Zach Cordell EdD, MS, RDN

CONTACT INFORMATION
Associate Teaching Professor
College of Health Solutions – Arizona State University
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CV Revised Oct 2026

LICENSE & EDUCATION

Arizona State University
Doctor of Leadership and Innovation — May 2023 - May 2026
Registered Dietitian Nutritionist
Commission of Dietetic Registration — October 2016
Yale - New Haven Hospital
Dietetic Internship — August 2016
University of Massachusetts Amherst
Master of Science, Community Nutrition — May 2016
University of North Carolina at Greensboro
Bachelor of Science, Human Nutrition and Dietetics — May 2013

PROFESSIONAL EMPLOYMENT RECORD

Associate Teaching Professor, Arizona State University
Phoenix, AZ — June 2024 – Current
Academic Program Director - Public Health BS, Arizona State University
Phoenix, AZ — August 2020 – May 2025
Assistant Teaching Professor, Arizona State University
Phoenix, AZ — August 2019 – May 2024
Assistant Professor, Daytona State College
Daytona Beach, FL — August 2016 – August 2019
Clinical Dietitian, AdventHealth Hospital
Daytona Beach, FL — February 2019 – July 2019
Dietetic Intern, Yale New Haven Hospital
New Haven, Connecticut — September 2015 – August 2016
Graduate Teaching Assistant, University of Massachusetts Amherst
Amherst, Massachusetts — August 2013 – December 2016
Patient Nutrition Attendant, Moses Cone Hospital
Greensboro, North Carolina — May 2011 – August 2013

PROFESSIONAL EMPLOYMENT RECORD (Continued)

Intern Project Manager, Global Humanitarian Solutions
Summerfield, North Carolina — May 2011 – August 2012

Health Educator, The Center for New North Carolinians, AmeriCorps
Greensboro, North Carolina — November 2010 – June 2011

Peer Educator, University of North Carolina at Greensboro
Greensboro, North Carolina — December 2010 – December 2011

PROFESSIONAL AFFILIATIONS

Academy of Nutrition and Dietetics	January 2010 – Current
Arizona Academy of Nutrition and Dietetics	July 2019 - Current
Central Arizona Academy of Nutrition and Dietetics	July 2019 - Current
Society for Public Health Education	June 2020 – June 2022
Florida Academy of Nutrition and Dietetics	August 2016 – July 2019
Volusia Academy of Nutrition and Dietetics	August 2016 – July 2019
Connecticut Academy of Nutrition and Dietetics	May 2015 – May 2016
Massachusetts Academy of Nutrition and Dietetics	May 2013 – May 2015
North Carolina Academy of Nutrition and Dietetics	January 2010-May 2013

CERTIFICATES

Registered Dietitian Nutritionist – Renewed Prof. Credential (5-year cycle)	June 2022
ACUE – Online Educator Training	April 2020
Quality Matters - Online Educator Training	May 2018
LEAD development program	May 2018
Writing Across the Curriculum, Writing-in-the-Disciplines	May 2017
Introduction to Cultural Competency and Title VI	Public Health Foundation, 2014
Social and Behavioral Research Investigators and Key Personnel	CITI Program, 2014
Social and Behavioral Responsible Conduct of Research Course 1	CITI Program, 2011
Institutional Review Board Members	CITI Program, 2011

COURSES TAUGHT

- **HSC 210 – Cultural Aspects of Health –** I have served as the course lead for in-person sections of this course since Fall of 2022. This tasked me with creating curriculum, mentoring faculty, managing the course shell, and identifying areas of improvement. Within this role, I worked with faculty to create a textbook for this course.
    - Taught 6 years
    - Fall 2019, Spring 2020, Summer 2020, Fall 2020, Spring 2021, Summer 2021, Fall 2021, Spring 2022, Summer 2021, Fall 2022, Spring 2023, Summer 2021, Fall 2023, Spring 2024, Summer 2024, Fall 2024, Spring 2025, Summer 2025, Fall 2025, Spring 2026, Summer 2026

- **CHS 340 – Health Theory**
    - Taught 4 years
    - Spring 2021, Fall 2021, Spring 2022, Fall 2022, Spring 2023, Fall 2023, Spring 2024, Fall 2024, Spring 2025, Fall 2025, Spring 2026

COURSES TAUGHT (Continued)

- **HSC 355 – Eating for Lifelong Health** - I helped to transition this course from an online to an in-person course. I updated this course by altering assignments, generating flipped classroom activities, and creating lectures.
    - Taught 3 years
    - Spring 2022, Spring 2023, Fall 2023, Spring 2024, Fall 2024, Fall 2025

- **NTR 241 - Human Nutrition -** I led this course for nursing students, generated active learning assignments, worked with the publisher for interactive e-text assignments, and developed lectures for the nursing students taking the course.
    - Taught Spring 2025, Spring 2026

- **HUN 1201 - Human Nutrition at Daytona State College** - Worked with the course lead to rewrite quiz questions, adopt new textbooks, generate new assignments, create in-class activities, and update lectures.
    - Taught for 3 years
    - Fall 2016, Spring 2017, Summer 2017, Fall 2017, Spring 2018, Summer 2018, Fall 2018, Spring 2019, Summer 2019

- **NTR 130 - Nutrition for a Healthy Lifestyle -** Was the lead for the discussion-based lab sections of this course as a graduate student. I led sections, discussed recommendations for course layout and assignment updates with the lead instructor.
    - Taught 2 years
    - Fall 2013, Spring 2014, Fall 2014, Spring 2015

