

# Alexis Duckett Faison, MC, LAC, NCC

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## EDUCATION

- Ph.D. Arizona State University** August 2024  
Counseling Psychology (APA Accredited)  
Chair: Cristalis Capielo Rosario, Ph.D.  
Dissertation: Afro-Latinx Health Disparities during the COVID-19 Pandemic (Defended: September 8, 2023)
- M.C. Arizona State University** August 2019  
Counseling  
Thesis: Financial Knowledge is Power: Exploring the Protective Benefits of Financial Self-Efficacy Among Young Adults  
Chair: Alisia (Giac-Thao) Tran, Ph.D.
- B.S. The University of North Carolina at Chapel Hill** May 2015  
Psychology, Social and Economic Studies minor  
Honors Thesis: Parental Racial Socialization and Adolescent Self-Esteem: Influences on Academic Achievement  
Chair: Beth Kurtz-Costes, Ph.D.

## AWARDS & RECOGNITIONS

### Graduate Completion Fellowship (Spring 2024)

Arizona State University Graduate College

### Advocacy, Justice, Equity, Diversity, and Inclusion (AJEDI) Award (2023)

Graduate Professional and Student Association

### National Multicultural Conference and Summit Award (2023)

School of Counseling and Counseling Psychology (SSCP)

### Arising Star Graduate Student Award (2023)

Arise Consultation and Training Services, LLC

### Leadership Collaborative Fellowship (2020)

Society for Counseling Psychology

### Minority Fellowship Program (2018)

National Board of Certified Counselors

### Interdisciplinary Enrichment Fellowship (2017-2018)

Arizona State University

### Undergraduate Prize for Outstanding Psychological Research that Enhances Diversity (2015)

The University of North Carolina at Chapel Hill

## **SUPERVISED CLINICAL TRAINING**

### **Pre-Doctoral Counseling Intern, August 2023 – July 2024**

Counseling Services, Arizona State University, Tempe, AZ

Clinical Supervisor: Dr. Shirley Yang

- Provide consultations, initial interviews, assessments, individual counseling, group therapy, and crisis assessment/intervention
- Complete clinical documentation, referrals, and scheduling in Point n Click (PnC)
- Provide comprehensive assessment and case formulation utilizing DSM-5 diagnostic criteria
- Develop treatment plans in collaboration with clients with emphasis on client strengths
- Present various clinical cases for staffing during weekly group supervision
- Engage in outreach programming dedicated to serving BIPOC students through the Black African Coalition (BAC)
- Provide brief psychotherapy services to clients (ages 17 - 43) presenting concerns related to: suicidal ideation, self-injurious behavior, anxiety, social anxiety, depression/depressive symptoms, physical, emotional, and sexual trauma (past and present), panic attacks, relational and interpersonal concerns, family conflict, anger issues, grief/bereavement, social isolation, academic and work concerns, sexual orientation and gender expression exploration, multicultural concerns, financial hardship, international student concerns, stress management, and alcohol/drug use concerns

### **Doctoral Practicum Clinician, August 2021 – May 2022**

Ebony House, Inc., Phoenix, AZ

Clinical Supervisor: Dr. E. Douglas Brown

- Provided extensive intake interviews with prospective residential candidates
- Lead/Co-lead groups focused on their substance use recovery, empowerment, and self-growth/improvement
- Completed clinical documentation and scheduling in Credible
- Provided comprehensive assessment and case formulation utilizing DSM-5 diagnostic criteria
- Developed treatment plans in collaboration with clients
- Provided psychotherapy services to clients (ages 18-56) presenting concerns related to: substance use history, recovery, addiction, suicidal ideation, self-injurious behavior, anxiety, social anxiety, depression/depressive symptoms, physical, emotional, and sexual trauma (past and present), relational and interpersonal concerns, family conflict, anger issues, grief/bereavement, social isolation, sexual orientation and gender identity, multicultural concerns, and stress

