

# Xing Zhang

Arizona Biomedical Collaborative  
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## ACADEMIC POSITIONS

### **Arizona State University**, Phoenix, AZ

Assistant Professor of Population Health in the College of Health Solutions *August 2020 -*  
Faculty Affiliate, Sociology, T. Denny Sanford School of Social and Family Dynamics  
Faculty Affiliate, Barrett Honors College

### **University of Michigan**, Ann Arbor, MI

External Faculty Affiliate, Population Dynamics and Health Program *May 2025 -*

### **University of Wisconsin - Madison**, Madison, WI

NICHD T32 Health Disparities Postdoctoral Trainee *September 2018 - August 2020*  
School of Medicine and Public Health  
Affiliate, Center for Demography and Ecology

### **Cornell University**, Ithaca, NY

Teaching Assistant *2017-2018*  
National Science Foundation Graduate Research Fellow *2014-2017*  
Bronfenbrenner Center for Translational Research, Research Assistant *2013-2014*  
Cornell Fellow *2012-2013*

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## EDUCATION

### **Cornell University**, Ithaca, NY

*Doctor of Philosophy*, Policy Analysis and Management *August 2018*  
Concentrations: Racial and Ethnic Relations, Family/Social Welfare Policy  
Minor in Demography  
Dissertation: Parent-Child Relationships and Demographic Outcomes Across the Life Course

### **Cornell University**, Ithaca, NY

*Master of Science*, Policy Analysis and Management *January 2016*

### **University of Illinois at Chicago, Honors College**, Chicago, IL

*Bachelor of Arts*, Economics, *summa cum laude* *May 2012*  
Minors in French and Francophone Studies and Mathematics

### **Université Paris-Est Créteil Val-de-Marne**, Paris, France

MICEFA Study Abroad Program *January 2011 - May 2011*

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## PUBLICATIONS OVERVIEW

- Published: 27 total (25 articles; 1 report; 1 book chapter); Lead author (\*): 24; Co-author: 3
  - Since joining ASU (2020): published/accepted: 25; Lead (\*): 22; Co-author: 3
  - Under review: 6; Lead (\*): 6
  - Median Impact Factor for Sociology: 1.328 (Journal Citation Reports, 2021)
  - Underlined name: undergraduate or graduate student co-author
  - Lead author (\*) is defined as first, corresponding, or last author in the College of Health Solutions at ASU.
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## PEER-REVIEWED ARTICLES

25. Tiffany L. Lemon, Nalani Thomas, Marisa Domino, and **Xing Zhang**.\* 2025. "Associations Between Dependent-Related Job Lock And Adult Mental And Physical Health." *Health Affairs*.  
 - Contribution: Co-conceptualized idea; co-wrote introduction and conclusion; advised on statistical methods  
 - Impact Factor: 8.1  
 - <https://doi.org/10.1377/hlthaff.2025.00299>  
 - Featured in: ASU Health's Doing Well Blog: <https://doingwellnews.substack.com/p/when-leaving-your-job-means-losing>  
 - Featured in: A Health Odyssey: *Health Affairs* Podcast: <https://www.healthaffairs-org.ezproxy1.lib.asu.edu/doi/10.1377/hp20251120.707480/full/>
24. **Xing Zhang**\*, Leslie B. Adams, and Tiffany L. Lemon. 2025. "Racial/Ethnic Variation in Health Insurance Access and Early Midlife Depressive Symptoms in the U.S." *BMC Health Services Research*.  
 - Contribution: Co-conceptualized idea; co-wrote introduction and conclusion; wrote methods and results; conducted data analyses  
 - Impact Factor: 3.4  
 - <https://doi.org/10.1186/s12913-025-13392-3>
23. Binoli Herath and **Xing Zhang**\*. 2025. "Everyday Discrimination in Young Adulthood and Depressive Symptoms at Early Midlife: The Moderating Role of Parent-Child Relationships." *International Journal of Environmental Research and Public Health*.  
 - Contribution: Co-conceptualized idea; co-wrote introduction and conclusion; co-wrote methods and results; conducted data analyses; supervised PhD student  
 - Impact Factor: 4.6  
 - <https://doi.org/10.3390/ijerph22091323>
22. **Xing Zhang**\*, Leslie B. Adams, and Tiffany L. Lemon. 2025. "Health Insurance Coverage from Adolescence to Early Midlife: Variation across Race and Ethnicity." *Journal of General Internal Medicine*.  
 - <https://doi.org/10.1007/s11606-025-09695-0>  
 - Contribution: Co-conceptualized idea; co-wrote introduction and conclusion; wrote methods and results; conducted data analyses  
 - Impact Factor: 5.3
21. Jooyoung Kong, **Xing Zhang**\*, and Isak Kim. 2025. "Adverse Childhood Experiences and Intergenerational Relationships in Young Adulthood: Variation across Gender, Race and Ethnicity." *Journal of Interpersonal Violence*.  
 - <https://doi.org/10.1177/08862605251336787>  
 - Contribution: Co-conceptualized idea; co-wrote introduction and conclusion; wrote methods and results; conducted data analyses; co-responded to editor's comments  
 - Impact Factor: 2.8
20. Joseph Saenz, Nekehia T. Quashie, and **Xing Zhang**.\* 2025. "Family Size across the Life Course and Cognitive Decline in Older Mexican Adults." *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*.  
 - <https://doi.org/10.1093/geronb/gbaf010>  
 - Impact Factor: 6.2  
 - Article accessed: 55 times as of 03/27/25  
 - Contribution: Co-wrote introduction and conclusion; co-responded to editor's comments
19. **Xing Zhang**\* and Tiffany L. Lemon. 2024. "Health Insurance and Self-Rated Health from Adolescence to Early Midlife in the U.S." *American Journal of Preventive Medicine*.

