**Elisa M. Vasquez, Ph.D.**

Curriculum Vitae

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**Education**

2011-2017 Ph.D., Counseling, Clinical and School Psychology, Emphasis in Counseling

University of California, Santa Barbara

2011-2013 M.A., Counseling Psychology

University of California, Santa Barbara

2006-2010 B.S., Psychology

University of Texas at Austin

**Supervision Experience**

**Practicum Supervisor,** *CED 680*Aug. 2021- present

*Counseling Training Clinic,* Arizona State University

Tempe, AZ

* Conduct weekly individual supervision with 5 masters and doctoral students focusing on case conceptualization and skills acquisition
* Lead weekly group supervision for 1.5 hours discussing general counseling themes and case consultation
* Live supervise trainees four hours weekly as they conduct individual supervision with adults via telehealth
* Provide consultation on an as-needed basis, especially in the areas of risk assessment/management and mandated reporting

**Career Practicum Supervisor,** Aug. 2016-May 2018

*Counseling and Psychological Services (CAPS),* University of California, Berkeley

* Supervise one career practicum student working towards an MFT degree for one hour weekly
* Provide direct feedback on clinical skills after reviewing taped sessions, aide in the conceptualization of clients, incorporate multicultural considerations into clinical work and treatment planning and help to establish and implement a theoretical framework
* Attend weekly supervision of supervision groups with two other interns and a licensed staff member to provide and receive feedback and support around supervision issues and topics

**Technology and Organizational Climate Supervisor,** Sep. 2014- June 2015

*Hosford Community Clinic*

Goleta, CA

* Provided on-site supervision to advanced practicum students seeing individual clients, couples and families two nights weekly which involves aiding in skill development and case conceptualization
* Responsible for maintaining technological services and devices including video and audio recordings
* Established a positive clinic climate including overseeing cleaning schedules, taking meeting minutes and updating the clinic bulletin board each quarter
* Attended Case Assignment Team meetings once a week to discuss client concerns and to assign clients to clinicians following intake

**Basic Practicum Supervisor,** *Hosford Community Clinic,* Goleta, CA Jan. - June 2015

* Supervised three first year graduate students for three hours weekly which included watching recorded sessions, providing feedback, assisting in conceptualization and assessment and treatment planning
* Attended weekly supervision of supervision with other basic practicum supervisors to discuss clinical and supervision issues

**Clinical Experience**

**Licensed Staff Psychologist, CA PSY 31183** Aug. 2019 – May 2021

*Counseling and Psychological Services (CAPS);* Sonoma State University

* Conduct individual short-term counseling approximately 20 hours/week for graduate and undergraduate students
* Lead LGBTQIA+ weekly support group focused on supporting and empowering students in the LGBTQIA+ community
* Provide weekly crisis services for 6 hours, assess for risk and develop immediate safety plans, consult with faculty, staff and students regarding student well-being
* Establish campus partnerships in a liaison role to provide support and outreach presentations to faculty, staff and students
* Work as a member of the grant team, help establish an internal referral database, collaborate with outside agencies to create MOUs

**Post-doctoral Fellow,**  July 2017-July 2018

*Counseling and Psychological Services (CAPS);* University of California, Berkeley

Supervisor: Cynthia Medina, Ph.D.

* Conducted individual short-term counseling approximately 15 hours/week for graduate and undergraduate students
* Co-led skills based group focused on increased self-compassion and decreasing self-criticism
* Chaired the post-doctoral search for the upcoming year, which included reviewing application materials, scheduling and conducting interviews and determining applicant fit with CAPS
* Participated in weekly High Risk/Hospital Team to consult about students who are high risk or who have been hospitalized for psychological reasons and worked with two long-term hospitalized students
* Provided weekly crisis services at CAPS for 3.5 hours, assessed for risk and immediate counseling needs, consulted with campus faculty, staff and family members regarding student welfare

**Doctoral Intern,** July 2016-July 2017

*Counseling and Psychological Services (CPS);* University of California, Berkeley

Supervisor: Yu Bi, Ph.D.

