Mengya Xia

T. Denny Sanford School of Social and Family Dynamics, Arizona State University
PO Box 877203, Tempe, AZ 85287
mengya.xia@asu.edu | https://mengyaxia.wixsite.com/dreamslab

Education

Ph.D., Human Development and Family Studies 2019
The Pennsylvania State University, University Park, PA
M.Ed., General Psychology 2012
Wuhan University, Wuhan, China
B.S., Psychology & B.E., Computer Science and Technology 2010
Wuhan University, Wuhan, China

Employment

Associate Professor, T. Denny Sanford School of Social and Family Dynamics 2026 – Present
Arizona State University, Tempe, AZ
Assistant Professor, T. Denny Sanford School of Social and Family Dynamics 2023 – 2026
Arizona State University, Tempe, AZ
Affiliated Faculty, Center for Child and Family Success/Youth & Society 2026 – Present
Arizona State University, Tempe, AZ
Affiliated Faculty, ASU REACH Institute 2024 – Present
Arizona State University, Tempe, AZ
Assistant Professor, Department of Psychology 2019 – 2023
The University of Alabama, Tuscaloosa, AL
Senior Affiliate Faculty, Center for Youth Development and Intervention 2022 – 2023
The University of Alabama, Tuscaloosa, AL

Research Interests

- Family system dynamics and adolescent development
- Individual, interpersonal, and contextual assets for individual positive development and well-being
- Applying advanced methods for complex systems, dynamic processes, and interventions (e.g., mixture modeling, time-varying effect modeling, dynamical systems modeling)

Honors and Awards

Peer Mentorship Award of the Sanford School 2025
Arizona State University
Disability Access and Inclusion Award 2024
Arizona State University
Scholar Mentor in the International Young Scholars Program (IYSP) 2024
The Society for Research on Adolescence
Early Career Research Award 2023
The Society for Research on Adolescence
Editorial Fellowship 2023
Journal of Family Psychology
Outstanding Mentorship of Undergraduate Students in Research 2022
The University of Alabama
The Early Career Preventionists Network Travel Award 2019

The Society for Prevention Research	
Graduate Student Travel Awards	2019
The Society for Research on Child Development	
Emerging Scholar Spotlight	2018
The Society for Research on Adolescence	
Poster Contest Honorable Mention	2018
The Society for Prevention Research	
Prevention and Methodology Training (PAMT) Fellowship	2016 – 2018
The Pennsylvania State University	
William P. Douglas and Joyce Hodgins Douglas Research Endowment	2016
The Pennsylvania State University	
Honors Master Thesis	2012
Wuhan University	
Hu Qiuyuan & Jing Xiaoru Scholarship	2011
Wuhan University	
Graduate Student Scholarship	2011
Wuhan University	
Graduate Fellowship	2010
Wuhan University	
Excellent Individual in Social Practice	2008
Wuhan University	
Outstanding Scholarship	2007
Wuhan University	
The Scholarship for Freshmen	2006
Wuhan University	

Peer Reviewed Manuscripts (N=51)

Note: Each following peer-reviewed research article is formatted as: Full citation [Percentage of my contribution; 5-Year journal impact factor from Web of Science Journal Info].
†Denotes co-first authorship
**Denotes an undergraduate student mentee*
***Denotes a graduate student mentee*
****Denotes a postdoctoral mentee*

51. †**Jin, Y., & †**Xia, M.** (2026 online first). Daily and Family Profiles of Adolescent-Mother-Father Perceived Interparental Interactions and Sleep Health: A Multi-Reporter Multilevel Study. *Child Development*. https://doi.org/10.1093/chidev/aacag168 [50%; IF=4.9]
50. **Liu, Y., & **Xia, M.** (2026 online first). Identifying Parent-Sibling Socialization Profiles and Their Prospective Associations with Adolescents' Interpersonal Competence. *Journal of Family Psychology.* https://doi.org/10.1037/fam0001543 [40%; IF=3.3]
49. Xie, S., **Xia, M.**, Chen, S., He, M., Yin, H., & Chi, X. (2026). Movement Behavior and Emotion Regulation in Young Children: A Daily Diary Study. *Infant and Child Development, 35*(4), e70122. https://doi.org/10.1002/icd.70122 [35%; IF=3.0]
48. **Xia, M.** (2026). Development and Validation of the Feeling Loved Scale (FLS): Felt Love From a Specific Close Other and Its Relevance for Well-Being. *Journal of Happiness Studies, 27*, 68. https://doi.org/10.1007/s10902-026-01052-0 [100%; IF=4.7]
47. ***Zhang, Y, & **Xia, M.** (2026). Daily Stress and Adolescent Emotional Well-being: Protective Roles of Sport Experience and Sleep Quality. *Journal of Research on Adolescence, 36*(1), e70139.

https://doi.org/10.1111/jora.70139 [45%; IF=4.6]

46. ***Nelson, C. M., **Xia, M.**, & Hudac, C. M. (2025). Influence of daily experiences on ERP correlates of face perception of ones' romantic partner. *Social Neuroscience, 20*(4), 219-228. https://doi.org/10.1080/17470919.2025.2595019 [20%; IF=2.1]
45. ***Nelson, C. M., **Revilla, R., **Friedman, N. R., **Xia, M.**, & Hudac, C. M. (2025). Feeling Left Out in the Lunchroom: Neural Mechanisms of Ostracism Vary Across Adolescence. *Developmental Cognitive Neuroscience, 75*, 101607. https://doi.org/10.1016/j.dcn.2025.101607 [10%; IF=5.6]
44. **Lin, S., **Xia, M.**, & Allen, R. (2025 online first). Intra-Individual Cognitive Variability Predicted Longitudinal Neurocognitive and Functional Decline. *The Clinical Neuropsychologist*. https://doi.org/10.1080/13854046.2025.2541661 [30%; IF=3.6]
43. **Xia, M.**, **Chen, X., & Chi, X. (2025). The Time-Varying Role of Family Climate on Adolescent School Adjustment From 4th Grade to 12th Grade. *Journal of Youth and Adolescence, 54*, 2751-2764. https://doi.org/10.1007/s10964-025-02219-3 [90%; IF=5.5]
42. Xie, S., Chen, S., **Xia, M.**, He, M., Chen, X, Yin, H. & Chi, X. (2025). Investigating the interplay among family climate, mother-child relationship, and young children's psychosocial functioning: Integrating large-scale surveys with daily diary design. *Translational Issues in Psychological Science, 11*(4), 491-503. https://doi.org/10.1037/tps0000464 [25%; IF=2.2]
41. **Odom, K. R., **Xia, M.**, & **Gautam, P. (2025 online first). From an Asset-Based Approach: Prospective Associations of Strength-Based Parenting, Gratitude, and Adolescent Friendship Quality. *Applied Developmental Science*. https://doi.org/10.1080/10888691.2025.2505132 [50%; IF=3.6]
40. **Gautam, P., **Xia, M.**, & **Odom, K. (2025). "The Channeling Effect" of Parent-Adolescent Relationship Quality: Associations of Parental Emotion Socialization, Social Competence, and Adolescent Well-being. *Journal of Research on Adolescence, 35*(2), e70022. https://doi.org/10.1111/jora.70022 [45%; IF=4.6]
39. **Chen, L., & **Xia, M.** (2025). Adolescent Psychological Adaptation: The Impact of Daily Levels and Instability in Psychological Need Satisfaction and Frustration. *Journal of Adolescence, 97*, 1272-1283. https://doi.org/10.1002/jad.12495 [40%; IF=4.5]
38. †**Peng, Y., †**Xia, M.**, & Chi, X. (2024). Age-Varying Associations of Parent-Adolescent Relationship and School Connectedness With Adolescent Self-Compassion: Differences by Gender. *Journal of Adolescence, 96*, 1767-1780. https://doi.org/10.1002/jad.12378 [45%; IF=4.0]
37. ***Nelson, C. M., O'Reilly, C., **Xia, M.**, & Hudac, C. M. (2024). Coupling up: A dynamic investigation of romantic partners' neurobiological states during nonverbal connection. *Behavioral Sciences, 14*(12), 1133. https://doi.org/10.3390/bs14121133 [10%; IF=2.7]
36. **Xia, M.**, Coffey, J. K. & Fosco, G. M. (2024). Daily Dynamics of Feeling Loved by Parents and Their Prospective Implications for Adolescent Flourishing. *Developmental Science, 27*(6), 1-12. https://doi.org/10.1111/desc.13495 [85%; IF=4.1]
35. Wang, E., **Xia, M.**, Qu, D., Zhang, J., Liang, K., Xiao, J. & Chi, X. (2024). The Effect of Prototypical Family Functioning Trajectories on Junior High School Students' Internet Addiction: The Mediating Role of Resilience. *Psychological Development and Education, 40*(6), 853-864. https://doi.org/10.16187/j.cnki.issn1001-4918.2024.06.10 (In Chinese) [20%; IF=N/A in Chinese Journal]
34. **Chen, Y., **Xia, M.**, & *Dunne, S. C. (2024). Romantic love is not only "romantic": A grounded theory of love in romantic relationships. *Journal of Psychology*, *158*(1), 64-83. https://doi.org/10.1080/00223980.2024.2305442 [45%; IF=3.5]
33. Le, Y., **Xia, M.**, Roddy, M. K., Hatch, S. G., & Doss, B. D. (2024). Profiles of low-income help-seeking couples and implications for intervention gains: A couple-centered approach. *Behavior Therapy, 55*, 443-456. https://doi.org/10.1016/j.beth.2023.08.002 [35%; IF=4.1]
32. **Held, L., Gilpin, A. T., & **Xia, M.** (2024). Investigating the skills of a preschool leader: A latent profile analysis. *Social Development*, 33, e12716. https://doi.org/10.1111/sode.12716 [30%; IF=2.2]
31. **Ewing, E., **Xia, M.**, & Gunn, H. (2024). Affiliative Parent−Adolescent Bedtime and Waketime Interactions are

Associated with Adolescent Sleep. *Behavioral Sleep Medicine*, 22(2), 168-178. https://doi.org/10.1080/15402002.2023.2217970 [35%; IF=2.9]

