

LAURA E. JIMENEZ ARISTA, PhD, ABPP

Counseling and Counseling Psychology
Santa Catalina Hall, 250C MC: 2780
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EDUCATION

- 2013-2018** **Counseling Psychology Ph.D.** (APA accredited)
Arizona State University
Dissertation: Patterns of symptomology over time and their relation to outcome
Chair: Terence J. G. Tracey, Ph.D.
- 2008-2011** **Master of Counseling in Clinical Mental Health Counseling**
Arizona State University
Thesis: The relation of ethnicity to outcome as moderated by interpersonal distress
Chair: Terence J. G. Tracey, Ph.D.
- 1991-1995** **Bachelor of Science in Computer Engineering**, Honors
Instituto Tecnológico y de Estudios Superiores de Monterrey (ITESM). Mexico.

ACADEMIC PROFESSIONAL EXPERIENCE

- 2024-Present** **Arizona State University.** Counseling and Counseling Psychology
Clinical Associate Professor
- 2019-2024** **Arizona State University.** Counseling and Counseling Psychology
Clinical Assistant Professor
- 2018-2019** **Arizona State University.** Counseling and Counseling Psychology
Faculty Associate

LICENSURE

- 2023-
Present** **American Board of Professional Psychology (ABPP)**
Board Certified in Counseling Psychology Certification number: 10271
- 2019-
Present** **Arizona State Board of Psychologist Examiners**
Licensed Psychologist License number: PSY-005155
- 2012-
Present** **National Board for Certified Counselors (NBCC)**
National Certified Counselor (NCC)

LANGUAGE CERTIFICATIONS

- 2024-Present** Spanish: **SIELE** (Servicio Internacional de Evaluación de la Lengua Española).

TEACHING EXPERIENCE

2018 – to date

UNDERGRADUATE INSTRUCTOR

Arizona State University

- **CAP 120 Introduction to Counseling.** Introduction to and broad overview of the field of counseling (in-person and online)
- **CAP 220 Self in a Multicultural Society.** Culture, race and ethnicity, class, sexual orientation, gender and other aspects of identity (in-person and online)
- **CAP 260 Careers in Counseling and Applied Psychology.** Overview of the various career opportunities in counseling and applied psychology fields
- **CAP 310 Addictions- Foundations and Principles.** History, overview and principles of addiction. Introductory counseling techniques (in-person and online)
- **CAP 315 Trauma and Crisis Intervention.** The role of counselors in traumatic events and crises. Counseling skills and techniques (in-person and online)
- **CAP 320 Theories of Counseling and Psychotherapy.** Overview of the theories relevant to counseling and psychotherapy (in-person and online)
- **CAP 340 Multicultural Counseling.** Overview of multicultural theory, research and practice (in-person and online)
- **CAP 351 Issues in Assessment, Diagnosis, and Treatment of Addictions.** Major screening, assessment and diagnostic approaches for addictions (in-person and online)
- **CAP 394 Expressive therapies for counseling.** Expressive arts in the therapeutic process
- **CAP 400 Advanced Counseling Research Methods.** Critical reading of journal articles, research methodologies and proposal development
- **CAP 440 Addictions II – Treatment, Recovery, and Relapse Prevention.** Philosophies and models of treatment planning, intervention in addiction counseling (in-person and online)
- **CAP 484 Internship.** Structured practical supervised by faculty and practitioners.
- **CAP 492 Honors Directed Study.** Research or creative work leading to an undergraduate honors thesis or creative project.
- **CAP 493 Honors Thesis.** Supervised research or creative activity (undergraduate honors thesis or creative project).
- **PSY 101 Introduction to Psychology.** Major areas of theory and research in psychology (online)
- **PSY 290 Research Methods.** Planning, execution, analysis, and reporting of research studies (in-person and online)
- **PSY 399 Supervised Research.** Research supervision within the context of current faculty research projects

2019- 2024

GRADUATE INSTRUCTOR
Arizona State University

- **CED 502 Counseling Research Data Analysis** Descriptive statistics, visual approaches, estimation, and inferential methods for univariate and bivariate counseling research problems using statistical software.
- **CPY 671 Multicultural Counseling**. Sociocultural variables on human development. Counseling minority populations.
- **CPY 677 Advanced Theories of Counseling and Psychotherapy**. Advanced topics in counseling theory, research, science and practice.
- **CPY 691- Counseling in Spanish**. theory and supervised clinical practice in a full immersion Spanish environment.

ADDITIONAL INSTRUCTIONAL EXPERIENCE

2015

Graduate Co-instructor

CED 523 Psychological Testing. Arizona State University, Tempe, AZ

Master of Counseling and Counseling Psychology PhD programs

Lectures on psychological test research including personality, vocational, and clinical instruments.

Supervisor: Terence J. G. Tracey, Ph.D.