* Provided individual and couples counseling approximately 20 hrs/week for UCB students with various presenting concerns including anxiety, grief, depression and sexual and gender identity issues
* Conducted crisis counseling two hours weekly and assessed for safety, risk and develop immediate intervention plans
* Co-led a skills-based group focusing on managing depression and anxiety symptoms and received weekly supervision from a licensed staff member
* Co-facilitated a support group for queer womyn of color and received weekly supervision from a licensed psychologist
* Participated in monthly PinkTank meetings to discuss outreach presentations specifically for the LGBTQ+ population on campus

**Extern,** *Counseling Center,* Santa Barbara City College (SBCC) Aug. 2014-May 2016

Supervisor: Alyson Bostwick, LMFT

* Conducted individual and couples therapy for city college students approx. 10 hrs/week for a range of common presenting concerns such as depression, adjustment issues, anxiety
* Met with diverse clients of various racial/ethnic backgrounds, sexual orientations, gender identification and SES
* Provided crisis counseling for one hour a week on a drop-in basis
* Received weekly individual supervision with licensed staff

**Group Leader,** *Alcohol and Drug Program (ADP),* Sep.2014- June 2015

University of California, Santa Barbara

Supervisor: Whitney Bruice, MFT

* Led psychoeducational groups about substance use every three weeks for between four and twelve undergraduate students
* Attended weekly case consultation supervision groups with other practicum students and staff to discuss clinical issues and relevant course material

**Group Leader,** *Positive Psychology Psycho-education Group,* March-June 2014

University of California, Santa Barbara

Supervisor: Collie Conoley, Ph.D.

* Led weekly positive psychology psychoeducational group for undergraduate students
* Introduced and demonstrated relevant positive psychology constructs and practical applications

**External Practicum Student,** Sep. 2013- June 2014

*Counseling and Psychological Services (CAPS),*

University of California, Santa Barbara

Supervisor: Kali Lantrip, Ph.D.

* Administered weekly individual therapy sessions with college students focusing on a variety of presenting concerns including transitional difficulties, depression, substance use, sexual assault and anxiety
* Conducted weekly intakes with new clients to assess diagnostic impressions, treatment options and gather relevant history
* Attended weekly practicum seminars to learn about current counseling theories and practices

**External Practicum Student,** *Career Services,* Sep. 2013- June 2014

University of California, Santa Barbara

Supervisor: Molly Steen, M.A.

* Critiqued resumes, cover letters and provided brief career guidance
* Led career assessment interpretations with groups of students
* Attended weekly practicum seminars to learn about career themes and issues

**External Practicum Student,** *Hosford Community Clinic,*  Sep. 2012- June 2013

Supervisor: Collie Conoley, Ph.D.

* Administered individual therapy with adults and adolescents
* Conducted structured interview intakes with potential clients
* Completed weekly group supervision to discuss client progress, treatment plan and case conceptualization

**Basic Practicum** **Student,** *University of California, Santa Barbara* Jan. - June 2012

* Met with six college-aged pseudo clients for individual therapy

**Applied Behavioral Analysis (ABA) Senior Therapist**, July 2009-July 2011

*Center for Autism and Related Disorders*, Austin, TX

* Provided daily individual ABA therapy with children aged 5 to 12
* Tracked progress on task performance and goal completion

**Selected Outreach Experience**

**Sonoma State Residential Life,** *Self-Care for Resident Assistants*  Jan. 2021

* Presented on self-care as it relates to students’ roles as RAs, discussed compassion fatigue, burnout and practiced self-care

**Sonoma State Latinx Heritage Month,** *Presentation on Mental Health in the Latinx*  Oct. 2020

*Community*

* Facilitated discussion about mental health in the Latinx community, especially cultural factors affecting willingness to seek treatment and barriers to access services

**Sonoma State Mental Health Ambassador Program,** *Presentation on Imposter*  Apr. 2020

*Syndrome*

* Discussed imposter syndrome including the effects, vulnerable populations and ways to cope

**Sonoma State,** *Presentation on Mental Health and Cultural Diversity* Apr. 2020

* Presented on the influence of cultural diversity on mental health prevalence, symptoms and access to mental health services