30. **Xia, M.**, **Chen, Y., & *Dunne, S. C. (2024). What makes people feel loved? An exploratory study on core elements of love in family, romantic, and friend relationships. *Family Process 63*(3), 1304-1318. https://doi.org/10.1111/FAMP.12873 [90%; IF=3.3]
29. **Xia, M.** & Hudac, C. M. (2023). Social Connection Constellations and Individual Well-Being Typologies: Using the Loglinear Modeling Approach with Latent Variables. *Journal of Happiness Studies, 24*, 1991-2012. https://doi.org/10.1007/s10902-023-00667-x [95%; IF=4.5]
28. Xu, X., **Xia, M.**, Chen, Q., & Pang, W. (2023). Mastery approach goals mediate the relationship between authenticity and academic cheating: Evidence from cross-sectional and two-wave longitudinal studies. *Psychology Research and Behavior Management*, 2023:16, 4697-4708. https://doi.org/10.2147/PRBM.S435014 [35%; IF=3.5]
27. Arbel, R., **Xia, M.**, **Ben-Yehuda, M., **Shnaider, S., **Benari, B., & Benita, M. (2023). 'Prosociality' in Daily School Life and Early Adolescents' Peer Aggression: A Multilevel Latent Profile Analysis Approach. *Research on Child and Adolescent Psychopathology, 51*, 1371-1387. https://doi.org/10.1007/s10802-023-01079-4 [35%; IF=3.0]
26. Xu, X., **Xia, M.**, & Pang, W. (2023). Do authentic people generate more creative solutions to help others? The mediating role of dispositional and situational perspective-taking. *Thinking Skills and Creativity, 48*, 101254. https://doi.org/10.1016/j.tsc.2023.101254 [35%; IF=4.1]
25. **Xia, M.**, & Xu, X. (2023). Does Authenticity Always Breed Mental Health? A Cross-Cultural Comparison Between the United State and China. *Asian Journal of Social Psychology, 25*(1), 132-145. https://doi.org/10.1111/AJSP.12549 [90%; IF=2.1]
24. Wang, Y., **Xia, M.**, Guo, W., Xu, F., & Zhao, Y. (2023). Academic performance under COVID-19: the role of online learning readiness and emotional competence. *Current Psychology, 42*, 30562-30575. https://doi.org/10.1007/s12144-022-02699-7 [40%; IF=2.6]
23. †Xu, X., †**Xia, M.**, & Pang, W. (2023). Do all roads lead to Rome? Authenticity, openness to experience, and risk taking relate to general and malevolent creativity differently. *Current Psychology*, 42, 13424-13431. https://doi.org/10.1007/s12144-021-02567-w [45%; IF=2.6]

Tenure-Track Assistant Professor Position at Arizona State University began in 2023.

22. **Xia, M**. (2022). Different Families, Diverse Strengths: Long-Term Implications of Early Childhood Family Processes on Adolescent Positive Functioning. *Developmental Psychology, 58*(10), 1863-1874. https://doi.org/10.1037/dev0001401 [100%; IF=4.2]
21. Coffey, J. K., **Xia, M.**, & Fosco, G. M. (2022). When Do Adolescents Feel Loved? A Daily Within-Person Study of Parent-Adolescent Relations. *Emotion, 22*(2), 861-873. http://dx.doi.org/10.1037/emo0000767 [35%; IF=4.5]
20. **Xia, M.**, Fosco, G. M., Bray, B. C., & Grych, J. H. (2022). Constellations of Family Closeness and Adolescent Friendship Quality. *Family Relations, 71*(2), 644-659. https://doi.org/10.1111/fare.12606 [70%; IF=2.2]
19. **Xia, M.**, Bray, B. C., & Fosco, G. M. (2022). Triadic Family Structures and Their Day-to-Day Dynamics From an Adolescent Perspective: A Multilevel Latent Profile Analysis. *Family Process, 61*(3), 1341-1357. https://doi.org/10.1111/FAMP.12722 [70%; IF=3.3]
18. **Xia, M.**, Lv, H., & Xu, X. (2022). Validating the Chinese Version Authenticity Scale: Psychometrics in College and Community Samples. *Current Psychology, 41*, 7301-7313. https://doi.org/10.1007/s12144-020-01326-7 [90%; IF=2.6]
17. Cundiff, J. M., Duggan, K. A., **Xia, M.**, & Matthews, K. A. (2021). Prospective Associations of Parenting and Childhood Maltreatment with Personality in Adolescent Males. *Journal of Research on Adolescence, 31*(2), 417-434. https://doi.org/10.1111/jora.12613 [15%; IF=3.9]
16. Xu, X., **Xia, M.**, & Pang, W. (2021). Family socioeconomic status and Chinese high school students' test

anxiety: Serial mediating role of parental psychological control, learning resources, and student academic self-efficacy. *Scandinavian Journal of Psychology, 62*(5), 689-698. https://doi.org/10.1111/sjop.12750 [35%; IF=2.5]

15. McCauley, D. M., Sloan, C. J., **Xia, M.**, & Fosco, G. M. (2021). Same Family, Divergent Realities: How Triangulation Preserves Parents' Illusory Harmony while Adolescents Navigate Interparental Conflicts. *Journal of Family Psychology, 35*(2), 128-137. https://doi.org/10.1037/fam0000785 [15%; IF=2.9]
14. †Xu, X., †**Xia, M.**, Zhao, J., & Pang, W. (2021). Be real, open, and creative: How openness to experience and to change mediate the authenticity-creativity association. *Thinking Skills and Creativity, 41*, 100857. https://doi.org/10.1016/j.tsc.2021.100857 [45%; IF=4.1]
13. Xu, X., Zhao, J., **Xia, M.**, & Pang, W. (2021). I Can, but I Won't: Authentic People Generate More Malevolently Creative ideas, but are Less Likely to Implement Them in Daily Life. *Personality and Individual Differences, 170*, 110431. https://doi.org/10.1016/j.paid.2020.110431 [20%; IF=3.6]
12. Hart, W., **Kinrade, C., **Xia, M.**, & **Lambert, J. T. (2021). The Positive-Passion Hypothesis: Grandiose but not Vulnerable Narcissism Relates to High-Approach Positive Affect Following Provocation. *Personality and Individual Difference, 180*, 11098302. https://doi.org/10.1016/j.paid.2021.110983 [20%; IF=3.6]
11. White, S. W., **Xia, M.**, & *Edwards, G. (2021). Race, gender, and scholarly impact: Disparities for women and faculty of color in clinical psychology. *The Journal of Clinical Psychology, 77*, 78-89. https://doi.org/10.1002/jclp.23029 [40%; IF=3.3]
10. Xu, X., Pang, W., & **Xia, M.** (2021). Are emotionally intelligent people happier? A meta-analysis of the relationship between emotional intelligence and subjective well-being using Chinese samples. *Asian Journal of Social Psychology, 24*(4), 477-498. https://doi.org/10.1111/ajsp.12445 [20%; IF=2.1]
9. **Xia, M.**, Weymouth, B., Bray, B. C., Lippold, M. A., Feinberg, M. E., & Fosco, G. M. (2020). Exploring Triadic Family Relationship Profiles and Their Implications for Adolescents' Early Substance Initiation. *Prevention Science, 21*, 519-529. https://doi.org/10.1007/s11121-019-01081-7 [60%; IF=3.6]
8. Lydon-Staley, D. M., **Xia, M.**, Mak, H. W., & Fosco, G. M. (2019). Adolescent Emotion Network Dynamics in Daily Life and Implications for Depression. *Journal of Abnormal Child Psychology, 47*(4), 717-729. https://doi.org/10.1007/s10802-018-0474-y [20%; IF=3.0]

Tenure-Track Assistant Professor Position at University of Alabama began in 2019.

7. **Xia, M.**, Fosco, G. M., Lippold, M. A., & Feinberg, M. E. (2018). A Developmental Perspective on Young Adult Romantic Relationships: Examining Family and Individual Factors in Adolescence. *Journal of Youth and Adolescence, 47*(7), 1499-1516. https://doi.org/10.1007/s10964-018-0815-8 [60%; IF=5.3]
6. Feinberg, M. E., **Xia, M.**, Fosco, G. M., Heyman, R. E., & Chow, S. (2017). Dynamical Systems Modeling of Couple Interaction: A New Method for Assessing Intervention Impact Across the Transition to Parenthood. *Prevention Science, 18*(8), 887-898. https://doi.org/10.1007/s11121-017-0803-3 [40%; IF=3.6]
5. Fosco, G. M., Van Ryzin, M., **Xia, M.**, & Feinberg, M. E. (2016). Trajectories of Adolescent Hostile-Aggressive Behavior and Family Climate: Longitudinal Implications for Young Adult Romantic Relationship Competence. *Developmental Psychology, 52*(7), 1139-1150. https://doi.org/10.1037/dev0000135 [10%; IF=4.2]
4. **Xia, M.**, Fosco, G. M., & Feinberg, M. E. (2016). Examining Reciprocal Influences Among Family Climate, School Attachment, and Academic Self-Regulation: Implications for School Success. *Journal of Family Psychology, 30*(4), 442-452. https://doi.org/10.1037/fam0000141 [60%; IF=2.9]
3. Kaufman, E., **Xia, M.**, Fosco, G. M., Yaptangco, M., Skidmore, C. R. & Cowell, S. E. (2016). The Difficulties in Emotion Regulation Scale Short Form (DERS-SF): Validation and Replication in Adolescent and Adult Samples. *Journal of Psychopathology and Behavioral Assessment, 38*(3), 443-455. http://dx.doi.org/10.1007/s10862-015-9529-3 [40%; IF=2.0]
2. Fosco, G. M., **Xia, M.**, Lynn, M. G., & Grych, J. H. (2016). Triangulation and Parent-Adolescent Relationships: Implications for Adolescent Dating Competence and Abuse. *Journal of Research on Adolescence, 26*(3), 524-

537. https://doi.org/10.1111/jora.12210 [40%; IF=3.9]
1. Zhang, C., & **Xia, M.** (2012). Psychological Theory Research on the Causes of Suicide. *Theory Monthly, 12*, 163-167. (In Chinese) [40%; IF=N/A in Chinese Journal]

