

## FRANK J. INFURNA

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### EDUCATION

Ph.D. – **Human Development and Family Studies** (2012) The Pennsylvania State University, University Park, PA.

Dissertation: *Examining Antecedents and Outcomes of Perceived Control*.

Advisors: Denis Gerstorf, PhD; Steven H. Zarit, PhD

M.S. – **Human Development and Family Studies** (2009) The Pennsylvania State University, University Park, PA.

Thesis: *Examining Cross-Domain Linkages Between Social Support, Control Beliefs, and Health*.

B.A. – **Brain and Cognitive Sciences; Clinical and Social Sciences in Psychology** (2007) University of Rochester, Rochester, NY.

### PROFESSIONAL EXPERIENCE

2024 – present	Professor, Department of Psychology, Arizona State University, Tempe, AZ
2023 – present	Developmental Area Head, Department of Psychology, Arizona State University, Tempe, AZ
2018 – 2024	Associate Professor, Department of Psychology, Arizona State University, Tempe, AZ
2013 – 2018	Assistant Professor, Department of Psychology, Arizona State University, Tempe, AZ
2012 – 2013	Post-Doctoral Researcher, Institute of Psychology, Humboldt University, Berlin, Germany
2011 – 2013	Visiting Research Fellow, German Institute for Economic Research (DIW Berlin), Berlin, Germany
2007 – 2012	Graduate Research Assistant: Department of Human Development and Family Studies, The Pennsylvania State University, University Park, PA

### RESEARCH INTERESTS

- Applying a life-span developmental approach to studying adult development and aging
- Resilience to major life stressors
- Development in midlife
- Psychosocial factors that promote healthy aging
- Examining antecedents, correlates, and outcomes of perceived control
- Longitudinal research and event occurrence methodology

## **HONORS AND AWARDS**

- Gerontological Society of America (GSA) Fellow, 2022
- Society for the Study of Human Development Early Career Award, 2019
- GSA Margret M. and Paul B. Baltes Foundation Early Career Contributions Award in Behavioral and Social Gerontology, 2018
- GSA Richard Kalish Innovative Publication Award in Behavioral and Social Gerontology, 2018
- American Psychological Association (APA) Division 20 Springer Early Career Achievement Award in Research on Adult Development and Aging, 2017
- NIH OBSSR Matilda White Riley Early Stage Investigator Paper Award, 2017
- Association for Psychological Science Rising Stars, 2015
- GSA Emerging Scholar and Professional Organization (ESPO) Interdisciplinary Paper Award, 2009
- GSA Behavioral and Social Sciences (BSS) section Pre-Dissertation Award, 2009
- GSA BSS section Student Travel Award, 2010
- Invited member, Kappa Omnicron Nu (KON) Honor Society
- Survey Research Center Summer Internship Program at the University of Michigan, 2008
- Induction into Phi Theta Kappa Academic Honor Society, Spring 2005

## **RESEARCH**

### **Sponsored Research**

#### **Ongoing Research Support**

NIH/NIA  
R01 AG079523

Infurna & Gerstorf (co-PIs)

09/01/22-04/30/27

*Psychosocial risk and resilience mechanisms underlying diversity in midlife health, well-being, and cognition*

Our objective is to use the HRS family of studies to identify the intergenerational, financial, and health behavior mechanisms driving diversity in midlife development of health, well-being, and cognition and shed light on individual-level characteristics that can promote resilient outcomes and inform future prevention, policy, and intervention efforts.

Role: co-Principal Investigator

Total Direct Costs: \$2,592,201. Total Direct and Indirect Costs: \$3,374,753

Institute for Mental Health Research  
FP34059

Corbin (PI)

10/2022-09/2024

*Stress and alcohol-related consequences in mid life*

This project seeks to build upon the literature by testing 1) links between daily stress and alcohol consumption in middle age, 2) how chronic stressors, particularly related to COVID-19 affect



NIH/NIA  
R01

Zhang (PI)

04/01/25-03/31/29

*Understanding the timing, risk factors, and mechanisms of multimorbidity among aging mothers and midlife children in the United States*

The overall objective of this project is to use the National Longitudinal Study of Adolescent to Adult Health and the Add Health Parent Study to assess risk and protective factors, timing, and mechanisms of multimorbidity across aging mothers and midlife children over 23 years. The proposed research is relevant to public health because understanding risk factors, mechanisms, and protective factors of multimorbidity among aging mothers and midlife children promises to transform the understanding of targeted interventions and public policies that can improve population health across age, generations, gender, race/ethnicity, and socioeconomic status.

Role: co-Investigator

Total Direct Costs: \$1,434,483. Total Direct and Indirect Costs: \$2,023,863

### **Completed Research Support**

NIH/NIA

Smith & Infurna (co-PIs)

09/01/17-05/31/23

R01AG054571

*Social intelligence training for custodial grandmothers and their adolescent grandchildren*

This project examines the efficacy of an online social intelligence intervention at improving the health and well-being of custodial grandmothers and their adolescent custodial grandchildren through mutual enhancement of their social competencies.

Role: co-Principal Investigator

Total Direct Costs: \$2,490,883. Total Direct and Indirect Costs: \$3,626,350

Arizona State University Center for Innovation in Healthy and Resilient Aging Seed Funding

Doebbeling (PI)

05/18/2020-06/30/2021

*Social isolation among the elderly: Preventing adverse health impacts of social distancing and COVID*

The goal of this project is to identify the factors influencing social isolation in older adults during the COVID-19 pandemic and design strategies for acting with an emphasis on identifying positive deviant strategies for social connectedness and design strategies for tools to prevent social isolation and its detrimental consequences.

Role: co-Investigator

Total Direct Costs: \$40,549. Total Direct and Indirect Costs: \$43,996

The John Templeton Foundation      Infurna & Jayawickreme (co-PLs)      12/01/16-11/30/19  
60699

*The Pathways to Character Project* ([www.pathwaystocharacter.org](http://www.pathwaystocharacter.org))

The overarching goal of this project is to examine the extent to which growth and resilience in character strength and virtues is possible following adversity, challenge, or failure. Included in this project is \$2,000,000 for a grant competition to promote research in this topic area.

Role: co-Project Leader

Total Direct Costs: \$3,130,327. Total Direct and Indirect Costs: \$3,399,876.

NIH/NIA      Infurna & Zautra (co-PIs)      09/30/14-04/30/18  
R01AG048844

*Does Resilience to Childhood Adversity Improve with Social Intelligence Training?*

This project examines whether an on-line program focused on enhancing social relationships for people in midlife can increase the odds that those with a history of a troubled childhood will not suffer a greater loss in mental and physical health than those without those histories.

Role: co-Principal Investigator

Total Direct Costs: \$400,000. Total Direct and Indirect Costs: \$608,459.

NIH/NIA      Infurna & Zautra (co-PIs)      07/01/15-04/30/18  
R01AG048844S1 Administrative Supplement

*Does Resilience to Childhood Adversity Improve with Social Intelligence Training?*

Role: co-Principal Investigator

Total Direct Costs: \$99,930. Total Direct and Indirect Costs: \$150,211.

German Institute for Economic Research      Infurna & Gerstorf (co-PIs) 09/01/11-07/31/13

*Changes in Psychological Health across Adulthood and Old Age.*

This project examined changes in life satisfaction, perceived control, and health across adulthood and old age using data from the German Socio-Economic Panel study (SOEP).

Role: co-Principal Investigator

Total Direct Costs: €42,500

## **Mentoring**

NIH/NIA      Blake (PI)      8/08/2022-03/31/2025  
F31 HD108871

*Estimating the impact of out-of-home placement on health risk behavior in adolescence exposed to maltreatment: An advanced causal inference approach*

The purpose of this project is to use modern methods for causal inference to test direct and mediated effects of placement on health risk behaviors in adolescence and young adulthood.

Role: Mentor

Total Direct and Indirect Costs: \$163,404

NIH/NICHD  
F31 HD103373-01

Castro (PI)

05/1/21-04/30/23

*Childhood adversity in adolescent custodial grandchildren*

This project aims to examine whether early life adversity (i.e., childhood abuse/neglect) shapes daily well-being and stressor-emotion dynamics, how resilience factors (i.e., socio-emotional skills) may promote more positive outcomes, and test the effects of a preventative online program on socio-emotional skills, well-being, and stressor-emotion dynamics, with a nation-wide sample of 12-18 year-old custodial adolescents living with their grandmothers.

Role: Co-Sponsor

Total Direct and Indirect Costs: \$107,904

NIH/NIA  
F31 AG062057

VanGilder (PI)

10/18-9/21

*Using diffusion tensor imaging to identify the structural neural correlates of visuospatial and motor skill learning processes*

The purpose of this project is to evaluate which aspect of visuospatial function is most predictive of motor learning capacity and by localizing the neural substrate that underlies this predictive relationship.

Role: Mentor

NIH/NIA  
K01 AG047926

Schaefer (PI)

09/15-05/19

*Generalization of functional task-specific motor training in older adults*

The purpose of this project is to strategically enhance the candidate's career in the areas of disability, neuropsychology, geriatric physical rehabilitation, and longitudinal research methodology.

Role: Mentor

Published Articles

*Note: Italicized and underlined co-author indicates undergraduate student or graduate student.*

*^ indicates a postdoctoral researcher*

82. **Infurna, F. J.,** *Dey, N. E. Y.,* <sup>^</sup>Avilés, T. G., Grimm, K. J., Lachman, M. E. & Gerstorf, D. (in press). Loneliness in midlife: Historical increases and elevated levels in the United States compared with Europe. *American Psychologist*.

81. **\*Infurna, F. J.,** \*Jayawickreme, E., \*Woods-Jaeger, B., & \*Zalta, A. K. (in press). Understanding adaptive responses to adversity: Introduction to the special issue on rethinking resilience and post-traumatic growth. *American Psychologist*.

\*The authors share first authorship.

80. Sheetal, A., Ma, A., & **Infurna, F. J.** (in press). Psychological predictors of resilience amidst the Covid-19 pandemic: Evidence from machine learning. *American Psychologist*.
79. Staben, O. E., **Infurna, F. J.**, Murray, K. E., & Hall, J. S. (in press). Evaluating the connection between the neighborhood context with daily negative and positive events and well-being. *Journal of Adult Development*.
78. Zhang, X. S., Hammersmith, A., Iida, M., & **Infurna, F. J.** (in press). Adult childrens' college completion timing and their aging mothers' self-rated health: The role of mothers' educational attainment. *Journal of Adult Development*.
77. **Infurna, F. J.**, Castro, S. A., Webster, B. A., Dolbin-MacNab, M., Smith, G. C., Crowley, D. M., & Musil, C. (2024). Can social intelligence training improve daily well-being and responsiveness to daily negative and positive events in custodial grandmothers? *Journals of Gerontology, Series B: Psychological and Social Sciences*, 79, gbae069.
76. Sheehan, C. M., & **Infurna, F. J.** (2024). A 21<sup>st</sup>-Century midlife sleep crisis? Cohort differences in sleeping patterns among Americans in midlife and older adulthood. *Journals of Gerontology, Series B: Psychological and Social Sciences*, 79, gbae016.
75. Smith, G. C., Dolbin-MacNab, M. L., **Infurna, F. J.**, Crowley, D. M., Musil, C., Castro, S. A., & Webster, B. A. (2024). Self-reported adverse childhood experiences and risk for internalizing and externalizing difficulties among adolescent custodial grandchildren. *Journal of Child and Family Studies*, 33, 982-997.
74. Smith, G., **Infurna, F. J.**, Dolbin-MacNab, M., Webster, B., Castro, S. A., Crowley, D. M., Musil, C., Hu, L., & Hancock, G. (2024). A randomized clinical trial of online social intelligence training with custodial grandmothers. *The Gerontologist*, 64.
73. Magin, Z. E., Park, C. L., Burke, J. D., & **Infurna, F. J.** (2024). Perceived control and inflammation: Mediating and moderating effects in the relationship between cumulative trauma and depression. *Psychosomatic Medicine*, 86, 192-201.
72. Blake, A. J., **Infurna, F. J.**, Castro, S. A., Webster, B. A., Dolbin-MacNab, M. L., Smith, G. C., Crowley, D. M., & Musil, C. (2023). Intergenerational patterns of attachment security in custodial grandfamilies. *Journal of Family Psychology*, 37, 1148-1158.
71. Castro, S. A., **Infurna, F. J.**, Lemery-Chalfant, K., Waldron, V., & Zautra, E. (2023). Are daily well-being and emotional reactivity to stressors modifiable in midlife? Evidence from a randomized clinical trial of an online social intelligence training program. *Prevention Science*, 24, 841-851.
70. Smith, G. C., Dolbin-MacNab, M., **Infurna, F. J.**, Webster, B., Musil, C., Crowley, D. M., & Castro, S. A. (2023). Adverse childhood experiences reported by custodial grandmothers: Frequencies, patterns, and correlates. *International Journal of Aging and Human Development*, 97, 81-110.

