**Teri Pipe, Ph.D., R.N.**

Arizona State University

Center for Mindfulness, Compassion, and Resilience, Founding Director

College of Nursing and Health Innovation, Dean Emerita, and Professor

[Teri.pipe@asu.edu](mailto:Teri.pipe@asu.edu)

602.496.1579

455 N 3rd St. #350 Phoenix, AZ 85004

**Health Innovator** | **Well-Being Thought Leader** | **Collaborative** **Connector**

**Profile**

A vibrant expert on leadership and mindfulness, receiving numerous prestigious awards and recognitions. Appointed to direct a unique new role focused on Whole-Person Well-Being at Arizona State University at the recommendation of students to the University President; there are only a few positions of its kind in the US. Selected for the Robert Wood Johnson Foundation Executive Nurse Fellowship in 2014. Core beliefs include humility, compassion, and generosity. Believes that relationship building is key to leveraging cross-organizational resources to enhance collaborative success. Recognized for excellent communication skills, helping others reach their potential, and managing a wide range of information and demands in a dynamic environment.

Focuses include creating a healing environment for students, faculty, staff, patients and professionals, integrative care, positive coping, resiliency, older adults, oncology patients and caregivers, palliative care and end-of-life issues.

Research interests include mindfulness and resilience in academic, professional, and clinical populations, health promotion and wellness, positive coping and stress management, oncology, and gerontology.

**Current Positions**

**Professor, Dean Emerita, and Founding Director, Center for Mindfulness, Compassion and Resilience, Arizona State University**|January 2016 – Present

Arizona State University | Phoenix, AZ

Provides leadership and fosters connectivity among well-being initiatives on ASU’s Campuses, ranked the #1 Innovation University for the 5th consecutive year. Recognized for creating an environment that supports mental and physical health for students, faculty, and staff. Sought after for speaking at international, national, and regional events.

* Created and directs ASU’s Center for Mindfulness, Compassion and Resilience; garnered $1MM philanthropic investment to advance this work and continues to fundraise through philanthropy, research and programming
* Helped expand the Simulation Learning Resources Center, adding considerable space for inter-professional education and care across the continuum
* Facilitates connections between academia (research and teaching), Human Resources and Student Support Services and well-being efforts
* Initiates healthier food and drink choices campus-wide
* Co-authored a course for the Institute of Healthcare Improvement Open School on Mindfulness
* Mayo Clinic/ASU EdPlus Course series: Invited to develop, write and present curricula as content expert for 5- part Health and Wellness: Mind and Body online series, an institutional-priority initiative for marketing and distribution across national and global markets.
* Mayo Clinic Medical School Selective: Proposal accepted to develop and teach 20-hour elective mindfulness course for Mayo Medical Students
* Scaling Mindfulness through evidence-based program: Initiated teacher training by the founders of Koru Mindfulness for Emerging Adults. Guided cohorts of Koru teachers through scaling efforts of subsequent courses taught at ASU (Arizona State University) and the Phoenix community.

**Medical Licensure**

Arizona State Nursing License # RN059617

**Education**

**Ph.D.** |Pennsylvania State University, University Park, PA

Concentration: Health Policy and Administration; Minor: Gerontology |2000

Thesis: Decision Making Factors and Health Promotion in Older Adults

**MSN** | University of Arizona, Tucson, AZ |Emphasis:Gerontology |1989

**BSN** |University of Iowa, Iowa City, IA|1985

**Honors and Awards**

2020 Distinguished Alumni Award, University of Iowa College of Nursing

2018 Clarion Award for Best Magazine Series of Special Section, External Publication – Circulation of 100,000 or less for The Mindful Nurse Series

2018 APEX Award of Excellence for Best Writing Series for The Mindful Nurse Leaders Series

2018 Folio Eddie Award Honorable Mention in the B-to-B/Healthcare/Medical/Nursing Series of Articles category for The Mindful Nurse Leader Series

2014 Robert Wood Johnson Foundation Executive Nurse Fellow

2014 Phoenix Business Journal Healthcare Hero Award for Healthcare Education

2012 Leadership Excellence Award, Sigma Theta Tau Beta Upsilon

2009 MedSurg Nursing Journal’s Research for Practice Writer’s Award

2005 Mayo Clinic Special Achievement in Service Excellence Award

1999 Excellence in Teaching, Grand Canyon University

1999 Phi Kappa Phi (Top 5% Graduate Students), The Pennsylvania State University

1991 Sigma Xi

1990 Thesis Award, University of Arizona

1989 Sigma Theta Tau Research Award, Beta Mu Chapter

1985 Sigma Theta Tau

**Previous Academic Positions and Appointments**

**Chief Wellbeing Officer, Arizona State University**|January 2016 – October 2021

Arizona State University | Phoenix, AZ

**Dean and Tenured Professor, College of Nursing and Health Innovation** | Arizona State University, Phoenix, AZ, December 2011 – June 2018

**Interim Dean, College of Nursing and Health Innovation** | Arizona State University, Phoenix, AZ June 2011 – Dec. 2011

**Associate Professor of Nursing, College of Medicine** | Mayo Clinic, Phoenix, AZ

July 2004 – January 2012

**Director of Nursing Research and Innovation** | Mayo Clinic, Phoenix, AZ | July 2001 – January 2012

**Faculty Associate, Graduate Program, College of Nursing** | Arizona State University, Phoenix, AZ 2003 – 2005. Course*: Research Utilization.*

**AdjunctProfessor, RN to BSN Program and Masters in Leadership Science Program** | Samaritan College of Nursing, Grand Canyon University, Phoenix, AZ | August 1999 – 2005

*Courses taught include Leadership and Management in Nursing; Research Methodology; Innovation and Leadership.*

**AssistantProfessor** | Samaritan College of Nursing, Grand Canyon University, Phoenix, AZ | Aug. 1999 – May 2001

*Courses taught include: Leadership and Management, Research, Introduction to Nursing, Trends and Leadership, NCLEX Preparation, and Senior Practicum in Nursing.*

**Adjunct Faculty, Graduate Education Program** | Midwestern University | Glendale, AZ, Nov. 2000 – July 2001

*Courses taught include: Foundations of Managed Care Systems, Instructional Supervision.*

**Graduate Assistant** | The Pennsylvania State University | University Park, PA | Aug. 1996 – May 1997

**Previous Clinical Professional Positions**

**Outcomes Analyst, Coordinated Care Systems** | Carle Clinic Association | Urbana, IL | Dec. 1994 –Aug. 1999

**Case Manager/Supervisor, Coordinated Care Systems** | Carle Clinic Association | Urbana, IL | April 1991 – December 1994.

**Project Coordinator, Sleep Laboratory** | University of Arizona College of Nursing | Tucson, AZ | Aug. 1988 – Aug. 1990

**Research Assistant and Teaching Assistant** | University of Arizona College of Nursing | Tucson, AZ | Sept. 1986 – Aug. 1988.

**Case Manager/Supervisor** | Health Systems Research Center (formerly Carle Clinical Studies) | Champaign, IL | April 1991 – Dec. 1994

**Prenatal Nurse Case Manager** | Planned Parenthood East Central Illinois | Champaign, IL | Sept. 1990 – March 1991

**Clinical Nurse Specialist Trainee, Interdisciplinary Team Training in Geriatrics** | Veteran's Administration Medical Center | Tucson, AZ | Sept. 1986 – June 1987

**Charge Nurse** | Handmaker Jewish Geriatric Center | Tucson, AZ | June 1986 – Oct. 1986

**Charge Nurse** | Pullman Convalescent Center | Pullman, WA | Aug. 1985 – May 1986

**Volunteer Hospice Nurse** |The Hospice of the Palouse | Moscow, ID | Nov. 1985 – May 1986.

**Teaching And Training**

**Academic Courses Taught**

**DNP 601 Theoretical Foundations for Advanced Practice Nursing**| Arizona State University, Edson College of Nursing & Health Innovation, Graduate Program

**Scientific Role Development I** | Arizona State University, Edson College of Nursing & Health Innovation, Graduate Program

Graduate seminar in scientific role development: engaging and committing. (*1 semester hour*)

**Scientific Role Development 2** | Arizona State University, Edson College of Nursing & Health Innovation, Graduate Program

Graduate seminar in scientific role development: validating and demonstrating. (*1 semester hour*)

**Scientific Role Development 3** | Arizona State University, Edson College of Nursing & Health Innovation, Graduate Program

Graduate seminar in scientific role development: bridging. (*1 semester hour*)

**Research Utilization** | Arizona State University, College of Nursing & Health Innovation, Graduate Program

Graduate seminar in research utilization and direct graduate applied projects. (*3 semester hours*)

**Seminar in Science of Health Care Delivery** | Arizona State University, College of Health Solutions, Science of Health Care Delivery

Graduate course for Masters in Science of Health Care Delivery Program. (*2 semester hours, 2 semesters*)

**Innovation and Leadership** | Grand Canyon University, Ken Blanchard College of Business and Professional Studies

Graduate course for managers and leaders in the Masters of Leadership Science Program. (*3 semester hours, 1 term*)

**Leadership and Management in Nursing** |Grand Canyon University, Phoenix, AZ, Bachelors of Science in Nursing Program

Directed course and supervised clinical rotations with didactic and clinical components for senior pre-licensure nursing students. Created and implemented a Capstone project and evaluation based on curricular program objectives. (*6 semester hours, 4 semesters*)

**Research in Nursing** |Grand Canyon University, Phoenix, AZ, Writing Intensive Course Designation

Chaired the research course for undergraduate pre-licensure nursing students. The course was designated as a writing intensive course at the University level and additional writing evaluations were incorporated. (*2 semester hours, 2 semesters*)

**Trends and Issues in Nursing** | Grand Canyon University, Phoenix, AZ, Bachelors of Science in Nursing Program

Chaired course pertaining to innovations and trends in nursing and health care for senior pre-licensure nursing students. (*3 semester hours, 4 semesters*)

**NCLEX Preparation** |Grand Canyon University, Phoenix, AZ

Supervised senior pre-licensure students in their preparation for the national licensure examination. (*1 semester hour elective course, 2 semesters*)

**Senior Practicum in Nursing** | Grand Canyon University, Phoenix, AZ.

Directed final precepted clinical rotations for senior nursing students. Supervised clinical adjunct faculty and coordinated placements with clinical agencies for each student. Evaluated clinical performance and completion of course objectives. (*3-6 semester hours, 4 semesters*)

**Leadership and Management for RN-BSN Program** |Grand Canyon University, Phoenix, AZ

Taught course to 10-15 Registered Nurses.(*3 credit hours*)

**Research Methodology |** Grand Canyon University, Phoenix, AZ, RN- BSN Program.

Taught 3 credit hours of theory/didactic pertaining to research methods and supervised individual projects/presentations for 3 credit hours. (*6 credit hours*)

**Foundations of Managed Care** |Midwestern University, Glendale, AZ, Bioethics/Health Professions Education, Graduate Programs.

