

LYDIA HARIM AHN

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ACADEMIC POSITIONS

08/2022 – Present **Assistant Professor (Tenure Track)**
Arizona State University
Counseling and Counseling Psychology

EDUCATION

- 2022 **Ph.D., Counseling Psychology** (APA-Accredited)
University of Maryland, College Park
Dissertation: *The effects of subtle racial discrimination on mood: Examining the mediating role of cognitive appraisal for Asian Americans*
- 2019 **M.A., Counseling Psychology**
University of Maryland, College Park
Thesis: *Perceived ethnic-racial socialization and parenting styles on Asian American college students' depressive symptoms*
- 2016 **M.S.Ed, Counseling and Mental Health Services**
University of Pennsylvania
- 2015 **B.A., Psychology, Communication Arts (Radio/Television/Film)**
University of Wisconsin-Madison

AWARDS/HONORS/SCHOLARSHIPS/FELLOWSHIPS

- 2023 **Faculty Fellowship Program - Postponed** (fully funded)
- 2023 ***The Counseling Psychologist* Journal Best Student Paper of 2022** (\$1500)
- 2023 **APA Division 35 Section 5 Jean Lau Chin Early Career Professional Award for Academic Scholarship** (\$250)
- 2022 **University of Maryland College of Education Graduation Speaker**
- 2022 **University of Maryland College of Education Outstanding Doctoral Student**
(Awarded: \$500)
- 2022 **University of Maryland Goldhaber Travel Grant** (Awarded: \$400)
- 2022 **University of Maryland Bruce K. Fretz Scientist-Practitioner Award** (Awarded: \$300)
- 2021 **University of Maryland College of Education Scholarship** (Awarded: \$2,000)
- 2021 **Asian American Psychological Association Division of Students Research Award**
(Awarded: \$500)

- 2021 **APA Division 17 Section on College and University Counseling Centers (SCUCC) Counseling Center Outstanding Graduate Student Award** (Awarded: \$200)
- 2021 **APA Division 17 Professional Practice of Counseling Psychology Convention Registration Award** (Awarded: \$35)
- 2021 **APA Division 17 Section for Ethnic & Racial Diversity Outstanding Student Award**
- 2021 **APA Division 45 Distinguished Student Research Award**
- 2021 **APA Division 35 Section 5 Student Pioneer Award 2021** (Awarded: \$250)
- 2021 **University of Maryland Roberta Ma Scholarship** (Awarded: \$1,000)
- 2020 **University of Maryland College of Education Scholarship** (Awarded: \$1,079)
- 2020 **Asian American Psychological Association Social Justice Award** (Awarded: \$500)
- 2019 **The Korean Honor Scholarship, Embassy of the Republic of Korea** (Awarded: \$1000)
- 2019 **University of Maryland College of Education Scholarship** (Awarded: \$1,079)
- 2019 **APA Division 45 Travel Award** (Awarded: \$500)
- 2019 **Society for Research in Child Development Frances Degen Horowitz Millennium Scholars Program** (Awarded: \$1000)
- 2018 **University of Maryland Goldhaber Travel Grant** (Awarded: \$400)
- 2018 **University of Maryland College of Education Scholarship** (Awarded: \$1000)
- 2018 **APA Division 45 Poster Award Honorable Mention**
- 2018 **APA Student Travel Award** (Awarded: \$300)
- 2018 **Hear Me Out! Essay Contest** (Awarded: \$50)
- 2016 **APA Division 45 Conference Funding Scholarship** (Awarded: \$125)
- 2015 **University of Pennsylvania Graduate Assistantship Grant** (Awarded: \$5,000)
- 2015 **University of Pennsylvania Merit Scholarship** (Awarded: \$5,000)
- 2015 **University of Wisconsin-Madison Dean's List**
- 2014 **University of Wisconsin-Madison Dean's List**
- 2012 **University of Wisconsin-Madison International Student Writing Contest Third Place** (Awarded: \$50.00)

FUNDED GRANTS

- 2023 *Principal Investigator*, Arizona State University; **College of Integrative Sciences and Arts 2023 Summer Research Award**; \$7500
- 2020 *Principal Investigator*, University of Maryland **Dr. Bruce Fretz Memorial Research Endowment Grant**; The Effects of Racial Discrimination on Mood: Examining the Mediating Role of Cognitive Appraisal for Asian Americans, \$500
- 2019 *Principal Investigator*, University of Maryland **Support Program for Advancing Research and Collaboration (SPARC) Grant**; Racial Discrimination on Physiological Stress and Mood: An Examination of the Mediating Role of Cognitive Appraisal for Asian Americans, \$1,000
- 2019 *Principal Investigator*, **Asian American Psychological Association (AAPA) Dissertation Grant First Runner-Up**; Racial Discrimination on Physiological Stress

and Clinical Mental Health Disorders: An Examination of the Mediating Role of Cognitive Appraisal for Asian Americans, \$250

ARTICLES IN REFEREED JOURNALS

-Please note that in my discipline, first author has the greatest contribution.