- <https://doi.org/10.1016/j.amepre.2024.10.002>
  - Impact Factor: 6.6
  - Contribution: Conceptualized idea; co-wrote introduction; analyzed data; wrote results and co-wrote conclusion; co-responded to editor's comments
18. **Xing Zhang\*** and Anna M. Hammersmith. 2024. "Adult Children's Marital Timing and Upward Intergenerational Financial Transfers: Variation across Gender, Race, and Ethnicity." *Social Sciences*.
    - <https://doi.org/10.3390/socsci13100498>
    - Impact Factor: 1.7
    - Article accessed: 959 times as of 03/27/25
    - Contribution: Conceptualized idea; co-wrote introduction; analyzed data; wrote results and co-wrote conclusion; co-responded to editor's comments
  17. **Xing Zhang\***, Anna M. Hammersmith, Masumi Iida, and Frank Infurna. 2024. "Children's Timing of College Completion and Aging Mother's Self-Rated Health: Variation by Mother's Socioeconomic Status." *Journal of Adult Development*.
    - <https://doi.org/10.1007/s10804-024-09484-9>
    - Impact Factor: 2.1
    - Google Citations: 1 as of 03/27/25
    - Article accessed: 596 times as of 03/27/25
    - Contribution: Conceptualized idea; co-wrote introduction; analyzed data; wrote results and co-wrote conclusion; co-responded to editor's comments
  16. Fenaba Addo and **Xing Zhang\***. 2024. "Gender Stratification, Racial Disparities, and Student Debt Trajectories in the United States." *Research in Social Stratification and Mobility*.
    - <https://doi.org/10.1016/j.rssm.2024.100929>
    - Impact Factor: 5.0
    - Contribution: Co-conceptualized idea; co-wrote introduction; co-wrote results and conclusion; co-responded to editor's comments
    - Google Citations: 5 as of 03/27/25
    - Appeared in: <https://www.stlouisfed.org/publications/economic-equity-insights/gender-racial-disparities-student-loan-debt>
  15. **Xing Zhang\***, Meg Bruening, and Chinedum Ojinnaka. 2023. "Food Insecurity is Inversely Associated with Positive Childhood Experiences among a Nationally Representative Sample of Children Ages 0-17 in the U.S." *Public Health Nutrition*.
    - <https://doi.org/10.1017/S136898002300143X>
    - Impact Factor: 4.0
    - Google Citations: 4 as of 03/27/25
    - Article accessed: 1077 times as of 03/27/25
    - Contribution: Co-conceptualized idea; co-wrote introduction; co-wrote results and conclusion; co-responded to editor's comments
  14. **Xing Zhang.\*** 2023. "Adolescent Exposure to Racially and Ethnically Diverse Neighborhoods and Schools: Implications for Interracial Dating, Cohabitation, and Marriage in Adulthood." *Journal of Social and Personal Relationships*.
    - <https://doi.org/10.1177/02654075231193451>
    - Impact Factor: 3.3
    - Article accessed: 419 times as of 03/27/25
    - Contribution: Conceptualized idea; wrote introduction; analyzed data; wrote results and conclusion; responded to editor's comments
  13. **Xing Zhang.\*** 2023. "Adolescent Parent-Child Relationships and Non-Marital Fertility in Adult-

- hood: Variation by Race and Ethnicity.” *Genealogy*.  
- <https://doi.org/10.3390/genealogy7030043>  
- Impact Factor: 0.3  
- Contribution: Conceptualized idea; wrote introduction; conducted analyses; wrote results and conclusion; responded to editor’s comments  
- Google Citations: 1 as of 03/27/25  
- Article accessed: 1767 times as of 03/27/25
12. **Xing Zhang\*** and Anna M. Hammersmith. 2023. “Children’s Transitions to Adulthood and Aging Parents’ Depressive Symptoms and Activities of Daily Living Conditions in the United States.” *International Journal of Environmental Research and Public Health*.  
- <https://doi.org/10.3390/ijerph20126151>  
- Impact Factor: 4.6  
- Google Citations: 3 as of 08/16/24  
- Contribution: Co-conceptualized idea; co-wrote introduction; conducted analyses; co-wrote results and conclusion; co-responded to editor’s comments  
- Article accessed: 1296 times as of 09/05/23
11. **Xing Zhang\*** and Annaliese Grant. 2023. “Parent-Child Relationships in the Transition to Adulthood: An Examination of Children’s and Parents Reports by Race, Ethnicity, Gender, and Socioeconomic Status from 1994-2018.” *Social Sciences*.  
- <https://doi.org/10.3390/socsci12050266>  
- Impact Factor: 1.7  
- Google Citations: 9 as of 03/27/25  
- Contribution: Co-conceptualized idea; co-wrote introduction; conducted analyses; co-wrote results and conclusion; co-responded to editor’s comments  
- Article accessed: 4483 times as of 03/27/25
10. **Xing Zhang\*** and Daniel B. Lee. 2023. “School Prejudice and Substance Use from Adolescence to Emerging Adulthood in the United States: Variation across Race and Ethnicity.” 2023. *International Journal of Environmental Research and Public Health*.  
- <https://doi.org/10.3390/ijerph20054171>  
- Impact Factor: 4.6  
- Contribution: Co-conceptualized idea; co-wrote introduction; conducted analyses; co-wrote results and conclusion; co-responded to editor’s comments  
- Article accessed: 1821 times as of 03/27/25
9. **Xing Zhang\*** and Sharon Sassler. 2022. “Opting out of Marriage? Factors Predicting Non-Marriage by Midlife across Race, Ethnicity, and Gender.” *Social Currents*.  
- <https://doi.org/10.1177/23294965221142769>  
- Impact Factor: 1.9  
- Contribution: Co-conceptualized idea; co-wrote introduction; conducted analyses; co-wrote results and conclusion; co-responded to editor’s comments  
- Google Citations: 8 as of 03/27/25  
- Article accessed: 611 times as of 03/27/25
8. Christina Cross and **Xing Zhang\*** 2022. “Nonresident Social Fathering in African American Single-Mother Families.” *Journal of Marriage and Family*.  
- <https://doi.org/10.1111/jomf.12839>  
- Winner of 2022 National Center on Family Relations Best New Professional Research Article Award  
- Impact Factor: 6.0  
- Contribution: Co-conceptualized idea; co-wrote introduction; co-wrote results and conclusion; co-responded to editor’s comments