- **MED 320 – Applied Medical and Health Care Ethics -** I served as the course lead for this course from Fall of 2019 until Fall of 2022. Here, I rebuilt the course, identified and implemented a new textbook, adjusted assignments, and managed the course among fellow colleagues teaching the course
    - Taught 6 years
    - Fall 2019, Spring 2020, Fall 2020, Spring 2021, Summer 2021, Summer 2021, Summer 2022, Summer 2023, Fall 2023, Summer 2024, Summer 2025, Summer 2026

- **HCD 330 – Health Care Systems in the US**
    - Taught 2 years
    - Fall 2019, Spring 2020, Summer 2020, Summer 2021

- **HCD 303 – Global Health Care Systems**
    - Taught 1 year
    - Fall 2020

RESEARCH EXPERIENCE

Doctoral Dissertation, Arizona State University
Phoenix, Arizona May 2025 – May 2026

- Conducted a 5-part workshop series aimed at upskilling entry- and mid-level leaders to use best practices for leading virtual meetings to maintain productivity and increase workplace connection.

Graduate Student Researcher, Arizona State University
Phoenix, Arizona May 2024 – May 2025

- Continuing with the use of action research, I expanded my research using a mixed-methods action research approach. This included a pre- and post-survey, as well as an intervention consisting of a workshop aimed at increasing awareness of the importance of connection in a virtual workspace. This sought to increase motivation to change behaviors and utilized autonomy to enable faculty to identify opportunities for connection in the virtual higher education workspace.

Graduate Student Researcher, Arizona State University
Phoenix, Arizona May 2023 – May 2024

- Using action research, I performed qualitative research exploring faculty experience, expectations, and perspectives on connectedness in a post-COVID semi-virtual work environment

Graduate Researcher, University of Massachusetts Amherst
Amherst, Massachusetts August 2014 – May 2016

- Evaluated awareness of risk factors of type 2 diabetes in university-affiliated individuals

Graduate Research Assistant, University of Massachusetts Amherst
Amherst, Massachusetts August 2014 – September 2014

- Created and delivered cross-cultural coursework for young women of Cambodian heritage to increase vegetable consumption and cooking self-efficacy.

Undergraduate Researcher, University of North Carolina at Greensboro
Greensboro, North Carolina August 2012 – August 2013

- Evaluated Vitamin D intake levels in African immigrants and refugees residing in North Carolina.

Undergraduate Research Assistant, University of North Carolina at Greensboro
Greensboro, North Carolina August 2011 – August 2013

- Evaluated the use of child language brokering and its influence on family food choices in Latino populations.

ACADEMIC SERVICE - *College level*

Community Building Committee Spring 2024 - Present

- Meets monthly to discuss plans for the College of Health Solutions as it relates to a more connected, empowered, and collaborative organization. Focused on building the culture of CHS post-COVID and working cross-committee with SELI, Vitality and Wellness, DEIJ, and Staff Success Hub.

Faculty Vitality and Wellness Committee Fall 2019 – Present
Co-Chair Fall 2020 – Spring 2024

- Meet monthly to prepare, administer, and analyze findings from a climate survey throughout the College of Health Solutions. Findings were presented to leadership along with action points to improve faculty vitality and wellness. Post-COVID, the focus has shifted towards implementing programs to engage faculty in the workplace.

Member of the Mentor/Mentee Program Fall 2019 – Present

- Participate as a mentee receiving guidance and insights to best practices within higher education, steps towards promotion, and opportunities for growth. I also serve as a mentor to incoming faculty to help them establish their teaching load, familiarize themselves with the College of Health Solutions, and stand as a resource to connect faculty with opportunities within the College.

Executive Chair Committee Member Fall 2020 - Spring 2024

- Acted as the liaison for the Vitality and Wellness committee to the Executive Chair committee. Here, major committees with a broader impact on the college shared concerns, updates, and opportunities for collaboration and growth.

Global Health Experiential Learning Group Fall 2023 - Spring 2024

- Addressed opportunities related to the COIL network for faculty who are not traveling abroad to still be able to partner with faculty and students across the globe, giving students international experiences.

Global Education Committee Fall 2023 - Spring 2024

- Reviewed current practices and potential opportunities for collaboration or engagement between faculty, other universities, and streamlined the process to encourage more faculty to utilize study abroad.

United Way College Representative Fall 2022-Fall 2024

- We worked with the college as the representative to the greater United Way initiative by ASU to facilitate employee community engagement and care.

Faculty Awards Committee Fall 2019 – Spring 2024

- Meet monthly to discuss criteria, administer surveys, review nominees, and award annual faculty awards for teaching and mentoring.

ACADEMIC SERVICE - *College level* *(Continued)*

Personnel Ad Hoc Annual Review Committee Fall 2019 – Spring 2021
Fall 2022 – Spring 2023

- Through the Spring semester, over the course of 2 months, we meet weekly to review annual evaluation materials for career track faculty (lecturers/instructors/teaching professors) prior to submitting documentation to leadership for finalization.

DEIJ Ad hoc committee for promotion criteria Spring – Fall 2022

- Worked with faculty on revising the promotion criteria for career track teaching faculty to ensure that justice, equity, diversity, and inclusion were all present

Population Health Graduate Hiring Committee Fall 2021 – Spring 2022

- Participated with a hiring committee to interview 16 applicants and identify 3 full-time faculty members to join the growing population health PhD program.

