## Curriculum Vitae Zach Cordell

## **CONTACT INFORMATION**

Medical Studies College of Health Solutions Arizona State University Health South 500 N. 3<sup>rd</sup> St. 482A, Phoenix, AZ 85004-0698 Phone: (602) 496-1292 Email: Zach.Cordell@asu.edu CV Revised January 2025

## **LICENSE & EDUCATION**

Arizona State University	
Doctor of Leadership and Innovation, Doctoral Student	May 2023 - Current
Registered Dietitian Nutritionist	
Commission of Dietetic Registration	October 2016
Yale - New Haven Hospital	
Dietetic Internship	August 2016
University of Massachusetts Amherst	
Master of Science, Community Nutrition	May 2016
University of North Carolina at Greensboro	
Bachelor of Science, Human Nutrition and Dietetics	May 2013
PROFESSIONAL EMPLOYMENT RECORD	
Program Director - Public Health BS, Arizona State University	
Phoenix, AZ	August 2020 – Present
Associate Teaching Professor, Arizona State University	
Phoenix, AZ	August 2019 – Present
Clinical Dietitian, AdventHealth Hospital	
Daytona Beach, FL	February 2019 – July 2019
Assistant Professor, Daytona State College	
Daytona Beach, FL	August 2016 – August 2019
Dietetic Intern, Yale New Haven Hospital	
New Haven, Connecticut	September 2015 – August 2016
Graduate Teaching Assistant, University of Massachusetts Amherst	
Amherst, Massachusetts	August 2013 – December 2016

Patient Nutrition Attendant, Moses Cone Hospital Greensboro, North Carolina	May 2011 – August 2013
Intern Project Manager, Global Humanitarian Solutions Summerfield, North Carolina	May 2011 – August 2012
Health Educator, The Center for New North Carolinians, AmeriC Greensboro, North Carolina	Corps November 2010 – June 2011
Peer Educator, University of North Carolina at Greensboro Greensboro, North Carolina	December 2010 – December 2011

## **COURSES TAUGHT AT ASU**

- **HSC 210 Cultural Aspects of Health –** I have served as the course lead for in-person sections of this course since Fall of 2022. This tasked me with creating curriculum, mentoring faculty, managing the course shell, and identifying areas of improvement. Within this role I worked with faculty to create a textbook for this course.
  - o Taught 6 years
  - Fall 2019, Spring 2020, Summer 2020, Fall 2020, Spring 2021, Summer 2021, Fall 2021, Spring 2022, Summer 2021, Fall 2022, Spring 2023, Summer 2021, Fall 2023, Spring 2024, Summer 2024, Fall 2024, Spring 2025

## - CHS 340 - Health Theory

- o Taught 4 years
- o Spring 2021, Fall 2021, Spring 2022, Fall 2022, Spring 2023, Fall 2023, Spring 2024, Fall 2024, Spring 2025

## - HSC 355 – Eating for Lifelong Health

- o Taught 3 years
- o Spring 2022, Spring 2023, Fall 2023, Spring 2024, Fall 2024
- **MED 320 Applied Medical and Health Care Ethics** I served as the course lead for this course from Fall of 2019 until the Fall of 2022. Here, I rebuilt the course, identified and implemented a new textbook, adjusted assignments, and managed the course among fellow colleagues teaching the course
  - o Taught 6 years
  - o Fall 2019, Spring 2020, Fall 2020, Spring 2021, Summer 2021, Summer 2022, Summer 2023, Fall 2023, Summer 2024

## - HCD 330 - Health Care Systems in the US

- o Taught 2 years
- o Fall 2019, Spring 2020, Summer 2020, Summer 2021

## - HCD 303 - Global Health Care Systems

- o Taught 1 year
- o Fall 2020

## **UTILIZING PEER MENTORSHIP AT ASU**

- Formal Faculty Mentee through the Faculty Mentoring Committee, Simin Levinson, Fall 2023 present Related to career trajectory and professional expectations
- Formal Faculty Mentee through the Faculty Mentoring Committee, Melinda Johnson, Fall 2022 2023 Related to career trajectory and professional expectations
- Formal Faculty Mentee through the Faculty Mentoring Committee, Kathy Dixon, Fall 2019 Fall 2022 Related to career trajectory and professional expectations
- Informal Faculty Mentee, Alicia Montalvo, Fall 2022 related to future educational experiences, working as a co-lead and program director
- Informal Faculty Mentee, Elizabeth Kizer, Fall 2020 Current related to program director roles, responsibilities, and expectations
- Informal Faculty Mentee, Kristin Hoffner, Fall 2020 Current related to Vitality and Wellness Co-lead status, program director roles, University navigation
- Formal Peer Classroom Evaluation and Observation, I was observed by Michael Donovan, Spring 2023

