

Ronald R. O'Donnell, Ph.D.
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(602) 496-1352

- Experience**
- Arizona State University** - Phoenix AZ 2008 – Present
Clinical Professor, Behavioral Health, College of Health Solutions,
Program Manager, International Partnerships
- Founding Director, Doctor of Behavioral Health 2008-2014
 - Instructor, Student advisor and Culminating Project Chair
 - Co-Created new Master of Integrated Health Care degree
 - Lead new Online Integrated Care Continuing Education modules
 - Local marketing lead (social media, print) for all programs
 - Lead PI *USAID* Asia/Southeast Asia student research project 2017- current (China, Thailand, Vietnam, Cambodia)
 - Lead international research teams (Peking University, Chiang Mai Faculty of Nursing, Singapore National University, Anhui Medical University) applying for Fogarty and NIH grants 2017-present)
 - Developer PCORI online education modules
- SunCrane Health Solutions, LLC** 2011 – Present
President
Consultation, training and research collaboration: China/Southeast Asia
- Partner with New Health Consulting, Beijing
 - Multi-year training (2019-2020) People's Hospital in Guangzhou on prevention and management of noncommunicable disease
 - Training on disease management, psychiatry and substance use disorder in China and SE Asia.
 - Consultant National Cancer Hospital, Hanoi Vietnam to develop Psycho-oncology service.
 - Consultant Bach Mai Hospital, Hanoi to develop mindfulness program for psychiatry service.
 - Green and Blue Wellness program in development.
- Blue Cross Blue Shield of Massachusetts** - Quincy MA 2005 - 2008
Director, Behavioral Health
Strategic planning for health integration, medical/behavioral conditions, outcomes designed to improve quality of and decrease cost of care.
- Met annual budget of \$5 million for cost centers totaling over 100 staff
 - Led team of 120+ clinicians and support staff for medical and behavioral chronic disease management programs.
 - Provided training to clinicians on behavioral health, disease management and outcomes
 - Developed ROI models for case managers with predictive modeling
 - Leader for "Blue Coach" obesity and medication compliance programs
 - Consult national vendors on health technology for behavior change

- Experience**
- Tufts Health Plan – Watertown MA** 1998 - 2005
Manager, Inpatient Behavioral Health
 Managed network of psychiatric and substance abuse treatment facilities. Led case managers to use of quality reports to manage care.
- Designed innovative facility case management model with HEDIS measure improvements
 - Chaired provider quarterly meetings to review performance trends
- Staffier Associates Westboro MA** 2001-2005
Psychologist, part-time fee for service
- Individual, couples/family and group therapy for children through adults. Groups included: parenting groups for attention-deficit hyperactivity disorder; oppositional-defiant disorder; couples therapy group; depression group for adults, panic and anxiety groups for adults, substance abuse for adolescents and adults.
 - Integrated assessment tools for diagnosis and to track outcomes
 - Routine consultation with Primary Care Physicians, Employee Advisor Programs, schools, probation, etc. to coordinate care
 - Provided training and consultation to school counselors and teachers
- Magellan Behavioral Health/Green Spring Health** 1991 - 1998
- Director, Advantage Recovery Network – Philadelphia PA 1995 - 1998
 Director multi-site substance abuse treatment clinics providing individual, IOP/PHP, ambulatory detox. Director for suburban outpatient behavioral health clinic.
- Provided direct care 20 hours/week for all ages and major diagnoses
 - Improved clinical staff productivity and increased group therapy
- Manager, Provider Network – Philadelphia PA 1994 - 1995
 Oversight for team of team to manage network of over 20 capitated, outpatient behavioral health practices covering over 2 million insured lives.
- Developed new policies such as ambulatory detox, primary care and pediatric consultation
 - Effectively used CQI to shape provider performance trends in utilization, quality/cost of care
- Regional Care Manager - Cherry Hill, Trenton NJ 1991 - 1995
 Responsible for start-up of Green Spring managed care network in New Jersey and Director of HMO staff model outpatient behavioral health clinics.
- Responsible for provider network development, inpatient/outpatient UR
 - Provided 20 hours/week direct clinical service focus on brief therapy, group treatment

Experience	Westborough State Hospital - Westboro, MA <u>Director, Community Services</u> Director of residential units designed to transition seriously mentally ill patients from hospital to community.	1988 - 1990
	<ul style="list-style-type: none"> ▪ Developed skills training modules ▪ Supervised multidisciplinary treatment team and trained nursing staff on social skills training modules ▪ Provided individual, family and group therapy, neuropsychological assessment, consultation 	
Education	Illinois Institute of Technology - Ph.D. in Clinical Psychology Ph.D. Thesis: Type A, Hostility, and Response to Pain and Stress Masters' Thesis: Type A, Cognitive Factors and Physiological Self regulation	
	Purdue University - B.A. in Clinical Psychology	
Licensure	Massachusetts Licensed Psychologist # 6065 Arizona Licensed Psychologist # 4156	
Professional Organizations	American Psychological Association Division 38 Health Psychology Collaborative Family Healthcare Association National Register of Health Service Providers	
Editorial Board	<i>Family Medicine and Community Health</i> http://fmch-journal.org	

TEACHING

Courses

IBC 721 Behavioral Health Management
(Fall 2015, Spring 2016, Spring 2017, Spring 2019, Spring 2020)
IBC 720 Behavioral Health Entrepreneurship (Fall 2016, Spring 2017, Spring 2018, Spring 2019, Spring 2020)
IBC 712 Population Health Management (Fall 2016, 2018, 2019, 2020)
IBC 714 Quality and Performance Measurement and Improvement
(Spring 2016, Fall 2014, Fall 2015, 2017, 2018, 2019, 2020)
IBC 691 Cost Offset and Return on Investment (Spring 2016, Spring 2017, Spring 2018)
IBC 690 Global Integrated Health (Summer 2017, 2018, 2019, 2020)
IBC 701 Models of Integrated Behavioral Health (Fall 2017)

Recent Courses Developed

Master of Integrated Health Care (MIHC)

Led re-launch of MIHC that was paused in 2018/19 due to low enrollment. Fall 2020 Approved as ASU Online degree re-launch for Fall 2021. Includes proposal for a new mini-masters to target global enrollment based on exemplar program in ASU.

