

KAREY L. O'HARA

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EDUCATION

- 2017** **Doctor of Philosophy in Clinical Psychology**
University of Arizona
- 2011** **Master of Science in Forensic Psychology**
University of North Dakota
- 2008** **Bachelor of Arts in Psychology**
University of Arizona

ACADEMIC POSITIONS

- 2022 – current** **Assistant Professor of Psychology**
School of Social and Behavioral Sciences
Arizona State University
- 2020 – 2022** **Assistant Research Professor of Psychology**
REACH Institute, Department of Psychology
Arizona State University
- 2019 – 2020** **Assistant Clinical Professor of Psychology**
School of Social and Behavioral Sciences
Arizona State University
- 2017 - 2019** **Postdoctoral Research Fellow, NIDA T32 Fellowship in Primary Prevention**
REACH Institute, Department of Psychology
Arizona State University
- 2016 – 2017** **Clinical Psychology Predoctoral Intern**
SUNY Upstate Medical University
Department of Psychiatry, Child Clinical Psychology Track

RESEARCH INTERESTS

theories of adaptation processes for children exposed to major family disruptions; development, evaluation, and implementation of theory-based preventive interventions; collaboration with community settings in the design, testing, and dissemination of effective interventions (e.g., juveniles justice, family court)

HONORS and AWARDS

- 2022-23 Extramural Pediatric Research Loan Repayment Program (LRP, Renewal), NIMH
- 2019-21 Prevention Science Early Career Reviewer Program, Society for Prevention Research
- 2018-20 Extramural Pediatric Research Loan Repayment Program (LRP), NIDA
- 2018-19 Child Intervention, Prevention, and Services (CHIPS) Fellowship, NIMH
- 2016 APA Science Directorate Advanced Training Institute Travel Award
- 2015 University of Arizona Graduate and Professional Student Council Dissertation Research

Award (\$1,700)

- 2015 American Psychology-Law Society Student Grants-in-Aid Award (\$750)
 2015 University of Arizona Foundation UAccelerate Crowdfund Platform (\$2,625)
 Campaign video: <https://crowdfund.arizona.edu/project/884>

FUNDED RESEARCH GRANTS

- K01MH120321-03S1 (O'Hara, PI) 08/01/22 – 03/31/23
 NIMH: Administrative Supplements to Promote Research Continuity and Retention of NIH Mentored Career Development (K) Award Recipients and Scholars \$50,698
Promoting effective coping by children exposed to post-divorce interparental conflict to reduce risk for mental health problems.
 Role: Principal Investigator
- R34MH126052 (Wolchik & O'Hara, MPI) 05/01/22 – 04/30/25
 National Institute of Mental Health (NIMH) \$706,500
Theory-driven, human-centered design-based adaptation and pilot test of an intervention to reduce interparental conflict to prevent children's mental health problems after separation/divorce
 Role: Multiple Principal Investigator
- H79SM085098 (Gewirtz, PI) 09/30/21 – 09/29/26
 SAMHSA National Child Traumatic Stress Initiative – Category II \$599,940
The Center for Resilient Families
Role: Other Significant Contributor (effort subsumed within K01)
- G09783-300 (Sandler, PI) 06/1/21 – 01/31/23
 New York Life Foundation \$650,000
Increasing Impact by Developing an Online Resilient Parenting for Bereaved Families Program
Role: Co-Investigator
- Glen J. Sweete Seed Grant (Hita, PI) 03/25/21 – 3/31/22
 Substance use and Addiction Translational Research Network (SATRN) \$23,997
Development of an Optimized Approach to Prevent Substance Use among Children of Incarcerated Parents
Role: Co-Investigator
- K01MH120321 (O'Hara, PI) 04/01/20 – 03/31/25
 National Institute of Mental Health (NIMH) \$803,497
Promoting effective coping by children exposed to post-divorce interparental conflict to reduce risk for mental health problems.
 Role: Principal Investigator
- 2015-CBEL-01 (Beck & Lawrence, Co-PIs) 02/10/16 – 02/09/17
 Institute for Mental Health Research \$20,000
Treating Adolescent-to-Parent Violence Among Boys with Mental Health Issues
 Role: Co-Investigator

GRANTS UNDER REVIEW / IN REVISION

Development of an optimized intervention for caregivers to prevent substance use in children with incarcerated parents

R34 National Institute on Drug Abuse (NIDA)