Under Review

1. ***Zhang, Y., & **Xia, M.** (Revise and Resubmit). A Daily Diary Study on Adolescent-Pet Interactions and Adolescent Positive Well-Being.
2. **Liu, Y., **Jin, Y., & **Xia, M.** (Under Review). Family Constellations of Emotional Functioning and Adolescent Internalizing Symptoms: Longitudinal Pathways Through Differentiation of Self.
3. **Xia, M.** & ***Zhang, Y. (In Press). Validating the Feeling of Being Loved Scale: Measuring Love as a General Feeling. *Love and Relationship Studies Around the World Volume 1*.
4. **Peng, M., & **Xia, M.** (Revise and Resubmit). Adolescent Authenticity as a Mediator Between Parental Autonomy Support and Mental Health: Adolescent, Parent, and Their Discrepant Perceptions.
5. **Xia, M.** & Lou, W. (Under Review). Contemporary and Gendered Conceptualizations of Love: A Natural Language Processing (NLP)-Based Network Analysis.
6. ***Zhang, Y, ***Molesy, M. A., & **Xia, M.** (Revise and Resubmit). Associations Between Parental Emotion Socialization and Cameroonian Adolescents' Openness: Mother- and Father-Adolescent Relationship Quality as Moderator.
7. Xu, X., **Xia, M.**, Hicks, J. A., Wang, X., Chen, Q., Guo, J., Luo, J., & Pang, W. (Under Review). Authenticity is associated with creative ideation through elevated flow experience: Evidence from cross-sectional and experimental studies.
8. Jiang, L.**, Jamil, B.**, **Xia, M.**, & Su, J. (Under Review). Daily Stress and Sleep among Latinx College Students: Examining the Promotive and Buffering Role of Family and Friend Support.
9. **Xia, M.,** ***Zhang, Y., & **Jin, Y. (Under Review). Being Real, Feeling Close: Daily Bidirectional Associations Between Adolescent Authenticity and Positive Interactions with Family and Friends.

Selected Manuscript in Preparation

1. **Jin, Y., & **Xia, M.** (In prep). The Interplay of Gratitude in Parent-Adolescent Dyads in the Context of Positive Family Processes. [Full manuscript drafted]
2. **Xia, M.,** **Liu, Y., ***Zhang, Y., **Jin Y., & **Peng, M. (In prep). Dynamics of Parent-Adolescent Relationships and Adolescent Emotions: Multi-Informant Daily Diary on Mother- and Father-Adolescent Interactions. [Analysis finalized]
3. **Xia, M.** (In prep). Long-Term Implications of Early Parent Involvement and Emotionality on Adolescent Competencies and Adjustment: A 15-Years Longitudinal Mediation Study. [Analysis finalized]
4. Xu, X., & **Xia, M.** (In prep). Profiles of achievement-oriented psychological control, student academic self-efficacy, teacher support, and their relation to student learning adaptation. [Analysis finalized]
5. **Liu, Y., & **Xia, M.** (In prep). Level and lability: Daily stress and subjective well-being in relation to adolescent purpose in life. [Methods and results drafted]
6. ***Zhang, Y, & **Xia, M.** (In prep). Adolescent Mental Health: The Impact of Daily Levels and Instability of Sleep Duration and Quality. [Analysis finalizing]
7. **Peng, M., **Liu, Y., ***Zhang, Y. **Jin., Y., **Zhang, Y., Xiao, Y. & **Xia, M.** (In Prep). Bidirectional Temporal Relations Between Time Spent on Social Interaction and Adolescents' Emotional Well-Being. [Analysis finalized]
8. **Jin, Y., **Liu, Y., & **Xia, M.** (In Prep). Adolescents' Differentiation of Self Mediates the Link Between Their Family Expressiveness and Emotion Regulation. [Analysis finalized]

Book Chapters and Other Publications (N=1)

1. **Xia, M.**, **Chen, Y., & Chi, X. (2025). Are the core elements of love in family, romantic, and friend

relationships consistent across cultures? A mixed-methods comparison between Chinese and US samples. In C-H. Mayer & E. Vanderheiden (Eds.) *International Handbook of Love (2nd edition): Transcultural and Transdisciplinary Perspective* (pp. 315-333). Springer, Cham. https://doi.org/10.1007/978-3-031-94512-0_65

Grants (N=8 awarded)

Awarded

After joining ASU

8. Institute for Social Science Research (PI: Xia) 4/23/25-4/22/26
"Bidirectional Association Between Technology and Digital Media (TDM) Use and Mental Health in First-Generation College Students: A Multi-Method Approach"
Role: PI (100%) $8,000

7. National Science Foundation (NSF), BCS-2444365 (PI: McDonald) 5/1/25-4/30/28
"Peer Influence on Anger Regulation in Adolescence"
Role: Consultant $543,299

6. National Institutes of Health (NIH), R01 HD107593 (PI: Xia) 9/1/23-5/31/28
"Reciprocity of Social Connection and Well-Being: Convergence of Temporal and Neural Underpinnings of Adolescent Social Connection Quality, Quantity, and Need"
Role: PI (100%) $3,237,688

Before joining ASU

5. College Academy for Research, Scholarship and Creative Activity (CARSCA) (PI: Xia) 1/1/22-12/31/22
"Measuring Love: Development and Preliminary Validation of Perceived Love Scale"
Role: PI (100%) $5,555

4. National Institutes of Health (NIH), R15 HD105153 (PI: Gunn) 9/8/21-8/31/24
"Socioecological Approach to School Start Times and Sleep Health Disparities in Underrepresented Youth"
Role: Co-I (25%) $430,184

3. Office for Research Development (ORED) Small Grant Program (PI: Xia) 1/1/21-12/31/22
"Family Dynamics and Adolescent Well-Being in Diverse Populations"
Role: PI (100%) $12,000

2. National Institutes of Health (NIH), R15 MH124041 (PI: Xia; previous PI: Hudac) 9/7/20-8/15/23
"Evaluation of the Underlying Structure of Adolescent Social Attention"
Role: Co-I (year 1-2; 10%); PI (year 3; 100%) $430,515

1. East China Normal University, 2019ECNU-HWFW022 (PI: Xu) 4/12/19-4/12/22
"Grade-Oriented Parental Psychological Control and High School Students' Academic Outcomes: Gender Differences and Protective Factors"
Role: Collaborator ¥40,000 (~$5,600)

Pending

1. Social Sciences and Humanities Research (SSHRC) (PI: Zheng)
"Parental socialization and adolescent development in Asian Canadian families in the context of rising anti-Asian racism"
Role: Collaborator CA$400,000 ($288,000)

Submitted but Not Funded

After joining ASU

17. National Institutes of Health (NIH) (PI: Xia)
"Beyond Screen Time: Multidimensional Assessments of Social Media Use and Bidirectional Associations with Mental Health"
Role: PI $3,803,696

16. Spencer Foundation The Small Research Grants on Education Program (PI: Zhang)
"Supporting the Educational Success of the First Generation College Student"
Role: Co-I $50,000

15. National Institutes of Health (NIH) (PI: Gewirtz)
"REACH Institute Coordinating Center"
Role: Co-I $10,985,746

14. The Huo Family Foundation (PI: Xia)
"Digitally Mediated Social Interactions (DMSI) and Mental Health: A Multi-Method Approach Integrating Passive Sensing, EMA, Longitudinal Designs, and Physiological Assessments"
Role: PI $1,560,000

13. Society for Research in Child Development (SRCD) Small Grants Program for Early Career Scholars (PI: Zhang)
"Promoting the Healthy Transition of First-Generation College Students: A Pilot Study"
Role: Co-I $7,500

12. National Institutes of Justice (NIJ) (PI: Lindstrom Johnson)
"Identifying Best Practices for School Resource Officers to Promote Safety" (Not Funded)
Role: Co-I $2,500,000

Before joining ASU

11. National Institutes of Health (NIH) (MPI: Hudac, Xia)
"Love as a Dyadic, Dynamic, Interactive Process: A Necessary Consideration for Wellness in Emerging Adulthood" (Not Funded)
Role: PI $409,750

10. National Institutes of Health (NIH) (MPI: White, Kana)
"Emotion Reactivity as a Neurocognitive Mechanism Underlying Mental Health in Autistic Adolescents and Adults" (Not Funded)
Role: Co-I $3,686,683

9. National Institutes of Health (NIH) (PI: Glenn)
"Effectiveness of Group Parent Training Online: Implementation in High-Risk Communities with Stakeholder Input" (Not Funded)
Role: Co-I $655,815

8. James S. McDonnell Foundation (JSMF) (MPI: Hudac, Xia)
"Brain "coupling": Dynamics of perceived love and partner behaviors" (Not Funded)
Role: PI $429,213

7. Society for Research in Child Development (SRCD) Small Grants Program for Early Career Scholars (PI: Xia)
"Family Dynamics and Adolescent Well-Being: A Cross-Cultural Comparison" (Not Funded)
Role: PI $7,500

6. John Templeton Foundation (JTF) (PI: Xia)
"Conceptualizing Love as a Dynamic Process: Measurement Development, Cross-Culture Validation, and Convergence with Biomarkers" (Not Funded)
Role: PI $234,800

5. National Institutes of Health (NIH) (PI: White)
"UA ALACRITY Center: Accelerating Implementation of Evidence-Based Intervention in Schools" (Not

Funded)
Role: Co-I $10,252,058

4. Patient-Centered Outcomes Research Institute (PCORI) (PI: Kana)
"A Multilevel Comparative Efficacy Study of Social Skills Interventions in Autism Spectrum Disorder" (Not Funded)
Role: Co-I $2,731,849

3. National Institutes of Health (NIH) (PI: White)
"Validation of biological and behavioral markers of social anxiety in adolescents" (Not Funded)
Role: Co-I $398,774

2. National Institutes of Health (NIH) (PI: Hudac)
"Validation of candidate biomarkers of sociocognitive (dis)abilities for adolescents with intellectual disabilities" (Not Funded)
Role: Co-I $3,383,779

1. National Institutes of Health (NIH) (PI: Jarrett)
"Feasibility and acceptance of a school-based Taekwondo intervention for youth" (Not Funded)
Role: Co-I $645,491

Conference Presentations and Other Talks

**Denotes an undergraduate student mentee*
***Denotes a graduate student mentee*
****Denotes a postdoctoral mentee*

Chaired Symposiums (N=4)

4. **Xia, M.** (May 2025). Chair, Symposium: *Daily Social Processes for Adolescent Development: Leveraging Diverse Methodological Approaches in Daily Diary Design*. Symposium presented at Society for Research in Child Development. Minneapolis, MN.
3. **Xia, M.** (April 2024). Chair, Symposium: *Daily Family Processes as Contexts for Adolescent Development*. Symposium presented at Society for Research on Adolescence. Chicago, IL.
2. **Xia, M.** (April 2023). Chair, Symposium: *Daily Family Dynamics and Adolescent Development: Leveraging Diverse Dynamic Features*. Symposium presented at Society for Research on Adolescence. San Diego, CA.
1. **Xia, M.** (March 2019). Chair, Symposium: *Focusing on Family Strengths: Understanding Positive Development in a Family Context*. Symposium presented at Society for Research in Child Development. Baltimore, MD.