Developed and taught graduate seminar on issues pertaining to managed care systems for 10 graduate students. (*3 credit hours*)

**Instructional Supervision** | Midwestern University, Glendale, AZ, Health Professions Education Graduate Program.

Developed and taught graduate seminar on adult learning and integrating leadership principles in the educational process for graduate students. (*3 credit hours*)

**Introduction to Health Policy and Administration** |Pennsylvania State University, University Park, PA, Undergraduate Health Policy, and Administration Program.

Assisted with lectures, grading, and course management in this large survey course for 2 semesters. (*3 credit hours*)

**Physiological Concepts** | University of Arizona College, Nursing Graduate course.

Assisted with lectures, grading, and tutoring graduate nursing students. (*3 semester hours*)

**Continuing Education Taught**

**Continuing Education (CEUs) for Nursing and Medical Personnel** | Mayo Clinic Hospital, Mayo Clinic Scottsdale and Primary Care Sites at Mayo, AZ | *Including:*

**“Approaches to Resilience”** presented at Grand Rounds: Psychiatry Grand Rounds,May 2011.

**“Themes of Wellness to Promote Healthy and Happy Employees and Leaders”** presented at Nursing Education Noon Series, Mayo Clinic in Arizona, Nov. 2009

**“Optimizing Personal Health, Well-Being and Resiliency”** presented at Complementary and Integrative Medicine rounds Mayo Clinic Arizona, April 2008

**“Introduction to Jean Watson’s Theory of Human Caring”** presented at 3W Team Days, Mayo Clinic Hospital and Mayo Clinic Scottsdale, Nov. 2005

**“Introduction to Jean Watson’s Theory of Human Caring”** presented at Peri-Operative Nurse Staff Meeting, Mayo Clinic Hospital, Nov. 2005.

**“Introduction to Jean Watson’s Theory of Human Caring”** presented at 3E Team Days, Mayo Clinic Hospital and Mayo Clinic Scottsdale, Aug. 2005

**“Nursing Research: Putting it All Together”** presented Unit Based Research Champions, Mayo Clinic Hospital and Mayo Clinic Scottsdale, May 2005

**“Evidence Based Practice Resources for Team Leaders”** presented for Hospital Wide Team Leaders, Jan. 2005

**“Professional Growth: Research Opportunities”** presented for Nurse Practitioners and Physician Assistants, Mayo Clinic Scottsdale, Jan. 2005

**“Nursing Research: What’s in it for Me?”** presented to Unit Based Research Champions, Mayo Clinic Hospital and Mayo Clinic Scottsdale, Jan. 2005

##### **“Leadership Skills and Self Care”** presented to the Emergency Department Team Leaders and Therapy Services Team Leaders, Jan. 2004

**“Leadership Skills: Motivation and Leadership Development”** presented to the Mayo Clinic Hospital Team Leaders, Nov. 2003

**“How to use research to help with clinical practice”** presented and the Mayo Clinic Scottsdale Nursing Education Brown Bag Series, Sept. 2003.

**“Effectiveness of staff interventions to impact hope in hospitalized patients**” presented at the Mayo Clinic Scottsdale Nursing Education Brown Bag Series, July 2003.

**“Hope and Spiritual Well-Being in Hospitalized Patients”** presented at Grand Rounds, Maine Medical Center, Portland, ME, April 2003

**“Leadership Skills and Development**” presented and the Mayo Clinic Scottsdale Nursing Education Brown Bag Series, Jan. 2002.

**“Participation in Decision-Making as a Predictor of Health Promotion Behaviors in Older Women”** Poster presented at Mayo Clinic Scottsdale Nurses’ Week, May 2002.

**Additional Educational Achievements and Involvement**

**Co-Founder, The Workforce Outcomes Research and Leadership Development (WORLD) Institute** | 2015

An innovative academic practice collaborative initiated by Arizona State University College of Nursing and Health Innovation, DFCI and Brigham and Women’s Hospital aimed at pooling knowledge, expertise, and resources to identify, quantify, and develop exemplary leadership in care delivery

**Member, AACN Futures Task Force** | June 2015 – December 2016

Assessment of the major trends shaping nursing education, an assessment of AACN’s current programs and services, and recommendations regarding new efforts that can be implemented to support the mission of AACN.

**Facilitator, Mindful Living Workshops, College of Nursing and Health Innovation, Arizona State University** | 2010 – present

**Faculty Scholar**, **The Center for Nursing Excellence at Brigham and Women’s Hospital**, Boston MA | August 2016

The mission of the Center for Nursing Excellence is to advance the Professional Practice Model and support the strategic goals of the Department of Nursing; advance the profession of nursing through the generation of scholarship; and ensure that the evidence generated is integrated into the clinical practice environment.

**Reviewer**, **The Agency for Healthcare Research and Quality (AHRQ) Special Emphasis Panel** | Gaithersburg, MD | July 2015

**Co-Lead of Curriculum Team developing Master of Science in Healthcare Delivery, Arizona State University** | Phoenix, AZ | 2011-2012

**Facilitator, Mindful Living Course for Patients and Caregivers** | May 2006 - Aug. 2011

Facilitated a 4-week course for employees, oncology caregivers and patients based on John Kabat-Zinn’s 8-week Mindfulness-Based Stress Reduction curriculum

**Trainer, HeartMath Transforming Stress and Level 5 Workshops for Mayo Clinic Staff** | May 2005 - May 2011

Taught ongoing classes designed to enhance employee health, communication, teamwork, and well-being through stress management

**Founding Faculty, National Quality Forum Scholars Program** | Jan. 2006 – 2009

Developed a Mayo Clinic enterprise-wide, one- year curriculum for nurses focused on Evidence-Based Practice, Nursing Informatics and Nursing Quality Measures

**Judge, Academic Excellence Day for Medical Residents and Fellows in Maricopa County, AZ** | May 2006-2009

Scored posters displayed as part of an annual juried competition for residents and fellows in Arizona.

**Member, College of Nursing Doctoral Advisory Council/PhD Executive Committee, Arizona State University** | Aug. 2008 – Aug. 2009

Advise doctoral faculty regarding curricular and strategic planning issues.

**Member, College of Nursing Strategic Planning Team, Arizona State University** | Aug. 2008 –Aug. 2009

Served as liaison between Mayo Clinic Arizona and ASU College of Nursing contributing to strategic planning activities regarding Nursing Research and Evidence-Based Practice.

**Member, ASU/Mayo Joint Nursing Research Initiative** | Aug. 2001 - Aug. 2009

Administered the collaborative nursing research endeavor between the College of Nursing (ASU) and Mayo Clinic Scottsdale Nursing Research. To date two proposals were funded representing original collaborative projects between nursing faculty and clinical nurses from Mayo.

**Recruiter of Visiting Scientists, Arizona State University** | Aug. 2009 - May 2011

Recruited several visiting scientists and doctoral and postdoctoral students from the academic setting to work on research and education activities.

**Academic Curriculum / Courses Developed**

**Resilience and Mindfulness, Mayo Clinic** | 2011- 2012

Developed modules for medical residents at Mayo Clinic on resilience and mindfulness.

**Instructional Design, Midwestern University, Masters of Health Professions Education Program |** Feb. – May 2001

Graduate level course focused on the role of supervision and improvement of instruction, including the role of the educator in supervising, evaluating, and providing good leadership.

**Foundations of Managed Care Systems, Midwestern University, Masters of Health Professions Education Program** |May 2001 – August 2001

Designed to provide students with an understanding of the evolution of managed health care. Key structures, processes and outcomes of systems were discussed. The goal was to give students the necessary tools to analyze health systems to lead improvements within their respective disciplines.

**Professional Membership and Societies**

2022 – Present Advisory Board Member, American Association of Colleges of Nursing

2022 – Present Nurse Advisory Board Member, Corporate Counseling Associates

2021- Present Reviewer, Journal of Community Psychology

2021- Present Reviewer, Journal of Philosophy, Ethics, and Humanities in Medicine

2018 – Present Reviewer, *Mindfulness* journal

2020- Present Mentor, ASU ADVANCE grant program

2017 – 2019 Member, Ad-Hoc State Level Committee to study and make recommendations for a process of data collection of the health care professional workforce

2017 – Present Member, Charter 100 Arizona

2016 – 2017 Board Member, Phoenix Children’s Hospital; Member of the Patient Care and Quality Enhancement Committee, the Finance Committee, and the Audit and Program Integrity Committee

2015 – 2016 Member, Urban Serving Universities/Association of Public & Land-Grant Universities (USU/APLU) Biomedical Research Workforce Action Group

2015 – Present Reviewer, Agency for Healthcare Research and Quality (AHRQ) P30

Special Emphasis Panel (SEP)

2015 – 2018 Member, Phoenix Forward’s Health Care Leadership Council, Greater Phoenix Chamber of Commerce

2015 – 2016 Member, American Association of Colleges of Nursing’s (AACN) Government Affairs Committee (GAC)

2015 – 2016 Advisory Board Member, Foundation for Living Medicine

2014 – 2017 Co-chair and Member, Obesity Workgroup for the Arizona Health Improvement Plan (AzHIP)

2014 – 2017 Advisory Board Member, Colton House Roundtable

2014 – 2018 Advisory Board Member, Fresh Express by Discovery Triangle

2014 – 2018 Member, Arizona State Health Improvement Plan (AzHIP) Steering Committee

2013 – 2016 Member, NAE-IOM Systems Approaches for Health Collaborative

2013 – 2018 Member, Mayo Clinic Care Network CNO Consortium

2015 – 2016 Member, AACN Futures Task Force

2013 – 2017 Member, Sigma Theta Tau International Center for Nursing Education Advisory Board

2012 – 2018 Member, American Association of Colleges of Nursing

2012 – Present Member, American Organization of Nurse Leaders

2012 – 2018 Member, Western Institute of Nursing

2010 – Present Reviewer, Western Journal of Nursing Research

2010 – 2018 Reviewer, Cancer Nursing

2010 – 2018 Reviewer, Stress and Health

2006 – 2018 Member, Oncology Nurses Association

2005 – 2018 Reviewer, Social Science in Medicine

2005 – 2018 Reviewer, Journal of Advanced Nursing

2005 – 2012 Reviewer, Mayo Clinic Proceedings

2002 – 2012 Member, North Central Cancer Treatment Group

2002 – 2012 Member, Eastern Cooperative Oncology Group

2002 – 2018 Member, Beta Mu and Beta Upsilon Chapters, Sigma Theta Tau

2000 – 2006 Appointed Member, Education Advisory Committee, Arizona State Board of Nursing

