**Vanessa m. young**

UT Health Science at San Antonio

7703 Floyd Curl Dr., San Antonio, TX 78229

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*Curriculum Vitae, February 2025*

**DEGREES, FIELDS OF STUDY, AND DATES AWARDED**

|  |  |  |
| --- | --- | --- |
| 2024 – Present  | **Doctor of Philosophy, Translational Science** | May 2027 |
|  | Graduate School of Biomedical Sciences | (Expected) |
|  | UT Health San Antonio(Sudha Seshadri, MD, DM, Supervisor) |  |
|  |  |  |
| 2019 – 2021 | **Master of Science Degree, Psychology** | May 2021 |
|  | School of Social and Behavioral Sciences |  |
|  | Arizona State University |  |
|  | (Karen Weston, PhD, Supervisor) |  |
|  |  |  |
| 2016 – 2018 | **Bachelor of Arts Degree, Psychology** | Jun 2018 |
|  | School of Psychological Science |  |
|  | Oregon State University |  |
|  |  |  |
| 2014 – 2016 | **Associate of Arts Degree, Psychology** | May 2016 |
|  | Northwest Vista College |  |
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**TRAINING AND CERTIFICATES**

2024 The Basic of Fluid Biomarkers in Alzheimer’s Disease Workshop, Alzheimer’s Association

2024 Technology and Dementia Workshop, Alzheimer’s Association

2024 Building Our Community Engagement Infrastructure: Increasing Trust, Diversity, and Equity in Research Workshop, Texas Regional CTSA Consortium

2024 Communication and Conflict Resolution Certification, UT Health San Antonio

2024 Medical Statistic Certificate, Stanford Online

2022 Quality Matter Certification, Independent Applying the Quality Matters Rubric on Online and Blended Courses

2021 Master Class for Teaching Online, Arizona State University

**HONORS AND AWARDS**

2024 Behavioral and Social Sciences Student Travel Award, Gerontological Society of America

2024 Early Career Scholar Honorable Mention Award, American Aging Association

2023 Professor of Impact Award, Arizona State University

2019 Unsung Hero Award, American Red Cross

2018 Alpha Sigma Lambda Honor Society

**RESEARCH EXPERIENCE**

2024 – Present **Clinical Research Project Manager,**

 **Glenn Biggs Institute, UT Health San Antonio**

* Manage three large longitudinal studies primarily focused on aging among the Latinx community: the COMPADRE- CART [R01]; Diverse-CVID [U19]; and EFFECT-AD [NACC-Gates] longitudinal studies.
* Support the development and update of operational plans.
* Supervise junior researchers and provide training on study protocols, research ethics and data entry processes.
* Define and manage project resources needs and goals within specific timeline and budget.
* Maintains research database per each study.
* Participates in personnel selection and hiring process.
* Provides mentoring, training and professional development to junior researchers.
* Mentor RAs on proposal development, statistical analysis, results interpretation, and writing.
* Develop statistical analysis plans, conduct data cleaning, and transformation.
* Initiate abstract and manuscript development.

2022 – 2024 **Sr. Clinical Research Coordinator,**

 **Glenn Biggs Institute, UT Health San Antonio**

* Responsible for managing the COMPADRE longitudinal study; develop and monitor recruitment plan goals, processes and implemented solution to improve performance.
* Coordinated screening, enrollment, consenting and interviewing of study participants.
* Guided and trained junior researchers on research ethics and data entry processes.
* Planned outreach events to bolster engagement and trust with the community.
* Collected data and supported write up of annual NHI research progress, adverse reactions, deviations, and results.
* Monitored studies for good clinical practice compliance.
* Administrated neuropsychological assessments and other health-related questionnaires.
* Facilitated creation and revision of study flow and material such as brochures and flyers.
* Mentored RAs on proposal development, statistical analysis, results interpretation, and writing.
* Developed statistical analysis plans, conducted data cleaning, and transformation.
* Initiated abstract and manuscript development.