Graduate Student Mentoring/Advising/Culminating Project Committee

74 active DBH student advisees (January 2021)

Committee Chair for 21 students final Culminating Project graduated 2020

50+ students active in an International Research Group I formed in 2019 (see Research below)

Committee Chair DBH Student Culminating Project Thesis

Student	Graduation Term	Thesis Title
Kayla Rosenberger	2020 Fall	Integrating Primary Care and Team Huddles
Jennifer Doyle	2020 Fall	Addressing Social Determinants of Health Through Primary Care Screening
Halley Valentine	2020 Fall	Team Patient Portal Training at a Collaborative Care Setting
Diana Kramer	2020 Fall	The Health Equity Project: Social Determinants of Health Screening within an Integrated Healthcare Setting
Princess Souvenir-Wiedemann	2020 Summer	Increasing Universal Behavioral Health Screenings in Medical Facilities
Darnell Dupree	2020 Summer	Reducing Wait-times for Behavioral Health Referrals in Assisted Living Facilities
Laurie Hunter	2020 Summer	Assessing Disease Fatigue in Diabetic Patients
Brittney Barnes	2020 Summer	Quality Improvement Project: Implementation of Behavioral Health Integration
Angela Silverbush	2020 Summer	Screening and Motivational Interviewing Intervention for PTSD in Veterans
Tammy Hargett	2020 Spring	Effects of Community-Wide Prevention Interventions on Youth Substance Use and Mood Disorders
Taeisha Rodgers	2020 Spring	Improved Workflow to Increase Primary Care Visits
Scott Rowe	2020 Spring	Using Incentives to Improve Prompting Traumatic Brain Individuals to Attend Their Mental Health Counseling Appointments
Mohamad Abdalla	2020 Spring	Quality Improvement: Workforce Development
Mark Reed	2020 Spring	Integrated Care for Diabetic Patients in Primary Care Setting: Increasing Referrals
Kladunshah Tranquille	2020 Spring	Business Case for Integrated Behavioral Health Program in an Urban Federally Qualified Health

Kera Gore	2020 Spring	Improving Utilization of the Behavioral Health Provider in Primary Care
Kathryn Sprague	2020 Spring	Telemedicine for Managed Care Beneficiaries
Jessica Meyer	2020 Spring	Integrated Treatment of Psychological and Neurological Disorders
Didiana De La Osa	2020 Spring	Integrating Care for Children with Autism Spectrum Disorder: Promoting Collaboration between Behavior Analysts and Medical Professionals
Ashlay Douglas	2020 Spring	Depression and Diabetes
Andre Napier	2020 Spring	Reducing Aggressive Behavior with Protective Factors
Simon Nicolai	2019 Fall	Improving Patient Flow at the Outpatient Mental Health Clinic: A Quality Improvement Project
Maria Gonzales de Torres	2019 Fall	Improving Depression Screening, Identification, and Referrals to Behavioral Health Services in a PCMH
Maria Housley Kolter	2019 Fall	Will mindfulness based cognitive therapy reduce anxiety, depression and the use of marijuana in adolescents?
Levon Hatathlie	2019 Fall	The Relationship between Participation in a Diabetes Care Team Treatment Program Diabetes and Depression Outcomes
Michele Slabaugh	2018 Fall	Integration of on-site Employee Assistance Program (EAP) and Improving Workplace Culture, Employee Stress and Employee Dietary habits
Matilda Togiei	2018 Fall	Implementation of My Own Health Report for Collection of Patient-Reported Information to Enhance the Patient Electronic Health Record
Breanna Reeser	2018 Fall	Using Health Literacy to Affect Health Behaviors in Integrated Care in Thailand
Allyson Mayo	2018 Fall	Employee integrated care practices baseline attitudes, beliefs and skills
Wilson Thorpe	2018 Spring	Return on Investment for Student Health Outreach for a Wellness Clinic
Stacy Haumea	2018 Spring	TIDBITS: Targeted Intervention in Disease and Behavior Integrating Technology Support
Rachel Velasco-Acosta	2018 Spring	Accountable Care Organization and Behavioral Health Integration
Janel Lindgren	2018 Spring	Provider Attitudes toward Collaborative Pain Management Care
Helayne Sweet	2018 Spring	Integrated Care, Depression, and Diabetes: What Are the Effects?
Clinton Kuntz	2018 Spring	Do Value-Based Contracts Effect Patient Clinical Outcomes?
Billie Cartwright	2018 Spring	Patient Care Coordination Following Inpatient Substance Abuse Treatment
Ardra Norman	2018 Spring	The Impact of Cognitive Behavioral Therapy on Type 2 Diabetes and Depression among Dialysis Patients
Kimberly Graber	2017 Summer	Hyperthyroidism and Stress: A Population Health Intervention Project

SERVICE

College of Health Solutions Committee/Translational Team Membership (2020-2021)

