

Arizona State University

Department of Counseling and Counseling Psychology
Within the College of Integrative Sciences and Arts

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Counseling and Counseling Psychology
Arizona State University
PO Box 870811
Tempe, AZ 85287-0811

PROFESSIONAL LICENSE

State of Arizona, Licensed Psychologist, # PSY-004792 (October 2016-ongoing)

EDUCATION

University of Wisconsin-Madison

Doctor of Philosophy in Counseling Psychology

Graduated: August 2016

Boston College

Master of Arts in Mental Health Counseling

Graduated: May 2010

University of Arizona

Bachelor of Arts in Sociology and Religious Studies

Graduated: May 2007

Cum Laude

Pima Community College

Associate of Arts

Graduated: June 2005

Honors

PROFESSIONAL AFFILIATIONS

- American Psychological Association
 - Division 17: Society of Counseling Psychology
 - Division 45: Society for the Psychological Study of Culture, Ethnicity and Race
 - Division 36: Society for the Psychology of Religion and Spirituality

- National Latino Psychological Association

RESEARCH

Exploring the intersections of Latinx culture, spirituality, and mental health across the lifespan

- Qualitative explorations into:
 - The lived experiences of Latinx youth engaging in traditional healing practices, guiding movement toward further theory development and definition
 - Latinx youth and families' psycho-spiritual development--elders as guides

SERVICE & STUDENT MENTORSHIP

- Faculty member of the College of Integrative Sciences and Arts (CISA) Standards Committee at Arizona State University reviewing university policy to approve or deny students' petitions regarding course waivers, overloads, etc. (Fall 2020-ongoing)
- Mentoring undergraduate and graduate students on a research team exploring Latinx spirituality and mental health (Fall 2020-ongoing)
- Mentor to Latinx graduate students as part of the National Latino Psychological Association's (NLPA) mentoring program (Spring 2020-ongoing)
- *Madrina* Mentor of Latinx undergraduates and graduate students as part of Dr. Alberta Gloria's ANDALE team (2010-2016).
- Graduate Student Mentor in the Summer Education Research Program (SERP) under the supervision of Dr. Carmen Valdez at the University of Wisconsin-Madison (Summer 2011)

GRANTS AND HONORS AWARDED

- UW-Madison Counseling Psychology Dept.'s, R. Wray Strowig Award for excellence in practice and academia and devotion to professional aims and objectives (2013).
- UW-Madison Counseling Psychology Departments' conference travel grant (Fall 2012).
- National Latino/a Psychological Association student conference travel grant (Fall 2012).
- Tinker/Nave Fund Short-term Field Research Grant for field research in Latin America, the Caribbean, and the Iberian Peninsula. (Summer 2012).

- Robert Wood Johnson Foundation Health & Society Scholars program for a Course Development Grant on "Expanding Interdisciplinary Course Content on Population Health" (Summer 2012).
- Outstanding Submission Award at the American Multicultural Student Leadership Conference (2011).
- Awarded Graduate Opportunity Fellowship at the UW-Madison (2010, two year award).
- Individual Research and Conference Grants (IRCG) award from the Graduate Student Association at Boston College for the 5th Annual Critical Multicultural Counseling and Psychotherapy Conference (Summer 2009).

PUBLICATIONS

Ocampo Hoogasian, R., Chavez, T., & McNeill, B.W. (2020). Healing with Curanderas: Exploring the conceptions of illness, healing processes, and outcomes of Mexican American clients in Curanderismo. In J.M. Cervantes & B.W. McNeill (Eds.), *Latinx Healing Practices: Psychospiritual Counseling Interventions* (pp. 141-158). Cognella, San Diego: CA.

Ocampo Hoogasian, R. & Gloria, A. M. (2015). The healing powers of a patrón espiritual: Latina/o clinicians' understanding and use of spirituality and ceremony in psychotherapy. *Journal of Latina/o Psychology*, 3(4).

Franklin, A. J., Chen, M., Capawana, M. R., & **Hoogasian, R. O.** (2014). Consensual Qualitative Research Analysis of a Therapeutic Support Group Session for African American Men. *Psychology of Men & Masculinity*, 16(3), 264-273.

Ocampo Hoogasian, R. (2013). El Credo. *Concientización: A Journal of Chican@ & Latin@ Experience and Thought*.

Ocampo Hoogasian, R. (2013). The Power of Connection and Academic Family. *Concientización: A Journal of Chican@ & Latin@ Experience and Thought*.

