

MICKI HRNCIR

Phone: 602-496-1810
micki.hrncir@asu.edu

500 N 3rd St, Mail Code 3020
Phoenix, AZ 85004

EDUCATION

MS	The University of New Mexico, Community Health Education	May 2013
BA	The University of New Mexico, Secondary Education	May 2010

PROFESSIONAL CREDENTIALS

Master Certified Health Education Specialist (MCHES) 2019
Master Certified Health Education Specialists possess verified skill-sets and denote competency, commitment, versatility, and independent critical thinking skills.

National Board-Certified Health and Wellness Coach (NBC-HWC) 2020
NBHWC has collaborated with the National Board of Medical Examiners (NBME). The National Board Certification credential (NBC-HWC) represents the profession's highest standard.

AWARDS

Professor of Impact Award: Edson College of Nursing and Health Innovation	2024
SUN Award: Exemplary Service & Compassionate Leadership	2024
SUN Award: Demonstrating Leadership and Valuing Diversity	2024
SUN Award: Demonstrating Excellence and Innovation	2024
SUN Award: Demonstrating Leadership & Innovation	2024
SUN Award: Exemplary Service & Social Embeddedness	2023
SUN Award: Exemplary Service & Demonstrating Leadership	2023
SUN Award: Exemplary Service & Supporting Student Success	2022
SUN Award: Peer Support	2022
SUN Award: Supporting Student Success	2020
Spirit Award: Academic Program Leader	2019

TEACHING EXPERIENCE

Arizona State University, Phoenix Arizona Dec 2014-present
Associate Teaching Professor, College of Health Solutions

1. HEP 102 Foundations and Principles of Health Education and Health Promotion, an undergraduate course averaging 40 students per semester, covering the following topics:

health education specialist competencies, ethics, health philosophy, levels of prevention, risk factors, scientific research and writing.

2. HEP 241 Health Education Methods in Injury Prevention and Personal Preparedness, an undergraduate course averaging 60 students per year, covering the following topics: national datasets, recreation and transportation injuries, childhood injury, emergency preparedness, and crisis communication.
3. EXW 302 Fundamentals of Wellness, an undergraduate course averaging 40 students per class, covering the following topics: wellness, healthy behavior, avoiding risk, preventing disease, and wellness for lifetime.
4. EXW 321 Consumer Health, an undergraduate course averaging 20 students per year, covering the following topics: health care approaches, consumer awareness, personal safety and health services, and protection of the consumer.
5. EXW 341 Injury Prevention, an undergraduate course averaging 30 students per semester, covering the following topics: sports injury prevention, childhood injury prevention, fire safety, and injury prevention program planning.
6. CHS 340 Health Theory, an undergraduate course averaging 100 students per semester, covering the following topics: the social ecological model, the Health Belief Model, Transtheoretical Model, Theory of Planned and Behavior, Social Cognitive Theory.
7. EXW 350 Substance Abuse & Addictive Behavior, an undergraduate course averaging 50 students per class, covering the following topics: theories of addiction, the major categories of psychoactive substances, drug trafficking, prevention and treatment.
8. EXW 361 Social Media and Marketing in Health Promotion, an undergraduate course averaging 30 students per class, covering the following topics: health literacy, communication, social media, and social marketing theory.
9. EXW 450 Social Determinants of Health, and undergraduate course that Examines broad determinants of health that influence the well-being of individuals and communities (e.g., early life, education, employment, culture, policy, the built and food environments, stress and socioeconomic status).
10. EXW 380 Body Image for Wellness, an undergraduate course averaging 40 students per class, covering the following topics: body image research, positive body image practices, and body image disorders and issues.
11. EXW 400 Stress Management for Wellness, an undergraduate course combined with a graduate section, averaging 40 students per class, covering the following topics: the physiology of stress, maladaptive behaviors, resilience, and techniques for reducing stress.
12. HEP 443 Emotional Health & Interpersonal Relationships, and undergraduate course averaging 45 students per class, covering the following topics: research about emotions, self-awareness, effective expression and communication practices, developing relationships.

