

YINUO (NOREEN) XU

yinuoxu1@asu.edu

EDUCATION

Arizona State University

Aug 2025 – Present

Ph.D. program in Family and Human Development

Advisor: Stephen T. Russell

The University of North Carolina at Chapel Hill

Aug 2021 – Dec 2023

B.A. in Psychology (Highest Distinction); Minors: Education, Neuroscience

Southe China Normal University

Sep 2019 – Jun 2021

Major: Psychology

SCHOLARSHIPS AND HONORS

Dean's list, UNC-Chapel Hill

Fall 2021 – Fall 2023

Summer Undergraduate Research Fellowship, UNC-Chapel Hill (\$4,000)

2023

Diversifying Psychology Weekend Scholar, UNC-Chapel Hill

2022

Outstanding Student Leader, South China Normal University

2021

Third Prize Scholarships, South China Normal University (top 7%)

2020

PEER-REVIEWED PUBLICATIONS

Xu, Y., Gao, Y., Hall, W.J., Scott, M., Ramon, M., Englert, A., Espelage, D.L. (2025). Childhood violence victimization patterns and their associations with adulthood victimization and mental health among sexual minority young adults. *Child Abuse & Neglect*, 167, 107597. <https://doi.org/10.1016/j.chiabu.2024.107597>

Xu, Y., Hall, W., Ramon, M., Williams, D.Y. (2025). Positive identity among lesbian, gay, bisexual, and queer young adults in a Southern U.S. State: Association with demographics and depression. *Sexual and Gender Diversity in Social Services*, 1–25. <https://doi.org/10.1080/29933021.2025.2536850>

Hall, W., Williams, D.Y., **Xu, Y.**, Scott, Mc., Chiang, P-C., Englert, A., Leite, J.A., Dawes, H.C., Richardson, S.C., Srivastava, A. (2025). Mental health service experiences regarding sexual orientation: Relations with demographics, depression, and suicidality among queer adults. *Psychological Services*

Chen, Z., Garic, D., **Xu, Y.**, Smith, R., Weisenfeld, L.A., Kim, S.H., Styner, M., Piven, J., Philpot, B., Hazlett, H., Shen, M. (2025). Increased extra-axial cerebrospinal fluid volume in children with Angelman Syndrome: Links to sleep problems and seizures. *Annals of the Child Neurology Society* <https://doi.org/10.1002/cns3.70024>

Hall, W., Williams, D.Y., **Xu, Y.**, Adams, A., Richardson, S., Srivastava, A., Dawes, H., Englert, A., Chiang, P-C., Leite, J., Cailin, C., Wilson, J. (in press). Prevalence of and risk factors for suicidal ideation and attempts among Black LGBTQ+ youth and young adults. *North Carolina Medical Journal*

Chiang, P-C., **Xu, Y.**, Williams, D.Y., Srivastava, A., Leite, J.A., Englert, A.R., Hall, W.J. (2025) The relationship between family environments growing up and behavioral health among LGBTQ+ adults: The mediating role of internalized homonegativity. *PLOS ONE* 20(6): e0327370. <https://doi.org/10.1371/journal.pone.0327370>

Fensterstock, N., Watson, K.R., Robinson, L.E., Warri, V., Garcia, A.A., Wu, C., Hogenkamp, S., **Xu, Y.**, Garner, H., Dunn, D., Astor, R.A., Espelage, D.L., McMahon, S.D., Reddy, L.A., Martinez, A., Anderman, E.M., Worrell, F.C. (2025). Social workers' reports on needs and recommendations to enhance school safety. *Behavioral Sciences*, 15(5), 627. <https://doi.org/10.3390/bs15050627>

Robinson, L.E., Watson, K.R., Fensterstock, N., Hogenkamp, S., **Xu, Y.**, Garner, H., Warri, V., Garcia, A.A., Wu, C., Dunn, D., McMahon, S., Reddy, L., Anderman, E., Worrell, F., Martinez, A., Astor, R.A., Espelage, D.L. (2025). School safety concerns and solutions: A qualitative analysis of U.S. school psychologists' perspectives. *Behavioral Sciences*, 15(2), 228. <https://doi.org/10.3390/bs15020228>