Public Health BS Program Director Fall 2020 – Spring 2025

- I combined the Population Health and Public Health bachelor's degrees. Upon that combination, I rebuilt the Public Health degree to provide more focus to public health professional areas, increase marketability, address course organization to help student success early in their academic career, increase ease of transferring into the program, and provide more clarity to students regarding future opportunities. I also managed faculty schedules, monitored teaching loads, filed academic reports, managed UOEEE alignment, reviewed course development, and served on Population Health hiring committees. I created, facilitated, and worked with student success to plan two separate "Pub and Pop Trivia" nights for student engagement in the Spring and Fall of 2024.

Population/Public Health Area Committee Co-Lead Fall 2022 – Spring 2025

- Meet twice a semester to inform and standardize practices amongst faculty in the following degrees: public health, healthy lifestyles and health education, health promotion, health education, and the international public health bachelor's degrees, and population health (master's and doctoral degrees)

Nutrition Curriculum Committee Spring 2023 - Present

HSC/MED/HCAP Curriculum Committee Fall 2019 - Present

The Learning Commons Fall 2019 – Spring 2021

Co-Lead of Health and Wellness Domain during COVID Spring 2020 – Spring 2021

- Created a resource document to help faculty and staff identify areas of opportunity during COVID to best maintain vitality and wellness. This document was shared university-wide and became a publicly shared document.

PROFESSIONAL SERVICE

Arizona Academy of Nutrition and Dietetics, Treasurer
Phoenix, AZ December 2021- Fall 2024

- I met with the AZAND leadership board bi-monthly, operate the annual budget, including income and expenses, and assist with planning the annual state-wide nutrition conference.

Cultivate Professional Mentoring for Dietetic Students
University of Arizona November 2022, November 2023

- Presented alongside other nutrition professionals to discuss future careers within the nutrition profession and to provide networking opportunities to nutrition students.

Diversity Dietetics Meetup
Central Arizona Academy of Nutrition and Dietetics September 2022

- Participated in meetings to promote and discuss the need for diversity within the nutrition profession, specifically as a male in a 96% female career field.

GRL / Cordell Culture in Healthcare Scholarship Creation May 2023 - Current
Arizona State University

- Worked directly with a textbook publisher to create a multi-year scholarship available to working undergraduate students preparing to enter the healthcare field.

Volusia Academy of Nutrition and Dietetics, Public Policy Chair
Volusia County, FL August 2018 – July 2019
Volusia Academy of Nutrition and Dietetics, Committee Chair Member and Secretary
Volusia County, FL August 2017 – August 2018
Member of the Board of Directors and Clerk, Secretary, Health Community South Hadley
South Hadley, MA May 2014 – May 2015
Curriculum Committee Student Representative, University of Massachusetts Amherst
Amherst, MA August 2013 – May 2015
Students in the Graduate Nutrition Organization, Secretary
Amherst, MA May 2014 – May 2015

PROFESSIONAL PRESENTATIONS

The Role of Virtual Work in Maintaining Connection
ASU Enterprise Technology - Speaker Spotlight Series
Tempe, AZ September 2026

Leading Teams in Virtual Spaces
Council for Inclusive Excellence - Sharing Inclusive Practices (SIP) Journal Club
Phoenix, AZ August 2026

The Role of Virtual Work in Maintaining Connection - Arizona College and University Professionals Association - Human Resources (AZ- CUPA HR) Conference
Phoenix, AZ July 2026

PROFESSIONAL PRESENTATIONS (Continued)

The Doctoral Journey [Invited presentation]. Doctor of Education in Leadership and Innovation Pathways Forum at Arizona State University
Phoenix, Arizona. May 2026

Veni, Vidi, Virtual Work- Understanding and Succeeding in Remote Work
ASU College of Integrated Science and Arts March 2026

Facilitating Connectedness in Virtual Meetings: How Training for University Leaders Impacts Meeting Practices for Engagement and Connection - Dissertation Defense
Mary Lou Fulton Teacher College of Leadership and Innovation at Arizona State University
Phoenix, AZ March 2026

Heartwired: Designing Virtual Meetings That Foster Faculty Connection and Engagement - 5-part Workshop Series
Mary Lou Fulton Teacher College of Leadership and Innovation at Arizona State University
Phoenix, AZ October 2025

Milestones & Milk: Essential Dairy Tips for the Seven Major Chapters of Life
Annual Clinical Education Conference for Arizona Academy of Family Physicians April 2025
Phoenix, AZ

Virtual Interaction and Building Engagement in a Virtual Higher Education Workplace
Arizona State University
Tempe, AZ March 2025

Mindful Eating
ASU Food Law Society Nov 2024
Phoenix, AZ

"Treating People, Not Diagnoses: The Power of Cultural Humility"
"Can I Get a Retake" Podcast Interview April 2024

"Health Beyond Borders: A Cultural Exploration"
"Unfiltered Wellness" Podcast Interview April 2024

Youth Optics and Exploration of Dairy
Herd That ® Arizona Dairy Council Conference
Chandler, AZ March 2024

CDC: Racial, ethnic groups shoulder more negative health effects from unmet needs
KJZZ Interview with Kirsten Dorman
Phoenix, AZ March 2024

Faculty Connection in a Virtual Work Environment
FolcFest, Arizona State University
Tempe, AZ February 2024

