BINOLI HERATH

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EDUCATION

Ph.D. in Population Health (Reading) **Expected Fall 2027**
Focus: Dissemination & Implementation Science
College of Health Solutions, Arizona State University

MS in Population Health, with Distinction **2025**
College of Health Solutions, Arizona State University GPA 4.0/4.0
Thesis Title: Assessing healthcare provider perspectives and experiences with weight management and weight-inclusive care
Advisor/Chair: Dr. Mindy McEntee

Post Baccalaureate Diploma in Health Development **2024**
University of Colombo, Sri Lanka
Thesis Title: Systematic Review on healthcare workers' perceptions and experiences during COVID-19 pandemic in South Asian countries
Advisor/Chair: Dr. Kalpani Abhayasinghe

Bachelor of Pharmacy B.Pharm(Hons), First Class Honors **2020**
University of Sri Jayewardenepura, Sri Lanka GPA 3.7/4.0
Thesis Title: Impact of selected clinical pharmacy services on medication safety and prescription cost among a cohort of patients attending a primary healthcare setting in Sri Lanka
Advisor/Chair: Prof. Nithushi Samaranayake

WORK EXPERIENCE

College of Health Solutions, Arizona State University: Graduate Research Associate **August 2023-Present**
Principal Investigator: Dr. Mindy McEntee
Assisting the following on-going projects in the lab:

- Perceptions of Community Health Worker roles among trainees with prior experience as behavioral health technicians and peer support specialists
  - Study design, data collection, data analysis, manuscript writing
- Scaling and evaluation of the Pathways to Healthier Living, Dignity Health's CHW program with St. Joseph's Hospital and Medical Center (SJMC)
  - Interview guide preparation, focus groups, CHW interviews
- Arizona provider experiences with weight management and weight-inclusive care practices
  - Study design, data collection, data analysis, manuscript writing
- Piloting a brief pragmatic intervention to promote weight-inclusive primary care
  - Preparation of data collection tools, data analysis
- Community Health Worker Training Program conducted by the Arizona State University, funded by the Health Resources and Services Administration (HRSA) (~200 trainees)
  - Assisting CHW trainees with curriculum related queries, grading assignments, monthly progress checks, curriculum revisions

Section of Epidemiology, Institute for Research & Development in Health & Social Care, Sri Lanka: Research Assistant **July 2021 - June 2023**
Principal Investigator: Prof. Athula Sumathipala
Assisted the following on-going projects in the lab:

- 'Global Health Nutrition in Sri Lanka' project conducted by the Institute for Research and Development, Sri Lanka in collaboration with Kings College London, funded by the Medical

Research Council (MRC) UK. Pilot Study 1: Causal mechanisms behind intergenerational transmission of nutrition intake, eating behaviours and associated psychological health
    - Participant recruitment, data collection, manuscript writing
- Pilot Study 2: Resilience, Mental Health and Food Security in Times of Crisis: A Pilot Study of the Longitudinal Colombo Twin and Singleton Study
    - Protocol development, data collection (surveys and interviews)
- Developing and piloting cost-effective methods for engagement and dissemination for the Sri Lankan twin registry using social media platforms
    - Focus groups, stakeholder meetings
- Lived experiences of Sri Lankans hospitalized with COVID-19: a mixed method study conducted by the Institute for Research and Development in Health and Social Care, funded by the WHO.
    - Data collection, writing
- ENHANCE Sri Lanka (Scaling-up Care for Perinatal Depression through Technological Enhancements to the 'Thinking Healthy Programme') conducted by the Institute for Research and Development in Health and Social Care, funded by National Institute for Health & Care Research, UK.
    - Thinking Healthy manual translation (contribution acknowledged in an international peer-reviewed publication (2025): https://doi.org/10.1016/j.ajp.2025.104564)

Department of Pharmacy and Pharmaceutical Sciences, Faculty of Allied Health Sciences, University of Sri Jayewardenepura, Sri Lanka: Teaching Assistant **July 2020 - June 2021**