- Xu, Y.,** Valido, A., Tiedge, C., & Espelage, D. L. (2024). Battle against effects of discrimination with belonging and support: Mental health risk and protective factors among sexual and gender minority youth. *School Mental Health*, 1-15. <https://doi.org/10.1007/s12310-024-09723-0>
- Xu, Y.,** Hall, W., Scott, Mc., Gao, Y., Chiang, P-C., Williams, D.Y., Srivastava, A. Englert, A., Ramon, M. (2024). Strategies for coping with minority stress among queer young adults: Usage frequency, associations with demographics, and mental health. *International Journal of Environmental Research and Public Health*, 21(8), 1052. <https://doi.org/10.3390/ijerph21081052>

MANUSCRIPTS UNDER REVIEW

- Xu, Y.,** Chiang, P-C, Scott, M., Gao, Y., Xu, J., Yang, Y., Hall, W., Espelage, D.L. (revised & resubmitted). School-level mental health protective and promotive factors for sexual and gender minority youth: A systematic review. *Journal of School Psychology*
- Xu, Y.,** Hall, W.J., Wilson, J., Russell, S.T. (in revision). Sexual orientation and gender identity change efforts before age 18: Demographic correlates and associations with mental health conditions. *LGBT Health*
- Xu, Y.,** Gao, Y., Chiang, P-C., Scott, M., Hall, W.J. (under review). Multi-level homophobic messages received growing up predicting mental health outcomes among queer adults: The mediating role of internalized stigma. *Psychology of Sexual Orientation and Gender Diversity*
- Gao, Y., Wang, X., **Xu, Y.,** Espelage, D.L. (in revision). Patterns of masculinity ideologies among Chinese male adolescents: A latent class analysis. *Archives of Sexual Behavior*
- White, Z., Valido, A., **Xu, Y.,** Tiede, C., Espelage, D. (under review). Teacher expectations and respect for students, growth mindset, resilience, and self-esteem: impact on academic motivation and academic achievement. *Educational Psychology*
- Jin, P., Chang, Q., Ding, C., Ouyang, J., **Xu, Y.,** Li, Z., Lin, W., Gao, R., Mo, L. (in revision). Homo economicus versus homo sociologicus in the ultimatum game: The interactive effects between economic gains and fairness on responders' acceptance. *BMC Psychology*

MANUSCRIPTS IN PREPARATION

- Xu, Y.,** Gao, Y., Meng, H., Espelage, D.L., Russell, S.T. (in prep). Typologies of violence victimization and perpetration and longitudinal mental and behavioral health outcomes in LGBTQ+ adolescents
- Xu, Y.,** Gao, Y., Meng, H., Chiang, P-C., Scott, M., Hall, W.J. (in prep). Mental health risk and protective factors among LGBTQ+ young adults in China: A systematic review and meta-analysis
- Xu, Y.,** Gao, Y., Meng, H., Russell, S.T., Espelage, D.L., Wang, X. (in prep). Do school climate and social support explain and buffer mental health risks among Chinese LGB+ adolescents?
- Xu, Y.,** Gao, Y., Meng, H., Russell, S.T. (in prep). Typologies of childhood violence victimization among three generations of sexual minority adults in a national representative sample
- Xu, Y.,** Rodda, P.A., Youngstrom, E.A. (in prep). Content overlap analysis of seven common bipolar screening scales for children and adolescents
- Gao, Y., **Xu, Y.,** Wang, Y., Guo, X., Wang, X., Espelage, D.L. (in prep). Felt pressure for gender conformity and psychosocial adjustment in Chinese adolescents
- Gao, Y., **Xu, Y.,** Espelage, D.L., Wang, X., Peng, Y., Wang, Y. (in prep). Peer sexual harassment victimization and perpetration in Chinese adolescents
- Gao, Y., **Xu, Y.,** Chadha, A., Guo, X., Li, X., Wu, C., Yang, H., Zhang, Y., Espelage, D.L. (in prep). Effectiveness of gender role attitude interventions among adolescents and young adults: A meta-analysis
- Gao, Y., **Xu, Y.,** Galvan, A., Espelage, D.L., Chadha, A., Harris, M., McKenzie, M. (in prep). Longitudinal outcomes of adolescent sexual and dating violence victimization: A systematic review

