# VITAE

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College of Health Solutions

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# Academic Training

Master’s Degree in Counseling and Human Relations, Northern Arizona University, 1996

Dietetic Internship, Milwaukee Public Schools, 1985

Bachelor’s Degree in Nutrition and Dietetics, University of Arizona, 1984

# Credentials and Certificates

# Certificate of Training in Obesity Interventions, 2018

Certified Health and Wellness Coach, Wellcoaches, 2016

Certificate of Training in Adolescent and Weight Management, 2014

ServSafe Certified Instructor, 2000, 2009

Registered Dietitian, 1985

# Professional Employment Record

**Arizona State University**

Clinical Professor, May 2014-present

Nutrition Program Coordinator, May 2014-August 2018

Senior Lecturer, July 2007-May 2014

Didactic Program in Dietetics Director, June 2005-June 2012

Lecturer, July 2000-July 2007

* Instruction:
* Undergraduate Courses

Applied Food Principles, Food Service Purchasing, Management of Food Service Systems, Nutrition Counseling, Development of Healthy Cuisines, Cultural Aspects of Food, History of Human Nutrition, Professional Practice in Food Management, Pre-professional Practice in Dietetics, Introduction to Therapeutic Diets and Retail Food Service Operations

* Graduate Courses

Pediatric Nutrition and Leadership in Food and Nutrition Systems.

* Study Abroad Program Leader Summer 2012 and 2019.
* Course and curriculum development:
  + Collaborated with an interprofessional team to develop an executive education program for Feeding Disorders in Pediatric Populations.
  + Implemented a health coaching certificate education program to train additional faculty in conjunction with the other faculty who are certified health and wellness coaches.
  + Developed Nutrition Counseling course to prepare students for application of communication and counseling skills.
  + Designed the course Development of Healthy Cuisines to provide food and nutrition management with foundational knowledge and skills to provide healthy options and special diets in food service operations.
  + Developed first study abroad course offered by the College of Health Solutions.
  + Designed new online Retail Food Service Operations course with innovative technologies including a podcast, business plan and social media platform.
* Program Evaluation
  + Successfully completed the 5-year Program Assessment Review and 10-year Self-Study for accreditation with the Commission on Accreditation of Dietetic Education.
  + Complete annual assessment program for nutrition degrees through the University Office of Educational Excellence.
* Program coordination
  + Revised the nutrition program degrees to increase flexibility for students.
  + Develop the schedule of courses each semester and assign faculty to courses.
  + Lead the curriculum committee and oversee curriculum decisions.
  + Select faculty associates and provide ongoing training.

# Tucson Medical Center

Patient Services Manager, October 1998-July 2000

* Supervision: Oversaw the patient services and clinical staff providing patient care. Implemented new food delivery system for patient services and update computerized diet office system. Co-chaired nutrition support task force for policy development.
* Clinical nutrition care: Provided nutrition care for patients in inpatient mental health facility.

# Sodexho-Marriott Services

Pediatric Nutrition Coordinator, Medical University of South Carolina, Charleston, July 1997-June 1998

Pediatric Dietitian, Santa Rosa Children’s Hospital, San Antonio, June 1996-July 1997

* Supervision: Oversaw pediatric nutrition care for inpatient and outpatient nutrition care for large teaching hospital.
* Clinical: Provided nutrition assessment and care in the pediatric ICU, Neonatal ICU and endocrine and neurology inpatient units. Counseled patients in pediatric specialty clinics including cardiology, neurology and gastroenterology.

# Yuma Regional Medical Center, Yuma

Clinical Dietitian, Jan 1992-June 1996

* Clinical: Provided nutrition assessment and care of pediatric and medical/surgical patients. Developed and implemented a pediatric feeding clinic and diabetes education program.

# University of Michigan Hospitals, Ann Arbor

Staff Specialist, July 1987-May 1990

* Program planning: Developed menus and recipes for special diets in a large ready-prepared food service operation. Served as production liaison for clinical and computer system issues. Integrated the use of CBORD systems for food service operations.

# Blackfoot School District, Idaho

Food Service Director July 1985-June 1987

* Supervision: Managed a multi-kitchen food service operation in a school district with budget and human resources responsibilities.
* Program planning: Assisted in the design of a new kitchen for a small elementary school, developed a school district wide salad bar program with funds generated by increase school lunch revenue

# Presentations at Conferences and Workshops

# Women in Food and Agriculture,Moderator, Food and Thought Speaker Series, College of Health Solutions, Arizona State University, Phoenix, AZ, November 2019.

