

Frida Espinosa Cárdenas

Ph.D. Student in Global Health

School of Human Evolution and Social Change, Arizona State University,
900 S. Cady Mall, Tempe, AZ, 85287

E-Mail: fcespino@asu.edu <https://www.linkedin.com/in/fridaespinosa/>

EDUCATION

Ph.D. 2025
(in progress) *(anticipated)* Arizona State University, Tempe, Arizona, USA (Global Health)

Dissertation Proposal: “The role of culturally-specific birth workers in securing Medicaid reimbursement for doula care in Arizona and beyond.” Chair: Roseanne Schuster, Ph.D.

Relevant coursework: DNP 711 Healthcare Policy and Innovation; ASB 500 Research Design for Behavioral and Social Sciences; ASB500 Qualitative Data Analysis, TSS 598 Health Equity Research; JHR 525 Feminist Action Research

MPH 2009 Instituto Nacional de Salud Pública/ National Institute of Public Health, Cuernavaca, México (Public Health)

Manuscript: “Sexuality and gender perspective: an educational intervention with La Nopalera youth,” Yautepec, Morelos, Mexico. Chair: Luz Arenas, Ph.D. in Medical Anthropology

BA 2005 University of Arizona, Arizona International College, Tucson, Arizona, USA (US/MEX Border Studies and Spanish)

Capstone: “New Links along the Border: Cultural and Social Expression through Critical Art and Literacy Education,” Nogales, Sonora, Mexico. Chair: Paul Burkhardt, Ph.D.

PROFESSIONAL POSITIONS

Refugee Mental Health Care Manager

03/2018 – 03/2019 U.S. Committee for Refugees and Immigrants, Des Moines Regional Office, Des Moines, IA, USA.

- Provided medical case management and health advocacy to resettled refugee families. Partnered with parents of children with complex needs and their teachers, school nurses, and medical specialists.
- Supervised a team of four cultural health navigators
- Completed intake interviews under the Office of Refugee Resettlement Preferred Communities program and tracked improvements using the Quality-of-Life Scale.
- Served families originally from Burma, Bhutan, Eritrea, and the Congo.
- Collaborated with Iowa Bureau of Refugee Services.
- Sat on the New Iowans Work Group and the Refugee Alliance of Central Iowa Health Subcommittee

Transnational Family Advocacy Coordinator

02/2015 – 11/2017 Instituto de las Mujeres en la Migración A.C. / Institute for Women in Migration, Mexico City, Mexico.

- Led advocacy initiatives between civil society organizations, academia, and state and federal government actors throughout Mexico and the United States.
- Promoted family reunification for deported parents through policy change, capacity-building, community outreach, technical assistance, and engaging media outlets.

- Addressed the social and legal issues transnational and mixed-status families face through a gender perspective, including family separation and the lack of access to basic services when families permanently returned to Mexico.
- Offered over 20 workshops throughout Mexico and the US to federal, state, and local government officials & civil society.
- Supervised four summer interns and coordinated visiting researchers
- Directed and published a bilingual online practical guide for families and stakeholders.
- Collaborated with Mexican and U.S. immigration attorneys leading IMUMI's binational legal clinic.
- Maintained a relationship with the Mexican Ministry of Foreign Affairs, the Mexican Consulate Network in the U.S., the Mexican Ministry of Education, the National Agency for Family Development, and the U.S. Embassy U.S. Citizens Services Department.
- Co-chaired three national conferences held at the Foreign Ministry headquarters.
- Founding member of the Southern Arizona Transnational Taskforce and the Polk County Child Welfare and Immigration Committee.
- Trained 15 Arizona judges, attorneys, and child welfare workers. Partnered with Pima County juvenile judges to offer a national webinar training exclusively for judges.
- Partnered with the Women's Refugee Commission, We Belong Together, KIND, and United We Dream.
- Coordinated the implementation of the Gender on the Move program through a collaboration with UN Women. Under this project, I traveled to the Dominican Republic to be trained and to the Philippines to evaluate the implementation.
- Work funded by a MacArthur Foundation and CAMMINA grant.