- Google Citations: 18 as of 03/27/25
- 7. Michael Royer, Chinedum Ojinnaka, **Xing Zhang**, Anthony G. Thornton, Kimberly Blackhorse, Meg Bruening. 2022. "Food Insecurity and Adverse Childhood Experiences: A Systematic Review." 2022. *Nutrition Reviews*.
  - <https://doi.org/10.1093/nutrit/nuac029>
  - Impact Factor: 7.8
  - Contribution: Assisted with writing introduction; co-wrote results and conclusion; co-responded to editor's comments
  - Google Citations: 15 as of 03/27/25
- 6. **Xing Zhang**\* and Annaliese Grant. 2022. "Parent-Child Relationships and Mental Health in the Transition to Adulthood by Race and Ethnicity." *Currents*.
  - <https://journals.publishing.umich.edu/currents/article/id/1937/>
  - Contribution: Conceptualized idea; co-wrote introduction; analyzed data; co-wrote results and conclusion; co-responded to editor's comments
  - Google Citations: 1 as of 03/27/25
  - Article accessed: 1776 times as of 09/05/23
- 5. Briana Mezuk, Juan Del Toro, Margaret Gough Courtney, Keri F. Kirk, **Xing Zhang**, Erica Spears, Tiffany Green, Hedwig Lee, Darrell Hudson. 2021. "Theory and empiricism: A Comment on "Interrogating the environmental affordance model" by Pamplin and colleagues." *Social Science and Medicine*.
  - <https://doi.org/10.1016/j.socscimed.2021.114281>
  - Impact Factor: 5.4
  - Contribution: Assisted with writing commentary.
  - Google Citations: 6 as of 03/27/25
- 4. Fenaba Addo and **Xing Zhang**.\* 2020. "Debt Concordance and Relationship Quality: A Couple Level Analysis." 41(3): 405-423. *Journal of Family and Economic Issues*.
  - <https://doi.org/10.1007/s10834-020-09687-8>
  - Impact Factor: 2.5
  - Contribution: Assisted with writing Introduction; co-wrote Results and Conclusion; co-responded to editor's comments
  - Appeared in ASU Now: <https://csteps.asu.edu/study-shows-how-debt-affects-relationship-quality>
  - Google Citations: 14 as of 03/27/25
- 3. **Xing Zhang**.\* 2020. "Mother-Child Relationships and Depressive Symptoms in the Transition to Adulthood: An Examination of Racial and Ethnic Differences." *Contemporary Perspectives in Family Research*. Volume 15, p. 205-230.
  - DOI: 10.1108/S1530-3535201900000015010
  - Scientific Journal Ranking: 0.192
  - Contribution: Conceptualization of study; data analysis; wrote entire manuscript; responded to editor's comments
  - Google Citations: 2 as of 03/27/25
- 2. **Xing Zhang**\* and Sharon Sassler. 2019. "The Age of Independence, Revisited: Parents and Interracial Union Formation across the Life Course." *Sociological Forum*. 34(2), p. 361-385.
  - <https://doi.org/10.1111/socf.12501>
  - Impact Factor: 2.3
  - Contribution: Conceptualization of study; conducted data analyses; wrote entire manuscript; responded to editor's comments
  - Google Citations: 24 as of 03/27/25

1. **Xing Zhang**\* and Allison Dwyer Emory. 2015. "Situating the Experience of Maternal Incarceration: Childhood and Young Adult Context." *Contemporary Perspectives in Family Research*. Volume 9, p. 219-254.
    - DOI: 10.1108/S1530-353520150000009011.
    - Scientific Journal Ranking: 0.192
    - Contribution: Conceptualization of study; wrote Introduction; conducted data analyses; co-wrote Results and Conclusion; co-responded to editor's comments
    - Google Citations: 8 as of 03/27/25
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#### RESEARCH REPORTS

1. Chinedum Ojinnaka, Kiley Vander Wyst, Martin Celaya, Meg Bruening, **Xing Zhang**, Cady Berkel, Jose Benito Rosales Chavez, Nalani Thomas, and Jean Brown. "Positive Childhood Experiences in Arizona: A Reporting Brief using Data from the U.S. National Survey for Children's Health." 2022. Arizona Department of Health Services.
    - <https://www.azdhs.gov/documents/prevention/womens-childrens-health/reports-fact-sheets/issue-briefs/positive-childhood-experiences-in-az.pdf>
    - Contribution: Assisted with generating figures for report and writing report.
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#### BOOK CHAPTERS

1. **Xing Zhang**\* and Sharon Sassler. 2021. "Parents, Peers, and Pressure: The Dynamics of Interracial Relationships." *Race and Ethnicity: Moving from Sociological Imagination to Sociological Mindfulness*. Book chapter for undergraduate textbook. Cognella Academic Press.
    - Contribution: Wrote introduction, background, and reflection questions.
    - Forthcoming as a reprint in 2nd Edition of *Race and Ethnicity: Moving from Sociological Imagination to Sociological Mindfulness*.
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#### MANUSCRIPTS UNDER REVIEW

6. Nekehia T. Quashie, Joseph Saenz, and **Xing Zhang**.\* "Number of Living Siblings, Social Engagement, and Cognitive Decline among Older Mexican Adults." Revise and resubmit at *Social Science and Medicine*.
  - Contribution: Co-wrote introduction; co-advised on methods and results
5. Anna M. Hammersmith and **Xing Zhang**.\* "Adult Children's Chronic Health Conditions and Financial Support to Aging Parents." Revise and resubmit at *Journal of Social and Personal Relationships*.
  - Contribution: Co-conceptualized idea; co-wrote introduction and conclusion; advised on statistical methods; co-responded to editor's comments
4. Krista Woodward, Nekehia T. Quashie, and **Xing Zhang**.\* "Race and Ethnic Differences in Early Life Parental Death and Midlife Mental Health in the United States: Do Social Relationships Matter?" Revise and resubmit at *Longitudinal and Life Course Studies*.
  - Contribution: Co-wrote introduction and conclusion; advised on statistical methods
3. Robert Vargas, Paola Del Toro, Christina Cano, Ariel Azar, Brian Fenaughty, Chris Williams, and **Xing Zhang**.\* "Historical Racial Regimes and Community Protection from Redistricting." Revise and resubmit at *Geoforum*.
  - Contribution: Co-wrote introduction and conclusion; co-wrote methods and results; co-conducted data analyses
2. **Xing Zhang**\* and Anna M. Hammersmith. "Aging Mother's Chronic Health Conditions and Early

Midlife Children's Depressive Symptoms." Under review at *Longitudinal and Life Course Studies*.

