

SARAH MARTINELLI, MS, RD, SNS

Clinical Associate Professor, College of Health Solutions, Nutrition Program

Email: Sarah.Martinelli@asu.edu

EDUCATION

Masters of Science in Nutrition

May 2014

Arizona State University, Phoenix, AZ

Thesis: The Association between the Moral Foundations Theory, Ethical Concern, and Fast Food Consumption

GPA 4.0

Masters of Business Administration

February 2009

University of Phoenix, Phoenix, AZ

GPA 3.64

Bachelors of Science Kinesiology

December 2004

Arizona State University, Phoenix, AZ

GPA 3.70, Magna Cum Laude

PROFESSIONAL EXPERIENCE

Clinical Assistant Professor, Arizona State University, Phoenix AZ

September 2017 – Current

Workload assignment: 60% teaching, 20% service, 20% scholarship

- Taught 6 distinct undergraduate nutrition courses 4 of which are upper division. Course lead for 2 courses.
- Mentor undergraduate and graduate students on thesis, applied projects, creative projects and research.
- Member (Research Investigator), ASU Food Policy and Environment Research group. Undertake research activities including project coordination, student training and oversight, data collection and analysis, and manuscript and grant writing.
- Member of Health Policy and Equity Affinity Network.

Lecturer, Arizona State University, Phoenix AZ

August 2016 – September 2017

Workload assignment: 100% teaching (Fall 2016-Spring 2017), 80% teaching and 20% service Fall 2017

- Developed new course content for NTR300 Computer Applications in Food Service.
- Taught 4 undergraduate level courses covering food service and nutrition topics.
- Mentored undergraduate students on creative projects, honors contracts, and research.
- Service to the community, profession, and university.

Adjunct Faculty, Online, Scottsdale Community College, Scottsdale AZ

January 2015-May 2016

- Developed new online course for SCC Food and Culture.
- Taught new Food and Culture class online for 3 semesters.
- Taught Weight Management course one semester.

Food and Nutrition Coordinator, Deer Valley Unified School District, Phoenix AZ

May 2014- August 2016

- Facilitated the development of a district wide wellness policy.
 - Developed and analyzed K-12 breakfast and lunch menus for 30 schools to ensure compliance with national guidelines.
 - Collaboration with parents, staff, and suppliers to create and serve menus to students with special dietary needs.
 - Preceptor to ASU and Maricopa County Department of Public Health dietetic interns.
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CERTIFICATIONS/CREDENTIALS

Certificate in Effective College Education , Association of College and University Educators Semester long college level pedagogy course that focused both on in person and online teaching strategies.	July 2018
School Nutrition Specialist , School Nutrition Association Professional certification that highlights my expertise and experience in school nutrition programs.	September 2016
Registered Dietitian , Commission on Dietetics Registration, Academy of Nutrition and Dietetics	July 2014

TEACHING

COURSES TAUGHT AT ASU

NTR 343 Food Service Purchasing

Course lead, I have taught all sections of this course both in person and online for a total of **21 terms**. I was responsible for syllabus development, alignment of course content with professional criteria required by the Academy of Nutrition and Dietetics for the use of this classes to meet requirements for the Registered Dietitian credential, and creation of all course materials and assignments. Although the course is continuously updated, it was **completely redesigned for a new textbook in Spring 2017** which required creating all new quizzes, exams, and supporting course materials. This class was also adapted for ASU Online.

NTR 300 Computer Applications in Nutrition

Course lead, complete redesign of course content in Fall 2016 to meet its intended goals of focusing on food service operations. All content, learning objectives, assignments, course lectures and quizzes were re-written. The class was also converted from hybrid to online class for the Spring 2017 term. Taught course a total of **4 terms** and continue to support course content.

NTR 241 Human Nutrition

Taught course **13 terms, converted course from two days a week to a hybrid class** for Fall 2019. The redesign required development of new materials and assignments, a complete re-writing of all exams and quizzes and reworking all in-class activities. I am working with the **curriculum development committee** since Spring 2021 to align course content across all sections. Consistently a high enrollment class with 60-130 students.