### **Doctoral Practicum Clinician, August 2020 – May 2021**

Counseling Services, Arizona State University, Tempe, AZ

Clinical Supervisor: Dr. Lilia Miramontes

- Provided weekly intake interviews, individual counseling, and crisis assessment/intervention
- Completed clinical documentation and scheduling in Point n Click (PnC)
- Provided comprehensive assessment and case formulation utilizing DSM-5 diagnostic criteria
- Developed treatment plans in collaboration with clients
- Presented case conceptualizations at weekly group supervision
- Engaged in outreach programming dedicated to serving BIPOC students through the Black African Coalition (BAC)
- Provided psychotherapy services to clients (ages 17-47) presenting concerns related to: suicidal ideation, self-injurious behavior, anxiety, social anxiety, depression/depressive symptoms, physical, emotional, and sexual trauma (past and present), panic attacks, relational and interpersonal concerns, family conflict, anger issues, grief/bereavement, social isolation, academic and work concerns, sexual orientation and gender expression exploration, multicultural concerns, stress, and alcohol/drug use concerns

**Advanced Doctoral Practicum Counselor**, January 2020- May 2020

Counselor Training Center, Arizona State University, Tempe, AZ

Clinical Supervisor: Dr. James Blutworth

- Provided intake interviews, individual counseling, and crisis assessment/intervention with a diverse adult population from university and community settings
- Completed suicidal & homicidal risk assessment and intervene as appropriate
- Developed treatment plan and completed clinical documentation
- Provided comprehensive assessment and case formulation utilizing DSM-5 diagnostic criteria
- Completed APA Telehealth Training
- Provided psychotherapy services to clients (ages 18-35) presenting concerns related to: anxiety and depression symptoms, family conflict and communication, ADHD, academic and work stress, relational and interpersonal concerns

**Group Leader**, January – April 2020

Arizona State University, Tempe, AZ

Supervisor: Dr. Richard Kinnier

- Led therapy group for graduate students focused on student mental health, stress management, and interpersonal processes
- Responded to weekly client journals and maintained clinical documentation
- Participated in weekly group supervision with supervisor

**Master's Counseling Intern**, February 2019 – May 2019

City of Tempe – CARE 7, Tempe, AZ

Supervisor: Annia Salas. LPC, CCTP, NCC

- Provided counseling and behavioral health services for individuals and groups (ages 5-31)

- Conducted assessments as well as developed and implemented treatment plans with clients
- Provided comprehensive assessment and case formulation utilizing DSM-5 diagnostic criteria

**Master's Counseling Intern, January 2019 – July 2019**

Catholic Charities Community Services, Phoenix, AZ

Supervisor: Rebecca Sauer, MC, LPC, LISAC

- Provided counseling and behavioral health services for individuals, couples, families, and groups (ages 7 – 68)
- Conducted assessments as well as developed and implemented treatment plans with clients
- Provided comprehensive assessment and case formulation utilizing DSM-5 diagnostic criteria

**Master's Practicum, August 2018- December 2018**

Counselor Training Center, Arizona State University, Tempe, AZ

Supervisor: Dr. Jennifer Pereira

- Provided intake interviews, individual counseling, and crisis assessment/intervention with a diverse adult population from university and community settings
- Completed suicidal & homicidal risk assessment and intervened as appropriate
- Developed treatment plan and completed clinical documentation
- Provided comprehensive assessment and case formulation utilizing DSM-5 diagnostic criteria

## **OTHER CLINICAL EXPERIENCE**

**Licensed Associate Counselor**

Wooten & Associates, PLC, June 2024 – present

- Provide consultations, initial assessments, individual counseling, couples counseling, and family therapy via telehealth to diverse populations of ages 14-65 years old
- Collaborate with clients to develop individualized treatment plans and goals
- Evaluate client progress on an ongoing basis
- Provide education and community resources to clients and their families to offer additional support
- Respond to and effectively assess mental health crises
- Complete weekly clinical documentation and scheduling in CarePaths EHR