69. **Infurna, F. J., Staben, O. E., Gardner, M. J., Grimm, K. J., & Luthar, S. S. (2023).** The accumulation of adversity in midlife: Effects on depressive symptoms, life satisfaction and character strengths. *Psychology and Aging, 38*, 230-246.
68. Dolbin-MacNab, M., Jeanblanc, A., Musil, C., **Infurna, F. J., & Smith, G. (2023).** Supporting grandchildren's remote instruction during COVID-19: Experiences of custodial grandmothers. *Psychology in the Schools, 60*, 1560-1580.
67. **Infurna, F. J., Castro, S. A., Webster, B. A., Dolbin-MacNab, M., Smith, G. C., Crowley, D. M., & Musil, C. (2023).** The dynamics of daily life in custodial grandmothers. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences, 78*, 456-468.
66. Staben, O. E., Infurna, F. J., Lachman, M. E., & Gerstorf, D. (2022). Examining racial disparities in historical change of mental and physical health across midlife and old age in the US. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences, 77*, 1978-1989.
65. Patock-Peckham, J. A., Berberian, S., Guarino, K., Gupta, T., Sanabria, F., & **Infurna, F. J. (2022).** Does loneliness before the age of twelve indirectly affect impaired control over drinking, alcohol use, and problems through perceived stress? *Addictive Behaviors Reports, 16*, 100448.
64. **Infurna, F. J., Luthar, S. S., & Grimm, K. J. (2022).** Lifetime adversity in the context of monthly adversity and psychological well-being in midlife: Evidence of cumulative disadvantage, but not steeling effects of lifetime adversity. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences, 77*, 1394-1405.
63. **Infurna, F. J., Luthar, S. S., & Grimm, K. J. (2022)** Investigating post-traumatic growth in midlife using an intensive longitudinal research design: Post-traumatic growth is not as prevalent as previously considered. *European Journal of Personality, 36*, 576-596.
62. Noudali, S. N., Patock-Peckham, J. A., Berberian, S. L., Belton, D. A., Campbell, L. E., & **Infurna, F. J. (2022).** Does insomnia mediate the link between childhood trauma and impaired control over drinking, alcohol use, and related problems? *Addictive Behaviors Reports, 15*, 100402.
61. **Infurna, F. J., Staben, O. E., Lachman, M. E., & Gerstorf, D. (2021).** Historical change in midlife health, well-being, and despair: Cross-cultural and socioeconomic comparisons. *American Psychologist, 76*, 870-887.
60. **Infurna, F. J. (2021).** Utilizing principles of life-span developmental psychology to study the complexities of resilience across the adult life span. *The Gerontologist, 61*, 807-818.
59. Simning, A., Caprio, T. V., **Infurna, F. J., & Seplaki, C. L. (2021).** Is well-being prior to receiving rehabilitation services associated with post-rehabilitation mental health and functioning? *Aging & Mental Health, 25*, 269-276.



58. \*Jayawickreme, E., \***Infurna, F. J.**, Alajak, K., Blackie, L. E. R., Chopik, W. J., Chung, J., Dorfman, A., Fleeson, W., Forgeard, M. J. C., Frazier, P., Furr, R. M., Grossmann, I., Heller, A., Laceulle, O., Lucas, R. E., Luhmann, M., Luong, G., Meijer, L., McLean, K. C., Park, C. L., Roepke, A. M., al Sawaf, Z., Tennen, H., White, R. M. B., & Zonneveld. (2021). Post-traumatic growth as positive personality change: Challenges, opportunities and recommendations. *Journal of Personality, 89*, 145-165.

\*The authors share first authorship.

57. \*Jayawickreme, E., & \***Infurna, F. J.** (2021). Towards a more credible understanding of post-traumatic growth. *Journal of Personality, 89*, 5-8.

\*The authors share first authorship.

56. Patock-Peckham, J. A., Belton, D. A., D'Ardenne, K., Tien, J-Y. A., Bauman, D. C., **Infurna, F. J.**, Sanabria, F., Curtis, J., Morgan-Lopez, A. A., & McClure, S. M. (2020). Dimensions of childhood trauma and their direct and indirect links to PTSD, impaired control over drinking, and alcohol-related problems. *Addictive Behaviors Reports, 12*, 100304.

55. **Infurna, F. J.** (2020). What does resilience signify? An evaluation of concepts and directions for future research. *Gerontology, 66*, 323-331.

54. Wang, P., **Infurna, F. J.**, & Schaefer, S. Y. (2020). Predicting motor skill learning in older adults using visuospatial performance. *Journal of Motor Learning and Development, 8*, 38-51.

53. **Infurna, F. J.**, Gerstorf, D., & Lachman, M. E. (2020). Midlife in the 2020s: Opportunities and challenges. *American Psychologist, 75*, 470-485.

52. Sullivan, C. & **Infurna, F. J.** (2020). The multidimensional nature of social support and engagement in contributing to adjustment following spousal loss. *Aging and Mental Health, 24*, 857-869.

51. **Infurna, F. J.**, & Mayer, A. (2019). Repeated bereavement takes its toll on subjective well-being. *Innovation in Aging, 3*, igz047.

50. Ebbert, A. M., **Infurna, F. J.**, Luthar, S. S., Lemery-Chalfant, K., & Corbin, W. (2019). Examining the link between emotional childhood abuse and social relationships in midlife: The moderating role of the oxytocin receptor gene. *Child Abuse & Neglect, 98*, 104151.

49. Ebbert, A. M., **Infurna, F. J.**, & Luthar, S. S. (2019). Mapping developmental changes in perceived parent-adolescent relationship quality during the transition from middle school to high school. *Development and Psychopathology, 31*, 1541-1556.

48. Tetlow, A., Andel, R. A., & **Infurna, F. J.** (2019). Is memory decline associated with inflammatory response? *Journal of Aging and Health, 31*, 783-792.

47. Hamm, J. M., Heckhausen, J., Shane, J., **Infurna, F. J.**, & Lachman, M. E. (2019). Engagement with six major life domains during the transition to retirement: Stability and change for better or worse. *Psychology and Aging, 34*, 441-456.
46. Castro, S. A., **Infurna, F. J.**, Lemery-Chalfant, K., Waldron, V., & Zautra, E. (2019). Can an online curriculum improve the daily socio-emotional lives of middle-aged adults exposed to childhood trauma? *Behaviour Research and Therapy, 118*, 65-76.
45. \***Infurna, F. J.**, & \*Jayawickreme, E. (2019). Fixing the growth illusion: New directions for research in resilience and post-traumatic growth. *Current Directions in Psychological Science, 28*, 152-158.
- \*The authors share first authorship.
44. **Infurna, F. J.**, Kappes, C., & Freire, N. (2018). Long-term antecedents of levels of constraints and mastery: Findings from the Health and Retirement Study. *Psychology and Aging, 33*, 965-974.
43. **Infurna, F. J.**, & Luthar, S. S. (2018). Re-evaluating the notion that resilience is commonplace: A review and distillation of directions for future research, practice, and policy. *Clinical Psychology Review, 65*, 43-56.
42. **Infurna, F. J.**, & Wiest, M. (2018). The effect of disability onset across the adult lifespan. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences, 73*, 755-766.
41. Elliot, A. J., Mooney, C. J., **Infurna, F. J.**, & Chapman, B. P. (2018). Perceived control and frailty: The role of affect and perceived health. *Psychology and Aging, 33*, 473-481.
40. Elliot, A. J., Turiano, N. A., **Infurna, F. J.**, Lachman, M. E., & Chapman, B. P. (2018). Lifetime trauma, perceived control, and all-cause mortality: Results from the MIDUS study. *Health Psychology, 37*, 262-270.
39. **Infurna, F. J.**, Mayer, A., & Anstey, K. J. (2018). The effect of perceived control on self-reported cardiovascular disease incidence across adulthood and old age. *Psychology & Health, 33*, 340-360.
38. **Infurna, F. J.**, & Andel, R. (2018). Trajectories of change in cognitive functioning surrounding retirement and subsequent risk of disability, cardiovascular disease, and mortality. *Work, Aging, and Retirement, 4*, 10-20.
37. **Infurna, F. J.**, & Grimm, K. J. (2018). The use of growth mixture modeling for studying resilience to major life stressors in adulthood and old age: Lessons for class size and identification and model selection. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences, 73*, 148-159.

36. Gerlach, K., Ram, N., **Infurna, F. J.**, Vogel, N., Wagner, G. G., & Gerstorf, D. (2017). The role of morbidity for proxy-reported well-being in the last year of life. *Developmental Psychology, 53*, 1795-1809.
35. Hülür, G., Heckhausen, J., Hoppmann, C. A., **Infurna, F. J.**, Wagner, G. G., Ram, N., & Gerstorf, D. (2017). Levels of and changes in life satisfaction predict mortality hazards: Disentangling the role of physical health, perceived control, and social orientation. *Psychology and Aging, 32*, 507-520.
34. Elliot, A. J., Mooney, C. J., **Infurna, F. J.**, & Chapman, B. (2017). Associations of lifetime trauma and chronic stress with C-reactive protein in adults aged 50 and older: Examining the moderating role of perceived control. *Psychosomatic Medicine, 79*, 622-630.
33. **Infurna, F. J.**, & Luthar, S. S. (2017). Parents' adjustment following the death of their child: Resilience is multidimensional and differs across outcomes examined. *Journal of Research in Personality, 68*, 38-53.
32. **Infurna, F. J.**, & Luthar, S. S. (2017). The multidimensional nature of resilience to spousal loss. *Journal of Personality and Social Psychology, 112*, 926-947. **\*Winner of NIH OBSSR Matilda White Riley Early Stage Investigator Paper Award, 2017.**  
**\*Winning of GSA Richard Kalish Innovative Publication Award in Behavioral and Social Gerontology, 2018.**
31. Hoppmann, C. A., **Infurna, F. J.**, Ram, N., & Gerstorf, D. (2017). Associations among individuals' perceptions of future time, individual resources, and well-being in old age. *Journals of Gerontology, Series B: Psychological Sciences and Social Sciences, 72*, 388-399.
30. **Infurna, F. J.**, Wiest, M., Gerstorf, D., Ram, N., Schupp, J., Wagner, G. G., & Heckhausen, J. (2017). Changes in life satisfaction when losing one's spouse: Individual differences in anticipation, reaction, adaptation, and longevity in the German Socio-Economic Panel Study (SOEP). *Ageing and Society, 37*, 899-934.
29. Pappas, C., Andel, R., **Infurna, F. J.**, & Seetharaman, S. (2017). Glycated haemoglobin (HbA1c), diabetes and trajectories of change in episodic memory performance. *Journal of Epidemiology & Community Health, 71*, 115-120.
28. **Infurna, F. J.**, Okun, M. A., & Grimm, K. J. (2016). Volunteering is associated with lower risk of cognitive impairment. *Journal of the American Geriatrics Society, 64*, 2263-2269.
27. Schöllgen, I., Morack, J., **Infurna, F. J.**, Ram, N., & Gerstorf, D. (2016). Health sensitivity of older adults: Age differences in the within-person coupling of individuals' physical health and well-being. *Developmental Psychology, 52*, 1944-1953.
26. Schade, H. M., Hülür, G., **Infurna, F. J.**, Hoppmann, C. A., & Gerstorf, D. (2016). Partner dissimilarity in life satisfaction: Stability and change, correlates, and outcomes. *Psychology and Aging, 31*, 327-339.