Cultural Competence and Customer Service Coordinator

09/2013 – 01/2015 CODAC Behavioral Health Services, Tucson, AZ, USA.

- Strategically planned, implemented, and coordinated agency-wide initiatives within a major behavioral health agency.
- Monitored performance improvement initiatives, including those that address health disparities among under-served populations.
- Implemented Cultural Competence Organizational Assessment.
- Developed training and provided staff with professional development opportunities to effectively serve diverse communities seeking mental health services, including refugee populations, LGBTQ and Transgender individuals, People of Color, re-entry, court-ordered, opioid-dependent, mothers in treatment, houseless, and populations.
- Managed Customer Satisfaction Survey data, collected from paper and electronic kiosks.
- Performed basic quantitative and qualitative data analysis to track progress toward agency goals.
- Reported to the agency's executive board.
- Contributed to the development and branding of the Living Out Loud LGBTQIA Health and Wellness Center.
- Conducted outreach, developed, and facilitated focus groups with Spanish-speaking clients and English-speaking older adults. Spearheaded the permanent expansion of Spanish-speaking services based on focus group findings.
- Oversaw translation and interpretation initiatives.
- Sat on the Refugee Behavioral Health State Taskforce, LGBTQ Behavioral Health State Advisory Committee, LGBTQ Behavioral Health Coalition, Native HIV Awareness & Red Road to Sobriety Planning Committee, Regional Behavioral Health Authority Cultural Liaisons Workgroup, and the Pima County Health Equity Workgroup.

Project Evaluator

05/2011- 06/2013 Pima Prevention Partnership, Program Development Services Department, Tucson, AZ, USA.

- Conducted process and outcome evaluations and provided technical assistance to various federally funded, community-based, and state-run programs in California, Arizona, the Tohono O’odham Nation, and two Pacific Island jurisdictions - Marshall Islands and American Samoa.
- Used SPSS to analyze and interpret quantitative data; designed evaluation plans and timelines; participated in federal grantee meetings, coordinated and conducted site visits, held client meetings, prepared and presented results, and collaborated in grant writing.
- Provided project-specific training to all program staff assisting in the evaluation process. These included projects related to health, substance use prevention and treatment, child welfare, sex education, homeless and runaway youth, the Strategic Prevention Framework, and refugee resettlement services. - -Used qualitative evaluation methods and conducted over ten focus groups. Led eight facilitated group surveys, a participatory process involving over 150 representatives from Arizona's four largest refugee communities: Iraqi, Bhutanese, Burmese, and Somali.

Technician/Young Adult Case Manager

12/2009-05/2011 COPE Community Services, AZ Behavioral Health, Tucson, AZ, USA.

- Facilitated clinical services for youth, ages 18 to 24, with various mental health diagnoses.
- Managed a full caseload and submitted documentation as required.
- Completed intake interviews.
- Developed strong relationships with families and community partner organizations.
- Developed strong risk assessment and crisis intervention skills.
- Utilized the Transitions to Independence Process (TIP) program model to guide program initiatives and activities, including life skills training.

PROFESSIONAL CONTRACT AND CONSULTING ACTIVITIES

Consultant

- 2022 – present Sacred Community Birth Worker Training Advisory Board, Cihuapactli Collective. Advised during the planning and implementation of the doula training pilot program funded by ADHS. This program has been recognized as one of five doula state-certification training programs by the State of Arizona.
- 2021 – 2022 Women’s Health Innovations of Arizona & Cihuapactli Collective, Vitalyst Systems Change Grant Workgroup, Phoenix, AZ. Partnered to launch grant to increase access to birth and mental health peer support. Phoenix, AZ.
- 2021 Southern Arizona Women’s Foundation in collaboration with & Liberation Consulting Services to provide DEI workshops which will inform a listening tour, expansion, and rebranding of the foundation. Tucson, AZ

Contracted Translator

- 2019 *The Immigration Dagnet and the Dispossession of Household and Community Wealth in the United States* (Executive Summary). Report funded by NSF Postdoctoral Research Fellowship, Tucson, AZ.