- Mentoring Committee: Chair
 - Mentor for 2 staff; mentee of 2 faculty
- Integrated Health Care Conference Planning Committee: Chair
- Bi-Weekly Speaker Series
- Executive Chair Committee
- NTE Review Task Force Committee
- Translational team: COVID19
 - Chair Behavioral Health and COVID19 subgroup
- Translational team: Cancer Prevention and Control
- Translational team: High-need, High-cost Patients (Through Fall, 2020)
- Dissemination and Implementation Training Group
 - Mentored by Rodger Kessler, Scott Leischow
- PLUS Alliance CHS representative for behavioral health
- CHS Academic Standards and Grievance Committee (Through Spring 2020)
- Study Abroad Committee (Through Spring 2020)

RESEARCH

Overview

I lead a global international research partnership between the College of Health Solutions, Integrated Behavioral Health program and colleagues in China and Southeast Asia. My goal is to secure grant funding with research partners sharing a common vision to deliver on the promise of integrated behavioral health in achieving the “triple aim” of improved patient experience of care, improved population health, and reduced cost of care in Asia. I lead an annual ASU USAID GDR Scholar grant that places DBH students for a summer semester abroad to conduct research (2017-2021). I lead a research team comprised of CHS faculty and colleagues in Singapore, Thailand, Vietnam and Cambodia. In order to support this research, I formed a CHS International Research Team in 2019 that has grown to over 50 members current, largely students, some faculty and graduates. Based on guidance from my mentors R. Kessler and S. Leischow I focused on publishing papers in peer review journals in 2020. I submitted 5 papers in 2020 for publication, all with international and DBH student and graduate co-authors. In 2021 I will finish 5 papers in progress and return to a focus on international grant applications.

Doctor of Behavioral Health International Research Team

I formed this voluntary group in Fall 2019 to support my global research (USAID, grants, other projects). The group is comprised of over 50 members, largely students and some graduates and faculty. Meetings are monthly and sub-groups are formed to work on targeted projects. The group contributed to completing and submitting 5 articles for publication in 2020. The current sub-groups include support for my CHS JumpStart and ASU ISSR Seed Grants, the ongoing ASU USAID GDR Scholar program, a review paper on integrated health in China in collaboration with the CDC in Guangzhou, China, a new collaboration and review paper on integrated health in India with CSIBER University in India, and support for a USAID Development Innovations Grant application due March 31, 2021.

International Research Partners

These are universities or organizations that I am actively collaborating with on the USAID GDR Scholar, CHS Jumpstart, ISSR Seed Grant, and other papers/projects in progress

Current research partners ()

- National University of Singapore
- Chiang Mai University, Faculty of Nursing, Thailand
- University of Labor and Social Affairs, School of Social Work, Hanoi, Vietnam
- CSIBER University, School of Social Work, India
- Anhui Medical University, Anhui, China
- Ho Chi Minh School of Medicine and Pharmacy, Vietnam
- Hanoi Medical University, Vietnam
- National Cancer Hospital, Vietnam
- Ministry of Health, Phnom Penh, Cambodia
- China CDC, Guangzhou, China
- Thammasat University, Faculty of Social Work and Social Welfare, Bangkok, Thailand

Past Research Partners

- Peking University, Beijing, China
- Pingtung Christian University, Taiwan
- Sardjito General Hospital, Department of Psychiatry, Faculty of Medicine, Universitas Gadjah Mada, Yogyakarta, Indonesia

ASU Research Partners: Have served as PI or Co-I on NIH grants, or other research:

- Rodger Kessler, Ph.D., CHS
- Matt Buman, Ph.D., CHS
- Bill Riley, Ph.D., CHS
- Shiyong Wu, MSW, PhD., ASU School of Social Work
- Cynthia Peters, MSW, ASU School of Social Work
- Flavio Marsiglia, Ph.D., ASU School of Social Work

USAID Global Development Research Scholar Grant (2017 to present)

PI on USAID Global Development Research (GDR) Scholar grant, and placed IBH graduate students in Fall 2017, Summer 2018, Summer 2019, Summer 2020, Summer 2021 anticipated. Students complete IRB approved studies on integrated behavioral health in China and Southeast Asia. Students completed study in a local community health center or hospital, collecting provider survey data and patient health risk assessment data. Completed 2017-2019 data analysis and reporting and submitted 3 publications, in review. 3 additional draft publications in progress.

2020 USAID Global Development Research Scholar grant. Principal Investigator Recruited 2 DBH students for summer 2020 deployment (virtual due to COVID19) Confirmed host partners in Phnom Penh, Cambodia, Hanoi, Vietnam, Ho Chi Minh City, Vietnam, Chiang Mai, Thailand Developed "Train the Trainer" modules on 5 A's, Motivational Interviewing, Behavioral Activation for Depression, Nutrition and Physical Activity Behavior Change

2019 USAID Global Development Research Scholar grant. Principal Investigator Received approximately \$5,000 CHS local funding to support Recruited 2 DBH students for summer 2019 deployment

Confirmed host partners in Phnom Penh, Cambodia, Hanoi, Vietnam

2018 USAID Global Development Research Scholar grant. Principal Investigator
 Received approximately \$5,500 CHS local funding to support
 Placed 3 DBH students for summer 2018 deployment
 Continued host partners from 2017 in Chiang Mai, Thailand and Ho Chi Minh City, Vietnam.
 Added new host partners in Phnom Penh, Cambodia, Yogyakarta, Indonesia, and Bangkok, Thailand.