**UC Berkeley Career Intern Training Seminar,** *Presentation on Intersectionality*  Feb. 2018

*in career counseling*

* Discussed the implications of intersecting marginalized identities on students’ career choice including cultural influences

**UC Berkeley GenEq,** *Workshop: Dating Along the Gender Spectrum*Mar. 2017

* Co-facilitated discussion about dating along the gender spectrum (i.e. dating while trans\*, dating trans\* people, dating gender non-conforming individuals) to 20 undergraduate and graduate students

**UC Berkeley Residential Life,** *Consultation*Oct. 2016

* Reviewed mental health resources on campus with resident assistants and consulted about best practices with existing mental health concerns in campus dormitories

**UC Berkeley Kappa Chapter,** *Panel on Mental Health Resources*        Sep. 2016

* Discussed services at Counseling and Psychological Services for students of color who are at risk of being academically dismissed and answered questions about self-care in relation to academic difficulties

**UC Berkeley Bridges,** *Presentation on Wellness and Community*                     Sep. 2016

* Co-presented on the challenges of being a student leader and how to address holistic wellness, self-care and building community to a campus group comprised of students of color

**UC Berkeley’s Mental Health Coalition,** *Tabling Event*         Sep. 2016

* Handed out brochures, information sheets and answered questions about CPS services, satellite offices, etc.

**UC Berkeley Department of African American Studies,** *Discussion of Services*Aug. 2016

* Co-presented and answered questions about services available at Counseling and Psychological Services

**UC Berkeley Residential Life,** *Resident Assistants Training*       Aug. 2016

* Consulted with resident assistants in student housing about potential mental health concerns of residents including how to conduct a brief risk assessment and how to introduce and discuss mental health referrals if needed

**Research Experience**

 **Independent Researcher, Dissertation** Oct. 2015-July 2017

Committee Chair: Collie Conoley

Dissertation Title: Cultural Differences in Post-Traumatic Growth and Coping for Adult Sexual Assault Survivors: An examination of the female college population

* Recruited college student participants through listservs and other online tools (e.g. MTurk)
* Examined cultural differences in experience of post-traumatic growth and coping strategies in Latina women following sexual assault

**Graduate Student Researcher,** Sep. 2012-Sep. 2014; June 2015-June 2016

*Substance Abuse Treatment Court*, *Re-Entry Drug Court, Juvenile Drug Court*

University of California, Santa Barbara

PI: Merith Cosden, Ph.D.

* Evaluate treatment outcomes of graduated and terminated participants
* Co-author quarterly reports of demographic information, participants’ involvement and addiction severity indexes
* Conduct in-person interviews quarterly about participants’ experience with drug court
* Attend quarterly meetings with program administrators and probation officers to discuss data collection progress

**Researcher,** *STEM Teacher And Researcher (STAR) Program,*  Sep. 2011- June 2012

California Polytechnic State University, San Luis Obispo

PI: Collie Conoley, Ph.D.

* Interpreted participant evaluation of the STAR program
* Authored various sections of final report

**Research Assistant,** *Gender and Racial Attitudes Lab*, Aug. – Dec. 2009

University of Texas at Austin

PI: Rebecca Bigler, Ph.D.

* Gathered and input data in an excel file for future analyses
* Provided feedback on research progress of graduate students during weekly meetings

**Teaching Experience**

**Teaching Assistant,** *CNCSP 250: Cognitive Assessment,* Sep. – Dec. 2013

University of California, Santa Barbara

Instructor: Erin Dowdy, Ph.D.

* Held weekly sections to aide in the administration and scoring of various cognitive assessments (including WISC-IV, DAS, WJ-III and WAIS)
* Created grading rubrics for assessment protocols
* Performed competency examinations to test students’ ability to administer assessments

**Teaching Assistant,** *CNCSP 111: Identity and Pluralism,* Aug. 2013

University of California, Santa Barbara

Instructor*:* Melissa Morgan-Consoli, Ph.D.