Hoogasian, R. (2011). On doing "hood" work in an academic institution; Allies ≠ Saviors. *Concientización: A Journal of Chican@ & Latin@ Experience and Thought*. 6(1& 2), 59-61.

Hoogasian, R. & Lijtmaer, R. (2010). Integrating Curanderismo into counselling and psychotherapy. *Counselling Psychology Quarterly*, 23(3), 297-307.
doi:10.1080/09515070.2010.505752

PRESENTATIONS

R. Ocampo Hoogasian (2015). Exploring the conceptions of illness, healing processes, and outcomes of Mexican American clients in Curanderismo, Paper Presentation at the La Frontera Center continuing education conference.

R. Ocampo Hoogasian & B. Bello (2013). *Spiritual Healing*, Workshop at the La Mujer Latina 17th Annual Conference at the University of Wisconsin-Madison.

R. Ocampo Hoogasian & A. M. Gloria (2012). *Spirituality and Ceremony in Psychotherapy: Exploring Latina Clinicians' Intersections of Gender and Ethnicity*. Paper Presentation at the Biennial Conference of the National Latino/a Psychological Association in New Brunswick, New Jersey.

R. Ocampo Hoogasian & S. Pereira (2012) *Latina/o Spirituality and Mental Health: A New Addition to Counseling Psychology Curriculum*. Poster Presentation at the Biennial Conference of the National Latino/a Psychological Association in New Brunswick, New Jersey.

E. Flores, **R. Ocampo Hoogasian**, B. Padilla, J. Benjamin, B. Bello & C. Valdez (2012). *Establishing Points of Connection: Recognizing Client-Therapist Differences in Economic Status, Experience, and Privilege*. Roundtable Discussion at the Biennial Conference of the National Latino/a Psychological Association in New Brunswick, New Jersey.

R. Ocampo Hoogasian & A. M. Gloria (2012). *Latino Descent Clinicians' Understanding and Use of Spirituality in Psychotherapy*. Poster Presentation at the 120th Annual APA Convention in Orlando, FL.

R. Ocampo Hoogasian (2012). *Latino/a Clinicians Understanding and Use of Spirituality in Psychotherapy*, Poster Presentation at the Wisconsin Alumni Research Foundation Conference at the University of Wisconsin-Madison.

R. Ocampo Hoogasian (2012). *Curanderismo and Psychotherapy*, Workshop at the La Mujer Latina 16th Annual Conference at the University of Wisconsin-Madison.

R. Ocampo Hoogasian (2012). *Spirituality, Psychotherapy, and Latino/as*, Scholars Panel at the Race, Religion & Representation Symposium at the University of Wisconsin-Madison.

L. Peterson & **R. Ocampo Hoogasian** (2011). *Stop the Rail to Jail: Addressing Disproportionate Minority Confinement in the Juvenile Justice System*, Research Presentation at the American Multicultural Student Leadership Conference AMSLC at the University of Wisconsin-Platteville.

C. Lin, **R. Ocampo Hoogasian**, L. Peterson & R. Ruiz (2011). *Third Space 330: Doing Community-based Social Justice Action Research*, Research Presentation at the American Multicultural Student Leadership Conference AMSLC at the University of Wisconsin-Platteville.

A.J. Franklin, H.S. N'cho, S. Lebedeva, M. Chen, M.R. Capawana & **R. Ocampo Hoogasian** (2010). *Life Themes of African American Men in a Therapeutic Support Group*, Symposium Presentation at the 118th Annual APA Convention in San Diego.

R. Ocampo Hoogasian & A. Billingsly Macquoid (2009). *Interdisciplinary Approaches to Building Clinicians' Competency in Work with Transnational Mothers*, co-facilitated Structured Discussion at the 9th Annual Diversity Challenge, Boston College.

R. Ocampo Hoogasian (2009). *Curanderismo, Counselling Psychology, and Ritual: Toward an Integrative Approach*, presented at the 5th Annual Critical Multicultural Counseling and Psychotherapy Conference, University of Toronto.

EDITORIAL REVIEW

Manuscript Reviewer, *Journal of Science & Healing*, reviewed article on Curanderismo and psychological outcomes, October 2012.

FILM DOCUMENTARY

La Magia de la Curación Espiritual: A film compilation of Guatemalan Mayan priests and their understanding and use of spirituality for mental health.

Research Design: **Rachel O. Hoogasian** & Stephen M. Quintana;

Edited by: **Rachel O. Hoogasian** & Steve R. Pereira;

Translations by: Steve R. Pereira & Leo Castillo

MEDIA APPEARANCE

R. Ocampo Hoogasian (2012). *Mestiza/o Spirituality and Curanderismo in Mental Health*. Guest appearance on WORT Radio 89.9, *A Public Affair*, in Madison, WI.