## PEER MENTORING AT ASU

- Formal Faculty Mentoring through the Faculty Mentoring Committee, Mallory Mushaben, Fall 2022 Current
- Informal Faculty Mentoring, Rollin Medcalf, Spring 2022 Current
- Informal Faculty Mentoring, Joshua Anbar, Fall 2022 Current
- Informal Faculty Mentoring, Robert Zwarich, Fall 2022 Current
- Informal Faculty Mentoring, Neda Tavassoli, regarding HSC 210, Fall 2023 Current
- Informal Faculty Mentoring, Keith Chartier, regarding HSC 210, Fall 2023
- Informal Faculty Mentoring, Sherry Xing, regarding HSC 210, Spring 2023
- Formal Peer Classroom Evaluation and Observation, I observed Chris Ramos, Fall 2022
- Informal Peer Classroom Evaluation and Observation, I observed Joshua Anbar, Spring Fall 2022

## **STUDENT MENTORING & SUPERVISORY EXPERIENCE (AT ASU)**

Graduate Student Assistant – 13 total as of Fall 2024 Darian Fencl- Graduate Student Assistant Fall 2024, Spring 2025 Joshua Tyus – Graduate Student Assistant Spring, Summer 2024 Christine Chesney - Graduate Student Assistant Summer, Fall 2023 Yat (Jav) Chan – Graduate Student Assistant Spring 2023 Melanie Roberts-Bolton – Graduate Teaching Assistant Fall 2022, Spring 2023 Lisa London – Graduate Student Assistant Summer 2022 Chantel Renolds Vu – Graduate Student Assistant Fall 2020 - Summer 2021, Spring 2022 Spring 2020 – Fall 2020, Fall 2021 Cynthia Stumer – Graduate Student Assistant Nicholas Pasquale – Graduate Student Assistant Spring 2020 William Townsley - Graduate Student Assistant Spring 2020 Kim Cobler – Graduate Student Assistant Spring 2020 Ali Sved Haider – Graduate Student Assistant Fall 2019, Fall 2020 Judith Ware – Graduate Student Assistant Fall 2019

## Undergraduate Teaching Assistant – 8 total as of Fall 2024

0 0	
Alondra Diaz – Undergraduate Teaching Assistant	Summer 2024
Erendira Acosta – Undergraduate Teaching Assistant	Summer 2024
Ashlyn Rogers – Undergraduate Teaching Assistant	Spring 2024
Anjali Raju – Undergraduate Teaching Assistant	Spring, Fall 2023
Brianna Dougherty – Undergraduate Teaching Assistant	Summer 2023
Gabriela Anguamea Rodriguez - Undergraduate Teaching Assistant	Spring 2023
Angel Jose Sanchez – Undergraduate Teaching Assistant	Fall 2022
Rebekah Littleton – Undergraduate Teaching Assistant	Spring 2020 - Fall 2021

## Barrett Honors Director or Committee Member - 7 total as of Fall 2024

Sydney North - Barrett Thesis Committee Member Fall 2024 - Present Myleanna Vernon - Barrett Thesis Committee Member Fall 2024 - Present Karen Nguven - Barrett Thesis Committee Member Fall 2024 - Present Hannah Moton - Barrett Thesis Committee Member Fall 2023 - Spring 2024

- As the second recorder, I am working bi-weekly with Hannah to explore childhood influences on first-generation African American and Latinx students at ASU.
- Mckenna Jerpseth Barrett Thesis Committee Member
  - As the second recorder, I work bi-weekly with the student and thesis director to inform best practices surrounding literature review and qualitative interviews related to collagen and wound healing.

Anjali Raju – Barrett Thesis Director

Direct the research project in collaboration with valley health providers to identify potential patterns between medical diagnosis and hospital readmissions. We met bi-weekly to discuss the project, timeline, and best practices for her research.

Anika Mazeika - Barrett Thesis Committee Member Spring 2023 - Spring 2024

As the second reader I participate in bi-weekly meetings regarding researching experiences with traditional and western medicine among the Dine population living off the Navajo Reservation.