Paper Presentations (N=43; 17 first-authored, 10 student or another mentee first-authored)

43. ***Zhang, Y., & **Xia, M.** (April 2026). Buffering the Daily Stress: Family and Friend Connection as Protective Factors in Adolescent Subjective Well-Being. Paper presented in symposium: Jamil, B. (Chair). *Daily Stress, Emotion, and Resilience: Uplifting Daily-Diary Designs to Understand Youth Well-Being Across Contexts*. Society for Research on Adolescence. Toronto, CA.
42. ***Molesy, N., ***Zhang, Y., & **Xia, M.** (April 2026). Association between Parental Socialization and Cameroonian Adolescents' Openness: Parent-child Relationship Quality as Moderator. Paper presented in symposium: Zhang, Y. (Chair). *Centering Family and Cultural Contexts in Adolescent Development: Evidence from the Majority World*. Society for Research on Adolescence. Toronto, CA.
41. **Liu, Y., ***Zhang, Y., & **Xia, M.** (March 2026). Psychometric Validation of the Parental Love Scale. Paper presented at The Third International Conference on Love and Relationship Studies. Online.
40. **Jin, Y., & **Xia, M.** (March 2026). The Daily Interplay of Connectedness and Felt Love in Three Dyadic Family Relationships. Paper presented at The Third International Conference on Love and Relationship

Studies. Online.

39. **Ewing, E., **Gregg, E., **Burns, B., Doudell, K., Fischer, A., **Crowe, C., Bolland, A., **Xia, M.**, Gunn, H. (March 2026). In or Out of Sync? Parenting Behaviors at Bedtime and Contextual Risk Predict Sleep Concordance in Vulnerable Parent-adolescent Dyads. Paper presented at the Society for Adolescent Health and Medicine 2026 Annual Meeting, Seattle, WA. *[#SAHM 2026 Charles E. Irwin New Investigators Award]*
38. **Xia, M.** (May 2025). Daily Dynamics of Parent-Adolescent Closeness and Conflict in Relation to Adolescent Positive and Negative Emotions. Paper presented in symposium: Chiang, S-C. (Chair), *Unpacking the Role of Family Interactions in Adolescent Emotional and Psychological Well-Being*. Society for Research in Child Development. Minneapolis, MN.
37. **Xia, M.**, & *Coates, C. (May 2025). Reciprocity Between Adolescent Social Connection and Well-Being: Using Vector Autoregressive Modeling in Daily Diary Design. Paper presented in symposium: Xia, M. (Chair), *Daily Social Processes for Adolescent Development: Leveraging Diverse Methodological Approaches in Daily Diary Design*. Society for Research in Child Development. Minneapolis, MN.
36. ***Zhang, **Xia, M.**, & *Coates, C. (May 2025). Daily Connection with Family and Friends in Relation to Adolescent Affects: Moderating by Social Need. Paper presented in symposium: Xia, M. (Chair), *Daily Social Processes for Adolescent Development: Leveraging Diverse Methodological Approaches in Daily Diary Design*. Society for Research in Child Development. Minneapolis, MN.
35. ***Zhang, **Xia, M.**, & *Coates, C. (March 2025). Validating the Felt Love Scale (FLS) as a Measure of Love as a General Feeling. Paper presented at the Second International Conference on Love Studies. Online.
34. Xu, X., **Xia, M.**, Chen, Q., & Pang, W. (March 2025). How does authenticity stimulate creative ideation? The roles of flow experience and parental psychological control. Paper presented at Society for Psychology of Aesthetics, Creativity, and the Arts, 2025 Annual Conference. New Haven, CT.
33. **Xia, M.** (April 2024). Perception is More than Reality: Mother-Father-Adolescent Perceived Daily Family Connection Impact Their Same-day and Next-Day Subjective Well-Being. Paper presented in symposium: Xia, M. (Chair), *Daily Family Processes as Contexts for Adolescent Development*. Society for Research on Adolescence. Chicago, IL.
32. Le, Y., **Xia, M.**, Roddy, M. K., Hatch, S. G., & Doss, B. D. (November 2023). Profiles of low-income help-seeking couples and implications for intervention gains: A person-centered approach. In Y. Le (chair), *Unraveling the Differential Effects of Couple Relationship Education on Underserved Populations: Leveraging Novel Analytic Approaches*. Paper presented at the 57th annual meeting of the Association for Behavioral and Cognitive Therapies, Seattle, WA.
31. **Xia, M.** (October 2023). The development and validation of Perceived Love Scale (PLS). Oral presentation at 2023 Lovereserach.info Symposium virtually.
30. Yang, C-H., **Aggarwal, A., Chen, S-T., & **Xia, M.** (June 2023). Investigating the joint association of outdoor and social contexts on movement behaviors: A cross-country ecological momentary assessment study. Paper presentation presented at the 2023 conference of Society for Ambulatory Assessment. Amsterdam, Netherlands.
29. **Gautam, P, **Odom, K., & **Xia, M.** (June 2023). How do parent-adolescent conflicts influence adolescent well-being? A daily diary study with multiple family members' perspectives. Oral presentation presented at IARR Mini-Conference 2023: Dark Side of Relationship mini-conference. Tuscaloosa, AL.
28. **Xia, M.** (May 2023). Constellations of Social Connection and Typologies of Well-Being: Understanding Social Resilience in a Holistic Perspective. Oral presentation presented at IARR Mini-Conference 2023: Resilience in Interpersonal and Social Environments. Phoenix, AZ.
27. **Xia, M.**, Coffey, J.K., & Fosco, G.M. (April 2023). Daily dynamics of feeling loved: Prospective implications for adolescent psychological well-being. Paper presented in symposium: Xia, M. (Chair), *Daily Family Dynamics and Adolescent Development: Leveraging Diverse Dynamic Features*. Society for Research on Adolescence. San Diego, CA.

26. **Revilla, R., **Friedman, N. R., Braun, S. S., **Xia, M.**, & Hudac, C. M., (March 2023). Are people worth the effort? The brain basis for social decision-making. Invited talk at The Institute for Mind and Brain Colloquium Series, University of South Carolina, Columbia, SC.
25. Xie, S., Chi, X., **Xia, M.**, Chen, S., He, M., **Yin, H. (March 2023). Movement behavior and emotion regulation in young children. Paper presented in symposium: Liu, Q. & Ren, H. (Chairs), *Leveraging Innovative Person-Centered Approaches to Study the Antecedents and Consequences of Parenting and Child Behaviors*, the 2023 Society for Research in Child Development Biennial Meeting, Salt Lake City, UT.
24. **Xia, M.**, **Chen, Y., & *Dunne, S.C. (September 2022). Shared Components, Differentiated Weights: A Mixed-Method Study on Core Elements of Love Across Family, Romantic, and Friend relationships. Paper presentation at The Love Consortium annual meeting, Chapel Hill, NC.
23. Hudac, C.M. & **Xia, M.** (September 2022). Brain "coupling": Electroencephalography (EEG) dynamics between loving partners and associations to the perception of love. Flash talk at The Love Consortium annual meeting, Chapel Hill, NC.
22. **Odom, K., **Xia, M.**, & **Gautam, P. (March-April 2022). Social Competence Mediates Dimensions of Positive Parenting and Adolescent Friendship Quality. Oral presentation at Southeastern Universities Graduate Research Symposium. Tuscaloosa, AL.
21. **Gautam, P., **Xia, M.**, & **Odom, K. (March-April 2022). Parent Child Relationship Quality Moderates the Association of Emotion-Socialization and Social-Competence. Oral presentation at Southeastern Universities Graduate Research Symposium. Tuscaloosa, AL.
20. **Xia, M.** (March 2022). Long-Term Implications of Early Parent Engagement and Emotionality on Adolescent Competences and Adjustment: a 15-Year Longitudinal Mediation Study. Oral presentation at Society for Research on Adolescence. New Orleans, LA.
19. **Marquez, F.D., **Decker, A.N., **McIntyre, A., Boylan, J.M., **Xia, M.**, Allen, R.S., & Cribbet, M.R. (March 2022). Depression Moderates the Lifespan Trajectory of Early Life Adversity Induced Inflammation: An Exploratory Time-Varying Effect Model. Oral presentation presented at the Annual Meeting of the American Psychosomatic Society, Long Beach, CA.
18. **Shi, Q., Man, K., He, Q., & **Xia, M.** (October-December 2021). Detecting Cheating Behaviors Through Joint-Modeling Responses and Response Time Based on SEM. Paper presented at the 2021 Conference on Test Security Virtually.
17. **Xia, M.**, & Wang, Y. (July 2021). What is most important for well-being? The implication of psychological need satisfaction and strengths for life satisfaction and flourishing. Pre-recorded presentation at the 7th International Positive Psychology Association World Congress 2021 (IPPA WC 2021) virtually.
16. **Marquez, F.D., **Decker A.N., Taber, J.M., **Xia, M.**, Cribbet, M.R. (June 2021). Early Life Adversity and Central Symptoms of Sleep Disturbance: A Network Analysis [Conference Workshop]. Abstract presented at the 35th annual meeting of the Associated Professional Sleep Societies, Seattle, WA.
15. **Shi, Q., Man, K., **Xia, M.**, & **Shannon, N. (April 2021). An SEM-based joint modeling approach on response time to assess cheating-related test behaviors. Paper presented at the Southeastern Universities Graduate Research Symposium (SUGRS) 2021 Virtual Event.
14. **Xia, M.**, Fosco, G.M., & Lanza, S. (March 2021). When Parents Have a Conflict: Fluctuations in the Influence of Parent-Adolescent Conflict on Adolescent Negative Moods Across Days. Paper presented in symposium: Hochgraf, A. (Chair), *Examining Developmental Links Between Family Processes and Adolescent Adjustment Using Innovative Methods*, Society for Research on Adolescence virtually (SRA Virtual 2021).
13. Coffey, J.K., **Xia, M.**, & Fosco, G. (September 2020). *Am I feeling loved today? Parent reported warmth and conflict predict adolescents' daily fluctuations in feeling loved.* Paper presented in feature symposium, What is Love, at The Love Consortium Digital Event, Chapel Hill, NC.
12. **Xia, M.**, Fosco, G.M., & Lanza, S. (March 2020). When Parents Have a Conflict: Fluctuations in the Influence of Parent-Adolescent Conflict on Adolescent Negative Moods Across Days. Paper presented in

symposium: Hochgraf, A. (Chair), *Examining Developmental Links Between Family Processes and Adolescent Adjustment Using Innovative Methods*, Society for Research on Adolescence, San Diego, CA. (conference canceled)

