
Rebecca K. Blais, Ph.D.

[Military Social Science Laboratory](#)

[Arizona State University](#)

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Professional and Academic Appointments

- 2021 – Associate Professor with tenure, Clinical Psychology, Arizona State University
2022-2023 Subject Matter Expert, Office of the US Secretary of Defense, HON Lloyd Austin
2019 – 2021 Associate Department Head, Psychology, Utah State University (USU)
2019 – 2021 Associate Professor with tenure, Combined Clinical, Counseling Psychology, USU
2014 – 2019 Assistant Professor, Combined Clinical, Counseling Psychology, USU
2014 – 2019 Research Associate (without compensation), Salt Lake City Department of Veterans Affairs (VA)

Licensure

- 2022 – Clinical Psychology, #PSY-005504, Arizona
2014 – 2022 Clinical Psychologist, #9139283-2501, Utah
2013 – 2014 Clinical Psychologist, #071.008709, Illinois

Education/Training

- 2013 – 2014 Postdoctoral Fellow, Traumatic Stress Center, Rush University
2012 – 2013 Postdoctoral HCV/HIV Fellow, VA Puget Sound – Seattle Division (APA Accredited)
2012 Doctor of Philosophy, Clinical Psychology, University of Utah (APA Accredited)
2011 – 2012 Pre-doctoral Internship, VA Puget Sound – Seattle Division (APA Accredited)
2008 Master of Science, Psychology, University of Utah
2004 Bachelor of Arts (Cum Laude) with honors and distinction in the Major Field, Psychology, Connecticut College

Highlights of Curriculum Vitae

Grants & Contracts	\$6,266,826
Student Funding/Grants	\$94,200
h-index, i10 index, Citations	35; 56; 3,254
Publications	90
Publications with Student Co-Authorships	46 (26 are first authored student papers)

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Honors/Competitive Awards

2024	SUN Award , Demonstrating leadership, Compassion, ASU
2024	CLAS Zebulon Pearce Distinguished Teaching Award Nomination , ASU
2023	Distinguished Mentor Award , Society for Military Psychology (Division 19), APA
2023	Outstanding Contribution to the Science of Trauma Psychology , Division of Trauma Psychology (Division 56), APA
2023	Professor of Impact , Office of the Provost, Arizona State University
2022	Fellow , American Psychological Association (APA; Society for Military Psychology, Division 19)
2019	Presidential Citation , Society for Military Psychology (Division 19, APA)
2018	Outstanding Contribution to Trauma Psychology by an Early Career Psychologist , Division of Trauma Psychology (Division 56), APA
2018	Charles S. Gersoni Military Psychology Award , Division 19, APA -Outstanding contribution to Military Psychology in the form of research, service, product development, administration
2016	Arthur W. Melton Award for Early Career Achievement , Division 19, APA

Grants (Active)

Title: Informal Disclosure of Military Sexual Assault in Male and Female Survivors: Understanding How Individual Factors, Organizational Factors, and Disclosure Responses Predict Psychological Distress

Role: PI

Dates: Sept 2024-Aug 2028

Amount: \$1,275,092

Funding Source: DoD; Congressionally Directed Medical Research Program

Title: Preventing suicide risk among survivors of military sexual violence: Identifying critical risk periods and factors that attenuate and exacerbate risk – TP210439 (#13518367)

Role: MPI (with MPI: Monteith, L.)

Dates: September 2022-September 2027

Amount: \$1,491,734 (\$722,815 to ASU)

Funding Source: DoD; Congressionally Directed Medical Research Program

Title: Manufacturing Certification 2 Degree Consortium (C2D)

Role: Co-I (5%; PI: Dehghan-Niri)

Dates: Sept 2023-Aug 2026

Amount: \$3,500,000

Funding Source: Department of Defense

Title: Identifying predictors of pregnancy health and fetal outcomes among military service women and civilians who are expecting their first child.

Role: PI

Dates: July 2020-July 2026

Amount: \$5,935

Funding Source: Society for Military Psychology (Division 19, APA), Member Research Grant

Contracts

Title: Suicide Prevention and Response Independent Review Committee

Role: Expert Member (PI)

Dates: May 2022-April 2023

Amount: \$149,014

Funding Source: Department of Defense, Office of Force Resilience

Grants/Funding (Completed)

Title: Equine human interactions with Veterans

Role: Co-I (PI: Hoopes)

Dates: May 2019–June 2021

Amount: \$11,640

Funding Source: USU Extension Grants Program

Title: A longitudinal investigation of academic and mental health functioning in college-enrolled Veterans

Role: PI

Dates: September 2016–August 2020

Amount: \$6,000

Funding Source: Office of the Vice President of Student Affairs, USU

Title: Academic and mental health functioning in college-enrolled Veterans

Role: PI

Dates: September 2015–August 2020

Amount: \$800

Funding Source: Office of the Provost, USU

Title: Academic and mental health functioning in college-enrolled Veterans

Role: PI

Dates: July 2015-July 2020

Amount: \$5,000

Funding Source: Society for Military Psychology (Division 19, APA), Member Research Grant

Title: Sexual functioning and relationship quality following military sexual trauma in female veterans

Role: PI

Dates: July 2014-July 2016

Amount: \$5,000

Funding Source: Society for Military Psychology (Division 19, APA) Member Research Grant

Student Funding

Title: Presidential Predoctoral Fellowship

Role: Sponsor (Awardee: Nadia Malek)

Dates: August 2024 – June 2028

Amount: Tuition + stipend, benefits

Funding Source: Arizona State University

Title: The Association of Institutional Betrayal with Physical Health and Suicide Risk among MST Survivors

Role: Sponsor (Awardee: Felicia Andresen)

Dates: January – December 2020

Amount: \$1,500

Funding Source: Society for Military Psychology, APA

Title: Interdisciplinary Presidential Doctoral Research Fellowship (PDRF) in Military Clinical Psychology and Quantitative Methodology

Role: Sponsor (Awardee: Whitney Livingston)

Dates: August 2016-July 2020

Amount: \$91,200 (stipend, tuition benefits)

Funding Source: Office of Research and Graduate Studies, USU

Title: Trauma and touch: Apprehension of touch in victims of MST

Role: Sponsor (Awardee: Danielle Christensen)

Dates: August 2015-May 2016

Amount: \$1,500

Funding Source: Undergraduate Research & Creative Opportunities, Honors' Program, USU

Publications

h-index: 35 i10-index: 56 Citations: 3,254

Denotes *graduate or **undergraduate student working under my supervision in my laboratory; ^graduate student working under my supervision but outside my laboratory;*** senior authorship

In press

$n = 3$

90. **Shah, R., & ***Blais, R. K. (2024). Negative social exchanges are associated with more severe depressive symptoms above and beyond the effects of positive social exchanges in male US service members and Veterans. *Military Medicine*.

89. **Blais, R. K.**, Barrett, T. S., *Tannahill, H. S., & Hoyt, T. (in press). Fears of stigma from unit leaders for seeking psychological services for military sexual trauma sequelae is associated with suicide risk among male service members and veterans. *Stigma and Health*, <https://doi.org/10.1037/sah0000543>.
88. *Xu, B., *Tannahill, H. S., & **Blais, R. K.** (in press). Negative posttraumatic cognitions about self potentially mediate the relation between sexual revictimization and suicide risk in a sample of military sexual assault survivors. *Psychological Trauma: Theory, Research, Practice, and Policy*, <https://doi.org/10.1037/tra0001656>.

2024

n = 9

87. Schkade, I., Sadeghi-Bahmani, D., Lang, U., **Blais, R.K.**, Stanga, Z., Ülgür, I., Brand, S., Annen, H. (2024) Military values, military virtues, and vulnerable narcissism among cadets of the Swiss Armed Forces—Results of a Cross-Sectional Study. *European Journal of Health, Psychology, and Education*, *14*(7), 2074–2086.
86. Sadeghi-Bahmani, D., Rigotti, V., Stanga, Z., Lang, U. E., **Blais, R. K.**, Kelley, M. L., Brand, S. (2024) Sleep disturbances and psychological well-being among military medical doctors of the Swiss Armed Forces: Study protocol, rationale and development of a cross-sectional and longitudinal interventional study. *Frontiers in Public Health*, *12*, 1390636.
85. *Xu, B., *Basha, S., Xie, Z. & *****Blais, R. K.** (2024). Suicide risk in US Adults: Alcohol misuse, veteran status, and urbanization comparison. *Journal of Rural Mental Health*, *48*(3), 156–167.
84. *Xu, B., Kim, S., Nadel, M., **Blais, R. K.**, *Cai, Q., & Tanev, K. S. (2024). Longitudinal changes in the PTSD symptom network following trauma-focused treatment in military populations: Identifying central symptoms and the role of military sexual trauma. *Journal of Anxiety Disorders*, *104*, 102872.
83. *Livingston, W. S., & *****Blais, R. K.** (2024). Military sexual trauma and lower relationship satisfaction are associated with suicide risk among male service members and veterans. *Frontiers in Psychiatry, Psychopathology*, *15*, 1355355–1355355.
82. Hoyt, T., & **Blais, R. K.** (2024). The suicide prevention and response independent review committee (SPRIRC): Translating recommendations into actions. *Military Medicine*, *189*(Supplement_3), 381–389.
81. **Blais, R. K.**, *Xu, B., *Tannahill, H. S., & Dulin, P. (2024). Male sex and hazardous alcohol use following military sexual assault increase risk for suicide in US service members and veterans. *European Journal of Traumatology*, *15*(1), 2312756–2312756.
80. *Tannahill, H. S., & **Blais, R. K.** (2024). Using military screening questions to anonymously recruit post-9/11 era service members and veterans using online survey methods. *Military Medicine*, *189*(5–6), e1282–e1288.
79. **Blais, R. K.**, *Tannahill, H. S., & Cue Davis, K. (2024). Sexual risk taking among survivors of military sexual assault: Associations with PTSD symptom severity and alcohol use. *Journal of Sex Research*, *61*(5), 683–690.