Role: Co-Investigator

Status: under review

GRANTS SUBMITTED BUT NOT FUNDED

Parental Justice System Involvement in Supporting Healthy Marriage

U.S. Department of Health & Human Services (HHS), Administration for Children and Families (ACF), Office of Planning, Research, and Evaluation (OPRE)

Role: Co-I

Addressing Behavioral Health Disparities for Children of Incarcerated Parents (CIP): Developing a Program for Caregivers

William T. Grant Foundation

Role: Co-PI

PEER-REVIEWED JOURNAL ARTICLES *contributed equally and share the position of first author

1. Cappola, A., Tackman, A. M., Mehl, M. R., Dawson, S., **O'Hara, K. L.**, & Sbarra, D. A. (in press). Sleep efficiency and objectively measured social behavior following marital separation: The critical role of contact with an ex-partner. *Journal of Social and Personal Relationships*.
2. **O'Hara, K. L.**,* Knowles, L. M.,* Gustafiero, K. M., & Lyon, A. L. (in press). Human-centered design methods to achieve preparation phase goals in the multiphase optimization strategy framework. *Implementation Science and Practice*.
3. **O'Hara, K. L.**, Mehl, M. R., & Sbarra, D. A. (2022). Spinning your wheels: Psychological overinvolvement and actigraphy-assessed sleep efficiency following marital separation. *International Journal of Behavioral Medicine*. <https://doi.org/10.1007/s12529-022-10101-w>
4. **O'Hara, K. L.**, Boring, J., Sandler, I. N., & Beck, C. J. (2022). Enhancing daily affect in youth experiencing high-conflict parental divorce: A multiple baseline trial of an online prevention program. *Family Court Review*. <https://doi.org/10.1111/fcre.12654>
5. Duchschere, J. E., Reznik, S. J., Shanholtz, C., **O'Hara, K. L.**, Gerson, N., Beck, C., & Lawrence, E. (2022). Addressing a mental health intervention gap in juvenile detention: A pilot study. *Evidence-Based Practice in Child & Adolescent Mental Health*. <https://doi.org/10.1080/23794925.2022.2042873>
6. **O'Hara, K. L.**, Wolchik, S. A., & Sandler, I. N. (2021). The development, evaluation, and implementation of parenting-focused prevention programs in collaboration with family court. *Family Court Review* 59(4), 710-724. <https://doi.org/10.1111/fcre.12604>
7. **O'Hara, K. L.**, Rhodes, C. A., Wolchik, S. A., Tein, J-Y, & Sandler, I. N. (2021). Fear of abandonment as a mediator between the longitudinal effect of exposure to post-divorce interparental

conflict on children's mental health problems: does parenting quality play a buffering role? *Child Development* 92(4), 1476-1493. <https://doi.org/10.1111/cdev.13539>

