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Education

Doctor of Philosophy , Clinical Psychology, University of Vermont, Burlington, VT	1988
Fellowship, Clinical and Translational Science , University of Vermont Center For Clinical and Translational Science, University of Vermont College of Medicine, Burlington, VT	
Internship , American Psychological Association Approved Internship in Clinical Psychology, Department of Medicine and Surgery, Veterans Administration Medical Center, Northampton, MA	1984-1985
Master of Art , Social Psychology, University of Connecticut, Storrs, CT	1972
Bachelor of Science , Urban Studies, St. Peter's College, Jersey City, NJ	1970

Current Employment and Positions

Director, Dissemination and Implementation , College of Health Solutions Arizona State University	2018-
Research Professor , Integrated Behavioral Health, Biomedical Informatics and Biomedical Diagnostics, Science of Health Care Delivery College of Health Solutions, Arizona State University, Phoenix, AZ	2017-
Research Affiliate , Mayo Clinic Health System, Scottsdale, AZ	2017-
Director , Collaborative Care Research Network of the National Research Network, Leawood, KS	2011-
Senior Scientist , National Research Network, American Academy of Family Physicians, Leawood, KS	2008-

Past Employment and Positions

Active Medical Staff , Department of Medicine Central Vermont Medical Center, Berlin, VT	1991-2017
Clinical Psychologist , Department of Family Medicine, The University of Vermont Medical Center, Berlin, VT	2014-2017
Associate Professor (Research Pathway), Department of Family Medicine, The University of Vermont Medical Center, Burlington, VT	2015-2017
Associate Chair of Research and Evaluation , Doctor of Behavioral Health Program, Arizona State University, Phoenix, AZ	2013-2016
Clinical Psychologist , Fletcher Allen Health Care, Berlin Family Health, Berlin, VT	2002-2016
Assistant Professor (Research Pathway), Department of Family Medicine, University of Vermont College of Medicine, Burlington, VT	2008-2015

Faculty Scholar in Clinical and Translational Science , University of Vermont Center, For Clinical and Translational Science, University of Vermont College of Medicine, Burlington, VT	2008-2012
Director , Primary Care Behavioral Health, Departments of Family Medicine and Primary Care Internal Medicine, Fletcher Allen Health Care, Burlington, VT	2011-2012
Consultant , Fletcher Allen Healthcare Physician PRISM EHR development team, Burlington, VT	2011-2012
Coordinator , Primary Care Behavioral Health in the Vermont Blueprint for Health Patient Centered Medical Home, Burlington, VT	2010-2012
Director , Mountain Affiliates in Psychology, Stowe, VT	1985-2011
Research Director , Collaborative Care Research Network, Leawood, KS	2009-2011
Project Leader , Vermont Integrated Services Initiative at Berlin Family Health, Berlin, VT	2004-2006
Project Director , Medical Response to Change in Health Status as a Function of Harmful Use of Alcohol, Montpelier, VT	2002-2004
Director , Primary Care Behavioral Health in Medicine Integration Project Collaboration between Central Vermont Medical Center, Central Vermont Physician Practice Corporation, and Washington County Mental Health Services, Montpelier, VT	1998-2002
Director , Department of Behavioral Medicine, Copley Hospital, Morrisville, VT	1987-1996
Child and Family Therapist , Washington County Mental Health, Montpelier, VT	1981-1982
Fellow , Training Technical Assistance Trainers Project (TTAT), Eastern Pennsylvania Medical Center, Philadelphia, PA	1981-1982
Founder and Principal , Evaluation Methodology Project, Montpelier, VT	1980-1982
Associate Director for Planning , Washington County Mental Health Services, Montpelier, VT	1978-1982
Mental Health Services Consultant , Vermont Department of Mental Health, Montpelier, VT	1976-1978

Appointments

Dean's Visioning Executive Team , College of Health Solutions, Arizona State University	2017-
Dean's Research Council , College of Health Solutions, Arizona State University	2016-
Graduate Faculty , University of Vermont Graduate College	2016-2017
Mentoring Fellowship for Young Faculty , University of Vermont College of Medicine	2015-2017
Consultant , EPIC Behavioral Health planning group	2016-2018
Member , NIDA CTN Health Care Data Science Task Force	2015-
Member , IPRACTICE National Advisory Council	2015-2017
Member , DARTNet Research Steering Committee	2014-
Senior Scientist , American Academy of Family Physicians	2008-

Chair , Society of Behavioral Medicine and American Psychological Association Financial Models for Implementing Behavioral Medical Services	2012-2015
Consultant , Physician Technical Advisory Group, Green Mountain Care Board Advise Board on clinical and financial models for Vermont's single payer health care system	2012-2013
Director , Clinical Health Psychology Institute Collaboration of Division 38 and Education Directorate American Psychological Association Evidence Based Behavioral Medicine Taskforce Association	2002
Scientific Advisory Board , Primary Care Alcohol Initiative, National Institutes Of Health	2001
President , Vermont Psychological Association	2000-2002
Chair , Scientific Program, Annual Meeting Society for Clinical and Experimental Hypnosis	1998
Director of Training , Society for Clinical and Experimental Hypnosis	1996-1999
Co-chair Annual Meeting Program , Society for Clinical and Experimental Hypnosis, San Francisco, CA	1993
Federal Advocacy Coordinator , American Psychological Association	1991

Certification and Licensure

Arizona Licensed Psychologist #4964

Vermont Licensed Psychologist #233

Diplomat in Health Psychology, American Board of Professional Psychology #6128

Professional Memberships and Activities

Fellow, Society of Behavioral Medicine

Fellow, American Academy of Clinical Health Psychologists

Fellow, American Psychological Association, Divisions 38, 30

Fellow, Society of Clinical and Experimental Hypnosis

Fellow, American Society of Clinical Hypnosis

Fellow, Society of Behavioral Medicine

Review and Study Sections

NIMH Advanced Laboratories for Accelerating the Reach and Impact of Treatments for Youth and Adults with Mental Illness Research Centers	2018
NIMH Clinical Trial Effectiveness	2018
German Federal Ministry of Education and Research clinical trials review	2016
CIHR Project Grant Review	2016
NIDDK Pragmatic trials study section	2016
NIDDK Pragmatic Research and Natural Experiments to Improve Diabetes	2016
Canadian Institutes of Health Cancer Institute study section	2015
NIDDK Training and Mentored Research Section	2014
NIMH Contracts review section	2014
PCORI Cycle 2 Review Panel	2013
OBSSR Dissemination and Implementation Review Section	2012-2014
Canadian Institute of Health Primary care Study Group	2013