NTR 450 Life Cycle Nutrition

Taught 2 terms. First term, taught course face to face (two days per week). I developed in-class activities for each class session. Taught the course a 2nd time in Spring 2019 but I was not assigned the class until late December. The course was also being taught as a hybrid so I had to convert the class materials from the 2 day a week to a 1 day a week model on very short notice.

Other courses taught

NTR 100 Introduction to Nutrition taught 2 terms on the Tempe campus

NTR 351 Nutrition Communication taught 1 term over the summer

STUDENT MENTORSHIP

Mentoring students in the ASU Food Policy and Environment Research group

Mentored 21 students (10 masters and 11 undergraduate) in research protocols and data collection **Fall 2017 - ongoing**

Faculty Advisor

One time campus food drive and food packing event with nutrition student club presidents from Phi Upsilon Omicron – National Honor Society and the Student Nutrition Council. The drive was part of a National Nutrition Month campaign and provided food to fill weekend backpacks for food insecure kids in the valley. **March 2018**

Faculty Advisor, Spoon at ASU (Student club)

Spoon University is an online student run food publication. I assisted the club in developing their charter and getting the new club up and running. **Spring 2017 – Spring 2018**

Masters Theses/Applied Project Committees

Co-director Master’s Applied Project (HCD), Faith Kyaruzi and Afsana Azizi **Spring 2022**
“The Impact of the Community Eligibility Provision on School Meals”

Mentor Research Project (NTR593/NTR594), Samantha Koss **Fall 2020/Spring 2021**
“Relationship Between Beverage Type and the Daily Nutritional Needs of 3-5-year-old Students: A Systematic Review”

Maters Thesis Committee Member, Clint Stevens **Fall 2020**
“WIC Community Spill-Over: Access to WIC-authorized Stores and Child Consumption Behaviors”

Maters Thesis Committee Member, Raquelle Weight **Summer 2020**
“Differences in Fruit and Vegetable Consumption Among Children Related to Serving Container Color ”

Mentor (NTR593/NTR594), Jennifer Martinez **Summer 2020**
“How Cultural Geography Impacts Food Availability and as an Effect Health Outcomes Between Populations”

Barret Honors Theses Projects

Committee Member, Elizabeth Cheng & Srikari Palakodaty **Spring 2023**
“Understanding the Influence of Diet and Stress on the Immune System for Individuals with Crohn's Disease, Rheumatoid Arthritis, and Multiple Sclerosis”

Chair, Seth Wiley **Spring 2022 – Summer 2022**
“Disparities in Fruit and Vegetable Promotions at Different Socio-economic Levels in the Phoenix Metro Area”

Committee Member, Jane Londono **Fall 2021 – Spring 2022**
“Bake Against the Machine: A Community-Oriented Exercise in Marketing and Entrepreneurship” – Project earned over \$700 to donate to a local nonprofit group.

Committee Member, Caroline Arias **Fall 2020-Fall 2021**
“Development and implementation of recipes utilizing food items available through the charitable food system”

Co-Chair, Terrell Brown **Spring 2020-Spring 2021**
“Assessing Fruit and Vegetable Promotion Strategies in Grocery Stores”

Committee Member, Vinny Vi **Fall 2020-Spring 2021**
“Importance of improving physical activity and healthy eating in preschoolers in Hispanic population”

Committee Member, Christina Monteilh **January 2018 – December 2018**
“Incorporating Nutritional Support as Complementary Therapy for Cancer Patients Undergoing Chemotherapy Treatment”

Co-Chair, Vicky Sanford and Jayme Kirch **August 2017 – May 2018**
“Eat In Not Out”

Chair, Allie Stea **August 2017 – May 2018**
“Diet and Alzheimer’s Treatment and Prevention”

Honors Contracts

NTR 241 Human Nutrition
Isabella Colin “Eating in versus eating out” **Fall 2023**

Hadaad Dine “Fasting, Nutrition, and Cultural Traditions in Somalia” **Spring 2023**

