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Nutrition Program
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Academic Training

Arizona State University, Tempe, AZ, MS in Human Nutrition, 1989
University of Arizona, Tucson, AZ, BS in Nutritional Science, 1984

Credentials

Registered Dietitian Nutritionist, 1989 to present
Fellow of the Academy of Nutrition and Dietetics, 2014-present
Certified Master Gardener, University of Arizona Cooperative Extension-Maricopa County, 2012-present

Professional Employment Record

Clinical Professor, Nutrition Program, Arizona State University, July, 2015-present
Dietetic Internship Director, Nutrition Program, Arizona State University, 2002-present
MS in Nutritional Science Program Director, 2002-present
Clinical Associate Professor, Nutrition Program, Arizona State University, July, 2014-2015
Senior Lecturer, Nutrition Program, Arizona State University, 2010-2014
Nutrition Program Coordinator, Nutrition Program, Arizona State University, 2010-May, 2014
Lecturer, Department of Nutrition, Arizona State University, 2002-2010
Faculty Associate, Department of Nutrition, Arizona State University, 2000-2002
Approved Pre-professional Practice Program (AP4) Director, Focus on Nutrition, Phoenix, AZ, 2001-2002
Faculty Associate, Department of Family Resources, Arizona State University, 1999-2000
Nutrition and Cooking Instructor, American Heart Association, Williams-Sonoma stores, Kitchen Glamour stores, Dorothy Lane Market Cooking School, Michigan, Ohio and Arizona, 1992-1998
Clinical Dietitian, William Beaumont Hospital Clinic of Preventive and Nutritional Medicine, Birmingham, MI, 1990-1993
Wellness Program Director, Southwest Health Institute, Phoenix, AZ, 1986-1989
Quality Control Chemist, Revlon, Inc., Phoenix, AZ, 1984-1985

Professional Memberships and Offices Held

Academy of Nutrition and Dietetics:
National Dietetic Admission Computer Match Committee, Nutrition and Dietetic Educators and Preceptors practice group, 2015-2020
Inter-Professional Education Task Force, Nutrition and Dietetic Educators and Preceptors practice group, 2015-2019
Chair, Inter-Professional Education Task Force, Nutrition and Dietetic Educators and Preceptors practice group, 2013-2015
Treasurer (elected), Nutrition and Dietetic Educators and Preceptors practice group, 2011-2013
Area 4 Coordinator (elected), Dietetic Educators of Practitioners practice group, 2005-2007
Academy Member, 1989 to present
Arizona Academy of Nutrition and Dietetics (AZAND):
Delegate to national Academy of Nutrition and Dietetics (elected for 4-year term), 2016-2020
Past-President, 2009-2010
President, 2008-2009
President-Elect (elected for 3-year term), 2007-2008
Nominating Committee Chair (elected), 2004-2005
AZAND website committee, 2006-2013
Listserv Manager, 2005-2014
AZAND Member, 1999 to present
AZAND Central District: Member, 2000 to present

Other Organizations:

University of Arizona Didactic Program in Dietetics Advisory Board, 2016-present
Arizona Dietetic Practicum Advisory Committee, Co-Chair, April 2009-2020, currently a member
Chandler-Gilbert/Paradise Valley Comm. Coll. Dietetic Technician Program Advisory Board, 2005-present
Maricopa County Dept. of Public Health Dietetic Internship Advisory Board, 2003-present
Central Arizona College Nutrition Program Advisory Board, 2005-present
Yavapai County Health Department Dietetic Internship Advisory Board, 2003-2009
Arizona Department of Health Services Dietetic Internship Advisory Board, 2004-2008
Americorps Site Supervisor, 2004-2011
Arizona Governor's Commission on Women's and Children's Health, Worksite Wellness Group, 2009-2010

Honors and Awards

Outstanding Dietetic Educator of the Year, Nutrition Dietetic Educators and Preceptors practice group, 2016
Awarded status as Fellow of the Academy of Nutrition and Dietetics (FAND), 2014
Outstanding Dietitian of the Year – Arizona Dietetic Association, 2012
Selected as “Guest Coach” by ASU Office of Student Athlete Development for exemplary service to student athletes, 2007, 2011 and 2017
Nominated as Arizona's Outstanding Dietetic Internship Director of the year for the Area 4 Dietetic Educators of Practitioners Dietetic Practice Group
Funded to attend 2006 ADA Leadership Institute as one of two representatives of the Arizona Dietetic Association
STATUS Award for Outstanding Service in Academic Advising, 2003
American Dietetic Association Promoter Award, 2nd Place, 2008
Nugent Award as one of top five graduating seniors of the University of Arizona, 1984

