TRACI GRGICH, MS, RD, SNS, CP-FS, FAND

Contact Information
Nutrition
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Academic Training

- Arizona State University, Tempe, AZ, Master of Science in Dietetics, 2011
- Arizona State University, Tempe, AZ, Bachelor of Science, Human Nutrition, 1999

Credentials

- Registered Dietitian/Nutritionist (RD/N), 2001-present
- School Nutrition Specialist (SNS), 2004-present
- ServSafe Manager Certified Instructor, 2011-present
- Certified Professional in Food Safety (CP-FS), 2015-present
- Fellow of the Academy of Nutrition and Dietetics (FAND), 2018-present

Professional Employment Record

- **Didactic Program in Dietetics (DPD) Director, College of Health Solutions, Arizona State University, 2017-present**
- **Associate Teaching Professor, Nutrition Program, College of Health Solutions, Arizona State University, 2020-present**
- **Supervisor, Instructional Kitchen, Arizona State University, January 2022-May 2023, January 2025-present**
- Lecturer, Nutrition Program, Arizona State University, 2015-2020
- Instructor, Nutrition Program, Arizona State University, 2011-2015
- Area Supervisor, Menu and Production, Mesa Public Schools, 2010-2011
- School Health and Nutrition Specialist, Lead Specialist, Arizona Department of Education, 2003-2010
- Menu Analyst, CN Resources, 2002-2003
- Pediatric Clinical Dietitian, Banner Desert Medical Center, 2001-2003
- Pediatric Clinical Dietitian, Maricopa County Medical Center, July 2001-Dec 2001

Professional Memberships & Offices Held

- Academy of Nutrition and Dietetics, 1999-present
  - Scholarship Committee, AND Foundation, 2021-present
- Arizona Academy of Nutrition and Dietetics, 1999-present
  - Nominating Committee member, 2012-2013
- School Nutrition Association, 2003-present
  - Governing Council, member 2016- 2021, chair 2021, 2022
- Arizona School Nutrition Association, 2003-present
- National Environmental Health Association, 2015-present
- Nutrition and Dietetic Educators and Preceptors (NDEP), 2018-present
  - West Coast Regional Director (elected), 2021,2022
  - Delegate for NDEP in the AND House of Delegates (elected), 2024-2027
- Food Service Management Education Council, 2023-present

Professional Trainings

- Student Organization Advisor Training, 2016-present
- Community of Care Training, 2020, 2021
- ASU Sync Workshop(s), 2020
- University of New Mexico Faculty Mentor Training (8 modules), 2020
- Arizona State University, FERPA Training, 2011-present
- Arizona State University, Information Security Training, 2012-present
- Arizona State University, Fire Safety and Prevention Training, 2012-present
- Arizona State University, Title IX Training, 2012
- Arizona State University, Preventing Sexual Harassment Training for University Faculty, 2013

Current Classes Taught (T)

- NTR100 Introduction to Nutrition Science (Immersive/Online)
  - Semesters taught: Spring 2012, Fall 2012, Spring 2013, Fall 2022
- NTR142 Applied Food Principles (Online)
  - Semesters taught: Summer 2016, Summer 2017, Summer 2018
- NTR241 Human Nutrition (Immersive)
  - Semesters taught: Fall 2012, Spring 2013, Spring 2026
- NTR300 Computer Applications in Nutrition (Online)
  - Semesters taught: Spring 2012
- NTR343 Food Service Purchasing (Immersive/Online)
  - Semesters taught: Spring 2012, Fall 2012, Spring 2013, Summer 2013, Fall 2013, Spring 2014, Fall 2014, Spring 2015, Summer 2015, Fall 2015, Spring 2016, Summer 2016
- NTR344 Nutrition Management and Leadership (Online)
  - Semester taught: Summer 2020, Summer 2021
- NTR353 Western Diet (Online)
  - Semesters taught: Summer 2021
- NTR351 Nutrition Communication (Online)
  - Semesters taught: Summer 2019, Summer 2020, Fall 2020
- NTR400 Preprofessional Development in Dietetics
  - Semesters taught: Spring 2012, Spring 2017, Fall 2017, Spring 2018, Fall 2018, Spring 2019, Fall 2019, Spring 2020, Fall 2020, Spring 2021, Fall 2021, Spring 2022, Fall 2022, Spring 2023, Fall 2023, Spring 2024, Fall 2024, Spring 2025, Fall 2025, Fall 2026
- NTR401 Preprofessional Development in Nutrition
  - Semesters taught: Fall 2021
- NTR445 Management of Food Service Systems (Immersion lab/lecture and Online)
  - Semesters taught: Fall 2013, Spring 2014, Fall 2014, Spring 2015, Fall 2015, Spring 2016, Fall 2016, Spring 2017, Fall 2017, Spring 2018, Fall 2018, Spring 2019, Fall 2019, Spring 2020, Fall 2020, Spring 2021, Fall 2021, Spring 2022, Summer 2022, Fall 2022, Spring 2023, Fall 2023, Spring 2024, Fall 2024, Spring 2025, Fall 2025, Spring 2026, Fall 2026
- NTR450 Nutrition in the Lifecycle (Online)
  - Semesters taught: Summer 2022, Summer 2023
- NTR455 Retail Food Service Operations (Online)
  - Semesters taught: Fall 2023, Fall 2024, Fall 2025
- NTR498 Child Nutrition Seminar (Immersion)
  - Semesters taught: Spring 2019, Spring 2020, Spring 2024, Spring 2025, Spring 2026
- NTR348 Cultural Aspects of Food (Online)
  - Semesters taught: Summer 2025

