**Education:**

**Arizona State University**, Tempe, AZ **Expected Graduation: May 2025**

Pursuing Master of Science in Applied Behavior Analysis

**Christopher Newport University**, Newport News, VA **May 2023**

Bachelor of Science in Psychology, Writing and Leadership Studies Minors

**Honors and Awards:**

2023 Christopher Newport University Excellence in Research Award

2023 Serve Virginia Honor Roll

2019-2023 President’s Leadership Program Scholarship ($5000, annually)

2022 Adult Mental Health First Aid Certification

2023 College of Sciences Dean’s List (Spring Semester)

2022 College of Sciences Dean’s List (Fall Semester)

2022 College of Sciences Dean’s List (Spring Semester)

2021 College of Sciences Dean’s List (Fall Semester)

2021 College of Sciences Dean’s List (Spring Semester)

2020 College of Sciences Dean’s List (Fall Semester)

2020 College of Sciences Dean’s List (Spring Semester)

2020 Office of Undergraduate Research and Creative Activity (OURCA)

Research Lens Grant ($1500)

**Research Publications:**

Gibbons, J. A., Lee, S. A., Traversa, M., **Pappalardo, E. A.**, Peterson, E., Rocha, G., Friedmann, E., Harris, K. (Under Review). Coronavirus anxiety flips the emotional world upside down: Some unhealthy variables positively predict the Fading Affect Bias at high coronavirus anxiety levels. *Applied Cognitive Psychology.*

Lee, S. A., Mathis, A. A., Jobe, M C., **Pappalardo, E. A.**, & Neimeyer, R. A. (2023). Screening for dysfunctional COVID-19 grief: A replication and extension. *Bereavement*.

Lee, S. A., Close, S., Eads, D., & **Pappalardo, E. A.** (2022). Coronavirus Anxiety Scale: A clinical screening tool. In C. U. Krägeloh, M. Alyami, & O. N. Medvedev (Eds.), International handbook of behavioral health assessment. Springer Nature.

Breen, L. J., Mancini, V. O., Lee, S. A., **Pappalardo, E. A.,** & Neimeyer, R. A. (2021). Risk factors for dysfunctional grief and functional impairment for all causes of death during the COVID-19 pandemic: The mediating role of meaning. *Death Studies,* 1-10. https://doi.org/10.1080/07481187.2021.1974666

Lee, S. A., Mathis, A. A., Jobe, M. C., & **Pappalardo, E. A.** (2020). Clinically significant fear and anxiety of COVID-19: A psychometric examination of the Coronavirus Anxiety Scale. *Psychiatry Research,* *290*, 113112. https://doi.org/10.1016/j.psychres.2020.113112

**Research Presentations:**

**Pappalardo, E.**, Rocha, G., Peterson, E., Traversa, M., and Gibbons, J. (2023, April). *Video game addiction and unpleasant emotions predict high FAB*. [Poster Presentation]. Paideia Conference, Newport News, VA, United States.

White, E., Buchanan, A., **Pappalardo, E.**, Peterson, E., Rocha, G., Chadwick, L., and Gibbons, J. (2023, April). *The fading affect bias examined in relation to political and non-political events in the 2020 presidential election.* [Poster Presentation]. Paideia Conference, Newport News, VA, United States.

Kron, S., Rocha, G., Peterson, E., **Pappalardo, E.**, Buchanan, A., VanDevender, S., Traversa, M., and Gibbons, J. (2023, April). *Fading affect bias across marijuana and non-marijuana events*. [Poster Presentation]. Paideia Conference, Newport News, VA, United States.

Tucker, J., Kenol, O., Rocha, G., Peterson, E., **Pappalardo, E.**, Traversa, M., Langhorne, K., Buchanan, A., White, E., VanDevender, S., Friedmann, E., Harris, K., Pechie, C., Alam, Z., and Gibbons, J. (2023, April). *How source and priming impact the recognition and believability of media headlines.* [Poster Presentation]. Paideia Conference, Newport News, VA, United States.

**Pappalardo, E.**, Rocha, G., Peterson, E., Traversa M., and Gibbons, J. (2023, April). *High FAB predicted by internet addiction and unpleasant emotions in the context of video games*. [Poster Presentation]. Southeastern Psychological Association (SEPA) Conference, New Orleans, LA, United States.