Classes/Programs Taught at University Level

Applied Project, Part 1, NTR 593
Introductory Nutrition, NTR 100
Human Nutrition, NTR 241
Introduction to the Professions in Nutrition and Dietetics, NTR 150 (Developed this course)
Pre-professional Preparation in Dietetics, NTR 400
Dietetic Internship Practicum, NTR 580
Cultural Aspects of Food, NTR 348
The ASU Experience, ASU 101
Nutrition, Health, and the Mediterranean Diet in Spain and Italy, ASU Study Abroad Program, summer 2014, 2016 and 2018
Food and Culture: the Mediterranean Lifestyle in Italy, ASU Study Abroad GIE program in partnership with ASU Italian Department, Spring Break, 2018
London & Edinburgh: Food and Culture, ASU Study Abroad GIE program, summer 2019

Publications and Presentations at National Conferences

Dietetics Supervised Practice Program Student Fair, November, 2021

The perinatal use of probiotics, prebiotics, and synbiotics for the primary prevention of allergic diseases in children: A systematic review. Human Nutrition & Metabolism, More D, Shepard C, Mayol-Kreiser S, Vol 25, 2021

Spotlight Series: Get the Edge you Need to Succeed, podcast with LSU to promote the ASU Dietetic Internship program, July, 2021

Attitudes and Perceptions of the DI Preceptor Role by AZ Nutrition Professionals. Top Clin Nutr, Winham D, Wooden A, Hutchins A, Morse L, Shepard C, Mayol-Krieser S, Hampl J, Vol. 29, No. 3, 210–226, 2017

Using Teamwork to Promote Improved Patient Outcomes. session submitter and moderator, Academy of Nutrition and Dietetics FNCE conference, Atlanta, GA, 2014

Organized and Hosted Dietetic Educators of Practitioners DPG Area IV Annual Conference in Austin, TX, 2008

Organized and Hosted Dietetic Educators of Practitioners DPG Area IV Annual Conference in Tempe, AZ, 2007

Using a Clinical “Boot Camp” to Improve Dietetic Intern Performance, DEP-Line, Winter, 2005

Christina Shepard

The Dietetic Village: A Collaborative Approach to Improving Dietetic Programs – presentation at American Dietetic Association Annual FNCE Convention, October, 2004

Nutrition for the Busy Advisor – presentation at Region 10 National Academic Advising Association Annual Conference, February, 2003

Shepard CW, Vaughan LA, Manore MM. Influence of dietary patterns on hematologic status of free-living elderly. The American Dietetic Association 69th Annual Meeting, October 1986

Professional Presentations in Arizona

“Gardening for Better Health” presentation for CHS Family Weekend, November, 2021

Guest speaker: University of Arizona senior dietetic student seminar, September, 2021

Sports Nutrition presentation to Embry-Riddle Athletic Department and coaches, July, 2021

Sports Nutrition presentation to Embry-Riddle Men’s and Women’s Golf Teams, January, 2020

Guest on local Arizona radio program “Your Daily Dose of Nutrition”, March, 2020

“Nutritional Benefits of Herbs”, presentation to Arizona Herb Association, November, 2020

Team Arizona: Annual Interprofessional Healthcare Summit, presenter and organizing committee, 2013-2019

Conducted Desert Institute of Gardening Workshop, “Healthy YOU! The Benefits of Growing and Preparing Your Own Veggies and Herbs”, 5/19/2017

Junior League of Phoenix “Gardening in the Desert” workshop, 11/15/17

Gardening presentation for ASU Sustainability “Sustival” day-long event at Civic Space Park

Presentation for ASU Employee Wellness on “Getting Picky Kids to Eat”, 10/2018

Green Cooking demo, Earth Day events, 2014-2017

S.H.O.W. Clinic Inaugural IPE Conference presenter, 12/2013

“Public Policy Issues Affecting Arizona Dietitians” annual presentation to AZ dietetic interns, 2013-2017