Other Classes Taught at the University Level

- CHS100, Optimizing Health & Performance - Summer 2025, Fall 2025, Fall 2026

- CHS101, The ASU Experience (fall 2017)
- CHS394, Special Topics, Child Nutrition Seminar (fall 2020)
- CHS484, Digital Prepped Internship (spring 2021)

Online Class Developed and Taught at the University Level

- NTR445 Management of Food Service Systems
    - Development: This course is provided in an immersion/lab format, and I created an online version to meet the degree requirements for the Food & Entrepreneurship online degree. Case studies were developed to address each concept that are provided in the lab environment. All lectures were recorded, online exams developed, and discussion board (yellow dig/Canvas discussion boards) created to facilitate student engagement.
    - Major updates occurred over the Summer/Fall 2026- updated all case studies, re-recorded all lectures to update content. I also tried to find ways to incorporate questions that are not compatible with AI and require students to answer on their own. I provided a mid-session survey to get feedback from students on what is working and what they need help with for the rest of the session. Due to that, I created a road map to help students with completing the final project and a guide to assist with costing and standardized recipe creation.

Full Immersion Class Developed and Taught at the University Level

- NTR498 Child Nutrition Seminar
    - Development: This course was developed to meet requirements of the School Nutrition Certificate. Areas covered included career opportunities in school nutrition, understanding the role and function of the USDA National School Lunch Program (NSLP) and context of how the rules and regulations of the NSLP are applied every day in school cafeterias around the country. Guest lecturers from Arizona Department of Education, local food brokers, food service directors and suppliers where include in the course schedule.
    - Major update in Spring 2024. Created multiple modules using new technology- CourseArc. Encouraged more interactive learning, variety of assessments (quizzes, matching, fill in the blank, etc). Created 3 new project options for students to complete in lieu of exams.

Full Immersion Classes Re-Designed and Taught at the University Level

- NTR400 Preprofessional Preparation in Dietetics (completely redesigned for Fall 2018)
    - Redesign: Completely revised the course shell to allow for more organization and clear progression through the course. Added several other project options for students to select from each year. Created mentoring opportunity for senior and freshmen (NTR150) dietetic students (both individual projects and class wide mentoring day). Added networking event for students to meet practicing RD/RDNs to learn about different opportunities in the career field.
- NTR445 Management of Food Service Systems (completely redesigned spring 2014 and for ASU Sync)
    - Redesign: Capstone project students complete in lab was redefined, clarified and added to in order to provide more opportunities to enhance their supervisory/management skills. Added several guest lectures on food safety, school nutrition, clinical food service management and retail operations. Worked with co-instructor (lab instructor, Chef Kent Moody) to add special lab days to review how to cost menu items, create production orders, and develop printed menus. Added specific in class activity to improve understanding of standardized recipe formulation. In Spring of 2020, moved all paper-based assignments to online versions to accommodate COVID restrictions. These transitions worked so well that I no longer have students turn in anything paper based. All assignments, portfolios and exams are now submitted via Canvas. This has greatly reduced paper waste.