25. Okun, M. A., **Infurna, F. J.**, & *Hutchinson, I.* (2016). Are volunteer satisfaction and enjoyment related to cessation of volunteering by older adults? *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, *71*, 439-444.
24. Gerstorf, D., Hoppmann, C. A., Löckenhoff, C. E., **Infurna, F. J.**, Schupp, J., Wagner, G. G., & Ram, N. (2016). Terminal decline in well-being: The role of social orientation. *Psychology and Aging*, *31*, 149-165.
23. **Infurna, F. J.**, & Luthar, S. S. (2016). Resilience has been and will always be, but rates declared are inevitably suspect: Reply to Galatzer-Levy and Bonanno. *Perspectives on Psychological Science*, *11*, 199-201.
22. **Infurna, F. J.**, & Luthar, S. S. (2016). Resilience to major life stressors is not as common as thought. *Perspectives on Psychological Science*, *11*, 175-194.
21. **Infurna, F. J.**, Gerstorf, D., Ram, N., Schupp, J., Wagner, G. G., & Heckhausen, J. (2016). Maintaining perceived control with unemployment facilitates future adjustment. *Journal of Vocational Behavior*, *93*, 103-119.
20. **Infurna, F. J.**, & Okun, M. A. (2015). Antecedents and outcomes of levels and rates of change in perceived control: The moderating role of age. *Developmental Psychology*, *51*, 1420-1437.
19. **Infurna, F. J.**, & Mayer, A. (2015). The effects of mastery and constraints on mental and physical health: Conceptual and methodological considerations. *Psychology and Aging*, *30*, 432-448.
18. Andel, R., **Infurna, F. J.**, Hahn, E. A., Crowe, M., Marchiondo, L., & Fisher, G. G. (2015). Job strain and trajectories of change in episodic memory before and after retirement: Results from the Health and Retirement Study. *Journal of Epidemiology & Community Health*, *69*, 442-446.
17. **Infurna, F. J.**, *Rivers, C. T.*, Reich, J., & Zautra, A. J. (2015). Childhood trauma and personal mastery: Their influence on emotional reactivity to everyday events in a community sample of middle-aged adults. *PLoS ONE*, *10*, e0121840.
16. Fisher, G. G., Stachowski, A., **Infurna, F. J.**, Faul, J. D., Grosch, J., & Tetrick, L. E. (2014). Mental work demands, retirement, and longitudinal trajectories of cognitive functioning. *Journal of Occupational Health Psychology*, *19*, 231-242. **\*Winner of Best Journal of Occupational Health Psychology Paper Award for WSH Conference**
15. Gerstorf, D., Heckhausen, J., Ram, N., **Infurna, F. J.**, Schupp, J., & Wagner, G. G. (2014). Perceived personal control buffers terminal decline in well-being. *Psychology and Aging*, *29*, 612-625.
14. **Infurna, F. J.**, Gerstorf, D., Ram, N., Sprangers, M. A. G., Schupp, J., & Wagner, G. G. (2014). Linking concurrent self-reports and retrospective informant-reports about the last

year of life: A prevailing picture of life satisfaction decline. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 69, 695-709.

13. **Infurna, F. J.**, & Gerstorf, D. (2014). Perceived control relates to better functional health and lower cardio-metabolic risk: The mediating role of physical activity. *Health Psychology*, 33, 85-94.
12. Turiano, N. A., Chapman, B. P., Agrigoroaei, S., **Infurna, F. J.**, & Lachman, M. (2014). Perceived control reduces mortality risk at low, not high, education levels. *Health Psychology*, 33, 883-890.
11. **Infurna, F. J.**, & Gerstorf, D. (2013). Linking perceived control, physical activity, and biological health to memory change. *Psychology and Aging*, 28, 1147-1163.
10. **Infurna, F. J.**, Gerstorf, D., & Ram, N. (2013). The nature and correlates of change in depressive symptoms with cancer diagnosis: Reaction and adaptation. *Psychology and Aging*, 28, 386-401.
9. **Infurna, F. J.**, Gerstorf, D., & Zarit, S. H. (2013). Substantial changes in mastery perceptions of dementia caregivers with the placement of a care recipient. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 68, 202-214.
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7. Hülür, G., **Infurna, F. J.**, Ram, N., & Gerstorf, D. (2013). Cohorts based on decade of death in the AHEAD Study: No evidence for positive secular trends in cognitive aging and terminal decline. *Psychology and Aging*, 28, 115-127.
6. Mayer, A., Geiser, C., **Infurna, F. J.**, & Fiege, C. (2013). Modelling and predicting complex patterns of change using growth component models: An application to depression trajectories in cancer patients. *European Journal of Developmental Psychology*, 10, 40-59.
5. Morack, J., **Infurna, F. J.**, Ram, N., & Gerstorf, D. (2013). Trajectories and correlates of change in the physical and mental health scales of the SF-36 across adulthood and old age. *International Journal of Behavioral Development*, 37, 475-484.
4. **Infurna, F. J.**, Gerstorf, D., Ram, N., Schupp, J., & Wagner, G. G. (2011). Long-term antecedents and outcomes of perceived control. *Psychology and Aging*, 26, 559-575. (online available as SOEPpaper 355: [http://papers.ssrn.com/sol3/papers.cfm?abstract\\_id=170253](http://papers.ssrn.com/sol3/papers.cfm?abstract_id=170253)).
3. **Infurna, F. J.**, Gerstorf, D., Ryan, L. H., & Smith, J. (2011). Dynamic links between memory and functional limitations in old age: Longitudinal evidence for age-based structural dynamics from the AHEAD Study. *Psychology and Aging*, 26, 546-558.

2. **Infurna, F. J.**, Gerstorf, D., & Zarit, S. H. (2011). Examining dynamic links between perceived control and health: Longitudinal evidence for differential effects in midlife and old age. *Developmental Psychology*, *47*, 9-18. **\*Winner of Gerontological Society of America 2009 BSS Pre-Dissertation Award and ESPO Interdisciplinary Paper Award**
1. **Infurna, F. J.**, Gerstorf, D., Robertson, S., Berg, S., & Zarit, S. H. (2010). The nature and cross-domain correlates of subjective age in the oldest old: Evidence from the OCTO Study. *Psychology and Aging*, *25*, 470-476.

### Manuscripts under Review

*Note: These manuscripts are currently under review at peer-reviewed journals.*

Crowley, D. M., Tate, A., Hur, Y. S., Castro, S. A., Musil, C., Dolbin-MacNab, M., **Infurna, F. J.**, & Smith, G. (2024). Investing in custodial grandparents: Cost analysis of the social intelligence program.

Cruz-Carrillo, Y., **Infurna, F. J.**, Dey, N. E. Y., <sup>^</sup>Wettstein, M., Grimm, K. J., Lachman, M. E. & Gerstorf, D. (2024). Historical change in midlife trajectories of self-rated health, health conditions, and grip strength: Comparison of the United States with Mexico, Europe, and Asia.

Dey, N. E. Y., **Infurna, F. J.**, & Grimm, K. J. (2024). Does religiosity/spirituality promote positive well-being for middle-aged adults in the context of monthly adversity?

Ghose, U., Kramer, M., Richter, D., Wagner, G. G., **Infurna, F. J.**, Ram, N., & Gerstorf, D. (2024). How spousal bereavement shapes life satisfaction: Stability and change across historical time.

Staben, O. E., **Infurna, F. J.**, Grimm, K. J., & Luthar, S. S. (2024). Do objective and subjective neighborhood indicators protect against the detrimental effects of monthly adversity on mental health and well-being in midlife?

Syed, O. L., **Infurna, F. J.**, Cruz-Carrillo, Y., Dey, N. E. Y., <sup>^</sup>Wettstein, M., Grimm, K. J., Lachman, M. E., & Gerstorf, D. (2024). Pain during midlife: A cross-national analysis of cohort difference in reports of pain in the U.S., Europe, Asia, and Mexico.

<sup>^</sup>Wettstein, M., **Infurna, F. J.**, Dey, N. E. Y., Cruz-Carrillo, Y., Grimm, K. J., Lachman, M. E., & Gerstorf, D. (2024). Trajectories of episodic memory in midlife: Historical change from a cross-country perspective.

## Manuscripts in Preparation

*Note: Manuscripts listed below are in preparation and a full manuscript has been drafted.*

<sup>^</sup>Avilés, T. G., **Infurna, F. J.**, Dey, N. E. Y., Grimm, K. J., Lachman, M. E., & Gerstorf, D. (2024). Depressive symptoms in midlife: A historical and cross-national perspective.

Cruz-Carrillo, Y., & **Infurna, F. J.** (2024). Historical improvements in hispanic immigrants physical health in midlife and old age.

Dey, N. E. Y., **Infurna, F. J.**, Cruz-Carrillo, Y., <sup>^</sup>Wettstein, M., Grimm, K. J., Lachman, M. E., & Gerstorf, D. (2024). Socio-demographic factors that shape historical changes in midlife loneliness in the United States and Europe.

Dey, N. E. Y., & **Infurna, F. J.** (2024). Development in midlife in Ghana.

Henning, G., Kelle, N., & **Infurna, F. J.** (2024). Nine-year changes in work satisfaction in midlife – the role of age and flexible goal adjustment.

**Infurna, F. J.**, Cruz-Carrillo, Y., Dey, N. E. Y., <sup>^</sup>Wettstein, M., Grimm, K. J., Lachman, M. E., & Gerstorf, D. (2024). Uncovering mechanisms underlying historical change in midlife loneliness across the United States and Europe: A focus on physical activity, health conditions, and wealth.

Staben, O. E., **Infurna, F. J.**, Luthar, S. S., & Grimm, K. J. (2024). Bouncing back from recent adversity: The role of the community environment in promoting resilience in midlife.

Waldron, V., Zautra, E., Zautra, A., **Infurna, F. J.**, Lemery-Chalfant, K., Mays, T., & Farnworth, M. (2024). Changes in relational practices of those affected by Early-Life Adversity: Qualitative analysis of Participant and Confidant Response to an Online Social Intelligence Intervention.

<sup>^</sup>Wettstein, M., **Infurna, F. J.**, Dey, N. E. Y., Cruz-Carrillo, Y., Grimm, K. J., Lachman, M. E., & Gerstorf, D. (2024). Historical change in trajectories of self-reported sensory functioning in midlife: An investigation of cross-country differences.

## Edited Special Issues

**Infurna, F. J.**, Jayawickreme, E., Woods-Jaeger, B., & Zalta, A. K. (in progress – to appear in November 2024). Rethinking resilience and post-traumatic growth: The promise of multidisciplinary perspectives in understanding adaptive responses to adversity. *American Psychologist*.

Jayawickreme, E., & **Infurna, F. J.** (2021). Post-traumatic growth as positive personality change. *Journal of Personality, Volume 89, Issue 1*.

## Edited Books

- Infurna, F. J., & Jayawickreme, E.** (Eds.) (2021). *Redesigning research on post-traumatic growth: Challenges, pitfalls and new directions*. New York: Oxford University Press.
- Reich, J. W. & **Infurna, F. J.** (Eds.) (2016). *Perceived control: Theory, research, and practice in the First 50 Years*. New York: Oxford University Press.

## Book Chapters

11. **Infurna, F. J., & Dey, N. E. Y.** (in press). Deciphering resilience: Disentangling its core elements, conceptual frameworks for its study, and promising directions for future research. *APA handbook of adult development and aging*.
10. Staben, O. E., Gardner, M. J., Infurna, F. J., Luthar, S. S., & Grimm, K. J. (2021). Studying post-traumatic growth across the adult lifespan: Conceptual and methodological considerations. In F. J. Infurna & E. Jayawickreme (Eds.), *Redesigning research on post-traumatic growth: Challenges, pitfalls and new directions*. (pp. 186-211). New York: Oxford University Press.
9. \***Infurna, F. J. & Jayawickreme, E.** (2021). Redesigning research on post-traumatic growth: Current knowledge and new directions. In F. J. Infurna & E. Jayawickreme (Eds.), *Redesigning research on post-traumatic growth: Challenges, pitfalls and new directions*. (pp. 280-296). New York: Oxford University Press.  
  
\*The authors share first authorship.
8. **Infurna, F. J.** (2017). Mastery across adulthood. In M. Bornstein (Ed.). *The SAGE Encyclopaedia of Lifespan Human Development*. Thousand Oaks, CA: SAGE Publications
7. **Infurna, F. J., & Infurna, C. J.** (2017). The development of perceived control. In J. Specht (Ed.), *Personality development across the lifespan* (pp. 243-256). Elsevier.
6. Belton, D. A., Ebbert, A. M., & Infurna, F. J. (2016). Social intelligence. *Global Encyclopedia of Public Administration, Public Policy, and Governance* (pp. 1-5). Springer.
5. **Infurna, F. J., & Reich, J.** (2016). Perceived control: 50 years of innovation and another 50 to go. In J. W. Reich, & F. J. Infurna (Eds.), *Perceived control: Theory, research, and practice in the first 50 years* (pp. 1-22). New York: Oxford University Press.
4. **Infurna, F. J., Gerstorf, D., Ram, N., & Heckhausen, J.** (2016). Analytic strategies for the study of adaptation to major life events: Making the most of large-scale longitudinal surveys. In H.-P. Blossfeld, J. von Maurice, & J. Skopek (Eds.), *Methodological Issues of Longitudinal Surveys: The Example of the National Educational Panel Study* (pp. 19-35). Springer VS.