13. EXW 446 Health Promotion Planning & Evaluation, and undergrad course averaging 10 students per class, covering the following topics: planning health interventions, evaluating data collection tools, ethics, and professionalism
14. HEP 454 Health Promotion Program Planning & Implementation, an undergraduate course combined with a graduate section, averaging 25 students per class, covering the following topics: needs assessments, program planning skills, health education intervention design, and implementation plans.
15. HEP 456 Health Promotion Program Evaluation, an undergraduate course combined with a graduate section averaging 20 students per class, covering the following topics: evaluation design, data collection & analysis, human subjects ethics, and report writing.
16. HEP 466 Health Promotion Program Management and Administration, an undergraduate course averaging 25 students per class, covering the following topics: teamwork and professionalism in the workplace, managing and staffing employees, management of financial resources, and leadership.
17. PBH 435 Environmental and Occupational Health, and international undergraduate course averaging 40 students per class, covering the following topics: ecology, air pollution, water pollution, chemical and occupational exposures, and pest control.
18. HEP 490 CHES Exam Preparation, an undergraduate course averaging 30 students per class, covering the following topics: Areas of Responsibility for Health Education Specialists

Course Development

1. EXW 101 Foundations of Health and Fitness Science
2. HEP 241 Health Education Methods in Injury Prevention and Personal Preparedness
3. EXW 321 Consumer Health
4. CHS 340 Health Theory
5. EXW 361 Social Media and Marketing in Health Promotion
6. HEP 443 Emotional Health & Interpersonal Relationships
7. EXW 446 Health Promotion Planning & Evaluation
8. EXW 450 Social Determinants of Health
9. HEP 454 Health Promotion Program Planning & Implementation
10. HEP 456 Health Promotion Program Evaluation
11. HEP 466 Health Promotion Program Management and Administration (2 times)

Student Advising

Undergraduate

- Kameryn Greer, Barrett Honors Contract on Occupational Safety in Healthcare, incomplete
- Rachel Mercado, Undergraduate Teaching Assistant: Summer 2024
- Elise Skeeters. Barrett Honors Thesis “Social Media Campaign for Chronic Traumatic Encephalopathy”. Completed November 2024
- Ameer Hagler, “Survey Development, Administration and Analysis for Care for the Caregiver Organization”. Completed May 2022

- K. Luego, Barrett Honors Thesis “Hope for College Students During COVID-19”. Completed May 2021.
- Anne Shikles, “Methods of Injury Prevention in the Workplace”. Completed November 2018.
- Jaime Richardson, “Movement and Flexibility Role in Injury Prevention”. Completed November 2018.
- Michael Gaines, “Improve Our College Student’s Mental Health”. Completed March 2018.
- Undergraduate Honors Students – Angelica Chan and Jose Duran, “Effects of Positive Affirmations on Depressive Symptoms among Female and Male Senior Barrett Honors Students”. Completed October 2017.

Graduate

- Darian Fencl, Graduate Teaching Assistant, 2024
- Luis Magana, “Strength Training Program for Females” design and evaluation. Expected May 2024
- Angelica Lopez. “Mindfulness for College Students with Autism”. Completed May 2023
- Brianna Scott “Taking Control of My Diabetes: A Health Education Program for Adults Living in a Long-Term Care Facility. Completed May 2018
- K. Olsen, Capstone Project “Worksite Wellness” an online program. Projected December 2019
- Frank Medina, “Health Literacy Curriculum for Health Education Program for the Latino Population”. Completed 2020
- Jennifer Engelman, Capstone Project “Working Toward Wellness: A Worksite Wellness Program”. Completed April 2018
- Emma Celozza, “Health Education Job Search”. Completed in 2017
- Jennifer Galbreath “Self-Esteem and College Teaching” Completed 2018

The University of New Mexico, Albuquerque, NM, Aug 2013 to May 2014

Adjunct Faculty, Health Education Sports Sciences

- HED 260 Foundations of Health Promotion (developed)
- HED 306 Conflict Mediation
- HED 333 Emotional Health (developed)
- HED 451 Teaching Methods in Health Education (developed)
- HED 477 Stress Management (developed)
- HED 577 Stress Management

Graduate Teaching Assistant, Health Education Sports Sciences, Aug 2012 to May 2013

- HED 209 HIV Aids Prevention
- HED 306 Conflict Mediation
- HED 321 Violence Prevention
- HED 333 Emotional Health

