

Frida Espinosa Cárdenas

Ph.D. Candidate in Global Health

School of Human Evolution and Social Change, Arizona State University,
900 S. Cady Mall, Tempe, AZ, 85287
E-Mail: fcespino@asu.edu <https://www.linkedin.com/in/fridaespinosa/>

EDUCATION

Ph.D. 2025
(in progress) (anticipated) Arizona State University, Tempe, Arizona, USA (Global Health)

Three-part dissertation:

1. *Community-based doulas in Arizona and the policy landscape that led to Medicaid reimbursement for doula care.*
2. *Cultivating Birth Justice: Birthworker Perspectives on Knowledge Sharing, Embodying the Sacred, and Accountability of Systems.*
3. *El Buen Nacer: A Transterritorial Exploration of 'El Buen Vivir' Amongst Culturally Rooted Birthworkers in Central Mexico and Arizona.*

Coursework: POP 610 Social Epidemiology; DNP 711 Healthcare Policy and Innovation; ASB 500 Research Design for Behavioral and Social Sciences; ASB500 Qualitative Data Analysis, TSS 598 Health Equity Research; JHR 525 Feminist Action Research; AIS 480 Actualizing Decolonization

MPH 2009 Instituto Nacional de Salud Pública/ National Institute of Public Health, Cuernavaca, México (Public Health)

Manuscript: Sexuality and gender perspective: an educational intervention with La Nopalera youth, Yautepec, Morelos, Mexico. Chair: Luz Arenas, Ph.D. in Medical Anthropology

BA 2005 University of Arizona, Arizona International College, Tucson, Arizona, USA (US/MEX Border Studies and Spanish)

Capstone: New Links along the Border: Cultural and Social Expression through Critical Art and Literacy Education, Nogales, Sonora, Mexico. Chair: Paul Burkhardt, Ph.D.

TEACHING EXPERIENCE

SHESC Research Apprenticeship Program

2024 – 2025 Mentored four SHESC and two Barrett College undergraduate students who assisted with my dissertation data collection and preliminary qualitative analysis, while earning three course credits.

Guest Lecturer

2024 ASB 355: Traditional Medicine & Healing, Lectured on scheduled reading and my dissertation research. Arizona State University, Tempe, AZ.

2022 ASB 100 Global Health, Lectured on Transnational Determinants of Health and preliminary research findings. Arizona State University, Tempe, AZ.

2016 – 2018 Health in Vulnerable Populations; Health in Migrant Populations; Gender, Migration and Development lectures, Center for International Studies Program, LaSalle University, Mexico City, Mexico - Classes were held in English as part of Australian Study Abroad Program.

Teaching Assistant

Summer 2025 ASB 300 Food and Culture, School of Human Evolution and Social Change, Arizona State University. Under the supervision of Dr. Cindi Sturtz Sreetharan, I coordinated with a lead TA and a team of four TA's and five graders. I attended to students' individual needs through email and provided relevant information on course success and resources. Session A online course.

Spring 2025 ASB 357: Society, Drugs, and Health, School of Human Evolution and Social Change, Arizona State University. Under the supervision of Daniel Hruschka, I graded weekly assignments and quizzes and monitored the discussion board. Session A online course.

Fall 2024 ASB 355: Traditional Medicine & Healing. School of Human Evolution and Social Change, Arizona State University. Under the supervision of Jonathan Maupin, graded written assignments according to the rubric. Session C in-person.

Summer 2024 ASB 100 Global Health, School of Human Evolution and Social Change, Arizona State University. Under the supervision of Dr. Magdalena Hurtado, I monitored student progress, graded, and provided feedback on online assignments on the Packback interface.

Spring 2024 ASB 333: Frauds, Myths, and Mysteries, School of Human Evolution and Social Change, Arizona State University. Under the supervision of Dr. Donna Nash, I grade assignments and quizzes. Session C in-person course.

Fall 2023 ASB 223 Aztecs, Mayas, Incas, School of Human Evolution and Social Change, Arizona State University. Under the supervision of Michael Smith, I graded assignments and quizzes. Session C in-person course.

Spring 2022 ASB 357 Society, Drugs, and Health, School of Human Evolution and Social Change, Arizona State University. Under the supervision of Daniel Hruschka, I graded weekly assignments and quizzes and monitored the discussion board. Session A online course.