2020 – 2023 **Collaborator, Scientific Writer**

 **Cochrane, Rehabilitation Group, Milan, Italy**

* Attended advisory board meetings concerning evidence-based practices, and study.
* Screened articles, extracted and tabulated data, matched interventions, and outcomes.
* Conduct reviews and meta-analyses in the context of cognitive and physical rehabilitation commissioned by the World Health Organization.
* Managed and lead the production of 3 reviews and 3 Cochrane Review summaries.

2018 – 2020 **Psychometrist – Research Coordinator**

**Traumatic Brain Injury Clinic, Landstuhl Regional Medical Center, Germany**

* Performed triage mental status evaluations in outpatient clinic.
* Administrated and scored psychological and neuropsychological tests.
* Prepared written case history, patient files, and initial interpretation of assessments.
* Supported the referral process to appropriate treatment providers.
* Maintained testing material inventory and placed orders as needed.
* Supervised and trained volunteers or students seeking clinical hours for their graduate programs.
* Successfully managed the Brain Injury Beliefs research project from protocol to manuscript publication.
* Responsible of data collection, entry, manning and descriptive statistical analysis.
* Conducted descriptive and thematic analysis using NVivo and SPSS

**CURRENT RESEARCH PROJECTS**

* 2023 – Present Long Sleep Duration, Cognitive Performance, and the Moderating Role of Depression: A Cross-sectional Analysis in the Framingham Heart Study [**Manuscript submitted to Alzheimer’s & Dementia, Wiley – Under Revision**]
* 2024 – Present Sleep Duration and Alzheimer’s Disease Fluid Biomarkers: A Review [**Manuscript in Preparation**]

**PUBLICATIONS**

The last author is generally regarded as the Senior Author in my discipline. All of these works were peer-reviewed. Asterisk \* for corresponding author, bold for my name.

***Journal Articles*** *(n=12)*

1. **Young, V.M.** (ahead of print). Can pharmaceutical care interventions improve the appropriate use of polypharmacy in older adults? A Cochrane Review summary with commentary. Am J Phys Med Rehabil. doi: 10.1097/PHM.0000000000002647
2. **Young, V. M.\***, Bernal, R., Pollet, E., Serrano-Rubio, L., Gaona, C., Jayandra Jung Himali, Seshadri, S., David Andrés González, & Gonzales, M. M. (2024). Deep sleep, olfactory loss, and cognition in early-stage Parkinson’s disease: Pilot study results. Gerontology & Geriatric Medicine, 10. <https://doi.org/10.1177/23337214241262925>
3. **Young, V. M.\*** (2024). Are polyunsaturated fatty acids effective for attention‐deficit/hyperactivity disorder in children and adolescents? A Cochrane Review summary with commentary. Developmental Medicine and Child Neurology/Developmental Medicine & Child Neurology. https://doi.org/10.1111/dmcn.15888