3. Zautra, A. J., **Infurna, F. J.**, Zautra, E., Gallardo, C. E., & Velasco, L. (2016). The humanization of social relations: Nourishment for resilience. In A. Ong, & C. E. Löckenhoff (Eds.), *Emotion, Aging, and Health* (pp. 207-227). Washington, DC: American Psychological Association.
2. **Infurna, F. J.**, & Mayer, A. (2016). Longitudinal/Panel designs. *The Encyclopedia of Adulthood and Aging*, 1-7.
1. Smith, J., & **Infurna, F. J.** (2011). Early precursors of later health. In K. L. Fingerman, C. A. Berg, J. Smith, & T. C. Antonucci (Eds.), *Handbook of lifespan development* (pp. 213-238). New York, NY: Springer Publishing.

#### Op-eds for the General Public

4. **Infurna, F. J.** (2024, April 5). Loneliness can kill, and new research shows middle-aged Americans are particularly vulnerable. Research brief in *The Conversation*. Retrieved from <https://theconversation.com/loneliness-can-kill-and-new-research-shows-middle-aged-americans-are-particularly-vulnerable-225321>
3. **Infurna, F. J.** (2021, June 11). Middle-aged Americans in US are stressed and struggle with physical and mental health – other nations do better. Op-ed in *The Conversation*. Retrieved from <https://theconversation.com/middle-aged-americans-in-us-are-stressed-and-struggle-with-physical-and-mental-health-other-nations-do-better-157569>

#### Media Coverage:

Jezik, S. (Producer). (2021, July 27). *Top of Mind with Julie Rose: Stressed into Middle Age*. [Radio Interview]. BYU Radio.

2. Jayawickreme, E., & **Infurna, F. J.** (2019, November 15). Do we actually grow from adversity? Op-ed in *The Conversation*. Retrieved from <https://theconversation.com/do-we-actually-grow-from-adversity-122252>

#### Media Coverage:

Loutensock, Z. (Producer). (2019, December 12). *Top of Mind with Julie Rose: Do we actually grow from adversity? Is it ok not to?* [Radio Interview]. BYU Radio.

1. **Infurna, F. J.** (2019, July 15). The real midlife crisis confronting many Americans. Op-ed in *The Conversation*. Retrieved from <https://theconversation.com/the-real-midlife-crisis-confronting-many-americans-114347>

#### Media Coverage:

AARP: Harrar, S. (2020, June 16). Lessons in finding happiness during hard times: Researchers say we're wired for joy and what it means for resilience. *AARP*. Retrieved from [www.aarp.org](http://www.aarp.org).

Vasquez, R. (Producer). (2019, August 1). *Wisconsin Public Radio: Rethinking the Midlife Crisis*. [Radio Interview]. Wisconsin Public Radio.

### Other Publications

2. **Infurna, F. J.** (2016, July 19). Resilience to major life stressors: Conceptual and methodological considerations. [Web log post]. Retrieved from <https://obssr.od.nih.gov/resilience-to-major-life-stressors-conceptual-and-methodological-considerations/>

1. **Infurna, F. J.** (2015, September 3). Self-management in the context of childhood abuse: Improving health outcomes. [Web log post]. Retrieved from <https://obssr.od.nih.gov/self-management-in-the-context-of-childhood-abuse-improving-health-outcomes/>

### Conference Presentations

*Note: Italicized and underlined co-author indicates undergraduate student or graduate student.  
^ indicates a postdoctoral researcher*

### **2024**

Cruz-Carrillo, Y., Infurna, F. J., Dey, N. E. Y., ^Wettstein, M., Grimm, K. J., Lachman, M. E. & Gerstorf, D. (November, 2024). *Historical change in midlife self-rated health, health conditions, and grip strength: Comparison of the United States with Mexico, Europe, and Asia*. Paper to be presented at the 76<sup>th</sup> Annual Gerontological Society of America Meeting, Seattle, WA

Dey, N. E. Y., & Infurna, F. J. (2024, November). *Historical change in the health and well-being of Ghanaian middle-aged and older adults*. Paper to be presented at the 76<sup>th</sup> Annual Gerontological Society of America Meeting, Seattle, WA.

Dolbin-MacNab, M. L., Smith, G. C., Hu, L., & **Infurna, F. J.** (2024, November). *A randomized clinical trial of online social intelligence training for adolescent custodial grandchildren*. Paper to be presented at the 76<sup>th</sup> Annual Gerontological Society of America Meeting, Seattle, WA.

**Infurna, F. J.** & Gerstorf, D. (2024, November). *Novel findings and lessons learned from cross-national longitudinal research on midlife development and aging*. Symposium to be convened for the 76<sup>th</sup> Annual Gerontological Society of America Meeting, Seattle, WA.

**Infurna, F. J., Syed, O. L., Cruz-Carrillo, Y., Dey, N. E. Y., ^Wettstein, M., Grimm, K. J., Lachman, M. E., & Gerstorf, D.** (2024, November). *Pain during midlife: A cross-national*

*analysis of cohort difference sin reports of pain in the U.S., Europe, Asia, and Mexico.* Paper to be presented at the 76<sup>th</sup> Annual Gerontological Society of America Meeting, Seattle, WA.

Smith, G. C., Dolbin-MacNab, M. L., Hu, L., & **Infurna, F. J.** (2024, November). *Moderators of treatment efficacy in social intelligence training with custodial grandmothers.* Paper to be presented at the 76<sup>th</sup> Annual Gerontological Society of America Meeting, Seattle, WA.

<sup>^</sup>Wettstein, M., **Infurna, F. J.**, Dey, N. E. Y., Cruz-Carrillo, Y., Grimm, K. J., Lachman, M. E., & Gerstorff, D. (2024, November). *Trajectories of episodic memory in midlife: Historical change from a cross-country perspective.* Paper to be presented at the 76<sup>th</sup> Annual Gerontological Society of America Meeting, Seattle, WA.

Dey, N. E. Y., & **Infurna, F. J.** (2024, March). *Historical change in the health and well-being of Ghanaian middle-aged and older adults.* Paper presented at the International Research Conference of the College of Humanities, University of Ghana, Legon – Accra.

Dey, N. E. Y., & **Infurna, F. J.** (2024, March). *Historical change in the health and well-being of Ghanaian middle-aged and older adults.* Paper presented at the 2024 LMIC Mortality & Healthy Aging Workshop. Meeting held virtually.

**Infurna, F. J.**, Cruz-Carrillo, Y., Dey, N. E. Y., <sup>^</sup>Avilés, T. G., Grimm, K. J., Lachman, M. E. & Gerstorff, D. (2024, March). *Historical change in midlife memory and grip strength: Comparison across the United States, Europe, Mexico, South Korea, and China.* Paper presented at the 2024 LMIC Mortality & Healthy Aging Workshop. Meeting held virtually.

Syed, O. L., **Infurna, F. J.**, Cruz-Carrillo, Y., Dey, N. E. Y., Grimm, K. J., Lachman, M. E., & Gerstorff, D. (2024, February). *Pain during midlife: A cross-national analysis of cohort difference sin reports of pain in the U.S., Europe, Asia, and Mexico.* Poster presented at the AAAS Annual meeting, Denver, CO.

## 2023

Ghose, U., Kramer, M., Richter, D., Wagner, G. G., **Infurna, F. J.**, Ram, N., & Gerstorff, D. (2023, November). *How spousal bereavement shapes life satisfaction: Stability and change across historical time.* Poster presented at the 75<sup>th</sup> Annual Gerontological Society of America Meeting, Tampa, FL.

Dolbin-MacNab, M. L., Smith, G. C., **Infurna, F. J.**, Webster, B. A., Castro, S. A., Crowley, D. M., & Musil, C. M. (2023, November). *Social intelligence training and custodial grandfamilies: A qualitative analysis of relationships.* Poster presented at the 75<sup>th</sup> Annual Gerontological Society of America Meeting, Tampa, FL.

Dey, N. E. Y., **Infurna, F. J.**, & Grimm, K. J. (2023, November). *Religiosity/spirituality promotes positive well-being for middle-aged adults in the context of monthly adversity.*

Poster presented at the 75<sup>th</sup> Annual Gerontological Society of America Meeting, Tampa, FL.

Castro, S. A., Infurna, F. J., Lemery-Chalfant, K., Waldron, V., & Zautra, E. (2023, May). *Improving daily joy and stress with family and friends: A randomized control trial of an online social intelligence training program with midlife adults.* Paper presented at the Annual Society for Prevention Research Meeting, Washington, DC.

Blake, A. J., Infurna, F. J., Dolbin-MacNab, M. L., Smith, G. C., Castro, S. A., Webster, B. A., Crowley, D. M., & Musil, C. (2023, April). *Intergenerational patterns of attachment security in custodial grandfamilies.* Paper presented at the Society for Research on Adolescence Meeting, San Diego, CA.

Zhang, X. S., Hammersmith, A., Iida, M., & **Infurna, F. J.** (2023, April). *Children's timing of educational attainment and aging mother's self-rated health: Variation by mother's educational attainment.* Paper presented at the Population Association of America Conference, New Orleans, LA.

## 2022

Staben, O. E., Infurna, F. J., & Grimm, K. J. (2022, November). *Examining the role of objective and subjective neighborhood characteristics on health and well-being in midlife.* Poster presented at the 74<sup>th</sup> Annual Gerontological Society of America Meeting, Indianapolis, IN.

Smith, G. C., **Infurna, F. J.,** Webster, B. A., Dolbin-MacNab, M., Castro, S. A., Crowley, D. M., Musil, C., & Hu, L. D. (2022, November). *Impact of an online social intelligence training program on custodial grandmothers' well-being.* Paper presented at the 74<sup>th</sup> Annual Gerontological Society of America Meeting, Indianapolis, IN.

Castro, S. A., & Infurna, F. J. (2022, May). *Improving daily joy and stress with family and friends: A randomized control trial of an online social intelligence training program with midlife adults.* Paper presented at the Annual Society for Prevention Research Meeting, Seattle, WA.

## 2021

Castro, S. A., Infurna, F. J., Webster, B. A., Smith, G. C., Crowley, D. M., Dolbin-MacNab, M., & Musil, C. (2021, November). *Daily emotional dynamics of custodial grandfamilies: Cross-dyad correlations of affect means and variability.* Paper presented at the 73<sup>rd</sup> Annual Gerontological Society of America Meeting, Phoenix, AZ.

- Staben, O. E. & **Infurna, F. J.** (2021, November). *Evaluating how and why the environmental context shapes the course of development across the adult lifespan*. Symposium convened at the 73<sup>rd</sup> Annual Gerontological Society of America Meeting, Phoenix, AZ.
- Staben, O. E. **Infurna, F. J.**, Luthar, S. S., & Grimm, K. J. (2021, November). *Do objective or subjective neighborhood indicators protect against the detrimental effects of stress on mental health and well-being?* Paper presented at the 73<sup>rd</sup> Annual Gerontological Society of America Meeting, Phoenix, AZ.
- Webster, B. A., Jeanblanc, A., Smith, G. C., & **Infurna, F. J.** (2021, November). *Comparisons between recruitment and retentions strategies for two online RCTs*. Paper presented at the 73<sup>rd</sup> Annual Gerontological Society of America Meeting, Phoenix, AZ.
- Ong, A., Patock-Peckham, J., Koehler, N., Belton, D., Bobel, E., **Infurna, F. J.**, Tein, J., D'Ardenne, K., & McClure, S. (2021, June). *The direct and indirect links from facets of childhood trauma to arousability, impaired control, alcohol use, and alcohol-related problems*. Poster presented at the Annual Research Society on Alcoholism Conference.
- Patock-Peckham, J., Smyth, H., Canning, J. R. Ruof, A., belton, D., Kalina, E., Berberian, S., Sanabria, F., **Infurna, F. J.**, D'Ardenne, K., McClure, S., & Corbin, W. (2021, June). *Does acute stress interact with emotional abuse childhood history and a lifetime allostatic load on AD libitum alcohol use?* Poster presented at the Annual Research Society on Alcoholism Conference.
- Ramzan, R., Lyscas, A., Patock-Peckham, J. A., Smyth, H., canning, J. R., Belton, D., Sanabria, F., **Infurna, F. J.**, D'Ardenne, K., McClure, S., Shiota, M., & Corbin, W. (2021, June). *Does stress and gender interact with physically neglected childhood histories on AD libitum alcohol consumption?* Poster presented at the Annual Research Society on Alcoholism Conference.
- Salti, N., Patock-Peckham, J., Kalina, E., Koehler, N., Adamo, M., Bitsoih, J., Berberian, S., Bobel, E., Belton, D., **Infurna, F. J.**, Tein, J., Sanabria, F., Gupta, T., D'Ardenne, K., & McClure, S. (2021, June). *Is emotional abuse a contributing indirect link to impaired control, alcohol use, and related problems through the mediating mechanism of neuroticism?* Poster presented at the Annual Research Society on Alcoholism Conference.
- Smith, G. C., Dolbin-MacNab, M. L., **Infurna, F. J.**, Webster, B. A., Crowley, M., Castro, S. A., & Musil, C. (2021, August). *Prevalence, patterns, and correlates of adverse childhood experiences among custodial grandmothers*. Poster presented at the Annual American Psychological Association Meeting, San Diego, CA.

