

Curriculum Vitae
Allegra Shepherd MS-NED, RN, RNC-OB, C-EFM

Personal Data:

Allegra Shepherd, MS-NED, RN, C-EFM, RNC-OB
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Academic and Professional Preparation:

Nursing	2018	Arizona State University, Phoenix, AZ	Masters of Science-Nursing Education
Nursing	2014	Arizona State University, Phoenix, AZ	Bachelor of Science
Nursing	2011	Chandler-Gilbert Community College, AZ	Associates Applied Science
General Studies	2007	Mesa Community College, AZ.	Associates General Studies

Professional Certifications:

AZ RN	2011-Present	Arizona State Board of Nursing
BLS	2011-Present	American Heart Association
ACLS	2011-Present	American Heart Association
Neonatal Resuscitation Provider (NRP)	2014- Present.	American Academy of Pediatrics/American Heart Association
Certified Electronic Fetal Monitoring (C-EFM)	2016- Present	National Certification Corporation for Obstetric, Gynecologic, and Neonatal Specialties
Registered Nurse Certified-Inpatient Obstetric Nursing (RNC-OB)	2018-Present	National Certification Corporation for Obstetric, Gynecologic, and Neonatal Specialties
AWHONN Intermediate Electronic Fetal Monitoring Instructor	2021-Present	Association of Women's Health, Obstetric and Neonatal Nurses

Professional Experience:

ARIZONA STATE UNIVERSITY, Phoenix, AZ Aug. 2020-Present
Clinical Assistant Professor- Edson College of Nursing and Health Innovation

ARIZONA STATE UNIVERSITY, Phoenix, AZ 2018-Aug 2020
Instructor Edson College of Nursing and Health Innovation

CHANDLER REGIONAL MEDICAL CENTER, Chandler, AZ 2016 - Present
Staff Nurse, Labor and Delivery
 Extra responsibilities include working in OB triage, surgical scrub technician, circulating nurse, PACU nurse, transition nurse, preceptor for new-to-service and new graduate employees.

Shared Governance, Co-Chair 2018 – Dec. 2020

Shared Governance, Member 2021- Present

Anti-Partum Committee Member 2018 – Aug. 2020

Resolve Through Sharing Committee Member 2018 – Aug. 2020

OB OR Committee Member 2019-Aug 2020

BANNER BAYWOOD MEDICAL CENTER, Mesa, AZ 2014 - 2016
Staff Nurse, Labor and Delivery

HONOR HEALTH CARE-Shea Campus, Scottsdale, AZ 2013 to 2015

Staff Nurse, Pulmonary Renal 2014-2015
ACT Team Member

TEMPE ST. LUKE’S HOSPITAL, Tempe, AZ 2012 - 2013
Staff Nurse, Telemetry/Medical Surgical

WESTERN ARIZONA REGIONAL MEDICAL CENTER, Bullhead City, AZ 2011 - 2012
Staff Nurse, Telemetry

CITY OF CHANDLER, Chandler, AZ 1995 - 2015
Aquatic Coordinator 2005-2009

Responsibilities included recruitment and training of staff, budgeting, trained and orientated new management and new staff, taught American Red Cross certification courses, re-structured Jr. Lifeguard program, created training manuals.

Pool Manager 1995-2009, 2009-2015

Taught American Red Cross certification courses

TEACHING RESPONSIBILITIES/ THESIS / APPLIED PROJECTS

Teaching – Credit Courses

Year	Course Title	# of Students	Course type	% of Course Responsibility
2021 Fall	Health and Illness Concepts I NUR 325	84	Didactic	100