Contractor

- 2018 – 2019 Primary Health Care, *Making Critical Connections as Community Health Workers* Workshop Series. Developed content to train health workers in health equity, cultural humility, and social determinants of health. Des Moines, IA.

Contracted Coordinator

- 2018 Women’s Refugee Commission & Institute for Women in Migration Contracted to plan and coordinate a national webinar training for juvenile judges in matters of transnational family reunification between Mexico and the United States. In coordination with Pima County Juvenile Court. Tucson, AZ.

Trainer

- 2019 Guadalupe Family Resource Center, Youth Mental Health First Aid Training
- 2019 Polk County Health Department, Youth Mental Health First Aid Training
- 2019 Lutheran Social Services/USCRI Des Moines, Youth Mental Health First Aid Trainings.

PROFESSIONAL RESEARCH AND EVALUATION EXPERIENCE

- Research Analyst** 11/2021- 7/2021 **Southwest Interdisciplinary Research Center, Arizona State University,** Administered participant surveys under the research project titled “Perinatal outcomes and psychosocial health during the COVID-19 pandemic.” Translated survey from English to Spanish. Monitored quality and coordinated a team of data collectors. Under the guidance of Dr. Roseanne Schuster.
- Research Analyst** 3/2020 – 11/2021 **REACH Institute, Arizona State University,** Assessed participant responsiveness of the Bridges program preventative intervention for students and their parents to achieve interrater reliability through observational coding.
- Program Evaluator** 05/2011 – 06/2013 **Program Development Services Dept., Pima Prevention Partnership,** Conducted process and outcome evaluations and provided technical assistance to a variety of federally funded, community-based, and federal programs in California, Arizona, the Tohono O’odham Nation, and two Pacific Island jurisdictions - the Marshall Islands and American Samoa.
- Team Project** 2007-2009 **Participatory Community Health Assessment – La Nopalera rural locality, Morelos, Mexico.** Used qualitative methods such as social mapping, focus groups, community forums, and interviews which led to community prioritization and various intervention projects.
- Senior Project** 2004 **‘New Links on the Border: Cultural and Social Expression through a Critical Art and Literary Education.’** Senior Thesis. Developed and implemented an art and literacy program for children who attended.
- Seminar Project** 2004 **‘Cultural Values: A Challenge for Free Trade.’** A study of the cycle of NAFTA and its impact on the border, migration, and family separation. Conducted interviews with deported migrants in Nogales, Sonora shelter.
- Research Assistant** 2003 - 2005 **Institute for Children, Youth, and Families, ICYF,** Research Assistant. Tucson, AZ, August 2003 to May 2005. Conducted surveys and collected data to capture parents’ level of participation in their children’s high school education. GEAR-Up Program. Bilingual Position.

GRANTS

- Espinosa, F. (2023) SHESC Travel Grant.** Awarded to fund my participation in the Native American Indian Studies Conference in Toronto, Canada to develop my capacity in implementing decolonizing research methodologies. Tempe, AZ. USD 2000.
- Espinosa, F. (2022) The George Cowgill Teotihuacan Research Award.** Awarded to supplement the proposed summer research project. The funds allowed me to visit the Teotihuacan Research Lab and interview a local traditional healer. USD 1,000.

Espinosa, F. (2022) GPSA Jumpstart Research Grant. Awarded to cover transcript costs of 12 interviews conducted as part of the SHESC Research Grant project in summer 2022. Tempe, AZ. USD 750.

Espinosa, F. (2021) *Centering ancestral and embodied knowledge of Mexican and immigrant mothering women* SHESC Research Grant. Awarded to fund an initial doctoral research project in Morelos, Mexico. USD 3,000.