*denotes student co-author at the time of submission, **co-first authorship

23. Atkin, A.L., **Ahn, L.H.**, Yi, J., & Li, J*. (in press). A qualitative study of Asian American adolescents' experiences of support during the COVID-19 and racism syndemic. *Asian American Journal of Psychology*
22. **Ahn, L.H.**, & Atkin, A.L. (in press). Racism, attachment style, and mental health among Asian American adolescents. *The Counseling Psychologist*
21. Le, T. & **Ahn, L.H.** (2024). Asian American women's racial dating preferences: An investigation of internalized racism, resistance and empowerment against racism, and desire for status. *Sex Roles*, 1-13.
20. Pease, M.*, Le, T. & **Ahn, L.H.** (2024). Family rejection and LGBTQ+ Asian American's psychological distress and disordered eating: The role of conflicts in allegiances and familial shame. *Cultural Diversity and Ethnic Minority Psychology*
19. Atkin, A.L., **Ahn, L.H.**, & Yi, J. (2023). The relationship between mother and father racial-ethnic socialization profiles and family cohesion and sociopolitical values among Asian American adolescents. *Journal of Adolescence*, 95(8), 1689-1701. <https://doi.org/10.1002/jad.12238>
18. Keum, B.T., Nguyen, M.*, **Ahn, L.H.**, Wong, M.*, Wong, L.*, Miller, M.J. (2023). Fostering Asian American emerging adults' advocacy against anti-Black racism through digital storytelling. *The Counseling Psychologist*
17. **Ahn, L.H.**, Hill, C. E., Gerstenblith, J., Hillman, J., Mui, V.*, Yetter, C., Anderson, T., Kivlighan Jr., D.M. (2023). Helping skills training: Outcomes and trainer effects. *Journal of Counseling Psychology*, 70(4), 396-402. <https://doi.org/10.1037/cou0000667>
16. Keum, B.T., **Ahn, L.H.**, Choi, A., Choudhry, A.*, Nguyen, M.*, Meizys, G.*, Chu, A.*, & Hearn, M.* (2023). Asian American men's gendered racial socialization and fragmented masculinity: Interpretive phenomenological analysis. *The Counseling Psychologist*
15. Atkin, A.L. & **Ahn, L.H.** (2022). Profiles of racial socialization messages from mothers and fathers and the colorblind and anti-Black attitudes of Asian American adolescents. *Journal of Youth and Adolescence*, 51(6), 1048-1061. <https://doi.org/10.1007/s10964-022-01597-2>
14. **Ahn, L.H.**, Yang, N.Y. & An, M. (2022). COVID-19 racism, internalized racism, and psychological outcomes among East Asians/East Asian Americans. Invited submission

for *The Counseling Psychologist*, Special Issue on the Coronavirus Pandemic, 50(3), 359–383. <https://doi.org/10.1177/00110000211070597>

***Received *The Counseling Psychologist* Best Student Paper of 2022 Award**

13. Anderson, R.A., **Ahn, L.H.**, Brooks, J., Charity-Parker, B., Innis-Thompson, M., Gumudavelly, D., Mitchell, S., & Anyiwo, N. (2022). “The Talk” Tells The Story: How parents’ racial socialization strategies aim to protect Black adolescents from racism. *Journal of Adolescent Research*, 38(3), 562–588. <https://doi.org/10.1177/07435584221076067>
12. **Ahn, L.H.** & Keum, B.T. (2021). The moderating role of parent and school racial socialization on racial discrimination and psychological distress for Asian Americans. *Journal of College Student Development*, 62(5), 619–624. <https://doi.org/10.1353/csd.2021.0061>
11. Dunbar, A.S., **Ahn, L.H.**, Coates, E.E., Small, K., Smith-Bynum, M.A. (2022). Observed dyadic racial socialization disrupts the association between frequent discriminatory experiences and emotional reactivity among Black adolescents. *Child Development*. <https://doi.org/10.1111/cdev.13680>
10. Dunbar, A.S., Lozada, F., **Ahn, L.H.**, & Leerkes, E. (2022). Mothers’ preparation for bias messages and responses to children’s distress predict positive adjustment among Black children: An attachment perspective. *Invited submission for Journal of Attachment and Human Development*, Special Issue on “Attachment Perspectives on Race, Prejudice, and Anti-Racism” <https://doi.org/10.1080/14616734.2021.1976922>
9. **Ahn, L.H.**, Dunbar, A.S., Coates, E.E., & Smith-Bynum, M.A. (2021). Cultural and universal parenting, ethnic identity, and internalizing symptoms among African American adolescents. *Journal of Black Psychology*. <https://doi.org/10.1177/00957984211034290>
8. **Ahn, L.H.**, Keum, B.T., Meizys, G., Choudry, A., Gomes, M., & Wang, L. (2022). Second generation Asian American women’s gendered racial socialization. *Journal of Counseling Psychology*. <https://doi.org/10.1037/cou0000575>
7. **Ahn, L.H.**, Kivlighan, D.M., & Hill, C.E. (2022). Helping skills courses: The effects of diversity and numeric marginalization on counseling self-efficacy, counseling self-stigma, and mental health. *Journal of Counseling Psychology*. <https://doi.org/10.1037/cou0000573>
6. Keum, B.T & **Ahn, L.H.** (2021). Racial socialization and racial silencing as moderators of the impact of online racism on psychological distress and alcohol use. *Computers in Human Behavior*. <https://doi.org/10.1016/j.chb.2021.106773>
5. **Ahn, L.H.** & Kivlighan, D.M. (2022). Working alliance, expressive skills, and outcome in psychodynamic therapy. *Journal of Counseling Psychology*. <https://doi.org/10.1037/cou0000489>