- Coordinated lectures and assisted with practical and clinical pharmacy ward classes
- Prepared academic timetables and supported course delivery
- Conducted revision sessions for repeat students and supported online practical teaching materials
- Coordinated a poster session the Research Conference in Health Sciences 2021 hosted by Faculty of Allied Health Sciences, University of Sri Jayewardenepura.
- Voluntary service on registration desk at the Covid-19 vaccination programme for students and staff at the University of Sri Jayewardenepura.
- Compering at the Welcome Ceremony, Orientation Programme 2021, Faculty of Allied Health Sciences, University of Sri Jayewardenepura.

AWARDS/HONORS

- Dean's Recognition with cash prize ($100) for presenting an Outstanding Oral Research Presentation (2nd Place) at the College of Health Solutions Student Research Symposium 2026, ASU — 2026
- Spring 2026 GSG Outstanding Research Award with cash prize ($750), ASU — 2026
- Third Place with cash prize ($800) at the Institute for Social Science Research Graduate Student Poster Contest Spring 2026, ASU — 2026
- ASU SUN Award for Serving University Needs, ASU — 2026
- Honorable Mention with cash prize ($400) at the Institute for Social Science Research Graduate Student Poster Contest Fall 2025, ASU — 2025
- Meritorious Student Abstract Winner, 45th Annual Meeting & Scientific Sessions 2024, Society of Behavioral Medicine — 2024
- Citation Award Winner, 45th Annual Meeting & Scientific Sessions 2024, Society of Behavioral Medicine — 2024

PEER-REVIEWED PUBLICATIONS

1. Opatha, J., Dissanayake, L., Jayasinghe, O.S., **Herath, B.,** Andras, A., Jabir, S., Sisira Kumara P.R.B.M., Ediriweera, I., Vigneshrav, M., Pathirathna, I., Jayaweera K., Hewamalage, A., & Sumathipala, A. (2026). A Systematic Review of Twin Studies in Infants, Children, and Adolescents in Health Research: Focus on South Asia. Twin Research and Human Genetics, 1–10. doi:10.1017/thg.2026.10062

2. Wickramasinghe, M., Liyanage, R., Rambodagedara, S., Madhujith, T., Jabir, S., Opatha, J., Dissanayake, L., **Herath, B.,** Sirisena, K., Siriwardana, R., Wimalasekera, M., Jayaweera, K., Jayawardena, R., Sumathipala, A., Rijsdijk, F., & Zavos, H. M. S. (2026). Examining macro and micronutrient intakes in the Sri Lankan twin cohort: Validation of subjective biomarkers from the COTASS-3 study. BMC Nutrition. https://doi.org/10.1186/s40795-026-01267-7
3. **Herath, B.,** and Zhang, X. (2025). Everyday Discrimination in Young Adulthood and Depressive Symptoms at Early Midlife: The Moderating Role of Parent–Child Relationships. International Journal of Environmental Research and Public Health, 22(9):1323. 10.3390/ijerph22091323
4. Marzecki, F., Ahmadzadeh, Y.I, Jayaweera, K., Rijsdijk, F., Siribaddana, S., Sumathipala, A., **Herath, B.,** Jabir, S., Widanaralalage, K., Badini, I., & Zavos, H.M.S. (2025). Interpersonal Violence and Mental Health in Sri Lanka: Exploring the Role of Genetic and Environmental Influences and Their Interplay. Journal of Affective Disorders, 391, 120005. https://doi.org/10.1016/j.jad.2025.120005
5. Opatha, J., Dissanayake, L., **Herath, B.,** Jayaweera, K., Wijesinghe, H., Wijesinghe, H., Jabir, S., Sumathipala, A., Rijsdijk, F. V, Zavos, H. M. S., & Jayawardena, R. (2025). Development of a country-specific food composition database for Sri Lanka. Journal of Food Composition and Analysis, 140, 107230. https://doi.org/10.1016/j.jfca.2025.107230
6. Dissanayake, L., **Herath, B.,** Opatha, J., Jabir, S., Siriwardana, R., Sirisena, K., Wickramasinghe, M., Wimalasekera, M., Liyanage, R., Duminda Guruge, G. N., Jayaweera, K., Jayawardena, R., Zavos, H. M. S., Sumathipala, A., & Rijsdijk, F. (2024). The Colombo Twin and Singleton Study (COTASS): Piloting the Feasibility of Collecting Nutritional Data and Extension of the Sample to Include Children of Twins. Behavior Genetics, 54(1), 63–72. https://doi.org/10.1007/s10519-023-10171-w
7. Tharmalinga Sharma, J. J., Ketharam, M., **Herath, K. B.,** & Shobia, S. S. (2023). Quality of medicines in Sri Lanka: a retrospective review of safety alerts. BMC Health Services Research, 23(1), 980. https://doi.org/10.1186/s12913-023-09995-3
8. **Herath, K. B.,** Rodrigo, U. A. A., Senadheera, G. P. S. G., Samaranayaka, S., & Samaranayake, N. R. (2021). Impact of selected clinical pharmacy services on medication safety and prescription cost of patients attending a selected primary healthcare setting: a translational experience from a resource-limited country. Postgraduate Medical Journal, 99(1169), 223–231. https://doi.org/10.1136/postgradmedj-2021-140583