TEACHING

Course Instruction:

Clinical Assistant Professor (Spring 2021) in PSY101 Introduction to Psychology at Arizona State University Polytechnic Campus *7001 E Williams Field Rd, Mesa, AZ 85212*

PSY101 Introduction to Psychology is an undergraduate course that provides an overview of the basic historical and contemporary concepts, people, and processes within the field of psychology. I teach two weekly 1.25

hour lectures to approximately 80-150 students and supervise two teaching assistants. I also utilize web-based instruction technologies.

Clinical Assistant Professor (Spring 2021) in PSY 341 Developmental Psychology at Arizona State University Polytechnic Campus *7001 E Williams Field Rd, Mesa, AZ 85212*

PSY341 Developmental Psychology is an undergraduate course that provides an overview of theories and processes related to psychological and physiological development across the lifespan. I teach two weekly 1.25 hour lectures to approximately 30 students. I also utilize web-based instruction technologies.

Clinical Assistant Professor (Spring 2021) in PSY 315 Personality Theory and Research at Arizona State University Polytechnic Campus *7001 E Williams Field Rd, Mesa, AZ 85212*

PSY 315 Personality Theory and Research is an undergraduate course that provides an overview of theories and research surrounding personality as well as explores the links between personality and one's psychology, emotion, culture, and behavior. I teach two weekly 1.25 hour lectures to approximately 30 students. I also utilize web-based instruction technologies.

Clinical Assistant Professor (Spring 2021) in PSY 444 Adolescent Psychology/Psychopathology at Arizona State University Polytechnic Campus *7001 E Williams Field Rd, Mesa, AZ 85212*

PSY 444 Adolescent Psychology/Psychopathology is an undergraduate course that provides an overview of theories and processes related to adolescent psychological development as well as explorations of common psychological, emotional, and behavioral risk and resiliency factors. I teach two weekly 1.25 hour lectures to approximately 30 students. I also utilize web-based instruction technologies.

Clinical Assistant Professor (Fall 2020) in PSY101 Introduction to Psychology at Arizona State University Polytechnic Campus *7001 E Williams Field Rd, Mesa, AZ 85212*

PSY101 Introduction to Psychology is an undergraduate course that provides an overview of the basic historical and contemporary concepts, people, and processes within the field of psychology. I teach two weekly 1.25 hour lectures to approximately 80-150 students and supervise two teaching assistants. I also utilize web-based instruction technologies.

Clinical Assistant Professor (Fall 2020) in PSY 350 Social Psychology at Arizona State University Polytechnic Campus *7001 E Williams Field Rd, Mesa, AZ*

85212

PSY 350 Social Psychology is an undergraduate course that provides an overview of the field of Social Psychology, including research methods and findings as well as theories and their applications in understanding individual and group cognition, emotion, and behavior. I teach two weekly 1.25 hour lectures to approximately 25 students. I also utilize web-based instruction technologies.

Clinical Assistant Professor (Fall 2020) in PSY 430 Industrial Psychology at Arizona State University Polytechnic Campus *7001 E Williams Field Rd, Mesa, AZ 85212*

PSY430 Industrial Psychology is an undergraduate course that provides an overview of the field of Industrial and Organizational Psychology, including research methods and findings, theories and their applications in the organizational environment. I teach two weekly 1.25 hour lectures to approximately 35 students and supervise one teaching assistant. I also utilize web-based instruction technologies.

Clinical Assistant Professor (Fall 2020) in CAP 325 Professional Practice and Ethics in Counseling at Arizona State University Polytechnic Campus *7001 E Williams Field Rd, Mesa, AZ 85212*

CAP 325 Professional Practice and Ethics in Counseling is an undergraduate course for students in the undergraduate major of Counseling and Applied Psychology. This course reviews basic understandings related to ethical issues in clinical practice, education, and psychological research. I teach two weekly 1.25 hour lectures to approximately 20 students. I also utilize web-based instruction Technologies.

Faculty Associate (Spring 2020) in PSY101 Introduction to Psychology at Arizona State University Polytechnic Campus *7001 E Williams Field Rd, Mesa, AZ 85212*

PSY101 Introduction to Psychology is an undergraduate course that provides an overview of the basic historical and contemporary concepts, people, and processes within the field of psychology. I teach two weekly 1.25 hour lectures to approximately 85 students and supervise two teaching assistants. I also utilize web-based instruction technologies.