INTERNATIONAL AND NATIONAL CONFERENCES PRESENTATIONS & POSTERS

*Equal contribution

- Xu, Y.,** Gao, Y., Espelage, D.L., Russell, S.T., Wang, X. (submitted). Support from Friends and Family Explains Mental Health Risks among LGB+ Adolescents in China. Abstract submitted to the 2026 Society of Research in Adolescence Biennial Meeting, Symposium: LGBTQ+ Youth Well-Being in Context: International Perspectives on Coming-Out Experiences and Social Support (Chair: S. Ioverno), Toronto, Canada.
- Xu, Y.,** Gao, Y., Espelage, D.L., Russell, S.T., Wang, X. (submitted). Homophobic Teasing and Mental Health Protective Factors among LGB+ Adolescents in China. Abstract submitted to the 2026 Society of Research in Adolescence Biennial Meeting, Symposium: Marginalized Youth, Bullying and Mental Health (Chair: D.L. Espelage), Toronto, Canada.
- Xu, Y.,** Gao, Y., Espelage, D. L. (submitted). Hidden Patterns, Lasting Effects: Violence Victimization and Perpetration Typologies and Longitudinal Implications in LGBTQ+ Adolescents. Abstract submitted to the 2026 American Educational Research Association Annual Meeting, Symposium: Cross-cutting research to understand risk and resilience among LGBTQIA+ individuals (Chair: K. Parodi), Los Angeles, CA.
- Hall, W., Williams, D.Y., **Xu, Y.,** Adams, L., Richardson, S., Srivastava, A., Dawes, H., Englert, A., Chiang, P-C., Leite, J., Cailin, C., Wilson, J. (submitted). Prevalence and Risk Factors for Suicidal Ideation and Suicide Attempts Among Black LGBTQ+ Young Adults. Abstract submitted to the 2026 Society for Social Work and Research 30th Annual Conference, Washington, DC.
- Hall, W., Williams, D.Y., **Xu, Y.,** Scott, M., Chiang, P-C., Englert, A., Leite, J., Dawes, H., Srivastava, A. (submitted). Mental Health Service Experiences Regarding Sexual Orientation and Relationships with Depression and Suicidality Among Queer Adults. Abstract submitted to the 2026 Society for Social Work and Research 30th Annual Conference, Washington, DC.
- Xu, Y.,** Rodda, P., Sabigir, C., Youngstrom, E. (2025) Content Overlap Analysis of Common Mania Scales for Children and Adolescents. Poster to be presented at the 2025 American Academy of Child and Adolescent Psychiatry Annual Meeting in, Chicago, IL.
- Xu, Y.,** Hall, W., Chiang, P-C., Scott, M., Gao, Y. (2025). Homophobic Messages and Anxiety and Depression: Mediating Role of Internalized Homonegativity. Poster to be presented at American Psychology Association Convention 2025, Denver, CO.
- Gao, Y., **Xu, Y.,** Espelage, D. L., Wang, Y. (2025). Peer Sexual Harassment and Gender-based Bullying in Chinese High School Students. Poster to be presented at American Psychology Association Convention 2025, Denver, CO.
- Gao, Y., **Xu, Y.,** Espelage, D. L., Wang, Y. (2025). Patterns of Dating Violence Perpetration and Victimization in Chinese Female Young Adults. Poster to be presented at American Psychology Association Convention 2025, Denver, CO.
- Xu, Y.,** Gao, Y., Espelage, D. L. (2025). Childhood Violence Patterns: Impact on Adult Victimization and Mental Health in Sexual Minority Young People. Poster presented at Society for Research in Child 2025 Biennial Meeting, Minneapolis, MN.
- Gao, Y., **Xu, Y.,** Wang, Y., Guo, X., Wang, X., Espelage, D. L. (2025). Felt Pressure for Gender Conformity and Psychosocial Adjustment in Chinese Adolescents. Poster presented at Society for Research in Child 2025 Biennial Meeting, Minneapolis, MN.
- Gao, Y., Wang, X., **Xu, Y.,** Espelage, D. L. (2025). Patterns of Masculinity Ideologies Among Chinese Male Adolescents: A Latent Class Analysis. Poster presented at Society for Research in Child 2025 Biennial Meeting, Minneapolis, MN.
- Chen, Z., Garic, D., **Xu, Y.,** Smith, R., Weisenfeld, L.A., Kim, S.H., Styner, M., Piven, J., Philpot, B., Hazlett, H., Shen, M. (2025). Poster presented at International Society for Autism Research 2025 Annual Meeting, Seattle, WA.
- Xu, Y.,** Chow, G.C., Sisk, B., Youngstrom, E. A. (2024). Meta-Analysis of the Bipolar Spectrum Diagnostic Scale's Accuracy in Screening Bipolar Disorders. Poster presented at 2024 Association for Behavioral and Cognitive Therapy Special Interest Group Expo, Philadelphia, PA. <https://doi.org/10.17605/OSF.IO/6T5NK>
- Xu, Y.,** Rodda, P.A., Baggs, J., Youngstrom, E.A. (2024). A Content Overlap Analysis of 7 Mania Rating Scales for Children and Adolescents. Poster presented at 2024 Association for Behavioral and Cognitive Therapy Special Interest Group Expo, Philadelphia, PA. <https://doi.org/10.17605/OSF.IO/E93ZH>
- Xu, Y.,** Youngstrom, E.A., Stephenson, K. (2024). Latent Profiles of Manic and Depressive Symptoms and Their Associations with Eating Disturbances among Young Adults. Poster presented at 2024 Association for Behavioral and Cognitive Therapy Special Interest Group Expo, Philadelphia, PA.