White, E., Buchanan, A., **Pappalardo, E.**, Peterson, E., Rocha, G., Chadwick, L., and Gibbons, J. (2023, April). *The fading affect bias’s relation to presidential election and non-presidential election events online.* [Poster Presentation]. Southeastern Psychological Association (SEPA) Conference, New Orleans, LA, United States.

Kron, S., Rocha, G., Peterson, E., **Pappalardo, E.**, Buchanan, A., VanDevender, S., Traversa, M., and Gibbons, J. (2023, April). *Fading affect bias across marijuana and non-marijuana events*. [Poster Presentation]. Southeastern Psychological Association (SEPA) Conference, New Orleans, LA, United States.

Tucker, J., Rocha, G., Peterson, E., Traversa, M., **Pappalardo, E.**, Langhorne, K., Buchanan, A., White, E., Kenol, O., VanDevender, S., Friedmann, E., Harris, K., Pechie, C., Alam, Z., and Gibbons, J. (2023, April). *Does priming and sourcing impact the recognition and believability of media headlines?* [Poster Presentation]. Southeastern Psychological Association (SEPA) Conference, New Orleans, LA, United States.

**Pappalardo, E.**, Rocha, G., Peterson, E., Traversa M., and Gibbons, J. (2023, January). *Video games related internet addiction and unpleasant emotions predict high FAB*. [Poster Presentation]. Network for Undergraduate Research in Virginia (NURVa), Newport News, VA, United States.

Kron, S., Rocha, G., Peterson, E., **Pappalardo, E.**, Buchanan, A., VanDevender, S., Traversa, M., and Gibbons, J. (2023, January). *Fading affect bias across marijuana and non-marijuana events*. [Poster Presentation]. Network for Undergraduate Research in Virginia (NURVa), Newport News, VA, United States.

Buchanan, A., Langhorne, K., Traversa, M., White, E., **Pappalardo, E.**, McManus, B., Friedmann, E., Fernandez, L., Rocha, G., Peterson, E., and Gibbons, J. (2023, January). *Relations of the fading affect bias alongside presidential election and non-[residential election events online*. [Poster Presentation]. Network for Undergraduate Research in Virginia (NURVa), Newport News, VA, United States.

Tucker, J., Rocha, G., Peterson, E., Traversa, M., **Pappalardo, E.**, Langhorne, K., Buchanan, A., White, E., Kenol, O., VanDevender, S., Friedmann, E., Harris, K., Pechie, C., Alam, Z., and Gibbons, J. (2023, January). *Does priming and sourcing impact the recognition and believability of media headlines?* [Poster Presentation]. Network for Undergraduate Research in Virginia (NURVa), Newport News, VA, United States.

Buchanan, A., Langhorne, K., Traversa, M., White, E., **Pappalardo, E.**, McManus, B., Friedmann, E., Fernandez, L., Rocha, G., Peterson, E., and Gibbons, J. (2023, January). *The fading affect bias’s relation to presidential election and non-presidential election events online.* [Poster Presentation]. Network for Undergraduate Research in Virginia (NURVa), Newport News, VA, United States.

**Pappalardo, E.**, Rocha, G., Peterson, E., Traversa, M., and Gibbons, J. (2022, November). *High FAB predicted by internet addiction and unpleasant emotions in the context of video games*. [Poster Presentation]. Sigma Xi Undergraduate Research Conference, Newport News, VA, United States.

Buchanan, A., White, E., **Pappalardo, E.**, Rocha, G., VanDevender, S., Pandolfe, F., Pitts R., & Gibbons, J. (2022, November). *Examining the fading affect bias in relation to the 2020 presidential election online*. [Poster Presentation]. Sigma Xi Undergraduate Research Conference, Newport News, VA, United States.

Kron, S., Rocha, G., Peterson, E., **Pappalardo, E.**, Buchanan, A., Vandevender, S., Traversa, M., and Gibbons, J. (2022, November). *The influence of marijuana highness and emotional measures on the fading affect bias* [Poster Presentation]. Sigma Xi Undergraduate Research Conference, Newport News, VA, United States.

**Pappalardo, E.**, Buchanan, A., Rocha, G., VanDevender, S., Pandolfe, F., Pitts, R., & Gibbons, J. (2022, October). *The fading affect bias and the 2020 election’s relation across election and non-election events online*. [Poster Presentation]. Mid-Atlantic Regional Conference of Undergraduate Scholarship, Lynchburg, VA, United States.

