

# BRIDGET GRANVILLE SEELEY, P.H.D

T. Denny Sanford School of Social & Family Dynamics  
Arizona State University  
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## Education

2012      Ph.D., Lifespan Developmental Psychology  
Mary Lou Fulton Teacher's College  
Arizona State University, Tempe, Arizona

*Dissertation: Predicting Children's Academic Achievement from Parental Aspirations, Expectations, Help with Schoolwork, and Home Learning and Language Materials*

Committee Co-Chairs: Kathryn Nakagawa and Carlos Valiente  
Committee Members: Angela Arzubiaga, Natalie Eggum

*Comprehensive Examinations: Cumulative knowledge based exam and specialized exam focusing on children's adjustment in school*

Committee Chair: Kathryn Nakagawa  
Committee Members: Angela Arzubiaga, Robert Strom

2007      M.S., Marriage and Family Therapy  
Sanford School of Social and Family Dynamics  
Arizona State University, Tempe, Arizona

*Thesis: Do parents' effortful control and parenting predict children's effortful control and adjustment?*

Committee Chair: Carlos Valiente  
Committee Members: Kathryn Lemery-Chalfant, Larry Dumka

*Comprehensive Examinations: Cumulative knowledge based exam and specialized exam focusing on the practice of Marriage & Family Therapy*  
Committee Members: Carlos Valiente, Bill Griffin, Debra Madden-Derdich, and Larry Dumka

2003      B.A., English Literature (with a minor in Spanish), *Magna Cum Laude*  
Department of English  
Arizona State University, Tempe, Arizona

## Professional Experience

- 2023 - present Teaching Professor  
*Sanford School of Social & Family Dynamics, Arizona State University*
- 2022-present Director of Undergraduate Student Affairs  
*Sanford School of Social & Family Dynamics, Arizona State University*
- 2020 - present Director of Family & Human Development (FHD) Programs  
*Sanford School of Social & Family Dynamics, Arizona State University*
- 2018 - present Associate Teaching Professor  
*Sanford School of Social & Family Dynamics, Arizona State University*
- Fall 2015 – Spring 2017 Fieldwork Director for online graduate programs  
*Sanford School of Social & Family Dynamics, Arizona State University*
- 2010-2017 Lecturer  
*Sanford School of Social & Family Dynamics, Arizona State University*
- 2005-2010 Teaching Assistant  
*Sanford School of Social & Family Dynamics, Arizona State University*
- 2005-2009 Research Assistant  
*Sanford School of Social & Family Dynamics, Arizona State University*

## Teaching Experience

- 2018-Present *Associate Teaching Professor, Sanford School of Social and Family Dynamics  
Arizona State University, Tempe/online campus*

FAS 101: Intro to Personal Relationships

CDE 232: Human Development

SOC 270: Sociology of Race & Ethnicity

FAS 301: Intro to Parenting

FAS 331: Modern Family Relationships

FAS 332: Human Sexuality

FAS 370: Family Ethnic & Cultural Diversity

FAS/SOC 435: Advanced Topic: Modern Family Relationships

FAS 498: Race & Discrimination

FAS 598: Topic: Perspectives on Marriage and Family Relationships

- All courses listed above are taught online using the Canvas platform. The majority of courses include weekly discussion boards, assignments, and exams.

2010-2017 *Lecturer, Sanford School of Social and Family Dynamics  
Arizona State University, Tempe/online campus*

FAS 101: Intro to Personal Relationships  
CDE 232: Human Development  
FAS 264: Gender and Society  
FAS 301: Intro to Parenting  
FAS 331: Marriage/Family Relationships  
FAS 332: Human Sexuality  
FAS 435: Advanced Family Relationships  
FAS 588: Capstone 3 – Culminating class for online FHD & SOC graduate students  
FAS 598: Topic: Perspectives on Marriage and Family Relationships

- All courses listed above are taught online using the Blackboard platform. The majority of courses include weekly discussion boards, assignments, and exams.

