relation to outcome. *Canadian Psychology* 59(4), 347-360.

Shi, Y., Jimenez-Arista, L. E., Cruz, J., McTier, T. S., & Koro-Ljungberg, M. (2018). Multilayered analyses of the experiences of undocumented Latinx college students. *The Qualitative Report*, 23(11), 2603-2621.

Jimenez-Arista, L. E. & Koro-Ljungberg, M. (2017). Spiral struggles and dialectical tensions in the life of a successful undocumented student. *Journal of Ethnographic & Qualitative Research*, 12(1), 1-17.

Randall, A. K., Hilpert, P., Jimenez-Arista, L., Walsh, K. J., & Bodenmann, G. (2016). Dyadic coping in the U.S.: Psychometric properties and validity for use of the English version of the dyadic coping inventory. *Current Psychology: A Journal for Diverse Perspectives on Diverse Psychological Issues*, 35(4), 570-582.

**Book Chapters  
Encyclopedia**

Bodenmann, G., Jimenez-Arista, L. E., Walsh, K. J., & Randall, A. K. (2018). *Dyadic coping inventory*. In J. Lebow & A. Chamber (Eds.), *Encyclopedia of Couple and Family Therapy*. New York, NY: Springer.

Jimenez-Arista, L. E., Walsh, K. J., & Randall, A. K. (2016). *Dyadic coping among couples in the U.S.* In M. K. Falconier, A. K. Randall, & G. Bodenmann (Eds.), *Couples coping with stress: A cross-cultural perspective*. New York, NY: Routledge.

**Presentations**

**Cevallos, L.** & Jimenez-Arista L. E. (2021, December). *Mental health care in US prisons*. Poster presented at the 2021 CISA Student Showcase, Tempe, AZ.

**Emmanuelli, M.** & Jimenez-Arista L. E. (2019, November). *Non-offending stance in pedophiles: contributing to the prevention of child sexual abuse*. Poster presented at the 2019 Arizona Psychology Training Conference, Phoenix, AZ.

**Hahnke, M.**, Jimenez-Arista L. E., & Koro, M. (2019, November). *Coping strategies in DREAMers: Thriving in undergraduate and graduate studies*. Poster presented at the 2019 Arizona Psychological Association Conference, Phoenix, AZ.

**Emmanuelli, M.** & Jimenez-Arista L. E. (2019, November). *Preventing child sexual offenses: Understanding help-seeking in pedophiles*. Poster presented at the 2019 Arizona Psychological Association Conference, Phoenix, AZ.

**Hahnke, M.**, Jimenez-Arista L. E., & Koro, M. (2019, November). *Internalization and externalization coping strategies in higher education undocumented students*. Poster presented at the 2019 Arizona Psychology Training Conference, Phoenix, AZ.

**Caldera, K.** & Jimenez-Arista L. E. (2019, November). *Differential attitudes based on the age of pedophiles and the prevention of child sexual abuse*. Poster presented at the 2019 Arizona Psychology Training Conference, Phoenix, AZ.

Jimenez-Arista, L. E. & Tracey, T. J. G (2018, August). *Preventing child sexual abuse: attitudes and beliefs toward psychological treatment for pedophiles*. Paper presented at the annual APA Conference, San Francisco, CA.

Jimenez-Arista L.E, & VanDaalen, R. (2018, March). *Stress Management*. Presentation at the 2018 Arizona State University Sponsored Students Mini-Conference, Tempe, AZ.

Jimenez-Arista L.E, Shi, Y., Cruz J., McTier T., & Koro-Ljungberg, M. (2018, February). *Narratives, labels, and critical incidents in the lives of undocumented college students*. Poster presented at the 2018 DISI Graduate Conference, Tempe, AZ.

Hwang, B. J., Jimenez-Arista, L. E., & Phang, A. (2017, November). *Integration of research into practice: Behind the scenes of the reality*. Paper presented at the 2017 Arizona Psychology Training Conference, Phoenix, AZ.

Jimenez-Arista, L. E., & Byrd, D. (2017, October). *Growth mindset and confidence building*. Presentation at the ASU Hispanic Mother-Daughter Program. Tempe, AZ.