CONFERENCE SYMPOSIA & PAPER PRESENTATIONS

1. McEntee, M. L., **Herath, B.,** Zach, R., (June 2026). Nuance is necessary: Gaps in providers' understanding and adoption of weight-inclusive care. 12th Annual Weight Stigma Conference, Oslo, Norway and Online.
2. **Herath, B.,** McEntee, M. L. (May 2026). Beyond the Weighing Scale: Rethinking Health in Primary Care. Oral C-THRU presentation at the CHS Student Research Symposium, ASU Downtown Phoenix Campus, AZ.
3. **Herath, B.** (January 2026). What If Weight Isn't the Problem? A Paradigm Shift. Three Minute Thesis 2026 Preliminary Competition, ASU Tempe Campus, AZ.
4. Zavos, H., Jayaweera, K., Dissanayake, L., **Herath, B.,** Opatha, J., Wickramasinghe, M., Jabir, S. (August 2025). Colombo Twin and Singleton Study Wave III. In M. Hotopf and A.Sumathipala's (Co-chairs), Sri Lankan Twin Research Session – 25 years of Research, CEI, Ethics and Capacity Building. Symposium conducted at the TWINS 2025 the Joint 8th World Congress on Twin Pregnancy and the 20th Congress of the International Society of Twin Studies, Colombo, Sri Lanka.
5. Marzecki,F., Ahmadzadeh, Y., Jayaweera, K., Rijsdijk, F., Siribaddana, S., Sumathipala, A., **Herath, B.,** Jabir, S., Widanaralalage, K., Badini, I., Zavos, H. (August 2025). The aetiology of associations between interpersonal violence, depression, and suicidal ideation in Colombo, Sri Lanka: population-based twin and singleton study. Oral presentation at the TWINS 2025 the Joint 8th World Congress on Twin Pregnancy and the 20th Congress of the International Society of Twin Studies, Colombo, Sri Lanka.
6. **Herath, B.,** and Zhang, X. (August 2025). Exploring parent-child relationships among twins and their mothers. Oral presentation at the TWINS 2025 the Joint 8th World Congress on Twin

Pregnancy and the 20th Congress of the International Society of Twin Studies, Colombo, Sri Lanka.