### **Course Development**

2022 SOC 270 – Sociology of Race & Ethnicity – created and adapted to online class – Arizona State University  
2021 FAS/SOC 498 – Race & Discrimination – in collaboration with Dr. Eleanor Seaton – Arizona State University  
2015 FAS/SOC 587 (Graduate course) – Capstone 2 - in collaboration with other faculty – Arizona State University  
2015 FAS/SOC 588 (Graduate course) – Capstone 3 – in collaboration with other faculty – Arizona State University  
2014 FAS/SOC 598 (Graduate course) – Perspective on Marriage and Family Relationships – Arizona State University

### **Mentoring - Graduate**

#### **Graduate Teaching Assistants**

Mentor and supervise graduate teaching assistants (2010 – present)

#### **Teaching Mentorship**

Jenny Zhao – FAS 331 – Summer B 2022

#### **Masters Thesis committee member**

Julie Demery: Examining the Association between Cognitive Dissonance and Perceived Trust in Military Couples: Moderating Effects of Attachment (2016 – 2017)

Gina Rodriguez: The Efficacy and Effectiveness of Christian Psychotherapeutic Interventions (2014)

**Capstone 3 Papers**

Mentored and Graded Graduate Student Capstone Papers (40 pages each) (2016 – present)

**Capstone 3 Fieldwork**

Mentored Graduate Student Capstone Fieldwork (40 hours)

Sage Anand (2023)

Betsy Edelberg (2022)

Breanna Robinson Hanna (2021)

Jon Fairbanks (2020)

Amber McKee (2020)

Janet Porter (2020)

Kaleea Lorts (2020)

Angie Anderson (2019)

Jamie Miller (2019)

Andrew Glantz (2018)

**Mentoring - Undergraduate**

**Honors Thesis Chair/Co-Chair**

Kaitlin Mulvaney – Impact on telehealth on professionals in pediatric occupational therapy – (2021)

Chantel Buchanan – Effects of Mental Health and Familial Support for Children with Cancer Between the Ages of 8 and 17 (2019)

Catherine Blotner – A life Changing Health Event in Adolescence (2016)

Kayla Messinger: Women In STEM (2015)

**Honors Thesis committee member**

Kaitlin Mulvaney - Impact on telehealth on professionals in pediatric occupational therapy – (2021)

Jake Dean – On Family Planning in the Philippines (2018)

Sydney Rae Johnson – Divorced Families (2018)

Eileen Dael: Trauma Informed Care in Infants and Toddlers in Maricopa County

(2016 – 2017)

Katherine Bowien: Media's Impact on Adolescent Sexual Activity and Body Image (2015)

### **BIS/IDS Project Supervisor**

Justine Perry – The Affect of Childhood Adversity and trauma on the lifespan

Autumn White – Systemic Racism

Victoria Rios – Parent-Student-Teacher Communication Across Cultures in And out of the Classroom

Sydnee Atwood – Blazer and Bowtie Project (2019)

Michelle Freimann – Importance of Maternity Leave in America (2018)

Jasie Sherwood: The Prevalence of Attachment Disorder in Foster Care: How can the System Help Solve Rather than Exacerbate the Problem? (2015)

Anamarie Carillo (2014)

Kody Kohlman: Psychological Effects of Divorced Families on Society (2013)

### **Honors Contracts**

Offer the opportunity to mentor and supervise projects for Honors students in all of my undergraduate classes

### **Undergraduate Teaching Assistants**

Mentor and supervise undergraduate teaching assistants (2014 – present)

### **Letters of Recommendation**

Write letters of recommendation for undergraduate and graduate students for internships and graduate school (2010 – present)

### **Service**

#### *Departmental and University Service*

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|---------------|--|
| 2023          | Member, MFT Search Committee<br><i>Sanford School of Social &amp; Family Dynamics</i>                          |
| 2022          | Chair, NTT FHD Hiring Committee<br><i>Sanford School of Social &amp; Family Dynamics</i>                       |
| 2020-<br>2022 | Director of Family & Human Development (FHD) Programs<br><i>Sanford School of Social &amp; Family Dynamics</i> |