Hybrid Class Re-Designed and Taught at the University Level

- NTR343 Food Service Purchasing (completely redesigned Summer of 2012)
    - Redesign: To allow for full understanding of the scope of food service purchasing, I developed a semester long group project. Groups would develop their own food service business (brick and mortar

or food trucks), determine the theme/menu items and appearance. Each week the specific procurement principal covered would be applied to the group mock business. Students completed assignments based on how that principle (such as purchasing appliances) would impact their business and determine how they would proceed with that specific purchase. This more real-world approach provided more context and understanding of mostly dry and unappealing concepts. This redesign was provided to the new faculty who took this course over in fall 2016 and is still being utilized today.

Master's Thesis Committee Memberships

- Alicia Work, Committee chair, Masters Thesis, 2016-2018
- Alisa Cost, Committee chair, Masters Thesis, 2016-2018
- Paige Lipow, Committee member, Masters Thesis, 2016-2017
- Kelly Whitcomb-Tincher, Committee chair, Masters Thesis, 2017-2018
- Allison Keny, Committee member, Masters Thesis, 2017-2018
- Sydney Pisano, Committee member, Masters Thesis, 2018-2019
- April Incollingo, Committee member, Masters Thesis, 2018-2019
- Brooke Clifford, Committee member, Masters Thesis, 2018-2019
- Molly Jepson, Committee member, Masters Thesis, 2019-2021
- Nidjia Thomas, Capstone project mentor, Masters Thesis, 2020-2021
- Courtney Wood, Capstone project mentor, Masters Thesis, 2020-2021
- Nayeli Perales, Capstone project mentor, Masters Thesis, 2021
- Kimberly Blackhorse, Committee member, Masters Thesis, 2021-2022
- Amy Coulter, Committee member, Masters Thesis, 2022-2023
- Jaden Asuncion, Capstone project mentor, Masters Thesis, 2023-2024

Undergraduate Honors Thesis Committee Memberships

- Mallory Osugi, Committee chair, Honors Thesis, 2015-2016
- Surina Das, Second reader, Honors Thesis, 2015-2016
- Noel Ugarte, Committee chair, Honors Thesis, 2016
- Myrella Arellano-Summer, Committee chair, Honors Thesis, 2016-2017
- Alexandra Melikian, Committee chair, Honors Thesis, 2016-2017
- Karishma Shah, Committee chair, Honors Thesis, 2016-2017
- Alisa Cherkaskykh, Committee chair, Honors Thesis, 2017-2018
- Grace George, Committee chair, Honors Thesis, 2018-2019
- Jillian Ashby, Second reader, Honors Thesis, 2018-2019
- Carmen Moir, Committee chair, Honors Thesis, 2019-2020
- Emily Steeley, Second reader, Honors Thesis, 2019-2020
- Diana Stabile, Second reader, Honors Thesis, 2020
- Dalia Khallid, Committee chair, Honors Thesis, 2021
- Carly Thunberg, Second reader, Honors Thesis, 2022
- Gabrielle Paffumi, Second reader, Honors Thesis, 2022
- Gabriela Vega-Miker, second readers, Honors Thesis, to be completed spring 2024

Undergraduate Honors Contracts

- Taylor VanNorric, Honors Project NTR100, Spring 2012
- Leticia Lopez, Honors Project NTR241, Spring 2012
- Amanda Larson, Honors Project NTR241, Spring 2013
- Ashley Garcia, Honors Project NTR241, Spring 2013
- Bernice Tomasso, Honors Project NTR445, Spring 2013
- Aleksandra Booher, Honors Project NTR343, NTR445, Spring and Fall 2015
- Raevyn Xavier, Honors Project, NTR445, Spring 2018

Peer Mentoring

- Formal Faculty Mentoring, Sarah Martinelli, Fall 2019-2020
- Formal Faculty Mentoring, Robin DeWeese, Fall 2025-present
- Formal Professional Mentoring, new DPD Director Jennifer Finley, Carson-Newman University, Spring 2021-present
- Formal Professional Mentoring, new DPD Director Raul Palacios, Texas Tech University, Fall 2022-present
- Formal Professional Mentoring, new DPD Director Lauren Dinour, Montclair State University, Fall 2011-present

