

Arizona State University
Department of Counseling and Counseling Psychology
Within the College of Integrative Sciences and Arts

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Counseling and Counseling Psychology
Arizona State University
PO Box 870811
Tempe, AZ 85287-0811

PROFESSIONAL LICENSES and CERTIFICATIONS

State of Arizona, Licensed Psychologist, # PSY-004792 (October 2016-ongoing)
Authority to Practice Interjurisdictional Telepsychology (APIT) (April 2024-ongoing)
Interjurisdictional Practice Certificate (IPC), # 18216 (April 2024-ongoing)

EDUCATION

University of Wisconsin-Madison
Doctor of Philosophy in Counseling Psychology
Graduated: August 2016

Boston College
Master of Arts in Mental Health Counseling
Graduated: May 2010

University of Arizona
Bachelor of Arts in Sociology and Religious Studies
Graduated: May 2007
Cum Laude

Pima Community College
Associate of Arts
Graduated: June 2005
Honors

PROFESSIONAL AFFILIATIONS

American Psychological Association:
Division 17: Society of Counseling Psychology
Division 45: Society for the Psychological Study of Culture, Ethnicity and Race
Division 36: Society for the Psychology of Religion and Spirituality
Association for Applied Sport Psychology
National Latinx Psychological Association

SERVICE & STUDENT MENTORSHIP

- Mentoring undergraduate and graduate students (10-15 students per semester) on my research team at Arizona State University (Fall 2020-ongoing)
- Faculty member of the College of Integrative Sciences and Arts (CISA) Standards Committee at Arizona State University reviewing university policy to approve or deny students' petitions regarding course waivers, overloads, etc. (Fall 2020-ongoing)
- Faculty member serving as chair and committee member for various Barrett Honor's Thesis papers and projects at Arizona State University (Fall 2021-ongoing)
- Faculty member serving on faculty search committees at Arizona State University (Summer 2022-ongoing)
- Faculty representative for CISA's recruitment and community outreach initiatives (Spring 2024-ongoing)
- Doctoral Student Co-Advisor (Summer 2024-ongoing)
- Honor's Theses Advisor (Fall 2020-ongoing)

PUBLICATIONS

Ocampo, R. (2024) The influence and psychology of American football coaches upon adolescents: the warrior mentality. Palgrave Macmillan, London, UK.

Ocampo, R. (2024) The warrior mentality for youth teams. The Warrior Mentality, LLC. Chandler, AZ.

Ocampo, R. (2024) The warrior mentality for high school teams. The Warrior Mentality, LLC. Chandler, AZ.

Ocampo, R. (2024) The warrior mentality for college teams. The Warrior Mentality, LLC. Chandler, AZ.

Ocampo Hoogasian, R. (in review) Navigating mental health concerns in transactional environments: Generational differences in worldview across former, recent, and current Division 1 football players.

Ocampo Hoogasian, R. & Perez, I. (in review) Faith, family, and coping: An exploration of the transmission and function of cultural and spiritual values within Latinx families and their impact

on families.

Ocampo Hoogasian, R., Chavez, T., & McNeill, B.W. (2020). Healing with Curanderas: Exploring the conceptions of illness, healing processes, and outcomes of Mexican American clients in Curanderismo. In J.M. Cervantes & B.W. McNeill (Eds.), *Latinx Healing Practices: Psychospiritual Counseling Interventions* (pp. 141-158). Cognella, San Diego: CA.

Ocampo Hoogasian, R. & Gloria, A. M. (2015). The healing powers of a patrón espiritual: Latina/o clinicians' understanding and use of spirituality and ceremony in psychotherapy. *Journal of Latina/o Psychology*, 3(4).

Franklin, A. J., Chen, M., Capawana, M. R., & **Hoogasian, R. O.** (2014). Consensual Qualitative Research Analysis of a Therapeutic Support Group Session for African American Men. *Psychology of Men & Masculinity*, 16(3), 264-273.

Ocampo Hoogasian, R. (2013). El Credo. *Concientización: A Journal of Chican@ & Latin@ Experience and Thought*.

Ocampo Hoogasian, R. (2013). The Power of Connection and Academic Family. *Concientización: A Journal of Chican@ & Latin@ Experience and Thought*.

Hoogasian, R. (2011). On doing “hood” work in an academic institution; Allies ≠ Saviors. *Concientización: A Journal of Chican@ & Latin@ Experience and Thought*. 6(1& 2), 59-61.

Hoogasian, R. & Lijtmaer, R. (2010). Integrating Curanderismo into counselling and psychotherapy. *Counselling Psychology Quarterly*, 23(3), 297-307.
doi:10.1080/09515070.2010.505752

PRESENTATIONS

T. Chavez & **R. Ocampo** (Spring 2025). Walking Two Worlds: Integrating Cultural Practices in Addressing the Latinx Ethnoindigenous Idiom of ‘Susto.’ At *The Society for the Study of Psychiatry and Culture Annual Meeting*.