8. Shanholtz, C., **O'Hara, K. L.**, Duchschere, J., Beck, C., & Lawrence, E. (2020). Understanding the perception of stakeholders in reducing adolescent-to-parent violence. *Journal of Adolescence* 80, 264-274. <https://doi.org/10.1016/j.adolescence.2020.02.015>
9. **O'Hara, K. L.**, Grinberg, A. M., Tackman, A. M., Mehl, M. R., & Sbarra, D. A. (2020). Contact with an ex-partner is associated with poorer adjustment to marital separation. *Clinical Psychological Science* 8(3), 450-463. <https://doi.org/10.1177/2167702620916454>. Preprint available at: <https://doi.org/10.31234/osf.io/axhnq>
10. **O'Hara, K. L.**, Sandler, I. N., Wolchik, S. A., & Tein, J-Y. (2019). Coping in context: The long-term relations between interparental conflict and coping on the development of child psychopathology following parental divorce. *Development and Psychopathology* 31(5), 1695 - 1713. <https://doi.org/10.1017/S0954579419000981>
11. **O'Hara, K. L.**, Sandler, I. N., Wolchik, S. A., Tein, J-Y., Rhodes, C. A. (2019). Parenting time, parenting quality, interparental conflict, and mental health problems of children in high-conflict divorce. *Journal of Family Psychology* 33(6), 690-703. <http://dx.doi.org/10.1037/fam0000556>
12. **O'Hara, K. L.**, Duchschere, J., Shanholtz, C., Reznik, S., Beck, C. J., & Lawrence, E. (2019). Multidisciplinary partnerships: Targeting aggression and mental health problems of adolescents in detention. *American Psychologist* 74(3), 329-343.
13. Mahrer, N. E., **O'Hara, K. L.**, Sandler, I. N., & Wolchik, S. A., (2018). Does shared parenting help or hurt children in high conflict divorced families? *Journal of Divorce & Remarriage* 59(4), 1-23. <https://doi.org/10.1080/10502556.2018.1454200>
14. Grinberg, A. M., **O'Hara, K. L.**, & Sbarra, D. A. (2018). Preliminary evidence of attenuated blood pressure reactivity to acute stress in adults following a recent marital separation. *Psychology & Health*, 33(3), 430-444. 10.1080/08870446.2017.1373111
15. **O'Hara, K. L.**, Perkins, A., Tehee, M., & Beck, C. (2017). Measurement invariance across sexes in intimate partner abuse research. *Psychology of Violence*, 8(5), 560-569. <http://dx.doi.org/10.1037/vio0000153>
16. **O'Hara, K. L.**, Duchschere, J., Beck, C. & Lawrence, E. (2017). Adolescent-to-parent violence: Translating research into effective practice. *Adolescent Research Review*, 2(3), 181-198.
17. Davidson, R., **O'Hara, K. L.**, Beck, C. (2014). Psychological and biological processes in children associated with high conflict parental divorce. *Juvenile and Family Court Journal*, 65 (1), 29 – 44.
18. Beck, C. J., Anderson, E.R., **O'Hara, K. L.**, Benjamin, G.A. H. (2013). Patterns of intimate partner violence in a large, epidemiological sample of divorcing couples. *Journal of Family Psychology*, 27(5), 743-753.
19. **O'Hara Brewster, K.**, Beck, C. J., Anderson, E.R., Benjamin, G.A. H. (2011). Evaluating parenting coordinator programs: Encouraging results from pilot testing a research methodology. *Journal of Child Custody*, 8(4), 247-267.
20. Beck, C., Menke, J., **O'Hara Brewster, K.**, & Figueredo, A. (2009). Validation of a measure of intimate partner abuse with couples participating in divorce mediation. *Journal of Divorce & Remarriage*, 50(5), 295-308.

BOOK CHAPTERS

1. **O'Hara, K. L.**, Sandler, I. N., Wolchik, S. A., & C. A. Rhodes (in press). Interparental conflict, parental divorce/separation, and the development of children's coping. In M. Zimmer-Gebeck and E. Skinner (Eds) *Handbook on the Development of Coping*.
2. **O'Hara, K. L.**, Rhodes, C. A., & Wolchik, S. A. (in press). Evidence-based interventions for children and adolescents who experience parental separation and divorce. In L. Theodore, M. Bray, & B. Bracken (Eds), *Desk Reference for School Psychologists*. Oxford University Press.
3. Berkel, C., Winslow, E. B., Sandler, I. N., Wolchik, S. A., **O'Hara, K. L.**, & Thomas, N. A. (in press). Building resilience in all children: A public health equity approach. In *Handbook of Resilience in Children*.
4. **O'Hara, K. L.**, Rhodes, C. A. Uhlman, R., Sandler, I. N., & Wolchik, S. A. (in press). Parental separation and divorce: Risk and protective factors and their implications for children's adjustment. In J. Matson (Ed) *Handbook of Clinical Child Psychology: Theory to Practice*.
5. Rhodes, C. A., **O'Hara, K. L.**, Vélez, C. E., & Wolchik, S. A. (2021). Interventions to help parents and children through separation and divorce. In: Tremblay, RE, Boivin, M, Peters, RDeV, Eds. Emery, RE, Topic Ed. Encyclopedia on Early Childhood Development [online]. <http://www.child-encyclopedia.com/divorce-and-separation/according-experts/interventions-help-parents-and-children-through-separation>
6. **O'Hara, K.L.**, Wolchik, S., & Sandler, I. (2019). Divorce: Recommendations for the home. In G. Bear & K. Minke (Eds.), *Helping Handouts: Supporting Students at School and Home*. National Association of School Psychologists.
7. **O'Hara, K.L.**, Wolchik, S., & Sandler, I. (2019). Divorce: Recommendations for the school. In K. Minke & G. Bear (Eds.), *Helping Children Handouts: Supporting Students at School and Home*. National Association of School Psychologists.