## 2020

- Castro, S. A., Infurna, F. J., Webster, B. A. & Smith, G. C. (2020, November). *Emotional dynamics of custodial grandmothers and adolescent grandchildren in daily life: A focus on adverse childhood experiences via dynamic structural equation modeling*. Paper presented at the 72<sup>nd</sup> Annual Gerontological Society of America Meeting, Philadelphia, PA.
- Smith, G. C., & **Infurna, F. J.** (2020, November). *Exploring how adverse childhood experiences influence custodial grandfamilies*. Symposium convened at the 72<sup>nd</sup> Annual Gerontological Society of America Meeting, Philadelphia, PA.
- Smith, G. C., **Infurna, F. J.**, Webster, B. A., Castro, S. A., Dolbin-MacNab, & Crowley, D. M. (2020, November). *Prevalence and profiles of ACE exposure among custodial grandmothers*. Paper presented at the 72<sup>nd</sup> Annual Gerontological Society of America Meeting, Philadelphia, PA.
- Smith, G. C., Webster, B. A., & **Infurna, F. J.** (2020, August). *Factor structure of the strengths and difficulties questionnaire with adolescent custodial grandchildren*. Poster presented at the Annual American Psychological Association Meeting, Washington, DC.
- Staben, O. E. & Infurna, F. J. (2020, November). *Context matters: How the contextual landscape differentially shapes the course of development across adulthood*. Symposium convened at the 72<sup>nd</sup> Annual Gerontological Society of America Meeting, Philadelphia, PA.
- Staben, O. E. Infurna, F. J., Luthar, S. S., & Grimm, K. J. (2020, November). *Bouncing back from recent adversity: The role of the community environment in promoting resilience in midlife*. Paper presented at the 72<sup>nd</sup> Annual Gerontological Society of America Meeting, Philadelphia, PA.

## 2019

- Staben, O. E., Infurna, F. J., Luthar, S. S., & Grimm, K. J. (2019, November). *Examining the role of adversity and positive life events in the relation between gratitude and well-being*. Poster presented at the 71<sup>st</sup> Annual Gerontological Society of America Meeting, Austin, TX.
- Smith, G. C., **Infurna, F. J.**, Webster, B. A., Dolbin-MacNab, M. L., Crowley, M., & Musil, C. M. (2019, November). *Adverse childhood experiences reported by custodial grandmothers and their adolescent grandchildren*. Poster presented at the 71<sup>st</sup> Annual Gerontological Society of America Meeting, Austin, TX.
- Webster, B. A., Smith, G., & **Infurna, F. J.** (2019, November). *Social intelligence training for custodial grandmother-adolescent grandchildren dyads*. Paper presented at the 71<sup>st</sup> Annual Gerontological Society of America Meeting, Austin, TX.

Castro, S. A., Ebbert, A. M., & Infurna, F. J. (2019, October). *Multidimensional and multimethod approaches to examine unique antecedents of character strengths and psychological well-being*. Symposium convened for the 11<sup>th</sup> Biennial Society for the Study of Human Development Meeting, Portland, OR.

Castro, S. A., & Infurna, F. J. (2019, October). *Depressive symptoms when faced with childhood adversity and daily stressors: Trait and state hope as resilience resources in midlife*. Paper presented at the 11<sup>th</sup> Biennial Society for the Study of Human Development Meeting, Portland, OR.

Ebbert, A. M., Infurna, F. J., Luthar, S. S., & Grimm, K. J. (2019, October). *Antecedents of concordance among character strengths for married couples in midlife*. Paper presented at the 11<sup>th</sup> Biennial Society for the Study of Human Development Meeting, Portland, OR.

**Infurna, F. J., Castro, S. A., Lemery-Chalfant, K., Waldron, V., & Zautra, E.** (2019, October). *Social intelligence training improves emotional reactivity to daily stressors in middle-aged adults*. Paper presented at the 11<sup>th</sup> Biennial Society for the Study of Human Development Meeting, Portland, OR.

Jayawickreme, E., & **Infurna, F. J.**, (2019, August). *Pathways to Character Research Conference*. Research conference convened for the Pathways to Character research project, Winston-Salem, NC.

## 2018

**Infurna, F. J., Luthar, S. S., & Grimm, K. J.** (2018, November). *Lifetime and recent incidence of adversity differentially impacts character strengths and well-being in midlife*. Paper presented at the 70<sup>th</sup> Annual Gerontological Society of America Meeting, Boston, MA.

**Infurna, F. J.** (2018, November). *Advancing an integrated model of resilience: Cross-disciplinary and cross-domain perspectives*. Discussant for symposium at the 70<sup>th</sup> Annual Gerontological Society of America Meeting, Boston, MA.

Fraire, N., & Infurna, F. J. (2018, November). *What leads to a positive retirement experience: A focus on retirement expectations, norms, and resources*. Symposium convened at the 70<sup>th</sup> Annual Gerontological Society of America Meeting, Boston, MA.

Fraire, N., & Infurna, F. J. (2018, November). *Retirement and psychological well-being: The moderating roles of timing and tempo of the retirement transition*. Paper presented at the 70<sup>th</sup> Annual Gerontological Society of America Meeting, Boston, MA.

Fraire, N., Gardner, M. J., Infurna, F. J., Grimm, K. J., & Luthar, S. S. (2018, November). *Lifetime adversity and prosocialness: Evidence of adversity-derived prosocial attitude and behavior*. Poster presented at the 70<sup>th</sup> Annual Gerontological Society of America Meeting, Boston, MA.

Castro, S. A., & **Infurna, F. J.** (2018, November). *How do daily positive and negative events and emotions influence the course of development?* Symposium convened at the 70<sup>th</sup> Annual Gerontological Society of America Meeting, Boston, MA.

Castro, S. A., & **Infurna, F. J.** (2018, November). *The interplay between mindfulness and effortful control with the dynamics of everyday life.* Paper presented at the 70<sup>th</sup> Annual Gerontological Society of America Meeting, Boston, MA.

Castro, S. A., **Infurna, F. J.**, Lemery-Chalfant, K., Waldron, V., & Zautra, E. (2018, August). *An online psychoeducational training reverses harmful effects of childhood adversity in later life.* Paper presented at the American Psychological Association Annual Conference, San Francisco, CA.

Ebbert, A., S. A., Castro, S. A., Fraire, N. & **Infurna, F. J.** (2018, May). *A history of childhood trauma intensifies the daily experience of positive and negative events in midlife.* Poster presented at the 30<sup>th</sup> Annual Meeting of the Association for Psychological Science, San Francisco, CA.

**Infurna, F. J.** (2018, March). *The promise of intensive longitudinal research designs for studying resilience and growth: Insights from The Pathways to Character Study.* Paper presented at the Society for Personality and Social Psychology Annual Conference, Atlanta, GA.

**Infurna, F. J.**, & Jayawickreme, E. (2018, March). *Pathways to Character Research Conference.* Research conference convened for the Pathways to Character research project, Tempe, AZ.

## 2017

Smith, G. C., **Infurna, F. J.**, Zautra, E., Musil, C., Dolbin-MacNab, M., & Crowley, M. (2017, November). *Enhancing social competence in custodial grandfamilies: An online program.* Paper presented at the 2017 National Council on Family Relations Annual Conference, Orlando, FL.

Fauth, E. B., **Infurna, F. J.**, Ram, N., & Gerstorf, D. (2017, July). *Decline in subjective social support: A function of disablement processes.* Paper presented at the 21<sup>st</sup> International Association of Gerontology and Geriatrics Society Meeting, San Francisco, CA.

**Infurna, F. J.**, & Fraire, N. (2017, July). *Differential effects of disability on subjective well-being across the adult lifespan.* Paper presented at the 21<sup>st</sup> International Association of Gerontology and Geriatrics Society Meeting, San Francisco, CA.

**Infurna, F. J.**, & Schaefer, S. (2017, July). *Antecedents and outcomes of disability across the adult lifespan.* Symposium convened for the 21<sup>st</sup> International Association of Gerontology and Geriatrics Society Meeting, San Francisco, CA.



Schaefer, S. & **Infurna, F. J.** (2017, July). *Positive change in grip strength over time is related to delayed onset of disability in older adults: Findings from the Health and Retirement Study*. Paper presented at for the 21<sup>st</sup> International Association of Gerontology and Geriatrics Society Meeting, San Francisco, CA.

Hülür, G., **Infurna, F. J.**, Ram, N., & Gerstorf, D. (2017, July). *Dyadic associations in well-being in the last years of life*. Paper presented at for the 21<sup>st</sup> International Association of Gerontology and Geriatrics Society Meeting, San Francisco, CA.

Fraire, N., & **Infurna, F. J.** (2017, July). *The effect of disability on subjective well-being across adulthood: The moderating role of age*. Poster presented at the 21<sup>st</sup> International Association of Gerontology and Geriatrics Society Meeting, San Francisco, CA.

**Infurna, F. J.**, & Haase, C. M. (2017, May). *In transition: New research on personality and well-being development in adulthood*. Symposium convened at the 29<sup>th</sup> Annual Meeting of the Association for Psychological Science, Boston, MA.

**Infurna, F. J.**, & Luthar, S. S. (2017, May). *Resilience to marital separation: The short- and long-term consequences of marital separation on subjective well-being and mental health*. Paper presented at the 29<sup>th</sup> Annual Meeting of the Association for Psychological Science, Boston, MA.

Haase, C. M., & **Infurna, F. J.** (2017, May). *The (later) marriage effect: Marriage and changes in well-being across adulthood*. Paper presented at the 29<sup>th</sup> Annual Meeting of the Association for Psychological Science, Boston, MA.

Castro, S. A., **Infurna, F. J.**, Arewasikporn, A., & Ong, A. (2017, January). *Social intelligence training improves sociability, capitalization, and relationship quality*. Paper presented at the Society for Personality and Social Psychology Annual Meeting, San Antonio, TX.

## 2016

**Infurna, F. J.** (2016, November). *Does resilience to childhood adversity improve with social intelligence training?* Symposium convened at the 69<sup>th</sup> Annual Gerontological Society of America Meeting, New Orleans, LA.

**Infurna, F. J.**, Fraire, N., Castro, S. A., Zautra, A. J., Lemery-Chalfant, K., & Waldron, V. (2016, November). *Social intelligence training improves social relationship quality and well-being*. Paper presented at the 69<sup>th</sup> Annual Gerontological Society of America Meeting, New Orleans, LA.

Lemery-Chalfant, K., **Infurna, F. J.**, Zautra, A. J., & Waldron, V. (2016, November). *Social intelligence training improves relationship quality and mental health: Genetic moderation*. Paper presented at the 69<sup>th</sup> Annual Gerontological Society of America Meeting, New Orleans, LA.