School/Department/Program Service*

- Co-chair, Nutrition Curriculum Committee, 2018-present
- Member, Medical Nutrition Masters Admission Committee, 2019-present
- Member, Food and Thought Committee, 2013-2019
- Member, School of Nutrition and Health Promotion Film and Discussion Event Committee, 2014-2019
- Co-chair, School Nutrition Expo, 2015-2016
- Co-Chair, Health Career Expo, 2016-2018
- Member, Dietetic Internship Review Committee, 2014-2016
- Member, School of Nutrition and Health Promotion Curriculum Committee, 2016-2018
- Member, Student Success Hub, Academic Success Committee, 2018
- Presenter, Study Abroad Showcase, 2018
- Judge, Kitchen Wars, Kitchen Café, 2018
- Participant, Freshman Orientation, 2018

*Due to administrative changes over the years, the program of nutrition has been housed in the College of Health and Innovation (Nutrition) and the College of Health Solutions (School of Nutrition and Health Promotion). Most recently its identified as the Nutrition Program within the College of Health Solutions

College Service

- Member, CHS Curriculum Committee (elected), 2026-present
- Faculty Judge, CHS Student Research Symposium, 2026
- Member, Council for Inclusive Excellence, 2023-2026
- Member, CHS Academic Standards and Grievances Committee (elected), 2023-2026
- Member, CHS Personnel Committee (elected), 2020-2023
    - Committee works to evaluate candidates and determine appropriate recommendations for promotion. Helped draft formal letters with committee decisions and rational to send to administration.
    - Lead 1-3 sub committees to review assigned candidates for review, cases brought forward to full committee for review and evaluation.
- Member, Ad hoc CHS Annual Evaluation Committee (Non-Tenure/Career Track faculty), 2016-2018, 2020-2023
    - Co-chair 2021
- Member, Faculty Awards Committee, 2019-2023
    - Chair, Faculty Awards Committee, 2019-2020
- Member, Nutrition Scholarship Committee, 2023-2024
- Member, Recruitment and Retention Committee, 2022-present
- Member, Service Committee, Fall 2021-Spring 2022
- Member, Mentoring Committee, 2019-2020, 23-present
- Faculty Advisor, Student Nutrition Council, 2017-present
- Member, Translational Team, Maternal Child Health, 2018-2023
    - Co-chair of Community Outreach, 2018-2021
- Member, Food and Nutrition Entrepreneurship Strategic Planning, 2022
- Student engagement, Breakfast and Lunch with Nutrition Students. 2022
- CHS faculty meet and greet with incoming students (first year undergraduate, masters), 2019, 2021-2022
- Let's Give Thanks Event, student engagement and retention event, 2022-2025
- Up Beet Zoom Sessions, student engagement and retention event, 2021, 2022

- Breakfast and Lunch meetings with students, student engagement and retention, 2022
- Cultivate Diversity in Dietetics Event, Immersion and Online, 2019-2024
- Recruitment event, Campo Verde High School Students, spring 2022
- Let's Grow Together Event, student engagement and retention event, spring 2023- 2025
- Jack and Jill event, community outreach for CHS, spring 2024
- Member, FiM Educational workgroup, CHS, fall 2025

