

**STEPHEN T. RUSSELL**  
Foundation Professor and Director

T. Denny Sanford School of Social and Family Dynamics    Email: stephen.t.russell@asu.edu  
Arizona State University Tempe Campus  
951 Cady Mall #144, Tempe, AZ 85287

**EDUCATION**

1994            Ph.D., Sociology, Duke University  
1989            M.A., Sociology, The College of William and Mary in Virginia  
1988            B.A., Sociology, Wake Forest University

**ACADEMIC APPOINTMENTS**

2025-present    Foundation Professor and Director, T. Denny Sanford School of Social and Family Dynamics, Arizona State University  
2020-2025      Amy Johnson McLaughlin Director, School of Human Ecology, University of Texas at Austin  
2016-2023      Chair, Department of Human Development and Family Sciences, UT Austin  
2015-2025      Priscilla Pond Flawn Regents Professor in Child Development, Department of Human Development and Family Sciences, UT Austin  
*Affiliated faculty member:* Sociology, Population Research Center, LGBT Studies  
2012-2015      Interim Director, John & Doris Norton School, Family & Consumer Sciences, University of Arizona (UA)  
2008-2015      Director, Frances McClelland Institute for Children, Youth and Families, Norton School of Family and Consumer Sciences, UA  
2007-2015      Distinguished Professor and Fitch Nesbitt Endowed Chair in Family and Consumer Sciences, Division of Family Studies and Human Development, UA  
*Affiliated faculty member:* Sociology, Psychology, Gender and Women's Studies, School of Mind, Brain, and Behavior  
2004-2007      Associate Professor, Division of Family Studies and Human Development, Norton School of Family and Consumer Sciences, College of Agriculture and Life Sciences, UA  
1999-2004      Specialist in Cooperative Extension and Director, 4-H Center for Youth Development, Department of Human and Community Development, College of Agriculture and Natural Resources, University of California (UC) Davis  
1997-1999      Assistant Professor and Extension Specialist, Department of Family and Consumer Sciences, College of University of Human Resources and Family Sciences, University of Nebraska-Lincoln  
1994-1997      Postdoctoral Research Associate, Carolina Population Center, University of North Carolina at Chapel Hill

**HONORS AND AWARDS**

2025            Elected Member, National Academy of Education  
2019-present    Member, William T. Grant Foundation Scholars Selection Committee  
2019            Social Justice Award for Contributions to Family Science, National Council on Family Relations

2018-2019	Member, National Academies of Sciences, Engineering and Medicine, Consensus Committee on Neurobiological and Socio-behavioral Science of Adolescent Development and Its Applications
2017-2018	Invited Chair, National Academies of Sciences, Engineering and Medicine, Committee on Population, Expert Working Group on Lesbian, Gay, Bisexual and Transgender Populations
2018	Society for Research on Adolescence Social Policy Book Award for <i>Sexual Orientation, Gender Identity, and Schooling</i>
2017	American Psychological Association Division 44 Distinguished Book Award for <i>Sexual Orientation, Gender Identity, and Schooling</i>
2017	Elected Fellow of the National Council on Family Relations
2010-2016	President, Society for Research on Adolescence (SRA: President Elect 2010-2012; President 2012-2014; Past President 2014-2016)
2004	Elected as Full Member of the International Academy of Sex Research
2001-2006	William T. Grant Foundation Scholar
2000	Wayne F. Placek Award, American Psychological Foundation

### ***National / International Service***

2022-present	Observational Study Monitoring Board, The Adolescent Brain Cognitive Development (ABCD) Study
2019-present	Board of Directors, Council on Contemporary Families
2019-2025	Governing Council Member, Society for Research in Child Development (SRCDD)
2012-2016	Founding Member and SRA Representative to <i>International Consortium of Developmental Science Societies</i>
2012	SRCDD Task Force on Revisions to the Common Rule
2012	Expert panelist, Center for Disease Control and Prevention, Youth HIV/STI Prevention and Sexual Health External Expert Review
2011-2016	SRCDD Committee on Equity and Justice
2011	Director, European Association of Research on Adolescence / SRA Summer School
2010-2019	Board Member, Treasurer (2013-2015), Chair (2015-2018), SIECUS
2010-2016	President-Elect, President, Past-President; SRA
2010-2015	Steering Committee Member, Substance Abuse and Mental Health Services Administration (SAMHSA) Suicide Prevention Resource Center
2005-2008	Elected Board Member-at-Large, National Council on Family Relations (NCFR)