NIDDK Translational Research Review Special Study Section	2010-2014
NIH Health Services Organization and Delivery Study Section	2010

Honors and Awards

Committee on Professional Practice and Standards (COPPS), American Psychological Association	2017-2019
UVM Honors College Faculty Seminar, 'Big Data': Engaging and Critiquing the Production of Knowledge in the Digital Age	2014
Lansdowne Group for Health Care Policy	2012
President's Award for Exceptional Contributions to Clinical Health Psychology Division 38 American Psychological Association	1998

Committee Assignments and Administrative Services

Examiner, American Board of Professional Psychology	2017-present
Committee on Professional Practice and Standards (COPPS), American Psychological Association	2017-2018
UVM College of Medicine Strategic Planning Committee: Connecting the Vision to the Finances to Make It Possible	2015-2016
Practitioner Health and Advocacy Committee Fletcher Allen Healthcare	2014-2016
UVM Research and Assessment Methodologies/Identification of Evidence-Based Strategies and Best Practices sub-committee of the President's Student Wellness Task Force	2014-2015
University of Vermont Department of Family Medicine, Research and Scholarly Activity Committee	2014-2016
Chair, Joint Society of Behavioral Medicine/American Psychological Association Committee on Financial Sustainability	2013-2015
Society of Behavioral Medicine, Representative on National Interdisciplinary Committee Recommending Standards for Training of Psychologists to Work in Primary Care	2013
Division 38 APA Continuing Education Committee	2010-2012
Chair, Health Services Committee, Division 38	2010
Chair, Quality and Care Management Committee. Central Vermont Medical Center	2006-2007
Interdivisional Health Care Committee American Psychological	1999-2003
Scientific Advisory Board, Vermont Department of Health	2004

Teaching

Northwestern Medical IBH Workshop	2016
IBC 793 Culminating Project, Arizona State University	2016
Health Economics and Policy, Doctor of Behavioral Health, Arizona State University	2015
Transforming Primary Care and Behavioral Health	2015
Family Medicine Patient Centered Medical Home, second year medical students	2014

Northern Vermont AHEC -The elements of integrated Medical Care	2014
UCLA Behavioral Health and Public Health Policy World Congress of integrated care 4 years from inception-present	2014
Public Health preceptor for Dr. Jan Carney	2010-2013
Bridging the Divide between Behavioral Health and Primary Care	2010-2016
Advanced course: hypnosis and therapy, Virginia Hypnosis Society	1990-1991
Multiple teaching workshops regionally and nationally see presentations	

Mentoring: Faculty

Lisa Ingerski, PhD Emory University School of Medicine	2017-present
Connie van Eeghen, DrPH AHRQ Certificate Program in Practice-Based Research Methods	2016-2018
Brennen Caveney, BA University of Vermont, Honors Enrichment Program	2016-2017
American Board of Professional Psychology, Mentor applicants in preparation of their portfolio and oral examination	2016-

Mentoring: Postdoctoral Scholars

Mindy McEntee, PhD Arizona State University	2018-present
Jessica Clifton, PhD University of Vermont	2017-present
Felicia Trembath, PhD Arizona State University	2016-2018

Chair, Doctoral Students

Tara Weldon, Doctor of Behavioral Health Program, Arizona State University	2017-present
Betsy Fowler, Doctor of Behavioral Health Program, Arizona State University	2017-present
Francine Larzelere, Doctor of Behavioral Health Program, Arizona State University	2017-present
Niina Haas, Doctor of Behavioral Health Program, Arizona State University	2017-present
Kathleen Clark, Department of Nursing, University of Vermont	2015-present
Dawn Ready, Doctor of Behavioral Health Program, Arizona State University	2013-2016

Committee Member, Doctoral Students

Kairn Kelley, CTS Program, University of Vermont	2015-2017
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Mentoring: National PBRN Fellowship Program

Elizabeth Waddell, MD Oregon Health & Science University	2015
Andrew Hunt, MD	2015

Case Western

Constance Van Eeghen, DrPH
 University of Vermont

2016-2017

Intellectual Property

1. Vermont Integration Profile. Web based measure of primary care behavioral health integration.
2. Behavioral Health Screening in PRISM. Developed and tested automated primary care behavioral screening and decision support tool.

Grants and Contract Awards: Current

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| 1. The ASU-Dignity Health Type 2 Diabetes Medical and Behavioral Lifestyle Management Program; PIs= Paul, Kessler, & Angadi; ASU-Dignity Funding; \$249,142 | 2018-2019 |
| 2. Integrating Behavioral Health into Primary Care (IBH-PC); Patient Centered Outcomes Research Institution Award #PCS-1409-24372; PIs= Littenberg & Kessler; PCORI \$18,509,211 | 2016-2021 |
| 3. Predicting Risk of Type 2 Diabetes from Electronic Health Record Data; PI: Pace, W; Role= Site PI | 2016-2021 |
| 4. Longitudinal Evaluation Assessing Diabetes Risk; 200-215-87699; PI= Fishbein, W; Role= Site PI; CDC- \$5,000,000 (\$46,000 for UVM and UVMCC) | 2015-2020 |
| 5. Substance Abuse and Primary Care Response; UG1 DA020024; PI= Walker, R; Role= Consultant; NIDA- \$800,475 (\$62,500 for UVM) | 2015-2019 |
| 6. Translating Telephonic Diabetes Self-Management Support to Primary Care Practice; R18DK098742-01; PIs= Gonzalez & Wu; Role= Consultant; \$2,567,017 | 2013-2019 |
| 7. Developing and Validating a Measure of Behavioral Health in Primary Care Integration; PI= Kessler R; Internal UVM funding; Design, test, and validate a measure of integrated primary care. | 2012-ongoing |