Luv Gopu, “SNAP Challenge” **Fall 2022**

Alexa Johnson, “Recipe Nutrient Analysis and Discussion” **Fall 2022**

Adam Stewart, “Recipe Nutrient Analysis and Discussion” **Spring 2022**

Araceli Rodriguez, “Eating in versus eating out” **Fall 2021**

Lindsay Krause, "Recipe Nutrient Analysis and Discussion"	Spring 2021
Michaela Daas, "Recipe Nutrient Analysis and Discussion"	Fall 2020
Aubry Ernst, "Recipe Nutrient Analysis and Discussion"	Spring 2020
Vinny Vi, Grace Smith, Caroline Arias & Rebecca Firas, "Recipe Nutrient Analysis and Discussion" (students worked independently); Anna Schmidt, "Nutrition in the News"	
Athena Ellefson & Allyson Asmus "Comparison of Diet Quality with & without Food Allergies"	Spring 2019
NTR 343 Food Service Purchasing	
Diane Stabile, Creation of course resource to be used by future students	Spring 2020
Brogan Taylor & Simran Bhakta, Content development & recording video: "Proper Receiving and Storage"	Spring 2019
Theresa Lobato, Development of educational materials, "Proper Receiving and Storage"	Fall 2018
NTR 450 Life Cycle Nutrition	
Giovana Brazil, Nutrient analysis of food assistance backpacks for adolescents	Spring 2018
<u>Formal Undergraduate Research</u>	
Seth Wiley, CHS 494, Data Collection and research management	Fall 2021, Fall 2022
Terrell Brown, CHS 494, Data Collection for the New Jersey Child Health Study	Fall 2019, Spring 2020
<u>Undergraduate Teaching Assistants</u>	
Tav Gross, NTR 241, 3 credits	Spring 2021
Jayelah Bush, NTR 343, 1 Credit	Fall 2020

SCHOLARY ACTIVITIES

Member (Research Investigator) of the ASU Food Policy and Environment Research Group which is dedicated to exploring policies and programs that impact food consumption and physical activity behaviors and health outcomes, specifically those related to childhood and adult obesity.

Published Peer-Reviewed Articles

Martinelli, S.; Melnick, E.M.; Acciai, F.; St. Thomas, A.; Ohri-Vachaspati, P. Parent Perceptions and Opinions of Universal Free School Meals in Arizona. *Nutrients* 2024, 16, 213. <https://doi.org/10.3390/nu16020213>

Ohri-Vachaspati P, Acciai F, Melnick E.M., Lloyd K, **Martinelli S**, DeWeese R.S. , Isselmann DiSantis K, Tulloch D, DeLia D, Yedidia M.J. Food Environments Within and Outside of Schools Play a Critical Role in Curtailing the Rise in Obesity among School-Aged Children over Time, *The Journal of Nutrition*, Oct 2023, <https://doi.org/10.1016/j.tjnut.2023.09.027>.

Martinelli, S.; Bui, T.; Acciai, F.; Yedidia, M.J.; Ohri-Vachaspati, P. Improvements in School Food Offerings over Time: Variation by School Characteristics. *Nutrients* 2023, 15, 1868. <https://doi.org/10.3390/nu15081868>

Vi, V.; Suh, B.C.; Lorenzo, E.; **Martinelli, S.;** Arriola, A.; Lee, R.E. Developing and Evaluating Newsletters for Parent Engagement in Sustainability via Active Garden Education (SAGE). *Int. J. Environ. Res. Public Health* 2022, 19, 4617. <https://doi.org/10.3390/ijerph19084617>

Niles MT, Beavers AW, Clay LA, Dougan MM, Pignotti GA, Rogus S, Savoie-Roskos MR, Schattman RE, Zack RM, Acciai F, Allegro D. **et al. (including Martinelli S)** A Multi-Site Analysis of the Prevalence of Food Insecurity in the United States, before and during the COVID-19 Pandemic. *Current developments in nutrition*. 2021 Dec;5(12):nzab135.