Leveraging the Virtual Landscape to Foster Connections Among University Faculty Members
Arizona State University, 10th Annual Teachers College Doctoral Council Conference (TCDC)
Tempe, AZ February 2024

Understanding Health at Every Size
Arizona State University, College of Health Solutions, Employee Wellness
Phoenix, AZ (Scheduled) Nov. 2023

PROFESSIONAL PRESENTATIONS (Continued)

Fresh Start: Intersecting Culinary, Behavioral Support, and Social Determinants of Health to Optimize Diabetes Self-Management: Moderator
Academy of Nutrition and Dietetics, Food and Nutrition Conference and Expo
Denver, CO — October 2023

Cultural Humility in Dietetics
Arizona Academy of Nutrition and Dietetics — May 2023
Phoenix, AZ

Nutrition in Public Health
Arizona State University, Population Health 101 — April 2023
Phoenix, AZ

Leadership Reflection
Arizona Academy of Nutrition and Dietetics — July 2022
Phoenix, AZ

Series on Faith, Culture, and Health
BYU Education Week – Scheduled to present, unable to attend — August 2021
Provo, UT

Culture and Care
Arizona Academy of Nutrition and Dietetics — July 2020
Phoenix, AZ

Series on Faith, Culture, and Health
BYU Education Week– Canceled due to COVID — August 2020
Provo, UT

Food, Faith, and Science
International Congress of Dietetics – Canceled due to COVID — August 2020
Johannesburg, South Africa

Raising a Healthy Family in a Health-Obsessed World
Brigham Young University – Education Week — August 2019
Provo, UT

Approaching Health with an Eternal Perspective
Brigham Young University – Education Week — August 2019
Provo, UT
Brigham Young University Idaho – Education Week — August 2019
Rexburg, ID

Understanding the Majesty of Our Bodies in Mortality
Brigham Young University – Education Week — August 2019
Provo, UT
Brigham Young University Idaho – Education Week — August 2019
Rexburg, ID

Food, Faith, Culture, and Science
Sunstone Symposium — August 2019
Sandy, UT

PROFESSIONAL PRESENTATIONS (Continued)

Exploring Faith, Culture, and Food Behaviors
Brigham Young University – Education Week August 2019
Provo, UT
Brigham Young University Idaho – Education Week July 2019
Rexburg, ID
Putting Taboo on the Table in Educational Settings
Stetson University Colloquium on Learning
Deland, FL April 2019
Daytona State College Academic Excellence Symposium
Daytona Beach, FL February 2019
Health and Size
Volusia Academy of Nutrition and Dietetics
Daytona Beach, FL September 2018
Weight… What Bias
Stetson University Colloquium on Learning
Deland, FL April 2018
Cholesterol and You
New Spring Chiropractic
Palm Coast, FL February 2018
Secret Window of Higher Education
Daytona State College Academic Excellence Symposium
Daytona Beach, FL February 2018
The Closet Monster of Body Image
Elevate Daytona
Daytona Beach, FL January 2018
Research Findings Regarding University Awareness of Type 2 Diabetes
Connecticut Academy of Nutrition and Dietetics
Meriden, CT Spring 2016
Review of Program Evaluation at Triad Adult and Pediatric Medicine
North Carolina Academy of Nutrition and Dietetics Annual Meeting
Pinehurst, NC Spring 2013
Vitamin D Intake in African Immigrants and Refugees
University of North Carolina at Greensboro Community-Based Research Colloquium
Greensboro, NC Spring 2013

MENTORING

UTILIZING PEER MENTORSHIP

- Formal Faculty Mentee through the Faculty Mentoring Committee, Deborah Helitzer, Fall 2025 – present – Related to career trajectory and professional expectations
- Formal Faculty Mentee through the Faculty Mentoring Committee, Simin Levinson, Fall 2023 – present – Related to career trajectory and professional expectations
- Formal Faculty Mentee through the Faculty Mentoring Committee, Melinda Johnson, Fall 2022 – 2023 – Related to career trajectory and professional expectations

UTILIZING PEER MENTORSHIP (Continued)

- Formal Faculty Mentee through the Faculty Mentoring Committee, Kathy Dixon, Fall 2019 – Fall 2022 – Related to career trajectory and professional expectations
- Informal Faculty Mentee, Alicia Montalvo, Fall 2022 – related to future educational experiences, working as a co-lead and program director
- Informal Faculty Mentee, Elizabeth Kizer, Fall 2020 – Current – related to program director roles, responsibilities, and expectations
- Informal Faculty Mentee, Kristin Hoffner, Fall 2020 – Current – related to Vitality and Wellness Co-lead status, program director roles, University navigation
- Formal Peer Classroom Evaluation and Observation, I was observed by Michael Donovan, Spring 2023

PEER MENTORING

- Formal Faculty Mentoring through the Faculty Mentoring Committee, Mallory Mushaben, Fall 2022 – Fall 2025
- Informal Faculty Mentoring, Rollin Medcalf, Spring 2022 – Current
- Informal Faculty Mentoring, Joshua Anbar, Fall 2022 – Current
- Informal Faculty Mentoring, Robert Zwarich, Fall 2022 – Current
- Informal Faculty Mentoring, Neda Tavassoli, regarding HSC 210, Fall 2023 - Fall 2024
- Informal Faculty Mentoring, Keith Chartier, regarding HSC 210, Fall 2023
- Informal Faculty Mentoring, Sherry Xing, regarding HSC 210, Spring 2023
- Formal Peer Classroom Evaluation and Observation, I observed Chris Ramos, Fall 2022
- Informal Peer Classroom Evaluation and Observation, I observed Joshua Anbar, Spring-Fall 2022