2001 – 2003 Board Member, Nu Upsilon Chapter, Sigma Theta Tau

1999 – Present Member, Arizona Nurses Association

1998 – 2018 Reviewer, American Nurses Publishing

1986 – Present Member, American Nurses Association

**Institutional Administrative Membership:**

2016 – 2019 Member, Health Futures Council

2016 – 2017 Member, Arizona State University, Search Committee for Executive Director of the Biodesign Institute

2012 – 2021 Member, Arizona State University, University Council

2012 – Present Member, Arizona State University, University Management Team

2012 – 2018 Member, Arizona State University, Dean’s Council for Provost

2008 – 2012 Member, Mayo Clinic Arizona Cancer Center Committee

2011 – 2012 Member, Steering Committee, Master of Science in Healthcare Delivery, Arizona State University

2001 – 2012 Chair, Nursing Research Subcommittee, Mayo Clinic, Arizona

2001 – 2012 Member, Mayo Clinic Arizona Research Committee

2001 – 2012 Member, Nursing Executive Committee

2008 – 2012 Member, Arizona Clinical Research Oversight Committee

2008 – 2012 Member, Nursing Evidence-based Practice Council

2005 – 2006 Vice Chair, Program of Integrative Medicine Subcommittee, Mayo Clinic Arizona

2005 – 2012 Member, Advisory Council, Doctoral Program, Arizona State College of Nursing

2004 – 2012 Member, Review Committee: Faculty Grants in Aid program, Arizona State University

2004 – 2010 Member, Mayo Psychosocial/Educational Research Review Committee

ASU-CONHI

2003 – 2004 Member, Genomics Education Task Force

2003 – 2004 Member, CE-10 Review Committee

2003 – 2012 Member, Integrative Medicine Subcommittee

2003 – 2008 Member, Mayo Foundation Cancer Education Review Committee

2002 – 2004 Member, Mayo Education Oversight Committee

2000 – 2001 Member, University Curriculum Committee, Grand Canyon University,

Phoenix, AZ

**Academic Mentorship:**

2019 – 2022 Dissertation Co-Chair, Bin Suh, ASU, Edson College of Nursing and Health Innovation

2021- Present Committee, Sheri Sanders, ASU Edson College of Nursing and Health Innovation

2020 – Present Mentor, Abigail Gomez-Morales, ASU, Edson College of Nursing and Health Innovation

2020- 2021 Mentor, Aldwin Galang, ASU, Barrett Honors College

2019 – Present Career Mentor, Christine McNulty-Buckley, MCPHS University, School of Nursing

2019 – Present Career Mentor, Betsy Lane-Getaz, Carleton College, Student Health and Counseling

2019 – 2021 Mentor, Sara Caiazza, ASU, Edson College of Nursing and Health Innovation

2019 – Present Dissertation Committee Member, Nancy Howe, ASU, Edson College of Nursing and Health Innovation

2018 – Present Dissertation Committee Member, Jasmine Bhatti, ASU, Edson College of Nursing and Health Innovation

2018 – 2020 Dissertation Committee Member, Tara Bautista, ASU, Edson College of Nursing and Health Innovation, “Acceptability of Mindfulness-Based Intervention for Women with Substance Use Disorder”

2019 – 2020 Barrett Honor's Project committee member, Aldwin Galang, ASU, Barrett Honors College

2018 – 2019 Dissertation Committee Member, Mark Huerta, ASU, Engineering Education, “Inner Engineering: A Multiphase Mixed Methods Study Evaluating the Use of a Mindfulness Training to Cultivate Intrapersonal and Interpersonal Skills Among First-Year Engineering Students”

2018 – 2019 Director, Barrett Honors Thesis, Evaline Brown, “Mindfulness, Compassion and Resilience”

2012 – 2013 Faculty preceptor and doctoral committee member for Teresa Connolly, Loyola University

2011 – 2012 Faculty preceptor for Noel Arring, doctoral student, University of Massachusetts, Amherst

2010 – 2012 Faculty mentor, Jennifer Kue, post-doctoral fellow, Arizona State University, College of Nursing and Health Innovation/Mayo Clinic

2009 – 2011 Mentor for Lois Bunger, BSN, Master’s in Leadership Student, Grand Canyon University; Developed planned for submission of manuscript

2008 Served on doctoral committee for Jessica Tartaro, Arizona State University, Department of Psychology, “Spiritually integrative interventions for cancer patients: Where complementary, conventional and psychological medicine meet.”

2007 – 2011 Served on Master’s committees for the following graduate students from Arizona State College of Nursing and College of Engineering:

* Ben Cantrill
* Charisse Brown
* Diane Winslow
* Heather Brichetto
* Jinling Yu
* Kimberly Massetti
* Maribeth Gallagher
* Mary Clifford
* Michelle Onacki
* RoxAnne Johnson
* Sheelaugh Davis

2007 **–** 2009 Mentor for Michele Sazama, BSN

Chair, ASU College of Nursing and Healthcare Innovation; Successfully completed degree requirements, awarded Hepatology Fellowship 2008-09

2003 – 2005 Mentor for Michelle Anderson, MSN and Tamara Redden, BSN, MS

Assisted with protocol development, “Examining the effects of a mock code blue program on nursing stress level during actual code blue situations”; Data collection ongoing. Both mentees working in MCS Critical Care Unit as Manager and Unit Based Educator

2002 – 2007 Mentor for Eva Caruso, MSN, CNS MCH

Research utilization project on 4 West; Completed and published.

2002 – 2005 Mentor for Mary Poquette, BSN, former Operations Administrator, MCS

Assisted with protocol development, “Exploring an intervention to improve critical thinking abilities of RNs;” Project funded, but not implemented due to role changes and resource constraints.

2002 **–** 2005 Mentor for Heidi Apsey, BSN

Facilitated writing and funding process for Mayo-funded research project,” A Randomized Study to Assess A Nurse Intervention for Improving Patient Understanding of Clinical Trials”; Mentee is completing master’s program in Nursing

2002 **–** 2005 Mentor for Cynthia Cooper, OT

Assisted with protocol development/review of the Mayo-funded protocol, “Does Occupational Therapy Improve Quality of Life Among Out-Patients Being Treated for Cancer?"; Mentee works as an OT Director for a private company after leaving MCA.

2001 – 2002 Mentor for Boris Shvarts, RN

Supervised RN- BSN research utilization project, “Natural Medicine

Awareness”; Work completed.

2001 – 2002 Mentor for Frances Hernandez, RN

Supervised RN- BSN research utilization project, “Educational Attainment’s Correlation with RN Job Satisfaction”; Completed project, applying for graduate programs in nursing.

2001 – 2002 Mentor for Becca Keller, RN

Supervised RN- BSN research utilization project, “Pain Management”; Work completed.

2001 – 2002 Mentor for Jan Ford, RN

Supervised RN **–** BSN research utilization project, “Supporting and Retaining the Newly Hired Surgical Nurse”; Work completed.

2001 – 2002 Mentor for Paul Tachias, RN

Supervised RN- BSN research utilization project, “Wound Imaging”; Work completed.

2001 – 2002 Mentor for Suzanne Stanley, RN

Supervised RN- BSN research utilization project, “Age, Ethnicity and Etiology of Burn in the Pediatric Patient”; Work completed.

2001 – 2002 Mentor for Christine Lupinski, RN

Supervised RN- BSN research utilization project, “Registered Nursing Shortage”; Work completed, student enrolled in MSN/Adult Nurse Practitioner program at ASU

2001 – 2002 Mentor for Jim Bigley, RN

Supervised RN- BSN research utilization project, “Job Satisfaction and Leadership Qualities as Factors in Nurse Retention”; Work completed.

2001 – 2002 Mentor for Marissa Bernal, RN

Supervised RN- BSN research utilization project, “Nurse Retention”; Work completed.

2001 – 2002 Mentor for Stephanie Alexander, RN

Supervised RN- BSN research utilization project, “Medication Error Rates: Nurses’ Perception”; Work completed.

2001 – 2002 Mentor for Ralph Gonzalez, RN

Supervised RN- BSN research utilization project, “Nurses’ Attitudes Toward Shared Governance”; Work completed.

2000 – 2001 Mentor for Ilona Yoss, PA: Master’s committee

Served on Masters thesis committee for project related to developing a curriculum on managed care for clinicians; Work completed.

**Magazine interviews**

* May 2020 | “Mindfulness for young women during and after the pandemic”, Interview for Caring Magazine, Issue 2020, London, UK

**Media interviews**

* Apr. 2020 | Covid-19 Mindfulness Initiative, Interview on Arizona Channel 12 News, Phoenix, AZ

**Public service announcement**

* Mar. 2020 | Covid-19 Mindfulness PSA, Recorded for Arizona Department of Public Health, Phoenix, AZ

**Podcasts**

* May 2020| Embracing Self-Compassion, American Organization of Nursing Leadership, Chicago, IL
* May 2020| Embracing Mindfulness, American Organization of Nursing Leadership, Chicago, IL
* May 2020| Mindfulness – Covid-19, Session #3, Nurse Trust, Robert Wood Johnson Foundation, Princeton, NJ
* May 2020| Mindfulness – Covid-19, Session #2, Nurse Trust, Robert Wood Johnson Foundation, Princeton, NJ
* May 2020 | COVID-19 Conversations for Clinicians #5: A Spotlight on Nurses, Caring for Clinicians Podcast, Crowdcast, Worcester, MA
* Apr. 2020| Mindfulness – Covid-19, Session #1, Nurse Trust, Robert Wood Johnson Foundation, Princeton, NJ
* Apr. 2020 | Covid-19 Global Pandemic – Navigating with Mindfulness, Radio Chat Cafe, ASU Now Thought Huddle, Phoenix, AZ
* Apr. 2020 |Mindfulness, Compassion and Resilience– How to Cope During a Crisis, City of Mesa, Live Podcast with Mesa Mayor, Mesa, AZ