- Contribution: Co-conceptualized idea; co-wrote introduction and conclusion; wrote methods and results; conducted data analyses

1. **Xing Zhang\***, Joseph Saenz, and Nekehia T. Quashie. "Never Married and Childless at Early Midlife in the U.S.: The Role of Adolescent Family Formation Attitudes." Under review at *Journal of Social and Personal Relationships*.

- Contribution: Co-conceptualized idea; co-wrote introduction and conclusion; wrote methods and results; conducted data analyses

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## WORKING PAPERS

7. Nalani Thomas, Bryna Koch, Basia Andraka-Christou, **Xing Zhang**, Tiffany Lemon, Rizwana Biviji, and Michael Yudell. "Understanding Ethical Considerations and Policy Interventions on Perinatal Mental Health Outcomes: A Critical Narrative Review." In preparation to submit to *American Journal of Public Health*.

- Contribution: Advised on methods

6. Nalani Thomas, Delani Hita, Gianna D'Apolito, Japheh Smith, Basia Andraka Christou, Bryna Koch, **Xing Zhang**, Tiffany Lemon, Michael Yudell, and Rizwana Biviji. "Scientific Evaluation of Early State Policy Responses to Perinatal Mental Health Screening and Education, 2017-2018: A Scientific Legal Mapping Study."

- Contribution: Advised on methods

5. Jooyoung Kong, Amy Liu, Stephanie Robert and **Xing Zhang.\*** "Adult Children's Instrumental and Financial Support for Mothers: Enduring Impact of Adverse Childhood Experiences."

- Contribution: Co-conceptualized idea; co-wrote introduction and conclusion

4. **Xing Zhang\*** and Christina Cross. "Ethnoracial Disparities in Intergenerational Financial Exchanges across the Transition to Adulthood and College Degree Attainment in Adulthood." In preparation to submit to *American Sociological Review*.

3. Haoming Song and **Xing Zhang\***. "Sexuality, Union Type, and Intimate Partner Violence across Gender in Early Midlife." In preparation to submit to *Journal of Marriage and Family*.

2. Fenaba Addo and **Xing Zhang.\*** "Financial Transfers to Aging Parents and Depressive Symptoms among Adult Children." In preparation to submit to *Social Currents*.

1. Jessica Polos, Linnea Evans, Stephanie Koning, and **Xing Zhang.\*** "Does Social Support Moderate the Relationship between Adolescent Exposure to School Structural Racism and Black-White and Hispanic-White Differences in Cardiovascular Risk?" In preparation to submit to *Social Science and Medicine*.
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## GRANTS COMPLETED

### 4. Principal Investigator

Title: Ethnoracial Disparities in Intergenerational Financial Support Exchanges and Young Adults' Fulfillment of Bachelor Degree Expectations

with Christina Cross (Co-PI)

The Spencer Foundation

Grant period: 05/2023-06/2025

Total costs: \$49,883.00

This grant was initially submitted to the Russell Sage Foundation in October 2020, and then submitted to the Spencer Foundation in December 2021 and August 2022, upon which it got funded.

### 3. **Principal Investigator**

Title: A Life Course Approach to Examining Risk Factors of Multimorbidity among Aging Mothers and Midlife Child Dyads: Evidence from Add Health and the Add Health Parent Study  
Rapid Pilot Proposal  
NIH/NIA Center for Demography of Health and Aging, University of Wisconsin - Madison  
Grant period: 11/2023-06/2024  
Total costs: \$39,251

### 2. **Principal Investigator**

Title: Parent-Child Relationships and Mental Health in the Transition to Adulthood among Young Adults of Color  
April 2020 - September 2020  
National Center for Institutional Diversity Popup Grant  
Mental Health among Marginalized Communities  
University of Michigan  
Total costs: \$2000

### 1. **Health Disparities Research Scholars Training Program**, Ehrental (PI)

Eunice Kennedy Shriver National Institute of Child Health and Human Development  
2T32HD049302  
Role: Postdoctoral Trainee  
September 2018 - August 2020

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## GRANTS IN PREPARATION

### 2. **Multiple Principal Investigator**

Title: Constellations of Kinlessness and Cognitive Function across the Life Course  
with Joseph Saenz (MPI)  
Will submit to: National Institute on Aging, R01, February 2026

### 1. **Principal Investigator**

Title: Understanding the Timing, Risk Factors, and Mechanisms of Multimorbidity among Aging Mothers and Midlife Children  
with Frank Infurna (Co-I), Masumi Iida (Co-I), Anna Hammersmith (Co-I), Francesco Acciai (Co-I), Karen Fingerman (Consultant), and Briana Mezuk (Consultant)  
Will submit to: National Institute on Aging, R01, February 2026  
This grant will be the 5th submission of an R01 that was not discussed when submitted in November 2022 and March 2022. It got scored in the 40th percentile in June 2023. It got not discussed for the June 2024 resubmission. I will submit it as a new proposal in February 2026.

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## GRANTS UNDER REVIEW

### 1. **Multiple Principal Investigator**

Title: INSURE-MH: Insurance Stability, Utilization, and REsources for Mental Health from Adolescence to Midlife  
with Tiffany L. Lemon (MPI) and Leslie B. Adams (MPI)  
National Institute on Mental Health, R01, October 2025  
Total costs: \$3,624,602

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## GRANTS UNFUNDED

### 17. **Co-Investigator**

Title: Assessing the Public Health Implications of Street Food: Distribution, Quality, and Dietary Impacts in US Metropolitan Areas

with Jose Benito Rosales Chavez (PI), Maricarmen Vizcaino (Co-I), and Courtney Coughenour (Consultant)

Submitted to: NIH, R01, February 2025

Total costs: \$3,828,426

### 16. **Principal Investigator**

Title: Breaking the Intergenerational Cycle: Gender and Racial Disparities in Multimorbidity in the U.S.

