

Alexis Duckett Faison, Ph.D., MC, LAC, NCC

Arizona State University | Counseling and Counseling Psychology | 446 Payne Hall | Tempe, AZ
anducket@asu.edu | 336-293-3218

EDUCATION

- Ph.D. Arizona State University** August 2024
Counseling Psychology (APA Accredited)
Dissertation: Afro-Latinx Health Disparities during the COVID-19 Pandemic
Chair: Cristalis Capielo Rosario, Ph.D.
- M.C. Arizona State University** August 2019
Master of Counseling
Thesis: Financial Knowledge is Power: Exploring the Protective Benefits of Financial Self-Efficacy Among Young Adults
Chair: Alisia (Giac-Thao) Tran, Ph.D.
- B.S. The University of North Carolina at Chapel Hill** May 2015
Psychology, Social and Economic Studies minor
Honors Thesis: Parental Racial Socialization and Adolescent Self-Esteem: Influences on Academic Achievement
Chair: Beth Kurtz-Costes, Ph.D.

TEACHING EXPERIENCE

Clinical Assistant Professor

Arizona State University, *August 2024 - Present*

- Facilitate learning through lectures, interactive discussions, and experiential activities, promoting critical thinking and practical application of psychological theories.
- Design and implement course syllabi, assessments, and assignments aligned with university standards and program outcomes.
- Mentor and advise graduate students on clinical practice, research projects, and career development in mental health and counseling.
- Incorporate culturally responsive teaching methods to address diverse student populations and promote inclusivity in learning environments.
- Guide students in mastering psychological assessment techniques, diagnosis, and evidence-based treatment approaches.
- Utilize digital platforms (e.g., Canvas, Zoom) to enhance learning experiences through hybrid and online course delivery.
- Participate in curriculum development and program evaluation to continuously improve educational offerings and student outcomes.

Teaching Assistant, Pre-practicum (CED 577)

Arizona State University, *August 2021 – May 2023*

- Conducted observation of mock client sessions and provided feedback on sessions of master's students
- Provided technique/theory/process training to students during Seminar courses
- Reviewed and provided feedback on student clinical documentation
- Met with students individually to practice and hone therapeutic skills
- Led lectures on interrupting the client, interpretation, and reflection of meaning, therapeutic questioning, challenging, confronting, client conceptualization, and termination of the counseling relationship

Doctoral Case Facilitator, Internship (CED 684)

Group Case Consultation Experience, *January 2021 – April 2021*

- Developed case conceptualization competencies through weekly group case facilitation meetings with masters-level internship students
- Evaluated trainee case conceptualization skills
- Provided developmentally appropriate feedback on written and verbal work
- Reviewed trainee documentation, including weekly hour logs and midpoint/final clinical evaluations submitted by off-site supervisors

Teaching Assistant, Career Development (CED 250)

Arizona State University, *August 2018 – May 2023*

- Prepared teaching lessons for CED 250 based on a structured curriculum
- Worked with undergraduate students to promote career exploration and development
- Provided feedback to students via Blackboard and weekly office hours to encourage student growth in the course

College Adviser, Carolina College Advising Corps, *June 2015- June 2017*

- Advised over 750 students from underrepresented populations in pursuing higher education
- Planned events for students, such as college trips, college representative visits, essay/resume writing workshops, financial aid nights, and scholarship workshops
- Exposed students to opportunities that will help them realize their full potential
- Served as an AmeriCorps service member for over 1700 hours yearly

CLINICAL EXPERIENCE

Licensed Associate Counselor

Wooten & Associates, PLC, *June 2024 – present*

- Provide culturally responsive individual, couples, and family therapy via telehealth, with a focus on serving Black clients (ages 14–65)
- Conduct intake assessments, develop treatment plans, and monitor progress using trauma-informed and strengths-based approaches
- Facilitate *Reclaiming Self*, a 6-week support group for Black women exploring identity, purpose, and healing from burnout
- Supervise master's and doctoral-level interns in clinical assessment, case conceptualization, and culturally competent care

- Deliver crisis intervention and connect clients to community-based support and wellness resources
- Maintain clinical documentation and scheduling in CarePaths EHR

Licensed Associate Counselor

Your Inner Pathways Counseling, October 2023 – May 2024

- Provided consultations, initial assessments, individual counseling, couples counseling, and family therapy via telehealth to diverse populations of ages 11-63 years old
- Collaborated with clients to develop individualized treatment plans and goals
- Evaluated client progress on an ongoing basis
- Provided education and community resources to clients and their families to offer additional support
- Responded and effectively assessed mental health crisis
- Completed weekly clinical documentation and scheduling in TherapyNotes EHR