MANUSCRIPTS UNDER REVIEW

1. **O'Hara, K. L.**, Wolchik, S. A., Rhodes, C. A., Uhlman. R., Sandler, I. N., & Tein, J-Y. (under review). Indirect effects of the family bereavement program on youth fear of abandonment, maladaptive grief, and mental health problems.
2. **O'Hara, K. L.**, Wolchik, S. A., Sandler I. N., West, S. G., Reis, H. T., Collins, L. M., Lyon, A. R., & Cummings, E. M. (under review). Optimizing a coping intervention to reduce mental health problems children exposed to high conflict parental separation/ divorce: A randomized factorial trial protocol.
3. Rhodes, C. A., **O'Hara, K. L.**, Boring, J. L., Wolchik, S. A. & Sandler, I. N. (under review). Meet them where they're at: Adapting an evidence-based online parenting-after-divorce program for podcast delivery to increase public health impact.
4. Berkel, C., **O'Hara, K. L.**, Eddy, J.M., Rhodes, C.A., Blake, A., Thomas, N., Hita, L., Herrera, D., Wheeler, A., & Wolchik, S. A. (under review). The prospective effects of caregiver parenting on behavioral health outcomes for children with incarcerated parents: A family resilience perspective.
5. Thomas, N., Rhodes, C.A., Berkel, C., **O'Hara, K. L.**, Hita, L., Blake, A., Wolchik, S. A., Fisher, B., Freeman, M., & Chen, D. (under review). Enhancing the focus: How does parental incarceration

fit into the overall picture of Adverse Childhood Experiences (ACEs) and Positive Childhood Experiences (PCEs)?

6. Manvelian, A. Boyd, S., **O'Hara, K. L.**, Watters, C., Liu, Y., & Sbarra, D. (under review). Promoting attachment security in emerging adults: A pilot study of emotionally focused mentoring.
7. Sandler, I. N., **O'Hara, K. L.** & Wolchik, S. A. (under review). The case for evidence-based parent education programs. In P. Salem (Ed) *Family Dispute Resolution Handbook*.

MANUSCRIPTS IN REVISION

1. **O'Hara, K. L.**, Cummings, E. M., & Davies, P. T. (invited revision). Interparental conflict and children's emotional security across family structures.
2. **O'Hara, K. L.**, & Cohen, B. (invited revision). A call for early, effective, and scalable parent education for high conflict separated/divorcing parents: A synthesized perspective from prevention science and family law.
3. Rhodes, C. A., Wolchik, S. A., Tein, J-Y., **O'Hara, K. L.**, & Sandler, I. N. (in revision). Long-term effects of a parenting-after-divorce program on emerging adults' coping strategies and coping efficacy.

OTHER PUBLICATIONS

1. Sandler, I, **O'Hara, K.**, Wolchik, S., & Weinstock, D. (October 2021). Ask the Expert: Tips for Professionals Helping Parents Protect Their Children from the Negative Effects of Conflict. Association of Family and Conciliation Courts eNewsletter (Vol. 16, No. 10)
2. Rhodes, C.A., **O'Hara, K.L.**, Sandler, I.N. & Wolchik, S.A. (May 2020). High Conflict Divorce and Children's Fear of Abandonment: How Clinicians can Help during COVID-19. The Arizona Psychologist Online. Arizona Psychological Association Monthly Newsletter.
3. AzAFCC Summit Project Committee. (2013). Domestic Violence Preliminary Intervention: Assessment and Early Intervention for Alleged Abusers, Abused Persons, and Children. Arizona Association of Family and Conciliation Courts Annual Summit Report. <http://azafcc.org/wp-content/uploads/2015/12/AzAFCC-2013-Summit.pdf>
4. AzAFCC Summit Project Committee. (2012). Guidelines for Non-Clinical Monitored Parenting Time. Arizona Association of Family and Conciliation Courts Annual Summit Report. http://azafcc.org/wp-content/uploads/2015/12/2012-AzAFCC-Summit-Project_1.pdf

TREATMENT MANUALS or DIGITAL INTERVENTIONS (*denotes equal contribution)

1. **O'Hara, K. L.**, Wolchik, S. A., & Sandler I. N. Superpowers Brain Team: A Coping with Conflict Intervention for Youth Experiencing Parental Separation/Divorce.
2. Sandler, I., Wolchik, S., & O'Hara, K. (2021). Practical Tools to Strengthen Resilient Parenting for Bereaved Families. Accessible at: <https://www.bereavedparenting.org/parents.html#navigate2>
3. O'Hara, K.,* Duchschere, D.,* Reznik, S.,* Gerson, N., & Lawrence, E. (2017). *Building recognition through emotional awareness and knowledge (BREAK)*. Unpublished treatment manual, Department of Psychology, University of Arizona, Tucson, AZ.