7. **Herath, B.,** McEntee, M. L. (May 2025). Guiding the Way: The vital role of community health workers. Oral C-THRU presentation at the CHS Student Research Symposium, ASU Downtown Phoenix Campus, AZ.
8. McEntee, M. L., Zach, R., & **Herath, B.** (June, 2024). Piloting a brief pragmatic intervention to promote weight-inclusive primary care. Oral presentation at the annual Weight Inclusive Research and Education (WIRED) conference in Flagstaff, AZ.
9. McEntee, M. L., **Herath, B.**, & Adams. M. A. (March, 2024). Weight stigma among insufficiently active adolescents in a 90-day mHealth walking intervention. In T. Mason's (Chair), Leveraging mHealth technology to advance weight stigma research among marginalized groups. Symposium conducted at the annual Society of Behavioral Medicine Conference in Philadelphia, PA.
10. Dissanayake L, **Herath B.,** Jabir S, Siriwardena R, Jayaweera K, Zavos H, Sumathipala A, Rijsdijk F. Investigating Intergenerational Transmission of Nutrition Intake, Eating Behaviours and Associated Psychological Health. The Joint 6th World Congress on Twin Pregnancy a Global Perspective & The 18th Congress of the International Society Twin Studies (ISTS); 2023 June; Budapest, Hungary.
11. **Herath B.,** Jabir S, Siriwardana R, Jayaweera K, Dissanayake L, Ediriweera I, Jayasinghe K, Abhayasinghe K, Lokugamhewa B, Wijewickrama A, Hewamalage A, Fernando B, Kumarendran B, Liyanage C, Wickramasinghe E, Abeysinghe N, Wijemuni R, Agampodi S, Makuloluwa T, Sumathipala A. Psychological impact of COVID-19 in Sri Lankans and associated factors. AUA Academic Conference 2023; 2023 February; Depok, Indonesia.
12. Jegath Janani T, Ketharam M, **Herath B.,** Shobia S. Quality of medicines in Sri Lanka: A retrospective review of safety alerts. International Social Pharmacy Workshop 2022; 2022 July; Sydney, Australia.
13. **Herath B.,** Amarasinghe A, Senadheera S, Samaranayake S, Samaranayake N. Impact of some selected clinical pharmacy interventions on prescription cost at a primary healthcare setting in Sri Lanka. Asia Pacific Academic Consortium for Public Health 2020; 2020 December; Colombo, Sri Lanka.
14. Amarasinghe A, **Herath B.,** Senadheera S, Samaranayake S, Samaranayake N. Impact of selected clinical pharmacy services on medication safety among a cohort of patients attending a primary healthcare setting in Sri Lanka. Sri Lanka Association of Clinical Pharmacology & Therapeutics Academic Sessions 2020; 2020 November; Colombo, Sri Lanka.

INVITED TALKS

- Webinar on 'Transforming care with weight-inclusive practices' co-presented with Dr. Mindy McEntee for CHW trainees enrolled in the ASU CHW training program — July 2025
- Invited Guest Speaker – a webinar on "Breaking Barriers: Step-by-step guide to PhD admission in the USA" for students interested to apply for PhDs in the USA organized by Global Pioneers Network, a group of academics based in Australia who assist and support students for graduate studies. — Feb 2024
- Invited Guest Speaker – a webinar on "How to Apply for a PhD?" for undergraduates, providing guidance on application process, and pursuing advanced academic opportunities organized by Career Guidance Workshop Series, Pharmaceutical Students' Association, University of Sri Jayewardenepura, Sri Lanka — Nov 2024
- Lecture on 'Pharmacogenomics: As a tool for Personalized Medicine' for students/interns at the Genetics Laboratory, Institute for Research and Development (IRD), Sri Lanka (online) — 2021 - Present

CONFERENCE POSTER PRESENTATIONS

1. **Herath, B.,** & McEntee, M. L. "It's not all about me—we need support at a higher level": Multi-level barriers to practicing weight-inclusive care in primary care. Association for Weight and Size Inclusive Medicine (AWSIM) Annual Scientific & Member Assembly 2026; May 2026; Virtual.