2023

n = 5

78. **Blais, R. K.**, Xie, Z., Kirby, A., & Marlow, N. (2023). Suicide ideation, plans, and attempts among military veterans vs nonveterans with disability. *JAMA Network Open*, *6*(10), e2337679.
77. **Blais, R. K.**, Cruz, R. A., Hoyt, T., & Monteith, L. L. (2023). Stigma for seeking psychological help for military sexual trauma is associated with more frequent suicidal ideation among women service members and veterans. *Psychology of Violence*, *13*(3), 229-238.
76. **Blais, R. K.**, & Zalta, A. K. (2023). Exploring how positive and negative social exchanges relate to posttraumatic stress disorder severity among previously deployed men service members/veterans. *Psychological Trauma: Theory, Research, Practice, and Policy*, *15*(2), 247-254.
75. *Tannahill, H. S., Barrett, T. S., Zalta, A. K., Tehee, M., & *****Blais, R. K.** (2023). Posttraumatic cognitions differ between men and women after military sexual assault revictimization in their contribution to PTSD symptoms. *Journal of Interpersonal Violence*, *38*97-8, 6038-6061.
74. **Blais, R. K.**, *Livingston, W. S., Barrett, T. S., & *Tannahill, H. S. (2023). Sexual violence in military service members/veterans: Individual and interpersonal outcomes associated with single and multiple exposures to civilian and military sexual violence. *Journal of Interpersonal Violence*, *38*(3-4), 2585-2613.

2022

n = 5

73. *Livingston, W. S., *Tannahill, H. S., Meter, D. J., Fargo, J. D., & *****Blais, R. K.** (2022). The association of military sexual harassment/assault with suicide ideation, plans, attempts, and mortality among US service members/veterans: A meta-analysis. *Trauma, Violence, & Abuse*.
72. **Blais, R. K.**, *Xu, B., Hoyt, T., Lorenz, T., & Monteith, L. M. (2022). Sexual compulsivity, erectile dysfunction, and suicidality among male survivors of military sexual violence. *Journal of Traumatic Stress*, *35*, 1709-1720.
71. *Livingston, W. S., Fargo, J. D., & *****Blais, R. K.** (2022). Depression symptoms as a potential mediator of the association between disordered eating symptoms and sexual function in women service members and veterans. *Military Psychology*, *24*, 687-696.
70. **Blais, R. K.**, Bird, E., Sartin-Tarm, A., Campbell, S. B., & Lorenz, T. (2022). Mechanisms of the association between PTSD and sexual arousal and lubrication functioning among trauma-exposed female service members/veterans. *Journal of Affective Disorders*, *301*, 352-359.
69. **Blais, R. K.** (2022). The association of self-reported romantic relationship satisfaction and anhedonia symptoms secondary to posttraumatic stress among trauma-exposed male service members/veterans. *Psychological Trauma: Theory, Research, Practice, and Policy*, *14*, 318-325.

2021

n = 10

68. **Blais, R. K.**, Hess, R. A., & Serang, S. (2021). The buffering role of higher romantic relationship satisfaction on the association of hazardous drinking with PTSD and depression symptoms among female military service members/veterans. *Addictive Behaviors, 123*, 107081.
67. ^Bird, E., Piccirillo, M., Garcia, N., **Blais, R. K.**, & Campbell, S. (2021). Relationship between posttraumatic stress disorder and sexual difficulties: A systematic review of veterans and military personnel. *Journal of Sexual Medicine, 18*, 1398-1426.
66. Tirone, V., Orlowska, D., Lofgreen, A., **Blais, R. K.**, Stevens, N. ... & Zalta, A. K. (2021). The association between social support and posttraumatic stress symptoms among survivors of betrayal trauma: A meta-analysis. *European Journal of Psychotraumatology, 12*, 1883925.
65. **Blais, R. K.**, & *Livingston, W. S. (2021). The association of assault military sexual trauma and sexual function among partnered female service members and veterans: The mediating roles of depression and sexual self-schemas. *European Journal of Psychotraumatology, 12*, 13, 1872964.
64. **Blais, R. K.**, Cruz, R. A., & Serang, S. (2021). More frequent negative social exchanges are associated with higher suicide ideation and risk in men service members/veterans. *Suicide and Life-Threatening Behavior, 54*, 755-766.
63. *Tannahill, H. S., Fargo, J. D., Barrett, T. S., & *****Blais, R. K.** (2021). Gender as a moderator of the association of military sexual trauma and posttraumatic stress symptoms. *Journal of Clinical Psychology, 77*, 2262-2287.
62. **Blais, R. K.**, Tirone, V., Orlowska, D., Lofgreen, A., Klassen, B. ... & Zalta, A. K. (2021). Self-reported PTSD symptoms and social support in US military service members and veterans: A meta-analysis. *European Journal of Psychotraumatology, 12*, 1.
61. **Blais, R. K.** (2021). The association of exposure to military sexual trauma and romantic relationship satisfaction among partnered men service members/veterans: The influence of compulsive sexual behavior. *Family Process, 60*, 1295-1306.
60. Zalta, A. K., Tirone, V., Orlowska, D., **Blais, R. K.**, Lofgreen, A., ... & Dent, A. (2021). Examining moderators of the relationship between social support and self-reported PTSD symptoms: A meta-analysis. *Psychological Bulletin, 147*, 33-54.
59. **Blais, R. K.** (2021). Screening positive for military sexual harassment or assault is associated with higher compulsive sexual behavior in men military service members/veterans. *Military Medicine, 186*, e305-309.

2020

n = 8

58. Tirone, V., Bagley, J, **Blais, R. K.**, Petrey, K., Meade, E., & Sadler, A. (2020). Military sexual trauma and sexual revictimization. *Psychiatric Annals, 50*, 444-451.
57. **Blais, R. K.**, Zalta, A. K., & *Livingston, W. S. (2020, e-pub ahead of print). Interpersonal trauma and sexual function and satisfaction: The mediating role of negative affect among survivors of military sexual trauma. *Journal of Interpersonal Violence*.
56. *Livingston, W. S., Fargo, J. D., Gundlapalli, A. V., Brignone, E., & *****Blais, R. K.** (2020). Comorbid PTSD and depression diagnoses mediate the association of military sexual

trauma and suicide and intentional self-inflicted injury in VHA-enrolled Iraq/Afghanistan veterans. *Journal of Affective Disorders*, 274, 1184-1190.

55. **Blais, R. K.** (2020). Lower intimate relationship satisfaction among partnered female service members/veterans is associated with the presence of suicidal ideation. *Journal of Clinical Psychology*, 76, 1353-1361.
54. **Blais, R. K.** (2020). Higher anhedonia and dysphoric arousal relate lower relationship satisfaction among trauma-exposed female service members/veterans. *Journal of Clinical Psychology*, 76, 1327-1338.
53. *Tannahill, H., *Livingston, W. S., Fargo, J. D., Brignone, E., Gundlapalli, A. V., & *****Blais, R.K.** (2020). Gender moderates the association of military sexual trauma and risk for psychological distress among VA-enrolled veterans. *Journal of Affective Disorders*, 268, 215-220.
52. **Blais, R. K.**, *Livingston, W. S., & Fargo, J. D. (2020). Higher depression severity mediates the association of assault military sexual trauma and sexual function in partnered female service members/veterans. *Journal of Affective Disorders*, 261, 238-244.
51. **Blais, R. K.** (2020). Lower sexual satisfaction and function mediate the association of assault military sexual trauma and relationship satisfaction in partnered female service members/veterans. *Family Process*, 59, 586-596.

