

Ana Julissa Rincon, BSN, RN

Phoenix, Arizona

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Professional Summary

Compassionate and culturally competent registered nurse with 3 years of progressive inpatient and outpatient experience. Demonstrates strong leadership as a nurse mentor and commitment to lifelong learning through a fully funded master's program in nursing education. Passionate about health equity, student mentorship, and improving care for Spanish-speaking populations. Proven ability to thrive in fast-paced settings, while also contributing to innovative curriculum development and community-based wellness initiatives.

Education

Master of Science in Nursing Education (*Expected Graduation: May 2026*)

Arizona State University, Phoenix, AZ

Bachelor of Science in Nursing / Integrative Health / Barrett Honors College (*Graduated: May 2022*)

Arizona State University, Phoenix, AZ / Edson College of Nursing Outstanding Graduate Award

Licensure & Certifications

- Registered Nurse, Arizona Board of Nursing
 - Basic Life Support (BLS) – Certified / Advanced Cardiovascular Life Support (ACLS) – Certified
 - NIHSS Stroke Certified
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Clinical Experience

Endoscopy Registered Nurse

Digestive Health Specialists - Phoenix, AZ | April 2025 - Present

- Ensure safe patient preparation by performing pre-procedural assessments, initiating IV access, verifying consents, and reviewing medical histories and medications.
- Provide skilled post-anesthesia care, including airway management, pain and nausea control, and patient education on post-procedure expectations and discharge instructions.
- Cross-trained and regularly floated to Pre-op and PACU, ensuring continuity of care and smooth transitions throughout the perioperative process.

Cardiovascular & Thoracic Progressive Care Unit Nurse

Mayo Clinic Hospital – Phoenix, AZ | June 2022 - Present

- Deliver comprehensive nursing care to postoperative cardiovascular and thoracic patients in a high-acuity environment.
- Collaborate with interdisciplinary teams to implement individualized care plans, support early mobilization, and prevent complications.
- Serve as preceptor to externs, new graduates, and new hires, mentoring clinical decision-making and professional development.
- Provide patient education on cardiac medications, lifestyle modifications, and discharge instructions.

ASU Camp Nurse

Arizona State University Summer Programs – Tempe, AZ | Summer 2023, 2024

- Provided 24/7 on-site care for student campers, addressing acute illnesses, injuries, and medication management.
- Served as primary liaison between camp leadership, participants, and families regarding health concerns.

- Demonstrated leadership in emergency response, infection control, and health promotion education.

Curriculum & Innovation Projects

Curriculum Developer – "From Corazón to Care Plan: Bridging Language Gaps in Nursing" | February 2025

- Designed an innovative, culturally responsive curriculum for bilingual cardiovascular nursing care. Integrated medical Spanish, VR simulation, and interdisciplinary collaboration to enhance communication with Spanish-speaking patients.

Research & Evidence-Based Practice

Thesis: Implementing a Student-Led Holistic Nurses Chapter | *Arizona State University*, 2022

- Developed a peer-led initiative to promote student wellness and resilience through holistic nursing principles. Emphasized culturally inclusive practices, mindfulness, and community-building among nursing students.
- Publishing in the *Journal of Holistic Nursing*, presentation at the Western Institute of Nursing Regional Conference in Portland, Oregon

Community Engagement & Volunteerism

Americorps Hushabye Nursery | Phoenix, AZ, 2022 - Present

- Provided compassionate, trauma-informed care for infants experiencing Neonatal Abstinence Syndrome (NAS), supporting recovery in a specialized, nonjudgmental environment.
- Assisted nursing staff with daily care needs, including feeding, diapering, swaddling, and soothing techniques to promote infant comfort and developmental support.

Esperanza Medical Mission / Puerto Penasco American Red Cross

- Assisted with patient intake, vitals assessment, and health screenings to support surgical readiness and continuity of care.
- Provided translation support and culturally sensitive patient education in Spanish, promoting understanding of procedures, medication instructions, and post-op care.
- Engaged in global health outreach efforts, reinforcing commitment to health equity and the delivery of compassionate care across diverse communities.

Professional Skills

- Clinical preceptorship & mentorship
- Culturally competent care & Spanish-English bilingual communication
- Electronic Health Record (EHR) proficiency
- Leadership & interdisciplinary collaboration

Professional Affiliations

- American Holistic Nurses Association (AHNA) | Student Chapter Co-founder, President
- National Association of Hispanic Nurses (NAHN) | Student Outreach Committee
- American Nurses Association (ANA) | Member
- Western Institute of Nursing (WIN) | Member

References available upon request.