Martinelli, S.; Acciai, F.; Yedidia, M.J.; Ohri-Vachaspati, P. Do Parental Perceptions of the Nutritional Quality of School Meals Reflect the Food Environment in Public Schools? *Int. J. Environ. Res. Public Health* 2021, 18, 10764. Special Issue: "Improving School Nutrition: Innovations for the 21st Century" <https://doi.org/10.3390/ijerph182010764>

Martinelli S, Acciai F, Tasevska N, Ohri-Vachaspati P. Using the Veggie Meter in Elementary Schools to Objectively Measure Fruit and Vegetable Intake: A Pilot Study. *Methods Protoc.* May 2021, 4(2), 33.

Dighe S, Lloyd K, Ohri-Vachaspati P, Acciai F, Yedidia M, **Martinelli S.** Association between Children's Weight Status and Their School's Food and Physical Activity Environment. *Preventative Medicine Reports.* August 2020.

Martinelli S, Acciai F, Au LE, Yedidia M, Ohri-Vachaspati P. Parental Perception of the Nutritional Quality of School Meals and Student Meal Participation: Before and After the Healthy Hunger-Free Kids Act. *Journal of Nutrition Education and Behavior.* July 2020.

Acciai F, Yedidia M, **Martinelli S,** DeWeese R, Ohri-Vachaspati P., School Food and Physical Activity Environment: A Longitudinal Analysis of four School Districts in New Jersey. *Journal of Adolescent Health.* January 2019.

Peer Reviewed Articles under Review and In Preparation

Martinelli S, Acciai F, Melnick E, St. Thomas A, Ohri-Vachaspati P. School Staff Perceptions and Opinions of Universal Free School Meals in Arizona. *In preparation.*

Other Publications

Martinelli S, McCoy M, Reddy S, Verdecias N, Arizona opinion: The critical role of free school meals, *AZ Daily Star,* Jan 22, 2024. https://tucson.com/opinion/column/arizona-opinion-the-critical-role-of-free-school-meals/article_e33e71e0-b554-11ee-a98c-0b087ec0a33b.html#tracking-source=home-top-story.

Martinelli S, Acciai F, Melnick E, Ohri-Vachaspati P. Healthy School Meals for All in Arizona: A Comprehensive Assessment of Benefits, Cost Scenarios, and Community Perspectives. Phoenix, AZ: College of Health Solutions, Arizona State University, 2023. <https://keep.lib.asu.edu/items/184470>

Martinelli S, Acciai F, Melnick E, Ohri-Vachaspati. "Literature Review: Benefits of Healthy School Meals for All". Phoenix, AZ: College of Health Solutions, Arizona State University, Dec 2022. <https://keep.lib.asu.edu/items/183641>

Martinelli S, Acciai F, Melnick E, Ohri-Vachaspati. "Cost Estimation: Removing the Reduced-Price Meal Co-pay". Phoenix, AZ: College of Health Solutions, Arizona State University, Dec 2022. <https://keep.lib.asu.edu/items/183642>

Martinelli S, Acciai F, Melnick E, Ohri-Vachaspati. "Views on Healthy School Meals for All: A survey of AZ parents and school community members". Phoenix, AZ: College of Health Solutions, Arizona State University, Dec 2022. <https://keep.lib.asu.edu/items/183640>

Martinelli S, Reddy S, Yudell M, Darira S, McCoy M. "The Case For Universal Free Meals For All: A Permanent Solution". *Health Affairs Forefront.* May 5, 2022, <https://www.healthaffairs.org/doi/10.1377/forefront.20220504.114330/>

Wetherell S, Josephson A, Acciai F, **Martinelli S,** Yellow Horse AJ, Ohri-Vachaspati P. "One year later: The economic consequences of COVID-19 in Arizona". College of Health Solutions, Arizona State University, June 2022. <https://keep.lib.asu.edu/items/167721>

McCoy M, **Martinelli S,** Reddy S, Don R, Thompson A, Speer M, Bravo R, Yudell M, Darira S. "Food Insecurity On College Campuses: The Invisible Epidemic. *Health Affairs Forefront.*" *Health Affairs Forefront.* January 31, 2022. DOI: 10.1377/forefront.20220127.264905.