## Barrett Honors College Contract – 40 total as of Fall 2024

Anagh Binith - Barrett Honors College Contract Misha Tiwari - Barrett Honors College Contract Jenny Ho - Barrett Honors College Contract Karol Bueno - Barrett Honors College Contract Maria Benitez - Barrett Honors College Contract Andrew Kraemer - Barrett Honors College Contract Madeline Brooks - Barrett Honors College Contract Myleanna Vernon - Barrett Honors College Contract Parker Kiepke - Barrett Honors College Contract Maria Benitez - Barrett Honors College Contract Alyssa Warwick - Barrett Honors College Contract Jose Manzo - Barrett Honors College Contract London Gathers - Barrett Honors College Contract Yashvi Naik - Barrett Honors College Contract Hannah Moton - Barrett Honors College Contract Anjali Raju - Barrett Honors College Contract

Fall 2024 Fall 2024 Fall 2024 Fall 2024 Spring 2024 Spring 2024 Spring 2024 Fall 2023 Fall 2023 Fall 2023 Fall 2023 Spring 2023 Spring 2023 Spring 2022, Fall 2022 Fall 2022 Fall 2022

Spring 2023 - Spring 2024

Spring 2023 – Spring 2024

Darrett nonors concyc contracts (continuca)	
Karen Nguyen - Barrett Honors College Contract	Fall 2022
Araceli Morales Rodriguez - Barrett Honors College Contract	Spring 2022
Rehan Zafar - Barrett Honors College Contract	Spring 2022
Kaitlyn Nhi Kim Nguyen - Barrett Honors College Contract	Spring 2022
Jocelyn Robles - Barrett Honors College Contract	Spring 2022
Juliana Tellez - Barrett Honors College Contract	Spring 2022
Emily White - Barrett Honors College Contract	Fall 2021
Gaberiela Bravo - Barrett Honors College Contract	Fall 2021
Yolotzin Olguin-Rivera - Barrett Honors College Contract	Fall 2021
Karen Martinez Castro – Barrett Honors College Contract	Spring 2021
Ava Billera– Barrett Honors College Contract	Fall 2020
Kasra Araghi – Barrett Honors College Contract	Fall 2020
Santana Solomon – Barrett Honors College Contract	Fall 2020
Lindsay Pacheco – Barrett Honors College Contract	Fall 2020
Nicole Kuehn – Barrett Honors College Contract	Fall 2020
Elisabeth Batzli – Barrett Honors College Contract	Fall 2020
Hana Allen – Barrett Honors College Contract	Fall 2020
Jessica Carol – Barrett Honors College Contract	Fall 2020
Claire Peterson – Barrett Honors College Contract	Spring 2020
Emma Utagawa – Barrett Honors College Contract	Spring 2020
Michael Piedra Gonzalez – Barrett Honors College Contract	Spring 2020
Jennifer Duong – Barrett Honors College Contract	Spring 2020
Faith Kyaruzi – Barrett Honors College Contract	Spring 2020
Pooja Sangha – Barrett Honors College Contract	Fall 2019

#### **PROFESSIONAL DEVELOPMENT (AT ASU)**

- Doctoral Student Mary Lou Fulton Teachers College ASU- 5/23 Current
- Internship Fair 10/22/2024 1 hour
- Teacher Talk 10/18/2024 1 hour
- Inclusive Excellence Training College of Health Solutions 8/21/2024 -
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 5/13/2024 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 5/20/2024 1 hour
- Teacher Talk 4/18/2024 1 hour
- Tour ASU VR Simulation Lab 4/18/2024 30 minutes
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 4/1/2024 1 hour
- FOLC FEST Teaching and Innovation Conference 3/15/2024 5 hours
- Gen AI tools, Uses, and Integration Strategies 3/12/2024 1 hour
- ASU Health Literacy Workshop 3/27/2024 4 hours
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 3/18/2024 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 3/11/2024 1 hour
- Research and Gen AI 2/20/2024 1 hours
- DRC (Doctoral Research Conversations Workshop) MLFTC 2/21/2024 2.5 hours
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 1/25/2024 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 1/15/2024 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 1/8/2024 1 hour