### **GRANTS**

#### ***Federal Research Grants***

- National Institute of Mental Health. Improving measurement of exposure to cisheterosexism in childhood and the effect on adult sexual and gender minority health: Refining and testing the Sexual and Gender Minority Adverse Childhood Experiences (SGM-ACEs) II Scale. 4/2024 - 3/2028. Co-I. (PI Schnarrs)
- National Institute on Minority Health and Health Disparities. Adolescent health at the intersections of sexual, gender, racial/ethnic, immigrant identities and native language. 1/2021-12/2025. Co-I / Site P.I. (PI Eisenberg)
- Eunice Kennedy Shriver National Institute of Child Health and Human Development. Identity Stress and Health in Three Cohorts of Lesbians Gay Men and Bisexuals. 1/2015-6/2020. Co-I / Site P.I.
- National Institute of Mental Health. Risk and Protective Factors for Suicide among Sexual Minority Youth. 7/2011-3/2016. Co-I / Site P.I. (PI Meyer)

National Institute on Alcohol Abuse and Alcoholism. Adolescent Precursors to Financial Stress and Alcohol Problems in Emerging Adulthood. 8/2011-6/2015. PI.

National Institute of Child Health and Human Development. Cross-ethnic study of parenting practices and adolescent well-being. 7/2001-6/2004. Co-PI. (PI Crockett)

### ***Mentored Research Grants***

National Science Foundation: 2 Graduate Research Fellowship awards; 1 Postdoctoral Research Fellowship.

National Institutes of Health: 2 K01, 1 F31, 2 F32, 3 Loan Repayment Program

### ***Federal Program Grants***

Substance Abuse and Mental Health Services Administration (SAMHSA). Project LifeLine: Campus Suicide Awareness and Prevention. U.S. Department of Health and Human Services, 8/2011-7/2014. Co-I.

National 4-H Council. Engaging Youth / Strengthening Communities. 1/2003-12/2004. Co-PI.

USDA. USDA / Army School-Age and Teen Project. 12/2000-7/2002. PI.

U.S. Centers for Disease Control and Prevention, Division of Adolescent and School Health. Building Partnerships for Youth: Capacity Building to Support Youth Development. 5/2006-5/2011. Co-I; 5/2006-7/2008. PI; 7/2008-5/2011, PI.

USDA. Bridge for Adolescent Pregnancy, Parenting, and Sexuality. National Network for Health, CYFAR Initiative, CSREES. 3/1999-12/2000. PI.

### ***Private Foundations***

Stories and Numbers: Creating Safe Schools for LGBT Youth in Texas. William T. Grant Foundation Rapid Research Response Grant. 1/2018-12/2020. PI.

The Role of SOGI-Focused School Policies and Programs on School Climate and Student Well-Being. Anonymous Donors. 7/2014-6/2017. PI.

LGBT Youth and Schools: An international Think Tank. Society for Research in Child Development. 5/2012-12/2013. Co-PI.

Sexual Orientation, Race, and Gender Disparities in Discipline. Indiana University / Research-to-Practice Collaborative. 8/2012-7/2013. Co-PI.

EARA/SRA 2011 Summer School. Jacobs Foundation. 4/1/2011. PI.

Safe Schools Research Project. Anonymous Donors. 1/2011-12/2011. Co-PI.

The Crossroads Collaborative: Youth, Sexuality, Health, and Rights. Ford Foundation. 9/1/2010-12/31/2012; 9/1/2012-8/31/2014. Co-PI.

Gender, Sexuality, and Conformity at School. Ford Foundation. 5/1/2009-4/30/2011. PI.

Explaining the Sexual Orientation Disparity in Adolescent Suicide Risk. Distinguished Investigator Award, American Foundation for Suicide Prevention. 1/2009-6/2010. PI.

Preventing School Harassment Survey. California Safe Schools Coalition. 7/2008-6/2009. PI.

The Family Acceptance Project. San Francisco State University Foundation. 7/2006-6/2011. PI.

Adolescent Sexual Orientation and Education Law and Policy. Williams Institute, UCLA School of Law. 7/2006-6/2007. PI.

Multi-sample Investigation of School Safety. California Safe Schools Coalition. 7/2004-6/2006. PI.

