

## **Janelle M. Griffo, PhD**

[jmweinbe@asu.edu](mailto:jmweinbe@asu.edu)

### **EDUCATION**

#### **Doctorate (PhD) in Education - Learning, Literacies, and Technologies**

- August 2017 – 2021, Mary Lou Fulton Teachers College, Arizona State University;  
Defense date: June 25, 2021
- Physical Education and Elementary Literacy research foci

#### **Master of Elementary Education**

- May 2019 - Department of Teaching and Learning, Northern Arizona University

#### **Master of Physical Education**

- December 2016 - Mary Lou Fulton Teachers College, Arizona State University

#### **Bachelor of Arts in Education**

- May 2014 - Physical Education Department, Mary Lou Fulton Teachers College, Arizona State University

### **PROFESSIONAL POSITIONS**

- **Faculty Associate** (2021 - Present); the Physical Education Department at Arizona State University, Mesa, AZ 85212
- **Instructor of Record and Graduate Teaching Assistant** (2018 - 2020) for the Physical Education Department at Arizona State University, Mesa, AZ 85212
- **Student Teacher Supervisor** (2020 - 2021) of Elementary and Middle School level grades at Arizona State University
- **Graduate Research Assistant** (2017 - 2021) at Arizona State University, Tempe, AZ 85281
- **Elementary and Middle School Physical Education Teacher** (2014 - 2017) in Gilbert, AZ 85295
- **Middle School Athletic Director** (2016 - 2017) in Gilbert, AZ 85295
- **4<sup>th</sup>-and 5<sup>th</sup>-Grade Math and Reading Interventionist** (2015 - 2017) in Gilbert, AZ 85295

- **Middle School Volleyball Coach** in Gilbert, AZ 85295
- **5<sup>th</sup>-grade Softball Coach** in Queen Creek, AZ 85142

## **PUBLICATIONS**

Yu, H., Mulhearn, S.C., van der Mars, H., **Griffo, J.M.**, & Kulinna, P. (2021). Off-hours Physical Activity Facility Use in Public High Schools: Potential vs. Reality. *Research Quarterly for Exercise and Sport*.

**Griffo, J. M.**, Kulinna, P. H., Marttinen, R. H. J., & Batts, S. (2020). A systematic review of integrative practices in physical education (2009-2018). *The International Journal of Education*, 104, 1-8.

**Griffo, J. M.**, Jensen, M., Anthony, C. C., Baghurst, T., & Kulinna, P. H. (2019). A decade of research literature in sport coaching (2005-2015). *International Journal of Sports Science & Coaching*, 14(2), 205-215.

**Griffo, J. M.**, Kulinna, P. H., Pangrazi, C. & Hicks, L. (2018). Becoming one in the fitness segment: physical education and mathematics. *The Physical Educator*, 75(4), 647-660.

## **NON-REFEREED PUBLICATIONS**

Kulinna, P. H., Yu, H., Mulhearn, S. C., **Griffo, J. M.**, & Mason, A. (2020). *HealthWorks: Fitness for Life program final report (Program Summary & Highlights 2012 - 2020)*. Mesa AZ: Arizona State University.

## **GRANTS**

**Griffo, J. M.** (2021). Book it, 1st Grade! Keeping the "Physical" in Physical Education while Integrating Children's Literature. Awarded by the 2021 Learning, Literacies, and Technologies Dissertation Research Grant Committee \$1,000.

**Griffo, J. M.** (2020). Book it, 1st Grade! Keeping the "Physical" in Physical Education while Integrating Children's Literature. Funded by the ASU Graduate and Professional Student Association (GPSA): Graduate Research Support Program \$1335.