- Food and Nutrition Expo Academy of Nutrition and Dietetics Commission on Dietetic Registration – 10/7-10/23 – 50 hours
- Decoding Genetics: Direct-to-Consumer Testing and Services in AZ ASU 9/14/2021 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 9/13/2023 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 8/31/2023 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 8/21/2023 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 6/12/2023 1 hour
- Arizona Academy of Nutrition and Dietetics Arizona Academy of Nutrition and Dietetics Annual Conference - Day 1 - Commission on Dietetic Registration – 5/18/23 – 3 hours
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 5/15/2023 1 hour
- Role of Exercise and Nutrition in Health and Human Performance Enhancement Richard B. Kreider – 5/11/2023 - 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 5/3/2023 1 hour
- EPA sustainability presentation Environmental Protection Agency 4/25/2023 1 hour
- Teacher Talks Student Mentoring 4/21/2023
- From Equity Talk to Equity Walk Tia McNair 4/18/2023 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 4/13/2023– 1 hour
- SEO Made Simple The Unconventional RD Bootcamp 4/1/22 24 hours
- Vitality and Wellness Workshop Best Practices for Approaching your Student Evaluations
   3/31/2023-1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 3/15/2023– 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 3/10/2023 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 2/24/2023 1 hour
- Teacher Talks ChatGPT in higher ed 2/15/2023 1 hour
- Teacher Talks Understanding & Applying Information from Annual Evaluations 2/15/2023 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 1/16/2023 1 hour
- Teacher Talks Academic integrity concerns and solutions 1/17/2023 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 1/9/2023 1 hour
- Transitioning to Plant-Forward Menus at University of Cambridge Emma Garnett 11/16/2022 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 11/3/2022 1 hour
- Role of food, sun and supplements in achieving vitamin D status in athletes
  Professor Enette Larson-Meyer 11/1/2022 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 10/26/2022 1 hour
- Healthy eating, physical activity, and life skills within high school soccer players Professor Emeritus Melinda Manore – 10/25/2022 - 1 hour
- Teacher Talks Addressing change in the workplace 10/21/2022 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 10/18/2022 1 hour
- Racial and Social Justice Discussion Group 10/17/2022 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 10/30/2022 1 hour
- Nutrition and heat: The impact of acclimatization on cellular adaptations and autophagy Professor Pope Moseley 9/27/2022 1 hour
- Racial and Social Justice Discussion Group 9/20/2022 1 hour
- The challenges of managing nutrition in the world of professional cycling Daan Hoogervorst – 9/20/2022 - 1 hour

- Arizona Academy of Nutrition and Dietetics Leadership Board Meeting 9/19/2022
- Teacher Talks Faculty habits for improving classroom engagement 9/17/2022 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting 9/12/2022 1 hour
- Racial and Social Justice Discussion Group 9/9/2022 1 hr
- Prebiotics Naturally Improve the Gut Ecosystem and Health Commission on Dietetic Registration 11/12/21 1.5 hours
- Practical Kitchen Tips for Managing Diabetes at Home Commission on Dietetic Registration 10/15/21 1 hour
- Neurocognition: Understanding Nutrition Needs and Knowledge Gaps Commission on Dietetic Registration 10/6/21 1 hour
- Nutrition and Fasting Mimicking Diets, Longevity and Rejuvenation CPEU Questions -Commission on Dietetic Registration 9/28/21 – 1 hour
- Arizona Academy of Nutrition and Dietetics Annual Conference Day 2 Commission on Dietetic Registration 7/10/20 5.5 hours
- Arizona Academy of Nutrition and Dietetics Annual Conference Day 1 Commission on Dietetic Registration - 7/9/20 – 3 hours

## PROFESSIONAL DEVELOPMENT PRIOR TO ASU

- Functional Nutrition and Nutrigenomics Volusia Academy of Nutrition and Dietetics 3/18/19 1 hour
- Bariatric surgery as an effective intervention for weight loss Volusia Academy of Nutrition and Dietetics 1/14/19 1 hour
- Public Policy if you're not at the table, you're on the Menu Academy of Nutrition and Dietetics, Commission on Dietetic Registration 11/12/18 1 hour
- Health and Size Volusia Academy of Nutrition and Dietetics 9/17/18 1 hour
- Nutrition focused physical exam and malnutrition guidelines Commission on Dietetic Registration 7/25/18 4 hours
- Nutritional care for renal patient chronic kidney disease stages 1-5 Commission on Dietetic Registration 5/21/18 1 hour
- The RD Entrepreneur Symposium: Spring 2018 Commission on Dietetic Registration 4/30/18 22 hours
- NICU Nutrition Support Commission on Dietetic Registration 3/19/18 1 hour
- Childhood Obesity Florida Department of Health County Health Systems 11/14/17- 1 hour
- Disordered eating in sport: treatment and training guidelines Commission on Dietetic Registration 11/13/17 1 hour
- Specific foods and dietary patterns that can prevent and control diabetes Florida Academy of Nutrition and Dietetics Annual Symposium, Commission on Dietetic Registration 7/18/17 1 hour
- Myths, presumptions and facts about obesity: where might they come from and what can we do? - Florida Academy of Nutrition and Dietetics Annual Symposium, Commission on Dietetic Registration - 7/16/17 – 1 hour
- Healthiest weight Florida and Integrating Yoga into your Nutrition and Dietetics Practice -Florida Academy of Nutrition and Dietetics Annual Symposium, Commission on Dietetic Registration - 7/16/17 - 1 hour
- The saturated fat paradox Florida Academy of Nutrition and Dietetics Annual Symposium, Commission on Dietetic Registration 7/16/17 1 hour