Spring 2022 ASB 222 Buried Cities and Lost Tribes, School of Human Evolution and Social Change, Arizona State University. Under the supervision of Matthew Kroot, I graded weekly assignments. Session A online course.

ASB 332 Life and Death in Ancient Egypt, School of Human Evolution and Social Change, Arizona State University. Under the supervision of Brenda Baker, I graded weekly assignments. Session B online course.

Spring 2022 ASB 100 Global Health, School of Human Evolution and Social Change, Arizona State University. Under the supervision of Dr. Jonathan Maupin, I monitored student progress using the Yellowdig interface and graded project assignments using rubrics. Session C in-person course.

Fall 2021 ASB 300 Food and Culture, School of Human Evolution and Social Change, Arizona State University. Under the supervision of Dr. Rhian Stotts, I graded using the rubrics provided. Session B online course.

Fall 2021 ASB 100 Global Health, School of Human Evolution and Social Change, Arizona State University. Under the supervision of Dr. Magdalena Hurtado, I monitored student progress, graded, and gave feedback on online assignments on the Packback interface. Session A online course.

PROFESSIONAL POSITIONS

Health Policy and Research Intern

06 - 09/2023 Institute for Medicaid Innovation, Washington DC, USA.

- Completed a literature review to support the Maternal Health Policy Summit briefs
- Conducted policy mapping for the Commonwealth Fund Perinatal State Policy Maps and Datasets
- Supported the National Doula Learning Series final sessions and team meetings

Refugee Mental Health Care Manager

03/2018 – 03/2019 U.S. Committee for Refugees and Immigrants, Regional Office, Des Moines, IA, USA.

- Provided medical case management and health advocacy to resettled families. Partnered with parents of children with complex needs and their teachers, school nurses, and medical specialists.
- Supervised a team of four cultural health navigators
- Completed interviews under the Office of Refugee Resettlement Preferred Communities program and tracked improvements using the Quality-of-Life Scale.
- Served families originally from Burma, Bhutan, Eritrea, and the Congo.
- Collaborated with the Iowa Bureau of Refugee Services.
- Sat on the New Iowans Work Group and the Refugee Alliance of Central Iowa Health Subcommittee

Transnational Family Advocacy Coordinator

02/2015 – 11/2017 Instituto de las Mujeres en la Migración A.C. / Institute for Women in Migration, Mexico City, Mexico.

- Led advocacy initiatives between civil society organizations, academia, and state and federal government actors throughout Mexico and the United States. Promoted family reunification for deported parents through policy change, capacity-building, community outreach, technical assistance, and engaging media outlets.
- Supervised four summer interns and coordinated visiting researchers. Directed and published a bilingual online practical guide for families and stakeholders.
- Collaborated with Mexican and U.S. attorneys leading IMUMI's binational legal clinic.
- Maintained a relationship with the Mexican Ministry of Foreign Affairs, the Mexican Consulate Network in the U.S., the Mexican Ministry of Education, the National Agency for Family Development, and the U.S. Embassy U.S. Citizens Services Department.
- Co-chaired three national conferences held at the Foreign Ministry headquarters.
- Founding member of the Southern Arizona Transnational Taskforce and the Polk County Child Welfare and Immigration Committee.
- Trained 15 Arizona judges, attorneys, and child welfare workers. Partnered with Pima County juvenile judges to offer a national webinar training exclusively for judges.
- Partnered with Women's Refugee Commission, We Belong Together, KIND & United We Dream.
- Coordinated the implementation of the Gender on the Move program in Mexico through a collaboration with UN Women. Collaborated with UN Women in Dominican Republic & the Philippines.
- Work funded by a MacArthur Foundation and CAMMINA grant.

Cultural Competence and Customer Service Coordinator

09/2013 – 01/2015 CODAC Behavioral Health Services, Tucson, AZ, USA.

- Strategically planned, implemented, and coordinated agency-wide initiatives within a major behavioral health agency.