SYMPOSIA and PAPER PRESENTATIONS

1. **O'Hara, K.** & Sullivan, C. (2022, April). What Do Children Need to Cope with Post-Separation/Divorce Interparental Conflict? Insights from Family Law Professionals, Parents, and Children. Symposium at the Arizona Chapter of the Association of Family and Conciliation Court annual conference. Virtual.
2. **O'Hara, K.**, Sandler, I., Kline-Pruett, M., & Ferriter, M. (2021, November). Evidence of Parent Education Program Effects to Protect Children after Divorce. Workshop accepted at the Association of Family and Conciliation Courts Fall Conference. Cincinnati, OH. (cancelled due to COVID-19).
3. Rhodes, C.A., **O'Hara, K.**, Sandler, I., & Wolchik, S. (2020, May). Long-Term Effects of a Parenting-after-Divorce Program on Emerging Adults' Coping Strategies and Coping Efficacy. Paper accepted at the Society for Prevention Research annual convention (in-person conference cancelled due to COVID-19; abstract posted online).
4. **O'Hara, K.**, Rhodes, C.A., Sandler, I., Wolchik, S., & Tein, J-Y. (2020, May). The role of parent-child relationship quality in the link between post-divorce interparental conflict and children's threat appraisals. Poster accepted at the Society for Prevention Research annual convention (in-person conference cancelled due to COVID-19; abstract posted online).
5. Mazurek, C., Duchschere, J., Reznik, S., Zarling, A., Lawrence, E., & **O'Hara, K. L.** (2019, November). Applying Acceptance and Commitment Therapy to the Treatment of Domestic Violence, Stalking, & Sexual Misconduct. Symposium at the Association of Behavioral and Cognitive Therapies annual convention. Atlanta, GA.
6. **O'Hara, K. L.**, Mazurek, C., Duchschere, J., Reznik, S., & Lawrence, E. (2019, August). Applying Acceptance and Commitment Therapy to the Treatment of Domestic Violence & Sexual Misconduct. Symposium at the American Psychological Association annual convention. Chicago, IL.
7. **O'Hara, K. L.**, Zhang, N., Kisbu Sakayra, Y., DeGarmo, D. (2019, May). Fathering in Different Contexts. Symposium at the Society for Prevention Research annual convention. San Francisco, CA.
8. Spencer, T.A., **O'Hara, K. L.**, Rudd, B.N. (2018, June). New Research on Conflict, Children, Separation, and Coparenting. Symposium at the Association of Family and Conciliation Court annual conference. Washington, DC.
9. **O'Hara, K. L.**, Duchschere, J.D., Shanholtz, C.D., Beck, C. (2018, January). Adolescent-to-Parent Violence: What Do We Know? How Do We Help These Families? Symposium at the Arizona Association of Family and Conciliation Court annual conference. Sedona, AZ.
10. Schleider, J., MacLeod, J., **O'Hara, K. L.**, Mosley, C., Freidberg, R., & Rozbruch, E. (2017, April). Views from the New Generation: Evidence Based Practices in Graduate Training Programs. Roundtable at Anxiety & Depression Association of America annual conference. San Francisco, CA.
11. Beck, C., Duchschere, J., Davidson, R., Rossi, F., Brown, S., & **O'Hara, K. L.** (2016, August). Researcher-Community Partners – Making Complex Relationships Work. Symposium at American Psychological Association annual conference, Denver, CO.
12. Beck, C., **O'Hara, K. L.**, Brown, S., Davidson, R., Duchschere, J., Mechanic, M. (2015, March). Researcher Community Agency Partnerships Practical Strategies for Making Complex Relationships Work. Workshop at American Psychology-Law Society annual conference, San Diego, CA.