- Xu, Y.**, Hall, W., Ramon, M., Williams, D.Y. (2024). Positive Identity and Depression among Lesbian, Gay, Bisexual, and Queer Young Adults. Poster presented at 2024 National LGBTQ+ Conference, Atlanta, GA.
<https://doi.org/10.17605/OSF.IO/GW7E3>
- Xu, Y.**, Hall, W., Ramon, M., Scott, Mc., Leite, J. (2024). The Role of Strategies for Coping on Anxiety and Depression in Queer Young Adults. Paper presented at the 2024 National LGBTQ+ Conference, Atlanta, GA.
<https://doi.org/10.17605/OSF.IO/S5D2J>
- Hall, W., Chiang, P-C., Dawes, H., Englert, A., Leite, J., Scott, Mc., Srivastava, A., **Xu, Y.** (2024). Use of Mental Health Services Regarding Sexual Orientation: Relations with Demographics, Depression, and Suicidality Among Queer Adults. Poster presented at the 2024 National LGBTQ+ Conference, Atlanta, GA.
- Xu, Y.**, Youngstrom, E.A., Chow, G., Sisk, B. (2024). A Meta-analysis of the Bipolar Spectrum Diagnostic Scale (BSDS)'s Accuracy to Screen Bipolar Disorders: Do Time, Bipolar Type Assessed, and Risk of Bias Moderate the Effect? Poster presented at 2024 Future Direction Forum, Columbus, OH. <https://doi.org/10.17605/OSF.IO/6T5NK>
- Chow, G.*, **Xu, Y.***, Sisk, B., Langfus J.A., Youngstrom, E.A. (2024). Sex and Age Differences in Child and Adolescent Depression and Mania Assessments: A Differential Item Functioning Approach. Poster presented at 2024 Future Direction Forum, Columbus, OH.
- Dear, E.R., Choplin, E.G., Thomas, C., **Xu, Y.**, Langfus, J.A., Youngstrom, E.A. (2024). Differential Item Functioning Between Caregiver-Youth Dyads on the ASEBA Anxious/Depressed Syndrome. Poster presented at 2024 Future Direction Forum, Columbus, OH.
- Xu, Y.** (2024). School-level Mental Health Protective Factors for Sexual and Gender Minority Youth. Individual paper presented at 2024 Science for All Summit, Chapel Hill, NC. <https://doi.org/10.17605/OSF.IO/JSV2G>
- Fulton, M., Garic, D., Chen, Z., Gross, J., **Xu, Y.**, Hecht, C., Janis, A., West, M., Capal, J., Shen, M., Schwichtenberg, A.J. (2024). Angelman and Fragile X Syndromes - Early Sleep Patterns, Poster presented at 56th Gatlinburg Conference on Research and Theory in Intellectual and Developmental Disabilities, Kansas City, MO.