**Griffo, J. M.** (2020). A Systematic Review of Integrative Practices for Physical Education (2009-2018). Funded by the ASU Graduate and Professional Student Association (GPSA): Individual Travel Grant \$883

**Griffo, J. M.** (2020). Beyond Perceived Appearances: Recess and Physical Education Policy Adherence. Funded by the ASU Graduate and Professional Student Association (GPSA): JumpStart Research Grant \$625

**Griffo, J. M.** (2019). A Decade of Research Literature in Sport Coaching (2005-2015). Funded by the ASU Graduate and Professional Student Association (GPSA): Individual Travel Grant \$838

van der Mars, Kulinna, P. H., Mulhearn, S., Yu, H., & **Griffo, J. M.** (2017). Public high school physical activity facility-use during non-school hours. Funded by the Mary Lou Fulton Teachers College \$10,897.50

## **PUBLISHED ABSTRACTS**

Yu, H., van der Mars, H. Kulinna, P. H., Mulhearn, S. C., & **Griffo, J. M.** (2019). Teachers' perceptions of a Sport Education App. *Research Quarterly for Exercise and Sport*, 90, A16.

Yu, H., Kulinna, P. H. Mulhearn, S. C., **Griffo, J. M.** & McLeod, C. E. (2019). High school students' perceptions of using desk cycles. *Research Quarterly for Exercise and Sport*, 90, A8.

Mulhearn, S. C., Kulinna, P. H., **Griffo, J. M.**, & Yu, H. (2019). Funders' and Gatekeepers' Views of CSPAP. *Research Quarterly for Exercise and Sport*, 90, A6.

**Griffo, J. M.**, Mulhearn, S. C., Kulinna, P. H., Yu, H., & Whisonant, C. (2018). Ecological Roadmap: Key Facilitators to Healthy School Changes. *Research Quarterly for Exercise and Sport*, 89, A75-A75.

Whisonant, C. T., **Griffo, J.M.**, Kulinna, P. H., Mulhearn, S., & Yu, H. (2018). Stakeholders' Views of Culture Changes Promoting Healthy Schools. *Research Quarterly for Exercise and Sport*, 89, A71-A72.

## **RESEARCH PRESENTATIONS**

### **International/National Presentations**

Mulhearn, S. C., Kulinna, P. H., Yu, H., **Griffo, J. M.**, McLeod, C. (2021, April). *Equipping high school classrooms to support physical activity*. Proposal accepted for presentation at the 2021 American Educational Research Association Convention, virtual conference.

Yu, H., Kulinna, P. H., Mulhearn, S., **Griffo, J. M.**, Mason, A., & Parmar, R. (2021, April). *Ongoing professional development for teachers in rural schools*. Poster given virtually for the SHAPE America National Convention, Baltimore, MD. (poster)

**Griffo, J. M.**, Kulinna, P. H., Yu, H., Mulhearn, S. C., Mason, A., & Parmar, R. (2021, April). Sustaining or Abstaining? Teacher's Social Capital regarding Healthy School Cultures. Presentation given virtually for the *Society of Health and Physical Educators America*, Baltimore, MD. (oral)

Mason, A., Kulinna, P. H., Mulhearn, S. C., Yu, H., **Griffo, J. M.**, & Parmar, R., (2021, April). Ecological Factors and Sustainability of Comprehensive School Physical Activity Programs. Poster given virtually for the Society of Health and Physical Educators (SHAPE) America annual conference.

Mulhearn, S. C., Kulinna, P. H., Yu, H., **Griffo, J. M.**, & Mason, A. (2021, April). The many faces of motivation in sustainability. Presentation given virtually for the Society of Health and Physical Educators (SHAPE) America annual conference, Baltimore, MD. (oral)

**Griffo, J. M.**, Kulinna, P. H., Yu, H., Mulhearn, S. C., Mason, A., & Parmar, R. (2021). Sustaining or Abstaining? Teacher's Social Capital regarding Healthy School Cultures. Paper under consideration for presentation at the *Society of Health and Physical Educators*, SHAPE America, Baltimore, MD.

Mason, A., Kulinna, P. H., Mulhearn, S. C., Yu, H., & **Griffo, J. M.**, & Parmar, R. (2021). Ecological Factors and Sustainability of Comprehensive School Physical Activity Programs. Paper under consideration for presentation at the *Society of Health and Physical Educators*, SHAPE America, Baltimore, MD.