Acciai F, McCarthy AC, Harper K, Josephson A, Belarmino EH, Niles MT, Bertmann F, Biehl E, DeWeese R, **Martinelli S,** Neff R, Ohri-Vachaspati P. Food Insecurity and Food Assistance Program Participation in the U.S.: One year into the COVID-19 Pandemic. College of Health Solutions, Arizona State University, August 2021. <https://keep.lib.asu.edu/items/160694>

Acciai F, Josephson A, **Martinelli S,** Yellow Horse AJ, Evans T, Ohri-Vachaspati P. COVID-19 Pandemic One Year Later: Food Insecurity and Food Assistance in Arizona. College of Health Solutions, Arizona State University, August 2021. <https://keep.lib.asu.edu/items/160095>

Ohri-Vachaspati P, Acciai F, **Martinelli S**, Harper K, Bertmann F, Belarmino EH, Neff R, Niles M. Food Assistance Program Participation among US Households during the COVID-19 Pandemic. College of Health Solutions, Arizona State University, December 2020. <https://keep.lib.asu.edu/items/244>

Driesen F, Acciai F, Josephson A, Yellow Horse AJ, **Martinelli S**, Ohri-Vachaspati P. "Job Disruptions During the First Four Months of the COVID-19 Pandemic and Their Impact on Food Security in Arizona". College of Health Solutions, Arizona State University, December 2020. <https://keep.lib.asu.edu/items/270>

Martinelli S, Acciai F, Yellow Horse AJ, Josephson A, Ohri-Vachaspati P. "Food Assistance Program Participation among Arizona Households during the COVID-19 Pandemic ". College of Health Solutions, Arizona State University, November 2020. <https://keep.lib.asu.edu/items/243>

Acciai F, Yellow Horse AJ, **Martinelli S**, Josephson A, Evans T, Ohri-Vachaspati P. "Impacts of COVID-19 on Food Security in Arizona." College of Health Solutions, Arizona State University, November 2020. <https://keep.lib.asu.edu/items/242>

Reddy S, Sprout G, McCoy M, **Martinelli S**, Lehman L. Caught In The Crossfire Of The Trump Administration's New SNAP Proposal: 500,000 Children. Health Affairs Blog. September 2019. Available at: <https://www.healthaffairs.org/content/forefront/caught-crossfire-trump-administration-s-new-snap-proposal-500-000-children>

Conferences and Presentations

Presenter, American Public Health Association, Oral Presentation, Atlanta Georgia **November 2023**
Martinelli S, Acciai F, Melnick E, St. Thomas A, Ohri-Vachaspati P. Healthy school meals for all in Arizona: Cost assessment

Presenter, American Public Health Association, Poster Presentation, Atlanta Georgia **November 2023**
Martinelli S, Acciai F, Melnick E, St. Thomas A, Ohri-Vachaspati P. Healthy school meals for all in Arizona: Community perspectives

Presenter, American Public Health Association, Oral Presentation, Atlanta Georgia **November 2023**
Martinelli S, Reddy S, McCoy M, Speer M, Alvarez S, Batheja M, Umar S. Prescriptions for nutrition: A collaboration to engage, educate, and empower under-resourced patients with metabolic syndrome

Presenter, International Society of Behavioral Nutrition and Physical Activity, Poster Presentation, Phoenix, AZ **May 2022**
Martinelli S, Bui, T.; Acciai, F.; Yedidia, M.J.; Ohri-Vachaspati, P. Improvements in school food offerings over time – do all children benefit?

Presenter, American Public Health Association, Live Poster Presentation, Denver CO/Zoom **Oct 2021**
Martinelli S, Acciai F, Au LE, Yedidia M, Ohri-Vachaspati P. Do Parental Perception of the Nutritional Quality of School Meals Match Actual Changes in School Food Environments?.