2017 USAID Global Development Research Scholar grant. Principal Investigator
 Received approximately \$5,000 CHS local funding to support project
 Placed 3 DBH students for summer 2018 deployment
 Recruited host partners in Chiang Mai, Thailand, Ho Chi Minh City, Vietnam, and Beijing, China.
 Completed data collection (analysis in progress) for ASU IRB study: "Integrated Behavioral Health in Asia". Data collection from each site clinic included measure of practice integration, provider needs assessment, patient health risk assessment, and biometrics:

Grant Applications

Active Grant Awards 2019-20 (Continuing in 2021 due to COVID19 delays)

Grant	International Partners	PI/Co-I Key Personnel
CHS 2019 JumpStart Grant Program (Fall). Integrated Behavioral Health in Asia (2020 \$5,110)	National University of Singapore (NUS) Chiang Mai University (CMU), Thailand Ministry of Health, Cambodia Hanoi Medical University, Vietnam	Rodger Kessler Ron O'Donnell Shiyou Wu Jenn Rolfes P. Tumgpunkom, CMU
Arizona State University ISSR 2019 Seed Grant Proposal. ASU USAID Integrated Behavioral Health in Asia (2020 \$14,580)	University of Labor and Social Relations, School of Social Work	Ron O'Donnell Shiyou Wu Jenn Rolfes Rodger Kessler

Grant Applications (2020-2021)

Grant	International Partners	PI/Co-I Key Personnel
HRSA Behavioral Health Workforce Training. Submitted 1/21/21	NA	Ron O'Donnell William Riley CR Macchi Matthew Martin Cynthia Peters
<u>In progress</u> : USAID Development Innovation Ventures (Due March 31, 2021)	National University of Singapore (NUS) Chiang Mai University (CMU), Thailand	Ron O'Donnell Matthew Buman Wenru Wang (NUS) P. Tumgpunkom, CMU M. Chua, NUS
National Academy of Medicine Healthy Longevity Global Health	National University of Singapore (NUS)	Ron O'Donnell Matthew Buman

Challenge (Submitted Spring 2020; not awarded)	Chiang Mai University (CMU), Thailand Connected Health, LLC	Wenru Wang (NUS) P. Tumgpunkom, CMU M. Chua, NUS
College of Health Solutions COVID19 grant: Effectiveness of a Smartphone App Health Risk Assessment Designed to Improve Covid-19-related Health Outcomes Delivered by Clinicians to Type 2 Diabetes Patients in Chiang Mai, Thailand	P. Tungpunkom	Ron O'Donnell Shiyou Wu J. Rolfes R. Rolfes
Pfizer COVID19 Grant: Effectiveness of a Smartphone App Health Risk Assessment Designed to Improve Covid-19-related Health Outcomes Delivered by Clinicians to Type 2 Diabetes Patients in Chiang Mai, Thailand	P. Tungpunkom	Ron O'Donnell Shiyou Wu J. Rolfes R. Rolfes

Grant Applications 2017-2019

Grant	International Partners	PI/Co-I Key Personnel
PA-18-722. Improving Patient Adherence to Treatment and Prevention Regimens to Promote Health (R01 Clinical Trial Optional) Submitted 12/19	National University of Singapore (NUS) Chiang Mai University (CMU), Thailand Connected Health, LLC	Ron O'Donnell Matthew Buman Wenru Wang (NUS) P. Tumgpunkom, CMU M. Chua, NUS
CHS 2018 JumpStart Grant Program (Fall). Integrated Behavioral Health in Asia	National University of Singapore (NUS) Chiang Mai University (CMU), Thailand	Rodger Kessler Ron O'Donnell
Arizona State University ISSR Seed Grant Proposal. ASU USAID Integrated Behavioral Health in Asia Proposal	National University of Singapore (NUS) Chiang Mai University (CMU), Thailand Ho Chi Minh City University of Medicine and Pharmacy	Ron O'Donnell
PAR 18 732 Reducing Stigma to Improve HIV/AIDS Prevention, Treatment and Care in Low and Middle-Income Countries (R21 Clinical Trial Optional)	Peking University	Rodger Kessler Lin Lu (PKU) Ron O'Donnell Angela Chen (CONHI) Kelly Davis (CONH)
AHRQ Step Up Challenge Phase 1 Proposal A smart-phone based app and artificial intelligence platform for improved patient self-management and outcomes for type 2 diabetes mellitus in Asia	National University of Singapore (NUS) Chiang Mai University (CMU), Thailand Connected Health, LLC	Matthew Buman Wenru Wang (NUS) P. Tumgpunkom, CMU M. Chua, NUS Ron O'Donnell

Mobile Health: Technology and Outcomes in Low- and Middle-Income Countries (R21) (PAR-16-292)	National University of Singapore (NUS) Chiang Mai University (CMU), Thailand	Rodger Kessler William Riley Matt Buman Chris Jones Ron O'Donnell Wenru Wang, NUS P. Tumgpunkom, CMU
Implementation Science for the Prevention and Treatment of Mental and/or Substance Use Disorders in Low- and Middle-income Countries (U01) (RFA 17 650)	Peking University(PKU)	Rodger Kessler Lin Lu, (PKU) Ron O'Donnell
mHealth Tools for Individuals with Chronic Conditions to Promote Effective Patient-Provider Communication, Adherence to Treatment and Self-Management (R01) (PA-14-180)	Chiang Mai University (CMU), Thailand	Rodger Kessler Matt Buman P. Tumgpunkom, CMU Ron O'Donnell
Global Noncommunicable Diseases and Injury Across the Lifespan: Exploratory Research (R21) (PAR 16 -052)	Anhui Medical University (AMU) National University of Singapore (NUS)	Rodger Kessler Wenru Wang (NUS) Jinfang Hong (AMU) Ron O'Donnell
Global Brain and Nervous System Research Across the Lifespan (R21) PAR 17 313	Peking University (PKU)	Rodger Kessler Lin Lu (PKU) Ron O'Donnell

PROFESSIONAL DEVELOPMENT

ASU Online. *Media Production: DIY Digital Recording*. Online class. 1/22/21

ASU Office of Interprofessional Continuing Health Education. *COVID-19 is Surging: How Do We Plan and Prepare?* ASU CHS Health Talks Series. 1/10/20.