- Monitored performance improvement initiatives, including those that address health disparities among underserved populations.
- Implemented Cultural Competence Organizational Assessment.
- Developed training and provided staff with professional development opportunities to effectively serve diverse communities seeking mental health services, including refugee populations, LGBQ and Transgender individuals, People of Color, re-entry, court-ordered, opioid-dependent, mothers in treatment, houseless, and populations.
- Managed Customer Satisfaction Survey data, collected from paper and electronic kiosks.
- Performed basic quantitative and qualitative data analysis to track progress toward agency goals.
- Reported to the agency's executive board.
- Contributed to the development and branding of the Living Out Loud LGBTQIA Health and Wellness Center.
- Conducted outreach, developed, and facilitated focus groups with Spanish-speaking clients and English-speaking older adults. Spearheaded the permanent expansion of Spanish-speaking services based on focus group findings.
- Oversaw translation and interpretation initiatives.
- Sat on the Refugee Behavioral Health State Taskforce, LGBTQ Behavioral Health State Advisory Committee, LGBTQ Behavioral Health Coalition, Native HIV Awareness & Red Road to Sobriety Planning Committee, Regional Behavioral Health Authority Cultural Liaisons Workgroup, and the Pima County Health Equity Workgroup.

Project Evaluator

05/2011- 06/2013 Pima Prevention Partnership, Program Development Services Department, Tucson, AZ, USA.

- Conducted process and outcome evaluations and technical assistance to various federally funded, community-based, and state-run programs in California, Arizona, the Tohono O'odham Nation, and two Pacific Island jurisdictions - the Marshall Islands and American Samoa.
- Used SPSS to analyze and interpret quantitative data; designed evaluation plans and timelines; participated in federal grantee meetings, coordinated and conducted site visits, held client meetings, prepared and presented results, and collaborated in grant writing.
- Provided project-specific training to all program staff assisting in the evaluation process. These included projects related to health, substance use prevention and treatment, child welfare, sex education, homeless and runaway youth, the Strategic Prevention Framework, and refugee resettlement services.
- Used qualitative evaluation methods and conducted over ten focus groups. Led eight facilitated group surveys, a participatory process involving over 150 representatives from Arizona's four largest refugee communities: Iraqi, Bhutanese, Burmese, and Somali.

Technician/Young Adult Case Manager

12/2009-05/2011 COPE Community Services, AZ Behavioral Health, Tucson, AZ, USA.

- Facilitated clinical services for youth, ages 18 to 24, with various mental health diagnoses.
- Managed a full caseload and submitted documentation as required.
- Completed intake assessments.
- Developed strong relationships with families and community partner organizations.
- Developed strong risk assessment and crisis intervention skills.
- Used the Transitions to Independence Process (TIP) program model.

COMMUNITY ENGAGEMENT AND ADVISORY POSITIONS

2023 - 2025 Institute for Medicaid Innovation Arizona Midwifery Learning Collaborative. Serve as a member of the state team to build awareness and support for midwifery models of care in Arizona. Project funded by the Kellogg Foundation.

2022 – 2024 Sacred Community Birth Worker Training Advisory Board, Cihuapactli Collective. Advised during the planning and implementation of the doula training pilot program funded by ADHS.

2021 – 2022 Women’s Health Innovations of Arizona & Cihuapactli Collective, Vitalyst Systems Change Grant Workgroup, Phoenix, AZ. Partnered to launch grant to increase access to birth and mental health peer support. Phoenix, AZ.

PROFESSIONAL CONTRACT AND CONSULTING ACTIVITIES

2021 Women Foundation of Arizona in collaboration with & Liberation Consulting Services to provide DEI workshops which will inform a listening tour, expansion, and rebranding of the foundation. Tucson, AZ

2019 *The Immigration Dragnet and the Dispossession of Household and Community Wealth in the United States* (Translation of Executive Summary). Report funded by NSF Postdoctoral Research Fellowship, Tucson, AZ.

2018 – 2019 Primary Health Care, *Making Critical Connections as Community Health Workers* Workshop Series. Developed content to train health workers in health equity, cultural humility, and social determinants of health. Des Moines, IA.

2018 Women’s Refugee Commission & Institute for Women in Migration
Contracted to plan and coordinate a national webinar training for juvenile judges in matters of transnational family reunification between Mexico and the United States. In coordination with Pima County Juvenile Court. Tucson, AZ.

Trainer

2019 Guadalupe Family Resource Center, Youth Mental Health First Aid Training

2019 Polk County Health Department, Youth Mental Health First Aid Training

2019 Lutheran Social Services/USCRI Des Moines, Youth Mental Health First Aid Training.

PROFESSIONAL RESEARCH AND EVALUATION EXPERIENCE

Research Analyst 11/2020- 7/2021

Southwest Interdisciplinary Research Center, Arizona State University,
Administered participant surveys under the research project titled “Perinatal outcomes and psychosocial health during the COVID-19 pandemic.” Translated survey from English to Spanish. Monitored quality and coordinated a team of data collectors. Under the guidance of Dr. Roseanne Schuster.

