

# Katie Hindman

PhD Student – [khindma1@asu.edu](mailto:khindma1@asu.edu)

## EDUCATION

**Doctor of Philosophy** *August 2024 - Present*  
Community Resources and Development  
Arizona State University, Downtown Phoenix, AZ

**Graduate Certificate** *May 2025*  
Nonprofit Leadership and Management  
Arizona State University, Downtown Phoenix, AZ

**Master of Science** *December 2023*  
Community Resources and Development (Nonprofits and NGOs)  
Arizona State University, Downtown Phoenix, AZ  
Project: *Evaluating Sportsmanship: The Impact of a Positive Behavior Program in Youth Basketball*  
Committee: Eric Legg, Lisa Meerts-Brandsma, Dale Larson

**Graduate Certificate** *December 2023*  
Social Entrepreneurship and Community Development  
Arizona State University, Downtown Phoenix, AZ

**Bachelor of Science** *May 2020*  
Nonprofit Leadership and Management  
Arizona State University, Downtown Phoenix, AZ

**Undergraduate Certificate** *May 2020*  
Cross-Sector Leadership  
Arizona State University, Downtown Phoenix, AZ

## AWARDS AND SCHOLARSHIPS

*Arizona State University, Watts College of Public Service and Community Solutions*

**Doctoral Student** (full scholarship) *August 2024 - Present*

**Honorable Mention** (ISSR Graduate Student Poster Contest) *April 2025*

**University Outstanding Graduate Award** *October 2023*

**Nu Lambda Mu Honor Society Inductee** *May 2023*

**University Graduate Fellowship** *August 2022 – December 2023*

**Public Service Academy Award** (full scholarship) *August 2016 – May 2020*

## CERTIFICATIONS

**Certified Nonprofit Professional (CNP)** *In Progress – 2026*

## PUBLICATIONS

### Research Focus

My research examines how nonprofit and community-based systems shape youth development outcomes through sport, philanthropy, and participatory practice. Centering equity, inclusion, and systemic change, this work investigates structural barriers to access as well as community-led and youth-driven approaches to program design, leadership, and governance. Drawing on professional experience in nonprofit leadership and international youth development, the research foregrounds youth and marginalized communities as co-creators of knowledge and solutions that inform policy, practice, and education

### Research Interests

Youth development; youth sports; sport for development and peace (SFDP); youth voice, leadership, and empowerment; philanthropy and fundraising; nonprofit leadership and management; and positive youth development (PYD).

### Peer-Review Journal Articles

#### *Published*

Legg, E., Meerts-Brandsma, L, & **Hindman, K.** (2025). A socio-ecological analysis of the causes of bad behavior in sport: Perspectives of parents, coaches, and staff. *Managing Sport and Leisure RMLE*.  
<https://doi.org/10.1080/23750472.2025.2538476>.

#### *Under Review*

**Hindman, K.**, Legg, E., & Meerts-Brandsma, L. (In Review). Evaluating the impact of a positive behavior program in youth basketball. Submitted to *Journal of Park & Recreation Administration*

#### *In Progress*

Legg, E. Legg, B., & **Hindman, K.** (In Progress). “We are”: The role of youth-led sport for vulnerable youth in Nepal Target journal: *Journal of Sport for Development*

## PRESENTATIONS

**Hindman, K.**, Legg, E. (2026 – *Submitted*). From Burnout to Sustainability: Building Volunteer Systems That Last. Arizona Park and Recreation Association (APRA) Annual Conference, Phoenix, AZ.

Legg, E., & **Hindman, K.** (2026). Testing the Effects of Expressive Writing on Parent Well-Being in Youth Sport: A Randomized Experimental Study. The Academy of Leisure Sciences (TALS) Research and Teaching Conference, Philadelphia, PA.

**Hindman, K.** (2025). Intersecting Inequities: Mental Health Experiences of Female Adaptive Athletes in Elite Sport. Institute for Social Science Research (ISSR) Graduate Student Poster Contest, Arizona State University, Tempe, AZ.

**Hindman, K.**, & Zeinalzadeh, S. (2025). GenZ FemZ: Has Feminism Reached Its Peak in the Z Era? Institute for Social Science Research (ISSR) Graduate Student Poster Contest, Arizona State University, Tempe, AZ.  
*\*Honorable Mention Award.*

**Hindman, K.** (2024). Stereotypes in Stilettos: The Impact of Beauty Norms on Women’s Perceptions, Competence, and Well-being in Academia. Institute for Social Science Research (ISSR) Graduate Student Poster Contest, Arizona State University, Tempe, AZ.

**Hindman, K.** (2024). “We are”: The role of youth-led sport for vulnerable youth in Nepal: A case study. The Academy of Leisure Sciences (TALS) Research and Teaching Conference, New Orleans, LA.

Legg, E., & **Hindman, K.** (2023). Changing the culture of youth sport. Arizona Park and Recreation Association (APRA) Annual Conference, Glendale, AZ.