Jimenez-Arista, L. E., Tracey, T. J. G, & Thompson, M. (2017, August). *Latent class analysis of psychotherapy trajectories and the association with interpersonal problems*. Poster presented at the annual APA Conference, Washington, D.C.

Jimenez-Arista, L. E. & Koro-Ljungberg, M. (2016, November). *Social justice initiatives of undocumented students*. Poster presented at the 2016 Arizona Psychology Training Conference, Phoenix, AZ.

Jimenez-Arista, L. E., Holzapfel, J., Shanholtz, C. E., & Tracey, T. J. G. (2016, August). *The incremental validity of the sPaCE scale in predicting final outcome*. Poster presented at the annual APA Conference, Denver, CO.

Jimenez-Arista, L. E., Levy, R., & Tracey, T. J. G. (2016, August). *Patterns of symptomatology change using brief measures and their predictive power for final outcome*. Poster presented at the annual APA Conference, Denver, CO.

Jimenez-Arista, L. E. & Koro-Ljungberg, M. (2016, February). *"The struggle shaped who I am"- Experiences of a successful undocumented student*. Paper presented at the Annual Ethnographic & Qualitative Research Conference, Las Vegas, NV.

Shi, Y., Jimenez-Arista L.E, Cruz J., McTier T., & Koro-Ljungberg, M. (2016, February). *Case studies of labels and narratives in the lives of undocumented students*. Paper presented at the Annual Ethnographic & Qualitative Research Conference, Las Vegas, NV.

Barragan, B., Jimenez-Arista, L. E., Martinez, L., & Vose, C. (2015, October). *Neurobiology of accented speech perception: A functional MRI pilot study*. Paper presented at the annual convention of the Arizona Psychological Association, Carefree, AZ.

Jimenez-Arista, L. E., Walsh, K. J., Randall, A. K., Hilpert, P., & Bodenmann, G. (2015, August). *Dyadic coping in the U.S.: Psychometric properties and validity of the English version of the DCI*. Poster presented at the annual APA Conference, Toronto, Canada.

Jimenez-Arista, L., Walsh, K. J., Randall, A. K., Hilpert, P., & Bodenmann, G. (2014, September). *Dyadic coping in the U.S.: English version of the Dyadic Coping Inventory*. Poster presented at the annual conference of the Arizona Psychological Association, Tucson, AZ.

Jimenez Arista, L. E. & Tracey, T. J. G. (2013, June). *The relation of ethnicity to outcome as moderated by interpersonal distress*. Poster presented at the Conference of the International Association for Cross-Cultural Psychology, Los Angeles, CA.

Jimenez-Arista, L. E. (2010, February). *Dialectical behavior therapy: Overview and practical experiences*. Paper presented at a Counseling Psychology seminar. Arizona State University, Tempe, AZ.

**SUPERVISION OF UNDERGRADUATE HONORS THESES**

- 2023 Piemont, Sabrina. *Mind and Body: Psychedelic Assisted Psychotherapy*
- 2023 Mistry, Urvi. *The impact of Social Media on Anxiety Issues*
- 2022 Malladi, Dhanya. "Acculturation in Indian-American Young Adults and the Relationship to Attitudes toward Counseling."
- 2022 Younger, Darien. "Wisdom Vet: Supporting the Mental Health of Veterinary Students." (\*\*)
- 2021 Emmanuelli, Michelle. "Association between social engagement and student resilience in the context of the COVID-19 pandemic." (\*\*)
- 2021 Sherman, Brooke. "The Origin of America's Longest War: Drug Use, Racism, Propaganda, and Prohibition before the War of Drugs."
- 2021 Thompson, Kylee. "Equine Assisted Psychotherapy for the Treatment of PTSD in U.S. Service Members."
- 2021 Barolli, Adeiron. "Using Logistic Regression to Predict Stock Trends Based on Bag-of Words Representations of News Article Headlines."
- 2020 Martinson, Hannah. "Sam's Emotional Day: A Child's Guide to Recognizing and Handling Emotions." (\*)