Submitted to: Bill and Melinda Gates Foundation, March 2025

Total costs: \$150,000

### 15. **Co-Investigator**

Title: Arizona Catalyst Center for Environmental Economics and Demography Research on Alzheimer's Disease and Related Dementia Outcomes (ACCELERANDO)

with Marisa Domino (MPI), Brad Racette (MPI), Pope Moseley (Co-I), Matthew Buman (Co-I), Blair Braden (Co-I), Rita Sattler (Co-I), David Coon (Co-I), Anna Burke (Co-I), and Tiffany L. Lemon (Co-I)

Submitted: National Institute on Aging, AD RD P30, January 2025

Total costs: \$5,570,991

### 14. **Multiple Principal Investigator**

Title: The Role of Parent-Child and Community Contexts in Shaping the Timing of Transitions to Adulthood and Midlife Health: Exploring Diversity by Race, Ethnicity and Socioeconomic Status with Joseph Saenz (MPI)

Submitted to: Network on Life Course and Health Dynamics and Disparities Pilot Proposal, February 2025

Total costs: \$50,000

### 13. **Multiple Principal Investigator**

Title: Kinlessness and Cognitive Function across the Life Course: Exploring Racial and Ethnic Diversity

with Joseph Saenz (MPI)

Submitted: AD-RCMAR Research Scientist Enrichment Program, University of Michigan, January 2025

Total costs: \$30,000

### 12. **Principal Investigator**

Title: Understanding the Timing, Risk Factors, and Mechanisms of Multimorbidity among Aging Mothers and Midlife Children

with Frank Infurna (Co-I), Masumi Iida (Co-I), Anna Hammersmith (Co-I), Francesco Acciai (Co-I), Karen Fingerman (Consultant), and Briana Mezuk (Consultant)

Submitted: National Institute on Aging, R01, RFA for Understanding Chronic Health Conditions Understudied among Women, June 2024

Total costs: \$2,023,863

This grant is the 4th submission of an R01 that was not discussed when submitted in November 2022 and March 2022. It got scored in the 40th percentile in June 2023. It got not discussed for the June 2024 resubmission.

### 11. **Principal Investigator**

Title: Understanding the Timing, Risk Factors, and Mechanisms of Multimorbidity among Aging

Mothers and Midlife Children

with Frank Infurna (Co-I), Masumi Iida (Co-I), Anna Hammersmith (Co-I), and Karen Fingerman (Consultant)

Submitted: National Institute on Aging, R01, RFA for Understanding Chronic Health Conditions Understudied among Women, June 2023

Total costs: \$1,918,942

Impact score: 46

Percentile: 40

This grant is the 3rd submission of an R01 that was not discussed when submitted in November 2022 and March 2022. It got scored in the June 2023 submission.

**10. Multiple Principal Investigator**

Title: The Role of Parent-Child and Community Resources in Shaping the Timing of Transitions to Adulthood and Midlife Health: Exploring Diversity by Race, Ethnicity and Socioeconomic Status with Joseph Saenz (MPI), Frank Infurna (Co-I), Gabriel Shaibi (Co-I), and Robert Hummer (Consultant)

Submitted: National Institute on Minority Health and Health Disparities, R01, October 2023

Total costs: \$2,522,215

This grant is a revised version of an NICHD K01 that was previously submitted in July 2022 and October 2020.

Impact score: Not Discussed

**9. Principal Investigator**

Title: Parent-Child Relationships and Health in the Transition to Adulthood

Submitted: Eisner Prize Fellowship Program, the Eisner Foundation, May 2023

Total costs: \$50,000

**8. Principal Investigator**

Title: The Linked Lives of Mothers and Adult Children: How and Why the Onset and Timing of Adult Children's Serious Chronic Health Conditions Shape the Mental and Physical Health of Aging Mothers

with Frank Infurna (Co-I), Masumi Iida (Co-I), and Anna Hammersmith (Co-I)

Submitted: RRF Foundation for Aging, April 2023

Total costs: \$275,000

**7. Principal Investigator**

Title: The Linked Lives of Mothers and Adult Children: How and Why the Onset and Timing of Chronic Health Conditions Impact the Mental and Physical Health of the Mother-Adult Child Dyad with Frank Infurna (Co-I), Masumi Iida (Co-I), Anna Hammersmith (Co-I), and Karen Fingerman (Consultant)

Submitted: National Institute on Aging, R01, Resubmission, November 2022

Total costs: \$2,482,910.00

Impact score: Not discussed

This grant was resubmitted in June 2023 and is currently under review.

**6. Principal Investigator**

Title: Parent-Child Relationships and Health in the Transition to Adulthood

Submitted: July 2022

Mentored Research Scientist Development Award (K01)

Eunice Kennedy Shriver National Institute of Child Health and Human Development, Resubmission

Total costs: \$1,014,199.00

Impact score: Not discussed

This grant will be submitted as an NIMHD R01 in October 2023.

#### 5. **Principal Investigator**

Title: The Linked Lives of Parents and Adult Children: How and Why the Onset and Timing of Chronic Health Conditions Impact the Mental and Physical Health of the Parent-Adult Child Dyad with Frank Infurna (Co-I), Masumi Iida (Co-I), Anna Hammersmith (Co-I), and Karen Fingerman (Consultant)

Submitted: National Institute on Aging, R01, March 2022

Total costs: \$2,381,967.00

Impact score: Not discussed

This grant was resubmitted in November 2022 and June 2023.

#### 4. **Principal Investigator**

Title: Ethnoracial Disparities in Intergenerational Financial Support Exchanges and Young Adults' Fulfillment of Bachelor Degree Expectations

with Christina Cross (Co-PI)

Submitted: Spencer Foundation, Small Research Grant, December 2021

Total costs: \$49,942.00

This grant was resubmitted in August 2022 and funded in February 2023.

#### 3. **Principal Investigator**

Title: Parent-Child Relationships and Health in the Transition to Adulthood

Robert Wood Johnson Foundation Health Equity Scholars for Action, June 2021

Outcome: Did not get invited for full application

Total costs: \$250,000.00

#### 2. **Principal Investigator**

Title: Parent-Child Relationships and Health in the Transition to Adulthood

Submitted: October 2020

Mentored Research Scientist Development Award (K01)

Eunice Kennedy Shriver National Institute of Child Health and Human Development

Total costs: \$835,425.00

Impact score: 56

I resubmitted in July 2022 (not discussed). I am resubmitting it as an NIMHD R01 in October 2023.