2. **Herath, B.,** & McEntee, M. L. "Does bodyweight overshadow the full patient picture?" Primary care providers' responses to a hypothetical patient vignette. College of Health Solutions Student Research Symposium 2026; 2026 May; Phoenix, AZ.
3. **Herath, B.,** Hernandez A., & McEntee, M. L. "We're in a weird limbo spot, and we should be valued a lot more than we are": Career experiences of community health workers in Arizona. Institute for Social Science Research (ISSR) Spring 2026 Graduate Student Poster Contest; 2026 April; Tempe, AZ.
4. Hernandez A., **Herath, B.,** & McEntee, M. L. Community Health Worker (CHW) sustainability and allied professions in Arizona. Mel & Znid Zuckerman College of Public Health Public Health Poster Forum; 2026 March; Phoenix, AZ.
5. Hernandez A., **Herath, B.,** & McEntee, M. L. Community Health Worker (CHW) sustainability and allied professions in Arizona. College of Health Solutions Faculty and Staff Research Day 2026; 2026 March; Tempe, AZ.
6. **Herath, B.,** Hooten, M., Crittenden, S., Johnson, J., Domino, M., & McEntee, M. L. Evaluating the Impact of Community Health Workers using the Pathways Community Hub Institute (PCHI) Model: Randomized Controlled Trial. Institute for Social Science Research (ISSR) Fall 2025 Graduate Student Poster Contest; 2025 November; Tempe, AZ.
7. **Herath, B.,** & McEntee, M.L. "Very similar, but very different?" The role of CHWs and behavioral health paraprofessionals in population health. Interdisciplinary Association for Population Health Science (IAPHS) Conference; 2025 September; Pittsburgh, PA.
8. McEntee, M.L., **Herath, B.,** Czarnek, S. Bringing it all together: Ensuring sustainability for Arizona's Community Health Worker (CHW) workforce. Society of Behavioral Medicine's 46th Annual Meeting & Scientific Sessions; 2025 March; San Francisco, CA.
9. Hooten, M., **Herath, B.,** Domino, M., Villegas-Gold, M., Jackson, J., Crittenden, S., Johnson, J., & McEntee, M.L. Implementation of the Pathways to Healthier Living Community Health Worker Program: A Randomized Control Trial. American Academy of Behavioral Health Scientific Meeting; 2025 March; San Diego, CA.
10. **Herath B.,** Freire R., Neelawathura R., Mukku T., Vanos J., Wardenaar F. Development of 'SmartHeat Tracker' app: an integrative mHealth-AI tool to monitor and advise users on heat-related health risks. Institute for Social Science Research (ISSR) Fall 2024 Graduate Student Poster Contest; 2024 November; Tempe, AZ.
11. **Herath, B.,** & McEntee, M. L. Barriers to empowering community health workers to promote health equity. American Public Health Association Annual Meeting & Expo; 2024 October; Minneapolis, MN.
12. **Herath, B.,** Zach, R., McEntee, M. L. Promoting health equity through weight inclusive care. Arizona Health Equity Conference; 2024 October; Phoenix, AZ.
13. **Herath B.,** Zach, R., McEntee, M. L. Assessing healthcare providers' perspectives and practices on weight-inclusive primary care. Institute for Social Science Research (ISSR) Spring 2024 Graduate Student Poster Contest; 2024 April; Tempe, AZ.
14. **Herath B.,** Adams, M., McEntee, M. L. Trends in adherence to an mHealth physical activity intervention among adolescents with weight stigmatizing experiences. Society of Behavioral Medicine's 45th Annual Meeting & Scientific Sessions; 2024 March; Philadelphia.