# Podcasting for Study Abroad, Experiential Leadership Learning Institute, Cedar City, UT, June 2019,

Podcasting: Instructor, Expert and Student-Generated, Lilly Conference, Asheville, NC. August 2018

Motivational Interviewing: Advanced Skills Training, Arizona Consortium of Dietetic internship Programs, August 2018.

# The Heart of Our Interactions, Arizona Consortium of Dietetic Internship Programs, August 2016

# What We Can Learn From Health Coaches, Dietetic Educators of Practitioners Regional Conference, April 2016

Cultural Encounters: Learning from Experience, Arizona Consortium of Dietetic Internship Programs, September 2015

The Dummies Guide to Talking to Yourself, Arizona Certified Dietary Manager’s Annual Meeting, February 2011

Developing Grading Rubrics, Phoenix Indian Medical Center Preceptor Meeting, February 2010

Helping Employees Reach Their Potential, Nutrition Alliance Annual Meeting, April 2009

Helping Dietetics Students with Disabilities Succeed, DEP Conference, April 2007

Motivating Employees to Change, Crandall and Associates Annual Meeting, April 2007

Planting Seeds of Change, HK Abrams Public Health Center, February 2007.

Planting Seeds of Change, Arizona Nutrition Network Conference, January 2007

Planting Seeds of Change, AZPAC, August 2006

Innovative Education in Dietetics, Area IV DEP Conference, April 2006

The Professional Portfolio, Making Lemonade, AZDA Annual Meeting, July 2006

The Professional Portfolio, AZPAC, August 2005

Motivational Interviewing: Helping Our Clients Recognize Their Small Victories, AZDA Annual Meeting, July 2003

**Food Demonstration and Cooking Classes**

# Sun Oven Baking, Guest Lecture, Development of Healthy Cuisines, Arizona State University, March 2019.

# Growing and Using Fresh Herbs, Open Door, College of Health Solutions, Arizona State University, Phoenix, AZ, February 2019.

# Bees Depend on Me, Sustainability Day, Children’s Museum of Phoenix, Phoenix, AZ, February 2019.

# Zoodles of Fun, Open Door, College of Health Solutions, Arizona State University, Phoenix, AZ, February 2017.

# Sour Orange Marinade, Video, ASU Online, September 2017

# Prebiotic and Probiotic Foods, Parkwood Women’s Association, Mesa, AZ, March 2016

# YMCA Food Demonstration Series (4 sessions), Valley of the Sun YMCA,February 2016

# Grant Proposals and Funding

ASU School of Sustainability Tier 1 Grant Proposal, June 2015, $4,900

Academy of Nutrition and Dietetics Diversity Grant Proposal, March 2011, Unfunded

# Student Mentorship

**Master’s Degree Thesis**

Lauren Waznik, Glycemic Response to Gluten-Free Breads in Healthy Adults, Committee Member, November, 2018.

Roni Romash, Matcha Tea and its Acute Effects on Postprandial Blood Glucose, Committee Member, February, 2018.

Kelsi Wildermuth, Water Proximity and Its Effect on Consumption: In A Corporate Setting, Committee Member, August, 2017.

Corrine Zuelke, Protein Quality, Muscle Mass and Strength in Vegetarian Athletes, Committee Member, August, 2017.

**Master’s Degree Applied Projects**

Becky Welp, Development of a Children’s Book to Encourage Mindful Eating, Committee Chair, June 2018.

Brittane Sveum, Nutrition Protocol for Pediatric Traumatic Brain Injury Patients, Committee Member, April 2018.

Bailey Shupe, Development of Bariatric Surgery Educational Materials for VA, Committee Chair, April 2018.

Megan Grant, Rate of Growth in Weight, Length and Head Circumference in Very Low Birth Weight (<1250 gm) Premature Infants Between 24.0-34.0 Weeks Gestational Age Receiving 24 kcal/oz vs 26 kcal/oz Human Milk Fortifier, Committee Chair, March 2018.

Jesus Trujillo, Examining the Impact that Motivational Interviewing on Hemodialysis Patients’ Knowledge of Phosporous, Committee Member, February 2017.