13. Arizmendi, B., Stanford, K.C., **O'Hara, K. L.**, & Beck, C. (2015, February). Neuroscience, Neuroimaging Research and Implications for Family Law. Invited Presentation at Arizona Association for Family and Conciliation Court annual conference, Sedona, AZ.
14. **O'Hara, K. L.**, Boring, J., Sandler, I., Wolchik, S., Beck, C. (2014, May). Internet-based Intervention for Children of High Conflict Divorcing Families. Workshop at Association for Family and Conciliation Court annual conference, Toronto, Ontario.
15. **O'Hara, K. L.**, Tehee, M., Perkins, A. & Beck, C. (2014, March). Measurement Equivalence of Intimate Partner Abuse Across Genders. Paper presented at American Psychology-Law Society conference, New Orleans, LA.
16. Curtiss, R., **O'Hara, K. L.**, Sheldon, S. & Stahl, R. (2014, January). Children's Participation in the Process of Decision Making. Workshop at Arizona Association for Family & Conciliation Court conference, Sedona, AZ.
17. Tehee, M., **O'Hara, K. L.**, Beck, C., Stanford, K.C. & Grinberg, A. (2013, August). Understanding the Process and Recurrence of Involuntary Mental Health Treatment. Paper presented at American Psychological Association annual conference, Honolulu, HI.
18. Atwood, B., Adam, K., **O'Hara, K. L.**, Davis, H., Hollis, J., Segal, S. & Stahl, R. (2013, February). Bringing Children's Views into Family Court. Plenary Session at Arizona Association of Family and Conciliation Court annual conference, Sedona, AZ.
19. Nathanson, R., **O'Hara, K. L.**, Ballard, R., Beck, C. (2012, June). Evaluating the Voice of the Child in Family Law. Workshop at Association of Family and Conciliation Court annual conference, Chicago, IL.
20. McNally, C., Davis, K., **O'Hara, K. L.**, Kindig, G. (2012, February). The Problem of the Imperfect Parent. Plenary session at the meeting of Arizona Association of Family & Conciliation Court, Sedona, Arizona.
21. Croxen, E., Rea, J., Collins, J., & **O'Hara, K. L.** (2008, February). Virtual love, sweet love: Internet issues in family law and mediation. Panel session presented at the meeting of Arizona Association of Family & Conciliation Courts, Sedona, Arizona.

POSTER PRESENTATIONS

1. **O'Hara, K.**, Rhodes, C.A., Wolchik, S., & Sandler, I. (2020, May). The Role of Parent-Child Relationship Quality in the Link between Post-Divorce Interparental Conflict and Children's Threat Appraisals. Poster accepted to the Society for Prevention Research annual convention (conference cancelled). Washington, DC.
2. Rhodes, C.A., **O'Hara, K.**, Sandler, I., & Wolchik, S. (2019, May). Child Mediators of Post-Divorce Interparental Conflict. Poster at the Society for Prevention Research annual convention. San Francisco, CA.
3. Duchschere, J.E., Reznik, S.J., Gerson, N., **O'Hara, K.**, Beck, C.J., & Lawrence, E. (2017, November). Get out and stay out! Treating comorbid mental health symptoms in the juvenile justice system. Poster presented at the Association for Behavioral and Cognitive Therapies Annual Convention in San Diego, California.