STUDENT MENTORING & SUPERVISORY EXPERIENCE

Graduate Student Assistant – 14 total as of Fall 2025

Darian Fencl– Graduate Student Assistant	Fall 2024 - Summer 2026
Joshua Tyus – Graduate Student Assistant	Spring, Summer 2024
Christine Chesney – Graduate Student Assistant	Summer, Fall 2023
Yat (Jay) Chan – Graduate Student Assistant	Spring 2023
Melanie Roberts-Bolton – Graduate Teaching Assistant	Fall 2022, Spring 2023
Lisa London – Graduate Student Assistant	Summer 2022
Chantel Renolds Vu – Graduate Student Assistant	Fall 2020 - Summer 2021, Spring 2022
Cynthia Stumer – Graduate Student Assistant	Spring 2020 – Fall 2020, Fall 2021
Nicholas Pasquale – Graduate Student Assistant	Spring 2020
William Townsley – Graduate Student Assistant	Spring 2020
Kim Cobler – Graduate Student Assistant	Spring 2020
Ali Syed Haider – Graduate Student Assistant	Fall 2019, Fall 2020
Judith Ware – Graduate Student Assistant	Fall 2019

Undergraduate Teaching Assistant Mentoring – 9 total as of Fall 2025

Tristan Hagler – Undergraduate Teaching Assistant	Fall 2024
Alondra Diaz – Undergraduate Teaching Assistant	Summer 2024
Erendira Acosta – Undergraduate Teaching Assistant	Summer 2024
Ashlyn Rogers – Undergraduate Teaching Assistant	Spring 2024
Anjali Raju – Undergraduate Teaching Assistant	Spring, Fall 2023
Brianna Dougherty – Undergraduate Teaching Assistant	Summer 2023
Gabriela Anguamea Rodriguez - Undergraduate Teaching Assistant	Spring 2023
Angel Jose Sanchez – Undergraduate Teaching Assistant	Fall 2022
Rebekah Littleton – Undergraduate Teaching Assistant	Spring 2020 - Fall 2021

Barrett Honors Director or Committee Member (Undergraduate) – 7 total as of Fall 2025

Madeline Brooks - Barrett Thesis Committee Member — Spring 2026 - Current
Sydney North - Barrett Thesis Committee Member — Fall 2024 - Spring 2025
Myleanna Vernon - Barrett Thesis Committee Member — Fall 2024 - Spring 2025
Karen Nguyen - Barrett Thesis Committee Member — Fall 2024
Hannah Moton - Barrett Thesis Committee Member — Fall 2023 - Spring 2024

- As the second committee member, I am working bi-weekly with Hannah to explore childhood influences on first-generation African American and Latinx students at ASU.

Mckenna Jerpseth – Barrett Thesis Committee Member — Spring 2023 - Spring 2024

- As the second committee member, I work bi-weekly with the student and thesis director to inform best practices surrounding literature review and qualitative interviews related to collagen and wound healing.

Anjali Raju – Barrett Thesis Director — Spring 2023 – Spring 2024

- Direct the research project in collaboration with Valley Health providers to identify potential patterns between medical diagnosis and hospital readmissions. We met bi-weekly to discuss the project, timeline, and best practices for her research.

Anika Mazeika – Barrett Thesis Committee Member — Spring 2023 - Spring 2024

- As the second committee member, I participated in bi-weekly meetings regarding researching experiences with traditional and western medicine among the Dine population living off the Navajo Reservation.

Undergraduate Barrett Honors College Contracts – 45 total as of Fall 2025

Nicholas Lee - Barrett Honors College Contract	Fall 2025
Jessica Rosenberg - Barrett Honors College Contract	Fall 2025
Eva Da Silva - Barrett Honors College Contract	Fall 2025
Kathlyn Joshi - Barrett Honors College Contract	Spring 2025
Anagh Binith - Barrett Honors College Contract	Fall 2024
Misha Tiwari - Barrett Honors College Contract	Fall 2024
Jenny Ho - Barrett Honors College Contract	Fall 2024
Karol Bueno - Barrett Honors College Contract	Fall 2024
Maria Benitez - Barrett Honors College Contract	Spring 2024
Andrew Kraemer - Barrett Honors College Contract	Spring 2024

