

## Curriculum Vitae

Elizabeth Leigh Frias  
Mary Lou Fulton Teachers College  
Arizona State University  
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### EDUCATION

Arizona State University, Tempe, AZ Ph.D. in Curriculum and Instruction Emphasis: Curriculum Studies Dissertation: <i>Mindfulness Practitioners in the Classroom</i>	Ph.D.	2015
University of New Mexico, Albuquerque, NM Master of Arts in Secondary Education Secondary Education in Communication Arts Program	MA	2002 2001
University of Houston, Houston, TX Bachelor of Business Administration in Management Minor in English	BA	1996

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### PROFESSIONAL EXPERIENCE

Arizona State University  
Mary Lou Fulton Teachers College  
Division for Teacher Preparation  
Instructor  
2014 - present

Senior Program Strategist, Graduate Programs  
2022 - present

Teach For America  
Manager, Teacher Leadership and Development  
2013 – 2014

Ed Coaching, LLC  
Instructional Coach  
Spring 2013

Arizona State University  
Supervisor for Teacher Candidates, Graduate and Undergraduate Level  
2010 – 2013

Instructor  
2010 – 2013

Springboard Publishing  
Curriculum Developer  
2011 – 2013

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#### PUBLIC SCHOOL TEACHING EXPERIENCE

English and Humanities Teacher  
2005 - 2010    Virtual High School, Las Vegas, NV  
                    English Department Chair

2004 - 2008    Greenspun Junior High School, Henderson, NV  
                    English Department Chair  
                    Forensics Club Sponsor

English, History, and Humanities Teacher  
2003 - 2004    Lincoln Middle School, Santa Monica, CA  
English Teacher  
2001- 2003    Manzano High School, Albuquerque, NM  
Secondary Intern Teacher  
2000 - 2001    Manzano High School, Albuquerque, NM  
Teaching Assistant  
1999 - 2000    Manzano High School, Albuquerque, NM

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#### HONORS AND AWARD

2021    Nomination, ASU Outstanding Faculty Mentor Awards, student nomination.  
2012    University Graduate Fellowship Recipient, Arizona State University  
2002    Graduated with the Honor of Distinction, University of New Mexico

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#### CERTIFICATIONS

NIET: Aspiring Teacher Rubric	Spring 2021 to Present
NIET: TAP System for Teacher and Student Advancement	Fall 2011- Spring 2021
Mindfulness Fundamentals	Summer 2012
Teacher Expectation and Student Achievement	Spring 2002

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#### PUBLICATIONS

Hyde, A. & Frias, E. L. (2016). Mindfulness education and an education in mindfulness: Still seeking a less coercive “wheel in the head.” *Journal for Peace and Justice Studies-Special Issue II: Peace, Justice and Education*, 25 (1), 81-104.

## BLOGS

Frias, E. L. (2015, November 2). For real change in education, try mindfulness, (blog). *Huffington Post*. [http://www.huffingtonpost.com/elizabeth-frias-phd/education-mindfulness\\_b\\_8438986.html](http://www.huffingtonpost.com/elizabeth-frias-phd/education-mindfulness_b_8438986.html)

Frias, E. L. (2015, September 8). Rethinking professional development: Using mindfulness to explore the emotional labor of teaching, (blog). *Huffington Post* [http://www.huffingtonpost.com/elizabeth-frias-phd/rethinking-professional-development-using-mindfulness-to-explore-the-emotional-labor-of-teaching\\_b\\_8093826.html](http://www.huffingtonpost.com/elizabeth-frias-phd/rethinking-professional-development-using-mindfulness-to-explore-the-emotional-labor-of-teaching_b_8093826.html)

Frias, E. L. (2015, August 21). Mindfulness for teachers: Considering teachers’ social and emotional well-being, (blog). *Huffington Post*. [http://www.huffingtonpost.com/elizabeth-frias-phd/mindfulness-for-teachers\\_b\\_8023544.html](http://www.huffingtonpost.com/elizabeth-frias-phd/mindfulness-for-teachers_b_8023544.html)

## DISSERTATION

Frias, E. L. (2015). *Mindfulness practitioners in the classroom: An exploration of lived experiences* (Order No. 3689679). Available from ProQuest Dissertations & Theses Global. (1679283923).

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## PRESENTATIONS

### PROFESSIONAL CONFERENCE

Frias, E. L., Oakes, W. P., & Thompson, N. L. (2023, Feb 25). *Preparing teachers FOR the profession while they are IN the profession: School district - university partnerships for creating responsive and accessible teacher preparation pathways*. Innovation through Inspiration: Remembering the Past to Revolutionize the Future, American Association of Colleges for Teacher Education (AACTE) 75<sup>th</sup> Annual Meeting. Indianapolis, IN.