4. **Ahn, L.H.**, Yee, S.E., Dixon, K.M., Kase, C.E., Sharma, R., & Hill, C. E. (2020). Feeling offended by clients: The experiences of doctoral student therapists. *Journal of Counseling Psychology*. <https://doi.org/10.1037/cou0000511>.
3. Byrd, C.M. & **Ahn, L.H.** (2020). Profiles of ethnic-racial socialization from family, school, neighborhood, and the internet: Relations to adolescent outcomes. *Journal of Community Psychology*, 48(6), 1942-1963. <https://doi.org/10.1002/jcop.22393>.
2. Miller, M. J., Keum, B.T.H., Thai, C.J., Lu, Y., Truong, N.N., Huh, G.A., Li, X., Yeung, J.G., **Ahn, L.H.** (2018). Practice recommendations for addressing racism: A content analysis of the counseling psychology literature. *Journal of Counseling Psychology*. doi:10.1037/cou0000306
1. Keum, B. T., Thai, C. J., Truong, N. N., **Ahn, H.L.**, & Lu, Y. (2018). Factor structure and measurement invariance of the Perceived Ethnic Discrimination Questionnaire-Community Version Brief. *International Journal of Culture and Mental Health*, 1-15.

CHAPTERS IN EDITED COLLECTIONS

2. Coates, E. E., **Ahn, L. H.**, Greene, D., Dunbar, A., Porter, S. C., Small, K. K., & Smith-Bynum, M. A. (2019). Risk and resilience in poor African American families: A process-oriented approach. In A. James (Ed.). *Black Families*. San Diego, CA: Cognella Academic Press.
1. **Ahn, L.H.** & Chang, I. (2018). South Korea: Rapid Change, Conflict, and Opportunities in Development. In Mike Nakkula & Andrew Schneider-Munoz, *Adolescent Psychology Worldwide: Global Perspectives on Risks, Relationships, and Development*. Praeger Press, Westport, CT.

ENCYCLOPEDIA ENTRIES

1. Saka, S.*, Martinson, H.*, **Ahn, L.H.**, Randall, A.K. (2023). Childhood Experiences and Jealousy. In T. Shackelford, *Encyclopedia of sexual psychology and behavior*. Springer Nature
2. Chang, I. & **Ahn, L.H.** (2020) School reform for multicultural society in Korea. In *Oxford Research Encyclopedia of Education*. Oxford University Press. doi: 10.1093/acrefore/9780190264093.013.828

OTHER WORKS

1. Thai, C. T., O'Connor, S., **Ahn, L.H.**, & Morales, K. (2018). Graduate student instructors in the college classroom: Using disclosure when teaching about diversity. *The Community Psychologist*, 51(4), 49-51.

MANUSCRIPTS UNDER REVIEW

Kuo, C.*, **Ahn, L.H.**, Sifat, M., Green, K.M. (revise&resubmit). Racism and neighborhood disadvantage during young adulthood among African Americans: Is racial socialization a protective factor? *Cultural Diversity and Ethnic Minority Psychology*

Truong, N.N., **Ahn, L.H.**, & Miller, M.M. (revise & resubmit). Secondary traumatic stress, financial stress and the role of coping in understanding Southeast Asian American mental health. *Asian American Journal of Psychology*

Ahn, L.H., Kivlighan, D.M., & Hill, C.E. (revise & resubmit). Dyadic working alliance, therapist insight skills, and client outcomes: Longitudinal mediation analyses. *Psychotherapy*

Miyake, E.** , **Ahn, L.H.****, Tran, G.T.T., & Atkin, A. (revise & resubmit). Women's Microaggressions Scale (WoMenS): A Comprehensive Sexism Scale. *The Counseling Psychologist*.

Ahn, L.H., Tran, A., Lam, C. & Yoo, H.C. (Brandon) (revise & resubmit). Asian American Mental Health Help Seeking: An Asian Value Informed Belief Model. *Asian American Journal of Psychology*

Ahn, L.H., Kim, D.*, Kim, Y.*, Saka, S.*, Balek, G.* (revise & resubmit). Maintenance of heritage culture, internalized racism, and family conflict on self-esteem among Asian Americans. *American Journal of Orthopsychiatry*

Jew, G., Tran, A., & **Ahn, L.H.** (under review). Confrontations to racism and the affect and cognitions of white college students.

Ahn, L.H., Holt, M.K., De La Rue, L., Shah, T. (under review). Best Practices for Dissemination to Scientific and Lay Audiences. In L. Bikos & DeBlaere, C. *Transforming Research Methods in Health Services Psychology: Applications for the Advocate ~ Practitioner ~ Scientist*.

Miller, M. J., Fang, T.*, Lu, Y., **Ahn, L.H.**, Lee, H. *, Chang, J. *, Pinney, E*. Cheng, Y. *, Yeung, J., Truong, N.N., Louis, C.*, Lee, J. *, Vause, K.* (submitted). Harnessing the transformative and healing power of visual storytelling.