Duran, J. (Principal Investigator) & **Espinosa, F. (2004) *New Links along the Border: Cultural and Social Expression through Critical Art and Literacy Education*, CONAHEC BorderPACT Binational Grant.** Awarded to fund my Senior Thesis. In collaboration with the University of Arizona and Instituto Tecnológico de Nogales faculty. Developed curriculum and a new classroom was built at the Borderlinks community center in Nogales, Mexico. USD 15,000.

ACADEMIC AWARDS, HONORS, AND SCHOLARSHIPS

2022	GPSA Justice, Equity, Diversity & Inclusion (JEDI) Award
2022 - 2023	Graduate College University Grant
2007 - 2009	CONACYT/INSP Fellowship. Fellowship funded my MPH,
2004	Anne Lindeman Memorial Scholarship
2004	Honors College Undergraduate Research Grant
2001 - 2002	Arizona International College Student Scholarship

PUBLICATIONS

Peer Reviewed Book Chapters

2) Jacobo Suarez, M., & **Espinosa Cárdenas, F.** (2017). Retos al acceso educativo en el contexto de migración de retorno en México: el caso de la dispensa de la apostilla del acta de nacimiento extranjera. In G. C. Valdez Gardea & I. Garcia (Eds.), *Tránsito y Retorno de la Niñez Migrante: Epílogo en la administración Trump* (pp. 175–203). Colegio de Sonora.

1) Cervín García V., Esparza L., **Espinosa Cárdenas F.**, Pacheco Magaña L.E., Wilches J.L., Parada I., Cortez M., Monreal M.L. (2008). Experiencia de diagnóstico integral participativo y con enfoque ecosistémico en Morelos. In M.L. Arenas Monreal, N. Sosa Delgado, A. Corrales Trujillo (Eds.) *Experiencias de acercamiento comunitario y participación de la población en salud.* (pp. 50-65) INDESOL/SEDESOL/INSP.

Masters Thesis (Unpublished manuscript)

Espinosa Cárdenas, F.

2009 Sexualidad y perspectiva de género: intervención educativa con jóvenes de La Nopalera. Cuernavaca, México.

Toolkits

Espinosa Cárdenas, F.

2018 “A Brief Guide for Families, Organizations and Public Officials: Resources to inform, support and prepare families for a possible return to Mexico.”
<http://impactodemedidas.imumi.org/ingles/> Instituto para las Mujeres en la Migración, Mexico City, Mexico.

Espinosa, F. as a member of the Southern Arizona Transnational Taskforce.

2019 Meaningful Ties for A Toolkit for Child Welfare Cases – Judges, Attorneys, and Child Welfare Personnel, Tucson, Arizona 2018, 2nd edition published June 2019.
https://www.azcourts.gov/Portals/46/Meaningful%20Ties%20Rev%206_19%20FINAL.pdf?ver=2019-06-24-160948-97

TEACHING EXPERIENCE

Teaching Assistant

- Spring 2023 ASB 357 Society, Drugs, and Health, School of Human Evolution and Social Change, Arizona State University. Under the supervision of Daniel Hruschka, I graded weekly assignments and quizzes and monitored the discussion board. Session A online course.
- Fall 2022 ASB 222 Buried Cities and Lost Tribes, School of Human Evolution and Social Change, Arizona State University. Under the supervision of Matthew Kroot, I graded weekly assignments. Session A online course.
- ASB 332 Life and Death in Ancient Egypt, School of Human Evolution and Social Change, Arizona State University. Under the supervision of Brenda Baker, I graded weekly assignments. Session B online course.
- Spring 2022 ASB 100 Global Health, School of Human Evolution and Social Change, Arizona State University. Under the supervision of Dr. Jonathan Maupin, I monitored student progress using the Yellowdig interface and graded project assignments using rubrics.
- Fall 2021 ASB 300 Food and Culture, School of Human Evolution and Social Change, Arizona State University. Under the supervision of Dr. Rhian Stotts, I graded using the rubrics provided.
- ASB 100 Global Health, School of Human Evolution and Social Change, Arizona State University. Under the supervision of Dr. Magdalena Hurtado, I monitored student progress, graded, and gave feedback on online assignments on the Packback interface.