**Licensed Associate Counselor**

Your Inner Pathways Counseling, October 2023 – May 2024

- Provided consultations, initial assessments, individual counseling, couples counseling, and family therapy via telehealth to diverse populations of ages 11-63 years old

- Collaborated with clients to develop individualized treatment plans and goals
- Evaluated client progress on an ongoing basis
- Provided education and community resources to clients and their families to offer additional support
- Responded and effectively assessed mental health crisis
- Completed weekly clinical documentation and scheduling in TherapyNotes EHR

### **Mental Health Therapist**

Stepping Stone Treatment Center, December 2021-August 2023

- Provided individual and group psychotherapy services for a substance use day-treatment program servicing Native American population
- Integrate culturally sensitive approaches to substance abuse treatment
- Conduct intakes, behavioral health/mental health, and social-emotional assessments.
- Administer alcohol and drug assessments and track client's sobriety
- Complete accurate and timely clinical documentation of scheduled sessions
- Attend weekly individual and group supervision with Clinical Director and Clinical Team

### **Doctoral Case Facilitator**

CED 684, Group Case Consultation Experience, January – April 2021

- Developed case conceptualization competencies through weekly group case facilitation meetings with masters-level internship students
- Evaluated trainee case conceptualization skills
- Provided developmentally appropriate feedback on written and verbal work
- Reviewed trainee documentation, including weekly hour logs and midpoint/final clinical evaluations submitted by off-site supervisors

### **Academic Adviser**

Mesa Community College, October 2017- August 2018

- Assisted students in achieving their academic goals by providing academic advising support
- Provided quality customer service to current and prospective students, faculty/staff and the general community

### **Direct Support Professional**

Residential Services Inc., June 2016- March 2017

- Supported 5 women with varying developmental and intellectual disabilities
- Provided care assistance with the ultimate goal of the clients learning to live independently
- Helped them feel integrated in the community they live and work in

### **Lepage Associates Intern, 2014**

- Assisted clinicians with scoring psychological tests and typing session notes

- Performed office duties such as scheduling appointments and assisting clients with payments and insurance forms

**Bounce Back Retention Program, Peer Coach**

Counseling and Psychological Services at UNC Chapel Hill, January - December 2014

- Facilitated group sessions on topics such as time management and resiliency with students on academic probation
- Served a support system for my peers that are experiencing difficulty in their overall lives

## **TEACHING EXPERIENCE**

**Teaching Assistant, Pre-practicum (CED 577), Arizona State University, August 2021 – Present**

- Conduct observation of mock client sessions and provide feedback on sessions of master's students
- Provide technique/theory/process trainings to students during Seminar courses
- Review and provide feedback on student clinical documentation
- Meet with students individually to practice and hone therapeutic skills
- Lead lectures on interrupting the client, interpretation and reflection of meaning, therapeutic questioning, challenging, confronting, client conceptualization, and termination of the counseling relationship

**Teaching Assistant, Career Development (CED 250), Arizona State University, August 2018 – Present**

- Prepare teaching lessons for CED 250 based on a structured curriculum
- Work with undergraduate students to promote career exploration and development
- Provide feedback to students via Blackboard and weekly office hours to encourage student growth in the course

**College Adviser, Carolina College Advising Corps, June 2015- June 2017**

- Advised over 750 students from underrepresented populations in pursuing higher education
- Planned events for students, such as college trips, college representative visits, essay/resume writing workshops, financial aid nights, and scholarship workshops
- Exposed students to opportunities that will help them realize their full potential
- Served as an AmeriCorps service member for over 1700 hours yearly

## **PAPERS & PUBLICATIONS**

**Faison, A.D.** (2024). AfroLatinx Health Disparities during the COVID-19 Pandemic (Publication No. 31148445) [Doctoral Dissertation, Arizona State University]. ProQuest Dissertations and Theses Global.

Capielo Rosario, C., **Faison, A.**, Winn, L., Caldera, K., & Lobos, J. (2021). No son complejos: An intersectional evaluation of AfroPuerto Rican health. *Journal of Latinx Psychology*, 9(1), 45–64.