Mukkamala, S. **Ahn, L. H.**, & Suyemoto, K. (under review). The Intersectionality of Racism and Sexism for Asian American Women: A Review of the Literature.

Ahn, L.H., Kivlighan, D.M., Miller, M.J., Hill, C.E., Smith-Bynum, M.A., Wang, C. (under review). "Should I blame myself or the racist perpetrator?" The effects of subtle racial discrimination on mood for Asian American emerging adults

Ahn, L.H., & Atkin, A. (under review). Discrimination and racial socialization profiles: Associations with Asian American adolescent attachment, activism, and self-esteem

Le, T., Chan, A.*, **Ahn, L.H.** (under review). Love isn't colorblind: Internalized racism, resistance and empowerment against racism, and Asian American men's racialized dating preferences.

REFEREED PRESENTATIONS

*denotes student co-author, ^{EQ}Equal authorship

44. Kim, Y.* & **Ahn, L.H.** (2024, March). Young Asian/Asian American Women's Healing from Gendered Racism. Lightning Talk accepted at the 2024 Association for Women in Psychology, online.
43. **Ahn, L.H.**, Yoo, B., Matriano, R.*, Tan, T.* (2024, April). Asian Pacific Advocacy, Culture, and Education: A Preliminary Program Intervention. Paper symposium accepted at the 2024 Society of Research on Adolescence. Chicago, IL
42. Pease, M.* V., Le, T. P., & **Ahn, L. H.** (2023, August). *An intersectional investigation of LGBTQ+ Asian American family experiences and mental health*. Poster presented at the 2023 Annual American Psychological Association Convention. Washington, DC.
41. Kim, Y.* & **Ahn, L.H.** (2023, August). *Young Asian/Asian American Women's Healing from Gendered Racism*. Poster Presentation presented at the American Psychological Association, Washington D.C.
40. **Ahn, L.H.**, Yang, N., & An, M. (2023, August). *Experiences of COVID-19 Racism, Internalized Racism, and Psychological Outcomes among East Asians*. Poster Presentation presented at the American Psychological Association, Washington D.C.
39. Kim, D.* ^{EQ}, Saka, S.* ^{EQ}, Kim, Y.*, Balek, G.*, & **Ahn, L.H.** (2023, August). *Internalized Racism, Family Conflicts, Cultural Socialization, and Self-Esteem in Asian Americans*. Poster Presentation presented at the American Psychological Association, Washington D.C.
38. Atkin, A.L., **Ahn, L.H.**, Yi, J., & Li, J.* (2023, July). Asian American Adolescents' Experiences of Racism-Related Support During COVID-19. Paper presentation presented at the biennial meeting of the American Psychological Association: Division 45 Conference, San Diego, CA.
37. Saka, S.* & **Ahn, L.H.** (2023, May). *Mothers' Promotion of Equality Messages, Ethnic Identity, and Self-Esteem among Asian American College Students*. Oral Presentation presented at the International Association for Mini-Conference: Resilience in Interpersonal and Social Environments, Phoenix, AZ.

36. **Ahn, L.H.**, Kivlighan, D.M., & Miller, M.J. (2023, March). *Racism, Cognitive Appraisal, and Mood: An Experimental Study Among Asian Americans*. Poster presented at the International Convention of Psychological Science, Brussels, Belgium.
35. Atkin, A.L., **Ahn, L.H.**, & Yi, J. (2023, March). *Parent socialization patterns and their associations with Asian American adolescents' sociopolitical values and family cohesion*. In Kimura, A. (Chair) Racial-Ethnic Socialization among Asian American Families in the U.S. Symposium presented at the Society for Research on Child Development Biennial Conference, Salt Lake City, Utah.
34. Atkin, A.L., & **Ahn, L.H.** (2022, September). *An investigation of how racial socialization patterns relate to colorblind and anti-Black Attitudes in Asian American adolescents*. In Yi, J. (Chair) Fostering community healing and interracial solidarity: Scholarship on dismantling the model minority myth and anti-Blackness among Asian Americans. Symposium presented at the Asian American Psychological Association Convention (virtual).
33. Dunbar, A., **Ahn, L.H.**, & Coates, E.E. (2022, May). *Observed Maternal Racial Socialization, Positive Self-Perceptions, and resilience in Response to Racial Discrimination*. Flash talk presented at the Society of Research on Child Development: Construction of the "Other." Rio Grande, Puerto Rico – rescheduled from March 2020 due to COVID-19
32. Byrd, C.M., & **Ahn, L.H.** (2022, May). *The Joint Influences of Multiple Contexts of Racial Socialization on Ethnic-Racial Identity and Academic Outcomes*. In S. Bhargava & E. Smith, Chairs, Contextual and Sociocultural Factors Related to Marginalized Youth's Positive Development. Symposium presented at "Construction of the 'Other': Development, Consequences, and Applied Implications of Prejudice and Discrimination" SRC D Special Topics Meeting, Rio Grande, Puerto Rico – rescheduled from March 2020 due to COVID-19
31. Dunbar, A., **Ahn, L.H.**, & Coates, E.E. (2022, May). *Racial socialization predicts children's emotion reactivity to racism stimuli: Parental reactivity and child empathy as moderators*. Poster presented at the Society of Research on Child Development: Construction of the "Other," Rio Grande, Puerto Rico – rescheduled from March 2020 due to COVID-19
30. **Ahn, L.H.** (2021, Aug). *Second Generation Asian American Women's Gendered Racial Socialization*. In Growing Up Asian American: Contemporary Intersectional Qualitative Examinations. Paper symposium presented at the American Psychological Association, virtual
29. Keum, B.T., **Ahn, L.H.**, Choudhry, A., Chu, A., Hearn, M., Meizyte, G., & Nguyen, M. (2021, Aug.). *Asian American Men's gendered racial socialization: A qualitative investigation*. In B.T. Keum, Growing Up Asian American: Contemporary Insights From