Guest Lecturer

- 2022 ASB 100 Global Health, Lectured on Transnational Determinants of Health and preliminary research findings. Arizona State University, Tempe, AZ.
- 2016 – 2018 Health in Vulnerable Populations, Health in Migrant Populations, and Gender, Migration and Development courses, Center for International Studies Program, LaSalle University, Mexico City, Mexico
- Periodically invited by the program director to offer lectures to undergraduate and graduate students from Australian and American universities studying abroad in Mexico. Classes were held in English.

FIELD EXPERIENCE

- Summer 2022** Student Researcher. Mexico City, Morelos, Teotihuacan, and Jalisco, Mexico, Pilot Research funded by SHESC Research Grant. Conducted 12 in-depth interviews and autoethnographic field notes.
- 2013** International Human Rights Delegate. Ibagué & Bogotá, Colombia, Alliance for Global Justice. Met with families of political prisoners and social movement leaders.
- April 2012** International Observer for Marcha Patriótica. Bogotá, Colombia, Alliance for Global Justice. Observer during the historic launch of a new political movement and march.

- August 2012** Local Evaluation Staff Trainer. Majuro, Marshall Islands, Pima Prevention Partnership. Assisted lead Evaluator in data collection activities and trained local staff to improve data collection and management.
- October 2011** Evaluation Team Member. American Samoa, Pima Prevention Partnership. Met with coalition leaders and visited sites with Strengthening Families Program was implemented to further inform the island-wide evaluation project.
- 2007 – 2009** Student of Public Health. Yautepec, Mexico, Instituto Nacional de Salud Pública. Met with government and community leaders to initiate participatory community health assessment among people of the rural locality of La Nopalera to eventually prioritize health problems and propose intervention projects.
- Summer 2006** International Collaborator. Oaxaca, Mexico, Consejo Indigena Popular de Oaxaca-RFM. Worked with youth in rural Zapotec communities and served as an international observer during the historic teacher’s struggle in Oaxaca City.

ORGANIZED CONFERENCES

- October 2022** Planning Committee Member, 6th Ancestral Womb Wellness Annual Gathering. Cihuapactli Collective. In-person three-day gathering.
- June 2021** Panel Coordinator, 5th Ancestral Womb Wellness Annual Gathering. Cihuapactli Collective. Served as part of the indigenous evaluation sub-committee. Virtual.
- January 2020** Planning Committee Member, 4th Ancestral Womb Wellness Annual Gathering Cihuapactli Collective. Served as part of the translation/interpretation team. Phoenix, AZ.
- July 2017** Co- Chair, Vinculación para la Protección y Atención a Migrantes. Binational forum in conjunction with General Direction of Protection within the Mexican Foreign Ministry held at the Mexican Foreign Ministry in Mexico City, MX.
- December 2016** Co- Chair, Vinculación para la Protección y Atención a Migrantes. Two-day binational forum in conjunction with General Direction of Protection within the Mexican Foreign Ministry held at the Mexican Foreign Ministry headquarters in Mexico City, MX.
- December 2015** Co- Chair, Vinculación para la Protección y Atención a Migrantes. Two-day binational forum in conjunction with General Direction of Protection within the Mexican Foreign Ministry held at the Mexican Foreign Ministry headquarters in Mexico City, MX.
- November 2015** Planning Committee Member, Encuentro de Comunidades Transnacionales: Fortaleciendo Nuestras Experiencias, ITESO Jesuit University, Guadalajara, Mexico