#### 1. **Principal Investigator** with Christina Cross (Co-PI)

Title: Ethnoracial Disparities in Intergenerational Financial Exchanges and Young Adults' Education and Mental Health

Submitted: October 2020

Pipeline Grants Program

Russell Sage Foundation

Total costs: \$30,000

This grant was resubmitted in December 2021 and August 2022 to the Spencer Foundation. It was funded in February 2023.

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#### FELLOWSHIPS

**National Science Foundation Graduate Research Fellowship**, \$138,000, 2014-2017

**Scholars Strategy Network Criminal Justice Fellow**, \$500, 2014-2015

**Population Reference Bureau U.S. Policy Communication Training Fellow**, 2016-2017

**Cornell Fellowship**, \$23,000, 2012

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## AWARDS AND HONORS

**National Center on Family Relations Best New Professional Article Award, 2022**  
**National Research Mentoring Network Strategic Empowerment for Health Equity Investigators Scholar, 2021-2022**  
**Sun Service Award, Arizona State University, 2021, 2023**  
**University of Michigan Integrative Well-Being and Inequality Scholar, 2020**  
**Best Poster Award, Population Association of America, 2018**  
**Outstanding Teaching Assistant Award in Policy Analysis and Management, Cornell University, 2018**  
**Toni Morrison Award for Graduate Mentorship, Cornell University, 2016**  
**Mitchell Krask Award in Economics, University of Illinois at Chicago, 2011**  
**Winifred Geldard Award in Economics, University of Illinois at Chicago, 2010**

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## COMPETITIVE TRAINING PROGRAMS

**NIH U01 National Research Mentoring Network Strategic Empowerment for Health Equity Investigators, 2021-Present**  
**NIH OBSSR Michigan Integrative Well-Being and Inequality Training Program, 2020-2021**

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## WORKSHOPS

**Add Health Parent Study Workshop, Duke University, 2019**  
**Panel Study of Income Dynamics Data User Workshop, University of Michigan, 2019**  
**Summer Grant Writing Bootcamp, University of Wisconsin - Madison, 2019**  
**Columbia Population Research Center Fragile Families Workshop, 2014**

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## INVITED PRESENTATIONS (23 total; 14 at ASU)

23. Gerontological Society of America: Family Dynamics and Diversity among Older Adults in the 21st Century, September 2025
22. University of Bologna, Italy, June 2024
21. Centre for Population Change-Connecting Generations, University of Southampton, United Kingdom, February 2024
20. Department of Sociology, Case Western Reserve University, January 2024
19. Centre for Ageing Research and Education, Duke-NUS Medical School, National University of Singapore, November 2023
18. Michigan Integrative Well-Being and Inequality (MIWI) Training Program, University of Michigan, September 2023
17. Diné College, July 2023
16. Symposium on Singlehood in the U.S., Center for Family and Demographic Research, Bowling Green State University, March 2023
15. Population Research Center, University of Minnesota, March 2022
14. Center for Family and Demographic Research, Bowling Green State University, March 2022
13. Center for Social Epidemiology and Population Health, University of Michigan, June 2022
12. Michigan Integrative Well-Being and Inequality (MIWI) Training Program, University of Michigan, December 2022

11. Metabolic Health Translational Team, College of Health Solutions, Arizona State University, January 2021
  10. Center for Social Epidemiology and Population Health, University of Michigan, November 2021
  9. College of Health Solutions, Arizona State University, March 2020
  8. Department of Obstetrics and Gynecology, University of Wisconsin-Madison, February 2020
  7. Women's Health and Health Equity Symposium, Department of Obstetrics and Gynecology, University of Wisconsin-Madison, October 2019
  6. Center for Demography of Health and Aging Training Seminar, University of Wisconsin-Madison, October 2019
  5. Summer Demography Seminar, Center for Demography and Ecology, University of Wisconsin-Madison, June 2019
  4. Race and Ethnicity Brownbag Seminar, Department of Sociology, University of Wisconsin-Madison, October 2019
  3. Health Disparities Research Seminar, Department of Obstetrics and Gynecology, University of Wisconsin-Madison, March 2019
  2. Department of Obstetrics and Gynecology, University of Wisconsin-Madison, April 2018
  1. Policy Analysis and Management Seminar, Cornell University, October 2017
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CONFERENCE PRESENTATIONS (47 total; 30 at ASU); \*I presented

35. **Relationship Type and Intimate Partner Violence in Early Midlife: The Intersection of Gender and Sexual Orientation** with Haoming Song.  
- Population Association of America, May 2026
34. **Adverse Childhood Experiences and Intergenerational Support to Aging Parents** with Jooyoung Kong, Amy Liu, and Stephanie Robert.  
- Gerontological Society of America, November 2025
33. **Navigating the Minority Grief Paradox: Racial and Ethnic Differences on Parental Loss, Social Ties, and Midlife Mental Health in the United States** with Krista Woodward and Nekehia T. Quashie.  
- American Public Health Association, November 2025
32. **Kin Availability and Cognition among Older Adults in Mexico** with Nekehia Quashie and Joseph Saenz.  
- 9th Annual Meeting of Users of the Mexican Health and Aging Study (MHAS), October 2025
31. **Exploring Parent-Child Relationships among Twins and their Mothers** with Binoli Herath.  
- Twins Congress, International Society for Twin Studies, August 2025
30. **Working 9 to Sick: Associations between Insurance-Related, Dependent-Associated Job Lock and Adult Mental and Physical Health** with Tiffany L. Lemon, Marisa Domino, and Nalani Thomas.  
- Academy Health, June 2025  
- CHS Faculty and Staff Research Day\*, February 2025
29. **Kinlessness and Cognitive Ability in Older Mexican Adults** with Joseph Saenz and Nekehia Quashie  
- AAIC Satellite Symposium, May 2025