Undergraduate Barrett Honors College Contracts *- (Continued)*

Madeline Brooks - Barrett Honors College Contract	Spring 2024
Myleanna Vernon - Barrett Honors College Contract	Fall 2023
Parker Kiepke - Barrett Honors College Contract	Fall 2023
Maria Benitez - Barrett Honors College Contract	Fall 2023
Alyssa Warwick - Barrett Honors College Contract	Fall 2023
Jose Manzo - Barrett Honors College Contract	Spring 2023
London Gathers - Barrett Honors College Contract	Spring 2023
Yashvi Naik - Barrett Honors College Contract	Spring 2022, Fall 2022
Hannah Moton - Barrett Honors College Contract	Fall 2022
Anjali Raju - Barrett Honors College Contract	Fall 2022
Karen Nguyen - Barrett Honors College Contract	Fall 2022
Araceli Morales Rodriguez - Barrett Honors College Contract	Spring 2022
Rehan Zafar - Barrett Honors College Contract	Spring 2022
Kaitlyn Nhi Kim Nguyen - Barrett Honors College Contract	Spring 2022
Jocelyn Robles - Barrett Honors College Contract	Spring 2022
Juliana Tellez - Barrett Honors College Contract	Spring 2022
Emily White - Barrett Honors College Contract	Fall 2021
Gaberiela Bravo - Barrett Honors College Contract	Fall 2021
Yolotzin Olguin-Rivera - Barrett Honors College Contract	Fall 2021
Karen Martinez Castro – Barrett Honors College Contract	Spring 2021
Ava Billera– Barrett Honors College Contract	Fall 2020
Kasra Araghi – Barrett Honors College Contract	Fall 2020
Santana Solomon – Barrett Honors College Contract	Fall 2020
Lindsay Pacheco – Barrett Honors College Contract	Fall 2020
Nicole Kuehn – Barrett Honors College Contract	Fall 2020
Elisabeth Batzli – Barrett Honors College Contract	Fall 2020
Hana Allen – Barrett Honors College Contract	Fall 2020
Jessica Carol – Barrett Honors College Contract	Fall 2020
Claire Peterson – Barrett Honors College Contract	Spring 2020
Emma Utagawa – Barrett Honors College Contract	Spring 2020
Michael Piedra Gonzalez – Barrett Honors College Contract	Spring 2020
Jennifer Duong – Barrett Honors College Contract	Spring 2020
Faith Kyaruzi – Barrett Honors College Contract	Spring 2020
Pooja Sangha – Barrett Honors College Contract	Fall 2019

PROFESSIONAL DEVELOPMENT

- Population Health conf morning session- 9/17 Pull from calendar
- Leadership Dialogue with May Busch, author of *Visible: How to Advance Your Career Without Playing Politics, Selling Your Soul, or Working Yourself into the Ground.* - ASU Career Faculty Association, - 1 hour - 9/10/2026
- Chronicle Festival - Building Trust with Students - 3 hours - 9/10/2026
- Understanding and Managing Workplace Threats - Council for Inclusive Excellence and the Office of Human Resources - ASU 9/2/2026

Zach Cordell

PROFESSIONAL DEVELOPMENT (Continued)

- 10 ways to have a better conversation - Organizational Excellence Community of Practice at ASU - 8/13/2026
- Self-care isn't selfish: Strategies for everyday life - ASU Employee Wellness - 8/10/2026
- Beyond Burnout: Unlocking the Hidden Pathway to HR Wellness - AZ CUPA AZ - 7/21/2026
- Leading Well Through Change: How Self-Awareness Builds Resilience - AZ CUPA AZ - 7/21/2026
- Managing Remote & Hybrid Teams: Trends, Challenges, and Practical Strategies for Success - AZ CUPA AZ - 7/21/2026
- Sustaining Wellbeing: Impactful Approaches to Employee Wellness - AZ CUPA AZ - 7/21/2026
- Doctoral Student - Mary Lou Fulton Teachers College – ASU– 5/23 – 5/26
- MaxQDA proficiency training - 5 hours
- ASU's Food is Medicine Initiative 11/6/2025- 1 hour
- DRC (Doctoral Research Conversations Workshop) - MLFTC 10/2/2025 - 2.5 hours
- Water Talks - Heat and Hydration Issues During Extreme Exercise: The Hawaiian Ironman Experience on Kona - 9/24/2025 - 1 hour
- ASU Zoom AI Companion Training - 9/22/2025 - 1 hour
- Health Literacy Community of Practice Conference 4/29/2025 - 4 hours
- LinkedIn Learning Virtual Leadership Training - Be an Effective Hybrid and Virtual Employee - 4/16/2025 - 1 hour
- LinkedIn Learning Virtual Leadership Training - How to Stop Wasting Time in Meetings - 4/16/2025 - 1 hour
- LinkedIn Learning Virtual Leadership Training - Time Management: Working from Home - 4/16/2025 - 1 hour
- Annual Clinical Education Conference for Arizona Academy of Family Physicians - 4/5/2025 - 4 hours
- FOLC FEST Teaching and Innovation Conference 3/28/2025 - 3 hours
- DRC (Doctoral Research Conversations Workshop) - MLFTC 11/22/2024 - 2.5 hours
- Internship Fair 10/22/2024 - 1 hour
- Teacher Talk 10/18/2024 - 1 hour
- Inclusive Excellence Training - College of Health Solutions - 8/21/2024 - 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 5/13/2024 – 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 5/20/2024 – 1 hour
- Teacher Talk 4/18/2024 - 1 hour
- Tour ASU VR Simulation Lab 4/18/2024 - 30 minutes
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 4/1/2024 – 1 hour
- FOLC FEST Teaching and Innovation Conference 3/15/2024 - 5 hours
- Gen AI tools, Uses, and Integration Strategies - 3/12/2024 - 1 hour
- ASU Health Literacy Workshop 3/27/2024 - 4 hours
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 3/18/2024 – 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 3/11/2024 – 1 hour
- Research and Gen AI - 2/20/2024 - 1 hours
- DRC (Doctoral Research Conversations Workshop) - MLFTC 2/21/2024 - 2.5 hours
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 1/25/2024 – 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 1/15/2024 – 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 1/8/2024 – 1 hour

PROFESSIONAL DEVELOPMENT (Continued)