2015

Graduate Co-Instructor

CED 502 Counseling Data Analysis. Arizona State University, Tempe, AZ

Master of Counseling program

Lectures on descriptive and inferential statistics and quantitative data analyses.

Supervisors: Terence J. G. Tracey, Ph.D., Alisia Tran, Ph.D.

PUBLICATIONS AND CONFERENCE PRESENTATIONS

(Bold = Student when research was conducted)

**Peer Reviewed
Journal Articles**

Jimenez-Arista, L. E. & **Reid, D. B.** (2023). Realization, Self-view, and disclosure of Pedophilia: A content analysis of online posts. *Sexual Abuse*. 35(2), 214–240

Jimenez-Arista, L. E. & **Caldera, K.** (2023). Public Attitudes Toward Teenagers with Paedophilia: A Qualitative Examination. *Journal of Sexual Aggression*, 30(2), 211–225.

Jimenez-Arista, L. E., **Hahnke, M., Caldera, K.,** & Koro, M. (2025). Coping and thriving: Undocumented Latino students in higher education. *Journal of Latino/Latin American Studies*. Advanced online publication

Jimenez-Arista, L. E., Holzapfel, J., Shanholtz, C. E., & Tracey, T. J. G. (2020). The incremental validity of the sPaCE scale in predicting final outcome. *Measurement and Evaluation in Counseling and Development*, 53(3), 149-164.

Jimenez-Arista, L. E., Tracey, T. J. G., & Levy, R. (2018). Patterns of symptomatology over time and their relation to outcome. *Canadian Psychology* 59(4), 347-360.

Shi, Y., Jimenez-Arista, L. E., Cruz, J., McTier, T. S., & Koro-Ljungberg, M. (2018). Multilayered analyses of the experiences of undocumented Latinx college students. *The Qualitative Report*, 23(11), 2603-2621.

Jimenez-Arista, L. E. & Koro-Ljungberg, M. (2017). Spiral struggles and dialectical tensions in the life of a successful undocumented student. *Journal of Ethnographic & Qualitative Research*, 12(1), 1-17.

Randall, A. K., Hilpert, P., Jimenez-Arista, L., Walsh, K. J., & Bodenmann, G. (2016). Dyadic coping in the U.S.: Psychometric properties and validity for use of the English version of the dyadic coping inventory. *Current Psychology: A Journal for Diverse Perspectives on Diverse Psychological Issues*, 35(4), 570-582.

**Book Chapters
Encyclopedia**

Bodenmann, G., Jimenez-Arista, L. E., Walsh, K. J., & Randall, A. K. (2018). *Dyadic coping inventory*. In J. Lebow & A. Chamber (Eds.), *Encyclopedia of Couple and Family Therapy*. New York, NY: Springer.

Jimenez-Arista, L. E., Walsh, K. J., & Randall, A. K. (2016). *Dyadic coping among couples in the U.S.* In M. K. Falconier, A. K. Randall, & G. Bodenmann (Eds.), *Couples coping with stress: A cross-cultural perspective*. New York, NY: Routledge.

Presentations

Cevallos, L. & Jimenez-Arista L. E. (2021, December). *Mental health care in US prisons*. Poster presented at the 2021 CISA Student Showcase, Tempe, AZ.

Emmanuelli, M. & Jimenez-Arista L. E. (2019, November). *Non-offending stance in pedophiles: contributing to the prevention of child sexual abuse*. Poster presented at the 2019 Arizona Psychology Training Conference, Phoenix, AZ.

Hahnke, M., Jimenez-Arista L. E., & Koro, M. (2019, November). *Coping strategies in DREAMers: Thriving in undergraduate and graduate studies*. Poster presented at the 2019 Arizona Psychological Association Conference, Phoenix, AZ.

Emmanueli, M. & Jimenez-Arista L. E. (2019, November). *Preventing child sexual offenses: Understanding help-seeking in pedophiles*. Poster presented at the 2019 Arizona Psychological Association Conference, Phoenix, AZ.

Hahnke, M., Jimenez-Arista L. E., & Koro, M. (2019, November). *Internalization and externalization coping strategies in higher education undocumented students*. Poster presented at the 2019 Arizona Psychology Training Conference, Phoenix, AZ.

Caldera, K. & Jimenez-Arista L. E. (2019, November). *Differential attitudes based on the age of pedophiles and the prevention of child sexual abuse*. Poster presented at the 2019 Arizona Psychology Training Conference, Phoenix, AZ.

Jimenez-Arista, L. E. & Tracey, T. J. G (2018, August). *Preventing child sexual abuse: attitudes and beliefs toward psychological treatment for pedophiles*. Paper presented at the annual APA Conference, San Francisco, CA.