- Breaking the Trifecta: Binge eating, obesity, and food addiction Florida Academy of Nutrition and Dietetics Annual Symposium, Commission on Dietetic Registration - 7/16/17
   – 1 hour
- The focus formula: how to master your morning, double your productivity, and get your life back - Florida Academy of Nutrition and Dietetics Annual Symposium, Commission on Dietetic Registration - 7/15/17 – 1 hour
- Preventing Medical Errors and Dietetic Practice Florida Academy of Nutrition and Dietetics Annual Symposium, Commission on Dietetic Registration - 7/15/17 – 2 hours
- Ethics for the nutrition professional Florida Academy of Nutrition and Dietetics Annual Symposium, Commission on Dietetic Registration 7/15/17 1.5 hours
- Leadership: Coaching and Communicating with Confidence Academy National Sponsors 7/8/17 1 hour
- Hidden Dangers in Foods Mark Pettus, MD, FACP, ABHM with functional formularies 6/29/17 1 hour
- Medical Errors Prevention Quantum Units Education 5/5/17 2 hours
- HIV AIDS Vista Continuing Education 4/14/17 3 hours
- How does research fit into the RDN's practice? Carol Elliot, RDN, LDN & Volusia Academy of Nutrition and Dietetics 3/21/17 1 hours
- Telehealth for Dietitians Erica Jain, CEO of Healthie 1/17/17 1 hour
- An Overview of Cultural Competency: Focusing on Cultural Awareness Abbott Nutrition Health Institute. - 11/28/16 – 1 hour
- Perioperative GI Nutrition: Colectomy Nutritional Implications Abbott Nutrition Health Institute - 11/15/16 – 1 hour

## ACADEMIC SERVICE

## <u>College level</u>

## **Community Building Committee**

 Meets monthly to discuss plans for the College of Health Solutions as it relates to a more connected, empowered, and collaborative organization. Focused on building the culture of CHS post COVID and working cross-committee with SELI, Vitality and Wellness, DEIJ, and Staff Success Hub.

## **Faculty Vitality and Wellness Committee**

Co-Chair Fall 2020 – Spring 2024
 Meet monthly to prepare, administer, and analyze findings from a climate survey throughout the College of Health Solutions. Findings were presented to leadership along with action points to improve faculty vitality and wellness. Post-COVID have shifted towards implementing programs to engage faculty in the workplace.

## Member of the Mentor/Mentee Program

- Participate as a mentee receiving guidance and insights to best practices within higher education, steps towards promotion, and opportunities for growth. I also serve as a mentor to incoming faculty to help them establish their teaching load, familiarize themselves with the College of Health Solutions, and stand as a resource to connect faculty with opportunities within the College.

## Spring 2024 - Present

## Fall 2019 - Present

Fall 2019 – Present

## **Executive Chair Committee Member**

- Acted as the liaison for the Vitality and Wellness committee to the Executive Chair committee. Here major committees with a broader impact on the college shared concerns, updates, and opportunities for collaboration and growth.

## **Global Health Experiential Learning Group**

- Addressed opportunities related to the COIL network for faculty who are not traveling abroad to still be able to partner with faculty and students across the globe, giving students international experiences.

## **Global Education Committee**

- Reviewed current practices and potential opportunities for collaboration or engagement between faculty, other universities, and streamlined the process to encourage more faculty to utilize study abroad.

## **United Way College Representative**

- We worked with the college as the representative to the greater United Way initiative by ASU to facilitate employee community engagement and care.

## **Faculty Awards Committee**

- Meet monthly to discuss criteria, administer surveys, review nominees, and award annual faculty awards for teaching and mentoring.