4. Shanholtz, C., **O'Hara, K.**, Duchschere, J.E., Beck, C.J., Lawrence, E. (2017, September). Learning from Parents and Youth Involved in Adolescent-to-Parent Violence. Poster presented at 22nd International Summit on Violence, Abuse & Trauma in San Diego, CA.
5. Duchschere, J.E., Reznik, S.J., Gerson, N., **O'Hara, K.**, Beck, C.J.A., Lawrence E. (2017, June). Treating family violence and comorbid mental health symptoms in adolescents. Poster presented at International Conference: Crossroads of Couple and Family Psychology in Chicago, Illinois.
6. Kelly, M., **O'Hara, K.**, Grinberg, A., Beals, K., Bell, I., Eichling, P, Wright, K. & Bootzin, R. (2014, June). Variation in Sleep Onset Latency Treatment Effect Trajectories of Ramelteon combined with Multi-Component Behavior Therapy (MCBT) vs. Controls in Patients with Chronic Insomnia. Poster presented at APSS conference, Minneapolis, MN.
7. Grinberg, A., **O'Hara, K.** & Sbarra, D. (2014, May). Attenuated Physiological Activity in Recently Separated/Divorced Adults. Poster presented at Association of Psychological Science annual conference, San Francisco, CA.
8. Moreno, M., **O'Hara, K.**, Beck, C. & Stanford, K.C. (2014, January). Patients Petitioned for Involuntary Civil Commitment: Cultural Differences and Grounds for Petition. Poster presented at the Arizona Association of Family and Conciliation Court annual conference, Sedona, AZ.
9. Gauthier, D., **O'Hara, K.** & Beck, C. (2014, January). Incorporating Children's Views into Contested Family Matters: Bringing Practical Considerations and Research Findings Together. Poster presented at the Arizona Association of Family and Conciliation Court annual conference, Sedona, AZ.
10. Davidson, R. D., Toale, S., **O'Hara, K.** & Beck, C. (2013, February). Parenting Time Arrangements Negotiated by Divorcing Couples in Court-Based Mediation. Poster presented at Arizona Association of Family & Conciliation Court annual conference, Sedona, AZ.
11. **O'Hara, K.**, Bradley, A., Beck, C. (2012, February). Do the Types of Questions Matter? Formal and Informal Questioning of Children in Maltreatment Cases. Poster presented at the meeting of Arizona Association of Family & Conciliation Courts, Sedona, Arizona.
12. Ragavan, C., Beck, C., Anderson, E. & **O'Hara, K.** (2011, November). How Are Violence Tactics Gendered?: Examination of Partner Violence Behaviors in Male Same Sex Relationships. American Society of Criminology annual conference. Washington, DC.
13. **O'Hara, K.**, Beck, C., Anderson, E. G., & Benjamin, G. A. (2010, November). A pilot study of a methodology to evaluate parenting coordinator programs. Poster presented at the meeting of Association for Behavioral and Cognitive Therapies. San Francisco, CA.
14. **O'Hara, K.** & Beck, C. (2009, March). The Relationship Behavior Rating Scale: Validation and expansion. Poster presented at the meeting of American Psychology-Law Society. San Antonio, TX.
15. **O'Hara, K.** & Beck, C. (2008, May). The Relationship Behavior Rating Scale for use in mediation. Poster presented at Honors Research Forum, University of Arizona.

SUPERVISED CLINICAL EXPERIENCE

Psychotherapy

- Modalities: individual, parent/caregiver, group, parent-child dyadic, family, couple

- Models: cognitive behavioral therapy (CBT), parent management training (PMT), acceptance and commitment therapy (ACT), adolescent dialectical behavior therapy (DBT), motivational interviewing (MI), Integrative Behavioral Couple Therapy (IBCT), behavioral activation (BA), Unified Protocol (UP), Cognitive Processing Therapy (CPT), strategic and structural family therapy
- Settings: outpatient psychiatry, mobile acute crisis, community mental health, juvenile court and detention, domestic violence agency

Clinical Trials

- group therapy for adolescent boys charged with domestic violence offenses to pilot test a novel, ACT-based manualized treatment protocol
- parenting program for divorced/separated parents as part of an Arizona State University statewide effectiveness trial funded by the National Institute of Health (NIH)

Assessment

- Settings: ADHD Specialty Clinic, Juvenile Court, Vocational Rehabilitation, Child and Adolescent Psychiatry, Residential Treatment Center, University-based Psychology Clinic
- Instruments: SCID-IV; SCID-V; KSADS, WAIS-IV, MMPI-2, MMPI-A; PAI; MACI; WMS-IV, WISC-5, WASI-II, CVLT, CPT, Rey-O, WJ-III, D-KEFS, TAT

Consultation

- Child Abuse Project – residential center for youth with maltreatment histories
- ENHANCE – multidisciplinary primary care clinic for youth in foster care

TEACHING and MENTORING EXPERIENCE

Course Instructor – Arizona State University

- Advanced Forensic Psychology – delivered online
- Correctional Psychology – delivered online
- Forensic Psychology Capstone – delivered online

Course Instructor - University of Arizona

- Measurement and Statistics- delivered online and in person (Summer 2016, Winter 2015, Summer 2015, Summer 2014, Winter 2013, Summer 2012)
- Psychology of Divorce - delivered online and in person (Summer 2013 and Winter 2014)

Teaching Assistant - University of Arizona, University of North Dakota

- Courses: Health Psychology, Measurement and Statistics, Psychology of Divorce, Psychology of Women, Introduction to Psychology, Introduction to Statistics

Supervision of Undergraduate Research Assistants – University of Arizona (2011-2016)

- Recruited and trained research assistants on various lab projects; supervised data collection activities; facilitated exposure to participant telephonic and live intakes; reviewed final essays; co-authored conference posters

Guest Lectures and Invited Talks

- Ideas for a Successful NIH K Application for MOST Optimization Research (November 2021), Society for Behavioral Medicine, OBBI SIG Grand Rounds.
- Parent Education for Divorcing and Separating Families: Are We Accomplishing Our Goals? (October 2021), Arizona Association of Family and Conciliation Courts Webinar Series.