Mulhearn, S. C., Kulinna, P. H., Yu, H., **Griffo, J. M.**, Mason, A., & Parmar, R. (2021). Ecological Factors and Sustainability of Comprehensive School Physical Activity Programs. Paper under consideration for presentation at the *Society of Health and Physical Educators*, SHAPE America, Baltimore, MD.

Yu, H., Kulinna, P. H., Mulhearn, S. C., **Griffo, J. M.**, Mason, A., & Parmar, R. (2021). Ongoing Professional Development for Teachers in Rural Schools. Paper under consideration for presentation at the *Society of Health and Physical Educators*, SHAPE America, Baltimore, MD.  
Yu, H., Mulhearn, S., Kulinna, P. H. & **Griffo, J. M.** (2020, April). Voices from the recess field: Perceptions of recess equipment provisions. Paper accepted for presentation at the *American Education research Association Convention*, San Francisco, CA (conference cancelled).

Mulhearn, S. C., Yu, H., **Griffo, J. M.**, van der Mars, H., & Kulinna, P. H. (2020). Seasonality and off-hours high school facility use. Paper accepted for presentation at the Society of Health

and Physical Educators (SHAPE) America national conference, Salt Lake City, UT (conference canceled).

Kulinna, P. H., Mulhearn, S., Yu, H., **Griffo, J. M.**, Mason, A., & Jordan, M. (2020). Sustainability in Whole of School Health Programming. Paper to be presented at the TCDC Education Research Conference (February 28, 2020).

**Griffo, J. M.**, Hodges-Kulinna, P., Marttinen, R. H. J., Battis, S., Yu, H., Mulhearn, S.C., & Mason, A. (2020). Revolutionizing Education (2009-2018): A Systematic Review of Integrative Practices in Physical Education. Paper submitted for presentation at *The American Educational Research Association*, San Francisco, CA.

Yu, H., Mulhearn, S. C., Kulinna, P. H., **Griffo, J. M.** (2020). Voices from the recess field: Perceptions of recess equipment provisions. Paper submitted for presentation at *The American Education Research Association*, San Francisco, CA.

Mulhearn, S. C., Kulinna, P. H., Yu, H., **Griffo, J. M.** (2020). "It was kinda fun": High school teachers thoughts on classroom physical activity. Paper submitted for presentation at *The American Education Research Association*, San Francisco, CA.

van der Mars, H., Mulhearn, S., Yu, H., **Griffo, J. M.**, Kulinna, P.H. (2019). *Facility Use in Public High Schools: A Party Where No One Shows Up?* Paper presented at the AIESEP (Association Internationale des Écoles Supérieures d'Éducation Physique), Adelphi, NY.

**Griffo, J. M.**, Jensen, M., Anthony, C.C., Baghurst, T., & Kulinna, P.H. (2019). *A Decade of Research Literature in Sport Coaching (2005-2015)*. Paper presented at the American Educational Research Association, Toronto, Canada.

Presenting Author: **Griffo, J. M.**; Mulhearn, S.C., Hodges-Kulinna, P., Lorenz, K., & Stylianou, M. (2019). *Planned Detours: Identifying Barriers to Comprehensive School Physical Activity Program Implementation*. Paper presented at the American Educational Research Association, Toronto, Canada.

**Griffo, J. M.**, Jensen, M., Anthony, C.C., Baghurst, T., & Kulinna, P.H. (2018). *Research Literature in Sport Coaching: An 11-Year Review*. Paper presented at the Arizona Educational Research Organization, Tempe, AZ.

Kulinna, P.H., Mulhearn, S., Yu, H., **Griffo, J. M.**, Kwon, J.Y., van der Mars, H. (2018). *Assessing PETE Training in Whole of School Approaches (WOS)*. Paper presented at the PETE & HETE Conference, Salt Lake City, Utah.

Kulinna, P. H., & **Griffo, J. M.** (2018). *Merging Content in Physical Education*. AIESEP (Association Internationale des Écoles Supérieures d'Éducation Physique), Paper presented at the Edinburgh, Scotland.

**Griffo, J. M.**, van der Mars, H., Mulhearn, S., Yu, H., Kulinna, P.H. (2018). *Physical Activity Facility Use in Arizona High Schools: Proposal*. Poster Session. Social Science Research, Tempe, AZ.