## Personnel Ad Hoc Annual Review Committee

- Through the Spring semester, over the course of 2 months we meet weekly to review annual evaluation materials for career track faculty (lecturers/instructors/teaching professors) prior to submitting documentation to leadership for finalization.

## DEIJ Ad hoc committee for promotion criteria

- Worked with faculty on revising the promotion criteria for career track teaching faculty to ensure that justice, equity, diversity, and inclusion was all present

## **Population Health Graduate Hiring Committee**

- Participated with a hiring committee to interview 16 applicants and identify 3 full-time faculty members to join the growing population health PhD program.

## <u>Program level</u>

## Public Health BS Program Director

- I combined the Population Health and Public Health bachelor's degrees. Upon that combination, I rebuilt the Public Health degree to provide more focus to public health professional areas, increase marketability, addressed course organization to help student success early in their academic career, increase ease of transferring into the program, and provide more clarity to students regarding future opportunities. Aside from these changes, I schedule faculty to teach courses, monitor faculty teaching loads, file academic reports, manage UOEEE alignment, review course development, and serve on Population Health

## Fall 2020 - Spring 2024

## Fall 2023 - Spring 2024

Fall 2023 - Spring 2024

## Fall 2022-Fall 2024

## Fall 2019 - Spring 2024

## Fall 2019 – Spring 2021

## Fall 2022 – Spring 2023

#### **Spring – Fall 2022** ck teaching faculty to

Fall 2020 – Spring 2025

**Fall 2021 – Spring 2022** 

hiring committees. I created, facilitated and worked with student success to plan two separate "Pub and Pop Trivia Night" for student engagement in the Spring and Fall of 2024.

## **Population/Public Health Area Committee Co-Lead**

Meet twice a semester to inform and standardize practices amongst faculty in the following degrees: public health, healthy lifestyles and health education, health promotion, health education, and the international public health bachelor's degrees, and population health (master's and doctoral degrees)

**Nutrition Curriculum Committee** Spring 2023 - Present HSC/MED/HCAP Curriculum Committee Fall 2019 - Present

## **The Learning Commons**

## **Co-Lead of Health and Wellness Domain during COVID**

Created a resource document to help faculty and staff identify areas of opportunities during COVID to best maintain vitality and wellness. This document was shared University wide and became a document shared publicly.

## **PROFESSIONAL SERVICE (AT ASU)**

## Arizona Academy of Nutrition and Dietetics, Treasurer Phoenix, AZ

In this role I meet with the AZAND leadership board bi-monthly, operate the annual budget, including income and expenses, and assist with planning the annual state-wide nutrition conference.

## **Cultivate Professional Mentoring for Dietetic Students University of Arizona**

Presented alongside other nutrition professionals to discuss future careers within the nutrition profession and to provide networking opportunities to nutrition students.

## **Diversity Dietetics Meetup**

## **Central Arizona Academy of Nutrition and Dietetics**

Participated in meetings to promote, and discuss the need for, diversity within the nutrition profession, specifically as a male in a 96% female career field.

## **Scholarship Creation**

Arizona State University

worked directly with a textbook publisher to create a multi-year scholarship available to working undergraduate students preparing to enter the healthcare field.