2019

n = 11

50. Jones, A. L., Pettey, W. B. P., Carter, M. E., *Brignone, E., Redd, A., Suo, Y., Divita, G., **Blais, R. K.**, Fargo, J. D., Gundlapalli AV. (2019). Regional variations in documentation of sexual trauma concepts in electronic medical records in the United States Veterans Health Administration. *AMIA Annual Symposium Proceedings*, 514-522.
49. *Kugler, J., *Andresen, F., ^Bean, R. & *****Blais, R. K.** (2019). Couple-based interventions for PTSD among military veterans: An empirical review. *Journal of Clinical Psychology*, 75, 1737-1755.
48. Goldberg, S. B., *Livingston, W. S., **Blais, R. K.**, Brignone, E., Suo, Y., Lehavot, K., Simpson, T. L., Fargo, J., & Gundlapalli, A. V. (2019). A positive screen for military sexual trauma is associated with greater risk for substance use disorders in women veterans. *Psychology of Addictive Behaviors*, 33(5), 477-483.
47. **Blais, R. K.**, ^Brignone, E., Fargo, J. D., *Andresen, F. J., & *Livingston, W. S. (2019). The importance of distinguishing between harassment-only and assault military sexual trauma during screening. *Military Psychology*, 31(3), 227-232.
46. *Andresen, F. J., Monteith, L. L., *Kugler, J., Cruz, R. A., & *****Blais, R. K.** (2019). Institutional betrayal following military sexual trauma is associated with more severe depression and specific posttraumatic stress disorder symptom clusters. *Journal of Clinical Psychology*, 75, 1305-1319.
45. Gundlapalli, A. V., Jones, A., Redd, A., Divita, G., ^Brignone, E., ... **Blais, R. K.**, & Fargo, J. D. (2019). Combining natural language processing of electronic medical notes with administrative data to determine racial/ethnic differences in the disclosure and documentation of military sexual trauma in veterans. *Medical Care*, 57, S149-S156.
44. **Blais, R. K.**, Monson, C., *Livingston, W. S., & Maguen, S. (2019). The association of disordered eating and sexual health with relationship satisfaction in female service

- members/veterans. *Journal of Family Psychology*, 33, 176-182.
43. **Blais, R. K.**, & Geiser, C. (2019). Depression and PTSD-related anhedonia mediate the association of military sexual trauma and suicidal ideation in female service members/veterans. *Psychiatry Research*, 279, 148-154.
42. **Blais, R. K.**, & Monteith, L. (2019). Suicide ideation in female survivors of military sexual trauma: The trauma source matters. *Suicide and Life-Threatening Behavior*, 49, 643-652.
41. ^DiMauro, J., Renshaw, K. D., & **Blais, R. K.** (2018). Sexual vs. non-sexual trauma, sexual satisfaction and function, and mental health in female veterans. *Journal of Trauma and Dissociation*, 19, 403-416.
40. *Livingston, W. S., ^Brignone, E., Fargo, J. D., Maguen, S., Gundlapalli, A. V., & *****Blais, R.K.** (2018). VHA-enrolled homeless veterans are at risk for eating disorder diagnoses. *Military Medicine*, 184, e71-75.

2018

n = 8

39. *Andresen, F., & *****Blais, R. K.** (2018). Higher self-stigma is related to lower likelihood of disclosing military sexual trauma during screening in female veterans. *Psychological Trauma: Theory, Research, Practice, and Policy*, 11, 372-378.
38. ^Brignone, E., Fargo, J. D., **Blais, R. K.**, & Gundlapalli, A. V. (2018). Chronic health conditions among U.S. veterans discharged from military service for misconduct. *Preventing Chronic Disease*, 15, E22.
37. ^Brignone, E., Fargo, J. D., **Blais, R. K.**, & Gundlapalli, A. V. (2018). Applying machine learning to linked administrative and clinical data to enhance the detection of homelessness among vulnerable veterans. *Studies in Health Technology and Informatics*, 2018, 305-312.
36. **Blais, R. K.**, Geiser, C., & Cruz, R. A. (2018). Specific PTSD symptom clusters mediate the association of military sexual trauma severity and sexual function and satisfaction in female service members/veterans. *Journal of Affective Disorders*, 238, 680-688.
35. **Blais, R. K.**, Renshaw, K. D., & **Christensen, D. B. (2018). Biological attributions for postdeployment distress relate to higher likelihood of seeking mental health treatment in Iraq/Afghanistan service members/veterans. *Military Psychology*, 30, 79-86.
34. **Blais, R. K.**, Monteith, L., & *Kugler, J. (2018). Sexual dysfunction is associated with suicidal ideation in female service members and veterans. *Journal of Affective Disorders*, 226, 52-57.
33. **Blais, R. K.**, ^Brignone, E., Fargo, J. D., Galbreath, N., & Gundlapalli, A. V. (2018). Assailant identity and self-reported nondisclosure of military sexual trauma in partnered women veterans. *Psychological Trauma: Theory, Research, Practice, and Policy*, 10(4), 470-474.
32. ^Painter, J. M., ^Brignone, E., ^Gilmore, A. K., Lehavot, K., Fargo, J., Suo, Y., ... **Blais, R. K.**, & Gundlapalli, A. V. (2018). Gender differences in service utilization among Operations Enduring Freedom, Iraqi Freedom, and New Dawn Veterans Affairs patients with severe mental illness and substance use disorders. *Psychological Services*, 15(1), 11-20.

2017

n = 6

31. Davita, G., ^Brignone, E., Carter, M. E., Suo, Y., **Blais, R. K.**, ... Gundlapalli, A. V. (2017). Extracting sexual trauma mentions from electronic medical notes using natural language processing. *Studies in Health Technology and Informatics*, 245, 351-355.
30. ^Brignone, E., Fargo, J. D., **Blais, R. K.**, Carter, M. E., & Gundlapalli, A. V. (2017). Authors' response to "Veterans and the national tragedy of suicide". *American Journal of Preventive Medicine*, 53(4), e149.
29. Gundlapalli, A.V., ^Brignone, E., Divita, G., Jones, A.L., Redd, A. ...**Blais, R. K.**, Samore, M., & Fargo, J. D. (2017). Using structured and unstructured data to refine estimates of military sexual trauma status among US military Veterans. *Studies in Health Technology and Informatics*, 238, 128-131.
28. ^Brignone, E., Gundlapalli, A. V., Barrett, T., **Blais, R. K.**,...Fargo, J. D. (2017). Increased health care utilization and costs among veterans with a positive screen for military sexual trauma. *Medical Care*, 55, S70-77.
27. **Blais, R. K.**, ^Brignone, E., Maguen, S., Fargo, J.D., Carter, M.E., & Gundlapalli, A.V. (2017). Military sexual trauma is associated with post-deployment eating disorders among Afghanistan and Iraq veterans. *International Journal of Eating Disorders*, 50(7), 808-816.
26. ^Brignone, E., Fargo, J. D., **Blais, R. K.**, Carter, M. E., & Gundlapalli, A. V. (2017). Non-routine discharge from military service: Mental illness, substance use disorders, and suicidality. *American Journal of Preventive Medicine*, 52, 557-565.

2016

n = 4

25. ^Gilmore, A. K., ^Brignone, E., ^Painter, J. M., Lehavot, K., Fargo, J., Suo, Y., ... **Blais, R. K.**, & Gundlapalli, A. V. (2016). Military sexual trauma and co-occurring posttraumatic stress disorder, depressive disorders, and substance use disorders among returning Afghanistan and Iraq veterans. *Womens' Health Issues*, 26(5), 546-54.
24. ^Brignone, E., Gundlapalli, A. V., **Blais, R. K.**, Carter, M. E., Ying, S., Samore, M. H., Kimerling, R., & Fargo, J. D. (2016). Differential risk for homelessness among U.S. male and female veterans with a positive screen for military sexual trauma. *JAMA Psychiatry*, 73, 582-589.
23. **Blais, R. K.** (2016). The importance of distinguishing between sources and types of stigma: Implications for stigma research in military service members. *Military Psychology*, 28, 162-173.
22. Hobfoll, S. E., **Blais, R. K.**, Stevens, N., Walt, L., & Gengler, R. (2016). *Vets Prevail* online intervention reduces PTSD and depression in veterans with mild-to-moderate symptoms. *Journal of Consulting and Clinical Psychology*, 84, 31-42.

2015

n = 3

21. Beste, L. A., Harp, B., **Blais, R. K.**, Evens, S., & Zickmund, S. (2015). Primary care providers report challenges to cirrhosis management and specialty care coordination. *Digestive Diseases and Sciences*, 60, 2628-2635.

20. Chartier, M., **Blais, R. K.**, Steinberg, T., Catella, S., Dehon, E., Ross, D., & Zeiss, R. (2015). A psychology postdoctoral fellowship program in integrated HIV and Hepatitis C clinical care: Rationale, progress, and future directions. *Training and Education in Professional Psychology, 9*, 77-84.
19. **Blais, R. K.**, Tsai, J., Southwick, S., & Pietrzak, R. (2015). Barriers and facilitators related to mental health care use among older veterans in the United States. *Psychiatric Services, 66*, 500-506. (IF = 2.88)

2014

n = 6

18. **Blais, R. K.**, & Renshaw, K. D. (2014). Self-stigma fully mediates the association of anticipated enacted stigma and help-seeking intentions in National Guard service members. *Military Psychology, 26*, 114-119.
17. Mathalon, D. M., Ahn, K.-H., Perry, E. B., Cho, H.-S., Roach, B. J., **Blais, R. K.**, ... & D'Souza, D. C. (2014). Effects of nicotine on the neurophysiological and behavioral effects of ketamine in humans. *Frontiers in Psychiatry, 5*, 1-16.
16. **Blais, R. K.**, & Renshaw, K. D. (2014). Perceptions of partners' attributions for depression in relation to perceptions of support and conflict in romantic relationships. *Journal of Marital and Family Therapy, 40*, 498-508.
15. **Blais, R. K.**, Hoerster, K., Malte, C., Hunt, S., & Jakupcak, M. (2014). Unique PTSD clusters predict intention to seek mental health care and subsequent utilization in veterans with PTSD symptoms. *Journal of Traumatic Stress, 27*, 168-174.
14. **Blais, R. K.**, Renshaw, K.D., & Jakupcak, M. (2014). Posttraumatic stress and stigma in active duty service members relate to lower likelihood of seeking support. *Journal of Traumatic Stress, 27*, 116-119.
13. Jakupcak, M., **Blais, R. K.**, Grossbard, J., Garcia, H., & Okiishi, J. (2014). "Toughness" in association with mental health symptoms among Iraq and Afghanistan war veterans seeking Veteran Affairs health care. *Journal of Psychology of Men and Masculinity, 15*, 100-104.