RD Professional Development Portfolio annual presentation to AZ internship preceptors, 2012-2019

Presentation on Dietetic Internships at Arizona WIC conference, 2009, 2011

“Public Policy Issues Affecting Arizona Dietitians” presentation at Arizona Dietetic Association Northern District conference, 2009

President’s Welcome and Membership Update, Arizona Dietetic Association Annual Conference, 2009

“ADA’s Evidence Analysis Library”, Guest lecture, NTR 340, 2009

Student Public Policy Workshop, 2009

Arizona Woman’s Health Expo – Nutrition presentation, 2009

Featured Guest on Nuestra Causa, 30-minute television program on Channel 10, Phoenix, AZ 2009

“Meat Quality of School Lunch Programs”, Arizona Fox 10 TV News interview, 2009

“Vitamin B-12 Shots”, Arizona Fox 10 TV News interview, 2009

Christina Shepard

“Fueling for Peak Performance” nutrition lecture at Desert Youth Hockey Association, 2009

Parent Nutrition Seminar, Desert Sun Child Development Center, “Healthy Eating for your Child”, 2007

ASU Radio station interview, “Information about Nutrition programs at ASU”, 2007

“Health Effects of Alcohol”, Good Evening Arizona - Channel 3, 2008

“Bad Foods That May be Good for You”, KNXV Phoenix TV-Channel 15 news, 2005

“Foods for Valentine’s Day”, KNXV Phoenix TV-Channel 15 news, 2005

“Understanding Carbohydrate on Food Labels”, Interview for Arizona Republic, 2005

Professional Conferences and Workshops Attended

2022 Accreditation Council for Education in Nutrition and Dietetics Accreditation Standards Webinar, September, 2021

Student Enrollment Tracking workshop, ASU Graduate College, July, 2021

Building Networked Communities: Best Practices for Using Data Analytics, ASU Graduate College workshop, July, 2021

Accreditation Council for Education in Nutrition and Dietetics Diversity, Equity and Inclusion webinar, June 2021

Nutrition and Dietetic Educators and Preceptors (NDEP) practice group webinar “Desired Professional Skills for Dietetic Interns”, June 2021

NDEP Annual conference, April 13-15, 2021

Nutrition and the Immune System, Arizona Academy of Nutrition and Dietetics Central District conference, April, 2021

Academy of Nutrition and Dietetics FNCE conference, Philadelphia, PA, 2019

Arizona Academy of Nutrition and Dietetics annual conference, Phoenix, AZ 2019

Academy of Nutrition and Dietetics FNCE conference, Washington, DC, 2018

CANVAS Training workshops, 2018-19

Academy of Nutrition and Dietetics FNCE conference, Chicago, IL, 2017

CITI/IRB refresher course, 2017 and 2019

7th Annual Supermarket Dietitian Symposium “Empowering Advocates for Change” Scottsdale, AZ, 2017

AZ Beef Council “Gate to Plate” tour and Media Training Workshop, 2/8/17

Nutrition and Dietetic Educators and Preceptors Annual Conference, Asilomar, CA 2017

Managing Your Blackboard Course: A Webinar for Instructors, 5/11/17

Advanced Blackboard training workshop, 12/12/17

Academy of Nutrition and Dietetics FNCE conference, Boston, MA, 2016

Nutrition and Dietetic Educators and Preceptors Area 3&4 Annual Conference, New Orleans, LA 2016

Academy of Nutrition and Dietetics FNCE conference, Nashville, TN, 2015

Nutrition and Dietetic Educators and Preceptors Area 3&4 Annual Conference, Denver, CO 2015

Arizona Leadership Academy, sponsored by AZ Academy of Nutrition and Dietetics, 2015

Academy of Nutrition and Dietetics FNCE conference, Atlanta, GA, 2014

Academy of Nutrition and Dietetics FNCE conference, Houston, TX, 2013

Academy of Nutrition and Dietetics FNCE conference, Philadelphia, PA, 2012

Nutrition and Dietetic Educators and Preceptors Area 3&4 Annual Conference, San Antonio, TX 2012