Adolescent sexual orientation, health and competence. William T. Grant Foundation Scholars Award. 7/2001-6/2006. PI.

Adolescent sexual orientation, risk, and resilience. American Psychological Foundation Wayne F. Placek Award. 3/2000. PI.

Gay-Straight Alliance Policy Project. Horizons Foundation. 1/2000-12/2000. PI.

## PUBLICATIONS

15 invited essays; 220 peer-reviewed journal articles; 80 policy / practice briefs

### **Consensus Reports**

- National Academies of Sciences, Engineering, and Medicine. (2022). *Reducing Inequalities Between Lesbian, Gay, Bisexual, Transgender, and Queer Adolescents and Cisgender, Heterosexual Adolescents: Proceedings of a Workshop*. Washington, DC: The National Academies Press.
- National Academies of Sciences, Engineering, and Medicine. (2020). *Understanding the Well-Being of LGBTQI Populations*. Washington, DC: The National Academies Press.
- National Academies of Sciences, Engineering, and Medicine. (2019). *The Promise of Adolescence: Realizing Opportunity for All Youth*. Washington, DC: The National Academies Press.

### **Books**

- Kasai, M., Toda, Y., **Russell, S. T.** (Eds.). (2023). *SOGI Minority and School Life in Asian Contexts: Beyond Bullying and Conflict Toward Inter-Minority Empathy*. London, GB: Routledge.
- Russell, S. T.**, Horn, S. S. (Eds.). (2017). *Sexual orientation and gender identity in schooling: The nexus of research, practice, and policy*. New York, NY: Oxford.  
Winner of the 2017 American Psychological Association Division 44 Distinguished Book Award  
Winner of the 2018 Society for Research on Adolescence Social Policy Book Award
- Russell, S. T.**, Crockett, L. J., & Chao, R. (Eds.). (2010). *Asian American parenting and parent-adolescent relationships: Advancing responsible adolescent development*. New York, NY: Springer.

### **Selected Invited Essays (since 2015)**

- Real, A. G., **Russell, S. T.** (2024). Why Do Adolescents and Young Adults Discontinue Gender-Affirming Medical Treatments? There Is No Simple Answer. *Journal of Adolescent Health*, 75(4), 525-527.
- Fish, J. L., **Russell S. T.** (2022). The paradox of progress for sexual and gender diverse youth. *Current Opinion in Psychology*, 48.
- Russell, S. T.** (2022). The Development and Adaptation of LGBTQ Youth in Schools. *International Journal of Behavioral Development*, 46(3), 2-4.
- Fish, J. N., & **Russell, S. T.** (2020). Sexual orientation and gender identity change efforts are unethical and harmful. *American Journal of Public Health*, 110(8), 1113-1114.
- Russell, S. T.** (2020). Media coverage and care-seeking for transgender and gender-diverse youth. *The Journal of the American Medical Association Network Open*, 3(7).

### **Refereed Journal Articles (2025-2026)**

- Amadori, A., **Russell, S. T.**, Brighi, A. (2026). "Boys Need to Be Strong": A mixed method study on online gendered violence and regulation. *International Journal of LGBTQ Youth Studies*.
- Benzekri, A., Mims, L., **Russell, S. T.**, Swanson, J., & Morris-Perez, P. (2026). How do direct and vicarious racism and connectedness in school contexts matter for adolescent suicidality?. *Journal of Research on Adolescence*, 36(1), e70164.
- Blosnich, J.R., Fish, J. N., Miller, E., K., **Russell, S. T.**, & De Luca, S. M. (2026). Adolescence into adulthood: religiosity factors influencing trajectories of suicide ideation and attempt among sexual minorities. *Mental Health, Religion & Culture*, 1-19.