REGIONAL AND SCHOOL LEVEL PRESENTATIONS & POSTERS

- Xu, Y.**, Rodda, P. A., Baggs, J., Youngstrom, E. A. (2024). A Content Overlap Analysis of 7 Mania Rating Scales for Children and Adolescents. Poster presented at the 2024 Summer Student Poster Session at Nationwide Children's Hospital, Columbus, OH.
- Xu, Y.**, Youngstrom, E. A., & Stephenson, K. (2024). Latent Profiles of Manic and Depressive Symptoms and Their Associations with Eating Disturbances among Young Adults. Poster presented at 2024 Summer Student Poster Session at Nationwide Children's Hospital, Columbus, OH.
- Xu, Y.**, Hall, W., Ramon, M., & Williams, D. Y. (2024). Positive Identity and Its Association with Demographics and Depression among Lesbian, Gay, Bisexual, and Queer Young Adults. Poster presented at 2024 Celebration of Undergraduate Research, University of North Carolina at Chapel Hill.
- Xu, Y.**, Valido, A., & Espelage, D. (2023). Comparing Mental Health Risk and Protective Factors Among Sexual and Gender Minority Youth. Poster presented at the School of Education Undergraduate Research Symposium, University of North Carolina at Chapel Hill.
- Wallace, L., Vaher, K., **Xu, Y.**, Saravanan, D., Dameron, B., & Ponce-Rubio, A. (2022). Perceived Teacher Support as a Predictor of Perception of Safety, Moderated by Race & Gender. Paper presented at the 4th Annual RTI-UNC Research Symposium, RTI International, Research Triangle Park, North Carolina.

RESEARCH EXPERIENCES

SOGI Health and Rights Lab

Graduate Researcher

Lab research focus: LGBT youth development and wellness with social contexts.

Principal Investigator: Dr. Stephen T. Russell | Arizona State University

Aug 2025 – Present

SOGI-Q 2.0 Health Study: A follow-up study of LGBTQ+ adolescence to adulthood

Graduate Research Assistant

Aug 2025 – Present

Espelage RAVE Lab

Research Assistant

Research Lab Coordinator

Lab research focus: bullying, identity-based victimization, school-based prevention and intervention.

Principal Investigator: Dr. Dorothy L. Espelage | UNC-Chapel Hill

Aug 2022 – Present

Apr 2024 – May 2025

Longitudinal Outcomes of Adolescent Sexual and Dating Violence Victimization: A Systematic Review

Research Assistant

Mar 2025 – Present

Investigating Impulsivity as a Root Cause of School Violence: A Systematic Review and Meta-analysis

Research Assistant

May 2023 – Present

– An NIH-funded project examining impulsivity as a root cause of school violence.

– Award ID: 15PNIJ-22-GG-03140-RESS

APA Task Force's Violence Against Educators and School Personnel

Research Assistant

Apr 2024 – Jan 2025

– An APA-led online survey to investigate the violent experience of teachers and other school personnel across the U.S.

Influence of Gender Context on Chinese Adolescents' Development

Research Assistant

Sept 2023 – Aug 2024

– An interdisciplinary study led by Dr. Xiyang Wang at Beijing Normal University and RAVE lab.

NC Life Study

Research Assistant

Aug 2022 – May 2024

– An NIH-funded R01 project investigating how adolescent exposure to structural racism and discrimination (SRD) affects long-term developmental outcomes (follow-up of Add Health).

Developmental Trajectories of Depression and Suicide among LGBTQ People of Color

Research Assistant

Sept 2022 – May 2023

– An NIMH-funded project led by a lab Ph.D. student to examine mechanisms that contribute to the increased rates of depression and suicidality among LGBTQ-POC.

The QUEST Study Lab

Research Assistant

Paid Project Research Assistant

Lab research focus: LGBTQ+ youth identity development, mental health prevention, and intervention.

Principal Investigator: Dr. William Hall | UNC-Chapel Hill

Feb 2022 – Present

Feb 2024 – Jan 2025

Charting Trajectories of Sexual Identity Development and Mental Health Disparities Among Sexual Minority Youth

Research Assistant

Feb 2022 – present

– A NIH-funded R01 study investigating queer youth's identity development, adversity and resilience, and well-being in adolescence.