## **PROFESSIONAL SERVICE (PRIOR TO ASU)**

Volusia Academy of Nutrition and Dietetics, Public Policy Chair

## December 2021- Fall 2024

## September 2022

## May 2023-Curent

**Fall 2019 – Spring 2021** 

**Spring 2020 – Spring 2021** 

# Fall 2022 – Spring 2025

November 2022

Volusia County, FL August 201 Volusia Academy of Nutrition and Dietetics, Committee Chair Member and Secretary	18 – July 2019 v
Volusia County, FL August 2017 -	
Member of Board of Directors and Clerk, Secretary, Health Community South Hadley	-
South Hadley, MA May 201	4 – May 2015
Curriculum Committee Student Representative, University of Massachusetts Amher	st
Amherst, MA August 201	3 – May 2015
Students in Graduate Nutrition Organization, Secretary	
Amherst, MA May 201	4 – May 2015
PROFESSIONAL PRESENTATIONS AT ASU	
Mindful Eating	Nov 2024
ASU Food Law Society Phoenix, AZ	NOV 2024
"Treating People, Not Diagnoses: The Power of Cultural Humility"	
"Can I Get a Retake" Podcast Interview	April 2024
"Health Beyond Borders: A Cultural Exploration"	-
"Unfiltered Wellness" Podcast Interview	April 2024
Youth Optics and Exploration of Dairy	
Herd That ® Arizona Dairy Council Conference	Marsh 2024
Chandler, AZ CDC: Racial, ethnic groups shoulder more negative health effects from u	March 2024
KJZZ Interview with Kirsten Dorman	innet neeus
Phoenix, AZ	March 2024
Faculty Connection in a Virtual Work Environment	
FolcFest, Arizona State University	
	ebruary 2024
Leveraging the Virtual Landscape to Foster Connections Among Univers	sity Faculty
Members	(TCDC)
Arizona State University, 10th Annual Teachers college Doctoral Council Conference Tempe, AZ	February 2024
Understanding Health at Every Size	rebruary 2024
Arizona State University, College of Health Solutions, Employee Wellness	
Phoenix, AZ (Scheduled)	Nov. 2023
Fresh Start: Intersecting Culinary, Behavioral Support, and Social Deter	minants
of Health to Optimize Diabetes Self-Management: Moderator	
Academy of Nutrition and Dietetics, Food and Nutrition Conference and Expo Denver, CO (Scheduled)	October 2023
Cultural Humility in Dietetics	
Arizona Academy of Nutrition and Dietetics Phoenix, AZ	May 2023
Nutrition in Public Health	
Arizona State University, Population Health 101 Phoenix, AZ	April 2023
Leadership Reflection	
Arizona Academy of Nutrition and Dietetics	July 2022

Phoenix, AZ	
Series on Faith Culture and Health	
BYU Education Week – Scheduled to present, unable to attend Provo, UT	August 2021
Culture and Care	
Arizona Academy of Nutrition and Dietetics	July 2020
Phoenix, AZ	, ,
Series on Faith Culture and Health	
BYU Education Week– Cancelled due to COVID	August 2020
Provo, UT	0
Food, Faith and Science	
International Congress of Dietetics – Cancelled due to COVID	August 2020
Johannesburg, South Africa	
Raising a Healthy Family in a Health Obsessed World	
Brigham Young University – Education Week	August 2019
Provo, UT	C
Approaching Health with an Eternal Perspective	
Brigham Young University – Education Week	August 2019
Provo, UT	
Brigham Young University Idaho – Education Week	August 2019
Rexburg, ID	
Understanding the Majesty of Our Bodies in Mortality	
Brigham Young University – Education Week	August 2019
Provo, UT	
Brigham Young University Idaho – Education Week	August 2019
Rexburg, ID	
Food, Faith, Culture and Science	
Sunstone Symposium	August 2019
Sandy, UT	
Exploring Faith, Culture and Food Behaviors	
Brigham Young University – Education Week	August 2019
Provo, UT	
Brigham Young University Idaho – Education Week	July 2019
Rexburg, ID	
PROFESSIONAL PRESENTATIONS (PRIOR TO ASU)	
Putting Taboo on the Table in Educational Settings	
Stetson University Colloquium on Learning	A 1 2010
Deland, FL	April 2019
Daytona State College Academic Excellence Symposium	Fohmom 2010
Daytona Beach, FL Health and Size	February 2019
Volusia Academy of Nutrition and Dietetics	Sontombor 2010
Daytona Beach, FL Weight What Bias	September 2018
Stetson University Colloquium on Learning	
Deland, FL	April 2018
	April 2010

Cholesterol and You		
New Spring Chiropractic Palm Coast, FL		February 2018
Secret Window of Higher Educat Daytona State College Academic Excellence Syr Daytona Beach, FL The Closet Monster of Body Imag Elevate Daytona	nposium	February 2018
	iversity Awareness of Type 2 Diabe	January 2018 tes
Connecticut Academy of Nutrition and Dietetic Meriden, CT Review of Program Evaluation at	s : Triad Adult and Pediatric Medicine	Spring 2016
North Carolina Academy of Nutrition and Diete Pinehurst, NC Vitamin D intake in African Imm	etics Annual Meeting igrants and Refugees	Spring 2013
University of North Carolina at Greensboro Co Greensboro, NC	nmunity Based Research Colloquiu	m Spring 2013
HONORS AND AWARDS (AT ASU) Professor of Impact Award, Student Awarde Sun Award, Colleague Awarded for Leaders Sun Award, Colleague Awarded for Student Sun Award, Colleague Awarded for Leaders Professor of Impact Award, Student Awarde Professor of Impact Award, Student Awarde Faculty Mentor Award Nominee Sun Award, Colleague Awarded for engagen Rookie of the Year, College of Health Solutio	hip within Vitality and Wellness ( Arizona State U outreach Arizona State U hip Engagement with Vitality and Arizona State U ed Arizona State U Arizona State U Arizona State U Arizona State U	Committee niversity, 2024 niversity, 2024 Wellness niversity, 2023 niversity, 2023 niversity, 2023 niversity, 2022 niversity, 2021
HONORS AND AWARDS (PRIOR TO ASU) Dr. John Guthrie Jr. Award for Research and Pro Recognized Young Dietitian of the Year Distinguished Teaching Award Nominee Peter Pellett Scholarship for International Nutr Golden Chain Honors Society Disciplinary Honors Jay Allen Scholarship for Dietetics	Florida Academy of Nutrition and University of Massa	achusetts, 2014 achusetts, 2014 eensboro, 2013 eensboro, 2013
<u>CERTIFICATES (AT ASU)</u> Registered Dietitian Nutritionist – Renewed ACUE – Online Educator Training	l Prof. Credential (5-year cycle)	June 2022 April 2020
<u>CERTIFICATES (PRIOR TO ASU)</u> Quality Matters - Online Educator Training		May 2018