Albuquerque Public Schools, Albuquerque NM

Substitute Teacher, Pathways Academy, June 2009 to Dec 2014

- K-12, Special Ed., Social Studies, Language Arts, Math and Science

Substitute Teacher, All City Schools, May 2009 to May 2012

- Art, Science, Math, Language Arts, Band, Physical Education, Pre-school through high school

Teacher, Ernie Pyle Middle School, Aug 2010 to May 2011

- Special Ed. Physical Science

Student Teacher, South Valley Academy High School, Aug 2009 to May 2010

- Language Arts and Technical Writing

SPECIAL PROJECTS AND PRESENTATIONS

Administrative Tools for College

1. Hrncir, M. (2019). Semester Report Student Mental Health Concerns. College of Health Solutions. Tool for Faculty and Administrative Use.
2. Hrncir, M. (2019). CONHI CHS Curriculum Overlap Initial Report. Tool for Administrative Use.
3. Hrncir, M. (2018). Temporary Low Enrollment Class Scheduling Process, Procedure, and Policy. College of Health Solutions. Tool for College Wide Use.
4. Hrncir, M. (2018). Translational Team Application Form Original and Revised Drafts. College of Health Solutions. Tool for College Wide Use.
5. Hrncir, M. (2018). Translational Team Guidebook Original and Revised Drafts. College of Health Solutions. Tool for College Wide Use.
6. Hrncir, M. (2016). Peer Observation of Teaching for Online Courses Evaluation Form. Adopted for use by SNHP 2016-2019.

Written Submissions

1. Hrncir, M. (2024). ASU AI Innovation Challenge Report. August 2024.
2. Hrncir, M. (2024). ASU AI Innovation Challenge Application. Accepted.
3. Hrncir, M. (2024) Chat GPT Class Friend or Foe? Teaching with Chat GPT in EXW 450 Social Determinants of Health. Lilly Teaching Conference Presentation Proposal. Accepted.
4. Hrncir, M. (2021). Section Proposal for Health and Wellness Coaching Model for J.W. Marriot Hotel.
5. Kizer, E. and Hrncir, M. (2021). Public Health Specialist Job Trends Article. Zippia: <https://www.zippia.com/public-health-specialist-jobs/trends/>
6. Hrncir, M. (2019). Faculty Collaborative Curriculum Grant Proposal: Interdisciplinary Health Behavior Theory Course. (not funded)
7. Hrncir, M. (2019). Textbook Chapter Review: Emotional Intelligence. Kendall Hunt Publishing Company.
8. Hrncir, M. (2016). The Growing Interest of preventing Disease and Improving Quality of Life: ASU Prepares Health Education Specialists for the 21st Century. College of Health Solutions Alumni Letter.

Presentations

1. Miller, J. and Hrncir, M. (2024). Social Media for Health Education: Teaching Experiences, Current Trends, and Emerging Ideas. Society of Public Health Education Webinar (SOPHE)

2. Hrnrcir, M. (2024). Using Chat GPT in class as a tutor. CHS AI Community of Practice Presentation.
3. College of Health Solutions Pre-Health Webinar (2024). ASU EdPlus webinar for newly admitted ASU students.
4. Hrnrcir, M. (2021). Hand Washing and Public Health Hygiene. Barrett The Honors College and The College of Health Solutions Cohort.
5. Hrnrcir, M. (2021). Pedestrian Safety Summer Camp. Barrett The Honors College and The College of Health Solutions Cohort.
6. Hrnrcir, M. (2020). Think Inside the Box: Innovation Teaching Strategies. Arizona State University, College of Health Solutions, faculty workshop in person/virtual.
7. Hrnrcir, S. and Hrnrcir, M. (2017). A Paradigm for Online Design: The Basic Bits Lessons Learned. Arizona State University, College of Health Solutions, Presentation.
8. Hrnrcir, S. and Hrnrcir, M. (2017). A Paradigm for Online Design: The Basic Bits. ASU Learning Innovation Showcase, Arizona State University. Presentation.