11. **Xia, M.**, Fosco, G.M., & Bray, B.C. (March 2020). Triadic Family Relationship Dynamics and Adolescent Well-Being. Paper presented in symposium: Zheng, Y. (Chair), *Innovative Theoretical and Methodological Approaches toward Parenting and Parent-Adolescent Relationship*, Society for Research on Adolescence, San Diego, CA. (conference canceled)
10. Coffey, J.K., **Xia, M.**, & Fosco, G. (January 2020). When am I loved: Adolescents' daily fluctuations in feeling loved are predicted by parent-reported warmth and conflict. Paper presented at Society for Social Work Research, Washington, DC.
9. Coffey, J.K., **Xia, M.**, & Fosco, G.M. (July 2019). Feeling Loved: How Adolescents' Daily Fluctuations in Feeling Loved Are Predicted by Parent-Reported Support and Conflict. Paper presented at the 6th World Congress on Positive Psychology. Melbourne, Australia.
8. **Xia, M.**, Bray, B.C., & Fosco, G.M. (May 2019). Multilevel Latent Profile Analysis for Daily Diary Data: Understanding Triadic Family Dynamics. Paper presentation in symposium: Bray, B.C. (Chair), *Applying Latent Class Models in Prevention Science: Practical Solutions to Everyday Problems*, Society for Prevention Research. San Francisco, CA.
7. **Xia, M.**, Fosco, G.M., & Bray, B.C. (March 2019). Profiles of Family Relationship Dynamics: Associations with Adolescent Flourishing. Paper presentation in symposium: Xia, M. (Chair), *Focusing on Family Strengths: Understanding Positive Development in a Family Context*, Society for Research in Child Development. Baltimore, MD.
6. Lydon-Staley, D., **Xia, M.**, & Fosco, G. M. (April 2017). Emotion Network Density and Association with Symptoms of Psychopathology in Adolescents. Paper presentation, Society for Research in Child Development, Austin, TX.
5. Lv, H., **Xia, M.**, Tian, B., & Xiang, Z. (October 2015). Collective self-esteem and personal self-esteem changes under the group-directed threat within Chinese culture. Paper presentation, Proceedings of Cross-Cultural Occupational Health Psychology Forum, Wuhan, China.
4. **Xia, M.**, Fosco, G. M., & Feinberg, M. E. (March 2015). A Developmental Perspective of Family Influences to Romantic Relationships: Effects of Family and Individual Variables. Paper presentation, Society for Research in Child Development, Philadelphia, PA.
3. Zhang, C, & **Xia, M.** (October 2011). Assessment of Belonging in Non-profit Organization: Development of School Belongingness Scale in Chinese Public University Students. Paper presentation, the 1st International Conference of the Public Human Resource Management, Wuhan, China.
2. **Xia, M.** (September 2011). Review and prospect on the research of Chinese "self": a cultural perspective. Paper presentation in the symposium, *Conflict and Adjustment in Multiple Values*, the 7th Chinese Psychologist Conference, Taipei, Taiwan.
1. **Xia, M.** (November 2010). The Characteristics of the School Belonging and its Relation to Activity Engagement. Paper presentation in the symposium, *School Psychology*, the 13th National Academic Congress of Psychology, Shanghai, China.

Poster Presentations (N=37; 10 first-authored, 12 student or another mentee first-authored)

37. **Xia, M.**, **Liu, Y., & **Peng, M. (April 2026). Daily Associations Among Adolescent's Friend Connection, Emotion Experience, and Time Spent with Friends. Poster presented at Society for Research on Adolescence. Toronto, CA.
36. **Jin, Y., & **Xia, M.** (April 2026). Daily Negative Experiences and Adolescent's Need for Social Connection: Similarity and Differences Across General, Family, and Friend Domains. Poster presented at Society for Research on Adolescence. Toronto, CA.
35. **Liu, Y., & **Xia, M.** (April 2026). Mapping Family Emotion Socialization: Identifying Parent-Sibling

Emotion Socialization Profiles and Their Effects on Adolescents' Interpersonal Competence. Poster presented at Society for Research on Adolescence. Toronto, CA.

34. **Jin, Y., & **Xia, M.** (April 2026). Adolescents' Differentiation of Self Mediates the Link Between Their Family Expressiveness and Emotion Regulation. Poster presented at Society for Research on Adolescence. Toronto, CA.
33. **Jiang, L., **Jamil, B., **Xia, M.**, & Su, J. (April 2026). Daily Stress and Sleep Among Latinx College Students: The Protective Role of Family and Friend Support. Poster presented at Society for Research on Adolescence. Toronto, CA.
32. **Jin, Y., & **Xia, M.** (May 2025). The Interplay of Gratitude in Parent-Adolescent Dyads in the Context of Positive Family Processes. Poster presented at The Love Consortium virtually.
31. **Jin, Y., & **Xia, M.** (May 2025). Dreaming about parents quarreling? Adolescent-Mother-Father Perceived Daily Interparental Interactions and Adolescent Sleep Quality. Poster presented at Society for Research in Child Development. Minneapolis, MN.
30. Le., Y., **Xia, M.** & Doss, B. D. (November 2024). Replicating couple profiles in a low-income help-seeking sample using a couple-centered approach: A cautionary tale. Poster presented at the 58 annual convention conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
29. **Xia, M.** (September 2024). Longitudinal and Daily Processes of Adolescent Social Connection and Well-Being. Poster presented at Third Annual OppNet Social Connectedness and Isolation Grantees' Meeting, Rockville, MD.
28. **Revilla, R., **McFadden, J., **Xia, M.**, & Hudac, C.M. (July 2024). Dyadic exchanges of emotional support: Evaluating interpersonal alignment. Poster presented at the Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum. Columbus, OH.
27. **Odom, K., **Xia, M.**, & **Gautam, P. (April 2024). Let's be real: How daily and general adolescent authenticity influences interpersonal relationships. Poster blitz presented at Society for Research on Adolescence. Chicago, IL.
26. **Gautam, P., **Xia, M.**, & **Odom, K. (April 2024). Relationship with Parents: Key to Effective Emotion Socialization and well-being in Adolescence. Poster presented at Society for Research on Adolescence. Chicago, IL.
25. **Shi, Q, Lakin, J. Wind, S., Cao, C., Ma, W., & **Xia, M.** (April 2024). A systematic review of alignment optimization. Poster presented at American Education Research Association. Philadelphia, PA.
24. Yang, C-H., Pellegrini, C., **Aggarwal, A., Chen, S-T., & **Xia, M.** (June 2023). A cross-country ecological momentary assessment study to understand the associations between joint contexts on movement behaviors. Poster presented at The International Society of Behavioral Nutrition and Physical Activity (ISBNPA) annual meeting. Uppsala, Sweden.
23. **Odom, K., **Xia, M.** & **Gautam, P. (April 2023). Autonomy-supportive parenting and adolescent well-being: The mediation role of differentiation of self. Poster presented at Society for Research on Adolescence. San Diego, CA.
22. **Revilla, R., **Friedman, N.R., Braun, S.S., **Xia, M.**, & Hudac, C.H. (April 2023). Developmental Differences in Social Motivation and Neural Correlates of Reward Processing. Poster presented at Society for Research on Adolescence. San Diego, CA.
21. Chen, S.T., Yang, C.H., & **Xia, M.** (April 2023). Higher daily steps and more exposure to specific contexts are associated with higher positive affect in everyday life. Poster presented at the 44th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine. Phoenix, AZ.
20. **Revilla, R., **Friedman, N. R., Braun, S. S., **Xia, M.**, & Hudac, C. M., (March 2023). Neural correlates of social decision-making in neurotypical adults. Poster presentation at The Institute for Mind and Brain 2023 Conference: Social and Emotional Brain, University of South Carolina, Columbia, SC.
19. **Ewing, E., **Xia, M.**, & Gunn, H.E. (June 2022). Parent-adolescent bed- and wake-time interactions are associated with adolescent sleep quality and duration. Poster Presentation at Sleep 2022 Annual Meeting,

Charlotte, NC.