2013

n = 3

12. Miller, A. B., Schaefer, K. E., Renshaw, K D., & **Blais, R. K.** (2013). PTSD and marital satisfaction in military service members: Examining the simultaneous roles of childhood sexual abuse and combat exposure. *Child Abuse and Neglect, 37*, 979-985. (5y IF = 2.97)
11. **Blais, R. K.**, & Renshaw, K. D. (2013). Stigma and demographic correlates of help-seeking intentions in returning service members. *Journal of Traumatic Stress, 26*, 77-85.
#Among the journal's top cited papers in 2014.
10. Jakupcak, M., Hoerster, K. D., **Blais, R. K.**, Malte, C., Hunt, S., & Seal, K. (2013). Readiness for change and mental health treatment-engagement among Iraq and Afghanistan war Veterans seeking post-deployment VA care. *Journal of Traumatic Stress, 26*, 165-168.

2012

n = 3

9. Carbuto, M., Sewell, R. A., Williams, A., Forselius-Bielen, K., ...**Blais, R. K.**, & D'Souza, D. C. (2012). The safety of studies with intravenous delta-9 tetrahydrocannabinol in humans, with case histories. *Psychopharmacology*, *219*, 885-896.
8. **Blais, R. K.**, & Renshaw, K. D. (2012). The association of biological and psychological attributions for depression with social support seeking intentions in individuals with depressive symptoms. *Behavioural and Cognitive Psychotherapy*, *50*, 605-617.
7. **Blais, R. K.**, & Renshaw, K. D. (2012). The role of perceived criticism in interpersonal processes. *New School Psychology Bulletin*, *9*, 17-23.

2011

n = 2

6. Renshaw, K. D., McKnight, P., Caska, C. M., & **Blais, R. K.** (2011). The Relationship Assessment Scale: Reliability and validity across multiple types of relationships. *Journal of Social and Personal Relationships*, *28*, 435-437.
5. Renshaw, K. D., Allen, E., Rhoades, G., **Blais, R. K.**, Markman, H., & Stanley, S. (2011). Distress in spouses of veterans with combat-related PTSD: Secondary traumatic stress or general psychological distress. *Journal of Family Psychology*, *25*, 461-469.

2010

n = 2

4. Renshaw, K. D., **Blais, R. K.**, & Caska, C. (2010). Distinctions between hostile and non-hostile forms of perceived criticism from others. *Behavior Therapy*, *41*, 364-274. (5y IF = 4.33)
3. Renshaw, K. D., **Blais, R. K.**, & Smith, T. W. (2010). Components of negative affectivity and marital satisfaction: The importance of actor and partner anger. *Journal of Research in Personality*, *44*, 328-334.

2008

n = 1

2. D'Souza, D., Braley, G., **Blais, R.**, Vendetti, M., Oliver, S. Pittman, B., Ranganathan, M., ... & Perry, E. (2008). Effects of haloperidol on the behavioral, subjective, cognitive, motor and neuroendocrine effects of D-9-tetrahydrocannabinol in humans. *Psychopharmacology*, *198*, 587-603.

2005

n = 1

1. Cho, H., Mathalon, D., Perry, E. B., Boutros, N., Jacobson, L., Gueorguieva, R., **Blais, R. K.**, ... D'Souza, D. C. (2005). Nicotine reduces deficits in cortical information processing and cognitive function produced by ketamine in humans. *Schizophrenia Bulletin*, *31*, 509-510.

Published Non-Refereed Papers

3. **Blais, R. K.**, *Xu, B., & **Shah, R. (2023). The 2015-2016 military women's health study: A narrative review of findings and suggestions for research. *Military Psychologist*.
2. Iwamasa, G., **Blais, R. K.**, Ramchand, R., Bryan, C., Gamble, S., ...Trost, K. (2023). Preventing Suicide in the US Military: Recommendations from the Suicide

Prevention and Response Independent Review Committee.

<https://media.defense.gov/2023/Feb/24/2003167430/-1/-1/0/SPRIRC-FINAL-REPORT.PDF>

1. Holliday, R., Hoyt, T., Maguen, S., **Blais, R. K.**, & Monteith, L. L. (2018). Addressing military sexual assault and harassment through a collaborative, multi-institutional approach. *Military Psychologist*.

Published Abstracts

1. Beste, L. A., Harp, B., **Blais, R. K.**, & Zickmund, S. (2013). "They gotta want to live more than they want to die." *Hepatology*, 58, 1204A-1205A.

Book Chapters

n = 3

2021

3. Dickenson, J., & **Blais, R. K.** (2021). Reconsidering the sexual context of non-consensual sexual interactions. In G. Herdt, M. Marzullo, & N. Polen-Petit (Eds.): *Critical Sexual Literacy: Forecasting Trends in Sexual Politics, Diversity and Pedagogy*. London: Anthem Publishers.

2012

2. Renshaw, K. D., Caska, C. M., Rodrigues, C. S., & **Blais, R. K.** (2012). The role of family and social relationships in OCD and spectrum conditions. In G. Steketee (Ed.), *Oxford handbook of obsessive compulsive and spectrum disorders* (pp. 168-188). New York, NY: Oxford University Press.

2011

1. Renshaw, K. D., **Blais, R. K.**, & Caska, C. M. (2011). Distress in spouses of combat veterans: The importance of spouses' perceptions of veterans' experiences. In S. MacDermid Wadsworth & D. Riggs (Eds.), *Military Families under Stress*. New York, NY: Springer.

Manuscripts Submitted/Under Review/Revise and Resubmit

7. **Blais, R. K.**, *Maldonado, E., *Vannini, M. B., & *Tannahill, H. S. (2024). *Posttraumatic cognitions are a potential mediator of the association of PTSD severity and alcohol use among male survivors of military sexual assault*. Manuscript submitted for publication.
6. **Blais, R. K.**, Pedersen, E., Brand, S., & Xie, Z. (2024). *Binge drinking and veteran status increase risk for suicide planning in US adults*. Manuscript submitted for publication.
5. *Vannini, M.B.N., Cruz, R.A., Tannahill, H.S., & *****Blais, R.K.** *Posttraumatic cognitions may mediate the association between intimate partner violence victimization and sexual risk-taking among male military sexual assault survivors*. Manuscript under review.
4. **Blais, R. K.**, *Xu, B., *Tannahill, H. S., & Iverson, K. (2024). *Alcohol use, intimate partner violence, and suicide risk among US service members and veterans who experienced military sexual assault*. Manuscript submitted for publication.
3. *Xu, B., *Tannahill, H. S., Cruz, R. A., & *****Blais, R. K.** (2024). *Similar PTSD symptom networks observed in male and female survivors of military sexual assault: Implications for understanding trauma responses*. Manuscript submitted for publication.

2. Livingston, W. S., **Blais, R. K.**, & Iverson, K. (2024). *Recent intimate partner violence is associated with worse sexual function among female veterans*. Invited revision.
1. **Blais, R. K.**, & Grimm, K. J. (2024). *The Interpersonal Theory of Suicide in male service members/veterans: Partial support for theory, model considerations, and future directions*. Manuscript under review.

Manuscripts in Preparation

4. *Xu, B., Lubin, E., Kim, S., *Cai, Q., *Basha, A. J. S., **Blais, R. K.**, & Tanev, K. S. (2024). Exploring Network Structures in PTSD Treatment Outcomes Among Military Populations: Implications for Developing Tailored Strategies.
3. **Blais, R. K.**, *Vannini, M. B., & Grimm, K. J. (2024). *Higher masculinity is associated with greater suicide risk among US male service members and veterans*. Manuscript in preparation.
2. *Vannini, M. B., *Xu, B., **Blais, R. K.**, & Pietrzak, R. (2024) *A network analysis of PTSD, depression, and alcohol use in US Veterans: Differences by childhood maltreatment exposure*. Manuscript in preparation.
1. **Blais, R. K.**, & * Park, J. (2024). *Gender role stress and depression risk among male survivors of military sexual assault*. Manuscript in preparation.