Grants and Contract Awards: Past

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| 1. RE-AIMing Health Care Training: Team Training in Evidence Based Behavioral Interventions – Vermont SBIRT; SAMHSA 1 U79 TI025395-01; PI= Kessler, R. | 2013-2016 |
| 2. A Toolkit to Implement Behavioral Health in Primary Care; NIMH R-03 99157; PI= Kessler, R; Systematize a quality improvement implementation of behavioral health in primary care. | 2013-2015 |
| 3. Care Coordination Enabled by Health IT: What Will It Take; NCQA; PI= Kimmineau, K. Role= Co-I | 2013-2014 |
| 4. AHRQ P30 HS021647-01; AAFP NRN and DARTNet Collaborative PBRN Center of Excellence; PI= Kimmineau, K; Role= Consultant; Develop a national infrastructure for comparative effectiveness; AHRQ- \$499,000 | 2012-2017 |
| 5. Phase III Pro Pragmatic Trial of Behavioral Risk Measures; NCI, OBSSR, AHRQ; PI= Krist, A; Role= Co-I; Test the reach and implementation of an electronic version of the core behavioral risk measures. | 2012-2014 |

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| 6. R01 HS019908-01 AHRQ; SAFTINet: Scalable Architecture for Federated Therapeutic Inquiries Network; AHRQ; PI= Schilling, E; Role= Co-I; Test the feasibility of developing infrastructure for comparative effectiveness research. | 2010-2013 |
| 7. Vermont Blueprint for Health: Fletcher Allen Health Care Patient Centered Medical Home Project; Department of Vermont Health Access; PI= Peterson, T; Role= Co-I; Evaluate the effectiveness of a multi-site Fletcher Allen Health Care PCMH project. | 2011-2012 |
| 8. Department of Vermont Health Access, Contract 0341011002; Primary Care Mental Health Workforce Research Project; PI= Kessler, R; This project is to determine current workforce need and capacity in Patient Centered Medical Homes integrating behavioral health services. | 2011-2012 |
| 9. R-24 AHRQ 1R13HS019462-01; Collaborative National Network Examining Comparative Effectiveness Trials; PI= Miller, S; Role= Co-I | 2010-2012 |
| 10. Patient Centered Medical Home Collaborative; PI= Kessler, R; A National Survey of Mental Health Substance Abuse and Health Behavior Services in the Patient Centered Medical Homes. This project is a survey of all NCQA certified PCMH practices to determine current clinical and organizational response to mental health and substance abuse problems. | 2010-2011 |
| 11. R-13 AHRQ 1R13HS018318-01; Co-PI= Kessler, R; Conference to develop a national agenda for Collaborative Behavioral Health in the Patient Centered Medical Home. | 2008-2009 |
| 12. Project Director, Medical Response to Change in Health Status as a Function of Harmful Alcohol Use. Vermont Department of Health office of Alcohol and Drug –Abuse | Prior to 2000 |
| 13. Project Director, Behavioral Health in Medicine Integration Project, Central Vermont Medical Center | Prior to 2000 |
| 14. Principal Investigator, Evaluation Methodology Project: a collaborative effort between the Vermont Department of Mental Health, Psychology Department of the University of Vermont, and Washington County Mental Health Services to do mental health systems research and evaluation | Prior to 2000 |
| 15. Co-Principal Investigator, Rural Alcohol Initiative; NIAAA; Research into the attitudes and behaviors of rural people. | Prior to 2000 |

Editorial Board Appointments

Editorial Board Journal of the American Board of Family Medicine	2018-2020
Senior Editor Translational Behavioral Medicine: Practice, Policy, Research	2009-2015
Associate Editor Journal of Clinical Psychology in Medical Settings	2009-2012
Consulting Editor Professional Psychology Research and Practice	2009
Editorial Board Family Systems and Health	2008-2012
Editorial Board Journal of Clinical Psychology in Medical Settings	2006-2009
Medical Advisory Board Fifth Edition of The Medical Disability Advisor: Workplace Guidelines for Disability Duration	2004
Editorial Board International Journal for Clinical and Experimental Hypnosis	2000-2003

Reviewer: Scientific Journals

British Medical Journal	2018-present
Annals of Family Medicine	2018-present
Journal of Biomedical Informatics	2017-present

Publications: Peer Reviewed

1. Mullin, D.J., Hargraves, L., Auxier, A., Brennhofner, S.A., Hitt, J.R., **Kessler, R.S.**, Littenberg, B., Macchi, C.R., Martin, M., Rose, G., Trembath, F., van Eeghen C. (2018). Measuring the integration of primary care and behavioral health services: A factor analysis of the Practice Integration Profile. *Health Services Research*. In press.
2. McGovern, M., Dent, K., **Kessler, R.** (2018). A unified model of behavioral health integration in primary care. *Academic Psychiatry*. <https://doi.org/10.1007/s40596-018-0887-5>.
3. van Eeghen, C., Littenberg, B., & **Kessler, R.** (2018). Chronic care coordination by integrating care through a team-based, population-driven approach: A case study. *Translational Behavioral Medicine*, 8(3):468-480.
4. Glenn, B.A., Crespi, C.M., Rodriguez, H.P., Nonzee, N.J., Phillips, S.M., Sheinfeld Gorin, S.N., Johnson, S.B., Fernandez, M.E., Estabrooks, P., **Kessler, R.**, Roby, D.H., Heurtin-Roberts, S., Rohweder, C.L., Ory, M.G., Krist, A.H., & MOHR Study Group. (2018). Behavioral and mental health risk factor profiles among diverse primary care patients. *Preventive Medicine*, 111:21-27.
5. Burdick, T.E., & **Kessler, R.S.** (2017). Development and use of a clinical decision support tool for behavioral health screening in primary care clinics. *Applied Clinical Informatics*, 8(2), 412-429.
6. Hemming, P., Hewitt, A., Gallo, J.J., **Kessler, R.**, & Levine, R.B. (2017). Residents' confidence providing primary care with behavioral health integration. *Family Medicine*, 49(5), 361-368.
7. Macchi, C.R., **Kessler, R.**, Auxier A., Hitt, J., Mullin, D., van Eeghen, C., & Littenberg, B. (2016). The Practice Integration Profile: rationale, development, method, and research. *Families, Systems, & Health*, 34(4), 334-341.
8. **Kessler, R.S.**, Auxier, A., Hitt, J.R., Macchi, C.R., Mullin, D., van Eeghen, C., & Littenberg, B. (2016). Development and validation of a measure of primary care behavioral health integration. *Families, Systems, & Health*, 34(4), 342-356.
9. van Eeghen, C., Littenberg, B., Holman, M.D., & **Kessler, R.** (2016). Integrating behavioral health in primary care using lean workflow analysis: a case study. *Journal of the American Board of Family Medicine*, 29(3), 385-393.
10. Aikens, J.E., Clemow, L., **Kessler, R.S.**, Sieber, W., Goodie, J., & Estabrooks, P. (2016). Primary care behavioral health: integration and translation. *Annals of Behavioral Medicine*, 50 (Supplement), S1-S335.
11. Krist, A.H., Glasgow, R.E., Heurtin-Roberts, S., Sabo, R.T., Roby, D.H., Gorin, S.N., Balasubramanian, B.A., Estabrooks, P.A., Ory, M.G., Glenn, B.A., Phillips, S.M., **Kessler, R.S.**, Johnson, S.B., Rohweder, C.L., & Fernandez, M.E. (2016). The impact of behavioral and mental health risk assessments on goal setting in primary care. *Translational Behavioral Medicine*, 6(2), 212-219.
12. **Kessler, R.**, & Hitt, J.R. (2016). Re: electronic health record challenges, workarounds, and solutions observed in practices integrating behavioral health and primary care [Letter to the editor]. *Journal of the American Board of Family Medicine*, 29(2), 289-290.