Arizona Dietetic Association Annual Conference, Scottsdale, AZ 2012

American Dietetic Association Annual FNCE conference, San Diego, CA, 2011

Arizona Dietetic Association Annual Conference, Flagstaff, AZ 2011

Arizona Dietetic Association Annual Conference, Scottsdale, AZ 2010

American Dietetic Association Annual FNCE conference, Denver, CO, 2009

Arizona Osteoporosis Coalition, 2009

Arizona Dietetic Association Annual Conference, Scottsdale, AZ 2009

“Children Can’t Weight”, Community Forum on Obesity Prevention, Maricopa County Dept of Public Health, 2009

Media Training for Arizona Dairy Council and Arizona Dietetic Association, 2009

American Dietetic Association, Public Policy Workshop, 2009

Dietetic Educators of Practitioners Area 3&4 Annual Conference, Dallas, TX 2009

Arizona Dietetic Association, Central District, attended 4 meetings in 2009

Building Healthy Lifestyles conference – ASU Poly, 2009

American Dietetic Association Annual FNCE conference, Chicago, IL 2008

ADA Affiliate Officer Training, Chicago, Oct. 2008

Building Healthy Lifestyles conference – ASU Poly, 2008

Arizona Dietetic Association Annual Conference, Tempe, AZ, 2008

Arizona Dietetic Association, Central District, attended 4 meetings in 2008
ASU Blackboard Training courses, 2008
MyReports data-warehousing system training course, 2008
Arizona Dietetic Association Annual Conference, Tucson, AZ 2007
Dietetic Educators of Practitioners Area 4 Annual Conference, Austin, TX 2007 (event host and organizer)
Arizona Dietetic Association, Central District, attended 5 meetings in 2007
American Dietetic Association Annual FNCE conference, Philadelphia, PA 2007
ADA Affiliate Officer Training, Philadelphia, PA 2007
ADA Leadership Institute, San Diego, CA 2006
Dietetic Educators of Practitioners Area 4 Annual Conference, Tempe, AZ 2006 (event host and organizer)
Outcomes Assessment for Dietetic Educators online training course, 2006
Arizona Dietetic Association Annual Conference, Sedona, AZ 2006
Arizona Dietetic Association, Central District, attended 4 meetings in 2006
American Dietetic Association Annual FNCE conference, Honolulu, HI 2006
Dietetic Educators of Practitioners Area 4 Annual Conference, Houston, TX 2005
Arizona Dietetic Association Annual Conference, Phoenix, AZ 2005
Arizona Dietetic Association, Central District, attended 3 meetings in 2005
American Dietetic Association Annual FNCE conference, St. Louis, MO 2005