- Hülür, G., Heckhausen, J., Hoppmann, C. A., **Infurna, F. J.**, Wagner, G. G., Ram, N., & Gerstorff, D. (2016, November). *Levels of and changes in well-being prospectively predict mortality hazards*. Paper presented at the 69<sup>th</sup> Annual Gerontological Society of America Meeting, New Orleans, LA.
- Waldron, V., Zautra, E., Zautra, A., Infurna, F. J., Lemery-Chalfant, K., Mays, T., Richards, J., & Villanueva, R. (2016, November). Can the Communicative Effects of Early-Life Adversity be Reversed at Midlife and Beyond? Participant and Confidant Response to an Online Social Intelligence Intervention. Presented at the National Communication Association Annual Conference, Philadelphia.
- Waldron, V., Zautra, E., Zautra, A., Infurna, F. J., Lemery-Chalfant, K., Mays, T., Richards, J., & Villanueva, R. (2016, November). Effects of an online social intelligence intervention on relational communication practices. Presented at the Gerontology Society of America Annual Conference, New Orleans.
- Zautra, A. J., **Infurna, F. J.**, Lemery-Chalfant, K., & Waldron, V. (2016, November). *How to intervene to improve social relationships and health? A focus on social intelligence training*. Paper presented at the 69<sup>th</sup> Annual Gerontological Society of America Meeting, New Orleans, LA.
- Tetlow, A. M., Andel, R., & **Infurna, F. J.** (2016, November). *Can a change in cognition predict c-reactive protein levels?* Poster presented at the 69<sup>th</sup> Annual Gerontological Society of America Meeting, New Orleans, LA.
- Infurna, F. J.** (2016, September). *The use of growth mixture modeling for studying resilience to significant life adversity*. Paper presented at the 3<sup>rd</sup> Developmental Methodology Conference, Whitefish, MT.
- Infurna, F. J.**, & Luthar, S. S. (2016, July). *Parents reactions to the loss of their child: Resilience is by no means typical*. Paper presented at the 31<sup>st</sup> International Congress of Psychology, Yokohama, Japan.
- Infurna, F. J.**, & Grimm, K. J. (2016, June). *The use of growth mixture modeling for studying resilience to major life events: Application to spousal loss, divorce, and unemployment in the SOEP*. Paper presented at the 12<sup>th</sup> International German Socio-Economic Panel User Conference, Berlin, Germany.
- Belton, D. A., & **Infurna, F. J.** (2016, June). *Does Childhood Adversity Influence Cognitive Functioning in Midlife and Old Age?* Poster presented at the Pacific Division of AAAS Conference, San Diego, CA. **\*Winner of Best Poster Award in Psychology Section**
- Small, P., Meier, M. H., **Infurna, F. J.**, & Luthar, S. S. (2016, May). *Affluent youth in emerging adulthood: Elevated substance use relative to norms*. Poster presented at the 28<sup>th</sup> Annual Meeting of the Association for Psychological Science, Chicago, IL.

**Infurna, F. J., & Luthar, S. S.** (2016, May). *The multidimensional nature of resilience to spousal loss*. Paper presented at the 28<sup>th</sup> Annual Meeting of the Association for Psychological Science, Chicago, IL.

**Infurna, F. J.** (2016, May). *What are the consequences of significant life adversity and factors that promote resilience, adaptation, and growth?* Symposium convened at the 28<sup>th</sup> Annual Meeting of the Association for Psychological Science, Chicago, IL.

## 2015

**Infurna, F. J., & Luthar, S. S.** (2015, November). *Resilience to major life stressors is not as common as thought*. Paper presented at the 68<sup>th</sup> Annual Gerontological Society of America Meeting, Orlando, FL.

**Infurna, F. J., & Wiest, M.** (2015, November). *How do daily and major life stressors influence the course of development?* Symposium convened at the 68<sup>th</sup> Annual Gerontological Society of America Meeting, Orlando, FL.

Joiner, R., **Infurna, F. J., & Wiest, M.** (2015, November). *Examining the contributing factors to changes in subjective well-being following a serious illness or injury: The mediating effects of social support*. Poster presented at the 68<sup>th</sup> Annual Gerontological Society of America Meeting, Orlando, FL.

Kappes, C., & **Infurna, F. J.** (2015, November). *Long-term antecedents of level and change in perceptions of mastery and constraints*. Poster presented at the 68<sup>th</sup> Annual Gerontological Society of America Meeting, Orlando, FL.

Tetlow, A., Andel, R., & **Infurna, F. J.** (2015, November). *C-Reactive protein and episodic memory performance in the Health and Retirement Study*. Poster presented at the 68<sup>th</sup> Annual Gerontological Society of America Meeting, Orlando, FL.

Wiest, M., & **Infurna, F. J.** (2015, November). *Differential effects of disability on subjective well-being*. Paper presented at the 68<sup>th</sup> Annual Gerontological Society of America Meeting, Orlando, FL.

**Infurna, F. J., Petrov, M. E., & Zautra, A. J.** (2015, June). *Childhood trauma influences daily health-promoting behaviors: Personal and social resources promote resilience*. Paper presented at Pathways to Resilience III: Beyond nature versus nurture.

Ebbert, A. M., **Infurna, F. J., & Luthar, S. S.** (2015, June). *Antecedents and Outcomes of Attachment Style from Middle School to High School*. Poster presented at the Pacific Division of AAAS Conference, San Francisco, CA. **\*Winner of Best Poster Award in Psychology Section and Rita W. Peterson Award in Science Education for Best Poster**

Okun, M. A., & **Infurna, F. J.** (2015, May). *Volunteering protects against cognitive impairment*. Paper presented at 27<sup>th</sup> Annual Meeting of the Association for Psychological Science, New York, NY.

Luong, G., & **Infurna, F. J.** (2015, May). *New insights in stress and emotion research: Methodological, biological, and developmental approaches*. Symposium convened at 27<sup>th</sup> Annual Meeting of the Association for Psychological Science, New York, NY.

**Infurna, F. J.** (2015, May). *Why is early life adversity associated with health in adulthood?: A focus on resilience processes*. Symposium convened at 27<sup>th</sup> Annual Meeting of the Association for Psychological Science, New York, NY.

**Infurna, F. J.,** Wiest, M., & Luthar, S. S. (2015, May). *Resilience to unemployment is not uniform across dimensions of subjective well-being*. Paper presented at 27<sup>th</sup> Annual Meeting of the Association for Psychological Science, New York, NY.

**Infurna, F. J.,** Petrov, M. E., & Zautra, A. J. (2015, May). *Childhood trauma influences daily health-promoting behaviors: Personal and social resources promote resilience*. Paper presented at 27<sup>th</sup> Annual Meeting of the Association for Psychological Science, New York, NY.

Van Lenten, S. A., & **Infurna, F. J.** (2015, March). *An examination of how parenthood and bereavement influences baseball performance*. Paper presented at SABR Analytics Conference, Phoenix, Arizona.

## 2014

**Infurna, F. J.** (2014, November). *Life adversity and the course of development: A focus on resilience processes*. Symposium convened for the 67<sup>th</sup> Annual Meeting of the Gerontological Society of America, Washington, DC.

**Infurna, F. J.,** Okun, M. A. (2014). *The interplay of level and change in perceived control with health, well-being, and social resources in midlife and old age*. Paper presented at the 67<sup>th</sup> Annual Meeting of the Gerontological Society of America, Washington, DC.

**Infurna, F. J.,** Rivers, C., Reich, J., & Zautra, A. J. (2014, November). *Childhood trauma is associated with greater emotional reactivity to daily negative and positive events: The role of mastery*. Paper presented at the 67<sup>th</sup> Annual Meeting of the Gerontological Society of America, Washington, DC.

**Infurna, F. J.,** & Wiest, M. (2014, November). *The effect of disability on life satisfaction and self-rated health: Resilience is not the prototypical pattern*. Paper presented at the 67<sup>th</sup> Annual Meeting of the Gerontological Society of America, Washington, DC.

- Joiner, R. J., & Infurna, F. J. (2014, November). *Linking work-stress to level and change in well-being, perceived control, and health in midlife and old age*. Poster presented at the 67<sup>th</sup> Annual Meeting of the Gerontological Society of America, Washington, DC.
- Krupka, S., **Infurna, F. J.**, Demuth, I., Schöllgen, I., Ram, N., & Gerstorf, D. (2014, November). *Does cause of death moderate late-life change in well-being?* Paper presented at the 67<sup>th</sup> Annual Meeting of the Gerontological Society of America, Washington, DC.
- Watson, R. L., & Infurna, F. J. (2014, November). *Linking work-stress to negative and positive emotional support: Findings from the Health and Retirement Study*. Poster presented at the 67<sup>th</sup> Annual Meeting of the Gerontological Society of America, Washington, DC.
- Gerstorf, D., Ram, N., **Infurna, F. J.**, Schupp, J., & Wagner, G. G. (2014, September). *Developmental trajectories in well-being at the end of life: The role of social factors*. Paper presented at the 49<sup>th</sup> Congress of the Germany Society of Psychology.
- Infurna, F. J.**, & Wiest, M. (2014). *The effect of disability on life satisfaction and self-rated health: Resilience is not the prototypical pattern*. Paper presented at the 11<sup>th</sup> International German Socio-Economic Panel User Conference, Berlin, Germany.
- Hutchinson, L., Okun, M. A., & Infurna, F. J. (2014, May). *Cessation of volunteering among older adults: What's volunteer enjoyment and satisfaction got to do with it?* Poster presented at the 26<sup>th</sup> Annual Meeting of the Association for Psychological Science, San Francisco, CA.
- Infurna, F. J.**, Small, P., & Luthar, S. S. (2014, May). *Linking level and rates of change in self-perceptions in high school to adult role transitions*. Paper presented at the 26<sup>th</sup> Annual Meeting of the Association for Psychological Science, San Francisco, CA.
- Infurna, F. J.**, & Luong, G. (2014, May). *Disentangling the Links between Stress and Health and Well-Being: Individual, Dyadic, and Contextual Approaches*. Symposium convened at the 26<sup>th</sup> Annual Meeting of the Association for Psychological Science, San Francisco, CA.
- Infurna, F. J.**, & Wiest, M. (2014, May). *The effect of disability on life satisfaction and self-rated health: Resilience is not the prototypical pattern*. Paper presented at the 26<sup>th</sup> Annual Meeting of the Association for Psychological Science, San Francisco, CA.

## 2013

- Gerstorf, D., Ram, N., **Infurna, F. J.**, Schupp, J., & Wagner, G. G. (2013, November). *Individual differences in terminal well-being decline: The role of family goals, social participations, and the living environment*. Paper presented at the 66<sup>th</sup> Annual Meeting of the Gerontological Society of America, New Orleans, LA.

- Infurna, F. J., & Agrigoroaei, S.** (2013, November). *The interplay between psychosocial resources and cognitive, mental, and physical health in adulthood and old age*. Symposium convened for the 66<sup>th</sup> Annual Meeting of the Gerontological Society of America, New Orleans, LA.
- Infurna, F. J., & Gerstorf, D.** (2013, November). *Interdisciplinary perspectives on resilience in adulthood and old age*. Symposium convened for the 66<sup>th</sup> Annual Meeting of the Gerontological Society of America, New Orleans, LA.
- Infurna, F. J., & Gruenewald, T.** (2013, November). *Perceived control is associated with cardiovascular disease and cancer-specific mortality: Findings from the Health and Retirement Study*. Paper presented at the 66<sup>th</sup> Annual Meeting of the Gerontological Society of America, New Orleans, LA.
- Infurna, F. J., Wiest, M., Gerstorf, D., Ram, N., Schupp, J., Wagner, G. G., & Heckhausen, J.** (2013, November). *Decline and adaptation of life satisfaction after losing a spouse: Moderated by social and health resources and predicting longevity*. Paper presented at the 66<sup>th</sup> Annual Meeting of the Gerontological Society of America, New Orleans, LA.
- Schade, H. M., **Infurna, F. J., Hoppmann, C. A., & Gerstorf, D.** (2013, November). *Examining similarities in life satisfaction within and between couples over time*. Poster presented at the 66<sup>th</sup> Annual Meeting of the Gerontological Society of America, New Orleans, LA.

## 2012

- Gerstorf, D., Heckhausen, J., Ram, N., **Infurna, F. J., Schupp, J., & Wagner, G. G.** (2012, November). *Effective developmental control strivings buffer terminal declines in well-being*. Paper presented at the 65<sup>th</sup> Annual Meeting of the Gerontological Society of America, San Diego, CA.
- Heckhausen, J., **Infurna, F. J., Gerstorf, D., Ram, N., Schupp, J., & Wagner, G. G.** (2012, November). *Perceived control facilitates adjustment to unemployment: Findings from the German Socio-Economic Panel Study (SOEP)*. Paper presented at the 65<sup>th</sup> Annual Meeting of the Gerontological Society of America, San Diego, CA.
- Hoppmann, C. A., Gerstorf, D., **Infurna, F. J., & Ram, N.** (2012, November). *A limited subjective future life expectancy relates to diminished well-being in old age*. Paper presented at the 65<sup>th</sup> Annual Meeting of the Gerontological Society of America, San Diego, CA.
- Infurna, F. J., & Gerstorf, D.** (2012, November). *How major life events challenge our self-regulation system*. Symposium convened at the 65<sup>th</sup> Annual Meeting of the Gerontological Society of America, San Diego, CA.