13. **Kessler, R.S.**, van Eeghen, C., Mullin, D., Auxier A., Macchi, C.R., & Littenberg, B. (2015). Research in progress: measuring behavioral health integration in primary care settings. *The Health Psychologist*.
14. **Kessler, R.** (2015). Evaluating the process of mental health and primary care integration: the Vermont Integration Profile. *Family Medicine and Community Health*, 3(1), 63-65.
15. Morton, S., Shih, S.C., Winther, C., Tinoco, A., **Kessler, R.S.**, & Scholle, S.H. (2015). Health IT-enabled care coordination. A national survey of patient-centered medical home clinicians. *Annals of Family Medicine*, 13(3), 250-256.
16. **Kessler, R.**, & van Eeghen, C. (2014). Health policy update: panel-based behavioral primary care. *The Health Psychologist*.
17. **Kessler, R.S.** (2014). Invited Commentary. Can we really collect and USE behavioral data in primary care medical decision making? Commentary on Krist et al., *Annals of Family Medicine* [Journal Club].
18. **Kessler, R.** (2014). Invited Commentary. ACP Journal Club: Review: in primary care, screening with the GAD-7 detected anxiety disorder; the PHQ detected panic disorder. *Annals of Internal Medicine*, 161(10), JC 13.
19. Peek, C.J., Glasgow, R.E., Stange, K.C., Klesges, L.M., & **Kessler, R.S.** (2014). The 5 R's: an emerging bold standard for conducting relevant research in a changing world. *Annals of Family Medicine*, 12(5), 447-455.
20. **Kessler, R.**, Miller, B.F., Kelly, M., Graham, D., Kennedy, A., Littenberg, B., MacLean, C.D., van Eeghen, C., Scholle, S.H., Tirodkar, M., Morton, S., & Pace, W.D. (2014). Mental health, substance abuse and health behavior services in patient-centered medical homes. *Journal of the American Board of Family Medicine*, 27(5), 637-344.
21. Glasgow, R.E., **Kessler, R.S.**, Ory, M.G., Roby, D., Gorin, S.S., & Krist, A. (2014). Conducting rapid, relevant research: lessons learned from the My Own Health Report (MOHR) project. *American Journal of Preventive Medicine*, 47(2), 212-219.
22. **Kessler, R.**, Glasgow, R., Krist, A., Sheinfeld Gorin, S., Heurtin-Roberts, S., & MOHR Study Group. What does MOHR have to teach us about patient engagement? Reflections and future directions. (2014). *Annals of Behavioral Medicine*, 47(Supplement 1), S165-S165.
23. Sheinfeld Gorin, S., Heurtin-Roberts, S., Glasgow, R., Johnson, S.B., & **Kessler, R.** (2014). My Own Health Report (MOHR): actionable automated patient-report of psychosocial factors and health behaviors in primary care. *Annals of Behavioral Medicine*, 47(Supplement), S164.
24. Baird, M., Blount, A., Brungardt, Stacy, B., Dickinson, P., Dietrich, A., Epperly, T., Green, L., Henley, D., **Kessler, R.**, Korsen, N., McDaniel S., Miller, B., Pugno, P., Roberts, R., Schirmer, J., Seyour, D., & deGruy, F. (2014). The development of joint principles: integrating behavioral health care into the patient-centered medical home. *Families, Systems & Health*, 32(2), 153.
25. Baird, M., Blount, A., Brungardt, S., Dickinson, P., Dietrich, A., Epperly, T., Green, L., Henley, D., **Kessler, R.**, Korsen, N., McDaniel, S., Miller, B., Pugno, P., Roberts, R., Schirmer, J., Seymour, D., & Degruy, F. (2014). Joint principles: integrating behavioral health care into the patient-centered medical home. *Annals of Family Medicine*, 12(2), 183-185.
26. McDaniel, S.H., Grus, C.L., Cubic, B.A., Hunter, C.L., Kearney, L.K., Schuman, C.C., Karel, M.J., **Kessler, R.S.**, Larkin, K.T., McCutcheon, S., Miller, B.F., Nash, J., Qualls, S.H., Connolly, K.S., Stacin, T., Stanton, A.L., Sturm, L.A., & Johnson, S.B. (2014). Competencies for psychology practice in primary care. *The American Psychologist*, 69(4), 409-429.