- 2020 – Member, Leadership Committee  
2022 *Sanford School of Social & Family Dynamics*
- 2020 – Member, Undergraduate Curriculum Committee  
Present *Sanford School of Social & Family Dynamics*
- 2018 - Member, Online Graduate Admissions Committee  
Present *Sanford School of Social & Family Dynamics*
- 2017- Member, Non Tenure Track Subcommittee  
2019 *University Senate*
- 2016- Member, Non Tenure Track Personnel Committee  
2018 *Sanford School of Social & Family Dynamics*
- 2016- Member, Online Graduate Scholarship Committee  
2018 *Sanford School of Social & Family Dynamics*
- 2016 Member, Online Graduate Admissions Committee  
*Sanford School of Family & Social Dynamics*
- 2016 Chair, Non Tenure Track Ad hoc Committee  
*Sanford School of Social & Family Dynamics*
- 2015 Organized a shoe drive in the T. Denny Sanford School for children in the AZ Foster care system
- 2014 Member, Search Committee for a Capstone Specialist  
*Sanford School of Social & Family Dynamics*
- 2012 Member, Search Committee for 2 Full-time Online Lecturers  
*Sanford School of Social & Family Dynamics*
- 2013, 2014 Attend CLAS lunches for new ASU students representing the T. Denny  
2015 *Sanford School of Social & Family Dynamics*
- 2009 - Supreme Court Justice, Arizona State University  
I was responsible for hearing cases that arose between students that involved the interpretation of the Associated Students of ASU constitution.

*Professional/Community Service*

- 2020- Surrogate Parent for Foster Children in the Public-School System  
present *Exceptional Student Services – State of Arizona*
- 2021- Reviewer, Honor’s Review Committee

- Present *NCFR (National Council on Family Relations)*
- 2019-2021 Speaker/Facilitator, ran a monthly support group for foster/adoptive parents. I teach on a research based parenting topic for 30 minutes and then discuss with participants how to use the knowledge in everyday life for an additional 60 minutes.  
*A New Leaf*
- 2020 – 2022 Advisory Board Member – we meet quarterly to discuss any concerns within the organization and ways to advance the mission of the Alliance to support the mental health and brain health of vulnerable populations.  
*Brain Injury Alliance of Arizona*
- 2020-Present Advisory Board Member – we meet quarterly to discuss any concerns within the organization and how to better support the mental health vulnerable populations.  
*Jewish Family & Children’s Services*
- 2019-present Vice President – Board of Directors at Whitewing at Whiel Estates  
*Gilbert, AZ*
- 2016-2019 Instructor/Guest Speaker - I taught a class every other month The class is given to adults seeking a foster care license. I present the latest research on fostercare as well as the latest research on how to interact with children that have experienced trauma. I also share my personal experiences with fostering children  
*Rise, Inc.*
- 2017-2019 Executive Board Member  
*Experience Arts School*
- 2019 Seeley, B. G., & Coleman, K (2019, November). *Kids and Technology Today*. Invited presentation at Vulnerable Children Workshop, Foster Parent Training Academy, RISE Inc. Services, Incorporated, Mesa, Arizona.
- 2019 Seeley, B. G. (2019, November). *Childhood Trauma and the Brain*. Invited presentation at Staff Meeting, RISE Inc. Services, Incorporated, Mesa, Arizona.
- 2018 AZ Parent Reunification Event volunteer coordinator  
Hillsong Church, Mesa, Arizona
- 2017 Seeley, B. G., & Swanson, J. (2017, September). *Fostering emotion regulation in foster children: The unique role foster parents can play in helping children manage complex emotions*. Invited presentation at Managing and

Communicating Feelings Workshop, Foster Parent Training Academy, RISE Services, Incorporated, Mesa, Arizona.

2014-2018 Foster parent for the state of Arizona. My husband and I fostered 7 children ages 2-13.

### **Professional Memberships**

American Association for Marriage and Family Therapy (AAMFT)  
National Council on Family Relations (NCFR)

### **Awards, Promotions, and Honors**

2023 Professor of Impact Award (2)

2022 Sun Award

2022 Appointed Director of Undergraduate Student Affairs  
*Sanford School, Arizona State University*

2020 Appointed Director of FHD Programs  
*Sanford School, Arizona State University*

2018 Promotion to Senior Lecturer  
*Sanford School, Arizona State University*

2017 Foster Parent Coach of the Year,  
*RISE Inc.*

2015-Present Barrett Honors Faculty Designation  
*Arizona State University*

2015 Foster Parent of the year  
*RISE Inc.*

2015 Nominated for the College of Liberal Arts & Sciences Outstanding Lecturer Award