4. Young. V.M.\* (2023). Are stimulant and non-stimulant drugs effective and safe for treating ADHD co-occurring with epilepsy in children? - A Cochrane Review summary with commentary. Developmental Medicine & Child Neurology. <https://doi.org/10.1111/dmcn.15621>
5. Liguori, S., Young, V.M., Arienti, C., Pollini, E., Patrini, M., Gimigliano, F., Kiekens, C., & Negrini, S. (2023). Overview of Cochrane Systematic Reviews for rehabilitation interventions in persons with cerebral palsy: a mapping synthesis. Developmental Medicine & Child Neurology. https://doi.org/10.1111/dmcn.15572
6. Cordani., C., Young, V.M., Arienti, C., Lazzarini, S.G., Del Furia, M., Negrini, S., & Kiekens, C. (2022). Cognitive impairment, anxiety and depression: A map of Cochrane evidence relevant to rehabilitation for people with post COVID- 19 condition. European Journal of Physical and Rehabilitation Medicine. https://doi.org/10.23736/S1973- 9087.22.07813-3
7. Young, V. M.\* (2022). How effective and safe are non-drug treatments for spatial neglect following non-progressive brain injury? A Cochrane review summary with commentary. NeuroRehabilitation. https://doi.org/10.3233/NRE-228022
8. Gimigliano, F., Young, V. M.\*, Arienti, C., Bargeri, S., Castellini, G., Gianola, S., Lazzarini, S. G., Moretti, A., Heinemann, A. W., & Negrini, S.(2022). The effectiveness of behavioral interventions in adults with post-traumatic stress disorder during clinical rehabilitation: A rapid review. International Journal of Environmental Research and Public Health, 19(12), 7514. https://doi.org/10.3390/ijerph19127514
9. Kiekens, C\* & Young, V. M. (2022). Can walking lower blood pressure in adults? - A Cochrane Review summary with commentary. American Journal of Physical Medicine & Rehabilitation. https://doi.org/10.1097/PHM.0000000000002047
10. Young, V. M., Hill, J.R., Patrini, M., Negrini, S\*. & Arienti, C. (2022). Overview of Cochrane systematic reviews of rehabilitation interventions for persons with traumatic brain injury: A mapping synthesis.J.Clin.Med.2022,11(10). https://doi.org/10.3390/jcm11102691
11. Kiekens, C\*. & Young, V. (2022). How effective and safe are current interventions for sexual dysfunction following stroke? A Cochrane Review summary with commentary. NeuroRehabilitation 50(3), 1-3. Advance online publication. https://doi.org/10.3233/NRE- 228017.
12. Jorgensen-Wagers, K.\*, Young, V., Collins,D., Chavez, B., Lenski, D., & Khokhar, B. (2021). Braininjury: What influences the belief U.S. service members have about reporting and seeking care? Military Medicine Supplement 186(1), 546-551. <https://doi.org/10.1093/milmed/usaa410>