PRESENTATIONS

Academic

- 7) **Espinosa Cárdenas, F.**, Schuster, R. C., Wachter, K., Davis, O. I., & Johnson-Agbakwu, C. **2022** “Convergent fears: Transnational determinants of health of pregnant Latin American immigrants during the COVID-19 pandemic 2022 Maternal and Child Health Conference, Phoenix, AZ, United States. April 7-8, 2023.
- 6) **Espinosa Cárdenas F.**, Jacobo Suarez M. **2015** “Retos al pleno derecho a la educación de la niñez migrante binacional en México: el caso de la dispensa de la apostilla del Acta de Nacimiento extranjera.” Encuentro Internacional de Migración y Niñez Migrante, Colegio de Sonora, Hermosillo, May 2015.
- 5) Obando Villota L., **Espinosa Cárdenas F.**, Jordan J.

2012 “Colombia: Woman, Mother, Political Prisoner - An intimate look at prisons as the social determinant of physical and mental health of the political prisoners, prisoners of conscience, and prisoners of war of Colombia and their families.” Presentation - XII Latin American Social Medicine Conference, Montevideo, Uruguay, November 2012.

4) Espinosa Cardenas F., Jordan J.

2012 “Beyond the Walls: A Visit with the Women of El Buen Pastor, Patio Six” Presentation – Social Justice Symposium, Mel and Enid Zuckerman College of Public Health, University of Arizona, Tucson, Arizona, March 2012.

3) Arenas-Monreal M.L., Cervín-García V., Cruz-Sánchez M., Espinosa Cárdenas F., Pacheco-Magaña L.E., Wilches-Gutiérrez J.L., Celada-Murillo V.

2009 “El espacio local: sitio para la construcción de ciudadanía y derecho en salud.” Presentation - XI Latin American Social Medicine Conference, Bogotá, Colombia, November 2009.

2) Espinosa Cárdenas F.

2009 “Mexican Rural Youth, Gender and Sexuality: A Health Promotion Youth Project” Presentation - IV Latin American Health Promotion Conference. Medellín, Colombia, November 2009.

1) Espinosa Cárdenas F.

2008 “Integrating community youth in a participatory community health diagnosis: a step towards healthy communities.” Presentation - EcoHealth Forum of the International Association of Ecology and Health 2008. INSP – IDRC. Yucatán, Mexico, December 2008.

Community

2) López K, Ferreira D, Quintana S, Alcaraz-Ochoa R, Espinosa Cárdenas F.

2014 “Rainbows and Cages: Immigration, Detention and Prisons.” In collaboration with Rainbow Defense Fund and The Florence Project. Let’s Get Better Together (LGBT Health) Conference, Tucson, Arizona, May 2014.

1) Espinosa Cárdenas F.

2013 “Incarceration, Health and Families in Colombia: A video presentation of family member testimonies of El Tolima, Colombia.” In collaboration with Alliance for Global Justice and Diego Martínez of Comité Permanente por la Defensa de los Derechos Humanos, Colombia. Tear Down the Walls National Gathering, Tucson, Arizona, November 2013.

PROFESSIONAL PRESENTATIONS & TRAININGS

Witt, C. Honorable, **Espinosa F.**

2018 “Child Welfare and Immigration: Practical Strategies for Child Welfare Cases Involving Transnational Families.” Iowa Children’s Justice Meeting, Ames, Iowa, March 2018.

Espinosa F.

2018 Child Welfare and Immigration: Practical Strategies for Child Welfare Cases involving Transnational Families – Polk County Decat Providers Meeting, Des Moines, Iowa, October 2018.

2018 (Coordinator) “Practical Strategies & Lessons Learned from the Bench for Child Welfare Cases Involving Transnational Families.” A webinar sponsored by the Institute for Women in Migration and the Women’s Refugee Commission with support of the Annie E. Casey Foundation, January 2018.