Faculty Associate (Spring 2020) in PSY341 Developmental Psychology at Arizona State University Polytechnic Campus *7001 E Williams Field Rd, Mesa, AZ 85212*

PSY341 Developmental Psychology is an undergraduate course that provides an overview of theories and processes related to psychological and physiological development across the lifespan. I teach two weekly 1.25 hour lectures to approximately 30 students. I also utilize web-based instruction technologies.

Lecturer (Spring 2013) in CP650 Theory & Practice of Interviewing at the University of Wisconsin-Madison 335 *Education Building, 1000 Bascom Mall, Madison, WI 53706*.

Supervisor: Alberta M. Gloria, Ph.D

CP650 Theory & Practice of Interviewing is an upper division undergraduate course that emphasizes basic interviewing and communication concepts as they relate to psychological theory. As a lecturer for this course, I taught a weekly 1.25 hour lecture to approximately 150 students. Additionally, I supervised eight teaching assistants through: weekly 1.5 hour group supervision meetings, initial observation of individual teaching assistant's instruction, and provision of formative feedback in individual meetings.

Course Developer and Co-Lecturer (Fall 2012) in CP620/CLS530 Latino/a Spirituality and Mental Health at the University of Wisconsin-Madison, 335 *Education Building, 1000 Bascom Mall, Madison, WI 53706* and Universidad Francisco Marroquin, *Calle Manuel F. Ayau (6 Calle final), zona 10 Guatemala, Guatemala 01010*

Supervisor: Stephen Quintana, Ph.D

CP620/CLS530 Latino/a Spirituality and Mental Health is an upper division undergraduate and graduate course that surveys popular spiritual traditions in the Latino/a world community as they relate to mental health. In addition to co-developing this course with my faculty supervisor, I was responsible for the bulk of weekly (3 hour) instruction and grading for 14 undergraduate students. Students in the course included those attending in the class and others distance learning from the Universidad Francisco Marroquin in Guatemala (2 students).

Lead Teaching Assistant (Fall 2012) & **Teaching Assistant** (Fall 2011-Spring 2012) in CP650 Theory & Practice of Interviewing at the University of Wisconsin-Madison 335 *Education Building, 1000 Bascom Mall, Madison, WI 53706*.

Supervisors: Sarah McArdell Moore, M.S., Stacie Fischell M.A. & Alberta M. Gloria, Ph.D

As a teaching assistant in this course I provided instruction for approximately 20 students in weekly 2.5 hour labs which emphasized experiential learning associated with didactic content. As a lead teaching assistant I acted as a liaison between other teaching assistants and the lecturer helping to troubleshoot classroom management concerns. In this capacity, I also offered teaching support through observation of instruction and provision of feedback. Finally, I guest lectured on the topic of individual differences, communication, and interviewing as it relates to psychology.

Teaching Assistant Practicum (Spring 2011) in CP865 Theory & Practice of Career Interventions at the University of Wisconsin-Madison 335 Education Building, 1000 Bascom Mall, Madison, WI 53706.

Supervisor: Mindi Thompson, Ph.D

CP865 Theory & Practice of Career Interventions is a course for master's students in the Counseling Psychology department that surveys career counseling theory and interventions. As a teaching assistant practicum student, I provided guest lectures and aided in experiential activities.

Guest Lectures:

Guest Lecturer (5/2014) "Qualitative Methods in Studying Latino/a Spirituality and Mental Health" in Dr. Stephen Quintana's CP 620/CHICLA 530 Espiritualidad y lenguaje: dimensiones of Latin@ mental health services at the University of Wisconsin-Madison, 335 Education Building, 1000 Bascom Mall, Madison, WI 53706

Guest Lecturer (2/2013) "Spiritual Patróns and Mayan Healers" in Dr. Alberta Gloria's CHICLA 530 Advanced Topics in Chicana/o and Latina/o Studies: Psychology Research & Theory at the University of Wisconsin-Madison, 335 Education Building, 1000 Bascom Mall, Madison, WI 53706

Guest Lecturer (2/2013) "Fortalezas Familiares: Community Intervention and Research" in Dr. Alberta Gloria's CHICLA 530 Advanced Topics in Chicana/o and Latina/o Studies: Psychology Research & Theory at the University of Wisconsin-Madison, 335 Education Building, 1000 Bascom Mall, Madison, WI 53706

Guest Lecturer (10/2012) "Guatemalan Spirituality and Mental Health" in Dr. Stephen Quintana's CP 860 Multicultural Counseling at the University of Wisconsin-Madison, 335 Education Building, 1000 Bascom Mall, Madison, WI 53706