UMass Memorial Center for Mindfulness. *Mindfulness-Based Stress Reduction Program*, Fall 2020. Weekly In-class Program tie: 21.5 hours, All-Day Mindfulness Practice: 7.5 hours. Total program time 29 hours. Completed November 19, 2020.

National Register of Health Service Providers. *Conversations About Suicide: Strategies for Detecting and Assessing Suicide*. 5 CE Credits. 7/31/20.

National Register of Health Service Providers. *Alcohol Use Disorders*. 5 CE Credits. 7/30/20.

National Register of Health Service Providers. *Chronic Pain*. 5 CE Credits. 7/30/20.

National Register of Health Service Providers. *Ethical Considerations in Paid Peer Consultations in Healthcare*. 1 CE Credits. 7/30/20.

National Register of Health Service Providers. *Insomnia*. 5 CE Credits. 7/30/20.

National Register of Health Service Providers. *Substance Use Problems*. 5 CE Credits. 7/30/20.

National Register of Health Service Providers. *Psychologists in the Legal System: Merging and Avoiding Collisions at the Intersection of Psychology*. 1 CE Credits. 7/30/20.

ASU Online: *Strategies for Successfully Building Group Projects into Online Classes*
6/26/20

ASU Online: *Master Class for Teaching Online*. 6/15 – 28/20

ASU College of Health Solutions. 2020 Integrated Health Care Conference. Online Conference. 4.5. CE Credits. 5/27/20. **I was the chair of the planning committee for this conference.**

ASU Office of Interprofessional Continuing Education. *Using Technologies to Combat the Opioid Epidemic*. 1 CE Credit. 2/20/20

National Register of Health Service Providers. *Risk Management and Ethical Considerations in Supervision*. 1 CE Credits. 4/8/20.

Commonwealth of Massachusetts. *Training and Education in Sexual and Domestic Violence Compliance with Chapter 260*. (Required for MA Psychologist Licensure). 6/30/20.

PUBLICATIONS

O'Donnell, R, Rolfes, J, Houston, C, Mei, P, Virya, K, Savuon, K, Costello, J, Carrol, S, Nguyen, G, Wu, S. An integrated behavioral health approach to non-communicable disease in Cambodia. *J. Nursing and Patient Safety*. Submitted 12/28/20, published online 1/2/21. https://pragmajournals.com/uploads/article_pdf/10/an-integrated-behavioral-health-to-non-communicable-disease-in-cambodia.pdf

O'Donnell, R, Wu, S, Rolfes, J, Tungpukom, P, Nguyen, H. An integrated behavioral model for covid19 patients. *Archives of Fam. Med. and Gen. Practice*. Submitted 12/24/20, Accepted for publication 1/22/21.

O'Donnell, R, Wu, S, Rolfes, J, An, P, Senauch, P, Tungpunkom, P, Koy, V, Tao, H, Savuon, K, Abdalla, M, Marsiglia, F, Mei, P, Kessler, P. Evaluating the gap of integrated behavioral health programs for NCDs in China, Vietnam, Cambodia and Thailand. *Chinese Medical Journal*. In review, submitted 12/20.

O'Donnell, R, Wu, S, Rolfes, J, Tungpunkom, P, Tamdee, D, Turtle, D, Gilpatrick, K, Sato, K, Reeser, B, Abdalla, M, Kessler, R. Integrated behavioral health needs assessment among patients with hypertension and type 2 diabetes in Chiang Mai, Thailand. *Families, Systems and Health*. In review, submitted 12/4/20.

Wu, S, Rolfes, J, Clarke, C, Smith, A, Do Van, T, Minh, T, Huong, G, Lan, A, Tu, H, Thu, H, O'Donnell, R. Integrated Behavioral Health Care in Vietnam: Examples from the Hanoi Bach Mai Hospital of Patients with Hypertension. *International Journal of Health Sciences. Journal of Behavioral Health Services and Research*. In review. Submitted:12/13/20.