18. Zhang, N., O'Hara, K.L., **Xia, M.**, Tein, J-Y, Wolckik, S., & Sandler, I.N. (May 2022). Parent Ethnicity and Distress Are Associated with Latent Trajectories of Post-Divorce Discipline: An Effectiveness Randomized Controlled Trial of a Parenting Intervention. Poster presented at Society for Prevention Research. Seattle, WA.
17. **Odom, K., **Xia, M.**, & **Gautam, P. (March 2022). Positivity Beyond Absence of Negativity: Social Competence Mediate the Association Between Positive Parenting and Adolescent Friendship Quality. Poster presented at Society for Research on Adolescence. New Orleans, LA.
16. **Gautam, P., **Xia, M.**, & **Odom, K. (March 2022). "The Channeling Effect": Parent-Child Relationship Moderates the Association of Emotion Socialization and Well-Being via Social Competence. Poster presented at Society for Research on Adolescence. New Orleans, LA.
15. **Xia, M.** (November 2021). Different Families, Diverse Strengths: Profiles of Early Childhood Family Processes and Adolescent's Well-Being. Interactive poster presented at 2021 National Council on Family Relations Annual Conference, Baltimore, MD.
14. **Chen, Y., **Xia, M.**, *Dunne, S., & *Freund, A. (November 2021). What Makes an Individual Feel Loved by Their Parents? Building a Coding System on Perceiving Parental Love. Interactive poster presented at 2021 National Council on Family Relations Annual Conference, Baltimore, MD.
13. **Massey, K., Parker, J., & **Xia, M.** (April 2021). The Faces and Facets of Competition in Adolescent Friendship Triads. Poster presented at the Society for Research in Child Development virtually (2021 Virtual Biennial Meeting).
12. **Massey, K., Parker, J., & **Xia, M.** (June 2020). Faces and facets of competition in adolescent friendship triads. Poster presented at the International Society for the Study of Behavioral Development Biennial Meeting, Island of Rhodes, Greece. (conference canceled)
11. McCauley, D., Sloan, C., **Xia, M.**, & Fosco, G.M. (November 2019). The Role of Triangulation in Diverging Perspectives of Interparental Conflict: A Daily Dairy Study. Poster presentation, the National Council on Family Relations. Fort Worth, TX.
10. McCauley, D. M., **Xia, M.**, Sloan, C. J., & Fosco, G. M. (March 2019). Evaluating interparental conflict and triangulation within the family system on a daily time scale. Poster presentation, Society for Research in Child Development. Baltimore, MD.
9. **Xia, M.**, Weymouth, B., Bray, B. C., Lippold, M. A., Feinberg, M. E., & Fosco, G. M. (May 2018). Exploring Influence of Triadic Family Relationship Profiles on Adolescents' Early Substance Initiation. Poster presentation, Society for Prevention Research, Washington, D.C.
8. **Xia, M.**, Fosco, G. M., Bray, B. C. (April 2018). Triadic Dance on a Daily Basis: Profiles of Mother-Father-Adolescent Triadic Relationship Forms and Dynamics. Poster presentation, Society for Research on Adolescence, Minneapolis, MN.
7. Fosco, G. M. & **Xia, M.** (June 2017). Daily Variation in Family Cohesion and Conflict: Implications for Adolescent Psychopathology and Well-Being. Poster presentation, Society for Prevention Research, Washington, D.C.
6. **Xia, M.**, & Fosco, G. M. (April 2017). What Makes Adolescents Feel Loved by Their Parents? Daily Dynamics Among Support, Conflict, and Relationship Quality. Poster presentation, Society for Research in Child Development, Austin, TX.
5. **Xia, M.**, Fosco, G. M., & Feinberg, M. E. (March 2016). Examining Intergenerational Links between Parent and Adolescent Self-Esteem: A Family Process Model. Poster presentation, Society for Research on Adolescence, Baltimore, MD.
4. **Xia, M.**, Fosco, G. M., Bray, B. C., & Grych, J. H. (March 2016). Profiles of Triadic Family Relationships: Predictors and Implications for Adolescent Friendship Quality. Poster presentation, Society for Research on Adolescence, Baltimore, MD.
3. Mak, H., Fosco, G. M., **Xia, M**., & Grych, J. H. (March 2015). Children's Patterns of Emotion Regulation

during Interparental Conflicts: Implication for Children's Adjustment. Poster presentation, Society for Research in Child Development, Philadelphia, PA.

2. **Xia, M.**, Fosco, G. M., & Grych, J. H. (March 2014). Initial Investigation on Adolescent's Schematic Representation of Interpersonal Conflict: Implications for Adolescent Outcomes. Poster presentation, Society for Research on Adolescence, Austin, TX.
1. **Xia, M.**, Lynn, M., Fosco, G. M., & Grych, J. H. (April 2013). Transmission of Relationship Dysfunction: Examining Mechanisms Linking Triangulation into Parental Discord and Adolescent Romantic Relationships. Poster presentation, Society for Research in Child Development, Seattle, WA.

Invited Talks (N=13)

13. **Xia, M.** (October 2025). Introduction of time-varying effect modeling (TVEM). Presentation at ASU quantitative methods speaker series. Tempe, AZ.
12. **Xia, M.** & Hudac, C. M. (September 2025). Reciprocity of SC & WB: Convergence of Temporal and Neural Underpinnings of Adolescent Social Connection Quality, Quantity, and Need. 2025 NIH OppNet Social Isolation & Connectedness Grantees Meeting. Virtually via Zoom.
11. **Xia, M.** (April 2025). Resilience Through Connection and Love: Interpersonal Assets in Adolescent Positive Development. Keynote Address at 4th Annual RISE Initiative Daylong Conference. Tempe, AZ.
10. **Xia, M.** (September 2024). Dynamics of Parent-Adolescent Relationships and Adolescent Emotions: Multi-Informant Daily Diary Study of Mother- and Father-Adolescent Interactions. Presentation at SSFD Lunch and Learn, Arizona State University. Tempe, AZ.
9. **Xia, M.** (September 2022). Family, Interpersonal, and Cultural Contexts for Individual Well-Being. Presentation at Department of Psychology's Research Festival, University of Alabama. Tuscaloosa, AL.
8. **Xia, M.** (April 2022). Progress Report: Family Dynamics and Adolescent Well-Being in Diverse Populations. Presentation at Faculty Research Day, University of Alabama. Tuscaloosa, AL.
7. **Xia, M.** (October 2021). Different Families, Diverse Strengths: Profiles of Early Childhood Family Processes and Adolescent's Well-Being. Presentation at Readings in Educational Psychology Seminar Series, Department of Educational Studies. Tuscaloosa, AL.
6. **Xia, M.** (January 2021). Adolescent Roundup—Research in the Dynamic of Relationship, Emotion, and Asset in Multiple Systems (DREAMS) Lab. Presentation at Developmental Science Contemporary Issues, Department of Psychology. Tuscaloosa, AL.
5. White, S. W. & **Xia, M.** (September 2020). Gender and Race in Academic Psychology. Presentation at Department Coffee Hour, Department of Psychology. Tuscaloosa, AL.
4. **Xia, M.** (April 2020). Adolescent Emotional and Interpersonal Health in Family Systems. Presentation at Clinical Child Proseminar, Department of Psychology. Tuscaloosa, AL.
3. **Xia, M.** (February 2020). Introduction to the Time-Varying Effect Modeling (TVEM). UA Library Data Services Workshop. Tuscaloosa, AL.
2. **Xia, M.** (October 2019). Family system dynamics and adolescent well-being. Presentation at Center for Youth Development and Intervention. Tuscaloosa, AL.
1. **Xia, M.** (November 2019). Advanced statistical methods for intervention study design. Presentation at Developmental Science Contemporary Issues, Department of Psychology. Tuscaloosa, AL.

Undergraduate Conference Presentations (N=6)

6. *McMullin, B., & **Xia, M.** (April 2023). Family Boundary Dysregulation and Parent-Child Relationship Quality: Emotion Socialization as a Moderating Factor. Poster Presentation at Undergraduate Research and Creative Activity Conference 2022, Tuscaloosa, AL. (***Honorable Mention in the UA Honors College "Paper of the Year" Contest 2022-2023***).
5. *Sliman, H., *Glatz, M., & **Xia, M.** (April 2022). Gender Differences in the Association Between Parental Autonomy Support and Parent-Child Relationship. Poster Presentation at Undergraduate Research and

Creative Activity Conference 2022, Tuscaloosa, AL.

4. *Guidry, R., & **Xia, M.** (April 2022). Family Boundaries and Climate: How Boundary Disturbances Among Family Members Affect Family Climate. Poster Presentation at Undergraduate Research and Creative Activity Conference 2022, Tuscaloosa, AL.
3. *Watson, C., **& Xia, M.** (March 2021). The Influence of Technology-Based Engagement Versus Active Engagement of Adolescent's Parents and the Influence on Parent-Child Relationship Quality: A Pilot Study. Poster Presentation at Undergraduate Research and Creative Activity Conference 2021, Tuscaloosa, AL. (***URCA Winners 2021, 2nd place in Social Science category***).
2. *Sliman, H., *Connelly, T., **Chen, Y., & **Xia, M.** (March 2021). The Gender Differences on What Makes Individuals Feel Loved by a Romantic Partner. Poster Presentation at Undergraduate Research and Creative Activity Conference 2021, Tuscaloosa, AL. (***URCA Excellence Award in Research 2021***).
1. *Freund, A., & **Xia, M.** (March 2021). What makes an individual feel loved? Determining perceived love across relationships. Poster Presentation at Undergraduate Research and Creative Activity Conference 2021, Tuscaloosa, AL.

Teaching Experience (N=7 newly designed in-person lecture courses)

Arizona State University, T. Denny Sanford School of Social and Family Dynamics

- Graduate

FAS 531	Theoretical Issues of Family Sciences (Spring 2024, Fall 2025; in-person lecture)
CDE/FAS 598	Multilevel, Time-Varying, and Related Models (Spring 2025, Spring 2026; in-person lecture)
CDE 590	Reading and Conference (Fall 2024, Spring 2025, Fall 2025; research-based)
FAS 592	Research (Spring 2026; research-based)

- Undergraduate

CDE 450	Childhood Disorders and Family Functioning (Fall 2024; in-person lecture)
FAS 390	Supervised Research Experience (Spring 2024, Fall 2024, Spring 2025, Fall 2025, Spring 2026; research-based)
FAS 499	Individualized Instruction (Fall 2024; practicum-based)

- Guest Lectures/Invited Speakers:

October 2024	Guest lecture on "What Makes People Feel Loved in Close Relationships? A Series of Mixed-Method Studies" at University of Connecticut (HDFS5250, via Zoom)
October 2024	Guest lecture on "Mother-Father-Adolescent Relationship Dynamics from a Family Systems Perspective" (PSY591)
November 2024	Spoke as a panelist on "Work Life Balance" at the Academic Professional Development Seminar in SSFD (FAS503)

The University of Alabama, Department of Psychology

- Graduate

PY 615	Structural Equation Modeling (Spring 2020, Spring 2021, Fall 2021, Spring 2023; in-person lecture)
PY 618	Statistical Consulting (Fall 2019, Fall 2020; in-person lecture)
PY 625	Developmental Science Contemporary Issue Seminar (Fall 2022; seminar-based)
PY 693	Advanced Statistical Methods: LCA, TVEM, & ILD (Fall 2020, Fall 2021, Fall 2022; in-person lecture)

- Undergraduate

PY 461	Child Psychology (Spring 2020, Spring 2021; in-person lecture)
PY 451	Undergraduate Research & Experience (Spring 2021, Fall 2021, Spring, 2022, Fall 2022; research-based)