**Griffo, J. M.**, Kulinna, P. H., Pangrazi, C. & Hicks, L. (2018). *Becoming One: Physical Education and Mathematics*. Paper presented at the American Educational Research Association (AERA), NY, New York.

**Griffo, J. M.**, Mulhearn, S.C., Kulinna-Hodges, P. H., Yu, H., & Whisonant, C. (2018). *Ecological Roadmap: Key Facilitators to Healthy School Changes*. Paper presented at the SHAPE America Convention, Nashville, TN.

Whisonant, C., **Griffo, J. M.**, Kulinna-Hodges, P.H., Mulhearn, S., Yu, H. (2018). *Stakeholders' views of culture changes promoting healthy schools*. Paper presented at the SHAPE America Convention, Nashville, TN.

## Regional Presentations

Mason, A., Yu, H., Mulhearn, S., **Griffo, J. M.**, & Kulinna Hodges P. (2020, February). *HealthWorks: Fitness for Life Follow Up Study*. Graduate Student Research Session. Arizona State University. Mary Lou Fulton Teachers College.

**Griffo, J. M.** (2018). *Physical Activity Facility Use in Arizona High Schools: Proposal*. Poster Session. Teachers College Doctoral Council Education Research Conference, Tempe, AZ.

**Griffo, J. M.** (2017). *Becoming One: Physical Education and Mathematics*. Poster Session. Arizona Educational Research Organization (AERO), Tempe, AZ.

**Griffo, J. M.** (2017). *Becoming One: Physical Education and Mathematics*. Poster Session. Social Science Research, Tempe, AZ.

Kulinna, P. H., Yu, H., **Griffo, J. M.**, Christensen, J. & Shove, C. (2016). *Scholarly Practitioner Updates: What we found in our research projects at our schools (2<sup>nd</sup> annual)*. Paper presented at the Arizona Health and Physical Education Convention, Phoenix, AZ.

**Griffo, J. M.** (2015). *Physical activity in the classroom*. Camp Teach In: TEL 101, Arizona State University, Tempe, AZ.

Pangrazi, C., Smyth, B., Wilson, A., **Griffo, J. M.**, Capon, A., & van der Mars, H. (2014). *Beginning Teachers Panel: Lessons from Experiences of Beginning Physical Educators*. Arizona Health and Physical Education Convention, Phoenix, AZ.

## RESEARCH WORKS IN PROGRESS

- HEAL Phoenix
- What Recess Policy? Arizona Senate Bill 1083 Policy Adherence

## AWARDS AND HONORS

- **‘Honorable Mention’** (2021) - Graduate Student Poster Competition, Social Science Research
- **‘Arijit Guha Graduate Student Advocacy Award’** (2019) – Awarded by the Graduate and Professional Student Association at Arizona State University - Recognition for exemplary advocacy at Arizona State University and local communities
- **‘Outstanding Research Award’** (2018) – Awarded by the Graduate and Professional Student Association at Arizona State University - Recognition for the exemplary research conducted at Arizona State University and local communities
- **‘Distinguished Paper/Outstanding Graduate Student Paper Award’** (2017) - awarded at the Arizona Educational Research Organization (AERO 2017) and presented at the American Educational Research Association (AERA 2018)
- **‘Honorable Mention’** (2017) - Graduate Student Poster Competition, Social Science Research
- **Arizona State University Doctoral Fellowship and Scholarship (2017-2021)**
- Chosen as the **‘Exceptional Student for Physical Education’** (2016) to lead others at the graduation ceremony
- **‘Teacher of the Month’** (2016) for Imagine Schools at West Gilbert
- **‘Teacher of the Month’** (2015) for Imagine Schools at West Gilbert

## SERVICE

- **Mentor for Arizonans for Children, Inc.** (2019 - 2021)

- **Treasurer of the Teachers College Doctoral Council (2018-2020)**
- **Bible Study Teacher (2014-2018)** at Redemption
- **Lead Female Worship Singer (2014-2018)** at Redemption