

Darrian McKiernan, PhD, LMFT

Co-Director & Assistant Clinical Professor
MAS-MFT Program
Sanford School of Social and Family Dynamics, Arizona State University
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EDUCATION

Ph.D., Florida State University

Human Development and Family Science
Specialization in Marriage and Family Therapy
Dissertation: *To Hinder or To Strengthen: Adult Survivors' of Child Sexual Abuse Experiences with Parent Disclosure Response*

M.S., University of Nevada, Las Vegas

School of Medicine
Specialization in Marriage and Family Therapy
Research Capstone: *Sexual Satisfaction in LDS Couples: A Quantitative Analysis*

B.S., University of Nevada, Las Vegas

College of Liberal Arts
Specialization In Psychology

RESEARCH MANUSCRIPTS

McKiernan, D. M., Clawson, K. G. D. A., & Eddy, B. P. (2022). From secrecy to openness: sexual satisfaction in couples from The Church of Jesus Christ of Latter-Day Saints. *Sexual and Relationship Therapy*, 1-18. <https://doi.org/10.1080/14681994.2022.2047643>.

McKiernan, D. M. (2024). To Hinder or To Strengthen: Adult Survivors' of Child Sexual Abuse Experiences with Parent Disclosure Response. *ProQuest*.

McKiernan, D. M., McWey, L., and Schelbe, L. (2026). "Adult Survivors' Perceptions of Parents' Responses to Child Sexual Abuse Disclosure: Helpful and Unhelpful Responses." *Journal of Family Therapy*48, no. 2: e70026. <https://doi.org/10.1111/1467-6427.70026>.

CONFERENCE PRESENTATIONS

Curriculum Vitae

McKiernan, D. M., Clawson, K. G. D. A., & Eddy, B. P. (Presented 2021). *From secrecy to openness: sexual satisfaction in couples from The Church of Jesus Christ of Latter-Day Saints*. Presentation at Annual TIN Conference: Intervention Research in Systemic Family Therapy, Virtual.

PROFESSIONAL CREDENTIALS

Licensed Marriage and Family Therapist (LMFT-16007) - Arizona

Licensed Marriage and Family Therapist (MT 4555) - Florida

Licensed Marriage and Family Therapist (4627-R) - Nevada

State Approved Supervisor - Arizona, Florida

AAMFT Supervisor Candidate - Arizona, Florida, Nevada

CLINICAL EXPERIENCE

2023-Present **Owner, Licensed Marriage and Family Therapist, Clinical Supervisor - Arrange Your Change Therapy LLC, Virtual**

Client specialization includes: sexuality, sex and intimacy, abuse, sexual abuse, intimate partner violence, trauma, EMDR, teens and adolescents, and parent-child relationships

2023-Present **Intimate Partner Violence Continuing Education Trainer - Arrange Your Change Therapy, Virtual**

2021-2023 **Licensed Marriage and Family Therapist - Las Vegas Therapy, Nevada**

2021-2023 **Licensed Marriage and Family Therapist, Victim Advocacy Group Therapist - Center for Couple and Family Therapy, Tallahassee, Florida.**

2021 **Marriage and Family Therapist Intern - Illuminated Path, Las Vegas Nevada**

2020-2021 **Couple and Family Therapist Intern - Kayenta Therapy, Las Vegas, Nevada**

2018-2020 **Couple and Family Therapist Intern - Center for Individual, Couple, and Family Counseling, Las Vegas, Nevada**