- Infurna, F. J.,** Gerstorf, D., & Ram, N. (2012, November). *The nature and correlates of change in depressive symptoms with cancer diagnosis: Reaction and adaptation*. Paper presented at the 65<sup>th</sup> Annual Meeting of the Gerontological Society of America, San Diego, CA.
- Morack, J., **Infurna, F. J.,** Ram, N., & Gerstorf, D. (2012, November). *Trajectories and correlates of change in the physical and mental health scales of the SF-36 across adulthood and old age*. Poster presented at the 65<sup>th</sup> Annual Meeting of the Gerontological Society of America, San Diego, CA.
- Wagner, G. G., Gerstorf, D., Ram, N., **Infurna, F. J.,** Schupp, J., & Heckhausen, J. (2012, July). *Major life events shape well-being through little ups and big downs: Findings from the German Socio-Economic Panel Study (SOEP)*. Poster presented at the 30th International Congress of Psychology, Cape Town, South Africa.
- Infurna, F. J.,** Gerstorf, D., Ram, N., Schupp, J., Wagner, G. G., & Heckhausen, J. (2012, June). *Perceived control facilitates adjustment to unemployment: Findings from the German Socio-Economic Panel Study (SOEP)*. Paper presented at the 10<sup>th</sup> International German Socio-Economic Panel User Conference, Berlin, Germany.
- Gerstorf, D., **Infurna, F. J.,** & Ram, N. (2012, April). *Longitudinal changes in memory as a function of disease: Findings from the Health and Retirement Study*. Paper presented at the 14th Biennial Cognitive Aging Conference, Atlanta, GA.
- Hülür, G., **Infurna, F. J.,** Ram, N., & Gerstorf, D. (2012, April). *Death cohorts in the Health and Retirement Study: Differences in age- and mortality-related cognitive decline*. Poster presented at the 14<sup>th</sup> Biennial Cognitive Aging Conference, Atlanta, GA.
- Infurna, F. J.,** & Gerstorf, D. (2012, April). *Linking perceived control and memory change: Evidence for the role of behavioral and physiological health factors*. Poster presented at the 14th Biennial Cognitive Aging Conference, Atlanta, GA.

## 2011

- Infurna, F. J.,** Gerstorf, D., & Zarit, S. H. (2011, November). *Changes in role overload and mastery of caregivers with the placement of a care recipient: The role of caregiver and care recipient characteristics*. Paper presented at the 64<sup>th</sup> Annual Meeting of the Gerontological Society of America, Boston, MA.
- Gerstorf, D., Ram, N., **Infurna, F. J.,** Michalski, N., Schupp, J., & Wagner, G. G. (2011, May). *Using natural experiments and data collected over long-term and short-term time scales to better understand adult changes in well-being*. Paper presented at the 23<sup>rd</sup> Annual Meeting of the Association for Psychological Science, Washington, DC.

## 2010

**Infurna, F. J.,** Gerstorf, D., Ram, N., Schupp, J., & Wagner, G. G. (2010, November). *Long-term antecedents and outcomes of perceived control*. Paper presented at the 63<sup>rd</sup> Annual Meeting of the Gerontological Society of America, New Orleans, LA.

**Infurna, F. J.,** & Gerstorf, D (2010, November). *The interplay of psychosocial resources and health in adulthood and old age*. Symposium conveners at the 63<sup>rd</sup> Annual Meeting of the Gerontological Society of America, New Orleans, LA.

Morack, J., **Infurna, F. J.,** & Gerstorf, D. (2010, November) *Age-related trajectories of change in physical and mental health across the adult lifespan*. Poster presented at the 63<sup>rd</sup> Annual Meeting of the Gerontological Society of America, New Orleans, LA.

**Infurna, F. J.,** & Gerstorf, D. (2010, May) *Examining changes in depressive symptoms in relation to cancer diagnosis*. Poster presented at the 22<sup>nd</sup> Annual Meeting of the Association for Psychological Science, Boston, MA.

**Infurna, F. J.,** Gerstorf, D., Ryan, L. H., & Smith, J. (2010, April) *Examining dynamic links between memory and functional limitations in old age: Evidence from the AHEAD cohort of the health and retirement study*. Poster presented at the 13<sup>th</sup> Biennial Cognitive Aging Conference, Atlanta, GA.

## 2009

**Infurna, F. J.,** Gerstorf, D., & Zarit, S. H. (2009, November) *Examining dynamic links between mastery and health: Longitudinal evidence for differential linkages in midlife and old age*. Paper presented at the 62<sup>nd</sup> Annual Meeting of the Gerontological Society of America, Atlanta, GA.

**Infurna, F. J.,** & Gerstorf, D (2009, November) *Longitudinal interrelationships between social support, control beliefs, and health*. Symposium conveners at the 62<sup>nd</sup> Annual Meeting of the Gerontological Society of America, Atlanta, GA.

**Infurna, F. J.,** Ryan, L. H., Smith, J., & Gerstorf, D. (2009, October) *Examining dynamic links between cognition and health in old age: Evidence from the AHEAD Study*. Paper presented at the 6<sup>th</sup> Biennial Meeting of the Society for the Study of Human Development, Ann Arbor, MI.

## 2008 and earlier

**Infurna, F. J.,** Gerstorf, D., Berg, S., & Zarit, S. H. (2008, November) *Subjective age in the oldest old: Results from the OCTO study*. Poster presented at the 61<sup>st</sup> Annual Meeting of the Gerontological Society of America, National Harbour, MD.



**Infurna, F. J.** & Smith, J. (2008, July). *How we age: Examining psychological profiles in midlife and old age*. SRC Summer Internship Program 5<sup>th</sup> Annual Symposium. Institute for Social Research, University of Michigan, Ann Arbor, MI.

**Infurna, F. J.**, & Sörensen, S. (2007, November) *Does marital status moderate the association of social relationships with preparation for future care?* Poster presented at the 60th Annual Meeting of the Gerontological Society of America, San Francisco, CA.

Sörensen, S., Lyness, J. M., Duberstein, P. R., Chapman, B., **Infurna, F. J.**, & Pinquart, M. (2006, November) *How are mood disorders related to preparation for future care?* Poster presented at the 59th Annual Meeting of the Gerontological Society of America, Dallas, TX.

### Invited Talks

**Infurna, F. J.** (2024, September 14). *Developmental in midlife: Defining features and historical trends in mental and physical health*. Invited talk to be given at Austen Riggs virtual roundtable on mental health in middle adulthood.

**Infurna, F. J.** (2024, January 31). *The changing landscape of midlife*. Invited talk given at School of Psychology, Georgia Tech University, Atlanta, GA.

**Infurna, F. J.** (2023, September 27). *Proceed with caution when using growth mixture modeling for studying resilience: How we have overestimated the human capacity to exhibit resilience following major life stressors*. Invited talk given at 9<sup>th</sup> International Resilience Symposium (#resilience2023), Mainz, Germany.

**Infurna, F. J.** (2022, November 17). *Something is amiss in midlife: Cross-national difference in health, well-being, and cognition and directions for future inquiry*. Invited talk given to Resilient Minds Meeting. \*Talk given virtually.

Jayawickreme, E., & **Infurna, F. J.** (2022, June 25). *Does Adversity Make Us Stronger? Four Lessons from the Pathways to Character Project*. Templeton Annual Meeting.

**Infurna, F. J.** (2022, February 3). *The Changing Landscape of Midlife: Historical Trends and Why the US is an Outlier Compared to Other Nations*. Invited talk given at OSHER Lifelong Learning Institute at Arizona State University. \*Talk given virtually due to COVID-19.

**Infurna, F. J.** (2021, November 17). *The Changing Landscape of Midlife and What It Means for Future Planning*. Invited talk given at the Estate Planning Council of Canada. \*Talk given virtually due to COVID-19.

**Infurna, F. J.** (2021, October 29). *The Changing Landscape of Midlife: Historical Trends and Directions for Future Inquiry*. Invited talk given at the Department of Human

Development and Family Studies Seminar, University of Texas at Austin. \*Talk given virtually due to COVID-19.

- Infurna, F. J.** (2021, July 22). *Mind the gap: How midlife is undergoing historical changes.* Invited talk given at Mirabella Lifelong Learning Signature Lecture Series, Tempe, AZ.
- Infurna, F. J.** (2019, November 14). *Utilizing principles of lifespan developmental psychology to examine resilience to adversity.* Invited award address given at the 71<sup>st</sup> Annual meeting of the Gerontological Society of America, Austin, TX.
- Infurna, F. J.** (2019, October 13). *Is adversity a catalyst for change in character strengths in midlife?* Invited keynote given at the 11<sup>th</sup> Biennial meeting of the Society for the Study of Human Development, Portland, OR.
- Infurna, F. J.** (2018, October 17). *Resilience and healthy aging.* Invited talk given at Virginia G. Piper Charitable Trust, Phoenix, AZ.
- Infurna, F. J.** (2017, August 22). *Does resilience to childhood adversity improve with social intelligence training?* Invited webinar for NIH OBSSR Director's Seminar Series, NIH OBSSR, Bethesda, MD.
- Infurna, F. J.** (2017, April 25). *The multidimensional nature of resilience to spousal loss.* 10<sup>th</sup> Matilda White Riley Behavioral and Social Sciences Honors, NIH OBSSR, Bethesda, MD.
- Infurna, F. J.** (2017, March 9). *Conceptual and Methodological Considerations in Studying Resilience to Major Life Stressors.* Invited talk given at Department of Psychology, Health area Brown Bag, University of British Columbia.
- Infurna, F. J.** (2017, February 21). *Just how resilient are we?* Invited talk given at OSHER Lifelong Learning Institute at Arizona State University.
- Infurna, F. J.** (2016, October 19). *Resilience to major life stressors: Conceptual and methodological considerations.* Invited talk given at Department of Psychology and Human Development and Family Studies, Colorado State University.
- Infurna, F. J.** (2016, March 25). *Resilience to major life stressors: Conceptual and methodological considerations.* Invited talk given at Department of Psychology, University of Rochester.
- Infurna, F. J.** (2016, February 17). *Resilience to major life stressors is not as common as thought.* Invited talk given at Counseling Psychology colloquium held at Arizona State University.
- Infurna, F. J.** (2016, February 8). *Insights into the timing and multidimensional nature of post-traumatic growth.* Invited talk given at John Templeton Foundation meeting on Strengthening Character Through Challenge and Failure.

**Infurna, F. J.** (2015, September 9). *Biomarkers in the measurement of self-management*. Invited talk given at NIH workshop on Self, Others, and Chronic Conditions: Basic Mechanisms and Processes that Facilitate or Impede Self-Management.

### **Teaching Interests**

- Lifespan and Adult Development and Aging Psychology
- Perceived Control, Motivation, and Self-Regulation Across the Lifespan
- Psychosocial and Health Development Across the Lifespan
- Research Methodology

### **TEACHING EXPERIENCE**

#### **Arizona State University, Department of Psychology**

PSY 447: Psychology and Aging, *Spring 2014, Summer 2014, Spring 2015, Fall 2016, Spring 2018, Spring 2022, Fall 2022*

PSY 498: Challenges of an Aging Society, *Spring 2022, Fall 2024*

PSY 498: Self-Regulation and Development, *Fall 2014, Spring 2016, Spring 2019*

PSY 591: Developmental Theories of Individual Development, *Fall 2013, Fall 2018*

PSY 598: Developmental Transitions, *Fall 2015, Fall 2017, Spring 2021*

PSY 600: Research Methods, *Spring 2021, Spring 2024*

#### **Humboldt University**

Perceptions of and Strivings for Control across Life: Concepts and Empirical Findings, *Spring 2012, Spring 2013*

#### **The Pennsylvania State University**

Introduction to Human Development and Family Studies, *Summer 2009*

## **Mentoring**

### **Current Graduate Students**

Fafa Dey 2022 – Present

Yesenia Cruz-Carrillo 2023 – Present

### **Former Graduate Students**

Saul Castro (2016 – 2023). Current Position: Clinical Research Scientist at Providence.