Invited Presenter, Junior League of Phoenix, Zoom **May 2021**
Food Security and COVID-19 in AZ

Presenter, The Obesity Society Conference, Poster Session, Las Vegas NV **October 2019**
Martinelli S, Acciai F, Au LE, Yedidia M, Ohri-Vachaspati P. Parental Perception of the Nutritional Quality of School Meals and Student Meal Participation: Before and After the Healthy Hunger-Free Kids Act

Presenter, American Public Health Association National Conference, San Diego CA **November 2018**
Acciai F, Yedidia M, **Martinelli S**, DeWeese R, Ohri-Vachaspati P. School Food and Physical Activity Environment: A Longitudinal Analysis of four School Districts in New Jersey

Presenter, Food and Nutrition Conference, Poster session Academy of Nutrition and Dietetics, Dallas TX **October 2013**
Martinelli S, Ohri-Vachaspati P, Wharton C, Hekler E. "The Association between the Moral Foundations Theory, Ethical Concern, and Fast Food Consumption". Master's Thesis.

Research Proposals

Full proposal, Novo Nordisk, "A prescription for nutrition: a collaboration to identify, educate, and manage the metabolic syndrome and its complications in a high risk, underserved population". **Co-Primary Investigator** responsible for nutrition education

intervention, coordination of community advisory board and development and implementation of dietary assessment tools. Funded May 2022 – August 2024.

Invited full proposal, Arizona Food Bank Network and No Kid Hungry, “Assessment of Healthy School Meals for All in Arizona”.
Primary investigator, assessing cost and public opinion of implementing healthy school meals for all in Arizona. Funded March 2022 -January 31, 2023.

R01 National Institute of Child Health and Human Development “The Impact of COVID-19 Related School Closures on Children’s Weight Status”. Project Staff. Assisted with proposal planning and writing. Submitted in June funded in October 2020.

Invited full proposal, Healthy Eating Research, Robert Wood Johnson Foundation. “Impact of COVID-19 on redemption of Special Supplemental Program for Women, Infants, and Children (WIC) benefits: An interrupted time series analysis”. Co-Project Investigator. Assisted with proposal planning and writing. Submitted for rapid review in July 2020 but not funded.

Invited full proposal, The Vitalyst Foundation Systems Change Grant “Amplifying the Impact of the USDA’s Fresh Fruit and Vegetable Program”. Co-Project Investigator. Assisted in grant development and preparation. Submitted January 2020 but not funded. Resubmission planned for 2021-22.

R01, National Institute of Child Health and Human Development “Evaluating the Impact of the Fresh Fruit and Vegetable Program on Children and their Families”. Project Staff. Developed and executed a pilot study to collect data using the Veggie Meter to inform the grant. Assisted on study development and proposal writing. Submitted January 2020 but not funded.

SERVICE TO THE COLLEGE/COMMUNITY/PROFESSION/

Service to the College

Personnel (Ad Hoc Annual Review: Clinical Faculty)	Spring 2023
Faulty Service Committee	Fall 2022 – Current
Nutrition program Curriculum Committee	Spring 2022 - Current
Member Health Policy and Equity Affinity Network	August 2019 – Current
The Health Policy and Equity Network (HPEN) seeks to bridge silos among stakeholders to reduce health disparities and effectively translate evidence into policy by engaging with and gaining “buy-in” from community members and their policymakers. As a member of HPEN, I frequently collaborate with faculty from different areas in the college on research proposals, curriculum development, collaborative events and writing articles that are policy-related.	
Nutrition Program Scholarship Review Committee , Reviewed 90+ applications for 3 scholarships	Spring 2022
Academic Standards Committee , Member of CHS academic standards committee	August 2018 – Spring 2022
Undergraduate Research Colloquium Planning Committee , Plan two research presentations per semester to help expose undergraduate students to research	August 2017 – December 2019
Organized Dietetics Career/Diversity event with collaboration of CHS and the Academy of Nutrition and Dietetics to give students the opportunity to meet and network with a variety of professionals in the dietetics field.	August - November 2019
Collaborated with Chris Wharton to develop intervention materials for a pilot study	August 2018 – November 2018
Member of Faculty Success Hub , Help with development of new review criteria	January 2018 – May 2018
Chair of Faculty Success Hub Sub Committee , Defining Service Requirements	February 2018 – April 2018
DPD Program Accreditation Review , Attended faculty meeting as well as prior student meeting with reviewers	February 2018
Social Media Committee Member , Helped lead social media presence for SNHP, increased twitter presence for department from less than 100 interactions per month to more than 20,000 per month	August 2016 – May 2018