Jimenez-Arista L.E, & VanDaalen, R. (2018, March). *Stress Management*. Presentation at the 2018 Arizona State University Sponsored Students Mini-Conference, Tempe, AZ.

Jimenez-Arista L.E, Shi, Y., Cruz J., McTier T., & Koro-Ljungberg, M. (2018, February). *Narratives, labels, and critical incidents in the lives of undocumented college students*. Poster presented at the 2018 DISI Graduate Conference, Tempe, AZ.

Hwang, B. J., Jimenez-Arista, L. E., & Phang, A. (2017, November). *Integration of research into practice: Behind the scenes of the reality*. Paper presented at the 2017 Arizona Psychology Training Conference, Phoenix, AZ.

Jimenez-Arista, L. E., & Byrd, D. (2017, October). *Growth mindset and confidence building*. Presentation at the ASU Hispanic Mother-Daughter Program. Tempe, AZ.

Jimenez-Arista, L. E., Tracey, T. J. G, & Thompson, M. (2017, August). *Latent class analysis of psychotherapy trajectories and the association with interpersonal problems*. Poster presented at the annual APA Conference, Washington, D.C.

Jimenez-Arista, L. E. & Koro-Ljungberg, M. (2016, November). *Social justice initiatives of undocumented students*. Poster presented at the 2016 Arizona Psychology Training Conference, Phoenix, AZ.

Jimenez-Arista, L. E., Holzapfel, J., Shanholtz, C. E., & Tracey, T. J. G. (2016, August). *The incremental validity of the sPaCE scale in predicting final outcome*. Poster presented at the annual APA Conference, Denver, CO.

Jimenez-Arista, L. E., Levy, R., & Tracey, T. J. G. (2016, August). *Patterns of symptomatology change using brief measures and their predictive power for final outcome*. Poster presented at the annual APA Conference, Denver, CO.

Jimenez-Arista, L. E. & Koro-Ljungberg, M. (2016, February). "*The struggle shaped who I am*"- *Experiences of a successful undocumented student*. Paper presented at the Annual Ethnographic & Qualitative Research Conference, Las Vegas, NV.

Shi, Y., Jimenez-Arista L.E, Cruz J., McTier T., & Koro-Ljungberg, M. (2016, February). *Case studies of labels and narratives in the lives of undocumented students*. Paper presented at the Annual Ethnographic & Qualitative Research Conference, Las Vegas, NV.

Barragan, B., Jimenez-Arista, L. E., Martinez, L., & Vose, C. (2015, October). *Neurobiology of accented speech perception: A functional MRI pilot study*. Paper presented at the annual convention of the Arizona Psychological Association, Carefree, AZ.

Jimenez-Arista, L. E., Walsh, K. J., Randall, A. K., Hilpert, P., & Bodenmann, G. (2015, August). *Dyadic coping in the U.S.: Psychometric properties and validity of the English version of the DCI*. Poster presented at the annual APA Conference, Toronto, Canada.

Jimenez-Arista, L., Walsh, K. J., Randall, A. K., Hilpert, P., & Bodenmann, G. (2014, September). *Dyadic coping in the U.S.: English version of the Dyadic Coping Inventory*. Poster presented at the annual conference of the Arizona Psychological Association, Tucson, AZ.

Jimenez Arista, L. E. & Tracey, T. J. G. (2013, June). *The relation of ethnicity to outcome as moderated by interpersonal distress*. Poster presented at the Conference of the International Association for Cross-Cultural Psychology, Los Angeles, CA.

Jimenez-Arista, L. E. (2010, February). *Dialectical behavior therapy: Overview and practical experiences*. Paper presented at a Counseling Psychology seminar. Arizona State University, Tempe, AZ.

SUPERVISION OF UNDERGRADUATE HONORS THESES

- 2025** Palma, Marc. *User narratives in Suicide Forums* (in process)
- 2024** Chandler, Gabrielle. *Prevalence of Maladaptive Coping Mechanisms in Response to Complex Childhood Trauma* (in process)
- 2024** Harris, Emily. *Calm: Mindfulness Skills for the Pree-teen Youth* (in process)
- 2024** Fowler, Shannon. *The Relationship Between Assault and sexsomnia in Women* (in process)
- 2023** Piemont, Sabrina. *Mind and Body: Psychedelic Assisted Psychotherapy*
- 2023** Mistry, Urvi. *The impact of Social Media on Anxiety Issues*

- 2022 Malladi, Dhanya. "Acculturation in Indian-American Young Adults and the Relationship to Attitudes toward Counseling."
- 2022 Younger, Darien. "Wisdom Vet: Supporting the Mental Health of Veterinary Students." (**)
- 2021 Emmanuelli, Michelle. "Association between social engagement and student resilience in the context of the COVID-19 pandemic." (**)
- 2021 Sherman, Brooke. "The Origin of America's Longest War: Drug Use, Racism, Propaganda, and Prohibition before the War of Drugs."
- 2021 Thompson, Kylee. "Equine Assisted Psychotherapy for the Treatment of PTSD in U.S. Service Members."
- 2021 Barolli, Adeiron. "Using Logistic Regression to Predict Stock Trends Based on Bag-of Words Representations of News Article Headlines."
- 2020 Martinson, Hannah. "Sam's Emotional Day: A Child's Guide to Recognizing and Handling Emotions." (*)