University Service

- Member, University Hearing Board, 2017-2021, 2024- present

Professional Service

- Member, Arizona Academy of Nutrition and Dietetics Nominating Committee, 2012, 2013
- Member School Nutrition Credential Governing Council, 2016-2025
    - Chair of committee, 2020-2024
    - Provides oversight of the national School Nutrition Specialist (SNS) credential to ensure test questions are valid, appropriate and test the level of knowledge appropriate for the credential
    - Plans for moving the paper based national exam to an electronic exam that can be taken at testing centers to allow for more testing opportunities for candidates.
- Member, Academy of Nutrition and Dietetics Foundation National Scholarship Committee, 2021-2025
    - Committee Chair, 2025
    - Review 50-80 student applications for various national Academy Foundation scholarship options.
    - Meet with full committee for half day meeting to determine award winners based on scores provided by each committee member.
- Member, Nominating Committee, Nutrition and Dietetic Educators and Preceptors (NDEP), 2021, 2022
    - Solicit nominations for NDEP board member positions.
    - Ensure received nominations meet criteria and are eligible for applied position.
- West Coast Regional Director, NDEP, two-year term, national elected position, 2021, 2022
    - Responsible for planning annual national conference with 5 other Regional Directors
    - Meet biweekly to discuss conference, accreditation information and member concerns
- Member, NDEP Preceptor Awards Committee, 2021, 2022
- Member, Professional Development Committee, NDEP, 2022-present
- Member, AZDPAC committee, 2018-present
    - Members of all DPD and Dietetic Internship Programs meet twice a year to discuss program changes, provide support, mentorship to fellow program directors and review accreditation status
- Reviewer, Accreditation Council for Education in Nutrition and Dietetics (ACEND), 2024-2027
    - Responsible to conduct on site reviews across the country on behalf of ACEND of accredited dietetic programs
    - Review program self-study prior to visit, determine areas of strengths and deficiencies
    - Provide lengthy summary of site visit, review of documentation and provide recommendations to ACEND board regarding programs eligibility for reaccreditation.
- Mentor, Three DPD Directors new to their roles (Jennifer Finley 2021-present, Lauren Dinour 2022-present, Raul Palacios 2022- present). Quarterly check ins and meetings when requested.
- House of Delegate (HOD), Delegate, NDEP, three-year term, national elected position, 2024-2027
    - Responsible for attending AND House of Delegate meetings bi-monthly representing NDEP
    - Represent NDEP members concerns and issues to be addressed by the AND leadership
    - Present NDEP members with updates on HOD critical issues and outcomes of HOD meetings
- Reviewer, Academy of Nutrition and Dietetics Foundation, Allene Vaden Foodservice Management Grant, 2026

Administrative Duties: Degree Coordinator, Dietetics (DPD Director for ACEND accredited program)

- Development of policies and procedures for effectively managing all components of the program and to ensure fair, equitable and considerate treatment of prospective and enrolled students (such as program admission, retention and completion policies)
- Participate and plan student recruitment events
- Provide advisement, guidance and direction on how senior dietetic students apply to dietetic internships using the Dietetics Internship Centralized Application System (DICAS)
- Provide career counseling to all dietetic students regarding their long-term career goals.
- Maintain and update Canvas Dietetic Student Organization shell to include updated information on Dietetic Internship locations, information, open houses, jobs, volunteer opportunities, and upcoming webinars and/or presentations.
- Provide application for students to take the Dietetic Technician, Registered (DTR) exam upon graduation if they so choose, including guidance on where exams are taken.
- Maintenance of program accreditation with the Accreditation Council on Education in Nutrition and Dietetics (ACEND), including:
    - Timely submission of fees, reports and requests for major program changes.
    - Maintenance of the program's student records, including student advising plans and verification statements.
    - Maintenance of complaints about the program received from student or others, including disposition of the complaint.
    - On-going review of program's curriculum to meet the accreditation standards.
    - Communication and coordination with program faculty, preceptors and others involved with the program.
    - Facilitation of processes for continuous program evaluation and student learning outcomes assessment via surveys of current students, graduates, DI directors and
    - Timely submission of required documentation supporting the graduate's eligibility for a Commission on Dietetic Registration (CDR) credentialing exam
- Plan and execute monthly curriculum committee meetings to ensure that nutrition curriculum is up to date and all faculty teaching dietetic courses are informed of any necessary updates as it relates to accreditation.
- Stay abreast of any new developments with respect to program accreditation, administration or policy changes.
- Manage and support degree curriculum development and evaluation activities
    - Catalogue review/approval
    - Updating of major maps as necessary
- Propose and developed accelerated Dietetics 4+1 degree in conjunction with the Master's in Nutritional Science Degree Director
- Update DPD Student Handbook yearly with any changes to program requirements, major map, and other rules and regulations of the program.
- Prepare annual program related reports:
    - Academic Program Review: Responsible for data analysis, writing and revising final Academic Program Review for CHS.
    - Annual Assessment Plans: Responsible for coordination, data collect and analysis, and writing and revising the final Annual Assessment Plan reports.
- Represent program to other CHS entities (marketing/advertising) related to program in order to meet the needs of potential and current students
- Interface with AZ Community College System to ensure alignment
- Collaborate with other AZ DPD and Dietetic Internship Directors
- Create and publish several videos on the following topics to assist students with selecting and applying to dietetic internships
    - How to apply to Dietetic internships FAQ- 4 part series
    - How to become an RD
    - How to navigate the new DICAS system