Curriculum Vitae

TEACHING EXPERIENCE

- 2024-Present **Co-Director and Clinical Assistant Professor** - Arizona State University, MAS Marriage and Family Therapy
- Courses include: Introduction to Marriage & Family Therapy, Professional Issues & Ethics, Assessment in Marriage & Family Therapy, Applied Issues in Human Development: Psychopathology, Applied Issues in Children & Adolescents, Advanced Techniques in Marriage & Family Therapy, Applied Issues in Couple's Therapy, Applied Issues in Sexuality, Dysfunctional Families, and Practicum
- 2023-2024 **Faculty Instructor** - University of Phoenix, MS Mental Health Counseling
- Courses include: Graduate Portfolio I-III, Residency I-III, Personality Theories And Counseling Models, Research Methods for Mental Health Counselors, Dependency and Addictions, Family, Couple, and Child Counseling, and Advanced Marriage And Family Therapy
- 2021-2024 **Instructor of Record** - Florida State University, Family and Child Science
- Courses included: Child Development, Family Relationships: A Life Span Development Approach, and Stress and Resilience in Individuals and Families.
- 2022 **Mindfulness Presentation** - Florida State University
- 2021 **Genogram Presentation** - Florida State University
- 2021 **EFT Therapeutic Modality Presentation** - University of Nevada. Las Vegas
- 2020 **Relationships in Medicine Workshop** - University of Nevada. Las Vegas

TRAININGS

- 2026 **Not Your Typical Therapist Conference**, Phoenix, AZ.
15.25 Continuing Education Hours
- 2025 **Gottman Bringing Baby Home Educator Training**, Online
Trainer: Dr. John and Julie Gottman
- 2025 **Gottman Bringing Baby Home Educator Training**, Online

Curriculum Vitae

Trainer: Dr. John and Julie Gottman

- 2025 **Gottman Level 1 & 2, Online**
Trainer: Dr. John and Julie Gottman
- 2023 **Clinical Supervision Tutorial on Arizona Statutes/Regulations, Online**
Trainer: Tammi T. Lee
- 2023 **Arizona Statutes/Regulations Tutorial, Online**
Trainer: Tammi T. Lee
- 2023 **Cultural Competency: Trans Therapeutic Support Letter Writing, Online**
- 2023 **AAMFT Leadership Symposium, New Orleans, LA.**
- 2023 **Internal Family Systems & Self-Leaderships, New Orleans, LA.**
- 2023 **Laws & Rules Training, Online**
- 2023 **Domestic Violence Training, Online**
2023 **HIV & AIDS Training, Online**
- 2020 **Perinatal Training (1 day), Online**
- 2020 **Trauma Model Therapy Training (2 hours), Online**
- 2020 **PESI Telehealth for Mental Health Professionals Training (2 days), Online**
- 2020 **EMDR and Resilience Training (1 day), Online**
- 2020 **EMDR Shame Eviction Training (4 hours), Las Vegas, NV.**
- 2019 **EMDR Certified Supervision (10 hours), Las Vegas, NV.**
- 2019 **EMDR Parts 1 & 2 Training (6 days), Las Vegas, NV.**
- 2019 **Emotionally Focused Therapy Externship (4 day), Las Vegas, NV.**

MEMBERSHIPS & POSITIONS

2019-Present **EMDR International Association - Member**

2018-Present **American Association for Marriage and Family Therapy (AAMFT)**

Curriculum Vitae

- 2022-2024 **Journal of Martial and Family Therapy (JMFT) Apprentice Reviewer**
- 2022-2023 **Florida State University Marriage and Family Therapy Student Organization** - Social Media Representative
- 2018-2020 **Delta Kappa Zeta International Marriage and Family Honor Society (UNLV Chapter)**
- 2014-2016 **Alpha Delta Pi Sorority** - Special Events Chair, Homecoming Coordinator, Music Chair, Member

HONORS & AWARDS

- 2021-2023 **Foundation Scholarship** - Florida State University
- 2014-2018 **WUE Scholarship** - University of Nevada, Las Vegas
- 2017 **UNLV International Programs Scholarship** - Torino, Italy
- 2016 **Certified Rehabilitation Service Provider** - Las Vegas, NV.
- 2014 **National Residence Hall Honorary** - University of Nevada, Las Vegas

SERVICE

- 2023 Undergraduate Research Opportunity Program Mentor - Florida State University
- 2023 Love Your Neighbor Outreach - New Orleans, LA.
- 2014-2018 Ronald McDonald House Philanthropy - Las Vegas, NV.
- 2017 A Greater Cause in Philanthropy - Las Vegas, NV.
- 2015-2017 Ronald McDonald House Silent Action - Las Vegas, NV.
- 2015 Children's Miracle Network in Philanthropy - Las Vegas, NV.

OTHER EDUCATIONAL EXPERIENCE

- 2017 **Studied Abroad with USAC Program** - Torino, Italy