SUPERVISION OF BARRET HONOR ENRICHMENT CONTRACTS

- 2024 Stewart, Adam. "Cannabis: Risk Vs Reward"
- 2023 Stockham, Sidney. "Child Abuse Trauma"
- 2023 Piemont, Sabrina. "Crisis Case in Counseling" (**)
- 2023 Ramirez, Mia. "Covering a Crisis" (**)
- 2022 Lateef, Junayd. "The Unnoticed Problem of Child Marriage in the U.S."
- Ventura, Sofia. "The Ignorance of Gender"
- Perez, Iosef. "Mental Illness Stigmas in Latino Culture"
- 2021 Hofer, David. "The Overbooking of Prisons."
- Kwon, Woochan. *Recovery from Addiction: What Does It Really Mean?* (**)
- Valesano, Megan. "Multicultural Personal Reflection"
- Scirpo, Kalie. "Psychoanalytic vs Existential Perspectives"
- Thompson, Kylee. "Cognitive Behavioral Therapy for PTSD in Veterans"
- Barnett, Alex. "Misdiagnosing of Autism and ADHD"
- Aboudi, Joseph, "America Could Save a Dime and a Life: An Expository Piece on Prison Reform"
- Cheng, Abbie. "How children with disabilities are being/were affected during the COVID pandemic?"
- Romero, Xiomara. "Esperanza's Journey to Self-Discovery"
- Cornell, Paige. "Older Adults and Substance Use"
- 2020 Cevallos, Leo. "Mental Health Care in U.S. Prisons" (***)
- Hernandez, Paola Cristina. "Repressed Memories"
- Ouellette, Abigail. "The Relation Between Interest in Sports and Stress Level"
- Kwon, Woochan. "Violence and the Stigma of Mental Illness"
- 2019 Emmanuelli, Michelle. "The Prevention of Child Sexual Abuse: Interventions for Pedophiles" (***)

(*) Student accepted into the ASU Master of Counseling program

(**) Student accepted into other graduate programs

(***) Work presented at professional conference

SERVICE

2025	<u>Member.</u> SCCP Promotions Committee
2025	<u>Member.</u> SCCP Faculty Annual Review Committee
2025	<u>Member.</u> SCCP. Awards Committee
2025	<u>Member.</u> CISA AI Taskforce
2024	<u>Member.</u> Search Committee for Clinical Assistant Professor, School of Counseling & Counseling Psychology
2024	<u>Co-chair.</u> Search Committee for Clinical Assistant Professor, School of Counseling & Counseling Psychology
2023	<u>Co-chair.</u> Search Committee for Internship Coordinator, Counseling & Counseling Psychology
2022-present	<u>Member.</u> CISA Curriculum Committee
2022	<u>Member.</u> CISA Applied Arts Courses Working Group
2022	<u>Member.</u> CISA Experiential Learning Working Group
2022	<u>Member.</u> Search Committee for Instructor, Counseling & Counseling Psychology, Polytechnic Campus
2021	<u>Member.</u> Search Committee for Instructor, Counseling & Counseling Psychology, Polytechnic Campus
2021-2022	<u>Member.</u> CISA Assessment Committee
2020-Present	<u>Current and Founding Advisor.</u> Counseling and Applied Psychology Student Organization (CAPSO). This organization serves the three SCCP undergraduate majors.

SCHOLARSHIPS, AWARDS, AND GRANTS

2022	Outstanding Teaching <u>Award</u> from the College of Integrative Sciences and Arts. Arizona State University
2018	Outstanding Graduate <u>Award</u> from the College of Integrative Sciences and Arts. Arizona State University
2013	Mexican National Council for Science and Technology Five-Year (2013-2018) Academic <u>Scholarship</u> for doctoral studies (\$200,000 USD). Scholarship granted by the Mexican government to Mexican citizens with outstanding academic and professional history

PROFESSIONAL AFFILIATIONS

- Mexican Register of Researchers (Sistema Nacional de Investigadores –SNI). 2019-present
- American Psychological Association. 2013-present
 - Division 17 (Counseling Psychology)
 - Division 52 (International Psychology)
- National Latinx Psychological Association (NLPA) 2022-present
- Phi Kappa Phi National Honor Society. Arizona State University. 2010-present
- Psi Beta National Honor Society in Psychology. 2007-present

LANGUAGES

Spanish
English