Student Recruitment and Retention Activities

CHS Family Day Celebration	Fall 2023
Let's Grow Together – student faculty meal, assisted in planning event, event set up and clean up	Spring 2023
Party on the Patio	Spring 2023
CHS 100 drop in session	Fall 2022
Sun Devil Day, Recruitment event	Fall 2022
CHS Gives Thanks Dinner	Fall 2022
NTR Program “Up Beet” Zoom session with students	Spring 2022, Fall 2022
ASU Open Door, Planned, set up and staffed 2 interactive demonstrations (Digestion Demo, Veggie Meter)	February 2020

Interviews/Media

PBS Horizon Interview with Ted Simmons	January 18, 2023
ASU News, “ASU report contributes to expansion of free meal program for students”	December 27, 2022
Arizona Department of Education, Press Release, “Superintendent Hoffman Announces \$6.75 Million Investment for School Meals”	December 14, 2022
Sarah Madrigal student from Cronkite to assist her with a class project about nutrition basics	Spring 2019
State Press “Healthy Options in the Dining Halls”	Spring 2018
ABC 15 News “Organic Foods and Health”	Spring 2017
State Press “New fitness tracking apps don't always succeed, but still deserve a chance”	Fall 2017
ASU Now Healthy Recipe Series, “Healthy Breakfast in the Dorms”	Fall 2017
ASU Now Healthy Recipe Series, “Recipe for ASU’s date harvest”	Fall 2016
State Press “Caffeine, a stimulant drug, is not an alternative to sleep”	Fall 2016

Service to the Community/Profession

Member School Nutrition Advocacy Group

Fall 2022 – Current

Hosted by the Arizona Food Bank Network, this group is the hub through which most of the school meal advocacy efforts are organized and shared among state partners. I provide education on school nutrition policies and research findings to help guide understanding and action in this area. I have also presented at stakeholder meetings sharing my research and knowledge about school food policy with the community.

Board Member, Blue Watermelon Project

June 2017 – Current

Non-profit group that brings together high school culinary departments, school food professionals, and professional chefs to develop and advocate for healthy school meals. Developed nutrition education materials to support Chef in the Garden education boxes that help K-8 grade students better understand where their food comes from and the connection between food, health, and culture. Serve as the Feeding the Future contest organizer working closely with schools, students, and chefs to develop recipes that meet school food guidelines (cost, nutrients, organizational constraints).

Member, Nutrition & Research Committee, School Nutrition Association (National Level Committee) December 2021 – August 2023

The Nutrition & Research Committee is one of the School Nutrition Association's (SNA) Strategic Committees and supports SNA's mission and vision by evaluating, interpreting, and formulating recommendations relative to initiatives and standards for school nutrition programs. In addition, the committee is responsible for identifying research opportunities, disseminating information on research activities, supporting the Journal of Child Nutrition & Management, and promoting research activities and professional development among members.

Invited Attendee, Hunger Policy Workgroup

Fall 2022

A full-day conference hosted by Arizona Food Bank Network, Arizona Food Systems Network, Bread for the World, Arizona Faith Network, WHEAT or LAMA with the goal of creating a coalition of groups to come together and focus on reducing hunger in AZ

Manuscript Reviewer

Public Health Nutrition

Summer and Fall 2023

Journal of Nutrition, Education & Behavior; Preventive Medicine Reports, The Journal of Child Nutrition & Management **Spring 2022**