27. Rodriguez, H.P., Glenn, B.A., Olmos, T.T., Krist, A.H., Shimada, S.L., **Kessler, R.**, Heurtin-Roberts, S., & Bastani, R. (2014). Real-world implementation and outcomes of health behavior and mental health assessment. *Journal of the American Board of Family Medicine*, 27(3), 356-366.
28. Glasgow, R.E., Brownson, R.C., & **Kessler, R.S.** (2013). Thinking about health-related outcomes: what do we need evidence about? *Clinical and Translational Science*, 6(4), 286-291.
29. Krist, A., Glenn, B.A., Glasgow, R.E., Balasubramanian, B.A., Chambers, D.A., Fernandez, M.E., Heurtin-Roberts, S., **Kessler, R.**, Ory, M.G., Phillips, S.M., Ritzwoller, D.P., Roby, D.H., Rodriguez, H.P., Sabo, R.T., Sheinfeld Gorin, S.N., Stange, K.C., & The MOHR Study Group. (2013). Designing a valid randomized pragmatic primary care implementation trial: the My Own Health Report (MOHR) project. *Implementation Science*, 8, 73.
30. **Kessler, R.S.**, Purcell, E.P., Glasgow, R.E., Klesges, L.M., Benkeser, R.M., & Peek, C.J. (2013). What does it mean to “employ” the RE-AIM model? *Evaluation and the Health Professions*, 36(1), 44-66.
31. Han, E., Hudson Scholle, S., Morton, S., Bechtel, C., & **Kessler, R.** (2013). Survey shows that fewer than a third of patient-centered medical home practices engage patients in quality improvement. *Health Affairs*, 32(2), 368-375.
32. Massa, I., Miller, B.F., & **Kessler, R.** (2012). Collaboration between NCQA patient-centered medical homes and specialty mental health and medical services. *Translational Behavioral Medicine*, 2(3), 332-336.
33. **Kessler R.** (2012). ACP Journal Club. CBT by telephone for depression improved adherence compared with face-to-face CBT in primary care. *Annals of Internal Medicine*, 157(6), JC 3-12.
34. Sieber, W.J., Miller, B.F., **Kessler, R.S.**, Patterson, J.E., Kallenberg, G.A., Edwards, T.M., & Lister, Z.D. (2012). Establishing the Collaborative Care Research Network (CCRN): a description of initial participating sites. *Families, Systems, & Health*, 30(3), 210-223.
35. **Kessler R.S.** (2012). The patient centered medical home: a great opportunity to move past brilliant and irrelevant. *Translational Behavioral Medicine*, 2(3), 311-312.
36. Auxier, A., Runyan, C., Mullin, D., Mendenhall, T., Young, J., & **Kessler, R.** (2012). Behavioral health referrals and treatment initiation rates in integrated primary care: a Collaborative Care Research Network study. *Translational Behavioral Medicine*, 2(3), 337-344.
37. Young, J., Gilwee, J., Holman, M., Messier, R., & **Kessler, R.** (2012). Mental health, substance abuse, and health behavior intervention as part of the patient centered medical home: a case study. *Translational Behavioral Medicine*, 2(3), 345-354.
38. **Kessler, R.** (2012). Mental health treatment initiation when mental health services are incorporated into primary care practice. *Journal of the American Board of Family Medicine*, 25(2), 255-259.
39. **Kessler, R.**, & Glasgow, R.E. (2011). A proposal to speed translation of healthcare research into practice: dramatic change is needed. *American Journal of Preventive Medicine*, 40(6), 637-644.
40. Arscott, W., Costello, B., DiPalma, K., Folkl, A., Malgeri, M., Miller, A., Purtell, R., Bourgo, J., & **Kessler, R.** (2010). Identifying barriers to care in the Burmese and Bhutanese refugee populations of Burlington, Vermont. *Public Health Projects, 2008-present*. Book 36. http://scholarworks.uvm.edu/comphp_gallery/36

41. **Kessler R.** (2010). What we need to know about behavioral health and psychology in the patient-centered medical home. *Clinical Psychology Science and Practice*, 17(3), 215–217.
42. **Kessler R.** (2009). Identifying and screening for psychological and comorbid medical and psychological disorders in medical settings. *Journal of Clinical Psychology*, 65(3), 253-267.
43. **Kessler, R.,** Stafford, D., & Messier, R. (2009). The problem of integrating behavioral health in the medical home and the questions it leads to. *Journal of Clinical Psychology in Medical Settings* 16(1), 4-12.
44. **Kessler, R.** (2008). The difficulty of making psychology research and clinical practice relevant to medicine: experiences and observations. *Journal of Clinical Psychology in Medical Settings* 15(1), 65-72.
45. **Kessler, R.** (2008). Integration of care is about money too: the health and behavior codes as an element of a new financial paradigm. *Families, Systems & Health*, 26(2), 207-216.
46. **Kessler R.** (2005). Treating psychological problems in medical settings: primary care as defacto mental health system and the role of hypnosis. *The International Journal of Clinical and Experimental Hypnosis*, 53(3), 290-305.
47. **Kessler, R.S.,** Patterson, D.R., & Dane J. (2003). Hypnosis and relaxation with pain patients: evidence for effectiveness. *Seminars in Pain Medicine*, 1(2), 67-78.
48. **Kessler, R.,** Dane, J.R., & Galper, D.I. (2002). Controversial assessment of hypnotic ability to promote hypnotic responsiveness. *American Journal of Clinical Hypnosis*, 44(3-4), 273-282.
49. **Kessler, R.** (1999). The consequences of individual differences in preparation for surgery and invasive medical procedures. *Australian Journal for Clinical & Experimental Hypnosis*, 27.1, 40-53.
50. **Kessler, R.** (1999). Is it really such a good idea to integrate behavioral health and primary care? *American Association of General Hospital Psychiatrists*, 21(1), 10-11.
51. Dane, J.R. & **Kessler, R.** (1998). Future developments in professional hypnosis training: a review and critique of available training with consideration for development of a nationally coordinated program. *American Journal of Clinical Hypnosis*, 41(1), 38-54.
52. **Kessler, R.** (1998). The clinical consequences of individual in preparation for surgery and invasive medical procedures: Strategies for tailoring intervention. *Hypnos*, Vol. XXIV, No. 4, 181-192.
53. **Kessler, R.,** & Dane, J.R. (1996). Psychological and hypnotic preparation for anesthesia and surgery: an individual differences perspective1. *International Journal of Clinical and Experimental Hypnosis*, 44(3), 189-207. *Received the Dorcus award for the best paper published in Clinical Hypnosis by the Society for Clinical and Experimental Hypnosis.
54. **Kessler, R.,** & Miller, S.D., (1995). The use of a future time in psychotherapy with and without hypnosis. *American Journal of Clinical Hypnosis*, 38(1), 39-46.
55. Beardsley, C., **Kessler, R.,** & Levin, D. (1984). Education for the young adult chronic client. *Psychosocial Rehabilitation Journal*, 8(1), 44-52.