**Youtube Videos**

* Apr. 2021 | Community Well-Being: End of Series Show, ASU, Midday Mindfulness, Phoenix, AZ, April 22nd
* Apr. 2021 | Tangled Mess, ASU (Guests: Molly Schneck and Grey Box Collective Theatre Group), Midday Mindfulness, Phoenix, AZ, April 21st
* Apr. 2021 | An Invitation to Experience Your Wholeness: A Teaching and Experiential Practice, ASU (Guest: Natalie Gruber), Midday Mindfulness, Phoenix, AZ, April 20th
* Apr. 2021 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, April 15th
* Apr. 2021 | Lessons from the Pandemic: The Power of Connection, Hope, & Optimism, ASU (Guest: Dr. Christine McNulty-Buckley), Midday Mindfulness, Phoenix, AZ, April 14th
* Apr. 2021 | Self-Care: Protecting Our Own Well-Being When Life is Disrupted, ASU (Guests: Dr. Samantha Casselman, Wayne Tormala), Midday Mindfulness, Phoenix, AZ, April 13th
* Apr. 2021 | Follow the Nursing Code: Reframing Your Worldview, ASU (Guest: Heidi Sanborn), Midday Mindfulness, Phoenix, AZ, April 8th
* Apr. 2021 | Your Student’s Transition to College, ASU (Guest: Dr. Kellyn Johnson and Parent Panelists), Midday Mindfulness, Phoenix, AZ, April 7th
* Apr. 2021 | Dancing Your Nervous System, ASU (Guest: Molly Schneck), Midday Mindfulness, Phoenix, AZ, April 6th
* Apr. 2021 | Mindfulness: Implications for Medical Practice, ASU (Guests: Dr. Kari Bernard, Dr. Eve Hoover, Dr. Bettie Copeland), Midday Mindfulness, Phoenix, AZ, April 1st
* Mar. 2021 |Conscious Eating: Healing the Mind, Body, and Spirit with Nutrition, ASU (Guest: Victoria Abel), Midday Mindfulness, Phoenix, AZ, March 31st
* Mar. 2021 | How to be Mindfully Intelligent: The Relationship Between EQ and Mindfulness, ASU (Guests: Corinne Corte, Amanda Voight), Midday Mindfulness, Phoenix, AZ, March 30th
* Mar. 2021 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, March 25th
* Mar. 2021 | Spring Cleaning, ASU, Midday Mindfulness, Phoenix, AZ, March 24th
* Mar. 2021 | The Four Agreements, ASU, Midday Mindfulness, Phoenix, AZ, March 23rd
* Mar. 2021 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, March 18th
* Mar. 2021 | Healing the Collective, Healing the Masculine, Healing the Self, ASU (Guest: Niko Baker), Midday Mindfulness, Phoenix, AZ, March 17th
* Mar. 2021 | One Year Anniversary Special, ASU, Midday Mindfulness, Phoenix, AZ, March 16th
* Mar. 2021 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, March 11th
* Mar. 2021 | Bullying: Mindfulness Changes the Conversation, ASU (Guest: Jason Lalli), Midday Mindfulness, Phoenix, AZ, March 10th
* Mar. 2021 | Igniting Human Connection, ASU (Guest: Dr. Sophia Town), Midday Mindfulness, Phoenix, AZ, March 9th
* Mar. 2021 | Community Well-Being, ASU (Guest: Evaline Brown), Midday Mindfulness, Phoenix, AZ, March 4th
* Mar. 2021 | The Science and Practice of Mindfulness and Well-Being, ASU (Guest: Randy Barker), Midday Mindfulness, Phoenix, AZ, March 3rd
* Mar. 2021 | Center’s Journey to Being, ASU, Midday Mindfulness, Phoenix, AZ, March 2nd
* Feb. 2021 | Community Well-Being – The Many Hats of Nursing Faculty Members, ASU (Guest: Dr. Aliria Rascon), Midday Mindfulness, Phoenix, AZ, February 25th
* Feb. 2021 | De-stress at your Desk, ASU, Midday Mindfulness, Phoenix, AZ, February 24th
* Feb. 2021 | The Suffering and Thriving of Healthcare Heroes during Covid-19, ASU (Guest: Dr. Joan Fleishman and Dr. Tina Runyan), Midday Mindfulness, Phoenix, AZ, February 23rd
* Feb. 2021 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, February 18th
* Feb. 2021 | Reparenting Ourselves in Adulthood, ASU, Midday Mindfulness, Phoenix, AZ, February 17th
* Feb. 2021 | Human-Animal Connection, ASU (Guest: Firefly Farms), Midday Mindfulness, Phoenix, AZ, February 16th
* Feb. 2021 | Community Well-Being, ASU (Guest: Susan West), Midday Mindfulness, Phoenix, AZ, February 11th
* Feb. 2021 | Valentine’s Day – Cultivating Love for ourselves and others, ASU, Midday Mindfulness, Phoenix, AZ, February 10th
* Feb. 2021 | Advancing the Humility Paradigm with Dr. Barret Michalec, ASU, Midday Mindfulness, Phoenix, AZ, February 9th
* Feb. 2021 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, February 4th
* Feb. 2021 | Transformation: The Tail of Time, ASU, Midday Mindfulness, Phoenix, AZ, February 3rd
* Feb. 2021 | Groundhog Day, ASU, Midday Mindfulness, Phoenix, AZ, February 2nd
* Jan. 2021 | Trauma Informed Yoga, ASU (Guest: Andrea Kappas-Mazzio), Midday Mindfulness, Phoenix, AZ, January 28th
* Jan. 2021 | Nature Bathing Meditations, ASU, Midday Mindfulness, Phoenix, AZ, January 27th
* Jan. 2021 | Mindfulness of Many Hats, ASU, Midday Mindfulness, Phoenix, AZ, January 26th
* Jan. 2021 | Yoga Nidra for PTDS, ASU (Guests: Leslie Rowans), Midday Mindfulness, Phoenix, AZ, January 21st
* Jan. 2021 | Courage Part II, ASU, Midday Mindfulness, Phoenix, AZ, January 20th
* Jan. 2021 | Transformational Courage, ASU, Midday Mindfulness, Phoenix, AZ, January 19th
* Jan. 2021 | Yoga Nidra for Stress Reduction, ASU (Guests: Leslie Rowans), Midday Mindfulness, Phoenix, AZ, January 14th
* Jan. 2021 | Mary Lou Fulton Teacher’s College, ASU (Guests: Stuart Rice, Sarah Rabbani), Midday Mindfulness, Phoenix, AZ, January 13th
* Jan. 2021 | Beginner’s Mind, ASU, Midday Mindfulness, Phoenix, AZ, January 12th
* Dec. 2020 | Self-Guided Meditation Basics, ASU (Guest: Stephen Troutman), Midday Mindfulness, Phoenix, AZ, December 23rd
* Dec. 2020 | Mental Well-Being Through Drama, ASU (Guests: TAIS Drama Group), Midday Mindfulness, Phoenix, AZ, December 22nd
* Dec. 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, December 17th
* Dec. 2020 | Body Energy Systems, ASU (Guest: Stephen Troutman), Midday Mindfulness, Phoenix, AZ, December 16th
* Dec. 2020 | 2020 Hindsight, ASU, Midday Mindfulness, Phoenix, AZ, December 15th
* Dec. 2020 | Introduction to Yoga Nidra, ASU (Guest: Jen Wheeler), Midday Mindfulness, Phoenix, AZ, December 10th
* Dec. 2020 | Types of Meditation, ASU (Guest: Stephen Troutman), Midday Mindfulness, Phoenix, AZ, December 9th
* Dec. 2020 | Human Flourishing, ASU, Midday Mindfulness, Phoenix, AZ, December 8th
* Dec. 2020 | Community Well-Being Wellness Panel, ASU (Guests: Dr. Jillian McManus, Emma Celoza, Corina Tapscot), Midday Mindfulness, Phoenix, AZ, December 3rd
* Dec. 2020 | The Buddha’s Teachings, ASU (Guest: Stephen Troutman), Midday Mindfulness, Phoenix, AZ, December 2nd
* Dec. 2020 | Navigating Change in Graduate School, ASU (Guests: Zachary Reeves-Blurton, Amanda Athey Midday Mindfulness, Phoenix, AZ, December 1st
* Nov. 2020 | Giving Thanks: Practicing Gratitude, ASU, Midday Mindfulness, Phoenix, AZ, November 25th
* Nov. 2020 | The Human Animal Connection, ASU (Guest: Firefly Farms), Midday Mindfulness, Phoenix, AZ, November 24th
* Nov. 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, November 19th
* Nov. 2020 | Health and Wellness through Meditation, ASU (Guest: Stephen Troutman), Midday Mindfulness, Phoenix, AZ, November 18th
* Nov. 2020 | Breaking Through the Negativity Bias, ASU (Guest: KJ Lavan), Midday Mindfulness, Phoenix, AZ, November 17th
* Nov. 2020 | Community Well-Being, ASU (Guests: Michelle Loposky, Danielle Snyder), Midday Mindfulness, Phoenix, AZ, November 12th
* Nov. 2020 | Entrepreneurship & Innovation Part II (Guests: Bradley Biehl, Autumn Sayler), ASU, Midday Mindfulness, Phoenix, AZ, November 10th
* Nov. 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, November 5th
* Nov. 2020 | Meditation Basics (Guest: Stephen Troutman), ASU, Midday Mindfulness, Phoenix, AZ, November 4th
* Nov. 2020 | Calming and Soothing Practices, ASU, Midday Mindfulness, Phoenix, AZ, November 3rd
* Oct. 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, October 29th
* Oct. 2020 | Trick or Treat, ASU, Midday Mindfulness, Phoenix, AZ, October 28th
* Oct. 2020 | Wheel of Life, ASU, Midday Mindfulness, Phoenix, AZ, October 27th
* Oct. 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, October 22nd
* Oct. 2020 | The Human-Animal Connection, ASU, Midday Mindfulness, Phoenix, AZ, October 21st
* Oct. 2020 | Grit: A Book Review, ASU, Midday Mindfulness, Phoenix, AZ, October 20th
* Oct. 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, October 15th
* Oct. 2020 | Rose of Sound for Wellness & Relaxation, ASU, Midday Mindfulness, Phoenix, AZ, October 13th
* Oct. 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, October 1st
* Sept. 2020 | Meditation Boot Camp, ASU, Midday Mindfulness, Phoenix, AZ, September 30th
* Sept. 2020 | The Shame Game, ASU, Midday Mindfulness, Phoenix, AZ, September 29th
* Sept. 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, September 24th
* Sept. 2020 | Entrepreneurship + Innovation (Guests: Ji Mi Choi, Felicity Blackwater, Brad Biehl, Autumn Sayler), ASU, Midday Mindfulness, Phoenix, AZ, September 23rd
* Sept. 2020 | Experiencing the World Through Our 5 Senses, ASU, Midday Mindfulness, Phoenix, AZ, September 22nd
* Sept. 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, September 17th
* Sept. 2020 | Living Your Why, ASU, Midday Mindfulness, Phoenix, AZ, September 16th
* Sept. 2020 | Exploring Your Personality, ASU, Midday Mindfulness, Phoenix, AZ, September 15th
* Sept. 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, September 10th