International Journal of Clinical Nutrition & Dietetics

Fall 2021

Journal of Hunger & Environmental Nutrition; Journal of Nutrition, Education & Behavior	Summer 2020, Fall 2020
Grant Reviewer , Graduate and Professional Student Association	Spring 2020
Reviewer, Abstracts for the American Public Health Association National Conference	March 2019, March 2020
Past President , Central AZ Academy of Nutrition and Dietetics	June 2019 – May 2020
Central AZ Academy of Nutrition and Dietetics is the local chapter of the Academy of Nutrition and Dietetics which is the governing body of dietetic professionals. Leadership roles in this group require monthly or bimonthly planning meetings, organization and delivery of at least 4 professional events throughout the year, recruitment of and mentorship of other professionals and students, community outreach and volunteer work.	
President , Central AZ Academy of Nutrition and Dietetics	June 2018 – June 2019
President Elect , Central AZ Academy of Nutrition and Dietetics	June 2017 – May 2018
Group leader , AZ Academy of Nutrition and Dietetics, RD day at the AZ State Capitol/ Public Policy Workshop	March 2017 & 2018
Lead small groups of constituents in meetings with their local elected representatives to discuss nutrition and health related bills.	
Membership Chair , Central AZ Academy of Nutrition and Dietetics	October 2015 – May 2017

PROFESSIONAL DEVELOPMENT – WORKSHOPS AND CONFERENCES ATTENDED

American Public Health Association, National Conference, Atlanta Georgia	November 2023
Advancing Health Equity Through Culture-Centered Dietary Interventions to Address Chronic Diseases Virtual, National Institutes of Health: National Heart, Lung, and Blood Institute	September 2023
Measuring Diet Quality Across the Lifespan: Introducing the New Healthy Eating Index-Toddlers-2020 and Healthy Eating Index-2020	September 2023
FRAC: \$6 A Day: Gauging The Human & Economic Impact of the Hunger Cliff	August 2023
FRAC: The Hunger Cliff: Preparing for the End of SNAP Emergency Allotments	January 2023
ASU Learning Experience: Conveying Concepts Through Infographics	Oct 2022
International Society of Behavioral Nutrition and Physical Activity, Phoenix, AZ	May 2022
Anti-Hunger Policy Conference, Co-sponsored by Food Research & Action Center and Feeding America in cooperation with the National CACFP forum	March 2022
Research Designs to Account for Diversity and Inclusiveness and Impact Food Guidance Policy American Society of Nutrition	Spring 2022
Institute of Child Nutrition, Online training modules, earned 3 CEU's related to school food operations	Spring 2022 – Fall 2022
Master Class for Teaching Online, ASU Online	Fall 2016, Summer 2021
National Anti-Hunger Policy Conference, Virtual	March 16-18, 2021
American Public Health Association 2021 Public Policy Action Institute, Virtual	April 8-9, 2021
Institute of Child Nutrition, Online training modules, earned 18 CEU's related to school food operations	Fall 2019 – Fall 2020
Building Health Lifestyles Conference, Tempe AZ	February 2018, 2019, 2020
The Obesity Society Conference, Las Vegas NV	October 2019
Childhood Obesity Conference, Anaheim CA	July 2019
American Society of Nutrition National Conference, Boston MA	June 2018

AZAND RD day at the AZ State Capitol/ Public Policy Workshop, Phoenix AZ
Group leader for legislative meetings in 2017 and 2018

March 2017, March 2018

Lilly Conference Series on College and University Teaching and Learning

February 2017

HONORS/AWARDS

Affiliate Faculty, Swette Center for Sustainable Food Systems

Fall 2022

Affinity Network Award, member of Health Policy and Equity Affinity Team, College of Health Solutions

May 2022

Faculty Solutions Team Award, member of ASU Food Policy & Environment Research Group, College of Health Solutions

May 2022

Mentor Award, Nominee, College of Health Solutions

Spring 2021

Travel Grant, \$950, Graduate and Professional Student Association

Fall 2019

Recognized Young Dietitian of the Year, Arizona Academy of Nutrition and Dietetics

2016-2017 Membership Year

Last updated Jan 2024