Selected National/International Conference Presentations

2024

n = 8

85. **Blais, R. K.**, **Maldonado, E., *Vannini, M. B., & *Tannahill, H. S. (2024). *Posttraumatic cognition are a potential mediator of the association of PTSD severity and alcohol use among male survivors of military sexual assault*. Oral presentation presented at the 2024 International Society of Traumatic Stress Studies Annual Meeting, Boston MA.
84. *Vannini, M.B.N., Grimm, K.J., & **Blais, R.K.** (2024, September). *Masculine Gender Role Stress and Suicide Risk in Military Service Members and Veterans*. Poster presented at the 2024 International Society of Traumatic Stress Studies Annual Meeting, Boston MA.
83. **Santiago, A.C. & **Blais, R.K.** (2024, September). *Non-somatic depressive symptoms are more negatively associated with relationship satisfaction in female service members and veterans*. Poster presented at the 2024 International Society of Traumatic Stress Studies Annual Meeting, Boston MA.
82. **Blais, R. K.**, & **Shah, R. (2024, July). *Positive social support does not buffer the negative effects of negative social support on depressive symptoms in US Service Members/Veterans*. Poster presented at the annual convention of the Association of Behavioral and Contextual Sciences Buenos Aires, Argentina.
81. *Vannini, M.B.V., **Blais, R. K.**, *Xu, B., & Pietrzak, R. H. (2024, April). *A network analysis of posttraumatic stress, depression, and alcohol use in U.S. veterans: Differences by adverse childhood experiences*. Poster presented at the annual convention of Anxiety & Depression Association of America, Boston, MA.
80. **Blais, R.K.**, *Xu, B., *Tannahill, H. S., & Dulin, P. (2024, June). *Male sex and hazardous alcohol use following military sexual assault increase suicide risk among US service members and veterans*. Poster presented at the 2024 Annual Convention of the College of Problems of Drug Dependence, Montreal, Quebec CAN.

79. **Blais, R.K.**, Pedersen, E., & Xie, Z. (2024, April). *A combination of binge drinking and veteran status confers higher risk for suicide planning in US adults*. Poster presented at the 2024 Annual Convention of the Anxiety & Depression Association of America, Boston, MA.
78. Xu, B., **Blais, R.K.**, Cai, Q., Basha, S.A.J., & Kaloyan, T. (2024, April). *Unraveling treatment responses in military populations: A network approach to inform PTSD treatment strategies*. Poster presented to the 2024 Annual Convention of the Anxiety & Depression Association of America, Boston, MA.

2023

n = 5

77. *Vannini, M.B.N., *Tannahill, H.S., Cruz, R.A., & **Blais, R.K.** (2023, November). *Posttraumatic cognitions mediate the association between intimate partner violence victimization and sexual risk taking specifically for male military sexual assault survivors*. Poster presented at the annual convention of the International Society for Traumatic Stress Studies, Los Angeles, CA.
76. **Blais, R.K.**, Iwamasa, G., Ramchand, R., Bryan, C., Gamble, S., ...Troost, K. (2023, June). *US Suicide Prevention and Response Independent Review Committee Findings*. Oral presentation given at the annual convention of the International Applied Military Psychology Symposium, Zurich, Switzerland.
75. **Blais, R. K.**, Xie, Z., Kirby, A., & Marlow, N. (2023). *Suicide ideation, plans, and attempts among military veterans vs nonveterans with disability*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Los Angeles, CA.
74. *Xu, B., **Blais, R.K.**, Cruz, R., & *Tannahill, H. (2023, November). *Network structure of posttraumatic stress disorder in veterans and service members exposed to military sexual assault: Examining sex differences*. Poster presented at the 39th Annual Convention of the International Society for Traumatic Stress Studies.
73. Kelley, M. L., Fleming, R., Burgin, E. E., **Blais, R. K.**, & Bravo, A. J. (2023, August). *Willingness to participate in a mindfulness treatment among women veteran MST survivors*. Presented at the American Psychological Association Conference, Washington, D.C.

2022

n = 2

72. *Shah, R. & **Blais, R. K.** (2022, November). *Examining the relationship of positive and negative social support with depression in US military service members*. Poster presented at the 56th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York NY.
71. *Xu, B., *Tannahill, H., & **Blais, R. K.** (2022, November). *A mediation model of suicide risk and posttraumatic cognitions after sexual revictimization in a military sample exposed to military sexual trauma*. Poster presented at the 56th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

2021

n = 2

70. #Hess, R., & #**Blais, R. K.** (2021). *Clinical benefits of relationship satisfaction: Including romantic partners in PTSD and SUD treatment*. Oral presentation at Employee Education System of Department of Veterans Affairs. Virtual presentation.
#Co-first authors
69. **Blais, R. K.**, Zalta, A. K., & Livingston, W. S. (2021, April). Interpersonal trauma and sexual function and satisfaction in women service members/veterans: The mediating role of negative affect. In Sippel (Chair): *Relationships can hurt or heal: Social-cognitive processes and outcomes among*

trauma exposed individuals [Symposium]. Anxiety and Depression Association of America, Virtual.

2020*

n = 2

*3 presentations cancelled due to COVID-19

68. #Hess, R., & #Blais, R. K. (2020, August). *PTSD symptom clusters, substance use disorders, and depression: Clinical Implications for Couples' Therapy*. Oral presentation at Division 18 of APA (Psychologists in Public Service). Virtual presentation.

#Co-first authors

67. *Tannahill, H. S., & Blais, R. K. (2020, August). *The role of gender on the association of military sexual trauma and posttraumatic stress, depressive, and suicidal ideation symptoms*. Poster presented virtually due to COVID-19 at the annual convention of the American Psychological Association (APA)

2019

n = 8

66. *Tannahill, H. S., Fargo, J. D., & ***Blais, R. K. (2019, November). *Gender moderates the association between military sexual trauma and posttraumatic stress disorder symptom cluster severity*. Poster presented at the Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, Atlanta, GA.

65. Blais, R. K., & *Livingston, W. S. (2019, November). Self-defeating cognitions about sexual performance mediate the association of assault military sexual trauma and sexual function in female service members/veterans. In R.K. Blais (Chair), *Examining the role of cognitions in symptomatology, functioning, and treatment outcomes for military sexual trauma survivors*. Symposium conducted at the meeting of the International Society for Traumatic Stress Studies, Boston, MA.

64. *Andresen, F. J. & ***Blais, R. K. (2019, November). *Deconstructing the Veterans Health Administration military sexual trauma screener (MST): Threatened/forced sexual assault is associated with more severe mental health outcomes*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies in Boston, MA.

63. *Livingston, W. S., Fargo, J. D., & ***Blais, R. K. (2019, November). *Depression mediates the association of assault-related military sexual trauma and poor sexual function in female service members and veterans*. Oral presentation at the annual meeting of the International Society for Trauma and Stress Studies, Boston, M.A.

62. *Tannahill, H. S., *Livingston, W. S., Fargo, J. D., ^Brignone, E., Suo, Y., Gundlapalli, A. V., & ***Blais, R. K. (2018, November). *Biological sex moderates the association of military sexual trauma and risk for depression and PTSD diagnoses among VA-enrolled veterans*. Oral talk presented at the Annual Convention of the Health Services Research and Development/Quality Enhancement Research Initiative National Conference, Washington, D.C.

61. Blais, R. K. (2019, August). Sexual dysfunction mediates the association of military sexual trauma and relationship satisfaction. In R.K. Blais (Chair), *Family support and veteran functioning – Implications for health care needs and help-seeking*. Symposium conducted at the meeting of the American Psychological Association, Chicago, IL.

60. **Blais, R. K.**, Geiser, C., & Cruz, R. A. (2019, August). PTSD clusters mediate the association of MST and sexual function in female service members/veterans. In **R.K. Blais** & R. Holliday (Co-chairs), *Interpersonal factors among military personnel and veteran survivors of trauma*. Symposium conducted at the meeting of the American Psychological Association, Chicago, IL.
59. **Blais, R. K.**, & Geiser, C. (2019, April). Depression and PTSD-related anhedonia mediate the association of military sexual trauma and suicidal ideation in female service members/veterans. In R. Holliday (Chair), *Trauma and suicide among veterans: Using data to inform conceptualization, assessment, and intervention among veterans*. Symposium conducted at the annual convention of the American Association of Suicidology, Denver, CO.

2018

n = 9

58. *Tannahill, H. S., *Livingston, W. S., Fargo, J. D., ^Brignone, E., Suo, Y., Gundlapalli, A. V., & *****Blais, R. K.** (2018, November). *Biological sex moderates the association of military sexual trauma and risk for depression and PTSD diagnoses among VA-enrolled veterans*. Oral talk presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
57. #*Tannahill, H. S., *Livingston, W. S., Fargo, J. D., ^Brignone, E., Suo, Y., Gundlapalli, A. V., & *****Blais, R. K.** (2018, November). *Biological sex moderates the association of military sexual trauma and risk for depression and PTSD diagnoses among VA-enrolled veterans*. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
#Received Student Poster Award from Military Psychology SIG
56. *Kugler J., *Andresen F. J., ^Bean, R., & *****Blais, R. K.** (2018, November). *Couples-based interventions for PTSD and relationship satisfaction among military veterans and their romantic partners: An empirical review*. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
55. *Kugler J., & *****Blais, R. K.** (2018, November). *Frequency and perception of positive and negative social exchanges is related to heightened suicide risk in male service members/veterans*. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
54. *Livingston, W. S., ^Brignone, E., Fargo, J. D., Gundlapalli, A. V., Maguen, S., & *****Blais, R. K.** (2018, November). *Veterans Affairs-enrolled homeless veterans are at increased risk for eating disorder diagnoses*. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
53. *Livingston, W. S., Fargo, J. D., Gundlapalli, A. V., & *****Blais, R. K.** (2018, November). *PTSD and depression diagnoses mediate the association of military sexual trauma and suicidal ideation in Veterans Affairs-enrolled Iraq/Afghanistan veterans*. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
52. *Andresen, F. J., *Kugler, J., Monteith, L. L., & *****Blais, R. K.** (2018, November). *Institutional betrayal following military sexual trauma is associated with depression and PTSD- related avoidance and negative alterations in cognitions and mood*. Poster

presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.