Guest Lecturer (6/2012) "Qualitative Methods in Studying Latino/a Spirituality and Mental Health" in Dr. Stephen Quintana's CP 804 Research in Guidance and Counseling at the University of Wisconsin-Madison, 335 Education Building, 1000 Bascom Mall, Madison, WI 53706

Guest Lecturer (6/2012) "Latina/o Youth Spirituality and Mental Health" in Dr. Stephen Quintana's ED PSYCH 726 Social Development of Ethnic/Racial Minority Children at the University of Wisconsin-Madison, 335 Education Building, 1000 Bascom Mall, Madison, WI 53706

Guest Lecturer (3/2012) "Mestiza/o Spirituality and Mental Health" in Dr. Alberta Gloria's CHICLA 530 Advanced Topics in Chicana/o and Latina/o Studies: Psychology Research & Theory at the University of Wisconsin-Madison, 335 Education Building, 1000 Bascom Mall, Madison, WI 53706

CLINICAL EXPERIENCE

Assessment:

Growth Through Connection, LLC (Private Practice) (10/2016-present)

1425 S. Higley Rd. #101, Gilbert, AZ, 85296

In my private practice, I complete psychological and psychoeducational pediatric assessments. I assess children and young people from the ages of 4 to 21 years across areas of socio-emotional, behavior, cognitive and neurological functioning. Common areas assessed include: Autism, Attention Deficit Hyperactivity Disorder, Giftedness, Intellectual Disability, depression, anxiety, severe mental illness, relationship concerns, adjustment, and behavioral concerns. I am familiar with common and gold standard assessment measures for these concerns that are used widely by pediatric assessors and school psychologists.

Southern Arizona Psychology Internship Center (SAPIC) (7/2015-7/2016)

Pre-doctoral Psychology Intern La Frontera Center, 502 West 29th, Tucson, AZ 85713

Supervisors: Mayday Levine-Mata, PsyD; Edward Lovejoy, PhD

The Southern Arizona Psychology Internship Center (SAPIC) is affiliated with La Frontera Center one of the largest mental and behavioral health associations in Arizona that provides services to culturally diverse, low-income, and underserved populations. As a pre-doctoral intern at SAPIC, I provide psychological assessment to adults and children surrounding a wide range of diagnostic and clinical needs (i.e. dementia testing, learning disorders, autism, and psychological functioning). The assessments I have used at SAPIC have included the: Wechsler Intelligence Scale for Adults (WAIS-IV), Wechsler Intelligence Scale for Children (WISC-IV), Wechsler Memory Scale – 4th edition (WMS-IV), Millon Clinical Multiaxial Inventory-III (MCMI-III), the Diagnostic Interview Guide for Assessment of Adults with Autism Spectrum Disorder (ASD), the Beck Depression Inventory 2nd edition (BDI-II), Minnesota Multiphasic Personality Inventory-2 (MMPI-2), Symptom Checklist-90-R (SCL-90-R), PTSD Checklist-Civilian Version (PCL-C), Wide Range Achievement Test 4 (WRAT4), Behavior Assessment System for Children 2nd Ed. (BASC-2), Personality Inventory for Children 2nd Ed. (PIC-2), and Tell-Me-A-Story (TEMAS). I have also compiled assessment results and recommendations into psychological reports and relayed findings to clients, parents, case workers, psychiatry providers, and therapists.

Comprehensive Educational Solutions LLC (6/2014-8/2014) Master's level clinician

P.O. Box 12452, Casa Grande, AZ 85230

Supervisor: Bennette Dawson, Ph.D

Comprehensive Educational Solutions LLC (CES) provides a wide range of therapy services (psychological, occupational, speech, and physical) to special

needs students (2-22 years of age) in school districts across central and southern Arizona. As a clinician at CES, I administered assessments for ability and intelligence as well as neurological, academic, behavioral, and socio-emotional functioning to predominantly low-income, Native American, Latino/a, and African American students with learning disabilities. The assessments I used at CES included: Wechsler Intelligence Scale for Children (WISC IV), Developmental Assessment of Young Children (DAYC), A Developmental Neuropsychological Assessment (NEPSY-II), Woodcock Johnson (WJ III & IV) Cognitive and Achievement tests, Test of Non-verbal Intelligence (TONI-4), Behavior Assessment System for Children 2nd Ed. (BASC-2), Personality Inventory for Children 2nd Ed. (PIC-2), Conners 3rd Ed. (Conners-3), and Kinetic-House-Tree-Person Technique (K-H-T-P). I also synthesized data from these assessments into integrated reports and provided teachers and parents with information, implications, and recommendations.