SCIENTIFIC COMMUNICATIONS

- Author for 'Gaveshana' tri-lingual research magazine published in Sri Lanka published by the Institute for Research & Development in Health & Social Care, Sri Lanka (https://www.ird.lk/gaveshana-magazine/).
    - Learning from a Developed Country to Advance Sri Lanka's Development through Public Health Research (Volume 44)
    - Infographic on 'Emotional Intelligence' (Volume 41)
    - Article on 'Mental Health Policies in Sri Lanka' (Volume 41)
    - Article on 'Special Education' (Volume 39)
    - Translation: 'Phytochemical and Pharmacological aspects of Indigenous Medicine' (Volume 38)

FELLOWSHIPS/GRANTS

- CHS Graduate Student Travel Support Funding ($700) in Fall 2026, College of Health Solutions, ASU
- GPSA Leadership Scholarship ($1,500) for serving as a GSG Assembly Member (Fall 2025) in the Graduate Student Government (GSG), ASU
- University Graduate Fellowship ($1,650) for Spring 2026 awarded by the College of Health Solutions, ASU
- CHS Graduate Student Travel Support Funding ($700) in Fall 2025, College of Health Solutions, ASU
- Graduate Support Award 2025 ($300) awarded by the Graduate Student Government (GSG), ASU
- Scholarship to attend the 2024 Arizona Health Equity Conference (In-Person) ($150), awarded by the 2024 Arizona Health Equity Conference Planning Committee
- University Graduate Fellowship ($1,775) for the Academic Year 2024-25 awarded by the College of Health Solutions, ASU
- Graduate College 2024-25 Q2 Travel Award ($300), awarded by the ASU Graduate College
- CHS Graduate Student Travel Support Funding (status: awarded, $700) in Fall 2024, College of Health Solutions, ASU
- Student Heat & Health Research Challenge 2024, 1st Runner-up **Role:** Student Investigator (status: awarded, $10,000) College of Health Solutions, ASU
  (Note: Due to federal funding cuts in 2025, award amount reduced by 50%)
- Student Heat & Health Research Challenge 2024, proposal submitted in 05/2024. **Role:** Student Investigator, drafted proposal (status: awarded, $5,000) awarded by the College of Health Solutions, ASU
- University Graduate Fellowship ($750) Spring 2024, awarded by the College of Health Solutions, ASU
- Scholarship to participate the 2023 Summer Graduate Writing Camp ($50), awarded by the Graduate & Professional Student Association (GPSA), ASU

PROFESSIONAL TRAINING AND FIELD EXPERIENCE

- Community Health Worker Field Immersion Experience — Summer 2026
  Community-based organizations and CHW programs, Phoenix, AZ, USA
  Unlimited Potential, Community Bridges, Creighton Community
- Under the Medical Research Council (MRC) UK funded Global Health Nutrition project: Specialist Training in Structural Equation Model Fitting (SEM) of Twin Data using R statistical software conducted by the Kings College London, UK. Instructors: Dr. Helena Zavos and Prof. Fruhling Rijsdijk — 2021 - 2023
- Training in Patients and People Involvement and Engagement (PPIE) in Nutrition Research conducted by the Institute for Research and Development in partnership with Department of Health Promotion, Rajarata University of Sri Lanka and Keele University, UK. — 2021 - 2023
- Internship following Bachelor of Pharmacy program at the National Medicines Regulatory Authority (NMRA) and National Medicines Quality Assurance Laboratory (NMQAL). — Feb - Mar 2020
- Hospital pharmacy placement and in-ward clinical training at Colombo South Teaching Hospital, a tertiary care hospital in Sri Lanka. — 2019 - 2020
- Community pharmacy placement under the State Pharmaceutical Corporation of Sri Lanka. — 2019 - 2020

CERTIFICATIONS

- Coursera course on Introduction to Systematic Review and Meta-Analysis — 2024
  Johns Hopkins University
- Continuous Professional Development Course in Medication Safety — 2023

Department of Pharmacology, Faculty of Medicine, University of Colombo, Sri Lanka