Doha Salem, Exploring Cultural Competence of Clinicians Caring for Terminally Ill Muslim Patients within the American Health Care System: A Descriptive Study, September, 2017.

Susan Clark, Assessment, Development and Standardization of Educational Materials for Patients with Type 2 Diabetes at Madison Memorial Hospital, Committee Chair, November 2017.

Alayne Gatto, The Effect on Time Management by Streamlining Accessibility to Enterprise Content Management from the Corporate Portal to Corporate Share Point For Hospital Nutrition Business Managers, Committee Chair, November 2017.

Leung, Bianca, Measuring Change in Empathy of Registered Dietitian Nutritionists and Nutritionists Toward WIC Participants, Committee Chair, November 2016.

Shannon Huntley, Nutritional Provision in the Neonatal Intensive Care Unit and Growth Outcomes Up to 1 Year of Age For Patients with Congenital Diaphragmatic Hernia, Committee Chair, November, 2016.

Caity Liptak, Development of an Evidence-Based Free Water Protocol and Educational Materials, with the Evaluation of Knowledge and Perceptions of Acute Rehabilitation Staff after an In-Service, February, 2017.

**Barrett Honors Thesis/Projects**

Annie Curtain, Comparison of Nutrition Resources Available to Non-Athlete Students at Pac-12 Schools, Thesis Committee Chair, April, 2018

Kaitlyn Werner, Narrative Storytelling-A Sister's Story of Anorexia Nervosa, Project Committee Chair April, 2017

Makenna Baum, Nutrition Education Video Series for the Improvement of ASU Student Health, Thesis Committee Chair, November 2017

Madison DeHaven, Exploration of Body Image, Eating Behaviors, and Wellness, Project Committee Chair, November, 2017

Audrey Weil, Documentary-Banking on Food, Thesis Reader, April 2016

# Professional Memberships

Member of Academy on Nutrition and Dietetics

# Professional Activities at the State and National Level

100 year Anniversary Planning Committee, 2015-2017

Alliance Chair, Arizona Academy of Nutrition and Dietetics 2012-2013

Nominating Committee Chair, Arizona Dietetic Association, 2008-2009

Secretary, Dietetic Educator of Practitioners of the ADA, 2005-2007

Newsletter Editor for the Arizona Dietetic Association, 2001-2002 President, Southwestern Arizona District Dietetic Association, 1995-1996

# Department and College Service

# Translational Degree Subcommittee for Academic Success Hub, Member 2018

NTE College Promotion Committee, Chair 2015, 2016, 2017, 2018

Barrett Faculty Honors Advisor for Nutrition and Health Sciences Programs 2012-2015 Havasupai Diabetes Education Project 2011-2015

Tenure Track Search Committee, Multiple years

Lecturer Search Committee Multiple years

Advisor for Nutrition College Bowl Team 2010-2012 Nutrition Curriculum Committee 2006-present Personnel Committee Clinical Track 2009-2010

SAAS Curriculum and Standards Committee, 2008-2010

Faculty Advisor, Student Nutrition Council, 2000-2006

Personnel Committee, Nutrition Program 2006, 2007, 2009

# University Service

# Committee for Campus Inclusion 2017-present

# CAPC, 2017-present

Academic Senate 2008-2009

Academic Senate at the Polytechnic Campus 2006-2008

Chair of Student Faculty Policy Committee 2007

Member of the Polytechnic Curriculum and Academic Programs Committee, 2002-2005

# Community Service

Day of Social Outreach, CHS-2013, 2014, and 2015 Marc Centers Menu Evaluation 2007-present

# Community Presentations

# Nutrition for Adults with Spina Bifida, Ability 360, November 2017

# Clownfest, Nutrition for a Healthy Gut, Arizona Center, January 2016,

Nutrition for Swimmers, Seville Country Club Swim Team, August 2014

What Every Person Should Know About Nutrition, Intertribal Council on Aging, April 2013.

School Lunch to Feed Your Brain, Arizona Science Center, January 21, 2012

Meal Planning for Healthy Families, Scottsdale Public Library, April 12, 2011

Beauty Starts From Within, Kappa Gamma Sorority ASU, November 30, 2010

# Awards

Outstanding Dietitian of the Year, Arizona-2014

Outstanding Support of Student Leadership for Student Nutrition Council, 2005