Research Analyst 3/2020 – 11/2020

REACH Institute, Arizona State University,
Assessed participant responsiveness of the Bridges program preventative intervention for students and their parents to achieve interrater reliability through observational coding.

Program Evaluator 05/2011 – 06/2013

Program Development Services Dept., Pima Prevention Partnership,
Conducted process and outcome evaluations and provided technical assistance to a variety of federally funded, community-based, and federal programs in California, Arizona, the Tohono O’odham Nation, and two Pacific Island jurisdictions - the Marshall Islands and American Samoa.

Team Project 2007-2009

Participatory Community Health Assessment – La Nopalera rural locality, Morelos, Mexico. Used qualitative methods such as social mapping, focus groups, community forums, and interviews which led to community prioritization and various intervention projects.

<u>Senior Project</u> 2004	'New Links on the Border: Cultural and Social Expression through a Critical Art and Literary Education.' Senior Thesis. Developed and implemented an art and literacy program for children who attended.
<u>Seminar Project</u> 2004	'Cultural Values: A Challenge for Free Trade.' A study of the cycle of NAFTA and its impact on the border, migration, and family separation. Conducted interviews with deported migrants in Nogales, Sonora shelter.
<u>Research Assistant</u> 2003 - 2005	Institute for Children, Youth, and Families, ICYF , Research Assistant. Tucson, AZ, August 2003 to May 2005. Conducted surveys and collected data to capture parents' level of participation in their children's high school education. GEAR Up Program. Bilingual Position.

GRANTS & FELLOWSHIPS

Espinosa, F. (2025) ASU Graduate College Doctoral Completion Fellowship. USD 13,000

Espinosa, F. (2024) American Indian Studies Association Conference Travel Grant. USD 300

Espinosa, F. (2024) ASU SHESC Travel Grant. USD 500

Espinosa, F. (2024 - 2025) (2023 - 2024) Gaswirth Graduate Student Loan Fellowship Program
Tempe, AZ. USD 10,000

Espinosa, F. (2024) Budget de la Gente Participatory Budgeting Grant. City of Tucson Ward 1. In collaboration with the Sahuaro Blossom Birthing Initiative. USD 17,500

Espinosa, F. (2024) SHESC Excellence in Graduate Award in Global Health. USD 300.

Espinosa, F. (2024) American Association of University of Women American Dissertation Fellowship. USD 25000 (Selected as alternate)

Espinosa, F. (2024) ASU SHESC Travel Grant. Awarded to attend the MALCS Summer Institute in Oaxaca, Mexico, and present preliminary findings of my research. USD 500

Espinosa, F. (2024) ASU SHESC Research Grant. Awarded to support the data collection phase of my dissertation, increase participant incentive amount, hire a visual scribe, and purchase necessary equipment. USD 2,000

Espinosa, F. (2023) ASU Graduate and Professional Student Association Travel Grant
Awarded to cover flight and lodging expenses to present at the American Anthropological Association conference in Toronto, Ontario. USD 950

Espinosa, F. (2023) ASU SHESC Research Grant. Awarded to do a lightning talk at the Birth and Beyond Summit in Washington D.C. and establish connections with birthworkers and doula training organizations. Tempe, AZ. USD 500.

Espinosa, F. (2023) SHESC Summer Proposal, Research, or Training Fellowship Awarded to complete my dissertation proposal and cover 1 credit of tuition and fees for continued registration. Tempe, AZ. USD 5,667

Espinosa, F. (2023) SHESC Travel Grant. Awarded to fund my participation in the Native American Indian Studies Conference in Toronto, Canada to develop my capacity in implementing decolonizing research methodologies. Tempe, AZ. USD 2,000.