Rocha, G., **Pappalardo, E.**, Peterson, E., Traversa, M., Garner, K., Pandolfe, F., & Gibbons, J. (2022, March). *Does internet addiction and event type combine to predict the FAB in the context of video games?* [Poster Presentation]. Southeastern Psychological Association (SEPA) Conference, Hilton Head, SC, United States.

Harris, K., Pitts, R., Pandolfe, F., Chadwick, L., **Pappalardo, E.**, Peterson E., Rocha, G., Traversa, M., Friedmann, E., & Gibbons, J. (2022, March). *Coronavirus anxiety scale ratings across time and political affiliation.* [Poster Presentation]. Southeastern Psychological Association (SEPA) Conference, Hilton Head, SC, United States.

Traversa, M., Danilowicz, A., Peterson, E., Close, S., Chadwick, L., Garner, K., Tucker, J., Ward, W., Langhorne, K., **Pappalardo, E.**, Friedmann, E., Pitts, R., Rocha, G., Harris, K., Kron, S., & Gibbons, J. (2022, March). *Contradictory findings regarding memory specificity and the FAB.* [Poster Presentation]. Southeastern Psychological Association (SEPA) Conference, Hilton Head, SC, United States.

Langhorne, K., Friedmann, E., Harris, K., Traversa, M., Rocha, G., Tucker, J., Peterson, E., Pitts, R., **Pappalardo, E.**, & Gibbons, J. (2022, March). *The presidential election and the fading affect bias. What are its predictors?* [Poster Presentation]. Southeastern Psychological Association (SEPA) Conference, Hilton Head, SC, United States.

Tucker, J., Friedmann, E., Peterson, E., Rocha, G., Close, S., Lanrhorne, K., Harris, K., Nolan, M., **Pappalardo, E.**, Pechie, C., & Gibbons, J. (2022, March). *Is the believability and recognition of believable and unbelievable media headlines affected by source and priming?* [Poster Presentation]. Southeastern Psychological Association (SEPA) Conference, Hilton Head, SC, United States.

**Pappalardo, E.,** Harris, K., Pitts, R., Pandolfe, F., Chadwick, L., Friedmann E., & Gibbons, J. (2021, November). *CAS ratings across blue and non-blue states during the coronavirus pandemic.* [Poster Presentation]. Sigma Xi Undergraduate Research Conference, Newport News, VA, United States.

Traversa, M., Mazzello, E., Peterson, E., Chadwick, L., Garner, K., Close, S., Langhorne, K., Danliowicz, A., **Pappalardo, E.**, & Gibbons, J. (2021, November). *Is the fading affect bias predicted by critical lures in memory?* [Poster Presentation]. Sigma Xi Undergraduate Research Conference, Newport News, VA, United States.

**Pappalardo, E. A.,** Sherman A. Lee, Summer B. Bledsoe, Scott Fiedor, & Kyan L. HoSang (2021, May). *“I can’t believe she’s gone!” psychological correlates of grief due to a COVID-19 loss.* Poster session presented virtually at the Association for Psychological Science Convention.

**Pappalardo, E. A.** (2020, October). *Effects of COVID-19 on college students: A literature review*. Poster session presented virtually at the Mid-Atlantic Regional Conference of Undergraduate Scholarship, Lynchburg, VA.

Fiedor, S., **Pappalardo, E. A.,** & Gordon, M. P. (2020, April). *Correlates between neuroticism and themes of death anxiety.* Poster session virtually presented at the L. Starling Reid Undergraduate Psychology Conference, Charlottesville, VA.

Jobe, M. C.,Mathis, A. A., **Pappalardo, E. A.,** Fiedor, S., Ahenkorah, L., Gordon, M. P., Duston, H., Ramkey, N., & Moore, N. (2020, April). *Losing a pet dog: Psychiatric symptoms and their relation to functional impairment in bereaved pet owners.* Poster session presented virtually at the L. Starling Reid Undergraduate Psychology Conference, Charlottesville, VA.