Thesis and Applied Project Committees

Sarah Bushbaum, (2021-22), Chair, MS in Nutrition Applied Project
Esperanza Chayrez-Cabrera (2021-22) Chair, MS in Nutrition Applied Project
Annabella Ankeney (2021-22) Chair, MS in Nutrition Applied Project
Keelin Murphy Riepe (2021), MS in Nutritional Science thesis committee, *“Optimization and Validation of an HPLC method for detecting Plasma Vitamin C”*
Anateresa DeLeon (2021), MS in Nutritional Science thesis committee, *“The Effects of Intermittent Fasting on Quality of Life and Happiness”*
Kelly Chondropoulos (2021), MS in Nutritional Science thesis committee, *“An Investigation into the Effect of Time Restricted Feeding on Mood State in College Students”*
Ashley Sneddon (2021) Barrett Honor’s Thesis committee, *“Feeding Patients with Plants: Plant-Based Diets in Medical Nutrition Therapy”*
Candis Futch, (2021) Chair, MS in Nutrition Applied Project, *“Increasing Vegetable Intake Among Veterans”*
Daisy Cruz, (2021) Chair, MS in Nutrition Applied Project, *“Fiber Consumption Effect on Constipation in Home-Based Primary Care Veterans”*
Amy Corse (2021) Chair, MS in Dietetics Applied Project, *“Creation of Educational Materials for Primary Care Providers on Time-Restricted Eating as a Weight Loss Intervention for Adults with Obesity”*
Sara Lolley (2020) MS in Nutritional Science thesis committee, *“Microbial Diversity in the Human Gut Microbiota in Relation to Dietary Fiber Consumption of College Freshman at a Southwestern University”*
Kelli Yarn (2020) Chair, MS in Nutritional Science Applied Project, *“The Effectiveness of a Nutrition Education Intervention Program on Overcoming Barriers to Healthy Meal Preparation in the Elderly Veteran Population”*
Sonia Thimsen (2020) Chair, MS in Nutritional Science Applied Project, *“The Effectiveness of a Cardiac Diet Education Class for Veterans”*
Gabrielle Lucas (2020) MS in Obesity Solutions and Management Applied Project committee, *“Developing a Grocery Store Nutrition Curriculum to Increase Customer Consumption of Fruits and Vegetables”*
Daniel More, MD (2020) MS in Medical Nutrition Applied Project committee, *“The Perinatal Use of Probiotics, Prebiotics, and Synbiotics for the Primary Prevention of Allergic Diseases in Children”*
Allison Lewis (2020) Barrett Honor’s Thesis committee, *“Transforming Downtown Phoenix into a Blue Zone”*
Hannah Mattson (2020) Barrett Honor’s Thesis committee, *“Transforming Downtown Phoenix into a Blue Zone”*
Sadie Foley (2019) Barrett Honor’s Thesis committee, *“The Effects of Time Restricted Feeding on Mood”*
Jade Banschbach (2019) Chair, MS in Nutrition Applied Project, *“Introduction of Graduated Thermal Mugs to Northern Arizona VA Health Care System”*
Emily Potter (2019) Chair, MS in Nutrition Applied Project, *“Effects of Nutrition Education on an Acute Mental Health Ward at the Phoenix Veteran Affairs Health Care System”*
Karrol Shaw (2019), MS in Nutrition thesis committee, *“Mouthwash, Dietary Sodium, and Blood Pressure”*
Lucia Mosquiera (2019) Chair, MS in Nutrition Applied Project, *“Effectiveness of grocery store tour intervention on shopping behaviors”*
Robert Carter (2018) Chair, MS in Nutrition Applied Project, *“Evaluation of Weight Change in Veterans Attending the PVAHCS Anti-Inflammatory Nutrition Intervention”*
Jason Olig (2018) Chair, MS in Nutrition Applied Project, *“High Contrast Dinnerware for Hospitalized Dementia Patients”*

Austin Tedder (2018) Chair, MS in Nutrition Applied Project, *“Blenderized Tube Feeding: Exploration of Safety and Recommendations”*

Rachel Pfeifer (2018) Chair, MS in Nutrition Applied Project, *“Assessing the Benefit of the Group Lifestyle Balance Program for the Phoenix VA Healthcare System”*

Chongying Qiu (2018) MS in Nutrition thesis committee, *“The Effects of Perceived Barriers to Healthy Eating on Dietary Consumption among Parents of Elementary-School Aged Children”*

Shayna Bagshaw (2017) Chair, MS in Nutrition Applied Project, *“Development and assessment of online videos to deliver healthy cooking education to Veterans”*

Kelly Bell (2017) MS in Nutrition thesis committee, *“Evaluation of Arizona State University’s Camp Crave”*

Lee Renda (2017) MS in Nutrition Applied Project committee, *“Dietary ketosis in a female patient diagnosed with malignant brain tumor”*

Lisa Norman (2017) MS in Nutrition thesis committee, *“Effects of Coconut Oil Supplementation on Biomarkers of Inflammation and Lipid Peroxidation”*

Annalisa Averill (2017) MS in Nutrition thesis committee, *“Sucrose and fructose in spot urine versus 24-hour urine as a biomarker of sugars intake”*