28. **Young Adult Children's Chronic Health Conditions and Transfers of Financial Support between Aging Parents at Early Midlife\*** with Anna Hammersmith.  
- Population Association of America, April 2025
27. **Characteristics and Precursors of the Kinless at Early Midlife\*** with Joseph Saenz and Nekehia Quashie.  
- Population Association of America, April 2025
26. **Does Social Support Moderate the Relationship between Adolescent Exposure to School Structural Racism and Black-White and Hispanic-White Differences in Cardiovascular Risk?\*** with Jessica Polos, Linnea Evans, and Stephanie Koning.  
- Population Association of America, April 2025
25. **Aging Mother's Chronic Health Conditions and Early Midlife Children's Depressive Symptoms: Variation by Gender\*** with Anna Hammersmith.  
- Population Association of America, April 2025
24. **Financial Transfers to Aging Parents and Depressive Symptoms among Adult Children** with Fenaba Addo.  
- Applied Demography Conference, February 2025
23. **The Number of Living Siblings and Cognitive Decline among Older Mexican Adults** with Nekehia Quashie and Joseph Saenz.  
- Gerontological Society of America, November 2024
22. **Adult Children's Chronic Health Conditions and Financial Support to Aging Parents** with Anna Hammersmith.  
- American Sociological Association, August 2024
21. **Family Size across the Life-Course and Cognitive Decline in Older Mexican Adults** with Joseph Saenz and Nekehia Quashie.  
- Population Association of America, April 2024
20. **Adult Children's Marital Timing and Upward Intergenerational Financial Transfers: Variation across Gender, Race, and Ethnicity\*** with Anna Hammersmith.  
- Population Association of America, April 2024  
- RC28 Conference, May 2024
19. **Children's Educational and Economic Transitions to Adulthood and Aging Mother's Self-Rated Health: Variation by Mother's Socioeconomic Status\*** with Anna Hammersmith.  
- Population Association of America, April 2023
18. **Ethnoracial Disparities in Intergenerational Financial Exchanges across the Transition to Adulthood\*** with Christina Cross.  
- American Sociological Association, August 2022  
- Population Association of America, April 2023  
- RC28 Conference, May 2023
17. **Parental Health and Children's Romantic Relationship Outcomes\*** with Anna Hammersmith.  
- Population Association of America, April 2022  
- Add Health Users Conference, July 2022
16. **Food Insecurity and Adverse Childhood Experiences: A Systematic Review** with Michael Royer, Chinedum Ojinnaka, **Xing Zhang**, Anthony G. Thornton, Kimberly Blackhorse, Meg Bruening.  
- American Public Health Association, October 2021

15. **Adult Children's Attainment of Adult Statuses and Aging Parents' Health\*** with Anna Hammersmith.
  - Population Association of America, May 2021
  - American Sociological Association, August 2021
14. **Gender and Racial Disparities in Student Debt Trajectories\*** with Fenaba Addo.
  - Population Association of America, May 2021
13. **Examining (In)consistency between Young Adults' Self-Reported Family Structure and Adult Caregivers** with Christina Cross.
  - American Sociological Association, August 2020
  - Population Association of America, May 2021
12. **Financial Assistance to Aging Parents and Mental Well-being among Adult Children\*** with Fenaba Addo.
  - American Sociological Association, August 2020
11. **Opting Out of Coresidential Unions? Factors Predicting Singlehood in the Fourth Decade\*** with Sharon Sassler.
  - Population Association of America, April 2019
  - International Union for the Scientific Study of Population, January 2020
10. **Parent-Child Relationships across the Life Course: An Examination of Children and Parents' Reports\*** with Annaliese Grant.
  - Population Association of America, April 2019
9. **Adolescent Protective Contexts for Depressive Symptoms in Emerging Adulthood by Race and Ethnicity\***
  - American Sociological Association, August 2018
8. **School Prejudice and Substance Use from Adolescence to Emerging Adulthood\*** with Daniel B. Lee.
  - Upstate Population Workshop, 2017
  - Population Association of America, 2018
7. **Adolescent Exposure to Diverse Neighborhoods and Schools: Implications for Interracial Dating, Cohabitation, and Marriage in Adulthood\***
  - Population Association of America, April 2018
  - Add Health Users Conference, June 2018
6. **School Connectedness, Parents, and Depression over the Life Course\***
  - American Sociological Association, August 2016
  - Population Association of America, April 2017
5. **Parental Factors and Nonmarital Births\***
  - Population Association of America, April 2017
4. **The Age of Independence, Revisited: Parents and Geographic Mobility in Interracial Union Formation\*** with Sharon Sassler.
  - Population Association of America, April 2016
  - American Sociological Association, August 2015
3. **The Effect of Local Labor Market Conditions on Cohabitation\*** with Sharon Sassler and Katherine Micheltore.
  - Population Association of America, April 2015
2. **The Influence of Program Settings on Sexual Risk Reduction and Health Promotion among Adolescents** with Jennifer Tiffany, Deinera Exner-Cortens, John Eckenrode, and Sara

Birnel-Henderson.

- Society for Prevention Research, May 2014

1. **Situating the Experience of Maternal Incarceration: Childhood and Young Adult Context\*** with Allison Dwyer Emory.

- Add Health Users Conference, June 2014

- American Sociological Association, August 2014

- Association for Public Policy Analysis and Management, November 2014

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## POLICY BRIEFS

**Xing Zhang.** 2014. Understanding the Many Difficulties Faced by Children of Imprisoned Mothers. Scholars Strategy Network Basic Facts. <http://www.scholarsstrategynetwork.org/brief/understanding-many-difficulties-faced-children-imprisoned-mothers>

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## CREATIVE NARRATIVE NONFICTION WRITING

2. **Xing Zhang.** Forthcoming. "Learning to Figure Skate at 34 as a Chinese Canadian American Woman." *The Manifest-Station*.

1. **Xing Zhang.** Forthcoming. "Nocturne." *Five Minutes*.