## PROFESSIONAL REPORTS

\*Funded sponsored project

**Hindman, K.**, Legg, E., Mullady, A. (2026). *Equitable Youth Sports Agenda – Advancing Access, Equity, and Opportunity in Maryvale*.\*

Legg, E., Hultsman, W., **Hindman, K.**, Lin, B., Gibbs, E., Ananian, C.D., Lee, W., Budruk, M., Chhabra, D. (2023). *Recreation Centers of Sun City Needs Assessment - Current Resident Survey*. Submitted to *Recreation Centers of Sun City*\*

Legg, E., Hultsman, W., **Hindman, K.**, Ananian, C.D, Budruk, M. *Recreation Centers of Sun City Needs Assessment - Focus Groups and Working Group Results* \*

Legg, E., **Hindman, K.** (2023). *Recreation Centers of Sun City Needs Assessment- Benchmark Data* \*

Legg, E., **Hindman, K.** (2023). *Recreation Centers of Sun City Needs Assessment - Trends Analysis* \*

Legg, E., **Hindman, K.** (2023). *Recreation Centers of Sun City Needs Assessment - Future Resident Survey Panel* \*

## RESEARCH EXPERIENCE

**Graduate Research Assistant**, Arizona State University – BAF and AOPA Fly-In Economic Impact Study

January 2026 – Present

- Economic impact and visitor perception study for the Buckeye Air Fair and AOPA Fly-In.
- Developing pilot and visitor surveys to capture travel behavior, itemized spending, motivations, satisfaction, and perceptions of the City of Buckeye.
- On-site data collection and subsequent analysis to estimate local economic impacts and inform municipal event planning.

**Graduate Research Assistant**, Arizona State University – Maryvale Agenda

June 2025 – January 2026

- Project lead for *Leveling the Playing Field: Advancing Sports Equity in Maryvale*, a community-engaged project focused on improving access, inclusion, and sustainability in youth sports.
- Conducted comprehensive asset mapping, stakeholder outreach, interviews, and data collection to identify structural barriers and community-driven solutions to sports equity.

- Authored all core project deliverables, including a youth sports equity agenda, best practices and gap analysis reports, a volunteer recruitment and retention strategy, and a replicable community working group framework.
- Synthesized community input with national research to product a final Youth Sports Equity Agenda and implementation roadmap for the Maryvale community.
- Coordinated with faculty and community partners to align findings with Principled Innovation frameworks and prepare final reports for dissemination.

**Graduate Research Assistant, Arizona State University – Kids at Hope (ACES Tracking Study)**

*May 2024 – December 2025*

- Contributed to a project examining how developmental relationships with non-parent adults (ACES) influence positive youth development (PYD) outcomes.
- Assisted with data management, matching school and ACES data, and preparing de-identified datasets for analysis.

**Graduate Research Assistant, Arizona State University – St. Vincent de Paul (SVdP)**

*December 2024 – May 2025*

- Assisted on project collaboration between ASU and St. Vincent de Paul.
- Managed data preparation and analysis in SPSS, including data importation, cleaning, and missing data management.
- Conducted Exploratory Factor Analysis and various statistical tests to explore relationships and differences in volunteer impact perceptions based on frequency, age, and service type.
- Supported research findings to inform volunteer management strategies.

**Graduate Research Assistant, Arizona State University – Recreation Centers of Sun City (RCSC)**

*January 2023 – December 2023*

- Assisted in the collection of data and conducted independent research on project collaboration between ASU and Recreation Centers of Sun City.
- Attended meeting with the board members to present findings.
- Assisted in questionnaire development for Sun City Residents.
- Prepared needs assessment, benchmark data, and trends analysis reports.

**Graduate Research Assistant, Arizona State University**

*January 2022 – August 2022*

- Assisted the Associate Dean of Research with administrative and research support for college-wide initiatives.
- Conducted document analysis, literature reviews, and data analysis to inform college initiatives.
- Prepared and reviewed reports, summaries, and other materials for faculty and staff.
- Coordinated meetings, drafted agendas, and communicated with stakeholders as needed.

## TEACHING EXPERIENCE

### Lead Graduate Teaching Assistant, Arizona State University

Course	Semester	Instructor	# of Students
PRM 380 – Wilderness & Parks in America	Fall B – 2024	John Weber	247

### Graduate Teaching Assistant, Arizona State University

Course	Semester	Instructor	# of Students
CRD 402 – Assessment & Evaluation of Community Services	Spring C – 2026	Eric Legg	25
PRM 370 – Public Lands Management	Fall B – 2025	Christopher Mayer	126
TDM 345 – Meeting & Convention Planning	Spring B – 2025	Marcus Jones	118
CRD 302 – Inclusive Community Development	Spring A – 2025	Lane Gram	125
PRM 380 – Wilderness & Parks in America	Fall A – 2024	Eric Steffey	154
TDM 458 – International Tourism	Fall B – 2023	Woojin Lee	70
PRM 483 – Sports Tourism	Spring B – 2023	Erin Schneiderman	104
PRM 120 – Leisure and Quality of Life	Fall B – 2022	McKenna Brodrick	105
TDM 205 – Intro to Tourism	Fall A – 2022	Dallen Timothy	157
CRD 403 – Leadership and Professional Development	Fall A – 2021	Paul Wright	58
CRD 403 – Leadership and Professional Development	Fall A – 2021	Mahdieh Jahangir Bolourchian	45