- Guest Lectures/Invited Speakers:

April 2021 Guest lecture on "Overview of Love Project" in Psychology Department (PY630)

The Pennsylvania State University, Department of Human Development and Family Studies

- Undergraduate
  HDFS 495A/B Internship: Advanced Experience/Project (online instructor; Fall 2017)
  HDFS 312W Empirical Inquiry in Human Development (lab instructor; Spring 2016)
  HDFS 239 Adolescent Development (co-instructor; Summer 2015)

- Guest Lectures/Invited Speakers:
  September 2018 Guest lecture on "Family Systems Theory: Principles, Empirical Studies, and New Direction" (HDFS525)

Advising or Mentoring

- **Doctoral Dissertation Committee (Co-)Chair (N=1)**
  -Krysten Costlow Hill (2022, Psychology, University of Alabama)

- **Doctoral Dissertation Committee Member (N=15)**
  -Haining Ren (2025-2026, Family and Human Development, Arizona State University)
  -Yuqi Xiao (2025-, Communication, Arizona State University)
  -Pratibha Gautam (2025-, Psychology, University of Alabama)
  -Korina Odom (2025-2026, Psychology, University of Alabama)
  -Emily Ewing (2024-2026, Psychology, University of Alabama)
  -Qingzhou Shi (2023, Educational Research, University of Alabama)
  -Shayne Lin (2023, Psychology, University of Alabama)
  -Stephanie Masters (2023, Psychology, University of Alabama)
  -Julia Loup (2023, Psychology, University of Alabama)
  -Hillary Erwin (2023, Psychology, University of Alabama)
  -Grace Simmons (2022, Psychology, University of Alabama)
  -Christopher Breeden (2022, Psychology, University of Alabama)
  -Jenna Reardanz (2021, Psychology, University of Alabama)
  -Katelyn Massey (2021, Psychology, University of Alabama)
  -James Rankin (2019, Psychology, University of Alabama)

- **Comprehensive Exam/Preliminary Dissertation Committee (Co-)Chair (N=2)**
  -Yingnan (Silvia) Jin (2026, Family and Human Development, Arizona State University)
  -Krysten Costlow (2021, Psychology, University of Alabama)

- **Comprehensive Exam/Preliminary Dissertation Committee Member (N=14)**
  -Jin Yan (2026-, Family and Human Development, Arizona State University)
  -Briana Abarca (2026-, Family and Human Development, Arizona State University)
  -Yuqi Xiao (2025, Communication, Arizona State University)
  -Paul Espinoza (2025-2026, Family and Human Development, Arizona State University)
  -Emily Ewing (2024, Psychology, University of Alabama)
  -Shayne Lin (2022, Psychology, University of Alabama)
  -Qingzhou Shi (2022, Educational Research, University of Alabama)
  -Julia Loup (2022, Psychology, University of Alabama)
  -Hillary Erwin (2022, Psychology, University of Alabama)
  -Christopher Breeden (2021, Psychology, University of Alabama)
  -Stephanie Masters (2021, Psychology, University of Alabama)
  -Jenna Reardanz (2020, Psychology, University of Alabama)
  -Katelyn Massey (2020, Psychology, University of Alabama)

-Grace Simmons (2020, Psychology, University of Alabama)

- **Master Thesis Committee Chair (N=2)**
  -Pratibha Gautam (2022-2023, Psychology, University of Alabama)
  -Korina Odom (2022-2023, Psychology, University of Alabama)

- **Master Thesis Committee Member (N=5)**
  -Stephanie Cottam (2023-2025, Family and Human Development, Arizona State University)
  -Paul Espinoza (2023-2024, Family and Human Development, Arizona State University)
  -Giana Angotti (2021-2022, Psychology, University of Alabama)
  -Lindsey Held (2021-2022, Psychology, University of Alabama)
  -Francisco Marquez (2021, Psychology, University of Alabama)

- **Undergraduate Honor Thesis Committee Chair (N=4)**
  -Bridget McMullin (2023, Psychology, University of Alabama)
  -Rae Guidry (2022, Psychology, University of Alabama)
  -Caroline Watson (2021, Psychology, University of Alabama)
  -Allison Freund (2021, Psychology, University of Alabama)

- **Undergraduate Honor Thesis Committee Member (N=2)**
  -Ella Canada (2025-2026, Family & Human Development, Arizona State University)
  -Danilla Colin (2024-2025, Psychology, Arizona State University)

- **Graduate Student Training (N=7)**
  -Yuanxueqing (Lucia) Zhang (2025-, Graduate Research Assistant in Psychology, Arizona State University)
  -Mengting Peng (2025-, Graduate Student in Family and Human Development, Arizona State University)
  -Yichun Liu (2025-, Graduate Student in Family and Human Development, Arizona State University)
  -Yingnan (Silvia) Jin (2024-, Graduate Student in Family and Human Development, Arizona State University)
  -Pratibha Gautam (2021-, Graduate Student in Psychology, University of Alabama)
  -Korina Odom (2021-2026, Graduate Student in Psychology, University of Alabama)
  -Yi Chen (2019-2023, Graduate Research Assistant in Education Psychology, University of Alabama)

- **Other Professional Training (N=3)**
  -Anthony N. Molesy (2024-, International Young Scholars Program Mentee, University of Buea, Cameroon)
  -Yuan Zhang (2024-, Postdoctoral Fellow, Arizona State University)
  -Caleb Coates (2023-2026, Lab Coordinator, Arizona State University)

- **Undergraduate Student Training (N=38)**
  -Matthew Cain (2026-, Undergraduate Research Assistant in Positive Psychology, Arizona State University)
  -Arsh Khan (2026-, Undergraduate Research Assistant in Biomedical Science, Arizona State University)
  -Rayya Holmes (2026-, Undergraduate Research Assistant in Psychology, Arizona State University)
  -Anjini Soni (2026-, Undergraduate Research Assistant in Psychology, Arizona State University)
  -Anjani Patel (2026-, Undergraduate Research Assistant in Neuroscience, Arizona State University)
  -Renee Duemer (2026-, Undergraduate Research Assistant in Medical Studies, Arizona State University)
  -Charlie Kanarish (2025-, Undergraduate Research Assistant in Psychology, Arizona State University)
  -Harshita Takalkar (2025-, Undergraduate Research Assistant in Psychology, Arizona State University)
  -Chimela Nwosu (2025-, Undergraduate Research Assistant in Psychology, Arizona State University)
  -Willow Sowards (2025-, Undergraduate Research Assistant in Psychology, Arizona State University)
  -Maria Alleyne (2025-2026, Undergraduate Research Assistant in Family and Human Development, Arizona State University)
  -Francesca Gemignani (2025, Independent Researcher in Sociology and Political Science, Arizona State

University)
-Lainey Tsosie (2024, Undergraduate Research Assistant in Psychology, Arizona State University)
-Tommie McConnell (2024-2025, Undergraduate Research Assistant in Psychology, Arizona State University)
-Ammie Yu (2024-2025, Undergraduate Research Assistant in Psychology & Family and Human Development, Arizona State University)
-Sarah East (2024-2026, Undergraduate Research Assistant in Biological Sciences, Arizona State University)
-Sofia Llanos (2023-, Undergraduate Research Assistant in Family and Human Development, Arizona State University)
-Danilla Colin (2023-2025, Undergraduate Research Assistant in Psychology, Arizona State University)
-Saba Shakir (2023-2026, Undergraduate Research Assistant in Biomedical Sciences, Arizona State University)
-Kimberly Galvan-Jauregui (2023-2024, Undergraduate Research Assistant in Global Health, Arizona State University)
-Bailey Cooper (2022-2023, Independent Researcher in Psychology, University of Alabama)
-Lillie Clark (2022-2023, Undergraduate Research Assistant in Psychology, University of Alabama)
-Alexandra Knapp (2022-2023, Undergraduate Research Assistant in Psychology, University of Alabama)
-Iason Schmid (2022, Undergraduate Research Assistant in Psychology, University of Alabama)
-Sophie McCormick (2022, Undergraduate Research Assistant in Psychology, University of Alabama)
-Bridget McMullin (2021-2023, Undergraduate Honors Program in Psychology, University of Alabama)
-Maddie Glatz (2021-2022, Undergraduate Research Assistant in Psychology, University of Alabama)
-Courtney Kessler (2021-2022, Undergraduate Research Assistant in Psychology, University of Alabama)
-Taylor Connelly (2021, Undergraduate Research Assistant in Psychology, University of Alabama)
-Alana Enright (2021, Undergraduate Research Assistant in Psychology, University of Alabama)
-Isabelle Kyle (2021, Undergraduate Research Assistant in Psychology, University of Alabama)
-Shannon Dunne (2020-2022, Undergraduate Research Assistant in Psychology, University of Alabama)
-Rae Guidry (2020-2022, Undergraduate Honors Program in Psychology, University of Alabama)
-Hannah Sliman (2020-2022, Undergraduate Research Assistant in Psychology, University of Alabama)
-Brooke Ingraham (2020-2021, Undergraduate Research Assistant in Psychology, University of Alabama)
-Madeleine Kirby (2020-2021, Undergraduate Research Assistant in Psychology, University of Alabama)
-Pratibha Gautam (2020-2021, Independent Researcher in Psychology, Troy University)
-Emily Culbertson (2020, Undergraduate Honors College by Contract, Psychology, University of Alabama)
-Hannah Sellers (2020, Undergraduate Research Assistant in Psychology, University of Alabama)
-Allison Freund (2019-2021, Undergraduate Honors Program in Psychology, University of Alabama)
-Caroline Watson (2019-2021, Undergraduate Honors Program in Psychology, University of Alabama)

Specialized Training

- **Studying Conversations as Dynamic Dyadic Systems Workshop** June 2023
  Presenters: Mimi Brinberg, Ph.D., Denise Solomon, Ph.D., Graham Bodie, Ph.D., Susanne Jones, Ph.D., & Nilam Ram, Ph.D.
- **VISIONS Training on Diversity, Equity, and Integration** May 2021
  VISIONS trainers: Jabari Brown, Jeanne Firth, and Joan Schoenhals
- **Grant Writing Institute, University of Alabama** 2020-2022
  Presenter: Dave Bauer
- **An Introduction to Multilevel Modeling (MLM) for Intensive Longitudinal Data** November 2018
  Presenter: Michael Russel, Ph.D
- **Safer People Safer Places—LGBTQ+ Foundations Workshop** October 2018

Presenter: Brian Patchcoski, M.Ed.