2021 Fall	Experiential Learning NUR336	144	Lab/Simulation Course Coordinator	100
2021 Summer	Professional Nursing Concepts: Advanced NUR 405	37	Didactic/Hybrid	100
2021 Summer	Experiential Learning NUR336	72	Lab/Simulation Course Coordinator	100
2021 Spring	Health and Illness Concepts I NUR 325	79	Didactic	100
2021 Spring	Integration of Concepts across the Lifespan NUR 353	64	Didactic	50 (Developmental)
2021 Spring	Experiential Learning NUR336	8	Didactic	100
2020 Fall	Health and Illness Concepts I NUR 325	68	Didactic	100
2020 Fall	Integration of Concepts across the Lifespan NUR 353	70	Didactic	50 (Developmental)
2020 Fall	Experiential Learning NUR336	8	Didactic	100
2020 Summer	Experiential Learning NUR336	72	Lab/Simulation Course Coordinator	100
2020 Spring	Professional Nursing Concepts: Advanced NUR 405	72	Didactic	50 (Co- Instructor)
2020 Spring	Health and Illness Concepts I NUR 325	35	Didactic	50 (Co- Instructor)
2020 Spring	Experiential Learning NUR336	16	Lab/Simulation	100
2019 Fall	Integration of Concepts across the Lifespan NUR 353	60	Didactic	50 (Developmental)
2019 Fall	Experiential Learning II NUR337	15	Lab/Simulation	100
2019 Fall	Experiential Learning NUR336	10	Lab/Simulation	100
2019 Summer	Experiential Learning NUR336	70	Lab/Simulation Course Coordinator	100
2019 Spring	Experiential Learning NUR336	8	Lab/Simulation	100
2018 Fall B	Nursing Practice : Childbearing Family NUR347	8	Clinical	25
2018 Fall A	Nursing Practice : Childbearing Family	8	Clinical	100

	NUR347			
2018 Fall	Experiential Learning II NUR337	7	Lab/Simulation	100
2018 Fall	Experiential Learning NUR336	8	Lab/Simulation	100
2018 Summer	Experiential Learning NUR336	8	Lab/Simulation	100
2018 Spring	Experiential Learning NUR336	8	Lab/Simulation	Nurse Educator Student
2018 Spring B	Health and Illness NUR 325	66	Didactic	Nurse Educator Student
2018 Spring A	Fundamental Concepts in Nursing NUR 352	66	Didactic	Nurse Educator Student

Professional Conferences

Nov. 18, 2021 Arizona State Univ. Holistic Admission Workshop with AACN
August 6-7, 2021 NurseTim- Nuts & Bolts Conference

SERVICE - PROFESSIONAL ORGANIZATIONS

Membership in Professional Organizations

2018 - present Sigma Theta Tau International Honor Society of Nursing, Beta Upsilon
Chapter, Member
2016 - present American Nurses Association (ANA)
2016 - present Arizona Nurses Association (AzNA)
2014 - present Association of Women’s Health, Obstetric, and Neonatal Nurses
(AWHONN)

Service - School Activities

Nov. 5, 2021 Edson College Family Reunion-Volunteer Tour Guide
Oct. 15- Nov. 4, 2021 Prelicensure Assessment Task Force
April, 6, 2021 Sun Devil Maroon Gym Vaccination Pod
March 3 2021 Ashley Tsosie Term 6 PSS Validation
Feb. 2021-Present Prelicensure Course Quality and Consistency Task Force-Member
Feb. 19, 2021 Sun Devil Maroon Gym Vaccination Pod
Feb. 12, 2021 Volunteer Dignity Health Vaccination Pod

Feb. 2021- May 2021	Edson Synch Future Workgroup, Member
Jan 2021- Present	Daisy Committee Co-Chair
Aug 2020- Present	ATI Focus Group
Feb 2018 – April 2018	ASU Grading Scale Task Force, Student Member

Service - Community Activities

Oct 15, 2021	Resolve through Sharing Memorial Service, Committee Member
Oct 15, 2019	Resolve through Sharing Memorial Service, Committee Member
Sept 28, 2019	Heaven’s Hummingbirds 5K walk, fundraiser participant
April 13, 2019	March of Dimes “March for Babies” walk, fundraiser participant
Oct 15, 2018	Resolve through Sharing Memorial Service, Committee Member
April 7, 2018	March of Dimes “March for Babies” walk, fundraiser participant
Feb 5, 2018	Feed My Starving Children volunteer
May –Aug. 2012	Mercy Gilbert Medical Center Hospital volunteer
2009-2012	AMERICORPS
2009-2011	Student Nurses in Action-Vice President