L. Foster, L. Breiland, & **R. Ocampo** (Fall 2024). The Warrior Mentality in Coaching: a case example. In *ASU CISA Student Showcase*.

L. Milne, E. Miller, & **R. Ocampo** (Fall 2024). College Athlete Mental Health. In *ASU CISA Student Showcase*.

E. Sheppard, S. Wadlington, & **R. Ocampo** (Fall 2024). Mental Health in Competitive Youth Gymnastics. In *ASU CISA Student Showcase*.

R. Ocampo (Summer 2024). The Warrior Mentality for High School Teams: A Coaching Workshop. New Mexico High School Coaches Association 80th Annual Summer Clinic

E. Sheppard, H. Kowal, & **R. Ocampo Hoogasian** (Fall 2023). The Warrior Mentality: A framework for understanding Latinx, Asian American, and Pacific Islander football coaches' experiences on and off the field. In *ASU CISA Student Showcase*.

Z. Liu, M. Soto, & **R. Ocampo Hoogasian** (Fall 2023). Walking two worlds: Integrating traditional healing into western treatment. In *ASU CISA Student Showcase*.

Z. Gonzales, I. Perez, **R. Ocampo Hoogasian**, & Chavez, T. (Fall 2023). Factors Contributing to Latine Traditional Healing and Spiritual Resource Usage Across the Lifespan. In *National Latinx Psychological Association Conference*.

T. Chavez, **R. Ocampo Hoogasian**, I. Perez, & G. Noriega (Fall 2023). Curanderismo in High Schools: Latine Youth Resiliency, Resistance, and Health through Investigations of Spirituality, Coping, and Ancestral Knowledge. In *National Latinx Psychological Association Conference*.

A. Ramirez Stege, E. Cruz, A. P. Soares, T. Chavez, **R. Ocampo Hoogasian**, M. Zamarripa, & J. Zamarripa (Fall 2023). Stronger Together: Interconnectivity of Ancestral Praxis in Holistic Wellness. In *National Latinx Psychological Association Conference*.

J. Zamarripa, M. Zamarripa, T. Chavez, **R. Ocampo Hoogasian**, A. Ramirez Stege, A. P. Soares, & Cruz, E. (Fall 2023). Integration in Action: an Emerging Ethics on Decolonizing Mental Health Praxis. In *National Latinx Psychological Association Conference*.

R. Ocampo Hoogasian, T. Chavez, & Perez, I. (Fall 2023). "I think I can be the bridge for them." Exploring the ways Latine youth draw from cultural and spiritual values to sublimate experiences of oppression. In *APA Division 45 Research Conference*.

R. Ocampo Hoogasian, H. Kowal, & L. Smith (Spring 2023). African American High School Football Coaches' Use of Strength and Struggle to Change the Lives of Young People. In *APA Division 45 Research Conference*.

L. Smith, E. Joy, & **R. Ocampo Hoogasian** (Spring 2023). African American Football Coaches' Experiences of Racism. In *ASU CISA Student Showcase*.

H. Kowal, E. Jones, B. Alex, & **R. Ocampo Hoogasian** (Spring 2023). African American Football Coaches' Approaches to Coaching. In *ASU CISA Student Showcase*.

Z. Gonzales, E. Ramer, & **R. Ocampo Hoogasian** (Spring 2023). Division 1 Football Players' Experiences Mental Health and Development Through Athletic Engagement Across the Lifespan. In *ASU CISA Student Showcase*.

T. Gonzalez, T. Chavez, & **R. Ocampo Hoogasian** (Spring 2023). *De Nuestro RAICES: Traditional Healing, Education, & Research in Mexico and the U.S. Southwest*, Presentation at the University of Wisconsin-Madison School of Education.

I. Perez, A. Barnett, & **R. Ocampo Hoogasian** (Spring 2022) *Latinx Youth's Perspectives on Faith, Social Justice, and Change*, Poster presentation at *ASU CISA Student Showcase*.

D. Wallace, G. Bustamante, & **R. Ocampo Hoogasian** (Spring 2022) *Latinx Youth's Perspectives on Family, Faith, and Values*, Poster presentation at *ASU CISA Student Showcase*.

R. Ocampo Hoogasian (2015). *Exploring the conceptions of illness, healing processes, and outcomes of Mexican American clients in Curanderismo*, Paper Presentation at the La Frontera Center continuing education conference.