Publications: Special Editions of Journals

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57. **Kessler, R.** (2009). Special issue: Psychology in the medical home. Guest editor. *Journal of Clinical Psychology in the Medical Setting*, 16(1).
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5. **Kessler, R.** (2012). An outcome and clinical research focus in an integrated care patient-centered medical home. In R. Curtis & E. Christian (Eds.), *Integrating care: creating a thriving practice* (297-310). New York, NY: Routledge
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3. Mullin, D.J., Hargraves, L., Auxier, A.M., Brennhofer, S., Hitt, J.R., **Kessler, R.**, Littenberg, B., Macchi, C.R., Martin, M., Rose, G., Trembath, T., van Eeghen, C. (2018). A Factor Analysis of the Practice Integration Profile. *Collaborative Family Healthcare Association*. 2018
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83. **Kessler, R.** (2007). Reengineering primary care medicine: where does psychology fit? *Third National Conference Association of Psychologists in Academic Health Centers*. Minneapolis, MN. 2006
84. **Kessler, R.** (2006). Screening for psychological disorders and comorbid medical disorders in non-psychiatric medical settings best practices in collaborative healthcare. *Collaborative Family Healthcare Association*. Newport, RI. 2006
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86. Spring, B. & **Kessler, R.** (2005). Evidence-based behavioral medicine and pay for performance. Invited lecture. *World Health Care Congress on Innovation in the Cost-Appropriateness of Behavioral Health and Wellness*. Baltimore, MD. 2005

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90. **Kessler, R.** (2000). The incidence, prevalence and cost of severe psychiatric disorders in primary care. Plenary Address. *Harvard Medical School Trauma Conference*. Cambridge, MA. 2000
91. **Kessler, R.** (1998). Psychological and hypnotic treatments in medicine: three protocols. Workshop. *Society for Clinical and Experimental Hypnosis Annual Meeting*. Seattle, WA. 1998
92. **Kessler, R.** (1997). The prevalence, incidence and cost implications of psychological disorders in medicine. Plenary Address. *Congress of Canadian Hypnosis Societies*. Vancouver. British Columbia, Canada. 1997
93. **Kessler, R., & Brown, D.** (1997). Hypnosis & the treatment of comorbid medical disorders. Boston, MA. 1997
94. **Kessler, R., & Covino, N.** (1997). Mind body medicine: hypnosis and suggestion in treatment of medical problems. *Society for Clinical and Experimental Hypnosis Annual Meeting*. Tampa, FL. 1997
95. **Kessler, R.** (1996). Hypnosis and surgery. *Methodist Hospital Medical Center Grand Rounds*. Albuquerque, NM. 1996
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98. **Kessler, R.** (1995). Clinical practice is from Jupiter, research is from Saturn: does research have any relevance to the clinical practice of hypnosis? Invited address. *American Society of Clinical Hypnosis*. Orlando, FL. 1995
99. **Kessler, R.** (1995). Introduction to clinical hypnosis. *Mount Sinai Medical School*. New York, NY. 1995
100. **Kessler, R., & Patterson, D.** (1995). Hypnosis and behavioral medicine. *Society for Clinical and Experimental Hypnosis*. San Antonio, TX. 1995
101. **Kessler, R.** (1995). Psychological and hypnotic preparation for surgical procedures: strategies that work and those which don't. Invited workshop. *Canadian Society of Clinical Hypnosis*. Banff, Alberta, Canada. 1995
102. **Kessler, R.** (1994). How research informs clinical practice. Chair, Invited panel. *American Society for Clinical Hypnosis Research Meeting*. San Diego, CA. 1994
103. **Kessler, R.** (1994). Individual differences in selection of treatment strategies in the treatment of patients with chronic pain. *American Society of Clinical Hypnosis Research Meeting*. San Diego, CA. 1994

104. **Kessler, R.** (1994). The utilization principle in preparation for anesthesia and surgery. 1994
Invited workshop. *International Congress of Ericksonian Approaches to Psychotherapy and Hypnosis*. Los Angeles, CA.
105. **Kessler, R.** (1994). Hypnosis and acute pain. *International Society of Hypnosis*. 1994
Melbourne, Australia.
106. **Kessler, R.** (1994). Hypnotic and psychological immunoregulation. Invited address. 1994
Brazilian Congress of Psychooncology. Sao Paulo, Brazil.
107. **Kessler, R.** (1994). Psychological preparation for cancer surgery. Invited workshop. 1994
Brazilian Congress of Psychooncology. Sao Paulo, Brazil.
108. **Kessler, R.** (1993). Mind body medicine: clinical and cost implications. *Department of* 1993
Family Medicine, University of Vermont Medical School. Burlington, VT.
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Society of Clinical Hypnosis. Philadelphia, PA.
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Dartmouth Medical School. Hanover, NH.
111. **Kessler, R.** (1993). Conversational approaches to hypnosis in psychotherapy. *Mount Sinai* 1993
Medical Center. New York, NY.
112. **Kessler, R.** (1993). Modifying hypnotic ability in clinical practice. *Chicago Society for* 1993
Clinical Hypnosis. Chicago, IL.
113. **Kessler, R., Olness, K., & Wark, D.** (1993). Teaching teachers to teach hypnosis. *Society* 1993
for Clinical and Experimental Hypnosis. Chicago, IL.
114. **Kessler, R.** (1993). Hypnosis and suggestion in surgery: a simple and complicated 1993
analysis. Invited address. *Society for Clinical and Experimental Hypnosis Scientific Meeting*. Chicago, IL.
115. **Kessler, R.** (1992). Hypnosis and suggestion in anesthesiology and surgery. Chair of a two 1992
day workshop. *American Society of Clinical Hypnosis*. New Orleans, LA.
116. **Kessler, R., & Olness, K.** (1992). Teaching hypnosis teachers. *American Society of* 1992
Clinical Hypnosis. New Orleans, LA.
117. **Kessler, R.** (1992). Preparing yourself for surgery. Post conference institute. *Psychology of* 1992
Health, Immunity and Disease. Hilton Head, SC.
118. **Kessler, R.** (1992). Applied dissociation: hypnosis, hypnotic skill and chronic pain. 1992
Psychology of Health, Immunity and Disease. Hilton Head, SC.
119. **Kessler, R.** (1992). Hypnotizability and hypnotic responsiveness: modifying 1992
responsiveness in Ericksonian Practice. Workshop. *International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy*. Phoenix, AZ.
120. **Kessler, R., & Bloom, P.B.** (1992). Hypnosis and psychotherapy. Co-chair three day 1992
workshop. *Society for Clinical and Experimental Hypnosis*. Washington, D.C.
121. **Kessler, R.** (1992). Optimizing hypnotic responsiveness in clinical practice. *Congress of* 1992
the Canadian Societies of Clinical Hypnosis. Vancouver, British Columbia, Canada.
122. **Kessler, R.** (1991). Use of the future in hypnotic and non-hypnotic psychotherapy. 1991
American Society for Clinical Hypnosis. Las Vegas, NV.