Intersectional Qualitative Examinations. Symposium presented at 2021 annual meeting of American Psychological Association, virtual

28. **Ahn, L.H.**, Hill, C.E., Gerstenblith, J., Hillman, J., Mui, V., Yetter, C., Anderson, T., Kivlighan, D.M. (2021, June). *Helping Skills Training: Do Trainers Matter?* In The Development of Responsive Therapists Through Training and Supervision: From Helping Skills to Assimilation of Life Script Themes. Panel presented at 2021 annual Society of Psychotherapy Research, virtual
27. **Ahn, L.H.**, Huynh, V., & Gillen-O'Neel (2021, April). *White Parent and Child Attitudes towards Asians: Awareness of Discrimination as a Mediator*. Poster presented at the Society of Research on Child Development, virtual
26. Byrd, C.M. & **Ahn, L.H.** (2021, April). *Ethnic-Racial Identity and Ethnic-Racial Socialization from Family, School, Neighborhood, and the Internet*. In Social Contexts of Adolescents' Ethnic-Racial Identity Development: Advancing Multiple Methodological Approaches. Paper symposium presented at the Society of Research on Child Development, virtual
25. Dunbar, A., Leerkes, E., Lozada, F. & **Ahn, L.H.** (2021, April). *Parents' Preparation for Bias and Responses to Black Children's Distress Predicts Self-Regulation: An Attachment Perspective*. In Attachment Theory and Black Youth Development: New Directions for Cross-Disciplinary Dialogue. Paper symposium presented at the Society of Research on Child Development, virtual
24. Gomes, M., **Ahn, L.H.**, Keum, B.T.H, Meitzye, G., & Choudry, A. (2020, Oct.). *Asian American Women's Gendered Racial Socialization*. Poster presented at the Asian American Psychological Association, online
23. Kuo, C., **Ahn, L.**, Sifat, M., Greene, K. (2020, May-cancelled). *Interaction between Racial Socialization, Neighborhood Disadvantage, and Racism during Young Adulthood on Midlife Substance Use with African Americans*. Poster was to be presented at the Society for Prevention Research 28th Annual Meeting, Washington DC. - cancelled due to COVID-19
22. **Ahn, L. H.**, Miller, M. J., & Cabrera, N. (2020, March-cancelled). *Asian American mothers and fathers' racial socialization and parenting on mental health*. Poster was to be presented at the Society of Research on Adolescence, San Diego, CA- cancelled due to COVID-19
21. **Ahn, L.H.** & Miller, M. (2019, August). *Perceived-ethnic racial socialization and parenting styles on Asian American college students' depressive symptoms*. Poster presented at the American Psychological Association, Chicago, IL.
20. Miller, M. J., **Ahn, L.H.**, Keum, B.T.H., Yang, M., Truong, N.N., Choi, N., Huh, G., Lent, R. (2019, August). *Academic and career development: How caregivers can support*