Espinosa, F. (2023 - 2024) Gaswirth Graduate Student Loan Fellowship Program Awarded a forgivable loan intended for students to pursue a career in sciences, humanities, higher education, non-profit, or governmental agency. Tempe, AZ. USD 10,000

Espinosa, F. (2022) GPSA Justice, Equity, Diversity, and Inclusion (JEDI) Award Awarded for my community-engaged work promoting justice, equity, diversity and inclusion. USD 500

Espinosa, F. ASU Graduate and Professional Student Association Jumpstart Research Grant
The (2022) GPSA Jumpstart Research Grant. Awarded to cover transcript costs of 13 interviews conducted as part of the SHESC Research Grant project in summer 2022. Tempe, AZ. USD 750.

Espinosa, F. (2022 - 2023) Graduate College University Grant USD 10,000 Need-based award to support with financial need as determined by FAFSA

Espinosa, F. (2022) The George Cowgill Teotihuacan Research Award. Awarded to supplement the proposed summer research project. The funds allowed me to visit the Teotihuacan Research Lab and interview a local traditional healer. USD 1,000.

Espinosa, F. (2021) SHESC Research Grant. *Centering ancestral and embodied knowledge of Mexican and immigrant mothering women* Awarded to fund my pilot research project in Morelos and Jalisco, Mexico. USD 3,000.

Espinosa, F. (2007-2009) CONACYT/INSP Fellowship. The National Council for Humanities, Sciences, and Technology (Mexico) Graduate Studies Fellowship Program awarded me full tuition and a monthly stipend to cover living expenses for the two-year master's program

Duran, J. (Principal Investigator) & **Espinosa, F. (2004) New Links along the Border: Cultural and Social Expression through Critical Art and Literacy Education**, CONAHEC **BorderPACT Binational Grant.** Awarded to fund my Senior Thesis. In collaboration with the University of Arizona and Instituto Tecnológico de Nogales faculty. Developed curriculum and a new classroom was built at the Borderlinks community center in Nogales, Mexico. USD 15,000.

EXTERNAL DISSERTATION RESEARCH GRANTS

May 2023 **The College of Health Solutions Maternal and Child Health Translational Research Team (MCHTRT) Mini-Grant** was awarded to fund my dissertation data collection activities, including travel expenses between Tucson and Phoenix, an honorarium for Cihuapactli Collectives as the partnering organization, and incentives and meals for research participants. USD 7,358

PUBLICATIONS

3) Arenas Monreal, L., Pacheco Magaña, L.E., Espinosa Cárdenas, F., Cortez Lugo, M., Rueda Nería, C.M., Valdez Santiago, R. (2024) Community initiative: community-based participatory research in a region of Mexico. *Horizonte Sanitario*. Vol. 23 No. 2 Universidad Juárez Autónoma de Tabasco. DOI: <https://doi.org/10.19136/hs.a23n2.5835>

Peer Reviewed Book Chapters

2) Jacobo Suárez, M., & **Espinosa Cárdenas, F.** (2017). Retos al acceso educativo en el contexto de migración de retorno en México: el caso de la dispensa de la apostilla del acta de nacimiento extranjera. In G. C. Valdez Gardea & I. García (Eds.), *Tránsito y Retorno de la Niñez Migrante: Epílogo en la administración Trump* (pp. 175–203). Colegio de Sonora.

1) Cervín García V., Esparza L., **Espinosa Cárdenas F.**, Pacheco Magaña L.E., Wilches J.L., Parada I., Cortez M., Monreal M.L. (2008). Experiencia de diagnóstico integral participativo y con enfoque ecosistémico en Morelos. In M.L. Arenas Monreal, N. Sosa Delgado, A. Corrales Trujillo (Eds.) *Experiencias de acercamiento comunitario y participación de la población en salud.* (pp. 50-65) INDESOL/SEDESOL/INSP.

Masters Thesis (Unpublished manuscript)

Espinosa Cárdenas, F.

2009 Sexualidad y perspectiva de género: intervención educativa con jóvenes de La Nopalera. Cuernavaca, México.

Toolkits

Espinosa Cárdenas, F.

2018 “A Brief Guide for Families, Organizations and Public Officials: Resources to inform, support and prepare families for a possible return to Mexico.”

<http://impactodemeditas.imumi.org/ingles/> Instituto para las Mujeres en la Migración, Mexico City, Mexico.

Espinosa, F. as a member of the Southern Arizona Transnational Taskforce.