Triage Services:

Counseling and Consultation Services (9/2012-5/2013) Master's level clinician
University of Wisconsin-Madison, 333 East Campus Mall Madison, WI 53715

Supervisors: Amy Margulies, MS, LPC, SAC

Counseling and Consultations Services (C&CS) provides a wide array of mental health services to a diverse community of students at the University of Wisconsin-Madison. As a triage therapist at C&CS, I provided 15-30+ minute consultations with students who were in need of counseling and/or psychiatry services. In this appointment, I would assess clients' chief psychological concerns along with their risk for suicide, harm to self, harm to others, sexual assault, eating disorder, and substance abuse. Additionally, I would determine fit for services, refer clients to community mental health services when applicable, and collaborate with senior staff in decision-making and crisis management. When appropriate, I provided clients with coping strategies and skills to use while they awaited appointments with individual counselors, psychiatrists, or group counselors.

Individual Therapy:

Growth Through Connection, LLC (Private Practice) (10/2016-present)
1425 S. Higley Rd. #101, Gilbert, AZ, 85296

In my private practice, I provide individual therapy. Nearly 70% of my client load is children between the ages of 5 and 18 years, while 30% includes adults and couples. Common issues I address in individual counseling include: Autism, anxiety, depression, self-harm, suicidality, concerns related to sexual or gender identity, Obsessive Compulsive Disorder, ADHD, relationship concerns, familial

concerns, and adjustment. I typically use an integrative approach to treatment drawing from empirically supported treatments like Cognitive Behavioral Therapy, Solutions Focused, Strengths Based, and Dialectical Behavior Therapy. I also integrate art therapy and play into work with younger people.

Southern Arizona Psychology Internship Center (SAPIC) (7/2015-7/2016)

Pre-doctoral Psychology Intern, SALT Center, Bear Down Gym 117, Tucson, AZ 85721

Supervisors: Ken Marsh, PhD

As a pre-doctoral intern at SAPIC, my major rotation included providing individual therapy to college students affiliated with the Strategic Alternative Learning Techniques center (SALT) at the University of Arizona. In order to qualify for the SALT center, these students must have a documented learning disability and or learning difficulty (i.e. autism and ADHD). As a therapist at SALT, I provided weekly individual therapy to students surrounding issues often related to their learning disability and difficulty as well as other mental health concern (i.e. substance use, interpersonal functioning, depression, suicidality, self-harm, and anxiety).

Southern Arizona Psychology Internship Center (SAPIC) (7/2015-7/2016)

Pre-doctoral Psychology Intern, La Frontera Center, 502 West 29th, Tucson, AZ 85713

Supervisors: Edward Lovejoy, PhD

As a pre-doctoral intern at SAPIC, my minor rotation included providing individual therapy to culturally diverse, low-income, children (6-15 years old) at La Frontera Center. Most of my individual clients were involved with the Department of Child Safety (DCS) in either be separated from their parents due to neglect or abuse or no longer under the guardianship of their parents. As a therapist, I provided weekly or bi-weekly individual therapy to children surrounding a wide array of diagnostic needs including: grief and loss, trauma, interpersonal functioning, behavioral functioning, substance use, depression, self-harm, anxiety, and suicidality.

Counseling and Consultation Services (9/2012-5/2013) Master's level clinician

University of Wisconsin-Madison, 333 East Campus Mall Madison, WI 53715

Supervisors: Soumya Palreddy, Ph.D & Bonnie Benson, Ph.D

As a therapist at C&CS, I provided initial assessments of risk and clients' fit for services, referred clients to community mental health services when applicable, attended weekly didactic trainings, and collaborated with medical and psychiatric providers in client care. I also provided brief individual therapy to clients presenting with numerous issues including: depression, anxiety, adjustment, trauma, interpersonal difficulties, substance abuse, and disordered eating.

Wisconsin Psychiatric Institute and Clinics (9/2011-9/2012) Master's level clinician

6001 Research Park Blvd Madison, WI 53719

Supervisors: Lisa McGuffey, Ph.D & Meredith Rumble, Ph.D

Wisconsin Psychiatric Institute and Clinics (WisPic) provides a range of mental health services to children, adolescents, adults, couples, and families in Madison, WI. In collaboration with psychiatric staff at WisPic I provided long-term, individual, therapy to adults suffering from issues like: personality disorder, depression, bi-polar disorder, anxiety, sleep concerns, trauma, sexual abuse, disordered eating, chronic illness, and grief. I also was provided with live supervision and gained skills in crisis management of clients' suicidal ideation. Finally, I attended weekly trainings on empirically supported treatments including Mindfulness Based Therapy, Acceptance and Commitment Therapy, Interpersonal Therapy, and Cognitive Behavioral Therapy.