51. ^Brignone, E., Fargo, J. D., *Andresen, F. J., *Livingston, W. S., & *****Blais, R. K.** (2018, August). Harassment vs assault MST in female veterans: Implications for health care and research. In R. Holliday & L. M. Monteith (Co-Chairs), *Building the knowledge base of military sexual trauma – New findings, future avenues, and barriers*. Symposium conducted at the annual convention of the American Psychological Association, San Francisco, CA.
50. ^Brignone, E., Fargo, J. D., **Blais, R. K.**, Dichter, M., & Gundlapalli, A. V. (2018, August). *Demographic and mental health disparities in misconduct-related discharge from military service*. Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.

2017

n = 10

49. *Andresen, F. J., & *****Blais, R. K.** (2017, October). *Academic participation in college-enrolled veterans*. Paper presented at the annual meeting of the National Association of Veterans' Program Administrators, Atlantic City, NJ.
48. *Livingston, W.S. & *****Blais, R. K.** (2017, August). *Military sexual trauma and eating disordered behavior relates to higher sexual dysfunction in female military personnel and veterans*. Poster presented at the American Psychological Association, Washington, D.C.
47. *Andresen, F. J., & *****Blais, R. K.** (2017, August). *The role of stigma on military sexual trauma disclosure in female veterans*. Poster presented at the annual meeting of the American Psychological Association, Washington, D.C.
46. *Kugler J., *Livingston W. S., *Andresen F. J., & *****Blais R. K.** (2017, August) *MST-based PTSD is related to higher disordered eating behavior in female veterans*. Poster presented at the annual meeting of the American Psychological Association, Washington, D.C.
45. **Blais, R. K.**, & *Livingston, W. (2017, August). Sexual dissatisfaction, dysfunction and suicidal ideation in female military sexual trauma survivors. In C. Bryan (Chair), *New developments in understanding and preventing suicide risk among military personnel and veterans*. Symposium conducted at the annual meeting of the American Psychological Association, Washington, D.C.
44. **Blais, R. K.** (2017, August). The associations of military sexual trauma and sexual satisfaction with couples' satisfaction. In **R. K. Blais** (Chair), *Novel research on couples' functioning in male and female veterans: Implications for treatment*. Symposium conducted at the annual meeting of the American Psychological Association, Washington, D.C.
43. ^DiMauro, J., Renshaw, K.D., & **Blais, R.K.** (2017, August). Sexual vs. non-sexual trauma, sexual satisfaction and function, and mental health in female veterans. In E. Weitbrecht (Chair), *Sex matters! Psychological health implications of various sexual experiences in diverse populations*. Symposium conducted at the annual meeting of the American Psychological Association, Washington, D.C.

42. **Blais, R. K.**, ^Brignone, E., & Levin, M. E. (2017, June). *Experiential avoidance is associated with nondisclosure of military sexual trauma in female service members/veterans*. Paper presented at the annual meeting of the American for Contextual Behavioral Sciences, Seville, Spain.
41. **Blais, R. K.** (2017, April). Relationship and sexual satisfaction as correlates of suicide in female Veterans with and without military sexual trauma (MST). In L. Monteith (Chair), *Increasing knowledge of interpersonal risk factors for suicide among trauma- exposed veterans*. Symposium conducted at the annual meeting of the American Association of Suicidality, Phoenix, AZ.
40. **Blais, R. K.**, ^Brignone, E., Maguen, S., Fargo, J.D., Carter, M.E., & Gundlapalli, A.V. (2017, March). Military sexual trauma is associated with post-deployment eating disorders among Afghanistan and Iraq veterans. In S. Maguen (Chair), *Identifying and preventing eating disorders as a way to decrease obesity in primary care*. Symposium conducted at the annual meeting of the Society for Behavioral Medicine, San Diego, CA.

2016

n = 10

39. *Kugler J. & *****Blais R. K.** (2016, November) *Perceived combat threat relates to higher PTSD stigma from family in OEF/OIF military veterans*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Dallas, Texas.
38. **Blais, R. K.** (2016, August). Interpersonal correlates of suicidal ideation in women veterans. In **R. K. Blais** (Chair), *Suicide in the military – The relational context of the leading cause of death in service members*. Symposium conducted at the annual meeting of the American Psychological Association, Denver, CO.
37. ^Brignone, E., Gundlapalli, A. V., **Blais, R. K.**, Carter, M.E., Suo, Y., Samore, M.H., Kimerling, R., Fargo, J.D. (2016, August). Military sexual trauma and differential risk for homelessness among U.S. male and female Veterans. In **R.K. Blais** (Chair), *Novel research identifying risk factors for homelessness in US veterans*. Symposium conducted at the meeting of the American Psychological Association, Denver, CO.
36. ^Brignone, E., Fargo, J. D., Barrett, T. S., **Blais, R. K.**, Nelson, R. E., Carter, M. E., Gundlapalli, A.V. (2016, July). *Healthcare utilization among male and female veterans with a positive screen for military sexual trauma*. Poster presented at the annual meeting of the International Conference of Psychology, Yokohama, Japan.
35. **Christensen, D. B., & *****Blais, R. K.** (2016, August). *Sexual trauma, touch apprehension, and relationship quality in women MST survivors*. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.
34. ^Brignone, E., Fargo, J. D., **Blais, R. K.**, Carter, M. E., & Gundlapalli, A. V. (2016, June). *Mental health risks among Veterans with non-routine separation from military service*. Paper presented at the annual meeting of the Society for Prevention Research, San Francisco, CA.
33. **Blais, R. K.**, ^Brignone, E., Fargo, J. M., & Gundlapalli, A. V. (2016, July). *Military sexual trauma in U.S. women service members/Veterans: Associations of rank, ethnicity, assault by fellow unit members with inaccurate disclosure of sexual assault*. Oral presentation presented at the annual meeting of the International Congress for Psychology, Yokohama, Japan.

32. **Blais, R. K.**, **Christensen, D., Maguen, S., & Monson, C. (2016, July). *Eating disorders and physical touch apprehension are related to poorer relationship quality in US women Veterans: Implications for bolstering the protective quality of relationships*. Oral presentation presented at the annual meeting of the International Congress for Psychology, Yokohama, Japan.
31. **Blais, R. K.**, ^Brignone, E., Fargo, J. D., & Gundlapalli, A. V. (June, 2016). *Assailant identity and nondisclosure of military sexual trauma experienced by women service members/veterans: Implications for inventions*. Poster presented at the meeting of the World Congress of Behavioral and Cognitive Therapies, Melbourne, Australia.
30. ^Brignone, E., Gundlapalli, A. V., **Blais, R. K.**, Carter, M. E., Suo, Y., Samore, M. A., Fargo, J.D. (2015, July). *Differential risk for homelessness among veterans with a positive screen for military sexual trauma*. Poster presented at the Health Services Research and Development/Quality Enhancement Research Initiative National Conference, Philadelphia, PA.

2015

n = 7

29. **Blais, R. K.**, ^Brignone, E., Fargo, J. D., & Gundlapalli, A. V. (November, 2015). *Rates of and reasons for reluctance to disclose true military sexual trauma status*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.
28. **Christensen, D. B., **Blais, R. K.**, & Renshaw, K. D. (2015, November) *Attributional biases in the likelihood of help seeking in victims of PTSD*. Poster presented at the annual meeting for the International Society for Traumatic Stress Studies, New Orleans, LA.
27. **Blais, R. K.** (August, 2015). Sexual functioning and relationship quality in women Veterans following MST. In **R. K. Blais** (Chair), *After MST: Understanding individual and family outcomes and barriers to care*. Symposium conducted at the annual meeting for the American Psychological Association, Toronto, CAN.
26. **Blais, R. K.**, & Zickmund, S. L. (August, 2015). *Somatic symptoms of depression predict Veterans' eligibility and initiation of HCV treatment*. Poster presented at the annual meeting of the American Psychological Association, Toronto, CAN.
25. ^Xie, T., & *****Blais, R. K.** (August, 2015). *State and trait risk factors for relational distress in partnered undergraduates with mild depression*. Poster presented at the annual meeting of the American Psychological Association, Toronto, CAN.
24. ^Painter, J. M., ^Brignone, E., ^Gilmore, A. K., Lehavot, K., Fargo, J., Suo, Y., Simpson, T., Carter, M., **Blais, R. K.**, & Gundlapalli A. V. (June, 2015). *Service utilization among men and women OEF/OIF Veterans with severe mental illness and substance use disorders*. Poster presented at the annual meeting of the VA Human Services Research and Development Conference, Philadelphia, PA.
23. ^Gilmore, A. K., ^Brignone, E., ^Painter, J. M., Lehavot, K., Fargo, J., Suo, Y., Simpson, T., Carter, M., **Blais, R. K.**, & Gundlapalli A. V. (June, 2015). *Military sexual trauma and co-occurring posttraumatic stress disorder, depressive disorders, and substance use disorders among OEF/OIF/OND Veterans*. Poster presented at the annual meeting of the VA Human Services Research and Development Conference, Philadelphia, PA.