* Sept. 2020 | Addressing the Realities of PPE Fatigue and Resilience: An Open Dialogue (Guests: Angie Haskovec, Edson College Alumni Brooke Lavelle), ASU, Midday Mindfulness, Phoenix, AZ, September 9th
* Sept. 2020 | Finding Your Why, ASU, Midday Mindfulness Phoenix, AZ, September 8th
* Sept. 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, September 3rd
* Sept. 2020 | Mindfulness and Ambition: Can they Co-Exist? (Guests: Shea Alvey and Barrett Honor’s College Student Panel), ASU, Midday Mindfulness, Phoenix, AZ, September 2nd
* Sept. 2020 | The Wisdom of Acceptance (Guest: Barbara Crisp), ASU, Midday Mindfulness, Phoenix, AZ, September 1st
* Aug. 2020 | Art Forum (Guest: Andrea Feller with ASU Art Museum), ASU, Midday Mindfulness, Phoenix, AZ, August 27th
* Aug. 2020 | How to Maintain Wellness Programs Virtually and During COVID-19 (Guests: Teresa Salama and Sherry Haskins), ASU, Midday Mindfulness, Phoenix, AZ, August 26th
* Aug. 2020 | Self-Leadership in a Pandemic (and other crises) (Guest: Diane Sieg), ASU, Midday Mindfulness, Phoenix, AZ, August 25th
* Aug. 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, August 20th
* Aug. 2020 | Back to School Centering, ASU, Midday Mindfulness, Phoenix, AZ, August 19th
* Aug. 2020 | Imposter Syndrome (Guests: Zachary Reeves-Burton, Student panel), ASU, Midday Mindfulness, Phoenix, AZ, August 18th
* Aug. 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, August 13th
* Aug. 2020 | Collective Roots, ASU, Midday Mindfulness, Phoenix, AZ, August 12th
* Aug. 2020 | Feeling Stuck, ASU, Midday Mindfulness, Phoenix, AZ, August 11th
* Aug. 2020 | Equitable Mindfulness and Health Justice (Guest: Dr. Swapna Reedy), ASU, Midday Mindfulness, Phoenix, AZ, August 10th
* Aug. 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, August 6th
* Aug. 2020 | Get in the Zone: Mindfulness and Athletics (Guests: Darnell McDonald, John Sterling), ASU, Midday Mindfulness, Phoenix, AZ, August 5th
* Aug. 2020 | Love Languages, ASU, Midday Mindfulness, Phoenix, AZ, August 4th
* Aug. 2020 | Bringing it Back to the Roots: Extended Meditation, ASU, Midday Mindfulness, Phoenix, AZ, August 3rd
* July 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, July 30th
* July 2020 | The Blame Game, ASU, Midday Mindfulness, Phoenix, AZ, July 29th
* July 2020 | International Student Panel, ASU, Midday Mindfulness, Phoenix, AZ, July 28th
* July 2020 | Culture 2020: This Organization’s Got Soul! (Guest: Christine Whitney-Sanchez), ASU, Midday Mindfulness, Phoenix, AZ, July 27th
* July 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, July 23rd
* July 2020 | Engineering Mindfulness (Guest: Mark Huerta), ASU, Midday Mindfulness, Phoenix, AZ, July 22nd
* July 2020 | Cultural Intelligence, ASU, Midday Mindfulness, Phoenix, AZ, July 21st
* July 2020 | Midsummer Refresh, ASU, Midday Mindfulness, Phoenix, AZ, July 20th
* June 2020 | Hiatus to Healing, ASU, Midday Mindfulness, Phoenix, AZ, June 30th
* June 2020 | Mindfulness in K-12 Schools (Guest: Sunny Wight), ASU, Midday Mindfulness, Phoenix, AZ, June 26th
* June 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, June 25th
* June 2020 | The Art of Stillness, ASU, Midday Mindfulness, Phoenix, AZ, June 24th
* June 2020 | Sound Bowls with Guest Ben Irons, ASU, Midday Mindfulness, Phoenix, AZ, June 23rd
* June 2020 | Moving Mindfully Through Hindrances (Guest: Ann Sebren), Midday Mindfulness, Phoenix, AZ, June 22nd
* June 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, June 18th
* June 2020 | Protecting Mind, Body, and Spirit: Part II, ASU, Midday Mindfulness Phoenix, AZ, June 17th
* June 2020 | Getting into Character (Guest: Michael Moramarco), ASU, Midday Mindfulness, Phoenix, AZ, June 16th
* June 2020 | The Art of Transforming Suffering (Guest: Michelle Villegas-Gold), ASU, Midday Mindfulness, Phoenix, AZ, June 15th
* June 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, June 11th
* June 2020 | Long-Term Health and Overcoming Overwhelm, ASU, Midday Mindfulness, Phoenix, AZ, June 10th
* June 2020 | Writing to Heal: Creative Writing Session, ASU, Midday Mindfulness, Phoenix, AZ, June 9th
* June 2020 | Growing Your Mindset, ASU, Midday Mindfulness, Phoenix, AZ, June 8th
* June 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, June 4th
* June 2020 | The Craving Mind: Part II, ASU, Midday Mindfulness, Phoenix, AZ, June 3rd
* June 2020 | Protecting Mind, Body and Spirit, ASU, Midday Mindfulness, Phoenix, AZ, June 2nd
* June 2020 | Creativity and Mindfulness (Guest: Danah Henriksen), ASU, Midday Mindfulness, Phoenix, AZ, June 1st
* May 2020 | Community Well-Being, ASU, Midday Mindfulness Phoenix, AZ, May 29th
* May 2020 | The Craving Mind, ASU, Midday Mindfulness, Phoenix, AZ, May 28th
* May 2020 | Grief and Loss (Guest: Wayne Tormala), ASU, Midday Mindfulness, Phoenix, AZ, May 27th
* May 2020 | Redefining Your Neighbor: What Does an Ally Look Like, ASU, Midday Mindfulness, Phoenix, AZ, May 26th
* May 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, May 22nd
* May 2020 | Global Meditation Day, ASU, Midday Mindfulness, Phoenix, AZ, May 21st
* May 2020 | Mindful Eating (Guest: Dara James), ASU, Midday Mindfulness, Phoenix, AZ, May 20th
* May 2020 | Be Kind, ASU, Midday Mindfulness, Phoenix, AZ, May 19th
* May 2020 | Science of Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, May 18th
* May 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, May 15th
* May 2020 | Financial Wellness (Guest: Jacob Gold), ASU, Midday Mindfulness, Phoenix, AZ, May 14th
* May 2020 | Nature, Art, Music, ASU, Midday Mindfulness, Phoenix, AZ, May 13th
* May 2020 | Reintegrating Mindfully, ASU, Midday Mindfulness, Phoenix, AZ, May 12th
* May 2020 | Attitudinal Foundations of Mindfulness, ASU, Midday Mindfulness, Phoenix, AZ, May 11th
* May 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, May 8th
* May 2020 | Mindfulness Leadership in Covid-19: Part II (Guest: Dr. Sophia Town), ASU, Midday Mindfulness, Phoenix, AZ, May 7th
* May 2020 | Taking Risks, ASU, Midday Mindfulness, Phoenix, AZ, May 6th
* May 2020 | Me, You, and Us, ASU, Midday Mindfulness, Phoenix, AZ, May 5th
* May 2020 | What Time Is It?, ASU, Midday Mindfulness, Phoenix, AZ, May 4th
* May 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, May 1st
* Apr 2020 | Serious Fun, ASU, Midday Mindfulness, Phoenix, AZ, April 30th
* Apr. 2020 | Compassion Fatigue, ASU, Midday Mindfulness, Phoenix, AZ, April 29th
* Apr. 2020 | Setting Boundaries, ASU, Midday Mindfulness, Phoenix, AZ, April 28th
* Apr. 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, April 24th
* Apr. 2020 |Mindful Leadership in Covid-19 (Guest: Dr. Sophia Town), ASU, Midday Mindfulness, Phoenix, AZ, April 23rd
* Apr. 2020 | Just Like Me, ASU, Midday Mindfulness, Phoenix, AZ, April 22nd
* Apr. 2020 | The Holy, Wholey, Holey NO!, ASU, Midday Mindfulness, Phoenix, AZ, April 21st
* Apr. 2020 | Uncertainty & Transitions, ASU, Midday Mindfulness, Phoenix, AZ, April 20th
* Apr. 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, April 17th
* Apr. 2020 | How to Comfort Someone: Part II, ASU, Midday Mindfulness, Phoenix, AZ, April 16th
* Apr. 2020 | How to Comfort Someone, ASU, Midday Mindfulness, Phoenix, AZ, April 15th
* Apr. 2020 | The Big G: Giving, ASU, Midday Mindfulness, Phoenix, AZ, April 14th
* Apr. 2020 | “Remote Control” Leadership, ASU Midday Mindfulness, Phoenix, AZ, April 13th
* Apr. 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, April 10th
* Apr. 2020 | Rituals: Part II, ASU, Midday Mindfulness, Phoenix, AZ, April 9th
* Apr. 2020 | Self Compassion and Physical Activity, ASU, Midday Mindfulness, Phoenix, AZ, April 8th
* Apr. 2020 | Productivity, Panic and Being Essential, ASU, Midday Mindfulness, Phoenix, AZ, April 7th
* Apr. 2020 | Joy, Happiness and Comfort Foods, ASU, Midday Mindfulness, Phoenix, AZ, April 6th
* Apr. 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, April 3rd
* Apr. 2020 | Self-Compassion for Emotional Exhaustion, ASU, Midday Mindfulness, Phoenix, AZ, April 2nd
* Apr. 2020 | The Human Animal Connection, ASU, Midday Mindfulness, Phoenix, AZ, April 1st
* Mar. 2020 | Working Through Procrastination, ASU, Midday Mindfulness, Phoenix, AZ, March 31st
* Mar. 2020 | It’s Okay to be Okay, ASU, Midday Mindfulness, Phoenix, AZ, March 30th
* Mar. 2020 | Community Well-Being, ASU, Midday Mindfulness, Phoenix, AZ, March 27th
* Mar. 2020 | Fuzzy Pants, ASU, Midday Mindfulness, Phoenix, AZ, March 26th
* Mar. 2020 | Creating a Clearing for Your Purpose, ASU, Midday Mindfulness, Phoenix, AZ, March 25th
* Mar. 2020 | Transcending Loneliness, ASU, Midday Mindfulness, Phoenix, AZ, March 24th
* Mar. 2020 | The Arena of Your Heart, ASU, Midday Mindfulness, Phoenix, AZ, March 23rd
* Mar. 2020 | The Power of Community, ASU, Midday Mindfulness, Phoenix, AZ, March 20th
* Mar. 2020 | Self-Compassion & Creativity, ASU, Midday Mindfulness, Phoenix, AZ, March 19th
* Mar. 2020 | Rituals, ASU, Midday Mindfulness, Phoenix, AZ, March 18th
* Mar. 2020 | Compassion/Self-Compassion, ASU, Midday Mindfulness, Phoenix, AZ, March 17th
* Mar. 2020 | Interconnectedness, ASU, Midday Mindfulness, Phoenix, AZ, March 16th