Frias, E. L., Thompson, N. L., Villarruel, H., Oakes, W. P., Basile, C. (2023, Feb 24). *Using data for continuous improvement: responding to local and national contexts to build a responsive graduate teacher preparation program*. Innovation through Inspiration: Remembering the Past to Revolutionize the Future, American Association of Colleges for Teacher Education (AACTE) 75<sup>th</sup> Annual Meeting. Indianapolis, IN.

Frias, E. L. (2016). *Mindful teachers and their classroom experiences*. Poster presented at U.C. San Diego: Bridging the Hearts and Minds of Youth Conference, San Diego, CA.

Frias, E. L. (2015). *Mindful teachers and their classroom experiences*. Poster presented at University of Washington: Mindful Families, Schools and Communities: Research-to-Practice Promoting Child Well-being, Seattle, WA.

- Frias, E. L. (2015). *Mindfulness in education: Attending to and cultivating teachers' well-being*. Conversation session at Teacher Education Division of the Council for Exceptional Children, Tempe, AZ.
- Andrelchek, A. & Frias, E. L. (2014, Nov 7). *Mindful art making*. Arizona Art Education Association. Tempe, AZ.

#### PROFESSIONAL WORKSHOPS

- Frias, E. L. (2016, July). *How to thrive, not just survive: Mindfulness for educators*. Teach For America 2016 Corps Member Orientation, Phoenix, AZ.
- Frias, E. L. (2016, May-April). *Mindfulness for educators: Cultivating personal and professional well-being*, Six-week workshop. Mindfulness First, Scottsdale, AZ.
- Frias, E. L. (2015-2016). *Mindfulness in education*. Series of seven workshops presented to the staff at Crockett Elementary, Phoenix, AZ.
- Frias, E. L. (2016, April). *Mindfulness for teachers: Part two, acknowledging the importance of self-care*. Teach For America All Corps Event, Phoenix, AZ.
- Frias, E. L. (2015, September). *An introduction to mindfulness for teachers*. Teach For America All Corps Event, Phoenix, AZ.

#### PROFESSIONAL PRESENTATIONS

- ASU Prep Digital + MLFTC Mentor Teacher Training (2022, May 6).
- Grad Student Virtual Event - Semester 1 Faculty Panel. (2021, September 27).
- Teach For America/ASU Partnership Presentation (2018, June 4).
- Teach For America/ASU Partnership Presentation (2019, May 19).

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#### TEACHING

- (Grand Instructor Mean for the Last Three Years: 3.8)
- SED 403: Secondary Principles, Curriculum Methods
- SED 496: Clinical Experience III
- SED 557: Internship I
- SED 567: Internship II
- SED 571: Apprentice Teaching I
- SED 574: Apprentice Teaching II
- SED 576: Internship III
- SED 578: Residency
- SED 579: Apprentice Teaching III
- SED 596: Apprentice Teaching III
- BLE 407: SEI for Secondary Students
- EED 521: Instruction Planning for Diverse Learners
- EED 579: Apprentice Teaching

EED 593: Applied Project  
ELL 515: Structured English Immersion  
SED 501: Intro to Effective Instruction  
SED 522: Secondary School Curriculum  
SED 533: Mid/Sec Instruction, Management, Assessment  
SED 593: Applied Project  
TEL 505: American Education System

#### CURRICULUM DESIGN

2022 Crosswalk of ATR Rubric and Danielson Framework for Mesa Public Schools Partnership

2021 Co-developed Professional Experience Courses

EED/SED 557, SPE 556: Internship I

EED/SED/SPE 571: Apprentice Teaching I

EED/SED 567, SPE 570: Internship II

EED/SED/SPE 574: Apprentice Teaching II

EED/SED/SPE 578: Residency

EED/SED/SPE 576: Internship III

EED/SED/SPE 579: Apprentice Teaching III

EED/SED/SPE 596: Residency

EED 582: Elementary Residency for Dual Certification

SPE 581: Special Education Residency for Dual Certification

2021 Co-developed TEL 511: Research and Evaluation in Education

2021 Co-developed EED/SED/SPE 593: Applied Project

2021 Developed SED 510: General Methods and Assessment

2021 Co-developed TEL 517: Creating Equitable Learning Environments: Decision-making and Action

2021 Designed assessments and developed training modules for professional experience courses: Graduate Mentoring Progress Reports, Walkthroughs, Performance Assessment Forms, Feedback Forms and Protocol

2018 Co-developed SED 403: General Methods for Secondary Education

#### MENTORSHIP

Gwendolyn Cooper, Ed.D, Leadership and Innovation, Mary Lou Fulton Teachers College, ASU (expected completion Spring 2023), Committee Member