- O'Donnell, R. Psycho-oncology: Psychological, Behavioral and Lifestyle Interventions to Improve Outcomes for Cancer Patients in Vietnam. *Bach Mai Hospital Journal*, Fall, 2019.
- O'Donnell R. The business case for integrated behavioral healthcare delivery. In *Training to deliver integrated care: skills aimed at the future of healthcare* (Macchi, CR & Kessler, R, Eds.). Switzerland: Springer Nature (2018).
- O'Donnell, R & Dahl-Popolizio, S. Business entrepreneurship: the integrated behavioral health business plan. In *Training to deliver integrated care: skills aimed at the future of healthcare* (Macchi, CR & Kessler, R, Eds.). Switzerland: Springer Nature (2018).
- O'Donnell, R & Kessler, R. Quality improvement, performance management, and outcomes: lean six sigma for integrated behavioral health. In *Training to deliver integrated care: skills aimed at the future of healthcare* (Macchi, CR & Kessler, R, Eds.). Switzerland: Springer Nature (2018).
- O'Donnell, R. Provider training: recognizing the relevance of behavioral medicine and the importance of behavioral health consultation and referral. In *Behavioral medicine and integrated care – efficient delivery of effective treatments* (Duckworth M & O'Donohue W (Eds.). Switzerland: Springer Nature (2018).
- O'Donnell, R. Green and Blue Wellness: A New Model of Improving Physical and Mental Health *Journal of Nursing and Health Sciences* (2017).
- O'Donnell, R, Anand N, Ganser C, Wexler N (2015) The Accountable Care Organization results: population health management and quality improvement programs associated with increased quality of care and decreased utilization and cost of care. *Family Medicine and Community Health*, in press (<http://fmch-journal.org>)
- O'Donnell, R. (2014) New models of disease management in the United States and China. *Family Medicine and Community Health*, 2:4, 13-19 (<http://fmch-journal.org>)
- O'Donnell, R. (2011). Reforms in professional education. In N.A. Cummings and W.T. O'Donohue (Eds.) *Understanding the Behavioral Healthcare Crisis: The Promise of Integrated Care and Diagnostic Reform*. Reno, NV: Cummings Foundation for Behavioral Health. New York: Routledge.
- O'Donnell, R., Cummings, NA., and Cummings, J.L. (2014). Balancing cost and value. In C. Hunter, C. Hunter and R. Kessler (Eds.). *Handbook of clinical psychology in medical settings: Evidence-base assessment and intervention*. New York: Springer.

PRESENTATIONS

- O'Donnell, R. *Behavioral Health Intervention Pathway for Psychosomatic Disease*. Recorded webinar conference presentation. Third Central Plains Forum. Henan, China. 12/7/20.

Mei, P, Rolfes, J, Houston, C, O'Donnell, R, Kessler, R. *The health care provider approach to treatment of depression in Cambodia*. Poster Presentation. 2020 American Medical Association Research Symposium. 12/3/20-12/6/20.

O'Donnell, R. *Effectiveness of a smartphone app health risk assessment* ASU CHS "Brown Bag" Live Webinar presentation. 12/3/20.

O'Donnell, R. *Reducing Stress with Mindfulness Therapy*. 60th Ceremony of Establishment the Institute for Preventive Medicine and Public Health. Live webinar conference presentation. Hanoi, Vietnam. 11/20/20.

O'Donnell, R, Dahl-Popolizio, S, Stecher, C. *Behavioral Medicine and COVID-19 Risk-Reduction: From Evidence to Practice*. ASU College of Health Solutions "Health Talks" Live webinar presentation, 11/19/20.

O'Donnell, R. *Integrated Behavioral Health for Social Workers*. D.K. Shinde School of Social Work, CSIER University. Live webinar presentation. 10/23/20

O'Donnell, R, and Williams, E. *Quality improvement to enhance mentoring outcomes in and academic education setting*. Live webinar conference presentation. University of New Mexico Mentoring Institute 13th Annual Mentoring Conference. 10/22/20.

O'Donnell, R. *The Future of Digital Personal Health Management Workshop - Fitness Trackers to Continuous Care*. Live webinar panelist presentation. International Society of Digital Medicine. 9/23/20.

Mindfulness Training program for National Cancer Hospital. Live webinar presentation. National Cancer Hospital, December 8, 2019, Hanoi, Vietnam.

Integrated Behavioral Health, Precision Medicine and Machine Learning in Genetic Research to Prevent Birth Defects. NHC Laboratory of Birth Defect for Research and Prevention, Faculty presentation, December 1, 2019. Changsha, China.

Precision Medicine and Psychiatry for Maternal Child and Health. Annual Maternal and Child Health Conference, November 28, 2019. Chongqing, China.

Mindfulness Training for Substance Abuse Counselors, Patients and Families. Addiction Technology Transfer Center (ATTC), ECHO group Substance Abuse Counselors, September 24, 2019 (Zoom presentation). Hanoi, Vietnam.

Integrated Behavioral Health Psycho-oncology Program for Vietnam Cancer Patients. National Cancer Hospital, 19th National Cancer Control Conference and 50th Anniversary Celebration, July 19, 2019. Hanoi Vietnam.

Motivational Interviewing and Mindfulness Stress Management for Chronic Disease Management. People's Hospital of Guangzhou. Two-day training for cardiologists, physicians, nurses and psychiatrists. October 18-19, 2019, Guangzhou, China.

A Social Worker Workforce for Integrated Behavioral Health Care Delivery. Guangzhou Center for Disease Control. October 17, Guangzhou, China.

Psycho-oncology: Psychological, Behavioral and Lifestyle Interventions to Improve Outcomes for Cancer Patients. Second Annual Nursing Conference hosted by Bach Mai Hospital, July 24, 2019. Hanoi, Viet Nam.

A Comparative Analysis of Integrated Behavioral Health. Chiang Mai Faculty of Nursing. April 29, 2019. Chiang Mai, Thailand.

A Comparative Analysis of Integrated Behavioral Health. College of Health Solutions Annual Integrated Health Conference. March 5, 2019, Tempe, AZ.

Introduction to Behavior Change for Chronic Disease Management. People's Hospital of Guangzhou. Two-day training for cardiologists, physicians, nurses and psychiatrists. April 19-20, 2019, Guangzhou, China.

Psycho-Oncology: An Integrated Behavioral Health Approach to Screening, Assessment and Brief Intervention. National Cancer Hospital, November 28, 2018, Hanoi, Vietnam.

Precision medicine meets psychiatry: Harnessing the big data revolution to improve psychiatric assessment and treatment. Zhejiang Psychiatric Forum. November 23rd, 2018, Hangzhou, China.

Overview of Psychotherapies for Obsessive Compulsive Disorder: From Exposure and Response Prevention to Acceptance and Commitment, Mindfulness, and Low-intensity Therapist-Assisted Treatments. Central Plains International Psychiatric Forum. November 24th, 2018, Xinxiang, China.