**SCHOLARLY PRESENTATIONS**

The last author is generally regarded as the Senior Author in my discipline.

***Original Abstracts & Posters*** *(n=23)*

1. Vela G., Garcia R., Goss M., Trevino H., Young V.M., Patel N., Melo van Lent D., Seshadri S.. Healthy Brain Aging. 18th Annual Community Engaged Learning (CEL) Conference, February 1, 2025. San Antonio, TX. [**Poster Presentation**].
2. **Young V.M.,** Bernal R., Baril A.A., Zeynoun J., Wiedner C., Gaona C., Beiser A., Teixeira A., Salardini A., Pase M., Himali J.J., Seshadri S. Sleep duration and cognitive performance in younger and older adults: What is the role of depression? Texas Alzheimer’s Research and Care Consortium Scientific Symposium; January 23, 2025; Austin, TX. [**Poster Presentation**].
3. Monroy N., LaRoche A., del Bosque J., Seidl A., Kumar R., Maestre G., Tanner J., de Erausquin G., Salardini A., Parker A., Hromas G., Mendoza C., **Young V.M.,** Seshadri S., Sullivan A.C. Caregiver burden in Alzheimer’s disease and related dementias (ADRD) in the south Texas ADRC (STAC). Texas Alzheimer’s Research and Care Consortium Scientific Symposium; January 23, 2025; Austin, TX. [**Poster Presentation**].
4. Gates S., Dhillon A., Mathews J., Muhammad J., Boisselier M., Seidl A., LaRoche A., **Young V.M.,** Mavarez R., de Erausquin, G., Sullivan, A.C., Satizabal C., Curran J, Maestre G., Seshadri S. Kautz T. Characterizing the Biggs Biobank: Demographics, biospecimens, and biomarkers in a south Texas cohort. Texas Alzheimer’s Research and Care Consortium Scientific Symposium; January 23, 2025; Austin, TX. [**Poster Presentation**].
5. **Young V.M.** Could Your Sleep Duration and Mood Be Impacting Your Thinking Skills? T1-T4 in 3 (Minutes) Challenge. Institute for Integration of Medicine & Science. September 27, 2024; Virtual **[Online Presentation].**
6. **Young V.M.,** Gaona, C. Serrano L., Wang C.P., Kautz T., Kaye J., Beattie Z., Gonzales M. Examining self-reported sleep quality, insomnia and dissatisfaction with cognitive performance in older Hispanic adults: The COMPADRE-CART Study. Gerontological Society of America, November 2024, Seattle, WA.
7. Garbarino V., **Young V.M.,** Trevino, H., Kautz T., Garcia R., Vela G., Zapata E., Salinas Valdez M,, Gates S., Cisneros D.G., Garcia L, Mathews J., Muhammad J., Boissier M., Parker-Garza, J., Cavazos J.E., Seshadri S. Preliminary evaluation of chronic stressors in Hispanic adults at risk for neurodegenerative disease. Fall ADRC Meeting; October 2024; Boston, MA. [**Poster Presentation**].
8. **Young V.M.,** Bernal R., Baril A.A., Zeynoun J., Wiedner C, Beiser, A., Pase M., Himali J. J., Seshadri. S. Sleep duration and cognitive performance in younger and older adults: What is the role of depression. Alzheimer’s Association International Conference; July 2024; Philadelphia, PA. [**Poster Presentation**].
9. Zeynoun, J., Weidner C., Baril A.A., **Young V.M.,** Bernal R., Beiser, A., Pase M., Seshadri. S., Himali J. J. The impact of BDNF on the interplay between sleep time and cognitive function. Alzheimer’s Association International Conference; July 2024; Philadelphia, PA. [**Poster Presentation**].
10. **Young V.M**., Bernal, R., Baril, A.A., Zeynoun, J., Wiedner, C, Beiser, A., Pase, M., Himali, J. J., Seshadri, S. Total Sleep Time, Cognition, and the moderating role of depression. 14th Annual Frontiers of Translational Science Research Day, April 2024; San Antonio, Texas. [**Platform & Poster Presentation**].
11. Serrano-Rubio L.H., **Young V.M.,** Gaona, C., Wang, C.P., Fernandez R., Rodrigues N., Gothard S., Jones F., Garcia R., Vela G., Zapata E., Kautz T., Seshadri S., Kaye J., Beattie Z., Gonzales M.M. Gait speed and cognition in the COMPADRE-CART longitudinal Hispanic/Latinx cohort. Texas Alzheimer’s Research and Care Consortium 2023 Scientific Symposium; February 2024; Austin, Texas. [**Poster Presentation**].