* Co-proctored and graded final examinations of 15 students
* Guest lectured on the intersection of religion and identity
* Facilitated weekly in-class discussions on varied topics of identity and culture

**Teaching Assistant**, *CNCSP 112: Positive Psychology,*  Jan. – Mar. 2013

University of California, Santa Barbara

Instructor*:* Collie Conoley, Ph.D.

* Held weekly discussion section for ten undergraduate students
* Proctored and graded midterm and final examinations
* Guest lectured on the process of forgiveness

**Guest Lectures**

*Post-traumatic Growth,* CNCSP 112: Positive Psychology, University of California, 2015

Santa Barbara

*Religion,* CNCSP 111: Identity and Pluralism, University of California, 2013

 Santa Barbara

*Forgiveness,* CNCP 112: Positive Psychology, University of California, 2013

 Santa Barbara

**Presentations**

Vasquez, E., Lee, A.N., & Conoley, C. W. (August, 2012). *The effects of capitalization on the celebrator: A positive psychology intervention study.* Poster presented for Division 17 at the Annual American Psychological Association Conference, Orlando, FL.

Lee, A.N., Conoley, C. W., & Vasquez, E. (August, 2012). *Self-Affirmation: A positive psychology intervention study*. Poster presented for Division 17 at the Annual American Psychological Association Conference, Orlando, FL.

**Published Manuscripts**

Conoley, C.W., **Vasquez, E.,** Bello, B.D.C., Oromendia, M. & Jeske, D.R. (2015). Celebrating the accomplishments of others: Mutual benefits of capitalization. *The Counseling Psychologist*, *43*(5), 734-751.

Conoley, C.W. & **Vasquez, E.M**. (2013). Review of how I think about drugs and alcohol questionnaire ACCESSION #: 19093701, *Mental Measurement Yearbook*. Buros Institute: Lincoln, NE.

**Vasquez, E**., Lee, A.N., & Conoley, C. W. (2012). The effects of capitalization on the celebrator: A positive psychology intervention study*. Positive Psychology: Theory and Application, 9*(1), 20-23.

Lee, A.N., Conoley, C. W., & **Vasquez, E.** (2012).Self-Affirmation: A positive psychology intervention study. *Positive Psychology: Theory and Application, 9*(1), 23-25.

**Book Chapters**

Vasquez, M.J.T. & **Vasquez, E**. (2017). Psychotherapy with women. In L. E. Beutler, A. Consoli, & B. Bongar (Eds.), *Comprehensive textbook of psychotherapy (2nd ed).*

Conoley, C. W., Bello, B., Oromendia, M., **Vasquez, E**., & Conoley, J.C. (2015). The promise of

well-being for the net generation. In C. Koh (Ed.), *Motivation, leadership and curriculum design: Engaging the net generation and 21st century learners* (pp. 75-92). Singapore: Springer Science + Business Media.

**Professional Activities**

**Mentor**, *Harding Partnership School*, Santa Barbara, CA 2013

Assisted students in exploring research questions to conduct an independent research project

* Helped plan research paper and presentation of selected topic
* Held weekly meetings with the students to assess progress

**Volunteer**, *Cross-Cultural Conference*, 2013

University of California, Santa Barbara

**Volunteer**, *Suicide Prevention Workshop* 2012

**Member,** *Climate Committee,* University of California, Santa Barbara 2012-2013

**Student Representative,** *Faculty Search Committee*, 2012

University of California, Santa Barbara

**Student Assistant**, *Department of Counseling, Clinical and School Psychology,*  2011-2012

University of California, Santa Barbara

**Honors and Awards**

Susan A. Neufeldt Award for Excellence in Supervision 2015

Hosford Research Grant Award - $500 2014

Ray E. Hosford Award for Professional Behavior 2013

Block Grant, University of California, Santa Barbara - $10,000 2012

Hosford Hero Award 2012

Block Grant, University of California, Santa Barbara - $10,000 2011

Therapist of the Year Award for Center for Autism and Related Disorders 2010

**Professional Organizations**

American Psychological Association of Graduate Students (APAGS) 2011 – 2017