– Project number: 5R01MD015109-04

2024 North Carolina LGBTQ+ Health Survey

Research Assistant

Apr 2024 – June 2024

The Associations between Positive LGBQ+ Identity and Depression

Principle Investigator

May 2023 – Aug 2023

– Summer Undergraduate Research Fellowship under the supervision of Dr. Hall.

Institute for Mental and Behavioral Health Research (IMBHR)

Advisors: Dr. Eric Youngstrom, Dr. Alberto Stefana, Dr. Kevin Stephenson | Nationwide Children’s Hospital
Post-bacc Summer Research Intern (10% acceptance rate) Jun 2024 – Aug 2024

Meta-analyses and Systematic Reviews of Mental Health Assessment and Treatment

Research Assistant

- Meta-analysis of the associations between real relationships and treatment outcomes.
- Meta-analysis of the effectiveness of randomized controlled trials of pediatric bipolar treatments.

Mapping and Capturing Evidence-based Psychiatric and Clinical Assessment Used in IMBHR

Project Assistant

Disseminating Psychology Knowledge through Open Science Tools

Project Assistant

Helping Give Away Psychological Science

Volunteer Research Assistant Advisor: Dr. Eric Youngstrom | UNC-Chapel Hill
Feb 2022 – Nov 2024
Research focus: mood disorders, evidence-based assessment, dissemination of psychological science.

Examining Differential Item Functioning (DIF) in Child Behavior and Mood Disorder Assessments

Project Lead Sept 2023 – Nov 2024

PSYC 395: Meta-analysis of Psychometrics of the Bipolar Spectrum Diagnostic Scale (BSDS).

Project Lead Aug 2022 – Nov 2024–

REDCap Assessment Center and Translation Center Project

Project Assistant Mar 2023 – Aug 2023

Promoting dissemination of cross-cultural mental health resources using Squid Game

Project Co-investigator Feb 2022 – Mar 2023

- A Wikimedia Foundation Rapid Grant

The Shen Lab

Volunteer Research Assistant Principal Investigator: Dr. Mark Shen | UNC-Chapel Hill
Feb 2022 – Aug 2024
Lab research focus: early biological markers of neurodivergent disorders and behavioral issues.

A Longitudinal MRI Study of Brain Development in Fragile X Syndrome

Research Assistant Sept 2022 – Aug 2024

- A 5-year NIH-funded R01 study of brain development and Cerebrospinal fluid (CSF) physiology

PEER-REVIEWER FOR SCIENTIFIC JOURNAL

Sexuality Research and Social Policy	2025
International Journal of Bullying Prevention	2025

MENTAL HEALTH SERVICES AND CLINICAL WORK EXPERIENCES

Behavioral Health Technician (Psychiatry In-patient Unit)

Duke Region Hospital Behavioral Health Center

Jan 2024 – May 2024

Applied Behavior Analysis Technician

The Bridge Consulting Group, LLC

Dec 2023 – Apr 2024

Peer Guide, Peer Support Group Host

Caring Minds | China

Feb 2022 – Aug 2023

Paid Online Peer Support Counselor

KnowYourself | China

Aug 2022 – Jun 2023

TEACHING EXPERIENCE

Teaching Assistant for Feng Chia University Summer Session

JNC Study Abroad | China

Jul 2023 – Aug 2023

Course Title: Evolution of Modern Psychology

Instructor: Prof. Emese Vitalis

CERTIFICATIONS

Applied Behavior Analysis Technician, QABA

Jan 2024

Basic Life Support, American Heart Association

Feb 2024

Non-violent Crisis Intervention, CPI

Feb 2024

Adult Mental Health First Aid USA

Mar 2023

SKILLS

Programming & Data Analysis: R, Stata, Mplus, SPSS, E-Prime, Nvivo

Advanced Quantitative Analytical Approaches: linear & logistic regression, structural equation modeling, item response theory, factor analysis, latent class analysis, systematic review & meta-analysis.

Qualitative Skills: semi-structure interviews, thematic analysis.

Data Management & Platforms: Qualtrics, Redcap, Covidence, MetaReviewer, Maestro Care (Epic), CentralReach, Ragic!, Emfit.

Editing: LaTeX

Open Science Tools: Wikiversity & Wikipedia, OSF.

Languages: Chinese (Mandarin and Cantonese, Native); English (Proficient)