2019 Meaningful Ties for A Toolkit for Child Welfare Cases – Judges, Attorneys, and Child Welfare Personnel, Tucson, Arizona 2018, 2nd edition published June 2019.

https://www.azcourts.gov/Portals/46/meaningful%20ties%20rev%206_19%20FINAL.pdf?ver=2019-06-24-160948-97

FIELD EXPERIENCE

Spring and Summer 2024	Student Researcher. Tucson & Phoenix, Arizona & Virtual. Dissertation research comprised three listening sessions and three sharing circles with birth equity stakeholders. Funded by ASU College of Health Solutions MCHTRT grant.
Summer 2022	Student Researcher. Mexico City, Morelos, Teotihuacan, and Jalisco, Mexico, Pilot Research funded by SHESC Research Grant. Conducted 12 in-depth interviews and autoethnographic field notes.
2013	International Human Rights Delegate. Ibagué & Bogotá, Colombia, Alliance for Global Justice. Met with families of political prisoners and social movement leaders.
April 2012	International Observer for Marcha Patriótica. Bogotá, Colombia, Alliance for Global Justice. Observer during the historic launch of a new political movement and march.
August 2012	Local Evaluation Staff Trainer. Majuro, Marshall Islands, Pima Prevention Partnership. Assisted lead Evaluator in data collection activities and trained local staff to improve data collection and management.
October 2011	Evaluation Team Member. American Samoa, Pima Prevention Partnership. Met with coalition leaders and visited sites the Strengthening Families Program was implemented to inform the island-wide evaluation project further.
2007 – 2009	Graduate Student. Yautepéc, Mexico, Instituto Nacional de Salud Pública. Met with government and community leaders to initiate participatory community health assessment among people of the rural locality of La Nopalera to eventually prioritize health problems and propose intervention projects.
Summer 2006	International Collaborator. Oaxaca, Mexico, Consejo Indígena Popular de Oaxaca-RFM. Worked with youth in rural Zapotec communities and served as an international observer during the historic teacher's struggle in Oaxaca City.

ORGANIZED CONFERENCES

January 2024	Planning Committee Member, 7 th Ancestral Womb Wellness Annual Gathering. Cihuapactli Collective. In-person two-day gathering.
October 2022	Planning Committee Member, 6 th Ancestral Womb Wellness Annual Gathering. Cihuapactli Collective. In-person three-day gathering.
June 2021	Panel Coordinator, 5 th Ancestral Womb Wellness Annual Gathering. Cihuapactli Collective. Served as part of the indigenous evaluation sub-committee. Virtual.
January 2020	Planning Committee Member, 4 th Ancestral Womb Wellness Annual Gathering Cihuapactli Collective. Served as part of the translation/interpretation team. Phoenix, AZ.
July 2017	Co- Chair, Vinculación para la Protección y Atención a Migrantes. Binational forum in conjunction with General Direction of Protection within the Mexican Foreign Ministry held at the Mexican Foreign Ministry in Mexico City, MX.
December 2016	Co- Chair, Vinculación para la Protección y Atención a Migrantes. Two-day binational forum in conjunction with General Direction of Protection within the Mexican Foreign Ministry held at the Mexican Foreign Ministry headquarters in Mexico City, MX.
December 2015	Co- Chair, Vinculación para la Protección y Atención a Migrantes. Two-day binational forum in conjunction with General Direction of Protection within the Mexican Foreign Ministry held at the Mexican Foreign Ministry headquarters in Mexico City, MX.
November 2015	Planning Committee Member, Encuentro de Comunidades Transnacionales: Fortaleciendo Nuestras Experiencias, ITESO Jesuit University, Guadalajara, Mexico

PRESENTATIONS

Academic

Espinosa, Cárdenas, F. (2025, February 6) “*El Buen Nacer*: A Tranterritorial Study of *El Buen Vivir* Among Culturally-Rooted Birthworkers in Central Mexico and Arizona Annual American Indian Studies Association Conference. Arizona State University, Tempe, AZ. Upcoming.

Espinosa Cárdenas, F. (2025, January 25). “Arizona Midwifery Advocacy and Collaboration Panel” [Panel Presentation] Annual AZ Affiliate of the American College Nurse Midwives & Arizona Association of Midwives Conference. University of Arizona, Tucson, AZ. Upcoming.

Espinosa Cárdenas, F. (2024, November 7). “*El Buen Nacer*: Tranterritorial Ethnographic Exploration of “*El Buen Vivir*” Amongst Culturally-Rooted Birthworkers in Central Mexico and Arizona.” [Academic poster] ISSR Graduate Student Poster Contest, Tempe, AZ.