R. Ocampo Hoogasian & B. Bello (2013). *Spiritual Healing*, Workshop at the La Mujer Latina 17th Annual Conference at the University of Wisconsin-Madison.

R. Ocampo Hoogasian & A. M. Gloria (2012). *Spirituality and Ceremony in Psychotherapy: Exploring Latina Clinicians' Intersections of Gender and Ethnicity*. Paper Presentation at the Biennial Conference of the National Latino/a Psychological Association in New Brunswick, New Jersey.

R. Ocampo Hoogasian & S. Pereira (2012) *Latina/o Spirituality and Mental Health: A New Addition to Counseling Psychology Curriculum*. Poster Presentation at the Biennial Conference of the National Latino/a Psychological Association in New Brunswick, New Jersey.

E. Flores, **R. Ocampo Hoogasian**, B. Padilla, J. Benjamin, B. Bello & C. Valdez (2012). *Establishing Points of Connection: Recognizing Client-Therapist Differences in Economic Status, Experience, and Privilege*. Roundtable Discussion at the Biennial Conference of the National Latino/a Psychological Association in New Brunswick, New Jersey.

R. Ocampo Hoogasian & A. M. Gloria (2012). *Latino Descent Clinicians' Understanding and Use of Spirituality in Psychotherapy*. Poster Presentation at the 120th Annual APA Convention in Orlando, FL.

R. Ocampo Hoogasian (2012). *Latino/a Clinicians Understanding and Use of Spirituality in Psychotherapy*, Poster Presentation at the Wisconsin Alumni Research Foundation Conference at the University of Wisconsin-Madison.

R. Ocampo Hoogasian (2012). *Curanderismo and Psychotherapy*, Workshop at the La Mujer Latina 16th Annual Conference at the University of Wisconsin-Madison.

R. Ocampo Hoogasian (2012). *Spirituality, Psychotherapy, and Latino/as*, Scholars Panel at the Race, Religion & Representation Symposium at the University of Wisconsin-Madison.

L. Peterson & **R. Ocampo Hoogasian** (2011). *Stop the Rail to Jail: Addressing Disproportionate Minority Confinement in the Juvenile Justice System*, Research Presentation at the American Multicultural Student Leadership Conference AMSLC at the University of Wisconsin-Platteville.

C. Lin, **R. Ocampo Hoogasian**, L. Peterson & R. Ruiz (2011). *Third Space 330: Doing Community-based Social Justice Action Research*, Research Presentation at the American Multicultural Student Leadership Conference AMSLC at the University of Wisconsin-Platteville.

A.J. Franklin, H.S. N'cho, S. Lebedeva, M. Chen, M.R. Capawana & **R. Ocampo Hoogasian** (2010). *Life Themes of African American Men in a Therapeutic Support Group*, Symposium Presentation at the 118th Annual APA Convention in San Diego.

R. Ocampo Hoogasian & A. Billingsly Macquoid (2009). *Interdisciplinary Approaches to Building Clinicians' Competency in Work with Transnational Mothers*, co-facilitated Structured Discussion at the 9th Annual Diversity Challenge, Boston College.

R. Ocampo Hoogasian (2009). *Curanderismo, Counselling Psychology, and Ritual: Toward an Integrative Approach*, presented at the 5th Annual Critical Multicultural Counseling and Psychotherapy Conference, University of Toronto.

TEACHING

Co-Lecturer

Fall 2012

Department of Counseling Psychology
University of Wisconsin-Madison
Universidad Francisco Marroquin
CP620/CLS530 Latino/a Spirituality and Mental Health

Lecturer

Spring 2013

Department of Counseling Psychology
University of Wisconsin-Madison
CP650 Theory & Practice of Interviewing

Faculty Associate

Spring 2019

School of Counseling and Counseling Psychology
Arizona State University

Clinical Assistant Professor
School of Counseling and Counseling Psychology
Arizona State University

Fall 2019-Spring 2025

Clinical Associate Professor
School of Counseling and Counseling Psychology
Arizona State University

Fall 2025-present

Curriculum Development

- Mental Performance and Team Cohesion, CAP 194 (In person) Summer 2023, created and taught this course while accompanying ASU Men's Basketball team on their foreign tour to Greece and France.
- Community Outreach Prevention and Intervention, CAP 342 (Online) Fall 2022
- Psychology of Coaching, CAP XXX (Online/In person) Proposed Development Summer 2023
- Gender Issues in Counseling, CAP XXX (Online/In person) Proposed Development Summer 2023
- Counseling Across the Lifespan, CAP XXX (Online/In person) Proposed Development Summer 2023
- Issues in Counseling Adolescents, CAP XXX (Online/In person) Proposed Development Summer 2023
- Counseling Issues in Interpersonal Relationships, CAP XXX (Online/In person) Proposed Development Summer 2023
- Social Issues in Counseling, CAP XXX (Online/In person) Proposed Development Summer 2023

CLINICAL EXPERIENCE

The Warrior Mentality, LLC (Practice and Consulting Firm) (4/2024-ongoing)

Licensed psychologist providing clinical and consultation services to individuals, families, and teams related to mental health, mental performance, and team cohesion in any PSYPACT involved U.S. state.