- youth*. Invited presentation at the Youth of Color Summit, Sponsored by APA's Society for the Psychological Study of Culture, Ethnicity, and Race, Chicago, IL.
19. Mckenny, M., **Ahn, L.**, Anderson, R. E. (June, 2019). *Exploring the influence of intergenerational racial socialization practices*. Paper presentation at the Black Graduate Conference in Psychology, Ann Arbor, Michigan
 18. Dunbar, A., Coates, E. E, **Ahn, L.H.**, Franco, M., Smalll, K., Smith-Bynum, M.A.(2019, March). *Black Youths' Emotional Reactivity, Discrimination, and Problem Behaviors: Observed Racial Socialization as a Moderator*. Parenting, Racial Socialization, Emotion Regulation, & Psychosocial Outcomes in African American Youth symposium conducted at the Society of Research on Child Development, Baltimore, MD.
 17. **Ahn, L.H.**, Smith-Bynum, M.A. (2019, March). *Racial socialization, mother-adolescent communication, ethnic identity, and depressive symptoms in African American adolescents*. Poster presented at the Society of Research on Child Development, Baltimore, MD.
 16. Smith-Bynum, M.A., Dunbar, A., **Ahn, L.H.**, Coates, E. E, Franco, M., Small, K. (2019, March). *Observed Mother-adolescent Communication about Racial Issues and Adolescent Mental Health in African American Families*. Examining the Relation of Ethnic Racial Socialization and Racial Discrimination in Ethnic Minorities symposium will be conducted at the Society of Research on Child Development, Baltimore, MD.
 15. **Ahn, L.H.**, Lu, Y., Thai, C., Yeung, J., Truong, N., Keum, B.T., Li, X., Miller, M., Chang, I. (2018, Aug.) *Do parents' racism beliefs and experiences predict their promotion of racial mistrust with their children?* Poster presented at the American Psychological Association, San Francisco, CA.
 14. **Ahn, L.H.**, Lu, Y., Thai, C., Yeung, J., Truong, N., Keum, B.T., Li, X., Miller, M., Chang, I. (2018, Aug.) *discrimination, preparation for bias, and colorblindness: A mediation model*. Poster presented at the American Psychological Association, San Francisco, CA.
 13. **Ahn, L.H.**, Coates, E.E., Porter, S., Small, K., Bynum, M.S. (2018, July) *Parenting, ethnic identity, and internalizing symptoms in African American youth*. Poster presented at the 2018 Biennial American Psychological Association Division 45 Research Conference, Austin, TX.
 12. Thai, C.T., O'Connor, S., **Ahn, H. L.**, Morales, K. (2018, Feb). *Power and Patriarchy for Graduate Student Instructors in the College Classroom*. Roundtable conducted at the 35th Annual Teacher's College Winter Roundtable, New York, NY.
 11. **Ahn, H. L.**, Thai, C., Truong, N., Lu, Y., Li, X., Keum, B.T., Yeung, J., Miller, M. (2017, Aug.) *Belief in a just world? A look at discrimination and colorblindness attitudes*. Poster presented at the American Psychological Association, Washington, D.C.

10. **Ahn, H.**, Chang, I., Lee, E., Ertl, M. M., & Bordon, J. J. (2017, May). *Overseas work experience and its effect on multicultural attitudes and efficacy of South Korean teachers*. Poster presented at the 29th Annual Association for Psychological Science Convention, Boston, MA.
9. Ertl, M. M., Bordon, J. J., Dillon, F. R., & **Ahn, L. H.** (2017, May). *How identities, psychosocial stressors, and health-related behaviors predict perceived health*. Poster presented at the 29th Annual Association for Psychological Science Convention, Boston, MA.
8. Chang, I., & **Ahn, H.** (2017, April). *Diversities and Multicultural Education: History and Policies in Korea*. Symposium conducted at the American Educational Research Association, San Antonio, TX.
7. Chang, I., & **Ahn, H.** (2017, April). *Multicultural education in Korea: Past, present, future*. Presentation at the Immigration and Multicultural Urban Policies Conference and their Implementation in India, Korea, Japan, and Singapore, Chapel Hill, NC.
6. Miller, M. J., Lu, Y., Ma, Z., & **Ahn, H.** (2017, February). *Ecologically valid and culturally responsive mental health intervention and outreach through documentary films*. Research and Development Presentation at the University of Maryland Counseling Center, College Park, MD.
5. Stevenson, H. & **Ahn, H.** (2016, July). *PLAAY in Context: Exploring Racial Literacy in Charter Schools*. Symposium conducted at APA Division 45: Society for the Psychological Study of Culture, Ethnicity, and Race, Palo Alto, CA.
4. Anderson, R., Talley, L., **Ahn, H. R.** (2016, April). *EMBRacing Racial Stress in Black Families: Improving Competency in Racial Socialization Processes*. Roundtable presented at the International Network on School, Family, and Community Partnerships, Washington, DC.
3. **Ahn, H.** (2015, February). *Children's Number Sense*. Poster session presented at the University of Wisconsin-Madison Education Research Poster Fair, Madison, WI
2. **Ahn, H.** (2014, April). *Perceiving Fraction Magnitudes*. Poster session presented at the University of Wisconsin-Madison Undergraduate Research Symposium, Madison, WI.
1. **Ahn, H.**, Brito, B., Finedore, C., & Matthews, P. (2013, April). *Children's Understanding of Numeracy*. Poster session presented at the University of Wisconsin-Madison Undergraduate Research Symposium, Madison, WI.

INVITED TALKS

*Equal contributions

Ahn, L.H. (2022, September). *Feeling Offended by Clients*. Invited Professional Development presentation to the Counseling and Counseling Psychology faculty and doctoral students, Arizona State University, Tempe, AZ.

Ahn, L.H. (2022, August). *APA Data Blitz Science Summit: "The Science of Racism."* Invited Talk at the American Psychological Association Conference 2022, Minneapolis, MN. (\$1500)

DEVELOPED WORKSHOPS/TALKS

*Equal contributions

Ahn, L.H. (2022). *Development of Asian American and Pacific Islander Women's Therapy Group*. University of California, Irvine's Counseling Center, Irvine, CA.

Ahn, L.H.*, Lin, Y.J.*, Wang, C.* (2021, April). *Support space for Asian international students during COVID-19*. Invited co-facilitator for students in collaboration with the University of Maryland Asian American Studies and Counseling Center, virtual

Ahn, L.H. (2020, May). *Ethnic-racial socialization for Korean American families*. Workshop presented to Korean American parents and children, virtual

Ahn, L.H. (2019, May). *Racial/Ethnic Socialization Skills for Asian American Parents*. Workshop presented to Asian American parents for the Culturally Responsive Parenting to Reduce Bullying and Depression for Asian American Students Intervention, Rockville MD.