2014

n = 2

22. **Blais, R. K.**, Renshaw, K. D., & Stevens, N. (November, 2014). *Etiological attributions for post-deployment distress relate to stigma perceived from others*. Poster presented at the 30th annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.
21. **Blais, R. K.**, Buehler, S., Hobfoll, S. E., Powell, L. H., Emery, E., & Rothschild, S. K. (November, 2014). *Combination of moderate-severe depressive symptoms and PTSD is associated with higher disease burden in older urban adults: Findings from the BRIGHTEN Heart study*. Poster presented at the 30th annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.

2013

n = 2

20. **Blais, R. K.**, & Pietrzak, R. H. (2013, November). Barriers and facilitators to mental health care utilization in older US Veterans. In **R. K. Blais** (Chair), *Mental health care utilization for PTSD distress in US veterans*. Symposium conducted at the annual conference for the International Society for Traumatic Stress Studies, Philadelphia, PA.
19. Walt, L., Stevens, N., **Blais, R. K.**, & Hobfoll, S. A. (2013, November). Improving quality-of-life and PTSD and depressive symptoms for OEF/OIF combat veterans: Assessing the benefits of interactive, internet-based psychotherapy and peer-to-peer support. In E. Newman (Chair), *Using web-based tools and public service announcements to address trauma*. Symposium conducted at the annual conference for the International Society for Traumatic Stress Studies, Philadelphia, PA.

2011

n = 11

18. **Blais, R. K.**, & Renshaw, K. D. (2011, November). Perceived and self-stigma as barriers to care in OEF/OIF Veterans with PTSD. In **R. K. Blais** & M. Jakupcak (Co-Chairs), *Mental health care utilization in OEF/OIF Veterans: Understanding treatment barriers and mechanisms of treatment engagement*. Symposium conducted at the annual conference for the Association of Behavioral and Cognitive Therapies, Toronto, CAN.
17. Jakupcak, M., & **R.K. Blais** (2011, November; Co-Chairs), *Inward and outward directed aggression and violence in veterans of the Iraq and Afghanistan wars*. Symposium conducted at the annual conference for the Association of Behavioral and Cognitive Therapies, Toronto, CAN.
16. Campbell, S. B., **Blais, R. K.**, Renshaw, K. D. (2011, November). Hostile and non-hostile criticism: Associations with support and conflict are moderated by depression. In C. J. Fleming & K. W. Baucom (Co-Chairs), *Beyond satisfaction: An examination of the associations between depression, stress and new domains of relationship health*. Symposium conducted at the annual conference for the Association of Behavioral and Cognitive Therapies, Toronto, CAN.
15. **Blais, R. K.**, Chon, D., & Renshaw, K. D. (2011, November). *The association of attributions of controllability for psychological distress and stigma in returning OEF/OIF service members*. Poster presented at the annual conference for the Association of Behavioral and Cognitive Therapies, Toronto, CAN.

14. **Bride, D., **Blais, R. K.**, & Renshaw, K. D. (2011, November). *Mindfulness and anger: The importance of studying specific facets of mindfulness*. Poster presented at the annual conference for the Association of Behavioral and Cognitive Therapies, Toronto, CAN.
13. Jakupcak, M. & **Blais, R. K.** (2011, November). *Stoicism and its association with barriers to mental health care among Iraq (OIF) and Afghanistan (OEF) war Veterans*. Poster presented at the annual conference for the Association of Behavioral and Cognitive Therapies, Men and Masculinity SIG, Toronto, CAN.

2010

n = 2

12. **Blais, R. K.**, Renshaw, K. D., & Smith, T. W. (2010, November). Negative affect and marital satisfaction: The importance of actor and partner anger. In K. Williams-Baucom (Chair), *Individual distress and relationship quality*. Symposium conducted at the annual conference for the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
11. **Blais, R. K.**, & Renshaw, K. D. (2010, November). The impact of one's own attributions for their depression on self-stigma and secrecy. In B. J. Deacon (Chair), *Attributional processes and stigma*. Symposium conducted at the annual conference for the Association of Behavioral and Cognitive Therapies, San Francisco, CA.

2009

n = 3

10. **Blais, R. K.**, & Renshaw, K. D. (2009, November). Illness attributions and social support seeking intentions in romantic relationships. In R. Brock (Chair), *Moving beyond global relationship satisfaction: Targeting specific relationship processes in couples' research*. Symposium conducted at the annual conference for the Association of Behavioral and Cognitive Therapies, New York, NY.
9. **Blais, R. K.**, Renshaw, K. D., & Burton, S. (2009, November). *The role of childhood sexual abuse in PTSD and marital satisfaction in Afghanistan/Iraq veterans*. Poster presented at the annual conference for the International Society for Traumatic Stress Studies, Atlanta, GA.
8. **Blais, R. K.**, & Renshaw, K. D. (2009, November). *The role of perceived attributions for depressive symptoms in people's perceptions of criticism*. Poster presented at the annual conference for Association of Behavioral and Cognitive Therapies, New York, NY.

2008

n = 5

7. Renshaw, K. D., **Blais, R. K.**, Caska, C. M., & Thomas, M. (2008, November). Perceptions of criticism from others: Differential effects on symptoms of depression and anxiety. In K.D. Renshaw & T.L. Rodebaugh (Co-chairs), *Interpersonal processes in anxiety and depression*. Symposium conducted at the annual conference for the Association of Behavioral and Cognitive Therapies, Orlando, FL.
6. **Blais, R. K.**, & Renshaw, K.D. (2008, November). *The impact of perceptions of spouse's negative emotions on one's own emotions*. Poster presented at the annual conference for the Association of Behavioral and Cognitive Therapies, Orlando, FL.

5. **Blais, R. K.,** & Renshaw, K.D. (2008, November). *Development and validation of The Illness Attribution Measure-Depression (IAM-D)*. Poster presented at the annual conference for the Association of Behavioral and Cognitive Therapies, Orlando, FL.
4. **Blais, R. K.,** & Renshaw, K. D. (2008, November). *The impact of personal and perceived attributions for depression on stigma*. Poster presented at the annual conference for the Association of Behavioral and Cognitive Therapies, Orlando, FL.
3. **Blais, R. K.,** & Renshaw, K. D. (2008, August). *Perceived criticism and willingness to seek social support in depression*. Poster presented at the annual conference for the American Psychological Association, Boston, MA.

2007

n = 1

2. **Blais, R. K.,** Renshaw, K. D., & Smith, T. W. (2007, November). *The relationship between psychopathology and marital satisfaction: Revisiting the importance of evaluating both partners*. Poster presented at the annual conference of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.

2005

n = 1

1. Cho, H., D'Souza, D., Perry, E., **Blais, R.,** Donahue, L., & Krystal, J. (2005, April). *Nicotine reduces deficits in cortical information processing and cognitive function induced by ketamine in humans*. Poster presented at the annual conference of the International Congress on Schizophrenia Research, Atlanta, GA.

Selected Media Engagements

2022-24

CNN - Pentagon's suicide prevention committee recommends age limit and waiting period for on-base gun purchases.

CBS - Slowing down access to firearms could prevent more suicide in the military, panel finds.

The War Horse - 'People feel expendable' – Military could lower suicide rate with focus on quality of life.

Military Times - Keeping firearms out of easy reach key to preventing military suicides.

USNI News - Pentagon committee recommends private firearm restrictions for service members, personnel policy reform to prevent military suicides.

KJZZ - ASU psychology professor co-authors study on military suicide.

ABC 15 News Arizona - ASU professor working with Department of Defense to help end suicide.

Alaska News Source - ASU professor part of new effort to reduce military suicide.

CBS Arizona - ASU professor joins Department of Defense committee, aiming to prevent military suicides.

Selected Local, State, Regional Presentations & Grand Rounds

2023

11. **Blais, R. K.** (2023, October). *The importance of the "other" in suicide prevention: Exploring the social context of heightened suicide risk*. Grand Rounds presentation given at the Salt Lake City VA Medical Center, Salt Lake City, UT.

2022

10. **Blais, R. K.** (2022, December). *"We are just waiting for the next one to die...: Observations before and after my time serving on the Suicide Prevention and Response Independent Review Committee*. Grand Rounds presentation given at Dartmouth School of Medicine, Handover, NH.

2021

9. **Blais, R. K.** (2021, April). *Suicide risk in men and women service members/veterans: In the influence of sexual dysfunction, satisfaction, and violence exposure*. Grand Rounds presentation given at the Philadelphia VA Medical Center, Philadelphia, PA.

2019

8. *Livingston, W. S., Fargo, J. D., & **Blais, R. K.** (2019, April). *Depression mediates the association of disordered eating behaviors and sexual function in female service members and veterans*. Paper presented at Utah State University's Student Research Symposium, Logan, UT.