Educational Psychology Training Clinic (9/2010-7/2011) Master's level clinician
University of Wisconsin-Madison, Rm 316 Educational Science Bldg.
1025 W. Johnson St. Madison, WI 53706

Supervisor: Clare McGuinness, Ph.D

The Educational Psychology Training Clinic (EPTC) provides low-cost and sliding scale mental health services to children, adolescents, adults, families, and couples in the Madison, WI. As a therapist at the EPTC, I provided initial assessments of risk and fit for services. I also provided individual therapy to an adolescent and several adults surrounding issues of depression, anxiety, sexual abuse, trauma, and interpersonal difficulties. Here, I took advantage of live supervision by being observed, observing others, and participating in nightly group supervision to exchange feedback.

Needham Youth Services (9/2009-5/2010) Clinical Intern
1471 Highland Avenue Needham, MA 0249

Supervisors: Alex Kosciak, M.A. & Katy Colthart, LICSW

Needham Youth Services provides a wide range of mental health services and programs to youth and families in Needham, MA. As an intern at Needham Youth Services I provided initial assessment of clients' risk and fit for services. I also provided individual therapy to youth surrounding substance abuse, communication, adjustment, loss, depression, and anxiety. Finally, I gained special training in the provision of substance abuse treatment with youth as provided by county officials.

Group Therapy:

Southern Arizona Psychology Internship Center (SAPIC) (7/2015-7/2016)
Pre-doctoral Psychology Intern, SALT Center, Bear Down Gym 117, Tucson, AZ 85721
Supervisors: Ken Marsh, PhD

As a pre-doctoral intern at SAPIC, my major rotation included providing group therapy to college students affiliated with the SALT center at the University of Arizona. I co-led one year-long Interpersonal Process Group surrounding personal

growth and interpersonal relationships which involved 5-12 students. Group sessions were weekly and typically lasted one hour. Sessions also included: psycho-education, mindfulness, discussion, and providing and processing interpersonal feedback. I also co-lead a support and social skills group for students at the SALT center that were on the Autism Spectrum. This consisted of weekly, 1-hour sessions that encouraged students to discuss everyday struggles associated with adjusting to campus, navigating social relationships, and managing co-morbid mental health issues like social anxiety and depression.

Southern Arizona Psychology Internship Center (SAPIC) (7/2015-7/2016)

Pre-doctoral Psychology Intern, La Frontera Center, 502 West 29th, Tucson, AZ 85713

Supervisors: Edward Lovejoy, PhD

As a pre-doctoral intern at SAPIC, my minor rotation included developing and piloting a group therapy program for children in the DCS system struggling with issues related to trauma, grief, and loss. In this, I created and piloted a group therapy program for children aged 5-8 years old who had recently been separated from their parents. This program included approximately 10, 1-hour sessions with a group of 5 to 9 children that involved basic psychoeducation about emotions related to the trauma of abuse, neglect, and separation as well as coping strategies to boost emotional wellness. Children also learned more about the DCS system and the role of specific persons on their treatment team.

Wisconsin Psychiatric Institute and Clinics (9/2011-9/2012) Master's level clinician

6001 Research Park Blvd Madison, WI 53719

Supervisor: Erri Hewitt, Ph.D.

In consultation with other group leaders and group supervisor, I co-led weekly, 2-hour Dialectical Behavior Therapy (DBT) skills groups for women and men with personality disorders and other severe and chronic mental illness. I completed 1.5 hour, initial DBT intake assessments for possible clients to obtain information on their fit and goals for group. In the group I encouraged clients to give effective feedback to one another on skill use, didactically taught new skills within the DBT model, and experientially practiced new skills with clients. As a co-leader of these groups, I also gained practice in crisis management, supportive telephone communication, and effective collaboration with individual therapists and hospital providers.

Fortalezas Familiares Program (9/2011-5/2012) Master's level clinician

University of Wisconsin-Madison School of Education 335 Education Building

1000 Bascom Mall Madison, WI 53706

Supervisor: Carmen Valdez, Ph.D.