**Research Experience:**

**2021-2023 Memory and Cognition Research Lab Assistant**

* Research Assistant (RA) for a year and a half
* Ran 6 studies, including Video Games FAB, Media Headlines, Presidential Election FAB Online, Presidential Election FAB In-Person, Marijuana FAB, and COVID FAB
* Managed 1 online lab though Amazon MTurk and Qualtrics
* Created a Sex FAB study and applied for IRB approval with other members in the lab
* Wrote and edited papers alongside co-authors that were published
* Helped clean data in studies, including DRM Study, Media Headlines Study, Media Headlines, Presidential Election FAB Online, Presidential Election FAB In-Person, and Video Games FAB Study
* Created posters and presented at conferences
* Applied for and received funding for lab travel and studies

               Faculty Advisor: Jeffrey Gibbons, Ph.D.

1. **The Coronavirus Anxiety Project Researcher**

* Helped create the Coronavirus Anxiety Scale
* Conducted research, ran online studies, and collected and cleaned data to form into a measurable scale for health professionals
* Recruited, interviewed, and trained new research assistants to help with the project
* Called medical health professionals to share our scale and research

Faculty Advisor: Sherman A. Lee, PhD.

**2019-2021 Emotion and Personality Research Lab Assistant**

* Ran 3 studies, including COVID-19 Anxiety, COVID-19 Grief, and Mass Shooting
* Managed 18 online labs through Amazon MTurk and Survey Monkey
* Wrote and edited papers that were published in journals and a textbook with co-authors
* Trained and managed new lab research assistants
* Created posters and presented at conferences

               Faculty Advisor: Sherman A. Lee, Ph.D.

**2020           Summer Project Researcher**

* Applied and received the Research Lens Grant ($1500) to continue to conduct research on the Coronavirus Anxiety Project over the summer
* The research pertained to creating an accurate, accessible scale for health professionals to measure patients’ anxiety surrounding COVID-19.
* Researched anxiety and COVID-19
* Ran online surveys
* Created a poster to present at a conference
* Wrote papers along with other co-authors

               Faculty Advisor: Sherman A. Lee, Ph.D.

**Work Experience:**

2023-Present **Mind Body Connection, Inc.**

*Clinical Coordinator*

* Calls clients to schedule and organize appointments and maintain the practice’s online database
* Attends weekly meetings covering the week’s appointments and debriefs the needs of the clients

2020-Present **Etsy**

*Online Retail Shop Owner*

* Develops and maintains an online retail venue
* Creates storefront, develops, and creates products, maintains inventory, manages marketing and advertising of shop

2022-2023 **CNU Writing Center**, Christopher Newport University

*Writing Tutor*

* Help CNU students with writing needs and concerns through in-person and asynchronous appointments
* Passed a semester-long course dedicated to learning how to be an effective writing consultant

2021-2023 **CNU Athletics**, Christopher Newport University

*Video Production Assistant*

* Film CNU sports games that are being streamed live
* Set up and break down equipment before and after sports games

May 2022-July 2022 **PATH Foundation**

*Intern*

* Took on responsibilities at the Fauquier Community Theatre, including planning community events, operated video and sound effects during performances, and organizing auditions
* Hosted a children’s camp that ended in a full production of Willy Wonka Jr.

2020-2021 **Math Tutor**

*Private Tutor*

* Provides private math tutoring services teaching children in grades K-12 develop math skills
* Tutors in person or online and provides weekly math lessons

2018-2020 **Mathnasium**

*Math Tutor*

* Provided math tutoring services teaching kids in grades K-12 develop math skills through homework lessons and tutorials
* Participated in preparatory training of the Mathnasium customized curriculum

2019 **Shape, Inc.**

*Intern*

* Met with clients, attended meetings, and made samples with the interior design team
* Was trained by designers and learned AutoCAD

**Relevant Skills:**

* Amazon MTurk
* SurveyMonkey
* Google Forms
* SPSS
* Qualtrics
* SONA Management
* CITI Training Certified
* PC/Mac Competent
* Data Cleaning
* Literature Review

**University Involvement:**

2020-2023 President’s Leadership Program (PLP)

2022-2023 Virginia Peninsula Food Bank

2021-2023 American Red Cross Club

2019-2023 Women’s Club Volleyball, President

2019-2022 Family Focus CNU Volunteer Site

**Professional Affiliations:**

Association for Psychological Science, Student Affiliate

Southeastern Psychological Association, Student Affiliate