Pre-Doctoral Counseling Intern, August 2023 – July 2024

Counseling Services, Arizona State University, Tempe, AZ

Clinical Supervisor: Dr. Shirley Yang

- Provide consultations, initial interviews, assessments, individual counseling, group therapy, and crisis assessment/intervention
- Complete clinical documentation, referrals, and scheduling in Point n Click (PnC)
- Provide comprehensive assessment and case formulation utilizing DSM-5 diagnostic criteria
- Develop treatment plans in collaboration with clients with emphasis on client strengths
- Present various clinical cases for staffing during weekly group supervision
- Engage in outreach programming dedicated to serving BIPOC students through the Black African Coalition (BAC)
- Provide brief psychotherapy services to clients (ages 17 - 43) presenting concerns related to: suicidal ideation, self-injurious behavior, anxiety, social anxiety, depression/depressive symptoms, physical, emotional, and sexual trauma (past and present), panic attacks, relational and interpersonal concerns, family conflict, anger issues, grief/bereavement, social isolation, academic and work concerns, sexual orientation and gender expression exploration, multicultural concerns, financial hardship, international student concerns, stress management, and alcohol/drug use concerns

Mental Health Therapist

Stepping Stone Treatment Center, December 2021-August 2023

- Provided individual and group psychotherapy services for a substance use day-treatment program servicing Native American population
- Integrate culturally sensitive approaches to substance abuse treatment
- Conduct intakes, behavioral health/mental health, and social-emotional assessments.
- Administer alcohol and drug assessments and track client's sobriety

- Complete accurate and timely clinical documentation of scheduled sessions
- Attend weekly individual and group supervision with Clinical Director and Clinical Team

Doctoral Practicum Clinician, August 2021 – May 2022

Ebony House, Inc., Phoenix, AZ

Clinical Supervisor: Dr. E. Douglas Brown

- Provided extensive intake interviews with prospective residential candidates
- Lead/Co-lead groups focused on their substance use recovery, empowerment, and self-growth/improvement
- Completed clinical documentation and scheduling in Credible
- Provided comprehensive assessment and case formulation utilizing DSM-5 diagnostic criteria
- Developed treatment plans in collaboration with clients
- Provided psychotherapy services to clients (ages 18-56) presenting concerns related to: substance use history, recovery, addiction, suicidal ideation, self-injurious behavior, anxiety, social anxiety, depression/depressive symptoms, physical, emotional, and sexual trauma (past and present), relational and interpersonal concerns, family conflict, anger issues, grief/bereavement, social isolation, sexual orientation and gender identity, multicultural concerns, and stress

Doctoral Practicum Clinician, August 2020 – May 2021

Counseling Services, Arizona State University, Tempe, AZ

Clinical Supervisor: Dr. Lilia Miramontes

- Provided weekly intake interviews, individual counseling, and crisis assessment/intervention
- Completed clinical documentation and scheduling in Point n Click (PnC)
- Provided comprehensive assessment and case formulation utilizing DSM-5 diagnostic criteria
- Developed treatment plans in collaboration with clients
- Presented case conceptualizations at weekly group supervision
- Engaged in outreach programming dedicated to serving BIPOC students through the Black African Coalition (BAC)
- Provided psychotherapy services to clients (ages 17-47) presenting concerns related to: suicidal ideation, self-injurious behavior, anxiety, social anxiety, depression/depressive symptoms, physical, emotional, and sexual trauma (past and present), panic attacks, relational and interpersonal concerns, family conflict, anger issues, grief/bereavement, social isolation, academic and work concerns, sexual orientation and gender expression exploration, multicultural concerns, stress, and alcohol/drug use concerns

Advanced Doctoral Practicum Counselor, January 2020- May 2020

Counselor Training Center, Arizona State University, Tempe, AZ

Clinical Supervisor: Dr. James Bludworth

- Provided intake interviews, individual counseling, and crisis assessment/intervention with a diverse adult population from university and community settings
- Completed suicidal & homicidal risk assessment and intervene as appropriate

- Developed treatment plan and completed clinical documentation
- Provided comprehensive assessment and case formulation utilizing DSM-5 diagnostic criteria
- Completed APA Telehealth Training
- Provided psychotherapy services to clients (ages 18-35) presenting concerns related to: anxiety and depression symptoms, family conflict and communication, ADHD, academic and work stress, relational and interpersonal concerns

Group Leader, January – April 2020

Arizona State University, Tempe, AZ

Supervisor: Dr. Richard Kinnier

- Led therapy group for graduate students focused on student mental health, stress management, and interpersonal processes
- Responded to weekly client journals and maintained clinical documentation
- Participated in weekly group supervision with supervisor