Taylor Tarbutton, Ed.D, Leadership and Innovation, Mary Lou Fulton Teachers College, ASU (expected completion Fall 2023), Committee Member

Heather Villarruel, Ed.D., PROGRAM HERE, College of Education, Northern Arizona University (expected completion Spring 2023), External Committee Member

Rachel Hallquist, Ed.D, Leadership and Innovation, Mary Lou Fulton Teachers College, ASU (Fall 2018), Committee Member

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**GRANT FUNDED PROJECTS**

2022 Egypt: Teacher Excellence Initiative (2022-2027). USAID 72026321RFA00004. (\$49,500,000). Prime Education Development Center (EDC). Role: Sub-award recipient (\$2,716,000)  
Role: Work Group Member

**PROPOSALS UNDER REVIEW**

2022 Georgia: Educating the Future (under review). USAID Notice of Funding Opportunity 72011423RFA00001.  
Role: Proposal Contributor - Pre-service Teacher Preparation and Universal Design for Learning Content Expert

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**SERVICE**
**Service to Mary Lou Fulton Teachers College**

2022 – present Senior Strategist, Graduate Pathways Design TAG  
 2022 – present Senior Strategist, Graduate Pathways Faculty Support TAG  
 2022 – present Senior Strategist, Scheduling and Staffing TAG  
 2022 – present Meta PI Community of Practice  
 2022 Search committee member, Clinical Assistant Professor, Secondary Education  
 2022 Teach For America: Credentialing Partner Request for Proposals  
 2022 Los Angeles County Teacher of the Year Luncheon  
 2022 Dream Zone Ally Training for MLFTC  
 2022 ADE Application for Special Education Single Certification, Domains 1, 2, & 3  
 2022 ADE Application for Special Education Grad Certificate, Domains 1, 2, & 3  
 2021 – 2022 Professional Experience Strategist, Graduate Teacher Preparation  
 2020 – 2022 Staffing and Scheduling, Graduate Pathways  
 2021 Led ADE application for Domain 3: Professional Experience. I; Contributor to ADE application for Domains 1 & 2 for all pathways (EED, SED, and SPE)  
 2020 Ad Hoc Committee for EPP Suicide Prevention Mandate  
 2020 Graduate Teacher Prep Redesign Team  
 2019 Scheduling and Staffing for MAC and InMAC Programs

2019	Search committee member, Clinical Assistant Professor, Secondary Education and Math
2019	Personalized Learning Workshop
2019	Meet the Faculty MLFTC Graduate Recruiting Event
2019	Habits of Systems Thinking Workshop
2019	D1 Redesign Core Team
2018	Search committee member, Wellness Counselor
2018	Search committee chair, Clinical Assistant Professor/Instructor, Elementary and Secondary Education
2018	Scheduling and Staffing for MAC and InMAC Programs
2018	Character Education Symposium
2018	Meet the Faculty MLFTC Graduate Recruiting Event
2018	Well Being Cluster, Internal Review Group
2018	Reimagining Educator Preparation Working Group
2017 - present	Coordinator, Teach For America (TFA) Phoenix Partnership
2017 - 2021	InMAC Program Strategist
2017 - 2021	Masters and Certification (MAC) Program Coordinator
2017	MLFTC Graduate Programs Showcase
2017	Washington Elementary SD, Graduate Programs Recruiting Event
2016	Co- Scheduling and Staffing for MAC and InMAC Programs
2016	MLFTC Graduate Programs Showcase
2016	Cave Creek USD, Graduate Programs Recruiting Event

### Service to the Profession

2021	Focus group and pilot participant, NIET ATR
2021	Reviewer, <i>Educational Research</i>
2020	Reviewer, Good to Go: Gaining, Using, Sharing, and Losing Classroom Authority
2020	Teach For America Teacher Wellness Training
2019	Teach For America, Phoenix, Induction Ceremony
2019	Teach For America, Institute Leadership Conference
2018	Teach For America, New Corps Member Luncheon
2018	Teach For America, Institute Leadership Conference

2017 Teach For America Celebration Dinner  
2017 CEEDAR State Leadership Team  
2011-2012 Section Editor, *Current Issues in Education*

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PROFESSIONAL LEARNING

2022

ASCD Virtual Author Workshop: Teaching for Deeper Learning with Jay  
McTighe  
ACEEP/CEEDAR State Meeting  
Arizona Induction Symposium

2021

MLFTC Equity Council's Learning from Black Abolitionists: In Pursuit of Genius and Joy  
workshop  
Equity Reading Group  
NIET Virtual Conference (March)  
Carnegie Summit, iLead – Improvement Science sessions

2019

Effective Learning Environments Observation Tool (ELEOT)

2017

CEEDAR, Cross-State Convening, Chicago, IL

2015

Crockett Elementary: Refugee 101 and Working with the Community