123. **Kessler, R.** (1991). Psychological and hypnotic preparation for surgery. Post conference workshop. *Psychology of Health, Immunity and Disease. National Institute for Clinical Applications of Behavioral Medicine.* Orlando, FL. 1991
124. **Kessler, R., & Evans, F.** (1991). Hypnosis and pain. *Psychology of Health, Immunity, and Disease. National Institute for Clinical Applications of Behavioral Medicine.* Orlando, FL. 1991
125. **Kessler, R., & Dane, J.** (1991). Hypnosis and pain. Co-chair, three day work shop. *Society for Clinical and Experimental Hypnosis.* New Orleans, LA. 1991
126. **Kessler, R., & Dane, J.** (1991). A national model for hypnosis training. *Society for Clinical and Experimental Hypnosis.* New Orleans, LA. 1991
127. **Kessler, R.** (1990). Psychologists are from Mercury, physicians are from Jupiter, and hospitals are from Pluto. Invited address. *Vermont Psychological Association.* 1990
128. **Kessler, R.** (1990). Why Johnny and Suzy can't do hypnosis: hypnosis training in the United States. *American Society for Clinical Hypnosis.* St. Louis, MO. 1990
129. **Kessler, R.** (1990). Hypnosis in the treatment of chronic pain. Invited Presentation. *Symposium on Chronic Pain.* New York, NY. 1990
130. **Kessler, R.** (1990). Psychological preparation, hypnosis, and anesthesiology. Invited Presentation. *Department of Anesthesiology, University of Virginia.* Charlottesville, VA. 1990
131. **Kessler, R., & Dane, J.** (1990). Hypnosis and pain. Co-chair, two day workshop. *Society for Clinical and Experimental Hypnosis.* St. Louis, MO. 1990

Abstracts and Presentations: Local/Regional

132. **Kessler, R.** (2018). Behavioral health integration = enhanced primary care & has little to do with mental health. *Arizona Chapter of the American College of Physicians Annual Meeting.* Tempe, AZ. 2018
133. **Kessler, R.** (2018). Does integrated behavioral care enhance primary care: The core elements, measure, and metrics of integration. *Mayo Clinic Integrated Behavioral Health in Primary Care Meeting.* Chicago, IL. 2018
134. **Kessler, R.** (2018). Integrated primary care: The emphasis on primary care. *Idaho Integrated Behavioral Health Conference.* Boise, ID. 2018
135. **Kessler, R.** (2018). Metrics for evaluating integrated care: A model and the state of four metrics focused projects. *Idaho Integrated Behavioral Health Conference.* Boise, ID. 2018
136. **Kessler, R., & Stephens, K.** (2018). Metrics for evaluating integrated care: Learnings from three metrics focused projects. *Integrated Health Care Conference.* Scottsdale, AZ. 2018
137. Stephens, K., & **Kessler, R.** (2018). What is integrated behavioral health care: A model agnostic view of the core elements. *Integrated Health Care Conference.* Scottsdale, AZ. 2018
138. **Kessler, R.** (2017). Opportunities in integrated behavioral care. *American College of Physicians Annual Meeting.* Tucson, AZ. 2017
139. **Kessler, R., Runger, G., Katzelnick, D., Shafer, M., & Doebbeling, B.** (2017). Using multiple sources of data to improve quality of care and reduce costs for patients with multiple chronic medical and behavioral co-morbidities. *Arizona State University Wellbeing Commons.* Tempe, AZ. 2017

140. **Kessler, R.**, Mullin, D., & Scholle, S. (2016). The integration metrics project: results of a national expert panel. *Transforming Primary Care and Behavioral Health*. Essex, VT. 2016
141. **Kessler, R.**, & Scholle, S. (2016). The relationship of care processes to care outcomes. *Transforming Primary Care and Behavioral Health*. Essex, VT. 2016
142. **Kessler, R.**, Auxier, A., Hitt, J., Littenberg, B., Macchi, C.R., Mullin, D., van Eeghen, C., & van Luling, J. (2016). Variability in the implementation of integrated behavioral health. *Transforming Primary Care and Behavioral Health*. Essex, VT. 2016
143. **Kessler, R.**, Auxier, A., Mullin, D., Macchi, C.R., van Eeghen, C., Hitt, J., & van Luling, J., Littenberg, B. (2016). Development and validation of a measure of primary care behavioral health integration. *Transforming Primary Care and Behavioral Health*. Essex, VT. 2016
144. **Kessler, R.**, Pace, W., & Nix, M. (2016). UVM, UVMMC & DARTNet collaboration: "LEADR" high risk diabetes research project. *University of Vermont, College of Medicine CTS Seminar*. Burlington, VT. 2016
145. **Kessler, R.** (2015). An emerging bold standard for conducting relevant research in a changing world. Lecture Series. *Vermont Center on Behavior and Health*. Burlington, VT. 2015
146. Rouleau, R., Dale, R., Buck-Rolland, C., Okech J., Melekis, K., Stein, W., Widrick, G., Hitt, J., & **Kessler, R.** et.al. (2015). The Vermont SBIRT training collaborative. *Transforming Primary Care and Behavioral Health*. Essex, VT. 2015
147. **Kessler, R.** et al. (2015). A model to support patient decisions in changing health behaviors. *Transforming Primary Care and Behavioral Health*. Essex, VT. 2015
148. **Kessler, R.** (2015). Measuring levels of behavioral involvement in primary care: Vermont Integration Profile. *Transforming Primary Care and Behavioral Health*. Essex, VT. 2015
149. **Kessler, R.**, McGovern, M., & Pinckney, R. (2015). Optimal chronic disease management: integrating behavioral health services. *Transforming Primary Care and Behavioral Health*. Essex, VT. 2015
150. Kathol, R., **Kessler, R.**, & Stafford, D. (2015). Population-based primary care fails without addressing behavioral co-morbidity. *Transforming Primary Care and Behavioral Health*. Essex, VT. 2015
151. van Eeghen, C., & **Kessler, R.** (2015). Behavior change, health, and health disparities. *Vermont Center on Behavior and Health*. Burlington, VT. 2015
152. **Kessler, R.**, & van Eeghen, C. (2014). The behavioral health integration toolkit and beyond. *Dartmouth Research Institute Grand Rounds*. Hanover, NH. 2014
153. van Eeghen, C., Kennedy, A., Pasanen, M., **Kessler, R.**, Littenberg, B., & MacLean, C. (2014). Invited presenter. Strategies for managing opioid prescriptions. Bridging the divide. *The University of Vermont*. Essex, VT. 2014
154. **Kessler, R.**, van Eeghen, C., & Pinckney, R. (2014). Without integrating mental health, substance abuse, & health behavior, PCMH fails. *Rural Health Symposium for Primary Care Providers*. Barnet, VT. 2014
155. **Kessler, R.** (2014). Behavioral health integration: evidence and strategies. *NE AHEC Northern VT Behavioral Health Collaborative*. Plainfield, VT. 2014