Rachel Shedden (2016) MS in Nutrition thesis committee

Morgan Schneck (2016) Chair, Barrett Honor’s Thesis

Rachel Novy (2016) Barrett Honor’s Thesis committee

Andrew James (2015) MS in Nutrition thesis committee

Michelle Ipjian (2015) MS in Nutrition thesis committee

Jennifer Mains (2015) Chair, MS in Nutrition Applied Project

Sara Mata Stevens (2015) Barrett Honor’s Thesis committee

Dana Herring (2014) MS in Nutrition thesis committee

Samer Alanbagy (2014) MS in Nutrition thesis committee

Kathryn Bratrud (2013) Barrett Honor’s Thesis committee

Lauren Fladell (2013) MS in Nutrition thesis committee

Shannon Despino (2013) MS in Dietetics Applied Project

Allyson Hamacher (2013) MS in Dietetics Applied Project

Lauren Fladell (2012) MS in Nutrition thesis committee

Emily Medved (2012) MS in Nutrition thesis committee

Jennifer Brown (2011) MS in Nutrition thesis committee

Traci Grgich (2011) MS in Dietetics Applied Project committee

Katie Fleming (2010) MS in Nutrition thesis committee

Janice McDonough (2010) MS in Dietetics Applied Project committee

Peggy Welch (2009) MS in Dietetics Applied Project committee

Nicole Anderson (2009), Chair, MS in Dietetics Applied Project

Smita Mulyil (2009) MS in Dietetics Applied Project committee

Patricia Johnson (2009) MS in Dietetics Applied Project committee

Ashley Pugh (2008) MS in Nutrition thesis committee

Amanda Schlueter (2008) MS in Nutrition thesis committee

Nicole Primak Hahn (2008) MS in Nutrition thesis committee

Deanna Daigle (2007) MS in Nutrition thesis committee

Erin Conneely (2007) MS in Nutrition thesis committee

Shannon Kent (2007) MS in Nutrition thesis committee

Kathleen Michelle Jones (2007) MS in Nutrition thesis committee

Rachelle LaCroix (2006) Honors College thesis

Administrative Responsibilities as Dietetic Internship Director

- Manage, supervise, and evaluate 22 dietetic interns per year who are enrolled in 3 different accredited ASU Dietetic Internship tracks: the MS in Nutritional Science, VA, and Non-degree internship tracks
- Plan and schedule 8-16 month, 1,200-hour internship rotation schedule for each intern to meet the dietetic competencies set by the Accreditation Council for Education in Nutrition and Dietetics
- Interpret and implement the Standards of Education set by the Academy of Nutrition and Dietetics to maintain accreditation status
- Develop and revise program policies and procedures, strategic plans, and dietetic education curriculum materials in clinical nutrition, community nutrition/public health, and foodservice systems management
- Supervise and provide guidance for preceptors in medical, food service, and public health facilities throughout the Phoenix Metropolitan area

- Coordinate Orientation weeks and Clinical “Boot Camp” for interns
- Plan and host annual training conference for preceptors
- Maintain website for ASU DI program and website for Arizona Dietetic Practicum Advisory Committee program
- Communicate in writing, by phone and by email with over 50 preceptors
- Cultivate new training sites for interns
- Manage the recruitment, selection, and admission of interns
- Complete annual reports to the Academy of Nutrition and Dietetics
- Meet monthly with Phoenix-area dietetic internships to provide educational seminars and coordination of area programs

Departmental/Program and College Service

CHS Study Abroad Committee, 2018-present

CHS Personnel Committee, 2019-present

CHS Ad Hoc Annual Evaluation Committee, 2018-present

Chair of Nutrition Graduate Curriculum committee, 2020-present

MS in Nutritional Science Program Director, 2002-present

Member of CHS Metabolic Health Translational Team, 2018-present

Faculty advisor for Cultivate: ASU Nutrition Garden Club (I am voluntarily responsible for planting current raised bed garden and managing its upkeep), 2013-present

CHS Executive Visioning Team, 2018-2020

CHS Health Adventure Quest summer program presenter, 2020

Organizer and group facilitator of the “Team AZ: Interprofessional Healthcare Summit” a joint conference between ASU, U of A, and NAU health profession schools, 2014-2019

Nutrition Program Coordinator, 2010-2014

Nutrition Curriculum Committee, 2002-2020

Nutrition Graduate Curriculum Committee, Chair, 2020

SNHP Merit Evaluation subcommittee Chair, 2017-18

Annual Guest speaker for U of A DPD classes, promoting ASU Dietetic Internship and MS degrees, 2017-2020

CHS Discovery Day speaker, 2016-2019

SNHP Personnel/Promotion committee Chair, 2016-2018

Search committee member, SNHP Director position, 2015-2017

Undergraduate Research Colloquium committee, 2015-2017

Cohost and planning committee member for “A Place at the Table ” Film and Panel Discussion event, 2015