Workshop Facilitation

1. Hrnrcir, M. (2024). Tag! You're it! Degree Assessment Tagging for the new Healthy Lifestyles Fitness Science degree. 9 attendees
2. Gregory-Mercado, K. and Hrnrcir, M. (2023). Faculty Workshop: Developing Vignette Assessments for Health Coaching Courses – a valid educational assessment tool to elicit critical thinking and unique problem solving. 10 attendees
3. Hrnrcir, M. (2021). HEP 443 Emotional Health & Interpersonal Relationships Deep Dive Session: Cultural Awareness. Collaboration with Health Education and Health Promotion Curriculum Committee. Seven attendees.
4. Hrnrcir, M. (2019). Health Theory Collaboration Workshop – a group process involving various layers of college faculty and leadership for the design of comprehensive curricula. 14 attendees.

Collaborative Curriculum Design Projects

(Complete)

Hrnrcir, M. Culbertson J., and Swan, P. (2024). EXW 101 Foundations of Health and Fitness Science, an undergraduate course dedicated to career exploration in fitness science, health coaching, and health education and promotion.

(Complete)

Hrnrcir, M. and Rupley, J. (2024). HEP 466 Health Promotion Program Management and Administration, an undergraduate course dedicated to management, leadership, and finance in health education and health coaching.

(Active)

Hrnrcir, M., Helitzer, D., and Der-Ananian, C. (2023). Program Planning, Implementation, and Evaluation undergraduate and graduate courses aligned with 2020 Health Education Specialist Practice Analysis (HESPA) competencies.

(Complete)

Gray, T., Gregory-Mercado, K., and Hrnrcir, M. (2023). EXW 101 Foundations of Health and Fitness Science, an undergraduate course dedicated to foundations and principles of fitness science, health education, and health coaching.

(Active)

Savaglio-Battles, L. and Hrnrcir, M. (2023). PBH 435 Environmental and Occupational Health, an undergraduate online course for local and international. Received designation for Literacy and Critical Inquiry general education requirements for Arizona State University.

(Instructional Design and College-reviewed modules - Active)

Hrnrcir, M. (2020). Self-Care Checkup Module, open to all ASU faculty, staff, students, published spring 2020, self-enroll here
URL: <https://canvas.asu.edu/enroll/TM4FWK>

(Complete)

Hrnrcir, M. Scribner, C., Carr, N., Chisum, J., Pearl, J. (2019). CHS 340 Health Theory: Interdisciplinary Health Behavior Theory & Application Course, an undergraduate online and immersion course, 7.5 weeks and 15-week format.

(Complete)

Etheridge-Woodson, S., Walker, X., Burman, Y., Hall, A., Hrnrcir, M. (2019). College of Health Solutions (CHS) and Herberger Institute for Design and the Arts (HIDA), Translational Teams and Design & Arts Corps Project. Learning Modules for CHS and HIDA students participating in experiential learning.

(Complete)

Hrnrcir, M. and Sandback, B. (2019-2020). Translational Team Bootcamp (TBC) Modules. Canvas course created for anyone working with the Metabolic Health Translational Team including students, staff, and community partners.

SERVICE & LEADERSHIP

ASU Faculty Senator 2019-2023

University Services and Facilities Committee Member

Committee for Campus Inclusion (CCI) Committee Member

Clown Town Community Event Collaborator on behalf of College of Health Solutions

College of Health Solutions (CHS) Unit Committees

- Committee on Committees
- Annual Review Committee
- CHS Curriculum Committee
- Faculty Wellness & Vitality Committee
- Mentoring Program
- Scholarship Committee
- Faculty Success Committee
- Population Health Curriculum Committee

- Health Education and Health Promotion Curriculum Committee
- Healthy Lifestyle Fitness Science Curriculum Committee
- Exercise and Wellness Curriculum Committee
- College of Health Solutions Recruitment Events
 - Freshmen Welcome Day
 - Family Day
 - Faculty Panelist for Bridge Scholarship
 - Summer Camp for Barrett Honors Program
 - Summer Bridge Program for CHS
 - ASU Homecoming Tent Attendant
- College of Health Solutions Student Engagement Events
 - Pub & Pop Trivia (spring and fall) 2024
 - Healthy High Wellness Event 2024
 - Let's Give Thanks Spring Meal Event 2024
 - Salute to Service Health Fair- veterans and active service- cooking demo 2024
- Peer Observations
 - Peer Review for Jessica Hogan. 2024.
 - Peer Review for Joseph Marsit. 2024.
 - Peer Review for Jordan Miller. 2023.
- Firefighters Outreach Event Planning with Dorothy Sears. Fall 2024.