Ahn, L.H. (2018, Dec.). *Racial/Ethnic Socialization Skills for Asian American Parents*. Workshop presented to Asian American parents for the Culturally Responsive Parenting to Reduce Bullying and Depression for Asian American Students Intervention, Bethesda MD.

Ahn, L.H. (2018, Oct.). *Racial/Ethnic Socialization Skills for Asian American Parents*. Workshop presented to Chinese parents for the Culturally Responsive Parenting to Reduce Bullying and Depression for Asian American Students Intervention, Bethesda MD.

MEDIA APPEARANCES

2024 [University of Maryland College of Behavioral and Social Sciences](#)

2023 [ASU School of Social Transformation](#)

2022 [The Counseling Psychologist Podcast](#)

2021 [Our Mental Health Minute](#)

TEACHING

Instructor of Record

2024 Spring	CAP229: Self in Multicultural Society , Arizona State University
2023 Fall, 2024 Spring	CPY635: Professional Development , Arizona State University
2023 Fall	CED/CPY671: Multicultural Counseling , Arizona State University
2023 Spring, 2023 Fall	CED529: Lifespan Human Development , Arizona State University
2022 Fall	CPY644: Psychology of Careers , Arizona State University
2018, 2019, 2020 Summers	EDCP 108E: College and Career Advancement: Concepts and Skills , University of Maryland
2017 Fall, 2018 Spring	EDCP 220: Introduction to Human Diversity in Social Institutions , University of Maryland

Guest Lecturer

2023, August	CED250: Career Development (Dr. Cisco Sanchez) Arizona State University Topic: Overview of Career Theories
2022, April	APA 355: Asian American Psychology (Instructor: Dr. Brandon Yoo) , Arizona State University Topic: Asian Americans and Mental Health

STUDENT ADVISING

Doctoral Dissertation Committee

Manxuan Xu, Counseling Psychology, University of Wisconsin-Milwaukee (Proposed)

Master's Thesis Chair/Co-Chair^Δ

Tina Tan, School of Counseling and Counseling Psychology, Arizona State University
 Selin Saka^Δ, Counseling and Counseling Psychology, Arizona State University, *The Association between Perceived Caregiver Mental Health Stigma and Middle Eastern Emerging Adult Help-Seeking Intentions: Moderating Effect of Social Support* (Proposed)

Master's Thesis Committee Member

Shatien Jordan, School of Counseling and Counseling Psychology, Arizona State University
 Finneas Wong, Counseling and Counseling Psychology, Arizona State University (Proposed)
 Jaelen Westbrook, Counseling and Counseling Psychology, Arizona State University (Proposed)
 Karan Bhatti, Counseling and Counseling Psychology, Arizona State University (2023)
 Justine Jagga, Counseling and Counseling Psychology, Arizona State University (2023)

Undergraduate Honors Thesis Chair

Angeline (Nicole) Inocentes, Psychology, Arizona State University (2023)

Advising

Tina Tan, first year PhD student
 Gloria Kang, first year PhD student
 Selin Saka, second year Master of Counseling student
 Karina Chimal, first year Master of Counseling student

Emely Duron Portillo, first year Master of Counseling student
Julianna Girgis, first year Master of Counseling student

SUPERVISED STUDENT AWARDS/HONORS

Yeeun Kim: GPSA Research Grant, 2022 (\$300)

Tina Tan: Graduate College Enrichment Fellowship, 2023-2024 (\$24,498), 2024-2025, Earl A. and Lenore H. Tripke Travel Grant, 2023 (\$2000), School of Counseling and Counseling Psychology Research Fellowship (\$1000), GPSA Innovation Fellows Program (\$900), GPSA Travel Grant (\$950), Division 35 Section 5 Travel Grant

Gloria Kang: GPSA Innovation Fellows Program (\$900), GPSA Travel Grant (\$950), Division 35 Section 5 Travel Grant

Selin Saka: GPSA Research Grant, 2023 (\$750)