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## TEACHING: ARIZONA STATE UNIVERSITY

5. **Practicum (POP 780)**

- Instructor of record working with PhD student Binoli Herath on manuscript using Add Health data
- Spring 2025

4. **Health Disparities (PBH 422)**

- Instructor of record. Hybrid undergraduate course. 25 students per semester
- Fall 2022, Fall 2023, Fall 2024, Fall 2025

3. **The ASU Experience (CHS 101)**

- Guest lecture on career pathways.
- Fall 2023

2. **Advanced Nutrition in the Life Cycle (NTR 550)**

- Guest lecture on race, ethnicity, and health.
- Fall 2023

1. **Healthcare Systems in the United States (HCD 330)**

- Instructor of record. Online undergraduate course. 80 students per semester
- Fall 2020, Spring 2021, Fall 2021, Spring 2022, Spring 2023, Spring 2024, Fall 2024, Spring 2025, Fall 2025, Spring 2026
- Worked with Graduate Student Assistants
  - Megan Ramseyer** (Fall 2020 and Spring 2021)
    - Placement: Speech Language Pathologist at Student Therapy, LLC
  - Saigayatri Darira** (Fall 2021 and Spring 2022)
    - Placement: Emergency Department Health Unit Coordinator at Banner Health and Lecturer of Healthcare Systems in the U.S. (HCD 330) at ASU
  - Antara Haque** (Spring 2023)
  - DeAnna Welsh** (Spring 2024, Fall 2024)
  - Brea Furman** (Spring 2025)
  - Aria Doyle** (Fall 2025, Spring 2026)

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#### TEACHING: CORNELL UNIVERSITY

3. **Teaching Assistant for Modern Romance: Sex, Love, and Union Formation in the Internet Age (PAM 2390)**, undergraduate in-person course, 120 students, Spring 2018
  2. **Teaching Assistant for Race and Public Policy (PAM 3360)**, undergraduate in-person course, 60 students, Fall 2017
  1. **Cornell Prison Education Program**, in-person course, 15 students, Spring 2012
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#### MENTORING

6. **ASU Population Health PhD Students Committee Participation**, March 2022-Present
    1. **Kaylin Sweeney**, Committee Member
    2. **Elisabeth Williams**, Committee Member
    3. **Nalani Thomas**, Committee Member
    4. **Binoli Herath**, Committee Member
  5. **ASU Barrett Honors Contracts Supervised**, August 2021 - Present
    1. **Anna Vargas Jordan**, Fall 2021  
-Placement: Medical Scribe at Essential Scribe
    2. **Anna Peterson**, Spring 2023
    3. **Mayson Woolf**, Spring 2023
    4. **Gabriela Vega-Miker**, Fall 2024
    5. **Taylor Helmuth**, Spring 2025
    6. **Jaxson Wormell**, Spring 2025
    7. **Maryam Kadhim**, Spring 2025
  4. **ASU Barrett Honors Theses Committee Participation**, November 2022 - Present
    1. **Tracy Tang**, Completed May 2023  
-Placement: Physician Record Assistant at Envision Physician Services
    2. **Anna Peterson**, Completed May 2024
  3. **CHS TRANSCEND Faculty Mentor**, October 2020 - Present
  2. **Cornell University Diversity Graduate Student Mentor**, 2014-2018
  1. **Undergraduates Mentored at Cornell University and Placements:**
    1. **Summer Lopez Colorado**  
-Placement: PhD Student in Sociology at UCLA; National Science Foundation Graduate Research Fellow recipient in 2018
    2. **Esther Kim**  
-Placement: MPH Student in Food Systems and Health at Cornell University; Program Assistant, Program for Research on Youth Development and Engagement, Bronfenbrenner Center for Translational Research, Cornell University
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#### PROFESSIONAL DEVELOPMENT

2. **ASU Faculty Women of Color Caucus Writing Convivencia**, January 2021, January 2023
  1. **National Center for Faculty Development and Diversity Faculty Success Program**, August 2020-December 2020
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## COLLEGE, UNIVERSITY, & PROFESSIONAL SERVICE

### 4. College of Health Solutions Service

- Annual Review Ad-Hoc Committee, January 2024
- Heat and Health Pilot Grant Reviewer, November 2023
- JumpStart Cycle VII Grant Reviewer, April 2022
- Healthcare Delivery Neighborhood Undergraduate Curriculum Committee, Member, August 2020-Present
- Population Health Executive and Curriculum Committee, Member, July 2021-May 2024
- Healthcare Administration and Policy Lecturer Search Committee, Member, October 2021-April 2022
- Mentee of Dr. Meg Bruening, CHS Mentoring Program, August 2020-May 2022
- Mentee of Dr. Corrie Whisner, CHS Mentoring Program, May 2022-Present
- Mentee of Dr. Marisa Domino, CHS Mentoring Program, February 2022-Present

### 3. University Service

- ASU Faculty Women of Color Writing Group, Writing Facilitator, January 2021-Present

### 2. Professional Service

- Population Association of America Conference: Discussant for Family Formation over the Life Course, April 2025
- Population Association of America Conference: Session Chair on Singlehood in Family Demography, April 2024
- NIH Early Career Reviewer for Social Sciences Population B Study Section (SSPB), June 2023
- Peer Mentor for Cohort 4, Michigan Interdisciplinary Well-Being and Inequality Program, University of Michigan, May 2023
- Mentor for American Sociological Association Family Section Mentor Program, August 2022
- Peer Mentor for Cohort 3, Michigan Interdisciplinary Well-Being and Inequality Program, University of Michigan, June 2022
- American Sociological Association Mentoring and Inclusion Committee, Member, Fall 2021-Fall 2022
- Population Association of America Conference: Organized 3 sessions on Families, Health, and Well-Being, Fall 2020
- Population Association of America Conference: Chaired 3 sessions on Families, Health, and Well-Being, Spring 2021
- Future Scholars Growing: Founder, professional development group of 27 early-career women faculty in sociology, demography, and public health, August 2020 - Present
- Demographers of Color, Population Association of America, Member, August 2020 - Present
- Population Association of America Poster Judge, Spring 2019

### 1. Journal Reviewer

- Reviewer for *Advances in Life Course Research*, *American Journal of Sociology*, *American Sociological Review*, *Contemporary Perspectives in Family Research*, *Journal of Family Issues*, *Journal of Marriage and Family*, *Social Forces*, *Sociology of Race and Ethnicity*, *Social Science and Medicine*, Spring 2015 - Present

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## COLLEGE AND UNIVERSITY GROUP MEMBERSHIP

4. CHS Maternal Child Health Translational Team, Member, August 2020-Present
3. CHS Academic Scholarship Research Group, Member, August 2020-Present
2. ASU Faculty Women of Color Caucus, Member, August 2020-Present
1. ASU Faculty Women's Association, Member, August 2020-Present

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#### AFFILIATIONS

Association for Public Policy Analysis and Management, American Sociological Association, Council on Contemporary Families, Population Association of America, National Center for Institutional Diversity at the University of Michigan, Demographers of Color

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