Additional Role: Supervisor of Instructional Kitchen Duties (January 2022- May 2023, January 2025-present)

- **Primary purpose**: Responsible for oversight of staff instructional kitchen coordinators and all operations that take place within the instructional kitchens including, but not limited to; academic courses, demonstrations, and community events.
- **Essential duties include but not limited to:**
    - Provide oversight of staff instructional kitchen coordinators in their roles.
    - Ensure maintenance, repair and/or purchase of new equipment is conducted correctly and according to established licensing, regulatory and governmental standards.
    - Conducts quarterly EDGE meetings with each coordinator to review activities of previous quarter. Within that meeting, discussions on future goals and opportunities for growth in their role.
    - Coordinates work hours including scheduling, approving time off requests, tracking absences, timekeeping and approving biweekly time sheets via Peoplesoft and TAS.
    - Coordinate with instructional kitchen staff on kitchen improvements and/or goals for ensuring the environment meets the needs of assigned courses, events, etc.
    - Provides minimum oversight of budgetary requests, submission of purchase orders and reimbursements for items needed for courses administered in the instructional kitchen.
    - Reviews instructional kitchen coordinators roles and duties quarterly to verify current compensation is appropriate for their roles and responsibilities within the instructional kitchen.
    - Submit requests for merit or pay increases as necessary and prudent to college administration for consideration and approval.

Additional Role: Creation of Undergraduate Certificate in Nutrition Education and Counseling

- Worked with Academic Success and Innovation staff to develop proposal language for certificate
- Determined goals and objectives of certificate along with identifying course requirements
- Developed course assessments and learning outcomes
- Presented proposal to CHS Curriculum committee for approval
- Presented proposal to University Senate and CAP-C for approval
- Certificate officially approved Spring 2025, launch Fall 2025

Pedagogy/Teaching Development, Conferences, Workshops

- Teaching Professor Technology Conference, Atlanta GA, 2013
- Faculty Demofest, E3, Tempe, 2014
- Master Builders, The Flipped Classroom and Blackboard Analytics, Phoenix 2014
- Teaching/Lecture seminar roundtable- Problem Based Learning Strategies, Phoenix 2016
- Best Practices for Teaching Online, ASU Online webinar, 2017
- Instructor Presence, ASU Online webinar, 2017
- Blackboard Best Practices training, ASU Online webinar, 2017
- Master Class for Teaching Online Blackboard Courses, ASU Online, 2018
- Rubric Development ASU Instructional Design course, ASU Online, 208
- Lilly Conference on Evidence-Based Teaching and Learning, San Diego, CA, 2019
- Group Effectiveness online webinar, ASU Online, 2020
- CHS Faculty Workshop(s) on ASU Sync, July-Aug 2020
- iClicker Training, 2020
- Association of College and University Educators (ACUE), Effective Teaching Practices, Cohort K, Oct 2020- May 2021
- Peer evaluation on NTR 445 course, Spring 2022 (Evaluation performed by Chad Stecher)
- Developing Culturally Responsive Teaching, webinar, 2022
- Design Standards for Quality, Equity and Inclusion, ASU Online webinar, 2022
- ACEND Diversity webinar series, Supporting our LGBTQ Students and Dietetic Interns, 2022
- Creating and Maintaining the ServSafe Exam, National Restaurant Association, 2022

- Building Healthier Communities through Food Service and Procurement, Food Management Institute, webinar, 2022
- Teaching Kitchen Research Conference, Online, 2022
- Foster a Culture of Belonging, Insight Higher Education, webinar, 2022
- Create course videos with Screenpal, ASU Online webinar, 2023
- Simulation 101: Incorporating Simulation in Nutrition and Dietetics Education, webinar, 2023
- ACEND Diversity webinar series, Racism in Dietetics Practice, webinar, 2023
- NDEP Development Committee, Interrupting Microaggressions, webinar 2023
- CHS Virtual Summit, Assisted Cycle Therapy, webinar 2023
- CHS Virtual Summit, Health Equity 101 & Advancing the Public Health Workforce, webinar, 2023
- Course Arc, CHS Instructional Design tutorial, 2024
- ACUE Embracing the Future: ACUE's AI Quick Study Series, spring 2024
- Cultures of Inclusive Excellence: Supporting Transgender, Non-binary and Gender Fluid Students, spring 2024
- Empowering Dietetics Educators: Navigating Microaggressions & Advocacy in Academic Settings, fall 2024
- Minimizing Burnout: Strategies for Managing Your Time and Priorities Effectively, spring 2025