Master's Counseling Intern, February 2019 – May 2019

City of Tempe – CARE 7, Tempe, AZ

Supervisor: Annia Salas, LPC, CCTP, NCC

- Provided counseling and behavioral health services for individuals and groups (ages 5-31)
- Conducted assessments as well as developed and implemented treatment plans with clients
- Provided comprehensive assessment and case formulation utilizing DSM-5 diagnostic criteria

Master's Counseling Intern, January 2019 – July 2019

Catholic Charities Community Services, Phoenix, AZ

Supervisor: Rebecca Sauer, MC, LPC, LISAC

- Provided counseling and behavioral health services for individuals, couples, families, and groups (ages 7 – 68)
- Conducted assessments as well as developed and implemented treatment plans with clients
- Provided comprehensive assessment and case formulation utilizing DSM-5 diagnostic criteria

Master's Practicum, August 2018- December 2018

Counselor Training Center, Arizona State University, Tempe, AZ

Supervisor: Dr. Jennifer Pereira

- Provided intake interviews, individual counseling, and crisis assessment/intervention with a diverse adult population from university and community settings
- Completed suicidal & homicidal risk assessment and intervened as appropriate

- Developed treatment plan and completed clinical documentation
- Provided comprehensive assessment and case formulation utilizing DSM-5 diagnostic criteria

PAPERS & PUBLICATIONS

Faison, A. (2024). *AfroLatinx health disparities during the COVID-19 pandemic* (Publication No. 31148445) [Doctoral dissertation, Arizona State University]. ProQuest Dissertations and Theses Global.

Capielo Rosario, C., **Faison, A.**, Winn, L., Caldera, K., & Lobos, J. (2021). No son complejos: An intersectional evaluation of AfroPuerto Rican health. *Journal of Latinx Psychology*, 9(1), 45–64.

Faison, A. (2019). Financial Knowledge is Power: Exploring the Protective Benefits of Financial Self-Efficacy Among Young Adults (Publication No. 22587200) [Master's thesis, Arizona State University]. ProQuest Dissertations and Theses Global.

INVITED TALKS & PRESENTATIONS

Faison, A. (2025, May 14). *They not like us* [Keynote address]. School of Counseling and Counseling Psychology Graduation Ceremony, Arizona State University, Phoenix, AZ.

Faison, A. (2025, May 9). *Empowering financial healing: Building lasting security* [Invited talk]. She Matters Equity Forum, Phoenix, AZ.

Faison, A. (2024, March 8). *Empowering boundaries: The art of saying no for a balanced life* [Invited talk]. You Matter Wellness Event, Northern Lights, PLLC, Maricopa, AZ.

Faison, A. (2025, February 5–8). *Breaking chains in academia: Black voices, liberation, and decolonial practices in psychology* [Symposium]. 2nd Annual Hampton University Black Decolonizing Psychology Conference, Hampton, VA.

Faison, A., Capielo Rosario, C. (2022, August 4-6). *Afro-Latinx Health Disparities during the COVID-19 Pandemic* [Poster presentation]. American Psychological Association (APA) Convention, Minneapolis, MN.

Sanchez, A., & **Faison, A.** (2021, August 12–14). *Using Photovoice to bring awareness to the first-generation college experiences of BIPOC counseling psychologists* [Symposium]. American Psychological Association (APA) Convention, Virtual.

Faison, A., Tran, A.T. (2020, August 6-9). *Financial Knowledge is Power: Exploring the Protective Benefits of Financial Self-Efficacy Among Young Adults* [Poster presentation]. American Psychological Association (APA) Convention, Washington, D.C.

Capielo, C., **Faison, A.**, Winn, L., Caldera, K., & Lobos, J. (2020, August 6-9). *No son complejos: An intersectional person-centered evaluation of Afro-Puerto Rican*

health [Poster presentation]. American Psychological Association Conference (APA) Convention, Washington, D.C.

Capielo Rosario, C., **Faison, A.**, Winn, L., Caldera, K., Lobos, J. (2019, October 17-20). *The importance of measuring skin color in Latinx research* [Symposium]. Annual National Latinx Psychological Association Conference, Miami, FL.

Faison, A., Tran, A.T., Legg, E. (2018, April 12-14). *Money Problems: The Role of Psychological Distress on Financial Pressure and Anxiety in Adolescents* [Poster presentation]. Society for Research on Adolescence (SRA) 18th Biennial Meeting, Minneapolis, MN.

Duckett, A. (2015, April). *Parental Racial Socialization and Adolescent Self-Esteem: Influences on Academic Achievement* [Poster presentation]. Celebration of Undergraduate Research Symposium, Chapel Hill, NC.

Duckett, A. (2014, April). *Exploring the Mental Health Benefits of Marriage by Race and Socioeconomic Status* [Poster presentation]. Celebration of Undergraduate Research Symposium, Chapel Hill, NC.