**Presentations**

**Keynote and Conference Presentations:**

* Apr. 2021 | Presented, “Mindfulness, Leadership and Innovation”, San Diego Advanced Study Group, San Diego, CA
* Dec. 2020 | Presented, “Loneliness and Mindfulness Panel”, ASU, Hacking the Human Conference, Phoenix, AZ
* Nov. 2020 | Presented, “Mindfulness, Leadership and Innovation”, Arizona NAPNAP Symposium (National Conference on Pediatric Healthcare), Phoenix, AZ
* Apr. 2020 | Invited Keynote (Canceled due to Covid-19), Oncology Nutrition Symposium, Phoenix, AZ
* Feb. 2020 | Keynote, “The Transformational Power of Mindfulness”, Seattle Study Club Symposium, Phoenix, AZ
* Dec. 2019 | Keynote, Section of Pediatric Neurosurgery of the American Association of Neurological Surgeons and Congress of Neurological Surgeons. Mindful Leadership for Resilience
* Nov. 2019 |Presented, Bautista, T.G., Cash, T., Dunis, J., Smith, P.G., Young, M., Meyerhoefer, T., & Pipe, T. B. (2019, Nov). Equitable Mindfulness for Social Changes: A Mixed Methods Analysis. Poster accepted for presentation at the American Public Health Association Conference, Philadelphia, PA.
* Oct. 2019 | Keynote, WASTECON International Conference, Phoenix, AZ, Mindfulness and Leadership
* Oct. 2019 | Keynote, Washington State Hospital Association, Seattle, WA
* Oct. 2019 | Keynote, Arizona Hospital and HealthCare Association, Tucson, AZ
* Sept. 2019 | 10 Talks Podcasts for Life Training Academy
* Sept. 2019 | Roundtable, Mayo Clinic, Transform Conference, Rochester, MN
* Sept. 2019 | Keynote Presentation, Phoenix Children’s Hospital, Physician Leadership Fellowship, “Introduction of Healthcare Workforce Resiliency”, Phoenix, AZ
* Sept. 2019 | Keynote Presentation, Resilience for Leadership Conference, Phoenix, AZ
* Aug. 2019 | Keynote Presentation, University Career Women in Healthcare Professional Development Conference, Tempe, AZ
* June 2019 | Keynote Presentation, Arizona Bar Association, Phoenix, AZ Mindful Leadership for Lawyers
* May 2019 | Keynote Presentation, Faculty Development Workshop, University of Wisconsin-Superior, Superior, WI, Mindfulness Leadership Certificate
* May 2019 | Inaugural Dean’s Distinguished Wilkinson Lecture, Texas A & M, College Station, TX. “Mindfulness, Compassion and Leadership.”
* Mar. 2019 | Mayo Clinical Reviews, Phoenix, AZ Mindfulness and Resilience for Healthcare Leaders
* Jan. 2019 | Keynote Presentation, Arizona Counselors Association, Resiliency for Leadership
* Oct. 2018 | Keynote Presentation, Legacy Nursing Regional Conference, Vancouver, OR. Mindfulness and Resilience
* July 2018 | Keynote Presenter for the Pinnacle Emergency Medical Services Leadership Forum
* May 2018 | Keynote Presenter for the Mountain West Cystic Fibrosis Consortium Tucson; co-sponsored by the Phoenix Children’s Hospital/Banner Health Center/University of Arizona on Mindfulness for the Health Care Worker
* Mar. 2018 | Presenter for Integrating Mindfulness into GME: An Experiential Session hosted by Dignity Health and ASU, Phoenix, AZ
* Feb. 2018 | Presentation for EdPlus Lunch and Learn Series on Mindfulness tools in Tempe, AZ

* Feb. 2018 | Presenter for AONE Webinar on Wellness/Self-care
* Jan. 2018 | Presenter for Executive Fellowship in Innovation Health Leadership Immersion (EFIHL) on how leaders can create a culture of mindfulness on their teams in Tempe, AZ
* Jan.2018 | Presenter for Advanced Leadership Initiative on Mindfulness in Tempe, AZ
* Dec. 2017 | Keynote Presenter at the Organization of Nurse Leaders of MA, RI, NH, CT and VT on Mindfulness in Burlington, MA
* Nov. 2017 | Presenter at NYC Symposium on “Mindfulness in Nursing Practice” at the Memorial Sloan Kettering Cancer Center in New York, NY
* Oct. 2017 | Presenter at the Conference on Integrated Health “The Healer Within” on Mindfulness in Charlotte, NC
* Sept. 2017 | Presenter on Mindfulness and Mindfulness Eating at the AzNA Convention, Scottsdale, AZ
* Sept. 2017 | Keynote Presenter at the 2nd Annual Nicklaus Children’s Hospital Raising the Bar: Pediatric Nursing Conference on Integrating Mindfulness to Leadership within Healthcare Context in Miami, FL
* Aug. 2017 | Presenter at the Health Communication Initiative (HCI) members and members of the Hugh Downs School, on the Center for Mindfulness, Compassion and Resilience at the Hugh Downs School of Communications, ASU Tempe
* Aug. 2017 | Keynote Presenter at University of Nebraska College of Nursing Executive Council Retreat on “Enhancing Well Being While Leading Change” in Omaha, NB
* June 2017 | Presenting CEO Talk on Mindfulness at Arizona State University at the Phoenix Children’s Hospital Foundation, Phoenix, AZ
* June 2017 | Presenter on Mindfulness at the Mercy Gilbert Medical Center’s Monthly Physicians Clinical Council in Gilbert, AZ
* June 2017 | Presenter of Mayo Clinic Care Network Webinar on Mindfulness in Nursing Practice
* June 2017 | Trainer for three-day Resiliency Training Workshop at Guthrie Robert Packer Hospital in Sayre, PA
* May 2017 | Presenter on Resilience and Leadership: “The Resilient Leader” at Dignity Health/St. Joseph’s Medical Center in Phoenix, AZ
* May 2017 | Presenter on Mindfulness for Nurses Week at Phoenix Children’s Hospital in Phoenix, AZ
* Apr. 2017 | Presenter for Wolters Kluwer Speaker Series Webinar on “Compassionate and Effective Leadership Practices” in Phoenix, AZ
* Apr. 2017 | Presenter on Mindfulness at the End of Life Nursing Education Consortium “Nurse Wellbeing and Resilience for Nurses” at Mayo Clinic Hospital in Phoenix, AZ
* Mar. 2017 | Invited Plenary speaker on Mindfulness at the AONE Conference “High Performing Leadership: Mindfulness in Action” in Baltimore, MD
* Feb. 2017 | Presenter on Mindfulness Leadership at the Center for Creative Leadership Conference in St. George, UT
* Nov. 2016 | Keynote Speaker on Mindfulness at The Healthy Brain Expo “The Science of Mindfulness” at the FCF-Holland Community Center in Scottsdale, AZ
* Nov. 2016 | Presenter on Mindfulness at the Nursing Management Congress “Why Does Mindfulness in Leadership Really Matter?” in Las Vegas, NZ
* Oct. 2016 | Keynote Speaker on Mindfulness at the Maricopa County Association of Family Mediators monthly meeting “The Science of Mindfulness” in Phoenix, AZ
* Oct. 2016 | Presenter on Resilience and Mindfulness Training at Dignity Health, in San Francisco, CA
* Sept. 2016 | Keynote Speaker at the 6th Annual Kaiser Permanente Caritas Consortium on “Leading Self and Leading Others with Compassion, Mindfulness and Presence” in San Ramon, CA
* Sept. 2016 | Keynote Speaker at TRANSFORM: Make Change Possible: Thriving in an Ecosystem for Health Symposium, “Change is Hard, Where, and How, Do We Begin?” in Rochester, MN
* July 2016 | Keynote Speaker “A Taste of Mindfulness: Bringing More Joy and Productivity to Your Days” to the ASU Preparatory Academy Administrative Leadership Team of academic and operational directors and officers at SkySong in Scottsdale, AZ
* July 2016 | Keynote Speaker “A Taste of Mindfulness: Bringing More Joy and Productivity to Your Days” at the Honor Health Rehabilitation Hospital staff, Scottsdale, AZ
* June 2016 | Presenter at Arizona State Bar’s Annual Convention in Chandler, AZ
* Apr. 2016 | Panelist on the West Campus Panel: “Creating the Health Workforce of the Future” on ASU West Campus in Phoenix, AZ
* Apr. 2016 | Presentation to the AACN Business Officers of Nursing Schools (BONUS) Planning Committee on future trends for academic nursing in Scottsdale, AZ
* Mar. 2016 | Speaker at the American Association of Colleges of Nursing (AACN) Webinar on the CONHI/Mayo collaboration, presented with CONHI and Mayo Faculty at the AACN Spring Annual meeting in Washington, DC
* Oct. 2015 | Facilitator for the American Association of Colleges of Nursing (AACN) for the Academic Health Centers (AHC) Like-Schools Information Discussions in Washington, DC
* Oct. 2015 | Co-presenter at the Dignity Health Physician Symposium of Plenary Session on Building Personal Resiliency into Our Lives During Personal Illness in Las Vegas, NV
* Sept. 2015 | Presentation to the ASU Barrett Women’s League (BWL) on Dr. Pipe’s Path to Success, the Benefits of Collaboration and How to Work in Group Settings in Tempe, AZ
* June 2015 | Co-led presentation on Resiliency at the Mayo Clinic Symposia for Cancer Patients and their Loved Ones in Phoenix, AZ
* May 2015 | Keynote Speaker at the Colloquium: Emotional Intelligence: An overview of resilience, emotional intelligence and mindfulness, with presentation of practical examples and practices. Gila River Health Care Nurses Day remote broadcast from Hu Hu Kam Memorial Hospital Conference Room in Sacaton, AZ
* Apr. 2015 | Presenter at the Institute of Medicine (IOM) “Vision of the Futures Taskforce” in Phoenix, AZ
* Feb. 2015 | Keynote Speaker at the Collaborative Leadership of the ASU Undergraduate Student Government (USG) at their Leadership Summit for USG Senators and the College Council Executives in Tempe, AZ
* Aug. 2011 | Keynote Speaker on “Learn how to reduce stress through Mindful Living techniques”, at Mayo Clinic in Scottsdale, AZ