**Faison, A.D.** (2019). Financial Knowledge is Power: Exploring the Protective Benefits of Financial Self-Efficacy Among Young Adults (Publication No. 22587200) [Master's thesis, Arizona State University]. ProQuest Dissertations and Theses Global.

## PRESENTATIONS

**Faison, A.D.**, Capielo Rosario, C. (2022, August 4-6). *Afro-Latinx Health Disparities during the COVID-19 Pandemic* [Poster presentation]. American Psychological Association (APA) Convention, Minneapolis, MN., United States.

Sanchez, A., & **Faison, A.** (2021, August 12-14). *Using Photovoice to Bring Awareness to the First-Generation College Experiences of BIPOC Counseling Psychologists* [Symposium]. American Psychological Association (APA) Convention, Virtual, United States.

**Faison, A.D.**, Tran, A.T. (2020, August 6-9). *Financial Knowledge is Power: Exploring the Protective Benefits of Financial Self-Efficacy Among Young Adults* [Poster presentation]. American Psychological Association (APA) Convention, Washington, D.C., United States.

Capielo, C., **Faison, A.**, Winn, L., Caldera, K., & Lobos, J. (2020, August 6-9). *No son complejos: An intersectional person-centered evaluation of Afro-Puerto Rican health* [Poster presentation]. American Psychological Association Conference (APA) Convention, Washington, D.C., United States.

Capielo Rosario, C., **Faison, A.**, Winn, L., Caldera, K., Lobos, J. (2019, October 17-20). *The importance of measuring skin color in Latinx research* [Symposium]. Annual National Latinx Psychological Association Conference, Miami, FL, United States.

**Faison, A.D.**, Tran, A.T., Legg, E. (2018, April 12-14). *Money Problems: The Role of Psychological Distress on Financial Pressure and Anxiety in Adolescents* [Poster presentation]. Society for Research on Adolescence (SRA) 18<sup>th</sup> Biennial Meeting, Minneapolis, Minnesota, United States.

**Duckett, A.** (2015, April). *Parental Racial Socialization and Adolescent Self-Esteem: Influences on Academic Achievement* [Poster presentation]. Celebration of Undergraduate Research Symposium, Chapel Hill, NC, United States.

**Duckett, A.** (2014, April). *Exploring the Mental Health Benefits of Marriage by Race and Socioeconomic Status* [Poster presentation]. Celebration of Undergraduate Research Symposium, Chapel Hill, NC, United States.

**Duckett A., Mouzon, D.** (2013, July). *Exploring the Mental Health Benefits of Marriage by Race and Socioeconomic Status* [Poster presentation]. Annual Project L/EARN Poster Session, New Brunswick, NJ, United States.

## RESEARCH EXPERIENCE

**Graduate Research Assistant, Center for Gender Equity and Science Technology (CGEST)**  
Arizona State University, *August 2020 – December 2022*

- Drafted the project summary and generated project management plans for an NSF EAGER-funded study that assessed culturally responsive computing
- Drafted annual and final reports for the EAGER-funded study that assessed culturally responsive computing
- Transcribed and analyzed qualitative data from semi-structured focus groups on girls persistence in STEM education
- Collaborated with PI, Dr. Kimberly Scott and Co-PIs on manuscript

**Graduate Research Assistant, CareerWISE**

Arizona State University, *August 2020 – May 2021*

- Served as graduate research assistant for the CareerWSIE research program, supported by the National Science Foundation since 2006
- Collaborated with PI, Dr. Bianca Bernstein, in the development and updating of the revised CareerWISE website
- Conducted in-depth lit reviews to update website for student use and continue to build upon the program's extensive foundation of theory and research on psychological processes, environmental context, and personal behaviors that contribute to women's experiences in academic and career paths

**Research Assistant, Psicología Latinx en Acción (PLENA) Lab**

Arizona State University, *August 2019 – May 2020*

- Assisted with ongoing research studies being conducted in the PLENA Lab, under the direction of Dr. Cristalis Capielo Rosario
- Conducted literature reviews pertaining to aspects of the Puerto Rican experience, such as acculturation and colonial mentality