Professional Development, Conferences, Workshops

- School Nutrition Annual Conference, 2012, 2015
- Arizona School Nutrition Annual Conference, 2014
- Academy of Nutrition and Dietetics, Food and Nutrition Conference and Expo, 2015, 2018, 2022, 2024, 2025,2026
- Arizona Academy of Nutrition and Dietetics Annual Conference, 2012, 2013, 2015, 2016, 2022, 2024,2026
- Building Health Lifestyles Conference, 2013, 2014, 2015
- Dairy Council Targeting Trends Conference, 2013, 2015
- How National Agencies Can Champion with State Agency Efforts to Implement HHFKA, 2014
- FDA Food Code Seminar, 2014
- NASBE- Supporting School Nutrition: New Research and State Policy Action, 2014 School Nutrition Industry Conference, 2015
- Arizona Environmental Health Association Annual Conference, 2015-2023
- Academy of Nutrition and Dietetics, Nutrition and Dietetic Educators and Preceptors Practice Group (NDEP) Annual Meeting, national and online meeting locations, 2017-2023, 2025
- ACEND DPD Director Training and Preparation for Accreditation Review, Chicago IL, 2017
- Informatics in Dietetic Education: Fear not, help is on the way, NDEP, Webinar, 2018
- Health Talks, Vitamin Supplements and Precision Health: Insights and Uses, Webinar, 2022
- The 2022 Food Code and You: Key information for food service operators and educators, Webinar, 2023
- 2025 Dietary Guidelines Advisor Committee Meeting, Meeting 1, Webinar, 2023
- ACEND Diversity Webinar: Cultural Competence and Cultural Humility, Webinar, 2023
- Arizona Environmental Health Association (AZEHA) Annual Conference, March 8-9, 2023
- From Equity Talk to Equity Walk: Translating Vision into Practice, Webinar, April 18, 2023
- ACEND DEI Webinar- Empowering Dietetic Students: Navigating Microaggressions & Advocacy in Academic Settings, March 8, 2024
- Active Shooter Training, CHS, summer 2024
- Safety and De-escalation Training, CHS, summer 2024
- Disability Insight for Accredited Dietetic programs, ACEND, webinar, January 21, 2025

Presentations and Media

- School Nutrition Association Annual Conference, "A Beneficial Partnership: ASU and Paradise Valley Unified School District", San Antonio TX, July 2016
- Arizona School Nutrition Association Annual Conference "Healthy Edge" workshop (8hrs), September 2012
- East Valley Chapter of Arizona School Nutrition Association "Nutrition 101" workshop (8hrs),February 2014
- School Nutrition Association Annual Conference "Whole Grains Explained", September 2014

- CHS Students and Faculty, “Information on SNS Credential and SNS Internship with Paradise Valley Unified School District” presentation, provided 2 times per year (November and April) 2014-2019
- Campo Verde High School, “Basic Nutrition and Hydration”, Gilbert, Spring 2022
- Guest lecture, NTR 150- Introduction to the Professions In Nutrition and Dietetics, “What to know about the DPD program- Introduction” fall and spring semesters, 2016-present
- Summer Experience, Nutrition and Hydration Lab for High School Juniors/Seniors interested in health careers, July 10-12, 2023
- Tempe Union High School visit to CHS, Nutrition and Hydration lab presentation, Spring 2024
- NDEP National Meeting, Memphis, TN, HOD presentation on Declining Enrollment in Dietetics, Spring 2025

Awards and Recognition

- Fellow, Academy of Nutrition and Dietetics, 2018
- ASU Sun Award for Assisting with Career Services on Health Career Expo, 2017
- ASU Sun Award for teaching CHS 101, Fall 2017
- ASU Sun Award for mentoring Barrett Honors students, 2016
- ASU Sun Award for School Nutrition Expo, 2015
- ASU Professor of Impact Award, spring 2023
- ASU Sun Award for Assisting with supporting student success, fall 2024