Quality Matters - Online Educator Training

LEAD development program	May 2018
Writing Across the Curriculum, Writing-in-the-Disciplines	May 2017
Introduction to Cultural Competency and Title VI	Public Health Foundation, 2014
Social and Behavioral Research Investigators and Key Personnel	CITI Program, 2014
Social and Behavioral Responsible Conduct of Research Course 1	CITI Program, 2011
Institutional Review Board Members	CITI Program, 2011

#### **PROFESSIONAL AFFILIATIONS (AT ASU)**

Academy of Nutrition and Dietetics Arizona Academy of Nutrition and Dietetics Central Arizona Academy of Nutrition and Dietetics Society for Public Health Education

#### PROFESSIONAL AFFILIATIONS (PRIOR TO ASU)

Florida Academy of Nutrition and Dietetics Volusia Academy of Nutrition and Dietetics Connecticut Academy of Nutrition and Dietetics Massachusetts Academy of Nutrition and Dietetics North Carolina Academy of Nutrition and Dietetics January 2010 - Current July 2019 - Current July 2019 - Current June 2020 - June 2022

August 2016 – July 2019 August 2016 – July 2019 May 2015 – May 2016 May 2013 – May 2015 January 2010-May 2013

#### **PUBLICATIONS (AT ASU)**

"Culture and Health: An Introduction for Future Health Professionals" – Great River Learning Textbook Publishing – June 2021 – ISBN: 9781644965443

"Raising a Healthy Family in a Health-Obsessed World" – Ensign Magazine Article – September 2020

<u>PUBLICATIONS (PRIOR TO ASU)</u> "40 Days: A Diet Devotional" – Kindle Direct Publishing – July 2019

"The Creation Code: God's Blueprint for Creating the Future You Want" – Kindle Direct Publishing –December 2018

"Analysis of Child Food Requests and Maternal Compliance in Low-income Hispanic and Non-Hispanic Families" – Authors: Amber Haroldson, Zachary Cordell and Lauren Haldeman First published online September 8<sup>th</sup> 2015 - Family and Consumer Sciences Research Journal (Awarded "Best Paper in Foods and Nutrition" published in this journal for year 2015)

## **RESEARCH EXPERIENCE**

Graduate Researcher, Arizona State University (AT ASU)

Phoenix Arizona

#### May 2023 - May 2026

- Exploring faculty experience, expectations, and perspectives on connectedness in a post-COVID semi-virtual work environment

Graduate Researcher, University of Massachusetts Amherst

Amherst, Massachusetts

August 2014 – May 2016

- Evaluated awareness of risk factors of type 2 diabetes in university affiliated individuals

Graduate Research Assistant, University of Massachusetts Amherst Amherst, Massachusetts Au

Amherst, Massachusetts
 August 2014 – September 2014
 Created and delivered cross-cultural coursework for young women of Cambodian heritage to increase vegetable consumption and cooking self-efficacy.

Undergraduate Researcher, University of North Carolina at Greensboro Greensboro, North Carolina August 2012 – August 2013

- Evaluated Vitamin D intake levels in African immigrants and refugees residing in North Carolina.

Undergraduate Research Assistant, University of North Carolina at Greensboro Greensboro, North Carolina August 2011 – August 2013

- Evaluated the use of child language brokering and its influence on family food choices in Latino populations.