Integrated Behavioral Health in Phnom Penh. USAID GDR Scholar 2018 Study Initial Results. Ministry of Health office, Phnom Penh, Cambodia, September 5, 2018,

Integrated Behavioral Health in Bangkok. USAID GDR Scholar 2018 Study Initial Results. Huachiew Chalermprakiet University, Faculty of Social Work and Social Welfare, Bangkok, Thailand, September 2, 2018.

Integrated Behavioral Health in Asia. USAID GDR Scholar Study 2018 Initial Results: Bangkok, Chiang Mai, Thailand, Ho Chi Minh City, Vietnam. Chiang Mai University Faculty of Nursing, August 31, 2018.

Mindfulness-Based Stress Management: Introduction and Practice. Addiction Technology Transfer Center (ATTC), ECHO group Substance Abuse Counselors, July 25, 2019, Hanoi Medical University (In-person and Zoom presentation). Hanoi, Vietnam.

Integrated behavioral health delivery by community health workers in lower- and middle-income countries. Sardjito General Hospital, Department of Psychiatry, Faculty of Medicine, Universitas Gadjah Mada, Yogyakarta, Indonesia. April 27, 2018, Yogyakarta, Indonesia.

HIV/AIDS and mHealth interventions: a review of the evidence. Ho Chi Minh City University of Medicine and Pharmacy. April 10, 2018. Ho Chi Minh City, Vietnam.

Online learning: strategies and techniques. Chiang Mai University, Faculty of Nursing, April 6, 2018, Chiang Mai, Thailand.

Integrated Behavioral Health in Primary Care: Leveraging Community Health Workers and

mHealth, and Wearable Technologies to Prevent and Improve Chronic Disease. Smart IT Solutions for Integrating Health care, Mental Health and Long-term Care: Quest for International Partnership with Community Engagement. November 20, 2017, Pingtung, Taiwan.

Opportunities for Integrated Behavioral Health in Vietnam: Community Health Workers and Transdiagnostic Behavioral Interventions. The 3rd International Conference on Developing an Inclusive Society through Community-Based Approach: Opportunities and Challenges (ICSW2017). November 13, 2017, Ho Chi Minh City, Vietnam.

Integrated Behavioral Health in China: Leveraging A New Professional “Behavioral Consultant” and mHealth Technologies to Achieve the Promise of Chronic Disease Prevention and Management The BIT’s 5th Annual Global Health Conference 2017 (AGHC-2017), November 1, 2017. Taiyuan, China.

The Patient-Centered Medical Home: Integrated Behavioral Health Interventions for Primary Care. The 4th West Lake • International Sleep Medicine Forum and the 2017 Academic Annual Meeting of Zhejiang Medical Association Behavioral Medicine Branch, September 16, 2017, Hangzhou, China.

Green Health for Primary Care Providers: Motivating Patients for Lifestyle Behavior Change. The 4th West Lake • International Sleep Medicine Forum and the 2017 Academic Annual Meeting of Zhejiang Medical Association Behavioral Medicine Branch, September 17, 2017, Hangzhou, China.

The Patient-Centered Medical Home: Integrated Behavioral Health Interventions for Primary Care The 3rd Sino-US Chronic Disease Management Exchange, September 6, 2017. Zhengzhou, China.

Green Health for Primary Care Providers: Motivating Patients for Lifestyle Behavior Change. Presentation at International Conference on Green Health and Care System, sponsored by the National Health Development Research Center, Beijing, China, January 17, 2017.

Training workshop: “Wellness & Health Coach” Certification Training. Real Balance Global Wellness Services Inc. December 13th – 16th of 2016 (32 hours).

Mindfulness Techniques for Post-Traumatic Stress Disorder (PTSD) Training, The 4th Chinese Clinical Psychological Department and Development Sleep Medicine, Guangzhou, China, November 18, 2016.

Developing a Framework for Collaborative, Practice-based Research Using Emerging Health Information Technology, Kaohsiung, Taiwan, 17th Scientific Meeting of Pacific Rim College of Psychiatrists (PRCP), Kaohsiung, Taiwan, November 3, 2016.

Emerging Evidence for Innovative Health Technologies in Support of Recovery for the SMI: From Mobile Phone Apps to Wearables, 17th Scientific Meeting of Pacific Rim College of Psychiatrists (PRCP), Kaohsiung, Taiwan, November 3, 2016.

Perinatal Depression: Prevalence, Symptoms, Screening and Diagnosis, Training, Fengtai Medical District training, Beijing October 14, 2016.

Integrated Care Diagnosis and Treatment for Perinatal Depression, Lecture, Maternal and Child Health Hospital of Hunan Province Training, Changsha October 23, 2016.

The Prenatal Depression Interpersonal Treatment Program, Training Fengtai Medical District training, Beijing, October 15, 2016.

Kessler, R., O'Donnell, R., Wojcik, J. Scaling screening and assessment in primary care: Assessment based stepped care for population health treatment. Presentation. CFHA Annual Conference, October 13-14, 2016.

Clarke, D., O'Donnell, R., & Svoboda, J. There's an App for that: Treatments for Medically Unexplained Symptoms in Primary Care Associated with Cost Savings and Return on Investment. CFHA Annual Conference, October 13-14, 2016.

Shared Decision Making, Patient Engagement, Activation and Self-management, Lecture, The 7th hospital of Shaoxing, China, October 21, 2016.

Mindfulness for Physicians and Nurses, Lecture, The 7th hospital of Shaoxing, China, October 18, 2016.