156. **Kessler, R.** (2014). The patient centered medical home fails without behavioral health integration. *Vermont Conference on Rural Health*. Fairlee, VT. 2014
157. **Kessler, R.** (2014). Integrating primary care. *Northern Vermont AHEC Applying Evidence Based Behavioral Interventions in Primary Care*. St. Albans, VT. 2014
158. **Kessler, R.** (2013). Bridging the divide. *Office of Primary Care, University of Vermont*. Colchester, VT. 2013
159. **Kessler, R.** (2010). Evidence based behavioral medicine bridging the divide. *Office of Primary Care, University of Vermont College of Medicine*. Burlington, VT. 2010
160. **Kessler, R.** (2009). What we know about collaborative behavioral health in primary care. Bridging the divide. *Office of Primary care, University of Vermont College of Medicine*. Burlington, VT. 2009
161. **Kessler, R.** (2008). What is integrated primary care? Keynote address. *Bi-State Primary Care*. Lake Morey, VT. 2008
162. **Kessler, R.** (2007). Are physicians trainable: information education and implementation. *New Hampshire Symposium on integrating Behavioral Health and Primary Care*. Concord, NH. 2007
163. **Kessler, R.** (2007). Malingering detection, somatization and pain. *Vermont Trial Lawyers Association*. Burlington, VT. 2007
164. **Kessler, R.** (2005). Managing difficult psychological claims. *Workman's Compensation Update*. Burlington, VT. 2005
165. **Kessler, R.** (2002). Presenting psychological damages in injury and compensation cases. Invited address. *Vermont Trial Lawyers Association*. Burlington, VT. 2002
166. **Kessler, R.** (2002). A primary care response as the defacto mental health system: problem, assumption, and future strategy. Invited workshop. *Dartmouth Primary Care Cooperative (COOP) Annual Meeting*. Bolton Valley, VT. 2002
167. **Kessler, R.** (2001). Primary care as the defacto mental health system: what about adolescents? Invited address. *Vermont Conference on Adolescent Health*. Manchester, VT. 2001
168. **Kessler, R., & Gunn, B.** (2001). Primary care as the defacto mental health system. Workshop. *Dartmouth Medical School*. Hanover, NH. 2001
169. **Kessler, R.** (2001). Mental health issues in primary care. The challenges and rewards of rural medical practice. *Vermont and New Hampshire AHEC*. Sugar Hill, NH. 2001
170. **Kessler, R.** (2001). Hypnosis and self-regulation treatments in medicine: steps to the clinical integration of medicine and psychology. *Southwestern Medical Center of Vermont Grand Rounds*. Bennington, VT. 2001
171. **Kessler, R.** (1998). The prevalence consequences and costs of psychological disorders in primary care medicine. Invited address. *Vermont Psychological Association*. Montpelier, VT. 1998
172. **Kessler, R.** (1998). Integrating psychological and medical care. *Northwest Medical Center Grand Rounds*. St. Albans, VT. 1998
173. **Kessler, R.** (1998). Behavioral medicine, stress reduction and health. *Vermont Psychological Association*. Colchester, VT. 1998

174. **Kessler, R.** (1997). Integrating primary care and behavioral health: the journey through models of medical psychological integration. *Regional Conference on Primary Care Integration*. Nashua, NH. 1997
175. **Kessler, R., & Matthew, J.** (1997). Prevalence, costs and outcomes of psychological problems in primary medical care. *Central Vermont Medical Center*. Berlin, VT. 1997
176. **Kessler, R.** (1996). Hypnosis trauma and memory. Invited presentation. *Vermont Psychological Association Conference*. Montpelier, VT. 1996
177. **Kessler, R.** (1996). Coping and self-efficacy: cornerstone positions of health psychology: an example from Obstetrics. Invited workshop. *Vermont Psychological Association*. Montpelier, VT. 1996
178. **Kessler, R.** (1994). Mind-body medicine: biopsychosocial approaches to health care. Course director. *University of Vermont Department of Orthopaedic Medicine*. Burlington, VT. 1994
179. **Kessler, R.** (1994). Psychological and hypnotic interventions in anesthesiology and surgery. *University of Vermont Department of Orthopaedic Medicine*. Burlington, VT. 1994
180. **Kessler, R., & Olness, K.** (1994). Imagery, suggestion and healing. *University of Vermont Department of Orthopedic Medicine*. Burlington, VT. 1994
181. **Kessler, R.** (1993). Psychological interventions in the treatment of acute pain. Pain management: practice challenges of the 90's. *Central Vermont Hospital*. Barre, VT. 1993
182. **Kessler, R.** (1990). Hypnosis, anesthesiology and surgery. Invited course. *Department of Anesthesiology, Central Vermont Hospital*. Montpelier, VT. 1990
183. **Kessler, R.** (1986). Systemic Ericksonian treatment: the confluence of Milton H. Erickson and Gregory Bateson. *Vermont Conference on Systemic Therapies*. Stowe, VT. 1986