Espinosa Cárdenas, F. (2024, June 24). “Birthing Justice: A Tranterritorial Ethnographic Exploration of Indigenous Feminist Practices among Community-Rooted Birthworkers in Arizona and Central Mexico.” Chicana/Latina Studies MALCS Summer Institute, Universidad Autónoma de México. Oaxaca City, Mexico.

Espinosa Cárdenas, F. (2024, February 10). "The Role of Community-Driven Research in Supporting Culturally-Rooted Birth Work in Arizona." Coming Together: Midwives Changing Arizona. Banner University Medical Center, Phoenix, AZ, United States.

Espinosa Cárdenas, F. (2024, March 26 - 30). "Examining Traumatic Childbirth and the Role of Community-Rooted Birthworkers of Color, Training and Advocacy in Advancing Birth Equity in Arizona" [Forthcoming conference presentation]. Society for Applied Anthropology/Council on Nursing and Anthropology Conference 2024, Santa Fe, New Mexico, United States.

9) Espinosa Cárdenas, F. (2023, November 15 - 19). "Expanding interpretations of trauma in the birth space" [Conference presentation]. American Anthropological Association/Canadian Anthropology Society Conference 2023, Toronto, Ontario, Canada. VIDEO: <https://youtu.be/3sGZR8m9EKk>

8) Espinosa Cárdenas, F. (2023, June 20 - 22). "How is doula-drive education and advocacy addressing the collective history of traumatic birth experiences?" [Conference presentation]. Birth & Beyond Summit 2023, College Park, MD, United States. VIDEO: <https://youtu.be/jqIZHHV008E>

7) Espinosa Cárdenas, F., Schuster, R. C., Wachter, K., Davis, O. I., & Johnson-Agbakwu, C. 2022 "Convergent fears: Transnational determinants of health of pregnant Latin American immigrants during the COVID-19 pandemic" 2022 Maternal and Child Health Conference, Phoenix, AZ, United States. April 7-8, 2023.

6) Espinosa Cárdenas F., Jacobo Suarez M.

2015 "Retos al pleno derecho a la educación de la niñez migrante binacional en México: el caso de la dispensa de la apostilla del Acta de Nacimiento extranjera." Encuentro Internacional de Migración y Niñez Migrante, Colegio de Sonora, Hermosillo, May 2015.

5) Obando Villota L., Espinosa Cárdenas F., Jordan J.

2012 "Colombia: Woman, Mother, Political Prisoner - An intimate look at prisons as the social determinant of physical and mental health of the political prisoners, prisoners of conscience, and prisoners of war of Colombia and their families." Presentation - XII Latin American Social Medicine Conference, Montevideo, Uruguay, November 2012.

4) Espinosa Cardenas F., Jordan J.

2012 "Beyond the Walls: A Visit with the Women of El Buen Pastor, Patio Six" Presentation – Social Justice Symposium, Mel and Enid Zuckerman College of Public Health, University of Arizona, Tucson, Arizona, March 2012.

3) Arenas-Monreal M.L., Cervín-García V., Cruz-Sánchez M., Espinosa Cárdenas F., Pacheco-Magaña L.E., Wilches-Gutiérrez J.L., Celada-Murillo V.

2009 "El espacio local: sitio para la construcción de ciudadanía y derecho en salud." Presentation - XI Latin American Social Medicine Conference, Bogotá, Colombia, November 2009.

2) Espinosa Cárdenas F.

2009 "Mexican Rural Youth, Gender and Sexuality: A Health Promotion Youth Project" Presentation - IV Latin American Health Promotion Conference. Medellín, Colombia, November 2009.

1) Espinosa Cárdenas F.

2008 "Integrating community youth in a participatory community health diagnosis: a step towards healthy communities." Presentation - EcoHealth Forum of the International Association of Ecology and Health 2008. INSP – IDRC. Yucatán, Mexico, December 2008.

Community

2) López K, Ferreira D, Quintana S, Alcaraz-Ochoa R, Espinosa Cárdenas F.

2014 “Rainbows and Cages: Immigration, Detention and Prisons.” In collaboration with Rainbow Defense Fund and The Florence Project. Let’s Get Better Together (LGBT Health) Conference, Tucson, Arizona, May 2014.

1) Espinosa Cárdenas F.