12. **Young V.M.,** Luis Serrano-Rubio, Gaona C., Jones F., Seshadri S., Kaye J., Beattie Z., Gonzales G. Conectar: A mindset to increase Hispanic engagement in digital technology research. Gerontological Society of America, November 2023, Tampa, FL. [**Symposium**].10.1093/geroni/igad104.1460
13. **Young, V. M.** , Wang, C.P., Fernandez, R., MacCarthy, D., Satizabal, C., Espinoza, S., Seshadri, S., Hazuda, H. & Gonzales, M. Risk and Resilience to Frailty in an Ethnically Diverse Cohort: Insights from the San Antonio Longitudinal Study of Aging. AAIC Advancements; San Antonio, TX; October 2023 [**Poster Presentation**].
14. Cordani, C. Arienti, C. Lazzarini, S.G., Del Furia, MJ,, Zampogna E., **Young, V.M.,** Arienti C.The concept of “evidence relevant to” in the rehabilitation field: post COVID-19 condition mapping for the World Health Organization Guidance, Cochrane Colloquium; London, UK; September 2023 [**Poster and Platform Presentation**].
15. **Young V.M**.\*, Pollet E., Serrano-Rubio L., Velarde A.G., Gaona C., Horn, S., Ramirez-Castaneda J., Coss P., Vaou O.E., Saklad A., Shipp, E., Seshadri S., Gonzalez D.A., Gonzales M.M. Polysomnography results and cognitive performance in early-stage Parkinson’s disease. Alzheimer’s Association International Conference; July 2023; Virtual. [**Poster Presentation**].
16. Serrano-Rubio L., **Young V.M**., Velarde A.G., Gaona C., Ramirez-Castaneda J., Horn S., Coss P., Vaou O.E., Saklad A., Shipp E., Seshadri S., Gonzalez D.A., Gonzales M.M. Olfaction and cognitive performance in early-stage Parkinson’s disease. Alzheimer’s Association International Conference; July 2023; Amsterdam, NL. [**Poster Presentation**].
17. Patel, A. La Roche A., **Young V.M.,** Alliey-Rodriguez N., Sullivan C., Satizabal C., Savoia S.E., Katragadda H.V., Saklad A., Shipp E., Gilliam F., Mavarez R.P., Patel N.K., Tanner J.A., Parker A., Salardini A., de Erausquin G.A., Maestre G., Seshadri S., Gonzales M.M. Cognitive performance and normative data between Hispanic and non-Hispanic cohorts: Results from the South Texas Alzheimer’s Disease Research Center (ADRC). Alzheimer’s Association International Conference; July 2023; Amsterdam, NL. [**Poster Presentation**].
18. Mathews J., Mulavelil R., Rodrigues N., Kautz T., Cosgrove K., Wang C.P., Fernandez R., MacCarthy D., Gothard S., Sharma N., Serrano-Rubio L., **Young V.M.,** Miller L.M., Seshadri S., Kaye J., Beattie Z., Gonzales M.M. Feasibility of the CART in-home technology platfrom in a pilot study of Hispanic older adults residing in South Texas. Alzheimer’s Association International Conference; July 2023; Amsterdam, NL. [**Poster Presentation**].
19. **Young V.M.,** Goss M., La Roche A., Francis L., Velarde A.G., Katragadda H.V., Serrano-Rubio L., Saklad, A., Shipp E., Satizabal C., Gonzales G. Seshadri S. What is the role of olfaction in cognitive performance? 13th Annual Frontiers of Translational Science Research Day, April 2023; San Antonio, Texas. [**Platform & Poster Presentation**].
20. **Young V.M.,** Goss M., La Roche A., Francis L., Velarde A.G., Katragadda H.V., Serrano-Rubio L., Saklad, A., Shipp E., Satizabal C., Gonzales G. Seshadri S. Olfaction and Cognitive Performance in the South Texas ADRC. Souht Texas Alzheimer’s Conference, March 2023; San Antonio, Texas. [**Poster Presentation**].
21. **Young V.M.,** Pollet E., Velarde A.G., Serrano-Rubio L., Ramirez-Castaneda J., Horn S., Seshadri S., Gonzalez D.A., Gonzales M.M. Texas Alzheimer’s Research and Care Consortium Scientific Symposium; January 2023; Austin, TX. [**Platform and Poster Presentation**].
22. **Young V.M.,** Hita L. T.I.D.E.: A system to foster culturally responisve curricula in the global online classroom. American Psychological Association Conference; August 2021; Virtual [**Poster Presentation**].
23. Jorgensen-Wagers, K.\*, **Young, V.,** Collins,D., Chavez, B., Lenski, D., & Khokhar, B.Brain injury beliefs and influences study. Military Health System Research Symposium; August 2019; FL [**Platform Presentation**].