- Food and Nutrition Expo – Academy of Nutrition and Dietetics – Commission on Dietetic Registration – 10/7-10/23 – 50 hours
- Decoding Genetics: Direct-to-Consumer Testing and Services in AZ – ASU 9/14/2021 – 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 9/13/2023 – 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 8/31/2023 – 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 8/21/2023 – 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 6/12/2023 – 1 hour
- Arizona Academy of Nutrition and Dietetics - Arizona Academy of Nutrition and Dietetics Annual Conference - Day 1 - Commission on Dietetic Registration – 5/18/23 – 3 hours
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 5/15/2023 – 1 hour
- Role of Exercise and Nutrition in Health and Human Performance Enhancement Richard B. Kreider – 5/11/2023 - 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 5/3/2023 – 1 hour
- EPA sustainability presentation - Environmental Protection Agency – 4/25/2023 - 1 hour
- Teacher Talks - Student Mentoring – 4/21/2023
- From Equity Talk to Equity Walk – Tia McNair - 4/18/2023 – 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 4/13/2023– 1 hour
- SEO Made Simple - The Unconventional RD Bootcamp - 4/1/22 - 24 hours
- Vitality and Wellness Workshop - Best Practices for Approaching your Student Evaluations – 3/31/2023- 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 3/15/2023– 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 3/10/2023 – 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 2/24/2023 – 1 hour
- Teacher Talks - ChatGPT in higher ed – 2/15/2023 - 1 hour
- Teacher Talks - Understanding & Applying Information from Annual Evaluations – 2/15/2023 - 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 1/16/2023 – 1 hour
- Teacher Talks - Academic integrity – concerns and solutions – 1/17/2023 - 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 1/9/2023 – 1 hour
- Transitioning to Plant-Forward Menus at University of Cambridge - Emma Garnett – 11/16/2022 - 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 11/3/2022 – 1 hour
- Role of food, sun and supplements in achieving vitamin D status in athletes Professor Enette Larson-Meyer – 11/1/2022 - 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 10/26/2022 – 1 hour
- Healthy eating, physical activity, and life skills within high school soccer players Professor Emeritus Melinda Manore – 10/25/2022 - 1 hour
- Teacher Talks - Addressing change in the workplace – 10/21/2022 - 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 10/18/2022 – 1 hour
- Racial and Social Justice Discussion Group – 10/17/2022 – 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 10/30/2022 – 1 hour
- Nutrition and heat: The impact of acclimatization on cellular adaptations and autophagy Professor Pope Moseley – 9/27/2022 - 1 hour

PROFESSIONAL DEVELOPMENT (Continued)

- Racial and Social Justice Discussion Group – 9/20/2022 – 1 hour
- The challenges of managing nutrition in the world of professional cycling - Daan Hoogervorst – 9/20/2022 - 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Board Meeting – 9/19/2022
- Teacher Talks - Faculty habits for improving classroom engagement – 9/17/2022 - 1 hour
- Arizona Academy of Nutrition and Dietetics Leadership Meeting – 9/12/2022 – 1 hour
- Racial and Social Justice Discussion Group – 9/9/2022 – 1 hr
- Prebiotics Naturally Improve the Gut Ecosystem and Health - Commission on Dietetic Registration - 11/12/21 - 1.5 hours
- Practical Kitchen Tips for Managing Diabetes at Home - Commission on Dietetic Registration - 10/15/21 - 1 hour
- Neurocognition: Understanding Nutrition Needs and Knowledge Gaps - Commission on Dietetic Registration - 10/6/21 - 1 hour
- Nutrition and Fasting Mimicking Diets, Longevity and Rejuvenation CPEU Questions - Commission on Dietetic Registration 9/28/21 – 1 hour
- Arizona Academy of Nutrition and Dietetics Annual Conference - Day 2 - Commission on Dietetic Registration - 7/10/20 - 5.5 hours
- Arizona Academy of Nutrition and Dietetics Annual Conference - Day 1 - Commission on Dietetic Registration - 7/9/20 – 3 hours
- Functional Nutrition and Nutrigenomics - Volusia Academy of Nutrition and Dietetics - 3/18/19 - 1 hour
- Bariatric surgery as an effective intervention for weight loss - Volusia Academy of Nutrition and Dietetics - 1/14/19 - 1 hour
- Public Policy - if you're not at the table, you're on the Menu - Academy of Nutrition and Dietetics, Commission on Dietetic Registration - 11/12/18 – 1 hour
- Health and Size - Volusia Academy of Nutrition and Dietetics - 9/17/18 – 1 hour
- Nutrition-focused physical exam and malnutrition guidelines - Commission on Dietetic Registration - 7/25/18 – 4 hours
- Nutritional care for renal patient chronic kidney disease stages 1-5 - Commission on Dietetic Registration - 5/21/18 - 1 hour
- The RD Entrepreneur Symposium: Spring 2018 - Commission on Dietetic Registration - 4/30/18 - 22 hours
- NICU Nutrition Support - Commission on Dietetic Registration - 3/19/18 – 1 hour
- Childhood Obesity - Florida Department of Health County Health Systems - 11/14/17- 1 hour
- Disordered eating in sport: treatment and training guidelines - Commission on Dietetic Registration - 11/13/17 - 1 hour
- Specific foods and dietary patterns that can prevent and control diabetes - Florida Academy of Nutrition and Dietetics Annual Symposium, Commission on Dietetic Registration - 7/18/17 – 1 hour
- Myths, presumptions and facts about obesity: where might they come from and what can we do? - Florida Academy of Nutrition and Dietetics Annual Symposium, Commission on Dietetic Registration - 7/16/17 – 1 hour