2013 “Incarceration, Health and Families in Colombia: A video presentation of family member testimonies of El Tolima, Colombia.” In collaboration with Alliance for Global Justice and Diego Martinez of Comité Permanente por la Defensa de los Derechos Humanos, Colombia. Tear Down the Walls National Gathering, Tucson, Arizona, November 2013.

PROFESSIONAL PRESENTATIONS & TRAININGS

Witt, C. Honorable, **Espinosa F.**

2018 “Child Welfare and Immigration: Practical Strategies for Child Welfare Cases Involving Transnational Families.” Iowa Children’s Justice Meeting, Ames, Iowa, March 2018.

Espinosa F.

2018 Child Welfare and Immigration: Practical Strategies for Child Welfare Cases involving Transnational Families – Polk County Decat Providers Meeting, Des Moines, Iowa, October 2018.

2018 (Coordinator) “Practical Strategies & Lessons Learned from the Bench for Child Welfare Cases Involving Transnational Families.” A webinar sponsored by the Institute for Women in Migration and the Women’s Refugee Commission with support of the Annie E. Casey Foundation, January 2018.

2016 “A Parent’s Permanent Return to Mexico and its implications for Family Reunification.” International Social Services-USA’s 6th Annual Conference, The Ties That Bind: Exploring the Causes and Consequences of Children Separated from Their Families Across International Borders, University of Maryland, Baltimore, Maryland, October 2016.

2016 “Child Welfare and Immigration: Practical Strategies for Child Welfare Cases Involving Transnational Families.” Pima County Juvenile Court Judges and Child Services Training, March 2016.

2015 – 2016 Gender on the Move, UN Women Workshop Series, Presented series of workshops to Mexican federal, state, and local officials, as well as civil society, students and grassroots collectives.

Media Interviews

Selected Examples:

<https://imm-print.com/borderlines-separated-families-find-an-ally/>

https://tucson.com/news/when-parents-deported-kids-can-often-land-in-foster-care/article_e72e4768-da4a-53ce-b71c-9852e5f19e46.html

<http://comunicacion.senado.gob.mx/index.php/informacion/boletines/87-internacional/37036-el-senado-y-el-congreso-deben-ser-articuladores-en-la-construccion-de-alternativas-para-la-migracion.html>

<https://www.nbcnews.com/news/latino/women-black-groups-mark-5-years-arizona-immigration-law-n346471>

SERVICE

Professional

2020-2024 Board Member. Mariposas Sin Fronteras, 501 c3 non-profit organization, Tucson, AZ.

2018-2020 Founding Member. Polk County Child Welfare and Immigration Committee, Des Moines, IA.

2015-2018 Founding Member. Southern Arizona Transnational Taskforce, Tucson, AZ.

2014-2015	Volunteer Member. Mariposas Sin Fronteras 501 c3 non-profit organization, Tucson, AZ.
2013-2015	Board Member. House of Neighborly Service “La Escuelita” Community Center and 501 c3 non-profit organization, South Tucson, AZ.
University	
2007-2009	Vice President, Student Association of the Public Health School of Mexico, AEESPM, Cuernavaca, Morelos, MX.

2001-2009	Advisory Committee Member, Student Organization of North America, Consortium for North American Higher Education Collaboration, CONAHEC.
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CONTINUING EDUCATION

July 2021	Zaagi'idiwin Full-Spectrum Indigenous Doula Training with full scholarship from Changing Woman Initiative, Santa Fe, NM (Remote).
Nov. 2018	Youth Mental Health First Aid Instructor Training, Mental Health First Aid USA, with full scholarship from Project AWARE, Iowa Department of Education, Des Moines, Iowa (Bilingual certification).
March 2015	Training of Trainers, <i>Gender on the Move: Working on the migration-development nexus from a gender perspective</i> . United Nations Entity for Gender Equality and the Empowerment of Women (UN Women) Santo Domingo, DR.
June 2014	Health in Prisons Summer Course, Johns Hopkins Bloomberg School of Public Health in collaboration with the International Committee of the Red Cross (ICRC), Baltimore, Maryland

PROFESSIONAL MEMBERSHIPS

2023 - 2025	Native American and Indian Studies Association
2024	Mujeres en Acción Letras y Cambio Social (MALCS)
2024	American Anthropological Association
2023	Arizona Public Health Association
2009-2012	Latin American Social Medicine Association