Omar Staben (2017 – 2022). Current Position: Research Psychologist at the Army Research Institute for the Behavioral and Social Sciences

Ashley Ebbert (2017 – 2021). Current Position: Licensed Clinical Psychologist at Keck School of Medicine at the University of Southern California

### **Master's Thesis, Comprehensive Examinations, and Dissertations**

#### Director

Saul Castro	Dissertation committee (clinical) (2021-2023)
Omar Staben	Dissertation committee (developmental) (2021-2022)
Ashley Ebbert	Dissertation committee (clinical) (2019-2020)
Omar Staben	Comprehensive Examination (developmental) (2020)
Saul Castro	Comprehensive Examination (clinical) (2019)
Ashley Ebbert	Comprehensive Examination (clinical) (2019)
Yesenia Cruz-Carrillo	Master's Thesis (developmental) (2024-present)
Fafa Dey	Master's Thesis (developmental) (2023-present)
Omar Staben	Master's Thesis (developmental) (2018-2019)
Saul Castro	Master's Thesis (clinical) (2017-2018)
Ashley Ebbert	Master's Thesis (clinical) (2017-2018)

#### Member

Samanthan McMichael	Dissertation committee (social)	(2024)
Austin Blake	Dissertation committee (clinical)	(2023)
Yul Kwon	Dissertation committee (social)	(2022)
Jordan Moon	Dissertation committee (social)	(2021-2022)
Shannon Moore	Dissertation committee (clinical)	(2021)
Alexandra Ingram	Dissertation committee (clinical)	(2018-2020)
Melanie Hill	Dissertation committee (clinical)	(2018-2019)
Dhwani Kothari	Dissertation committee (clinical)	(2017-2019)

Phil Small	Dissertation committee (clinical)	(2017-2018)
Crystal Rivers	Dissertation committee (clinical)	(2016-2018)
Anne Arewasikporn	Dissertation committee (clinical)	(2014-2016)
Eva Bartsch	Comprehensive Examination (clinical)	(2023)
Meryl Olah	Comprehensive Examination (clinical)	(2023)
Ahra Ko	Comprehensive Examination (social)	(2021-2022)
HyeJung Park	Comprehensive Examination (developmental)	(2021)
Austin Blake	Comprehensive Examination (clinical)	(2021)
Erin Mistretta	Comprehensive Examination (clinical)	(2020)
Chanler Hilley	Comprehensive Examination (SSFD)	(2019)
Shannon Moore	Comprehensive Examination (clinical)	(2018)
Alexandria Curlee	Comprehensive Examination (clinical)	(2017)
Alexandra Ingram	Comprehensive Examination (clinical)	(2017)
Melanie Hill	Comprehensive Examination (clinical)	(2017)
Scott VanLenten	Comprehensive Examination (developmental)	(2016)
Phil Small	Comprehensive Examination (clinical)	(2016)
Crystal Rivers	Comprehensive Examination (clinical)	(2014-2015)
Sarah Ingebrand	Comprehensive Examination (developmental)	(2014)
Meryl Olah	Master's Thesis (clinical)	(2021-2022)
Renee Benoit	Master's Thesis (developmental)	(2019)
Erin Mistretta	Master's Thesis (clinical)	(2018-2019)
HyeJung Park	Master's Thesis (developmental)	(2018-2019)
Alexandria Curlee	Master's Thesis (clinical)	(2015-2016)
Phil Small	Master's Thesis (clinical)	(2015)
Scott VanLenten	Master's Thesis (developmental)	(2014-2015)

### **Undergraduate Honor's Theses/Creative Projects**

#### Director

Kelly Van Duine (2024)  
 Orchee Syed (2024) – Winner of Best Undergraduate Thesis in Psychology  
 Yuktha Shanavas (2022)  
 Briggs Kellogg (2022)  
 Cameron Mattern (2021)  
 Colleen Sullivan (2018) – Finalist for Best Undergraduate Thesis in Psychology  
 Amir Meraban (2018)  
 Presley Banovich (2017)  
 Elaina Espinosa (2017)

Kayla Block (2016)  
Denise Malkoon (2016)

#### Member

Annie Ong (2022)  
Nadeen Salti (2022)  
Nick Armenta (2021)  
Hira Ali (2018)  
Ashlyn Gonzales (2018)  
Emily Taracena (2018)  
Sara Gronewald (2017)  
Katie Gandee (2016)  
Sarah Chon (2015)

#### **Undergraduate Honor's Contracts**

PSY 447: Psychology and Aging, Fall 2022: Ian Osterkorn, Hayley Swenson

PSY 447: Psychology and Aging, Spring 2022: Kinsey Clyne, Faiyaj Murshed

PSY 447: Psychology and Aging, Spring 2018: Alena Janss

PSY 498: Self-Regulation and Development, Spring 2016: Alexandra Cohen

PSY 447: Psychology and Aging, Spring 2015: Brenna Goodwin, Denise Malkoon, Erin Nolan, Sheng Qin, Brittney Wallace

PSY 498: Self-Regulation and Development, Fall 2014: Denise Malkoon

#### **Student Awards and Recognition**

Fafa Dey (2022-2023): Graduate College Enrichment Fellowship

Ashley M. Ebbert (2020): The Robert B. Cialdini Dissertation Project Prize

Elaina Espinosa (2016 – 2017 Academic Year): Bidstrup Undergraduate Fellow

Molly Gardner (Summer 2016): College of Liberal Arts and Sciences Undergraduate Summer Enrichment Award

Natalie Collins (Summer 2015): College of Liberal Arts and Sciences Undergraduate Summer Enrichment Award

Daniel A. Belton (June 2016): Winter of Best Poster Award in Psychology Section at Pacific Division of AAAS Conference.

Ashley M. Ebbert (June 2015): Winner of Best Poster Award in Psychology Section and Rita W. Peterson Award in Science Education for Best Poster at Pacific Division of AAAS Conference.

### **Former Undergraduate Research Assistants Who are Currently in Graduate Programs**

Makita White (2018-2019): Ph.D. graduate student in Social Psychology at Washington State University

Brian Dashner (2017-2019): Psy.D. graduate student at Albizu University

Molly Gardner (2016-2019): Ph.D. graduate student in Quantitative Psychology at Arizona State University

Kayla Block (2016): Master's graduate student in Counseling at Arizona State University

Andrea Molino (2015): Psy.D. graduate student in Clinical Psychology at Argosy University

Rebecca Watson (2014 – 2015): Master's graduate student in Counseling at Boston College University

### **Former Undergraduate Research Assistants Who Have Completed Graduate Programs**

Ashley Ebbert (2014 – 2015): Ph.D. in Clinical Psychology at Arizona State University

Colleen Sullivan (2016-2018): Master's in Criminology and Criminal Justice from Arizona State University

Teta Johnson (2016 – 2017): Master's in Mental Health Counseling from University of North Carolina, Greensboro.

Austin Sargent (2016-2017): Master's of Applied Behavioral Analysis from Arizona State University

Alejandra Molina (2015-2017): Master's degree in Global Affairs and Management from the Thunderbird School of Global Management.

Julie Rousseau (2015 – 2016): Ph.D. in Simulation, Modeling and Applied Cognitive Science from Arizona State University

Chase Staheli (2015 – 2016): Master's of Applied Behavioral Analysis from Arizona State University

Aubrey Nelson (2014 – 2015): Master's in Counseling at Arizona State University

Raquael Joiner (2014 – 2015): Ph.D. in Psychology from University Notre Dame

## **PROFESSIONAL SERVICE**

### **Professional Memberships**

- American Psychological Association (2007 – Present)
- Association for Psychological Science (2007 – Present)
- Gerontological Society of America (2006 – Present)

### **Professional Membership Service**

GSA Editor Search Workgroup for Journals of Gerontology, Psychological Sciences (2023)

GSA BSS Awards Review Panel (2021)

Website co-chair for American Psychological Association Division 20 (2018 – 2021)

### **Grant Review Experience**

National Institute of Health – SPIP Study Section Membership, 2021 – 2025

Chair/Reviewer for National Institute of Health – PAR Panel on The Role of Social Connectedness and Isolation on Health Outcomes, 2021

Reviewer for National Institute of Health – PAR Panel on Research on Psychosocial Factors of Social Connectedness and Isolation on Health, Well-Being, Illness and Recovery, 2020

Reviewer for National Institute of Health – SPIP (Social Psychology, Personality and Interpersonal Processes) Study Section, 2020

Reviewer for National Institute of Health – SBIR/STTR (Small Business: Neuro/Psychopathology, Lifespan Development, and STEM Education Special Emphasis Panel), 2019

Reviewer for National Institute of Health – SBIR/STTR (Small Business: Neuro/Psychopathology, Lifespan Development, and STEM Education Special Emphasis Panel), 2018

Reviewer for John Templeton Foundation Grants, 2018

### **Editorial Board Membership**

Journal of Gerontology, Series B: Psychological Sciences, 2017 – Present

International Journal of Behavioral Development, 2017 – Present

Journal of Adult Development, 2021 – Present

Work, Aging, and Retirement, 2021 – Present

Psychology and Aging, 2018 – 2020

Development Psychology, 2016

### **Editorial Experience: Ad-Hoc Reviewer**

American Psychologist; Aging and Mental Health; Annals of Behavioral Medicine; Archives of Gerontology and Geriatrics; Developmental Psychology; Emotion; European Journal of Aging; Geropsych; Gerontologist; Gerontology; Health Psychology; International Journal of Aging and Behavioral Development; International Journal of Behavioral Development; Journals of Gerontology, Series B: Psychological and Social Sciences; Journal of Affective Disorders; Journal of Personality; Journal of Research in Personality; Journal of Personality and Social Psychology; Perspectives on Psychological Science; Personality and Individual Differences; PLOS ONE; Psychological Science; Psychology and Aging; Psychology and Health; Psychosomatic Medicine; Social Psychological and Personality Science; Work, Aging, and Retirement



Reviewer for study proposals: GESIS Panel – Leibniz Institute for the Social Sciences (2014);  
The Netherlands Organisation for Health Research and Development (ZonMw) (2014)  
Abstract submissions for 2008 – 2017 Gerontological Society of America Annual Meeting

### **Department Service**

ASU Psychology Health Search Committee, 2023-2024 Academic Year  
ASU Psychology Quantitative Search Committee, 2017-2018 Academic Year  
ASU Psychology Developmental Search Committee, 2016-2017 Academic Year  
ASU Psychology Quantitative Search Committee, 2016-2017 Academic Year

ASU Psychology Awards Committee Chair, 2023-2024 Academic Year  
ASU Psychology Awards Committee Chair, 2022-2023 Academic Year  
ASU Psychology Awards Committee Chair, 2021-2022 Academic Year  
ASU Psychology Awards Committee Member, 2020-2021 Academic Year  
ASU Psychology Awards Committee Member, 2018-2019 Academic Year  
ASU Psychology Awards Committee Member, 2017-2018 Academic Year  
ASU Psychology Awards Committee Member, 2016-2017 Academic Year  
ASU Psychology Awards Committee Member, 2015-2016 Academic Year  
ASU Psychology Awards Committee Member, 2014-2015 Academic Year

ASU Psychology Faculty Evaluation Committee, 2024-2025 Academic Year  
ASU Psychology Faculty Evaluation Committee, 2018-2019 Academic Year

ASU Psychology Third Year Review Committee, 2021-2022 Academic Year

### **College Service**

ASU The College of Liberal Arts and Sciences Senate Member, 2021-2022 Academic Year  
ASU The College of Liberal Arts and Sciences Senate Member, 2020-2021 Academic Year

### **Professional Development**

- Santa Fe Science Writing Workshop (May 6-11, 2019)
- Association for Psychological Science Teaching Institute Pre-Conference (May 25-26, 2016)
- NIH Writing Conference (Meg Bouvier, April 8, 2015)
- Faculty Women's Association Workshop on Building Evidence of Effective Teaching (February 9, 2015)
- DAAD Winter School on "Fundamentals of Human Development and Aging" Heidelberg University, December 2010
- American Psychological Association (APA) Advanced Training Institute (ATI) on Structural Equation Modeling in Longitudinal Research, May 2010

- Examining the Health and Retirement Study Workshop, Survey Research Center Summer Institute in Survey Research Techniques, Summer 2008
- Data Collection Methods, Survey Research Center Summer Institute in Survey Research Techniques, Summer 2008