Leadership

- Public Health Degree Director
- Health Education and Health Promotion Interim Degree Director
- Health Sciences, Healthy Lifestyles and Fitness Science Degree Director
- Population Health Academic Program Leader

NATIONAL PROFESSIONAL SERVICE

Institute for Healthcare Advancement (IHA) Healthy Literacy Conference

- Conference Proposal Judge- Spring 2024

National Board for Health and Wellness Coaching

- NBHWC Regional Social Event Planner- Fall 2024

PROFESSIONAL TRAINING

Conference Attendance

- Machine Learning Day. ASU West Campus. April 2024. (8 hours)
- Institute for Healthcare Advancement (IHA) Annual Health Literacy Conference. March 2024 (12 hours)
- Health Coach Summit and Conference, Lifestyle Medicine University Foundation. July 2023 (22 hours)
- Lilly Conference on College Evidence-Based Teaching & Learning, January 2020 (12 hours)
- Art & Science of Health Promotion Conference, San Diego, 2018 (12 hours)

- Arizona Sanitarian’s Conference, Arizona Public Health Department, November 2020 (14 hours)
- Building Healthy Lifestyles Conference Attendee, Tempe, AZ, February 2018. (5 hours)
- Building Healthy Lifestyles Conference Attendee, Arizona State University, Tempe, AZ, (12 hours). March 2016.
- The Teaching Professor Conference, Atlanta GA, (3 days). May 2015.

Seminars & Webinars

- CHS AI Community of Practice: Custom GPTs and Adobe Firefly. December 2024.
- ASU Online Faculty Showcase Webinar. November 2024.
- Approved Training Program (ATP) Connect: New Coaching Competencies. National Board for Health and Wellness Coaches. November 2024.
- Dr. Sherine Gabriel ASU Health Presentation. August 2024.
- CHS Toastmasters 5 Pillars of a Great Speech by Dan Shinder. March 2024.
- Health Literacy Community of Practice Kickoff with Natasha Burrell. March 2024.
- CHS Teacher Talk with Tannah Broman. March 2024.
- CHS Toastmasters: Pivoting to Virtual in 5 “Kinda” Simple Steps. March 2024.
- Sim X Virtual Reality Simulation Lab, College of Health Solutions. March 2024.
- CHS Teacher Talk with Tannah Broman. February 2024.
- NBC-HWC Mentoring Strategies Webinar. January 2024.
- Sim X Virtual Reality Simulation Lab, College of Health Solutions. November 2023
- Speech and Hearing Science Clinical Tour, College of Health Solutions. November 2023
- U.S. Surgeon General National Tour: Made to Connect, Dr. Vivek Murthy, Arizona State University. November 2023.
- Student Veteran Proving Grounds Training, The ASU Pat Tillman Veterans Center. August 2023.
- Student Veteran Proving Grounds Training, The ASU Pat Tillman Veterans Center. March 2023.
- Understanding and Teaching International Students, Renee Klug. October 2017.
- CHS Leadership Series: Lessons in Privilege and Bias, Phoenix, AZ. January 2019.
- Dissemination & Implementation (D & I) Seminar, Arizona State University. January 2019.
- Policing, Privilege and Policy in the 21st Century, ASU CCI Event, Arizona State University, Phoenix AZ. January 2016.
- SAFETalk Suicide Intervention Training, Blue Cross Blue Shield of Arizona, Phoenix AZ. December 2015.

Workshops

- Inclusive Excellence Workshop: Breaking Barriers: How Title IX Fosters Inclusivity in Education. December 2024.
- Inclusive Excellence Workshop: Forms of Personal Expression Impact Relationships in the Workspace. September 2024.
- Inclusive Excellence Workshop: Create a Shared Understanding of Values, Behaviors, and Practices that Deign the College’s Purpose. August 2024.
- Preparing Your CV and Supplemental Materials Career Track Promotion Summer Workshop. August 2024.