- Asynchronous Course on Principles of Epidemiology — 2023
  Epidemiology and Population Health Summer Institute, Columbia University
- Diploma in Psychology and Counselling — 2022
  Institute of Management and Business Studies, Sri Lanka
- Certificate courses offered by the Stanford International Campus of Business & Technology, Sri Lanka — 2021 - 2022
  - Short Course in Research Methodology (2021)
  - Certificate in SPSS for Data Analysis (2021)
  - Short Course in Academic Writing (2022)
  - Short Course in Structural Equation Modeling with AMOS (2022)
- Certificate Course in Gene Technology at GENETECH Molecular Diagnostics & School of Gene Technology, Colombo 08, Sri Lanka — 2014

PRESENTATIONS & OUTREACH

- Presenter at the Student Research Corner of the College of Health Solutions Homecoming Block Party Booth at the ASU Homecoming in November 2024.
- Presenter at the Awareness Campaign on Heat Related Health Risks for ASU Community at the ASU Memorial Union in August 27, 2024.
- Presenter at the 'Joint Forum on Sharing Practice Research Findings' organized by the Department of Pharmacy and Pharmaceutical Sciences, Faculty of Allied Health Sciences, University of Sri Jayewardenepura in collaboration with the Collaboration of Australians and Sri Lankans for Pharmacy Practice, Education and Research (CASPPER) in November 2022.
- Presenter at the 'INNOVATE Sri Lanka' Innovation & Invention Exhibition 2019, University of Sri Jayewardenepura held from 2nd -3rd April 2019 at the BMICH, Colombo, Sri Lanka. Raising awareness on the 'Importance of pharmacy education for Sri Lanka.'
- Presenter at the 'Vedasa 2018' Medical Exhibition, Faculty of Medical Sciences, University of Sri Jayewardenepura held from 4th-8th December 2018 at the BMICH, Colombo, Sri Lanka.

PROFESSIONAL AFFILIATIONS

- Student Member, Association for Weight and Size Inclusive Medicine (AWSIM) — 2026 - Present
- Student Member, Interdisciplinary Association for Population Health Science (IAPHS) — 2025 - Present
- Member, Weight Inclusive Research and Education (WIRED) Network, Arizona — 2025 - Present
- Member, American Association for Advancement of Science (AAAS) — 2025 - Present
- Student Member, American Public Health Association (APHA) — 2024 - Present
- Student Member, Society of Behavioral Medicine (SBM) — 2024 - 2025
  Health Equity SIG Student Advisory Committee Member, SBM
- Research Affiliate, Institute for Research and Development in Health and Social Sciences (IRD) — 2023 - Present
- Life Member, Sri Lanka Association for Advancement of Science (SLAAS) — 2023 - Present
- Member, Organization for Women in Science for the Developing World (OWSD) — 2021 - Present
- Registered Pharmacist, Sri Lanka Medical Council (SLMC) (Reg. No. 11156) — 2021 - Present

LEADERSHIP & SERVICE

- Secretary, ENS/Population Health Club, College of Health Solutions, ASU — 2025-26
- Assembly Member, Graduate Student Government (GSG), representing the College of Health Solutions, ASU — 2025
- Data Collection Volunteer, Hydration Screening Study at HOLDER Construction Building Site, Mesa, AZ (ASU Athleat Field Lab, under Dr. Floris Wardenaar) — April 2025
- Poster Judge, Interdisciplinary Association for Population Health Science (IAPHS) Conference — September 2025

REVIEW ACTIVITIES

Grant Review

- GPSA Research Grant Reviewer, Arizona State University 2024-25
- GPSA Travel Grant Reviewer, Arizona State University 2023-25
- Grant Reviewer for GPSA Awards, Arizona State University 2023-24
- Volunteer Grant Reviewer, Valley of the Sun United Way, Mighty Change Program (FY 2025–2026) April 2025

Abstract Review

- Abstract Reviewer, Interdisciplinary Association for Population Health Science (IAPHS) Conference 2026 2026
- Abstract Reviewer, Community Health Workers Section, American Public Health Association Annual Meeting and Expo 2025 April 2025
- Reviewer, Public Health Film Festival Program, American Public Health Association Annual Meeting and Expo 2024 June 2024