**International Speaking:**

* Apr. 2020| Presenter, Mindfulness, Compassion and Resilience, Arizona State University, McCain Institute, Next Generation Leadership Program, Washington D.C.
* Oct. 2017 | Keynote Address at the 2017 Planetree International Conference on Patient-Centered Care: “Well-Being of Providers as the Fourth Component of a “quadruple aim” for health care” in Baltimore, MD
* June 2014 | Presenter of “Mindfulness Based Stress Reduction correlates with frontal lobe changes during mood induction fMRI” at the Organization for Human Brain Mapping Annual Meeting in Hamburg, Germany
* Nov. 2008 | Presenter of “Multidisciplinary Spiritual Research” at the 2008 Mayo Spiritual Care Research Conference in Rochester, MN
* June 2008 | Presenter of “Implications for leadership practice: Results from a randomized, controlled trial of an intense mindfulness-based stress reduction program” at the 11th International Conference on Social Stress Research in Santa Fe, NM
* Nov. 2017 | Presenter of “Innovative Leadership: Mindfulness as a Skill for Nursing Leaders” at the 39th Biennial Convention of Sigma Theta Tau International in Baltimore, MD
* Nov. 2007 | Presenter of **“**A Randomized, Controlled Trial Evaluating the Effects of an Intensive Mindfulness Meditation” Course for Stress Symptom Management in Nurse Leaders at the 39th Biennial Convention of Sigma Theta Tau International in Baltimore, MD
* June 2006 | Podium Speaker of “Inspiring Unit-Based Champions to Promote an Evidence-Based Practice Milieu” at Sigma Theta Tau International Research Congress in Montreal, Canada
* Nov. 2005 | Presenter of “Optimizing Intellectual Excitement in the Workplace: Using Benner’s Framework to Advance Evidence-Based Strategies in a Clinical Setting.” **Pipe, T.**, Buchda, V., Pendergast, D., and Caruso, E. podium presentation at the Sigma Theta Tau International Conference
* Nov. 2005 | Podium Presenter of “Technology Innovations to Enhance Patient Safety: Fall Prevention.” Connolly, T., **Pipe, T.** (on behalf of the Fall Prevention PI Team) at the Sigma Theta Tau International Conference
* Nov. 2005 | Podium Presenter of “Brainstorming: Cultivating Innovative Ideas for Evidence-Based Nursing.” Vratny, A., and **Pipe, T.** (On behalf of Nursing Research Subcommittee) at the Sigma Theta Tau International Conference
* Nov. 2005 | Podium Presenter of “Leadership Development Through Practice Innovations: Rapid Cycle Pilot Projects Targeting Inpatient Fall Prevention.” N. Lendzion, A.M. Hunsaker, M. Griffin, **T. Pipe**. at the Sigma Theta Tau International Conference
* Feb. 2004 | Participated in Global Nursing Exchange, Cancun, Mexico. Invitation-only think tank for nursing leaders in education, research, policy and clinical practice
* Feb. – March 2003 | Participated in the Global Nursing Exchange, La Paz, Mexico. Invitation-only think tank for nursing leaders in education, research, policy and clinical practice
* Nov. 2001 | Presented “Participation in Decision Making as a Predictor of Health Promotion Behaviors in Older Women” at Sigma Theta Tau International Biennial Convention in Indianapolis, IN
* Feb. 1991 | Presented "Concept Clarification Using Focus Group Techniques and Validity Matrices," at the Qualitative Health Research Conference in Edmonton, Alberta Canada

**National Speaking:**

* Feb. 2022 | Co-Presenter, Humanity at All Levels: The Connection between Mindfulness, Leadership and Transformational Change in Organizations, Mindful Healing Healthcare 2022 Global Mindfulness Summit, Chicago, IL
* Apr. 2021| Presenter, Fostering Mindfulness and Living Well in Today’s High Stress Environment, San Diego Advanced Study Group Engagement, San Diego, CA
* Mar. 2021 | Presenter, Exploration and Discovery: Moonrocks & Meaning, Spring Quarterly Meeting, Organization of Nurse Leaders
* Nov. 2020 | Presented, “Mindfulness and Self-Sustainability: Self-Care for Busy Professionals”, Students Lead, American College of Nurse Midwives, MD
* Sept. 2020 | Presenter, Mindfulness and Resilience, Grand Rounds, Thomas Jefferson University Hospital, Philadelphia, PA
* Aug. 2020| Presenter, Mindfulness Techniques to Manage Work Stress and to Promote Wellness, Faculty Retreat, University of Iowa
* Jan. 2020| Presenter, “Self-Care and Burnout Prevention: Focus on a Compassionate Learning Environment.” University of Portland, School of Nursing, Portland, OR
* Oct. 2019| Presenter, Women Leaders I College Sports 2019 National Convention “Mindfulness Practices for a Busy Life”, Phoenix, AZ
* Oct. 2015 | Invited Co-presenter, Dignity Health Physicians Symposium, Las Vegas, NV
* Feb. 2014 | Invited Co-presenter, “Integrating Interprofessional Education into the Curriculum”, AACN 2014 Master’s Education Conference, Scottsdale, AZ
* Oct. 2013 | Invited Co-presenter, “Theory Burst: IPE Program Measurement, Evaluation and Improvement, Interprofessional Education”, (IPEC) Institute Meeting, Chicago, IL
* Sept. 2013 | Invited Presenter, “Update on Collaborative Project: Expanding education and training of systems approaches”, IOM/NAE Systems Approaches for Health Innovation Collaborative in Washington, DC
* May 2013 | Invited Presenter, Program Evaluation and Improvement presentation for Interprofessional Education Collaborative, Washington, DC
* Apr. 2013 | Invited Presenter, Academic Clinical Partnerships, AONE/AACN in Chicago, IL
* Oct. 2013 | Invited Presenter, "Value of nursing research and patient outcomes from the nursing perspective" at Millennium, Boston, MA
* Mar. 2011 | Invited Plenary Speaker: “Mindfulness and Positive Coping Strategies for Health Promotion” at 20th Annual Nursing Research Conference in Rochester, MN
* Jan. 2011 | Invited Presenter, “Survivorship: What Does This Mean for My Patients?” at Clinical Hematology and Oncology 2011: The 8th Annual Mayo Review in Scottsdale, AZ
* Nov. 2010 | Invited Presenter, “Global Perspectives on Breast Cancer Survivorship” Mayo Clinic Breast Disease Conference
* Nov. 2010 | Invited Presenter, “Awareness and Mindfulness for Personal and Professional Resilience” at Oncology Nursing Society Annual Banquet, Rochester, MN
* Sept. 2010 | Presenter of “Mindfulness and Resilience for Professionals and Patients” at Oncology Nursing Care: Meeting Today’s Challenges Conference in Las Vegas, NV