- Preparing Your Personal Statement: Career Track Promotion Summer Workshop. July 2024.
- Inclusive Excellent Workshop: Understanding Student Development Can Improve Our Capacity to Advise and Support Students. June 2024.
- Inclusive Excellence Workshop: Increasing Awareness of Self and Others Can Contribute to Navigating Through Challenging Conversations. June 2024.
- How to Create Your Promotion Packet Without Losing Sleep with Dr. Shawn Hrcir. June 2024.
- Inclusive Excellence Workshop: Identify Evidence-Based Strategies to Address Health Disparities. June 2024.
- Live Session With OpenAI + ASU. Overview of Enterprise ChatGPT licenses. June 2024.
- Development of Replicable Health Literacy Trends Analysis and ROI Model. IHA Conference Workshop. May 2024.
- Building Resilient Healthcare Systems: Elevating Health Literacy to Combat Workplace Burnout. IHA Conference Workshop. May 2024.
- Layer Up for Success! A Tale of Weaving a Multi-Modal Health Literacy Curriculum. IHA Conference Workshop. May 2024.
- Inclusive Language At Work. IHA Conference Workshop. May 204.
- Inclusive Excellence Workshop: Roots of Health Disparities. May 2024.
- Faculty Women's Association (FWA), Faculty Development Connection Circles (FDCC) Workshop: Wellness in Your Career with Dr. Michelle Villegas-Gold. April 2024.
- Faculty Women's Association (FWA), Faculty Development Connection Circles (FDCC) Workshop: Inclusive Mentoring in Social Sciences and Beyond with Dr. Angie Bautista-Chavez. March 2024.
- Faculty Women's Association (FWA), Faculty Development Connection Circles (FDCC) Workshop: Resources for Inclusive Mentoring (STEM focused) with Dr. Sara Brownell. March 2024.
- Faculty Women's Association (FWA), Faculty Development Connection Circles (FDCC) Workshop: Resources for Managing Time Effectively with Dr. Colleen Cordes. February 2024.
- Faculty Women's Association (FWA), Faculty Development Connection Circles (FDCC) Workshop: University Promotion & Tenure Panel Discussion February 2024.
- Faculty Women's Association (FWA), Faculty Development Connection Circles (FDCC) Workshop: Resources for Excellence in Inclusive Teaching with Dr. Gina Woodall. 2024.
- CHS Teaching Academy Graduate, College of Health Solutions Instructional Design Training, 2021 (30 hours)
- Urban Serving Universities (USU) Social Determinants of Health Innovation, University of Cincinnati, September 2019 (12 hours)
- Organizational Excellence Community of Practice, Tempe Campus, May 2019 (4 hours)
- Leading the College to Success Retreat, Arizona State University, Phoenix, AZ, March 2019 (8 hours)
- Interdisciplinary Translation and Team Science Workshop, Arizona State University, Phoenix, AZ, February 2019 (5 hours)
- Remaking Education Attendee and Participant, Olin College of Engineering and Emerson College, Boston, MA, (8 hours). November 2018.
- Quality Matters Workshop for Online Teaching, Arizona State University, Scottsdale, AZ, (8 hours). May 2016.

Trainings

- Health and Wellness Coach Certificate Program, Arizona State University, October 2020
 - Earned certificate (75 hours)
- Worksite Wellness Specialist Certificate Program, National Wellness Institute, May 2020
 - Earned certificate (14 hours)
- Focused Holistic Facilitation Process Design Course, MGR Consulting, September 2019
 - Earned certificate (5 hours)
- Focused facilitating People and Conflict Course, MGR Consulting, July 2019
 - Earned certificate (5 hours)
- Focused Introductory Facilitation Skills Course, MGR Consulting, June 2019
 - Earned certificate (5 hours)
- Thinking Behind Choices training Intrinsic Solutions International. May 2019
 - Earned certificate (24 hours)
- Prevent Gun Violence: Self Study Course: Health Education Partners, July 2017
 - Earned certificate (16 hours)

PROFESSIONAL AFFILIATIONS

National Board for Health and Wellness Coaches 2021-Present

National Commission for Health Education Credentialing, 2014-Present

Society of Public Health Education, 2024-present

COMMUNITY SERVICE

Sun Devil Club

Wings of Gold Celebration Attendee and Donor, Tempe Arizona. April 2024.

United Way

Watt's College 5k Walk, run, roll fundraiser, Tempe Arizona. November 2023

COMPUTER SKILLS

Applications: Microsoft Office Suite, Google Docs, Grammarly

Platforms: Canvas Learning Management System, OpenAI ChatGPT, Adobe Creative Cloud