2017

7. *Livingston, W. S., ^Brignone, E., Gundlapalli, A. V., Fargo, J. D., & **Blais, R. K.** (2017, April). *Eating disorders are related to increased risk for homelessness among U.S. Veterans*. Paper presented at Utah State University Research Week, Logan, UT.

2016

6. ^Brignone, E., Gundlapalli, A. V., **Blais, R. K.**, Carter, M. E., Suo, Y., Samore, M. H., Kimerling, R., Fargo, J. D. (2016, July). *Differential risk for homelessness among U.S. male and female Veterans with a positive screen for military sexual trauma*. Invited Speaker for the Veterans Homelessness Research Interest Group Virtual Conference Series.
5. ^Brignone, E., Fargo, J. D., Barrett, T. S., **Blais, R. K.**, Nelson, R. E., Carter, M. E., Gundlapalli, A. V. (2016, August). *Healthcare utilization among male and female Veterans with a positive screen for military sexual trauma*. Invited Speaker for the University of Utah Office of Health Equity and Inclusion Lessons Learned Seminar.
4. **Christensen, D. B., & **Blais, R. K.** (2016, February). *Impact of military sexual trauma on PTSD and relationship quality*. Poster presented at annual Utah Conference of Undergraduate Research, Salt Lake City, UT.
3. **Christensen, D. B., & **Blais, R. K.** (2016, January) *Impact of military sexual trauma on PTSD and relationship quality*. Poster presented at annual Research on Capitol Hill event, Salt Lake City, UT.

2005

2. **Blais, R.**, & Chrisler, J. (2005, April). *The role of sensation seeking and social influence: A cross-cultural analysis of the gambling and smoking behaviors of Greeks and Americans*. Poster presented at the annual conference of the Eastern Psychological Association, Boston, MA.

2002

1. Chrisler, J., **Blais, R. K.**, Broccoli, T., Patterson, C., Culver, K., Anvik, L., Gorman, J., & Warren, E. (2002, October). *Intimate relationships? How WB and Fox TV 'Do' dating and romance*. Symposium conducted at the annual meeting of the New England Psychology Association, Nashua, NH.

Teaching

Graduate

Psychotherapy

Introduction to Educational and Psychological Research Methods

Multi-person Therapy

Group Therapy

Teaching Apprenticeship

Undergraduate

Introduction to Psychology/General Psychology

Abnormal Psychology/Behavior (face-to-face, online)

Social Psychology (online)

Research Methods

USU Connections

Career Mentorship

Career

Military Psychology Junior Editorial Board Mentoring Program

2024 Eric Neumaier, PhD

Society Leadership Program, Society for Military Psychology (Division 19, APA)

2021 Christina Hein, PhD *Mentorship and Gender Factors in Military Psychology*

2020 Ryan Hess, PhD *Couples' Satisfaction and Alcohol Misuse in Military Service Members/Veterans*

Doctoral Dissertation Committees

Chair

Jane Park, Clinical Psychology, ASU (2024-)

Nadia Malek, Clinical Psychology, ASU (2024-)

Maya Bina Vannini, Clinical Psychology, ASU (2023-)

Bingyu Xu, Clinical Psychology, ASU (2021-)

Hallie Tannahill, Combined Clinical, Counseling Program, USU (Defended 2022)

*Whitney S. Livingston, Combined Clinical, Counseling Program, USU (Defended 2021)

*Named 2020-2021 USU CEHS Doctoral Student Researcher of the Year

Member

Lori Baumeister, Counseling Psychology, ASU (Defended 2024)

Aditi Gupta, Clinical Psychology, ASU (2021-)

Scott King, Clinical Psychology, ASU (2023-)

Erin Mistretta, Clinical Psychology, ASU (Defended 2022)

Kenia Carrera, Combined Clinical, Counseling, School Program, USU (Defended 2022)

Emily Brignone, Experimental and Applied Psychological Science, USU (Defended 2017)

Ellen Bluett, Combined Clinical, Counseling, School Program, USU (Defended 2017)

Ron Bean, Combined Clinical, Counseling, School Program, USU (Proposed 2017)

Master's Thesis

Chair

Hallie Tannahill, Combined Clinical, Counseling Program, USU (Defended 2019)

Whitney Livingston, Combined Clinical, Counseling Program, USU (Defended 2019)

Jordan Kugler, Combined Clinical, Counseling Program, USU (Defended 2018)

Member

Jeremy Fruge, Combined Clinical, Counseling Program, USU (Defended 2018)

Tianyi Xie, Combined Clinical, Counseling, School Program, USU (Defended 2017)

Emily Brignone, Experimental and Applied Psychological Science, USU (Defended 2015)

Undergraduate Honor's Thesis

Chair

Ava Santiago, Department of Psychology, ASU (2023 -)

Serena Sabbera, Department of Psychology, ASU (Defended 2024)

Emily Maldonado, Department of Psychology, ASU (Defended 2023)

Rishika Shah, Department of Psychology, ASU (Defended 2022)

Danielle Christensen, Department of Psychology, USU (Defended 2016)

Laboratory Alumni

Dr. Whitney Livingston, Associate Behavioral/Social Scientist, RAND

Dr. (CAPT) Hallie S. Tannahill, US Air Force

Rishika Shah, Doctoral Student, Clinical Psychology, UC Berkeley

Laurel Fullmer, Doctoral Student, Clinical Psychology, Northern Arizona University

National Service Activities

2022 – 2024 Acting Chief Scientific Officer, Division 19, APA

2022 – Panel Member, 2021, 2023, 2024 Congressionally Directed Medical Research Programs (CDMRP), Traumatic Brain Injury and Psychological Health Research Program, Department of Defense

2019 – 2021 Member, Executive Committee, Society for Military Psychology (Division 19, APA)

2019 – 2021 Council Representative to APA, Division 19, APA

2017 – Faculty Mentor, Division 19, APA

2016 – APA-Accredited Doctoral Program Site Visitor, APA

2014 – Convention Program Reviewer, Division 19, APA

2014 – 2017 Co-Chair/Chair, Program Committee, Division 19, APA

ASU Service Activities

2024 Chair, Search Committee for Presidential Postdoctoral Fellow, Psychology

2024 – Devils4Devils Faculty Advisor, ASU
 2023 – Graduate Admissions Committee Member, Clinical Psychology
 2023 – Human Performance Workgroup, Knowledge Enterprise
 2023 – Faculty Co-advisor, Amplified Voices, Psychology
 2023– Member, Tenure and Promotion Committees, Psychology
 2023 – Director, Psych4All: Excellence, Access, and Inclusion, Psychology
 2023 –2024 On-call Psychologist, Clinical Psychology Clinic
 2023 – Member, Committee for Charter Initiatives, CLAS
 2022 – Member, Mental Health Subcommittee, Counseling Services
 2022 – Chair, Graduate Awards Committee, CLAS
 2021 Ad hoc Member, Admissions Committee, Psychology

USU Service Activities

2020 Chair, Search Committee, Psychology, Undergraduate TT Assistant Professors (2 positions), USU
 2020 – 2021 Inquiry Panelist for Misconduct Hearings, Office of the Provost, USU
 2019 – 2021 Consultant, Title IX Office, USU
 2019 – 2020 Co-chair, Search Committee, Combined Clinical Counseling Psychology, USU (position filled)
 2017 – 2021 Member, Sexual Assault and Prevention Task Force, USU
 2015 – 2019 Member, Psychology Undergraduate Steering Committee, USU
 2015 Member, Search Committee, USU Eastern (position filled)
 2015 Judge, Student Research Week, USU
 2015 - 2019 Faculty Senator, CEHS, USU
 Representative, Research Council (2019-2020)
 Chair, Committee on Committees (2017-2018)
 Member, Committee on Committees (2017)
 2014 – 2021 Member, Steering Committee, Combined Clinical/Counseling Program, USU
 Chair, Clinical Comprehensive Exam Committee (2020)
 Co-chair, Clinical Comprehensive Exam Committee (2019)
 Member, Curriculum Advisory Committee (2016-2018)
 Chair, Continuing Education Committee (2015 – present)

Review/Editorial Activities (selected)

2022 – Member, Editorial Board, *Journal of Traumatic Stress*
 2021 – Member, Editorial Board, *Couple and Family Psychology: Research and Practice*
 2016 – Associate Editor, *Military Psychology*
Ad hoc reviewing (6-12/year):
Medical Care
Journal of Aggression, Maltreatment, & Trauma
Journal of Clinical Psychology
Journal of Affective Disorders
Journal of Social and Personal Relationships
Military Medicine
Journal of Clinical and Consulting Psychology

Military Behavioral Health
Journal of Contextual Behavioral Sciences
Epidemiological Reviews
European Journal of Psychotraumatology
Psychiatry
Anxiety, Stress, & Coping
Cognitive Behavioral Therapy
American Psychologist

Professional Memberships

2017 – Trauma Psychology (Division 56), Men and Masculinity (Division 51), Family Psychology (Division 43), Womens' Psychology (Division 35), APA
2016 – Association for Behavioral and Cognitive Therapies
2010 – International Society for Traumatic Stress Studies
2010 – Society for Military Psychology (Division 19), APA
2008 – APA