Duckett A., Mouzon, D. (2013, July). *Exploring the Mental Health Benefits of Marriage by Race and Socioeconomic Status* [Poster presentation]. Annual Project L/EARN Poster Session, New Brunswick, NJ.

RESEARCH EXPERIENCE

Graduate Research Assistant, Center for Gender Equity and Science Technology (CGEST)
Arizona State University, August 2020 – December 2022

- Drafted the project summary and generated project management plans for an NSF EAGER-funded study that assessed culturally responsive computing
- Drafted annual and final reports for the EAGER-funded study that assessed culturally responsive computing
- Transcribed and analyzed qualitative data from semi-structured focus groups on girls persistence in STEM education
- Collaborated with PI, Dr. Kimberly Scott and Co-PIs on manuscript

Graduate Research Assistant, CareerWISE

Arizona State University, August 2020 – May 2021

- Served as graduate research assistant for the CareerWISE research program, supported by the National Science Foundation since 2006
- Collaborated with PI, Dr. Bianca Bernstein, in the development and updating of the revised CareerWISE website
- Conducted in-depth lit reviews to update website for student use and continue to build upon the program's extensive foundation of theory and research on psychological processes, environmental context, and personal behaviors that contribute to women's experiences in academic and career paths

Research Assistant, Psicología Latinx en Acción (PLENA) Lab

Arizona State University, August 2019 – May 2020

- Assisted with ongoing research studies being conducted in the PLENA Lab, under the

direction of Dr. Cristalis Capielo Rosario

- Conducted literature reviews pertaining to aspects of the Puerto Rican experience, such as acculturation and colonial mentality

Research Assistant, Counselor Training Center

Arizona State University, *August 2018 – May 2019*

- Assisted with ongoing research projects being conducted in the Counselor Training Center
- Reviewed and edited data to ensure completeness and accuracy of information

Research Assistant, Tran Ethnic & Minority Psychology & Experiences (TEMPE) Lab

Arizona State University, *August 2017 – May 2019*

- Assisted with ongoing research studies being conducted in the TEMPE Lab, under the direction of Dr. Alisia (Giac-Thao) Tran
- Managed participant recruitment and ensured eligibility of participants

AWARDS & RECOGNITIONS

Outstanding Teaching Award (AY 2024-2025)

Arizona State University, School of Counseling and Counseling Psychology

Outstanding Faculty Mentor Award (AY 2024-2025)

Arizona State University, Faculty Women's Association

Professor Impact Award (Fall 2024)

Arizona State University

Graduate Completion Fellowship (Spring 2024)

Arizona State University Graduate College

Advocacy, Justice, Equity, Diversity, and Inclusion (AJEDI) Award (2023)

Graduate Professional and Student Association

National Multicultural Conference and Summit Award (2023)

School of Counseling and Counseling Psychology (SSCP)

Arising Star Graduate Student Award (2023)

Arise Consultation and Training Services, LLC

Leadership Collaborative Fellowship (2020)

Society for Counseling Psychology

Minority Fellowship Program (2018)

National Board of Certified Counselors

Interdisciplinary Enrichment Fellowship (2017-2018)

Arizona State University

PROFESSIONAL LEADERSHIP, SERVICE, & MEMBERSHIP

Association of Black Psychologists, (2019 – present)

Member at Large

American Psychological Association, (2019 – present)

Division 17 Society of Counseling Psychology (SCP)

Division 45 (Society for the Psychological Study of Ethnic Minority Issues)

Member at Large

Arizona Psychological Association (AzPA), (2019-present)

Membership Committee (2019-2020)

Continuing Education Committee (2019- 2020)

Arizona State University (2017-2022)

Psychology Students of Color for a Liberated Education (2021 – 2023)

Doctoral Student Counseling Psychology (2019-2022)

Master of Counseling Student Organization, Co-Chair (2018-2019)

AmeriCorps Corporation for National and Community Service (2015-2017)

Carolina College Advising Corps, Hillside High School

Delta Sigma Theta Sorority, Incorporated (2014 – Present)

Member at Large

COMMUNITY SERVICE

Financial/Mental Health Volunteer (2025 – Present)

YWCA – Metropolitan Phoenix

Faculty Advisor, Doctoral Students of Counseling Psychology (2024 – Present)

Arizona State University, School of Counseling and Counseling Psychology

Mentor, Cohort Sistas (2024 – Present)

Mental Health Volunteer, Semicolon Society (2023-Present)

Director of Wellness, ASU Graduate and Professional Student Association (2022-2023)

Support Circle – Co-Facilitator, ASU Counseling Services (2020-2021)

Peer-facilitator - Black Graduate Student Mentoring Group (2020 – 2021)

Arizona State University, Graduate College