**SUPERVISION OF BARRET HONOR ENRICHMENT CONTRACTS**

- 2024 Stewart, Adam. "Cannabis: Risk Vs Reward"
- 2023 Stockham, Sidney. "Child Abuse Trauma"
- 2023 Piemont, Sabrina. "Crisis Case in Counseling" (\*\*)
- 2023 Ramirez, Mia. "Covering a Crisis" (\*\*)
- 2022 Lateef, Junayd. "The Unnoticed Problem of Child Marriage in the U.S."
- Ventura, Sofia. "The Ignorance of Gender"
- Perez, Iosef. "Mental Illness Stigmas in Latino Culture"
- 2021 Hofer, David. "The Overbooking of Prisons."
- Kwon, Woochan. *Recovery from Addiction: What Does It Really Mean?* (\*\*)
- Valesano, Megan. "Multicultural Personal Reflection"
- Scirpo, Kalie. "Psychoanalytic vs Existential Perspectives"
- Thompson, Kylee. "Cognitive Behavioral Therapy for PTSD in Veterans"
- Barnett, Alex. "Misdiagnosing of Autism and ADHD"
- Aboudi, Joseph, "America Could Save a Dime and a Life: An Expository Piece on Prison Reform"
- Cheng, Abbie. "How children with disabilities are being/were affected during the COVID pandemic?"
- Romero, Xiomara. "Esperanza's Journey to Self-Discovery"
- Cornell, Paige. "Older Adults and Substance Use"
- 2020 Cevallos, Leo. "Mental Health Care in U.S. Prisons" (\*\*\*)
- Hernandez, Paola Cristina. "Repressed Memories"
- Ouellette, Abigail. "The Relation Between Interest in Sports and Stress Level"
- Kwon, Woochan. "Violence and the Stigma of Mental Illness"
- 2019 Emmanuelli, Michelle. "The Prevention of Child Sexual Abuse: Interventions for Pedophiles" (\*\*\*)

(\*) Student accepted into the ASU Master of Counseling program

(\*\*) Student accepted into other graduate programs

(\*\*) Work presented at professional conference

### SERVICE

<b>2024</b>	<u>Co-chair</u> . Search Committee for Clinical Assistant Professor, School of Counseling & Counseling Psychology
<b>2023</b>	<u>Co-chair</u> . Search Committee for Internship Coordinator, Counseling & Counseling Psychology
<b>2022-present</b>	<u>Member</u> . CISA Curriculum Committee
<b>2022</b>	<u>Member</u> . CISA Applied Arts Courses Working Group
<b>2022</b>	<u>Member</u> . CISA Experiential Learning Working Group
<b>2022</b>	<u>Member</u> . Search Committee for Instructor, Counseling & Counseling Psychology, Polytechnic Campus
<b>2021</b>	<u>Member</u> . Search Committee for Instructor, Counseling & Counseling Psychology, Polytechnic Campus
<b>2021-2022</b>	<u>Member</u> . CISA Assessment Committee
<b>2020-Present</b>	<u>Current and Founding Advisor</u> . Counseling and Applied Psychology Student Organization ( <b>CAPSO</b> ). This organization serves the three Counseling and Counseling Psychology undergraduate majors.

### SCHOLARSHIPS, AWARDS, AND GRANTS

<b>2022</b>	Outstanding Teaching <b>Award</b> from the College of Integrative Sciences and Arts. Arizona State University
<b>2018</b>	Outstanding Graduate <b>Award</b> from the College of Integrative Sciences and Arts. Arizona State University
<b>2013</b>	Mexican National Council for Science and Technology Five-Year (2013-2018) Academic <b>Scholarship</b> for doctoral studies (\$200,000 USD). Scholarship granted by the Mexican government to Mexican citizens with outstanding academic and professional history

### PROFESSIONAL AFFILIATIONS

- Mexican Register of Researchers (Sistema Nacional de Investigadores –SNI). 2019-present
- American Psychological Association. 2013-present
  - Division 17 (Counseling Psychology)
  - Division 52 (International Psychology)
- National Latinx Psychological Association (NLPA) 2022-present
- Phi Kappa Phi National Honor Society. Arizona State University. 2010-present
- Psi Beta National Honor Society in Psychology. 2007-present

### LANGUAGES

*Spanish*

*English*