**Research Assistant, Counselor Training Center**

Arizona State University, *August 2018 – May 2019*

- Assisted with ongoing research projects being conducted in the Counselor Training Center
- Reviewed and edited data to ensure completeness and accuracy of information

**Research Assistant, Tran Ethnic & Minority Psychology & Experiences (TEMPE) Lab**

Arizona State University, *August 2017 – May 2019*

- Assisted with ongoing research studies being conducted in the TEMPE Lab, under the direction of Dr. Alisia (Giac-Thao) Tran
- Managed participant recruitment and ensured eligibility of participants

**Psychology Honors Thesis Program**

Department of Psychology at University of North Carolina at Chapel Hill, *August 2014- May 2015*

- Conducted research on how racial socialization influences academic achievement in African American adolescents
- Completed extensive literature reviews on the race socialization
- Presented and defended my thesis to a panel of Professors and Psychologists

**Research Assistant, Village of Wisdom**

The University of North Carolina at Chapel Hill, *August 2014- April 2015*

- Recorded and transcribed intervention sessions with parents on their beliefs and thoughts about raising their Black children in today's society
- Attended bi-weekly sessions that discuss a variety of topics from instilling racial pride in our sons to resources for both parents and children

**Research Internship**

Institute of Health, Health Care Policy, and Aging Research at Rutgers University

*September 2013- May 2014*

- Attended research and graduate preparation workshop seminars
- Conducted literature searches as well as statistical analysis using Stata and SPSS

**Project L/EARN Internship**

Institute of Health, Health Care Policy, and Aging Research at Rutgers University, *May - August 2013*

- Participated in a rigorous 10-week internship under the guidance of Dr. Dawne Mouzon
- Learned how to use statistical software, SPSS, in order to run bivariate and multivariate analysis
- Conducted research and developed a research project on the mental health benefits of marriage

**Research Assistant, Developmental Psychology Laboratory**

Department of Psychology at University of North Carolina at Chapel Hill, *January 2013- May 2015*

- Assisted with research projects in Dr. Beth Kurtz-Costes Developmental Psychology lab
- Entered data from ongoing studies into SPSS, organized files and administrative documents
- Completed literature reviews on developmental psychology topics and wrote scientific research papers

## **PROFESSIONAL LEADERSHIP, SERVICE, & MEMBERSHIP**

**American Psychological Association, Society of Counseling Psychology (SCP), (2019 - 2021)**  
Student Program Representative (2019-2020)

**Association of Black Psychologists, (2019 – present)**  
Member at Large

**American Psychological Association, (2019 – present)**  
Division 17 Society of Counseling Psychology (SCP)  
Division 45 (Society for the Psychological Study of Ethnic Minority Issues)  
Member at Large

**Arizona Psychological Association (AzPA), (2019-present)**  
Membership Committee (2019-2020)  
Continuing Education Committee (2019- 2020)

**Arizona State University (2017-2022)**  
Psychology Students of Color for a Liberated Education (2021 – 2023)  
Doctoral Student Counseling Psychology (2019-2022)  
Master of Counseling Student Organization, Co-Chair (2018-2019)

**AmeriCorps Corporation for National and Community Service (2015-2017)**  
Carolina College Advising Corps, Hillside High School

## **COMMUNITY SERVICE**

**ASU Graduate and Professional Student Association (GPSA, 2022-2023)**  
Director of Wellness

**ASU Counseling Services (2020-2021)**  
Support Circle – Co-Facilitator

**ASU Graduate College (2020 – 2021)**  
Peer-facilitator - Black Graduate Student Mentoring Group

**Delta Sigma Theta Sorority, Incorporated (2014 – present)**  
Member at Large

**Feed My Starving Children – Mesa, AZ**

**Communiversiity Youth Program at UNC Chapel Hill (2012-2015)**