## SERVICE

Journal Peer Reviewer, *Journal of Youth Development*

2025

## SPONSORED PROJECTS AND GRANTS

### External – Unfunded

Title: Intersecting Inequities: Exploring the Mental Health Experiences of Female Adaptive Athletes in Elite Sport

IOC Olympic Studies Centre – PhD Students and Early Career Academics Research Grant Programme

**Hindman, K., & Legg, E.**

Amount: \$6,000

Submitted: September, 2025

## LEADERSHIP

**Officer**, SCRD Graduate Club, Downtown Phoenix, AZ

*August 2024 – May 2025*

- Promoted professional development and dialogue around key issues in community development for SCRD graduate students.
- Organized and facilitated six graduate seminar events highlighting current research and practice in the field.
- Coordinated guest speakers, including faculty, students, and industry professionals, to foster engagement and collaboration.
- Encouraged cross-disciplinary discussion and supported networking opportunities among students, faculty, and community partners.

## RESEARCH METHODS & TECHNICAL SKILLS

### Methodological Approaches

- Quantitative, qualitative, and mixed-methods research; participatory and community-based approaches; survey methodology; experimental and quasi-experimental design; longitudinal and program evaluation studies.

### Statistical Techniques

- Bayesian statistics, multiple regression, longitudinal growth curve modeling (LGCM), structural equation modeling (SEM), multilevel modeling (LMM/HLM), ANOVA, MANOVA, mediation and moderation analysis, hypothesis testing, and factor analysis.

### Software & Programming

- Mplus, R, SPSS, Python, and Qualtrics; working knowledge of Excel for data organization and descriptive analysis.

### Data Management & Analysis

- Data collection and sourcing (survey design, interviews, secondary data), cleaning and preprocessing, longitudinal data organization and coding, reliability and validity testing, and trend and comparative analysis.

### Visualization & Communication

- Development of publication-quality tables, figures, and reports; APA-style statistical reporting; academic and community-oriented dissemination of research findings.

### Analytical Skills

- Data interpretation, critical thinking, pattern recognition, contextualization, synthesis, and evidence-based decision-making.

## OTHER PROFESSIONAL EXPERIENCE

**Cohort 2 Member**, *Next Generation Service Corps (NGSC)*, Arizona State University

- Selected as a member of Cohort 2 in a four-year, competitive leadership program centered on cross-sector collaboration and community-based problem solving.

- Completed interdisciplinary training across nonprofit, public, and private sectors, with an emphasis on team-based leadership, systems thinking, and ethical decision-making.
- Engaged in applied community projects addressing complex social challenges through service-learning and partnership-driven approaches.
- Built competencies in civic engagement, ethical leadership, and youth-focused community development through experiential learning and reflective practice.

**Board Member (Fundraising Liaison), *Amigos de las Américas, Phoenix Chapter***

- Served as Fundraising Liaison on the chapter board, leading fundraising initiatives to support youth volunteer programs across Latin America.
- Planned and implemented annual fundraising campaigns in collaboration with board members, volunteers, and community partners.
- Supported donor outreach and engagement efforts to strengthen local partnerships and chapter sustainability.
- Contributed to board-level discussions on program growth, financial sustainability, and youth engagement strategies.

**Participant, *Amigos de las Américas, Dominican Republic***

- Completed 250+ hours of community service during an immersive living and working experience in a rural Dominican community.
- Co-designed and implemented a sustainable youth development project in partnership with local leaders and community members.
- Lived with a host family and facilitated programming in Spanish, developing cross-cultural communication, adaptability, and relationship-building skills.
- Engaged in community-based learning focused on public health, education, and youth development within a cross-cultural context.

**Event Support, *KCA – Association and Event Management, Chandler, AZ***

- Supported event operations and planning for multiple associations, including scheduling, vendor coordination, and logistics.
- Collaborated with the Executive Director on budget management and financial tracking.
- Helped ensure smooth event execution while maintaining high professional and organizational standards.

**Finance Intern, *Political Campaign, Gilbert, AZ***

- Researched potential donors and assisted with fundraising outreach to support campaign objectives.
- Maintained accurate financial data and contributed to expense tracking and reporting.

**Field Intern, *Political Campaign, Gilbert, AZ***

- Conducted voter outreach, canvassing, and volunteer coordination to strengthen campaign engagement.
- Supported event logistics and data entry to ensure accurate and efficient campaign operations.