CLINICAL TRAINING

- 08/2021 – 07/2022 **University of California, Irvine Counseling Center**
Pre-Doctoral Intern
Supervisors: Yuri Choi, Ph.D., Stephanie Loftis, Psy.D., Taylor Damiani, Ph.D., Cynthia Canul, Ph.D.
- 06/2019 – 06/2021 **Maryland Psychotherapy Clinic and Research Lab**
Externship
Supervisors: Dennis Kivlighan Jr, Ph.D., Clara E. Hill, Ph.D.
- 09/2019 – 12/2019 **University of Maryland Supervision Practicum**
Supervisor: Robert W. Lent, Ph.D.
- 08/2019 – 10/2019 **Greenbelt CARES (Family Therapy)**
Externship
Supervisors: Theresa Smithson, LPC, Connie Canon, Ph.D.
- 08/2018 – 05/2019 **University of Maryland, Baltimore County Counseling Center**
Externship
Supervisors: Soonhee Lee, Ph.D., Kris Sagun, Ph.D. Ryan Shea, M.S., Patricia Wick, Ph.D., Amber Hager, Ph.D., Whitney Hobson, Psy.D., Sam Chen, LSW
- 08/2018 – 12/2018 **University of Maryland Counseling Center Group Practicum**
Supervisor: Dennis Kivlighan, Ph.D., Chandni Shah, Ph.D.
- 01/2018 – 05/2018 **University of Maryland Counseling Center Career Practicum**
Supervisors: Erica Merson, Ph.D., Kelly Lee, Ph.D.
- 08/2017 – 12/2017 **University of Maryland Counseling Center Advanced Practicum**
Supervisors: Allison Aasarch, Psy.D., Charlie Gelso, Ph.D.
- 06/2017 – 08/2017 **University of Maryland Counseling Center Summer Practicum**
Supervisor: Maria Berbery, Ph.D.
- 01/2017 – 05/2017 **University of Maryland Counseling Center Basic Practicum**
Supervisors: Erin Reese, Ph.D., Pepper Phillips, Ph.D.
- 09/2016 – 12/2016 **University of Maryland Pre-Practicum**
Supervisors: Xu Li, Ph.D., Clara E. Hill, Ph.D.
- 08/2015 – 06/2016 **University of the Sciences Career Services Practicum Therapist**

Supervisor: Kimberly Bryant, M.S.

EDITORIAL BOARDS AND REVIEWING ACTIVITIES

EDITORIAL BOARD MEMBER

Cultural Diversity and Ethnic Minority Psychology (2023 - Present)

The Counseling Psychologist (2024 –)

American Journal of Orthopsychiatry (2024 – Present)

AD HOC REVIEWER

Family Relations

Developmental Psychology

Assessment

Translational Issues in Psychological Science

Annals of General Psychiatry

Asian American Journal of Psychology

Ethnicity and Health

Journal of Counseling Psychology

Journal of Black Psychology

Psychology of Women Quarterly

Child Development

ACADEMIC CONFERENCES REVIEWER

2023	Society of Research on Adolescence Convention
2018, 2023	Society of Research on Child Development Convention
2018, 2019	Division 45, APA Convention
2018	University of Maryland McNair Undergraduate Conference

SERVICE

NATIONAL APPOINTMENTS

2023 – Present	APA Division 17 Early Career Committee Member
2023 – Present	APA Division 17 Dr. Helen Neville Presidential Initiative Reading Discussion Co-Chair
2022 – Present	APA Division 35 Section 5 Newsletter Co-Editor
2018 – 2021	APA Convention Communications Chair & Social Media Chair, APA Division 45 Student Committee
2018 – 2020	APAGS CARED (Committee for the Advancement of Racial and Ethnic Diversity) Committee Member
2018 – 2019	Program Representative, APA Student Affiliates of Seventeen (SAS)

PROGRAM, DEPARTMENT, UNIVERSITY SERVICE

2024 – Present	Board Member, Faculty Women’s Association, Arizona State University
2023 – Present	Member, Inclusion Committee, College of Integrative Sciences and Arts, Arizona State University

2023 – Present	Co-Chair, Diversity, Equity, and Inclusion Committee, Counseling and Counseling Psychology, Arizona State University
2023	Member, Community Meeting Planning Committee, Counseling and Counseling Psychology, Arizona State University
2022	Member, MPCAC Committee, Counseling and Counseling Psychology, Arizona State University
2019 – 2021	President, Counseling Psychology Student Association, University of Maryland
2017 – 2019	Diversity Chair, Counseling Psychology Student Association, University of Maryland
2020 – 2021	Counseling Psychology Anti-Racism Action Group Committee, University of Maryland
2020	Anti-Racism Task Force, University of Maryland School of Public Health
2020	Counseling Center Director Search Committee, University of Maryland
2018 – 2021	Graduate Assistant to the Counseling Center Director (Sharon Kirkland-Gordon, Ph.D., Chetan Joshi, Ph.D.), University of Maryland
2018 – 2020	Vice President, College of Education Graduate Student Organization, University of Maryland
2017	Website Technical Support, College of Education Website, University of Maryland

SERVICE IN COMMUNITIES

2017 – 2019	Mentor/Community College Coach, Asian American Leadership Empowerment and Development, Washington DC
2018 – 2019	Board Member, Graduate Students of Color in DC/Maryland/Virginia
2015 – 2016	Video Transcriber/Editor, Sweet Tea Documentary with Nora Gross, Ph.D., E. Patrick Johnson, Ph.D. & John L. Jackson Jr, Ph.D.
2016	Media Reviewer, Race, Media and Social Justice films at the Screening Scholarship Media Festival

PROFESSIONAL ASSOCIATIONS

APA Division 17: Society for Counseling Psychology
 APA Division 29: Society for the Advancement of Psychotherapy
 APA Division 35: Society for the Psychology of Women
 Section V: Psychology of Asian Pacific American Women
 APA Division 45: Society for Psychological Study of Culture, Ethnicity and Race
 Korean Psychology Network
 Society of Research on Child Development (Asian Caucus, Black Caucus)
 Society of Research on Adolescence
 Asian American Psychological Association
 National Center for Institutional Diversity, Diversity Scholars Network, University of Michigan
 Member

***REFERENCES AVAILABLE UPON REQUEST**