***Encore Abstracts & Posters*** *(n=5)*

1. Garbarino V., **Young V.M.,** Trevino, H., Kautz T., Garcia R., Vela G., Zapata E., Salinas Valdez M,, Gates S., Cisneros D.G., Garcia L, Mathews J., Muhammad J., Boissier M., Parker-Garza, J., Cavazos J.E., Seshadri S. Preliminary evaluation of chronic stressors in Hispanic Adults at risk for Neurodegenerative disease. Texas Alzheimer’s Research and Care Consortium Scientific Symposium; January 23, 2025; Austin, TX. [**Poster Presentation**].
2. Zeynoun, J.., Weidner C., Baril A.A., **Young V.M.,** Bernal R., Beiser, A., Pase M., Seshadri. S., Himali J. J. The impact of BDNF on the interplay between sleep time and cognitive function. San Antonio Postdoctoral Research Forum; September 2024; San Antonio, Texas. [**Platform & Poster Presentation**].
3. **Young V.M**., Bernal, R., Baril, A.A., Zeynoun, J., Wiedner, C, Beiser, A., Pase, M., Himali, J. J., Seshadri, S. Total sleep time, cognition, and the moderating role of depression. Texas Regional CTSA Consortium Annual Meeting; July 2024; Dallas, Texas [**Poster Presentation**].
4. **Young V.M**., Bernal, R., Baril, A.A., Zeynoun, J., Wiedner, C, Beiser, A., Pase, M., Himali, J. J., Seshadri, S. Total sleep time, cognition, and the moderating role of depression. Cener for Biomedical Neuroscience Annual Research Retreat, May 2024; San Antonio, Texas. [**Poster Presentation**].
5. Serrano-Rubio L.H., **Young V.M.,** Gaona, C., Wang, C.P., Fernandez R., Rodrigues N., Gothard S., Jones F., Garcia R., Vela G., Zapata E., Kautz T., Seshadri S., Kaye J., Beattie Z., Gonzales M.M. Gait speed and cognition in the COMPADRE-CART longitudinal Hispanic/Latinx cohort. Long School of Medicine Research Day; March 2024; San Antonio, Texas. [**Poster Presentation**].

**INVITED PRESENTATIONS**

1. **Young V.M.** Esiste una prevenzione nella demenza? Neurorehabilitation Conference, November 2023, Naples, Italy

**Other Invited Community Presentations**

1. **Young V.M.** Healthy brain aging and common misconceptions. LIV at Westover Hills; August 2023; San Antonio TX.
2. **Young V.M.** What is dementia? St. Matthew’s Church. May 2023; San Antonio, TX.
3. **Young V.M.** Healthy brain aging and common misconceptions. La Casa Senior Center; May 2023; San Antonio TX.

**TEACHING EXPERIENCE**

2021 – 2024 **Faculty Associate**

 **School of Social and Behavioral Sciences**

 **Arizona State University**

|  |  |  |  |
| --- | --- | --- | --- |
| **Semester** | **Course Number** | **Course Title**  | **Units** |
| 2024 Summer | PSY 323 | Sensation and Perception | 3 |
|  | PSY 323 | Sensation and Perception | 3 |
| 2024 Spring | PSY 323 | Sensation and Perception | 3 |
|  | PSY 323 | Sensation and Perception | 3 |
| 2023 Fall | PSY 323 | Sensation and Perception | 3 |
|  | PSY 323 | Sensation and Perception | 3 |
| 2023 Summer | PSY 323 | Sensation and Perception | 3 |
|  | PSY 323 | Sensation and Perception | 3 |
| 2023 Spring | PSY 323 | Sensation and Perception | 3 |
|  | PSY 323 | Sensation and Perception | 3 |
|  | PSY 494 | Undergraduate Teaching Assistant Experience (internship) | 3 |
| 2022 Fall | PSY 323 | Sensation and Perception | 3 |
|  | PSY 323 | Sensation and Perception | 3 |
| 2022 Summer | PSY 323 | Sensation and Perception | 3 |
|  | PSY 323 | Sensation and Perception | 3 |
|  | PSY 101 | Introduction to Psychology | 3 |
|  | PSY 101 | Introduction to Psychology | 3 |
| 2022 Spring | SBS 300 | Careers in Psychology | 3 |
| 2021 Fall | PSY 101 | Introduction to Psychology | 3 |

* Developed and taught undergraduate o-courses and i-courses in Canvas.
* Lead-instructor for undergraduate sensation and perception course.
* Faculty and end of the course evaluations ranked above all the social and behavioral science faculty members since Fall 2021.
* Supervised, trained and mentored 4 teaching assistants per session and 2 interns annually.
* Generated performance reports for each teaching assistant at the end of each session.