- Gower, A. L., Parchem, B., Rider, G. N., Eadeh, H. M., Watson, R., Lawrence, S. E., **Russell, S. T.**, Thomas, D., & Eisenberg, M. E. (2026). Youth Development Opportunities among Sexual/Gender Minoritized Youth: Who is Left Out?. *Journal of Youth Development*, 21(1), 7.
- Meslay, G., Duan, M., Edwards, G. M., & **Russell, S. T.** (2026). How parenthood shapes the experiences of disclosure for different generations of sexual minority parents. *Journal of Family Studies*, 1-25.
- Morris-Perez, P., Shankar, A., Benzekri, A., Abenavoli, R., Sczersputowski, J., Saragosa-Harris, D., Collins, S., Canizares, C., **Russell, S. T.**, & Alvarez, K. (2026). Youth suicide prevention in the form of a structured film contest: a qualitative study to build the theory of change for Directing Change. *School Mental Health*, 1-18.
- Real, A. G., Gillis, B. T., Eisenberg, M. E., Rider, G. N., Parchem, B., Lawrence, S. E., & **Russell, S. T.** (2026). School climate and sleep duration among adolescents at the intersection of multiple social positions. *Journal of Adolescence*, 1-13.
- Samora, J., Yespica Mendoza, E. A., Kennedy, P., Bernal, N., Velasquez, A. J., Wittig, M., Claborn, K. R., Schnarrs, P. W., & **Russell, S. T.** (2026). Risk Factors for Substance Use Among Sexually and Gender Diverse Latine Youth and Young Adults: A Systematic Review. *LGBT health*, 13(2), 73-84.
- Xu, Y., Hall, W. J., Wilson, J., & **Russell, S. T.** (2026). Sexual Orientation and Gender Identity Change Efforts Before Age 18: Demographic Correlates and Associations with Mental Health Conditions. *LGBT health*, 23258292251413624. Advance online publication.
- Amadori, A., Bullough, C., Eisenberg, M., **Russell, S. T.**, & Brighi, A. (2025). “We Grew Up Thinking Like That”: A Qualitative Study on Adolescents’ Perceptions of Online Homophobia. *Journal of Homosexuality*, 1–23. <https://doi-org.ezproxy.lib.utexas.edu/10.1080/00918369.2025.2543845>
- Amadori, A., Gonzales Real, A., Brighi, A., & **Russell, S. T.** (2025). An intersectional perspective on cyberbullying: Victimization experiences among marginalized youth. *Journal of Adolescence*, 85, 101-110.
- Amadori, A., Sherwood, S.H., **Russell, S.T.** and Brighi, A. (2025), Risks and Protective Factors Associated to Homophobic Cyberbullying Among Youth. *Aggressive Behavior*, 51: e70034.
- Costa, S., Graziano, G., **Russell, S. T.**, & Ioverno, S. (2025). Risks Associated with Sexual Orientation Change Efforts on Youth: A European Cross-National Study. *Journal of Adolescent Health*.
- Ioverno, S., Sherwood, S. H., Costa, S., Van Houtte, M., Dewaele, A., O’Higgins Norman, J., Gato, J., Mazzone, A., Pezzella, A., Huic, A., Šolinc, M., Richard, G., Papathanasiou, N., Aparicio-García, M. E., Wilhelm, W., & **Russell, S. T.** (2025). Linking inclusive school practices and mental health in sexual and gender minority youth in Europe. *European Child & Adolescent Psychiatry*.
- Gower, A. L., Houghtaling, L., Lawrence, S. E., Eadeh, H. M., McCurdy, A. L., Nic Rider, G., **Russell, S. T.**, & Eisenberg, M. E. (2025). Risk and Protective Factors for School Absence Among Youth with Minoritized Social Identities. *Journal of School Violence*.
- Graziano, G., Costa, S., **Russell, S. T.**, & Ioverno, S. (2025). Inclusive national policies in Europe supported LGBTQ youth mental health during COVID-19. *Public Health*.
- Meng, H., Real, A. G., Gower, A. L., Eadeh, H. M., Koechell, J. J., Morris-Perez, P. A., Eisenberg, M. E., & **Russell, S. T.** (2025). Suicidal ideation among youth: Examining the intersections of multiple social positions and bias-based bullying. *Journal of Affective Disorders*.
- Meslay, G., Dorri, A. A., & **Russell, S. T.** (2025). LGBTQ individuals and family relationships through a life course perspective. *Journal of Family Theory and Review*.
- Sherwood, S. H., Meng, H., Yoshikawa, H., **Russell, S. T.**, & Watson, R. J. (2025). Measuring outness in a national sample of sexual minority, gender minority, and sexual and gender minority youth. *Journal of Research on Adolescence*, 35, e70028.
- Simon, K. A., Meslay, G., Farr, R. H., & **Russell, S. T.** (2025). Demographic Characteristics and Parenthood Across Three Cohorts of Sexual Minority Adults. *Family Process*.
- Real, A. G., & **Russell, S. T.** (2025). Transitions in Gender Identity Among Youth: Trajectories of Perceptions of Family Acceptance. *Journal of Adolescent Health*. 76(5), 863-870.