2016 “A Parent’s Permanent Return to Mexico and its implications for Family Reunification.” International Social Services-USA’s 6th Annual Conference, The Ties That Bind: Exploring the Causes and Consequences of Children Separated from Their Families Across International Borders, University of Maryland, Baltimore, Maryland, October 2016.

2016 “Child Welfare and Immigration: Practical Strategies for Child Welfare Cases Involving Transnational Families.” Pima County Juvenile Court Judges and Child Services Training, March 2016.

2015 – 2016 Gender on the Move, UN Women Workshop Series, Presented series of workshops to Mexican federal, state, and local officials, as well as civil society, students and grassroots collectives.

Media Interviews

Selected Examples:

<https://imm-print.com/borderlines-separated-families-find-an-ally/>

https://tucson.com/news/when-parents-deported-kids-can-often-land-in-foster-care/article_e72e4768-da4a-53ce-b71c-9852e5f19e46.html

<http://comunicacion.senado.gob.mx/index.php/informacion/boletines/87-internacional/37036-el-senad-o-y-el-congreso-deben-ser-articuladores-en-la-construccion-de-alternativas-para-la-migracion.html>

<https://www.nbcnews.com/news/latino/women-black-groups-mark-5-years-arizona-immigration-law-n346471>

SERVICE

Professional

- 2020-present** Board Member. Mariposas Sin Fronteras, 501 c3 non-profit organization, Tucson, AZ.
- 2018-2020** Founding Member. Polk County Child Welfare and Immigration Committee, Des Moines, IA.
- 2015-2018** Founding Member. Southern Arizona Transnational Taskforce, Tucson, AZ.
- 2014-2015** Volunteer Member. Mariposas Sin Fronteras 501 c3 non-profit organization, Tucson, AZ.
- 2013-2015** Board Member. House of Neighborly Service “La Escuelita” Community Center and 501 c3 non-profit organization, South Tucson, AZ.

University

- 2007-2009** Vice President, Student Association of the Public Health School of Mexico, AEESPM, Cuernavaca, Morelos, MX.
- 2001-2009** Advisory Committee Member, Student Organization of North America, Consortium for North American Higher Education Collaboration, CONAHEC.

CONTINUING EDUCATION

- July 2021** Zaagi'idiwin Full-Spectrum Indigenous Doula Training with full scholarship from Changing Woman Initiative, Santa Fe, NM (Remote).
- Nov. 2018** Youth Mental Health First Aid Instructor Training, Mental Health First Aid USA, with full scholarship from Project AWARE, Iowa Department of Education, Des Moines, Iowa (Bilingual certification).
- March 2015** Training of Trainers, *Gender on the Move: Working on the migration-development nexus from a gender perspective*. United Nations Entity for Gender Equality and the Empowerment of Women (UN Women) Santo Domingo, DR.

June 2014 Health in Prisons Summer Course, Johns Hopkins Bloomberg School of Public Health in collaboration with the International Committee of the Red Cross (ICRC), Baltimore, Maryland

PROFESSIONAL MEMBERSHIPS

2023 Arizona Public Health Association
2009-2012 Latin American Social Medicine Association

COMMUNITY ARTS

2017 Collaborator, Scene Study Performance Lab, Col. de Lit. Dram. y Teatro, UNAM, Mexico City.
2017 Participant, Taller de Dirección Escenográfica/Stage Direction Seminar, Mexico City.
2014 Actor, Borderlands Theater, In Lak Ech: The Criminalization of Knowledge/MAS, Tucson, AZ.
2014 Collaborating Artist, Pan Left Productions, Sueños y Siluetas/Dreams & Silhouettes, Tucson, AZ.
2012 Director, Women, Mother, Prisoner: An Evening of Solidarity, Tucson, AZ.
2012 Artistic Director, From Beyond the Walls: The women of El Buen Pastor, Tucson, AZ.
2009-2012 Artistic Director, Día V Tucson/Los Monólogos de la Vagina, Tucson, AZ.