Growth Through Connection, LLC (Private Practice) (10/2016-ongoing)

Licensed psychologist providing psychoeducational assessments for children and teens as well as individual and family therapy to young people and adults in the Phoenix, AZ, area.

Southern Arizona Psychology Internship Center (SAPIC) (7/2015-7/2016)

Pre-doctoral intern providing assessment, individual, group, and family therapy to youth, college students, and adults in the Tucson, AZ, area.

Comprehensive Educational Solutions LLC (6/2014-8/2014)

Master's level clinical providing psychoeducational assessments to children within public school special education in Central AZ.

Counseling and Consultation Services (9/2012-5/2013)

Master's level clinician providing triage services and individual therapy to college students at The University of Wisconsin-Madison.

Fortalezas Familiares Program (9/2011-5/2012)

Master's level clinician providing group and family therapy to Latinx families in the Madison, WI, area as part of a doctoral research and intervention team.

Wisconsin Psychiatric Institute and Clinics (9/2011-9/2012)

Master's level clinician providing individual and group therapy to individuals in the Madison, WI, area.

Counseling Psychology Training Clinic (9/2010-7/2011)

Master's level clinician providing individual and family therapy to youth and adults in the Madison, WI, area as part of my doctoral program's training clinic.

Needham Youth Services (9/2009-5/2010)

Clinical Intern providing individual and group therapy services to children and teens in the town of Needham, MA.

SUPERVISION EXPERIENCE

ASU Graduate Psychology Training Consortium (8/2023-ongoing)

Licensed psychologist providing clinical supervision and training to clinical psychology doctoral students from universities across AZ. This consortium is sponsored by a HRSA grant that seeks to address health disparities in rural and Native American communities by providing integrated care via telehealth and clinical services surrounding substance abuse.

Counseling Training Clinic (CTC) (1/2021-5/2021)

Licensed psychologist providing clinical supervision to counseling psychology doctoral students within the School of Counseling and Counseling Psychology at ASU.

Southern Arizona Psychology Internship Center (SAPIC) (7/2015-7/2016)

Pre-doctoral Psychology Intern providing clinical supervision to a doctoral student in clinical psychology at The University of Arizona.

Counseling Psychology Training Clinic (Fall 2012-Spring 2013)

Master's level supervisor to a master's student in the Counseling Psychology Department at The University of Wisconsin-Madison as part of the CP902 Doctoral Practicum in Supervision course.

GRANTS AND HONORS AWARDED

- ASU Professor of Impact Award (Spring 2025)
- ASU Serving University Needs (SUN) Award (Spring 2025)
- ASU Professor of Impact Award (Spring 2024)
- ASU Professor of Impact Award (Spring 2023)
- ASU Professor of Impact Award (Spring 2023)
- UW-Madison Counseling Psychology Dept.'s, R. Wray Strowig Award for excellence in practice and academia and devotion to professional aims and objectives (2013).
- UW-Madison Counseling Psychology Departments' conference travel grant (Fall 2012).
- National Latino/a Psychological Association student conference travel grant (Fall 2012).
- Tinker/Nave Fund Short-term Field Research Grant for field research in Latin America, the Caribbean, and the Iberian Peninsula. (Summer 2012).
- Robert Wood Johnson Foundation Health & Society Scholars program for a Course Development Grant on "Expanding Interdisciplinary Course Content on Population Health" (Summer 2012).
- Outstanding Submission Award at the American Multicultural Student Leadership Conference (2011).
- Awarded Graduate Opportunity Fellowship at the UW-Madison (2010, two year award).
- Individual Research and Conference Grants (IRCG) award from the Graduate Student Association at Boston College for the 5th Annual Critical Multicultural Counseling and Psychotherapy Conference (Summer 2009).

REFERENCES

Professional References:

Dr. Thomas Anthony Chávez- Assistant Professor/Research Faculty
Division of Community Behavioral Health
Department of Psychiatry and Behavioral Sciences
University of New Mexico
Email: thachavez@salud.unm.edu

Dr. Francisco Sanchez- Associate Professor
School of Counseling and Counseling Psychology
Arizona State University
Email: cisco.sanchez@asu.edu

Dr. Laura Jimenez Artista-Clinical Associate Professor
School of Counseling and Counseling Psychology
Arizona State University
Email: lejimene@asu.edu