- Countdown to the K (September 2020), 2020 CHIPS Research Training Institute hosted by Arizona State University.
- Psychological Science and Family Law: Mitigating Risk Associated with Children's Exposure to Interparental Conflict (February, 2020). Colloquium Presentation; School of Social and Behavioral Sciences, Arizona State University.
- High-Conflict Parental Divorce/Separation & Youth Adjustment (June, 2017). Upstate Medical University Child Psychiatry Grand Rounds, Syracuse, NY.
- Divorce Mediation and Assessment of Intimate Partner Violence and Abuse (September 2011, April 2013, December 2015). Mediation and Family Law, University of Arizona School of Law
- One and Two Sample Tests (April 2015). Measurement and Statistics, University of Arizona
- Sleep Hygiene and Stimulus Control (March 2015). Health Psychology, University of Arizona
- Chronic Stress and Stress Inoculation (March 2015). Health Psychology, University of Arizona
- Incorporating Children's Views into Contested Family Matters (February 2014). Juvenile Law, University of Arizona School of Law
- The Future of Marriage and Divorce (September 2014). Psychology of Divorce, University of Arizona
- Suicidality & Involuntary Mental Health Treatment (August 2014). Abnormal Psychology, University of Arizona

PROFESSIONAL SERVICE and ACTIVITIES

Early Career Reviewer Program – NIH, 2021 - current

SIG Officer, Optimizing Behavioral and Biobehavioral Interventions – Society of Behavioral Medicine, 2021 - current

Secretary, Executive Committee, Board of Directors - Arizona Association of Family & Conciliation Courts (AzAFCC), 2021 - current

Member, Board of Directors - Arizona Association of Family & Conciliation Courts (AzAFCC), 2019 - 2021

Student Representative, Board of Directors - Arizona Association of Family & Conciliation Courts (AzAFCC), 2011 - 2016

Early-Career Mentored Editorial Board Member – *Prevention Science*

Ad-hoc Reviewer – *Journal of Violence, Journal of Clinical Child and Adolescent Psychology*

Ad-hoc Co-Reviewer (with Irwin Sandler, Ph.D.) – *Journal of Primary Prevention, Children and Youth Services Review, Child Development*

Reviewer - Association of Psychological Science Student Grant Competition, 2015 and 2016

Professional Memberships

Association for Behavioral and Cognitive Therapies (ABCT)

ABCT Dissemination & Implementation Science Special Interest Group (DIS-SIG)

Association of Family and Conciliation Courts (AFCC) and Arizona Chapter (AzAFCC)

American Psychological Association (APA) - Division 53 (Children and Adolescents)

Society of Behavioral Medicine (SBM)

SBM Optimization of Behavioral and Biobehavioral Interventions Special Interest Group (OBBI-SIG)

Society for Prevention Research (SPR)

MEDIA COVERAGE

Schein On podcast (11/08/21), ["Karey O'Hara and the Science of Family"](#)

Positively Dads podcast (03/22/21), ["Kids & Conflict: The Impact of Divorce or Separation on Children"](#)

Healio Psychiatry (01/19/21), ["Conflict between divorced, separated parents linked to children's mental health"](#)

Psychology Today (01/17/21), ["Why Some Children Live With a Persistent Fear of Abandonment"](#)

ASU News, Arizona State University (01/12/21), ["Study: Conflict between divorced parents can lead to mental health problems in children"](#)

HealthLink On Air, Upstate Medical University (08/02/17), ["Most Children Are Resilient Enough to Survive Divorce"](#)

UA Psychology Department Newsletter (January 2016), ["Graduate Student spotlight"](#)

The Daily Wildcat, University of Arizona (12/10/15), ["UA doctoral student studies effectiveness of online program in helping children of divorce"](#)

REFERENCES

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