- **Addressing Age-Related Change Using the Time-Varying Effect Model Workshop** July 2018

Presenter: Stephanie Lanza, Ph.D., & Ashley Linden-Carmichael, Ph.D.

- **Analyzing Intensive Longitudinal Data with Group Iterative Multiple Model Estimation (GIMME)** April 2018

Presenter: Adriene Beltz, Ph.D.

- **Grant Writing Workshop: Private Foundations Proposals** October 2017

Presenter: Lee Carpenter

- **Penn State Certificate for Online Teaching** August 2015
- **The 20th Annual Graduate Student Summer Methods Workshop** June 2013

Presenters: Kenneth A. Bollen, Ph.D., Tim F. Liao, Ph.D., David Johnson, Ph.D., & Sy-Miin Chow, Ph.D.

- **The Latent Profile Analysis Statistics Workshop** May 2013

Presenter: Bethany Bray, Ph.D.

- **Method Courses Training in HDFS, The Pennsylvania State University** 2012-2015
  -Longitudinal Structural Equation Modeling
  -Person-Specific and EMA Data Analysis
  -Dynamic Systems Analysis for Behavioral Sciences
  -An Introduction to Latent Class/Profile Analysis
  -Introduction to Time-Varying Effect Modeling

Methodological Expertise

- Proficient with SPSS, AMOS, Mplus, SAS, R, & Qualtrics survey software
- Expertise in structural equation modeling (SEM), mixture modeling (e.g., LCA/LPA), multilevel modeling (MLM), time-varying effect modeling (TVEM), dynamical systems modeling, and other innovative methods for intensive longitudinal data analysis

Professional Service

Service to the Discipline/Profession

- **Editorial Roles:**
  - Associate Editor, Frontiers in Developmental Psychology
  - Associate Editor, Journal of Family Psychology
  - Associate Editor, Journal of Happiness Studies
  - Editorial Board, Applied Developmental Science
  - Editorial Board, Current Psychology
  - Editorial Board, Journal of Genetic Psychology
  - Editorial Board, Youth & Society
- **Ad hoc Reviewer:**
  - Applied Developmental Science, Applied Psychology: Health and Well-Being, Australian and New Zealand Journal of Psychiatry, British Journal of Psychology, Child Development, Current Psychology, Development and Psychopathology, Developmental Psychology, Early Intervention in Psychiatry, Emerging Adulthood, Emotion, Family Process, Family Relations, Journal of Adolescence, Journal of Affective Disorders, Journal of Clinical Child and Adolescent Psychology, Journal of Creative Behavior, Journal of Family Psychology, Journal of Family Theory & Review, Journal of Genetic Psychology, Journal of Happiness Studies, Journal of Mental Health, Journal of Research on Adolescence, Journal of School Health, Journal of Social and Personal Relationships, NPJ Science of Learning, Personality and Individual Differences, Plos One, Perspectives on

Psychological Science, Preventive Medicine Reports, Prevention Science, Psychology & Health, Research on Child and Adolescent Psychopathology, Review of General Psychology, Scientific Reports, Social and Personality Psychology Compass, Social Development, Stress & Health, Youth & Society

- **Professional Service**
  - 2026-2028: Field Ambassadors Steering Committee, The Love Consortium (TLC)
  - 2025-2026: Editor-in-Chief Search Committee, Journal of Family Psychology (JFP)
  - 2026-2028: Publications Committee Chair, Society for Research on Adolescence (SRA)
  - 2024-2026: Publications Committee Co-Chair, Society for Research on Adolescence (SRA)
  - 2022-2026: Publications Committee Member, Society for Research on Adolescence (SRA)
  - 2026: Reviewer (Mentor), Society for Research in Child Development (SRCD)
  - 2025: Grant Proposal Reviewer, the Huo Family Foundation (HFF)
  - 2024: Reviewer, National Council on Family Relations (NCFR)
  - 2022: Reviewer, Society for Research in Child Development (SRCD)
  - 2022: Grant Proposal Reviewer, Israel Science Foundation (ISF)
  - 2021: Reviewer, National Council on Family Relations (NCFR)
  - 2019: Reviewer, Society for Research on Adolescence (SRA)
  - 2019: Reviewer (Mentee), Society for Prevention Research (SPR)
  - 2015: Reviewer (Mentee), Society for Research on Adolescence (SRA)
- **Membership**
  - International Association for Relationship Research
  - International Positive Psychology Association
  - National Council on Family Relations
  - Society for Research in Child Development
  - Society for Research on Adolescence

Service to the University/College/Department (School)

- Resilience in Social Environment (RISE) Executive Board, New College of Interdisciplinary Arts and Sciences, Arizona State University, 2026-present
- SSFD Undergraduate Committee, T. Denny Sanford School of Social and Family Dynamics, Arizona State University, 2026-present
- SSFD Governance Committee, T. Denny Sanford School of Social and Family Dynamics, Arizona State University, 2025-present
- SSFD Methods Committee, T. Denny Sanford School of Social and Family Dynamics, Arizona State University, 2023-present
- Lead SSFD Lunch & Learn series for international student professional development, Arizona State University, October 2024.
- Research Advancement Committee, T. Denny Sanford School of Social and Family Dynamics, Arizona State University, 2023-2025
- Statistical Consultant, Department of Psychology, The University of Alabama, 2019 – 2023
- Experimental Committee, Department of Psychology, The University of Alabama, 2019 – 2023
- Graduate Statistics Committee, Department of Psychology, The University of Alabama, 2019 – 2023
- Publicity Committee, Department of Psychology, The University of Alabama, 2020 – 2023
- Graduate faculty: Department of Psychology, University of Alabama, 2019 – 2023
- Graduate Student Chair for Diversity Committee, Department of Human Development and Family Studies, The Pennsylvania State University, 2013 – 2014

Service to the Community

- No One Eats Alone Lunchtime Series at The Attachment Network of Connecticut, "Love and Flourishing: What Makes Youth Feel Loved?", Online, May 2025.
- CYDI Parenting Workshops at Center for Youth Development and Intervention, "What Makes Kids Feel Loved? General Tips for Positive Parenting", Tuscaloosa, AL, April 2022.
- Group Counseling Service, Non-Benefit Activity for AIDS Susceptible People in Gay Population, Wuhan, Hubei, 2011
- Family Counseling Service, Non-Benefit Activity to Strengthen Students' Learning Skills for Families with Children in Primary and Middle Schools, Wuhan, Hubei, 2011
- Mental Health Counseling Service, "Sunshine in Heart, Health in Life" for Students in the College of Economic and Management, Wuhan University, 2011
- Mental Health Counseling Service, Women's Mental Health, Wuhan, Hubei, 2011
- Marriage and Intimate Relationship Counseling Service, "Love at First Sight"—a Blind Date Among Thousands of People, Wuhan, Hubei, 2011
- On-Campus Psychological Service, Center for Mental Health Education, Wuhan Commercial Service College, 2010
- Social Practice Volunteer, Series Research-Related Service on Caring Peasant-Workers' Children, Wuhan University, 2010
- Group Counseling Service, The Camp for New Students in Jinmei Middle School, Jinmei, Hubei, 2010
- Member, Psychological Mutual-Assistance Committee, Graduate Student Union, Wuhan University, 2009 – 2010
- Social Work Volunteer, "Go Sichuan With Heart" Psychological Support Group in 5•12 Disaster Area, Sichuan, 2008

Selected Media Coverage and Blog Posts

- "**Stressed-out teen? Sleep and sports may be the cure**" (April 2026). ASU News. https://news.asu.edu/20260428-health-and-medicine-stressed-out-teen-sleep-and-sports-may-be-cure
- **"Love in Family, Friend, and Romantic Relationship: What Makes People Feel Loved?"** (May, 2025). "Ms-Muses" on Wechat (China's largest social media platform) with over 60,000 subscribers. https://news.qq.com/rain/a/20250520A01M5Q00
- "**Spring clean your social life: ASU Assistant Professor Mengya Xia on clearing clutter, nurturing connections and building healthier relationships**" (March 2025). ASU News. https://news.asu.edu/20250306-health-and-medicine-spring-cleaning-socially
- "**The 3 Core Elements of Romantic Love: Love, theoretically—and love, actually**" (February, 2024). Psychology Today. https://www.psychologytoday.com/us/blog/experimentations/202402/three-fundamental-aspects-of-romantic-love
- "**The 3 Core Qualities of True Love**" (January, 2024). Psychology Today. https://www.psychologytoday.com/us/blog/meet-catch-and-keep/202312/scientists-identify-the-core-features-of-love
- "**How much do family of origin and family interaction patterns affect child development?**" (November, 2022). "Ms-Muses" on Wechat (China's largest social media platform) with over 60,000 subscribers. https://view.inews.qq.com/qr/20221109A00Y8S00
- "**Adapting to campus: How freshmen transition from high school to college**" (October, 2022). The Crimson White. https://thecrimsonwhite.com/100763/culture/adapting-to-campus-how-freshmen-transition-from-high-school-to-college/
- "**Parental warmth on high-conflict days helps teens to feel loved**" (August, 2020). Penn State News. https://www.psu.edu/news/research/story/parental-warmth-high-conflict-days-helps-teens-feel-loved
- "**Parent-teen conflict less troublesome when teens feel loved, study shows**" (July, 2020). YaleNews. https://news.yale.edu/2020/07/14/parent-teen-conflicts-less-troublesome-when-teens-feel-loved-study-shows

- "**Early family experience affects later romantic relationships**" (July, 2018). NIH Research Matters. https://www.nih.gov/news-events/nih-research-matters/early-family-experience-affects-later-romantic-relationships
- "**How parents can help kids develop longer & healthier relationships, according to new research**" (April, 2018). News18. https://www.news18.com/news/lifestyle/health-and-fitness-how-parents-can-prepare-kids-for-healthier-relationships-1733007.html
- "**Parents may help prep kids for healthier, less violent relationships**" (April, 2018). ScienceDaily. https://www.sciencedaily.com/releases/2018/04/180427155748.htm