Fortalezas Familiares (FF) is a research/clinical program that was adapted and implemented for Latino/a families in the Madison, WI, who struggle with maternal depression and other environmental and systemic difficulties. In this program I co-led a weekly, 2-hour therapeutic group with children (9-12 years

old) that encouraged coping and provided psycho-education about depression. As a co-leader, I also called children over the phone to monitor homework completion and discuss group dynamics.

Needham Youth Services (9/2009-5/2010) Clinical Intern

1471 Highland Avenue Needham, MA 0249

Supervisors: Alex Kosciak, M.A. & Katy Colthart, LICSW

In addition to providing individual therapy, I co-led in-school psycho-education groups and workshops for youth in the Needham school district. Groups and workshops included those focused on positive adjustment and behavior in the school setting, anti-bullying and cyber-bullying, girls' empowerment, positive body image, and anti-violence. Students within each group and workshop ranged from 5 to 17 years of age.

Family Therapy:

Growth Through Connection, LLC (Private Practice) (10/2016-present)

1425 S. Higley Rd. #101, Gilbert, AZ, 85296

In my private practice, I facilitate family therapy. I invite parents into treatment with younger clients (with client present or without) for multiple reasons, including: safety concerns, behavioral issues, parent/child conflict, issues of sexual and gender identity, divorce/separation, or family transition. I invite family members into work with adults when family concerns relate to individual mental health issues (e.g. marriage or relationship problems).

Southern Arizona Psychology Internship Center (SAPIC) (7/2015-7/2016)

Pre-doctoral Psychology Intern, La Frontera Center, 502 West 29th, Tucson, AZ 85713

Supervisors: Edward Lovejoy, PhD

In addition to providing individual therapy in my minor rotation at SAPIC, I also provided family therapy to children and their parents. This included therapeutic discussions surrounding gathering information regarding the family system and developing treatment interventions that promoted positive change. Interventions included: co-parenting, positive parenting strategies, fostering communication, and enabling stronger emotional bonds between family members.

Educational Psychology Training Clinic (9/2010-7/2011) Master's level clinician

University of Wisconsin-Madison, Rm 316 Educational Science Bldg.

1025 W. Johnson St. Madison, WI 53706

Supervisor: Clare McGuinness, Ph.D

As a therapist at the EPTC I provided family counseling to an adolescent and her father surrounding issues of depression, anxiety, sexuality questioning, familial mental illness, and separation from caregivers. I also consulted with teachers and

individual therapy providers to inform familial adjustment and coping in treatment.

Fortalezas Familiares Program (9/2011-5/2012) Master's level clinician
*University of Wisconsin-Madison School of Education 335 Education Building
1000 Bascom Mall Madison, WI 53706*

Supervisor: Carmen Valdez, Ph.D.

Along with providing group therapy in this program, I also co-facilitated family meetings with children and their parents. In these monthly meetings I helped to provide opportunities for children and parents to share their concerns and goals for the family. Family meetings acted as the culmination of group therapy work with children and parents that galvanized overall familial communication, togetherness, and harmony.

Needham Youth Services (9/2009-5/2010) Clinical Intern
1471 Highland Avenue Needham, MA 0249

Supervisors: Alex Kosciak, M.A. & Katy Colthart, LICSW

Along with individual and group therapy, I also provided family therapy at Needham Youth Services. In family therapy, I helped parents to better understand ways they could support their children struggling with behavior problems, substance use, depression, and anxiety. I also encouraged the sharing of concerns between children and parents and facilitated finding strategies to support overall familial harmony.

Provision of Clinical Supervision:

Counseling and Counseling Psychology, Counselor Training Center (CTC) (Spring 2021)
Clinical Supervisor

I provided one on one supervision to two doctoral students in the Counseling Psychology Program during their clinical practicum. Students met with clients via telehealth and supervision was conducted live as well as via video review, weekly.

Southern Arizona Psychology Internship Center (SAPIC) (7/2015-7/2016) Pre-doctoral
Psychology Intern, La Frontera Center, 502 West 29th, Tucson, AZ 85713

I provided one extern from the University of Arizona supervision for an academic semester. Weekly supervision addressed the extern's clinical work at La Frontera mental health center.

Supervisor to Master's level students (Fall 2012-Spring 2013) as part of
CP902 Practicum in Supervision.

Supervisors of Supervision: Parrish Paul, Ph.D & Nicole Levy, Ph.D

CP902 is a course for advanced doctoral students in the University of Wisconsin-Madison Counseling Psychology graduate program. It trains doctoral students to provide clinical supervision through didactic and experiential learning.

In this course I provided weekly supervision to two masters level students over the course of one year who practiced therapy with volunteer clients.