Undergraduate Studies Director, Nutrition Program, 2008-2010

Maintain Dept. of Nutrition website, 2003-2009

ASU Nutrition Program email listerv Manager, 2004-2018

ASU Nutrition Representative to Community College Articulation Task Force, 2000-2016

Nutrition Program 100-year Anniversary Planning Committee, 2009

School of Applied Arts and Sciences Academic Advisor Search Committee, 2007-2009

Member, East College Scholarship and Awards Committee, Arizona State University, 2005-2006

Member, Departmental Scholarship Committee, 2002-2014

Faculty Advisor, Student Nutrition Council, ASU Poly and Downtown chapters, 2006-2016

Faculty Advisor, Polytechnic Pre-Dental Student Club, 2006-2008

University Service

ASU Employee Wellness program planning committee, 2018-present

Nutrition representative to the Interprofessional Education Workgroup for CHS and CONHI, 2015-2017

ASU Sustainability Practices Green Devil Network member, 2017-2020

Guest speaker on the RD profession for U of A College of Medicine “Summer Scrubs” program for low-income H.S. students, 2017

Judge for the ASU Changemaker Obesity Challenge, a campus-wide competition, 2016

Planning committee for “Rescued Food Feast” event organized by the ASU Global Institute of Sustainability, 2016

Sustainability Solutions Festival's “Sustival” planning committee, 2015

Obama Scholar Mentor to 1 Health Sciences Freshman, 2010-2011

Obama Scholar Mentor to 2 Nursing Freshmen, 2009-2010

ASU ExxonMobil Summer Program – developed Nutrition Curriculum, 2009

Member, Polytechnic Curriculum and Academic Programs Committee, 2006-2008

Member, Council of Academic Advisors, Arizona State University, 2000-2008

Member, Williams Campus Academic Advising Committee, 2000-2008

Community Service

Master Gardener recertification – University of Arizona/Maricopa County Extension Program, 25 volunteer hours and 12 continuing education hours required each year, 2012-present

“Children Can’t Weight”, Community Forum on Obesity Prevention, Maricopa County Department of Public Health, Meeting Facilitator, 2009

Arizona Governor’s Commission on Women’s and Children’s Health, Worksite Wellness Group, Jan, 2009 to 2011

Presentation on Dietetic Internships at Arizona WIC conference, 2009

“Public Policy Issues Affecting Arizona Dietitians” presentation at Arizona Dietetic Association Northern District conference, 2009

Textbook Reviewer: Nutrition: an Applied Approach, 2005

Textbook Reviewer: Nutrition: Real People. Real Choices, 2007

Good Morning Arizona interview in Nutrition Kitchen facility – 4/4/11

Interview in the ASU State Press “Freshman 15 Myth Busted” – 12/11

“Healthy School Lunch Ideas” interview, Ch. 3 TV – 8/11

“Getting enough Calcium in Your Diet”, interview in PHX Business Journal – 2/11

Channel 3 Midday Show TV segment “Back to School recipes and tips” – 7/19/12

Interview in Arizona Republic “Cooking with Milk” - 1/27/12

Interview in Arizona Republic “Healthy Holiday Tips” – 10/12

Channel 5, CBS Morning Show TV segment “Healthy and Quick Breakfast Ideas” – 3/4/13

Interview in Arizona Republic on “Refueling after Exercise” - January 3, 2013

Interview in Arizona Republic on “Healthy Party Appetizers” - December 23, 2013

Featured Guest on Nuestra Causa, 30-minute television program on Channel 10, Phoenix, AZ 2009

“Meat Quality of School Lunch Programs”, Arizona Fox 10 TV News interview, 2009

“Vitamin B-12 Shots”, Arizona Fox 10 TV News interview, 2009

“Fueling for Peak Performance” nutrition lecture at Desert Youth Hockey Association, 2009

Parent Nutrition Seminar, Desert Sun Child Development Center, “Healthy Eating for your Child”, 2007

ASU Radio station interview, “Information about Nutrition programs at ASU”, 2007

“Health Effects of Alcohol”, Good Evening Arizona - Channel 3, 2008