Behavioral Health Management in the Recovery of Psychiatric Disorders, Training, The 2016 Henan Mental Health Annual Conference, Zhengzhou, China, May 14, 2016

Risk assessment and Cognitive Behavioral Therapy for Refractory Schizophrenia, Training, The 2016 Henan Mental Health Annual Conference, Zhengzhou, May 13, 2016.

Disease management in the USA under The Affordable Care Act (The Obama health care plan), Maternal and Child Health Hospital of Hunan Province Training, Changsha May 9, 2016.

Integrated Behavioral Health Treatment, Lecture, The Second General Health Summit Conference/Workshop of Research Development of Treatment of Comorbid Depression, Diabetes and Heart Disease, Huzhou, April 2016

Cognitive Behavioral Treatment (CBT) for Insomnia with Depression, The first West Lake International Sleep Medicine Forum April 21, 2016.

Disease management: Balancing Pharmaceutical and Behavioral Interventions, The 2nd Sino-US Chronic Disease Management Conference, Beijing, China, April 15, 2016.

Prenatal and Postpartum Depression and Perinatal Depression: Using APPS for Treatment and Self-management, Training, Fengtai Maternal and Child Health Hospital, Beijing, April 14, 2016

Psychiatric Crisis Screening and Evaluation: Risk management, violence and suicide prevention, Henan Province Mental Health Center training, Henan, November 4-5, 2015.

Diabetes disease management platform: leveraging logistics, information technology and behavioral health risk management to engage patients and providers, November, 2015.

Integrated Behavioral Health for HIV/AIDS: Primary Care Behavioral Health and Population Health Management Pathways to Patient Self-Management and Whole Health, The 6th National Scientific Conference on HIV/AIDS, Hanoi, Vietnam, November 24, 2015.

Practical Skills for Chinese Physicians in Chronic Disease Management: Translating Evidence-based Western Treatments for Chronic Medical and Behavioral Conditions, West Lake International Conference on General Practice, Hangzhou, October 23, 2015

A Framework for International, Collaborative, Practice-based, Comparative Effectiveness Research in Community Mental Health, Developing a Collaborative Research Platform and Professional Training Workshops for Community Mental Health in Developing Countries, Lecture, WPAIC Child Development Forum, Taipei, Taiwan, November 21, 2015.

Harnessing the Power of Health Technology to Improve Patient Care and Clinic Practice in Community Mental Health: From Mobile Apps to Big Data” , Lecture, Research in Community Mental Health, Developing a Collaborative Research Platform and Professional Training Workshops for Community Mental Health in Developing Countries, Taiwan, November 19, 2015.

Peer-led Interventions to Improve Medical Self-Management and Support for Patients with Severe Mental Illness Delivered in Psychiatric Hospital or Community Mental Health Clinic Settings, Taiwan, 2015

Psychiatric Crisis Screening and Evaluation: Risk management, violence and suicide prevention, Henan Province Mental Health Center training, Henan, December 4-5, 2015.

The Seven Principles for Making Marriage Work: A Pre-Marital Educational Program for Couples, Fengtai Medical District training, Beijing, December 1-2, 2015.

Treating Somatization with a Population Health Management Approach: Screening, Assessment, Treatment and Follow-up for Improved Clinical and Cost Outcomes, Zhongda Hospital, Southeast University, Nanjing, China, November 24, 2015.

Behavioral Health Management of Gastrointestinal Functional Disorders, 301 Hospital training, Beijing, November 13-14, 2015.

Applications of Big Data in Hospital Psychiatric Emergency Services, Lecture, Huilongguan Hospital, Beijing, October 25, 2015.

Behavioral Health Management for Somatoform Disorders: Screening and Evaluation, Treatment and Follow-up, Lecture, the 2nd International Psychosomatic Medicine Conference, Nanjing, China, October 24, 2015

Behavioral Health Management of Type 2 Diabetes, Zhengzhou Big Bridge Hospital, Zhengzhou, October 21-22, 2015.

Behavioral Health Management of Gastrointestinal Functional Disorder, Training, 301 Hospital. Beijing, July 29-30, 2015.

Psychiatric Emergency Treatment, Training, Beijing, China. June 4-5, 2015.

Cognitive Behavioral Therapy for Schizophrenia and Psychosis, Lecture, The 2nd Serious Mental Illness Assessment and Psychological Counseling Conference. Zhengzhou, China. May 14, 2015.

Cognitive Therapy for Insomnia. The 1st West Lake International Sleep Medicine Forum. Hangzhou, China, May 20, 2015.

Behavioral Activation for Depression and Advanced Cognitive Behavioral Therapy Techniques for Complex Cases, Training, Fengtai Medical District, Beijing, November 28-29, 2014.

Child Behavioral Health Problems in Primary School: Practical Approaches to Assessment and Management. Training, Primary school counselor and teachers, Zhuhai, November 26-27, 2014.

Personality and Family Systems: New Perspectives in Psychological and Psychiatric Diagnosis and Treatment, Lecture, The 4th Chinese Clinical Psychological Department and Development Sleep Medicine, Guangzhou, November 23, 2014.

Peer Recovery and Family-based Patient Self-Management Program for Patients with Serious Mental Illness (SMI), Hangzhou Psychiatry Conference, Hangzhou, November 21, 2014.

Key Knowledge and Skills for Behavioral Health Workers Integrated Behavioral Health: The Future of Counseling and Psychotherapy. Second Substance Use Disorders and HIV in Vietnam Conference: Towards a Comprehensive Care for Substance Users: Integration of SUD, HIV and other services. Hanoi Vietnam, August 16, 2014