Real, A. G., & **Russell, S. T.** (2025). Outness, Acceptance, and Victimization: A Longitudinal Study of Depressive Symptoms and Suicidality of Lesbian, Gay, and Bisexual and Transgender and Gender Diverse Youth. *Journal of Adolescent Health, 76*(1), 29-36.

**Policy / Extension / Outreach Publications, Reports (since 2015)**

Real, A.G, Lobato, M.I.R., & **Russell, S.T.** (2025). Gender identity change and mental health among U.S. youth. *PRC Research Brief 10*(3). <https://doi.org/10.26153/tsw/60545>

**Russell, S. T.** & McCurdy, A. L. (2024). Busting the “Model Minority” Myth: Academic Performance and Substance Use Varies Widely Across Asian American Youth Ethnicity and Sexual Orientation. University of Texas at Austin, Population Research Center

Bishop, M.D., Gonzales, R., & **Russell, S. T.** (2023). LGBTQ-Supportive School Policy and Practice Recommendations. Austin, TX: The Stories and Numbers Project.

The National Scientific Council on Adolescence. (2021). The intersection of adolescent development and anti-black racism. Council Report No. 1. <https://developingadolescent.org/>

Mallory, A. B., Pollitt, A. M., Bishop, M. D., & **Russell, S. T.** (2021). Disclosing a sexual identity is a persistent stressor throughout the lives of sexual minority youth that has important implications for their mental health. University of Texas at Austin, Population Research Center.

Meyer, I. H., Blossnich, J. R., Choi, Soon Kyu, Harper, G. W., & **Russell, S. T.** (2021). Suicidal behavior and coming out milestones in three cohorts of sexual minority adults. Los Angeles, CA: The Williams Institute, UCLA School of Law.

<https://williamsinstitute.law.ucla.edu/publications/suicide-coming-out-sgm/>

Bishop, M. D., Ioverno, S., James, I., Saba, V. C., & **Russell, S. T.** (2021). Promoting school safety for LGBTQ and all students. Austin, TX: The Stories and Numbers Project. [Spanish and Portuguese Translations]

Wilson, B. D. M., Choi, S. K., Harper, G. W., Lightfoot, M., **Russell, S. T.**, & Meyer, I. H. (2020). Homelessness among LGBT adults in the U.S. Los Angeles, CA: The Williams Institute, UCLA School of Law. <https://williamsinstitute.law.ucla.edu/publications/lgbt-homelessness-us/>

Bishop, M. D., Ioverno, S., & **Russell, S. T.** (2019). Promoting school safety for LGBTQ and all students in Texas. Austin, TX: The Stories and Numbers Project.

Bishop, M. D., DuPont, M., & **Russell, S. T.** (2019). Homophobic bullying increases during debates about LGBTQ rights. Austin, TX: The Stories and Numbers Project.

Dorri, A. A., Mallory, A. B., Bishop, M. D., & **Russell, S. T.** (2019). What Research Says about Comprehensive and Inclusive Sexuality Education. Austin, TX. The Stories and Numbers Project.

**Russell, S. T.**, Pollitt, A.M., Li, G. & Grossman, A.H. (2018). Transgender youth allowed to use their chosen name have fewer mental health problems. *PRC Research Brief 3*(7). DOI: 10.15781/T21Z4299R.

Mallory, C., Brown, T. N. T., **Russell, S. T.**, & Sears, B. (2017). The impact of stigma and discrimination against LGBT people in Texas. Los Angeles, CA: The Williams Institute, UCLA School of Law. <https://williamsinstitute.law.ucla.edu/wp-content/uploads/Texas-Impact-of-Stigma-and-Discrimination-Report-April-2017.pdf>

Day, J. K., Tanaka, A., Cherian, A., Morrow, Q., Reeves R., Hadd-Wissler, V., & **Russell, S. T.** (2017). “Comprehensive” Sexuality Education in Arizona Schools: Searching for a Clearer Understanding of Policies and Practices Regarding Sexuality Education. Tucson, AZ: The Frances McClelland Institute for Children, Youth, and Families, The University of Arizona.

**Russell, S. T.** (2016). “How can improving civil rights reporting advance the civil rights of LGBT students?” *PRC Policy Research Briefs, 1*(1). <http://dx.doi.org/10.15781/T28207>