PROFESSIONAL DEVELOPMENT (Continued)

- Healthiest weight Florida and Integrating Yoga into your Nutrition and Dietetics Practice - Florida Academy of Nutrition and Dietetics Annual Symposium, Commission on Dietetic Registration - 7/16/17 - 1 hour
- The saturated fat paradox - Florida Academy of Nutrition and Dietetics Annual Symposium, Commission on Dietetic Registration - 7/16/17 - 1 hour
- Breaking the Trifecta: Binge eating, obesity, and food addiction - Florida Academy of Nutrition and Dietetics Annual Symposium, Commission on Dietetic Registration - 7/16/17 – 1 hour
- The focus formula: how to master your morning, double your productivity, and get your life back - Florida Academy of Nutrition and Dietetics Annual Symposium, Commission on Dietetic Registration - 7/15/17 – 1 hour
- Preventing Medical Errors and Dietetic Practice - Florida Academy of Nutrition and Dietetics Annual Symposium, Commission on Dietetic Registration - 7/15/17 – 2 hours
- Ethics for the nutrition professional - Florida Academy of Nutrition and Dietetics Annual Symposium, Commission on Dietetic Registration - 7/15/17 - 1.5 hours
- Leadership: Coaching and Communicating with Confidence - Academy National Sponsors - 7/8/17 – 1 hour
- Hidden Dangers in Foods - Mark Pettus, MD, FACP, ABHM with functional formularies - 6/29/17 – 1 hour
- Medical Errors Prevention - Quantum Units Education - 5/5/17 – 2 hours
- HIV AIDS - Vista Continuing Education - 4/14/17 – 3 hours
- How does research fit into the RDN's practice? - Carol Elliot, RDN, LDN & Volusia Academy of Nutrition and Dietetics - 3/21/17 – 1 hours
- Telehealth for Dietitians - Erica Jain, CEO of Healthie - 1/17/17 – 1 hour
- An Overview of Cultural Competency: Focusing on Cultural Awareness - Abbott Nutrition Health Institute. - 11/28/16 – 1 hour
- Perioperative GI Nutrition: Colectomy Nutritional Implications - Abbott Nutrition Health Institute - 11/15/16 – 1 hour

PUBLICATIONS

"Culture and Health: An Introduction for Future Health Professionals" – Great River Learning Textbook Publishing – June 2021 – ISBN: 9781644965443

"Raising a Healthy Family in a Health-Obsessed World" – Ensign Magazine Article – September 2020

"40 Days: A Diet Devotional" – Kindle Direct Publishing – July 2019

"The Creation Code: God's Blueprint for Creating the Future You Want" – Kindle Direct Publishing –December 2018

- Using the stages of change model to approach behavior change

PUBLICATIONS (Continued)

"Analysis of Child Food Requests and Maternal Compliance in Low-income Hispanic and Non-Hispanic Families" – Authors: Amber Haroldson, Zachary Cordell and Lauren Haldeman
First published online September 8th 2015 - Family and Consumer Sciences Research Journal
(Awarded "Best Paper in Foods and Nutrition" published in this journal for the year 2015)

ARTICLES

Featured Articles and Article Reviewer

"The word 'trauma' is everywhere. What does it actually mean?" By Mia Armstrong Lopez
Published 2025

"How does the law keep us healthy?" By Natasha Burrell
Published 2025

"ASU's lack of adaptive sports leads to the growth of Devils Adapt" by Grace Lawrence
Published 2025

"CDC: Racial, ethnic groups shoulder more negative health effects from unmet needs" By Kirstin Dorman for KJZZ and NPR
Released 2024

HONORS AND AWARDS

Sun Award, Colleague Awarded for Employee Engagement Arizona State University, 2025
Sun Award, Colleague Awarded for Virtual Leadership Trainings Arizona State University, 2025
Sun Award, Colleague Awarded for Health Literacy Work with ASU Learning Enterprise
Arizona State University, 2025
Outstanding Graduate Mentor - Nominee Arizona State University, 2024
Outstanding Undergraduate Teaching - Nominee Arizona State University, 2024
Professor of Impact Award, Student Awarded Arizona State University, 2024
Sun Award, Colleague Awarded for Leadership within Vitality and Wellness Committee
Arizona State University, 2024
Sun Award, Colleague Awarded for Student outreach Arizona State University, 2024
Sun Award, Colleague Awarded for Leadership Engagement with Vitality and Wellness
Arizona State University, 2024
Professor of Impact Award, Student Awarded Arizona State University, 2023
Professor of Impact Award, Student Awarded Arizona State University, 2023
Faculty Mentor Award Nominee Arizona State University, 2022
Outstanding Undergraduate Teaching - Nominee Arizona State University, 2022
Rookie of the Year - College of Health Solutions Arizona State University, 2022
Sun Award, Colleague Awarded for engagement Arizona State University, 2021

HONORS AND AWARDS (Continued)

Dr. John Guthrie Jr. Award for Research and Prof. Development	Daytona State College, 2019
Recognized Young Dietitian of the Year	Florida Academy of Nutrition and Dietetics, 2019
Distinguished Teaching Award Nominee	University of Massachusetts, 2014
Peter Pellett Scholarship for International Nutrition	University of Massachusetts, 2014
Golden Chain Honors Society	University of North Carolina at Greensboro, 2013
Disciplinary Honors	University of North Carolina at Greensboro, 2013
Eagle Scout Award	Boy Scouts of America, 2002