2022 – 2024 **Graduate Teaching Assistant,**

 **Arizona State University**

* Courses: Research Methods; Adv Research Methods; Adv. Developmental Psychology
* Graded assignments, papers, class participation, and exams
* Assisted with management of course webpage and Canvas learning management system

**MENTORING AND SUPERVISION**

|  |  |  |  |
| --- | --- | --- | --- |
| **Period** | **Name** | **Role** | **Institution** |
| Nov 2024 – Present | Jose Gomez | ABSN – 6th semester student Work Study Research Assistant  | UT Health San Antonio |
| 2024 – Present | Layla Garcia | Undergraduate B.S. in Medical Sciences (pre-med) Work Study Research Assistant  | UT Health San Antonio |
| 2024 – Present | Denisse Garcia | Research Associate | UT Health San Antonio |
| 2024 – Present | Marialy Valdez | Research Assistant | UT Health San Antonio |
| 2024 – Present | Samantha Gates | Research Assistant | UT Health San Antonio |
| 2022 – 2024 | Luis Serrano-Rubio | Research Assistant (pre-med) | UT Health San Antonio |
| 2023 | Aleah Karissa Spires | Undergraduate Student, Barrett Honors | Arizona State University |
| 2023 | Vivian Gibson | Undergraduate Student | Arizona State University |
| 2023 | Marcus Ecker | Undergraduate Student | Arizona State University |
| 2022 – 2023 | Sterling Pratt | Undergraduate Student | Arizona State University |
| 2022 – 2023 | Desiree Monarrez | Graduate Teaching Assistant | Arizona State University |
| 2022 – 2023 | Alain Bonus | Undergraduate Student | Arizona State University |

**SERVICES AND PROFESSIONAL AFFILIATIONS**

***Committees***

2025 – Present Graduate Student Representative – Translational Science Program Committee

***Services***

2024 – Present Peer Reviewer, Digital Biomarkers

2023 – Present Peer Reviewer, Developmental Medicine and Child Neurology

2021 – Present Peer Reviewer, Cochrane

***Professional Affiliations***

2024 – Present American Academy of Sleep Medicine, Student Member

2023 – Present Sleep Research Society, Student Member

2021 – Present ISTAAR, Alzheimer’s Association, Student Member

2021 – Present Gerontological Society of America

**INTERNSHIPS AND ASSISTANSHIPS**

2020 – 2021 **Graduate Assistant to the Program Director**

 **Undergraduate Psychology Program**

**Arizona State University**

* Assessed diversity, inclusion, and equity (DEI) efforts at universities.
* Collected data using mix-method instruments.
* Piloted thematic analysis with NVivo evaluating DEI in online learning environments/curricula.
* Presenter of poster at annual APA conference
* Led the renovation of the Teaching Club Hub in Canvas
* Composed the presentation for new online academic programs to bolster ASU competitiveness.

2020 – 2020 **Psychology Practicum Student**

**Landstuhl Regional Medical Center, Germany**

* Observed clinical interviewing and differential diagnosis processes.
* Performed risk assessments and placed referrals.
* Gained familiarity with sensory, perceptual and visual field assessments.
* Participated in weekly interdisciplinary meetings to develop treatment plans.

2018 – 2018 **Emergency Therapeutic Childcare Intern**

**Amara Puts Kids First, Tacoma, Washington**

* Facilitated intake and discharge of children, partnering with state caseworkers.
* Provided Trauma Informed Interventions and facilitated fostering of coping skills.
* Observed and monitored children's behaviors and emotional responses.

**SELECTED COMMUNITY SERVICE**

2022 – Present Alzheimer’s Walk, Laredo, Texas (annual)

2020 – 2022 Crisis Counselor, Crisis Text Line

2016 – 2018 Family Mentor, 361 RCS, United States Air Force, Tacoma, WA

2017 – 2018 Clinical Student Volunteer, Dpt. of Social & Health Services, Tacoma, WA

2013 – 2014 Recreation Service Planner, U.S. Embassy in Nairobi, Kenya

2013 – 2014 Volunteer, Heshima Children’s Centre, Keny