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* May 2010 | Presenter of “Behavioral Interventions for Symptom Management” Pre-Congress Workshop at Oncology Nursing Society in San Diego, CA
* Nov. 2007 | Presenter of "Affirming tribal sovereignty and self-determination by applying the principles of CBPR in addressing cancer health disparities" presented at 135th Annual Meeting & Exposition of the American Public Health Association in Washington, DC
* Aug. 2007 | Presenter of "Understanding the Lived Experience of Being Diagnosed with Breast Cancer in the Gila River Indian Community and Selecting Cancer Treatment" Susan G. Komen for the Cure’s 10th Annual Mission Conference, *Ignite the Promise* in Washington, DC
* July 2007 | Panelist on “Addressing the Legacy of Mistrust of Research in a Tribal Community: Taking Time to Build Trust and a Collaborative Partnership” at the Northwest Health Foundation's 3rd Community-Based Participatory Research Conference in Portland, OR
* May 2007 | Poster Presenter of “The Effect of Posting Life Stories on Patient Spirituality, Social Support, Hope and Pain” poster at Society of Hospital Medicine in Dallas, TX
* Apr. 2007 | Poster Presenter of “Understanding the Lived Experience of Being Diagnosed with Breast Cancer in the Gila River Indian Community (GRIC) and Selecting Cancer Treatment” at the American Cancer Society meetings in New Orleans, LA
* Mar. 2007 | Paper Presenter of “Factor Structure of the Practice Environment Scale-Nursing Work Index” at Midwest Nursing Research Society Meeting in Omaha, NB
* Mar. 2007 | Paper Presenter of “Registered Nurses' Self-Reported Health and Health Behaviors: Do We Practice What We Preach?” at Midwest Nursing Research Society Meeting in Omaha, NB
* Mar. 2007 | Invited Panelist for “Evidence Based Practice: Practical Applications” at the Mayo Clinic Rochester Nursing Research Conference, Rochester, MN
* Feb. 2007 | Poster Presenter of “Mindfulness meditation: evidence of decreased rumination asa mechanism of symptom reduction” at 18th Annual Meeting of the American Neuropsychiatric Association
* Nov. 2006 | Poster Presenter of “Caring for professional caregivers: Implementation, Evaluation and Outcomes of a Four-Week Mindfulness Meditation Course for Nursing Leaders” at the 4th International Multidisciplinary Conference on Spirituality and Health in Vancouver, British Columbia
* Sept. 2006 | Podium Presenter of “60 Pearls in 60 Minutes: Pearls on Practicing Patient-Centered Hand Therapy with Challenging Patients” at the American Association of Hand Therapists 29th Annual Meeting in Atlanta, GA
* Aug. 2005 | Invited Lecturer of “Collaborative Research Initiatives in Spirituality and Hope” Research Appreciation Month, Mayo Clinic Rochester
* Mar. 2005 | Poster Presenter of “A Systematic Approach to Using Evidence to Answer Clinical Questions” at National Clinical Nurse Specialist conference in Orlando, FL
* Feb. 2005 | Presenter of “Multidisciplinary Aspects of Exploring Hope, Spiritual Well-Being and Quality of Life in Hospitalized Patients” at Mayo Clinic Rochester Nursing Research Conference
* Feb. 2005 | Presenter of “A Matter of Perspectives: A Panel Discussion on Interdisciplinary Research” at Mayo Clinic Rochester Nursing Research Conference
* Jan. 2005 | Poster Presenter of “A systematic approach to using evidence to answer clinical questions” at Mayo Clinic Quality Conference, Scottsdale Arizona and Rochester, MN
* Feb. 2005 | Poster Presenter of “A systematic approach to using evidence to answer clinical questions” at MLGSCA/NCNMLG Joint Meeting (Medical Library Group of Southern California/Arizona and Northern California/Nevada Medical Library Group) in Long Beach, CA
* May 2005 | Poster Presenter of “A systematic approach to using evidence to answer clinical questions” at the Medical Library Association Annual Meeting in San Antonio, TX
* Nov. 2004 | Presenter of “The effect of posting life stories on patient spirituality, social support, hope and pain: A pilot study” at 2004 Mayo Spiritual Care Research Conference in Rochester, MN
* July 2004 | Presenter of “A Systematic Approach to Using Evidence to Answer Clinical Questions” poster presented at the Summer Institute on Evidence-Based Practice, Academic Center for Evidence-Based Nursing (ACE) at The University of Texas Health Science Center in San Antonio, TX
* June 2004 | Poster Presenter of “Leadership and Innovation in Healthcare” at the American Nurses Association Convention in Minneapolis, MN
* Nov. 2003 | Poster Presenter of “Age Differences in Preferred Healthcare Information Formats for Women with Breast Cancer: A Generational Change” at the Gerontological Society of America Conference in San Diego, CA
* Nov. 2002 | Presenter of “Exploring Staff Intervention and Patient Outcomes of Hope, Spiritual Well-Being, and Quality of Life” at the Contributions of Spiritual and Religious Research to the Science and Practice of Medicine Conference, Mayo Clinic Rochester
* Mar. 2002 | Presenter of “Ways Spiritual Health Leads to Spiritual and Mental Well-Being” with Don Smidt at Spirituality and Healing in Medicine, Salt Lake City, UT
* Apr. 2001 | Presenter of "Decision Making Factors and Health Promotion in Older Adults" at the Western Institute of Nursing Health Care Challenges Beyond 2001: Mapping the Journey for Research and Practice in Seattle, WA
* Oct. 1999 | Presenter of "Information Strategies to Support the Delivery of Care" at the Medical Group Management Association 73rd Annual Conference, Denver, CO
* Apr. 1999 | Presenter of "Integrated Risk Assessment and Feedback Reporting for Clinical Decision Making in a Medicare Risk Plan" at the American Association of Health Plans Building Bridges Conference in Chicago, IL
* Dec. 1998 | Presenter of "Innovative Geriatric Care Strategies for the Transition to Managed Care" at American Society on Aging 4th International Conference on Long-Term Care Case Management in San Diego, CA
* Oct. 1998 | Presenter of "Disease management models for chronic care” at Medical Group Management Association in Denver, CO
* May 1998 | A Collaborative Physician Model for Geriatric Primary Care in Medicare Risk. Translating Research Into Action: Building Bridges, AAHP and AHCPR
* Apr. 1998 | Poster Presenter of "Approaches to geriatric care in Medicare Risk." at the Penn State Geisinger Health System's first annual Research Day in Hershey, PA
* June 1996 | Poster Presenter of "Effects of nursing partnership on health service utilization in a rural geriatric sample" at the American Nurses Association Council of Nursing Research Scientific Session in Washington, DC
* June 1996 | Presenter of "Innovations in Health Care Delivery: The Community Nursing Organization” at the American Nurses' Association Biennial Convention in Washington, DC

* Apr. 1996 | Presenter of "The Community Nursing Organization: Testing a Model of Capitated Geriatric Care” at the Eastern Nursing Research Society 8th Annual Conference in Pittsburgh, PA
* Sept. 1995 | Presenter of Nursing and Managed Care Think-Tank, Sponsored by Springhouse Publishing and Nursing Management, Chicago, IL, 1996. "Expanding the Circle of Collaboration" at The Midwest Alliance in Nursing 16th Annual Conference in St. Louis, MI
* Sept. 1995 | Presenter of "The Physician, the Pharmacist and the Nurse in Integrated Delivery Systems: What Roles Do They Play as Members of the Coordinated Health Care Team?" at the Midwest Regional Managed Health Care Congress in Chicago, IL
* Apr. 1993 | Presenter of "Clinical Studies into the Future” at Geriatric Seminar: Dementias and the Challenge of Patient Care Management" Carle Geriatrics Services Conference in Champaign, IL
* May 1990 | Presenter of "The Relationship of Self-Transcendence, Spirituality, and Hope to Death Perspectives” at the 23rd Annual Communicating Nursing Research Conference in Denver, CO
* May 1990 | Presenter of "Ghostbusting: Clarification of Elusive Concepts” at the 23rd Annual Communicating Nursing Research Conference in Denver, CO
* May 1990 | Presenter of "Evaluation of Sleep Patterns of Organization and Depression in Minor Head Injured Subjects" at the 23rd annual Communicating Nursing Research Conference in Denver, CO

**Regional Speaking:**

* Feb. 2022 | Presenter, Faculty Wellness and Mental Health Seminar Series: Moving Out of Exhaustion and Fatigue through Strengths Based Approaches, University of Arizona Medical School, Tucson, AZ
* Dec. 2021 | Presenter, Panel: Health Talks: The Health of the Health Care Workforce, ASU, College of Health Solutions, Phoenix, AZ
* Oct. 2021 | Presenter, Mindfulness and Leadership, Phoenix Women’s Commission, Phoenix, AZ
* Aug. 2021 | Presenter, Self-Care and Leadership, ASU Health Leadership Council, Phoenix, AZ
* Apr. 2021 | Presenter, Panel: "Considerations when implementing a clinician mindfulness and well-being initiative", Northern Arizona University, Physician’s Assistant Studies, Flagstaff, AZ
* Mar. 2021 | Presenter, Leadership and Mindfulness, ASU, Library Assembly
* Mar. 2021 | Presenter, Mindfulness and Faculty Mentorship Workshop, ASU, Mentoring Series for Faculty Success, ASU Kern Grant Program
* Feb. 2021 | Presenter, Mindfulness and Leadership, ASU, University Senate, Tempe, AZ
* Dec. 2020 | Presenter, Well-being and Mindfulness, ASU, Launching Leaders Program, University Design Institute, Tempe, AZ
* Dec. 2020 | Presenter, Self-Care and Preventing Burnout, ASU Knowledge Enterprise Development, Health Leadership Council, Tempe, AZ
* Nov. 2020 | Presenter, The Transformational Power of Mindfulness Part II, ASU OLLIE Life Long Learning Institute, Phoenix, AZ
* Oct. 2020 | Presenter, The Transformational Power of Mindfulness Part I, ASU OLLIE Life Long Learning Institute, Phoenix, AZ
* Oct. 2020 | Presenter, Resiliency, The Sedona Women, Sedona, AZ
* Oct. 2020 | Presenter, Mindfulness & Identifying Remedies for Disconnection, ASU International Scholars and Students Staff, Phoenix, AZ
* Oct. 2020 | Presenter, Self-Care for Nurses, Arizona Nurses Association, Phoenix, AZ
* Aug. 2020 | Presenter, Self-Care and Leadership, ASU Knowledge Enterprise Development, Health Leadership Council, Tempe, AZ
* Aug. 2020 | Presenter, Mindfulness, ASU Foundation for a New American University, Speaker Series, Tempe, AZ
* July 2020 | Presenter, Well-being and Sustaining You and Your Team, ASU’s Advanced Leadership Initiative, Tempe, AZ
* June 2020 | Presenter, Mindfulness and Well-being, ASU’s Facilities Management and Development, Phoenix, AZ
* Mar. 2020 | Presenter, ASU College of Health Solutions Success Forum, Phoenix, AZ
* Feb. 2020 | Presenter, ASU Leadership Institute, Phoenix, AZ
* Oct. 2019 | Presenter, ASU Molecular Cellular Annual Retreat, Phoenix, AZ
* Aug. 2019 | Presenter, ASU Cronkite Fall Retreat, Phoenix, AZ
* Aug. 2019 | Presenter, ASU Global Sport Institute, Tempe, AZ
* June 2019 | Presenter, ASU Fellows Forum, Office of University Initiative, Question and Answer Session for PhD candidates, Tempe, AZ
* May 2019 | Presenter, Mirabella Community Learning Series, Mindfulness at ASU, SkySong
* Apr. 2019 |Presenter, Jewish Family and Children Services Panel on Mental Health in Arizona
* Feb. 2019 | Presenter, ASU’s DC Office, Mindfulness and Compassion workshop
* Feb. 2019 | Presenter, ASU WP Carey Ambassador’s Program, Mindful Leadership, SkySong
* Mar. 2019 | Presenter, Water and Stone, ASU’S Center for Mindfulness, Compassion and Resilience Annual Conference, Phoenix, AZ
* Oct. 2017 | ASU's Center for Mindfulness, Compassion and Resilience. Sigma Theta Tau International, Beta Upsilon Chapter, Phoenix, AZ
* May 2015 | Invited Presenter, Colloquium: Emotional Intelligence: An overview of resilience, emotional intelligence and mindfulness, with presentation of practical examples and practices. Gila River Health Care Nurses Day remote broadcast from Hu Hu Kam Memorial Hospital Conference Room in Sacaton, AZ
* Jan. 2015 | Invited Presenter, Breakout Presentation: “Resiliency: Living with and Overcoming My Cancer: A Mayo Clinic Symposium for Patients and Their Loved Ones” in Phoenix, AZ
* June 2014 | Keynote Speaker, Gila River Health Care CNO Retreat in Sacaton, AZ
* Mar. 2014 | Conference Co-Chair, “Moving into the Future of Self-Management”, ASU/Mayo Clinic 2014 Nursing Research Conference, Improving Health Through Self-Management in Phoenix, AZ
* Feb. 2014 | Presenter of “GNE Project to advanced practice education in Arizona and to ASU”, AZ State House of Representatives Health Committee in Phoenix, AZ
* Nov. 2013 | Invited Presenter of “Wellness in the Workplace” at CoreNET Global, Arizona Chapter in Phoenix, AZ
* Nov. 2012 | Neurointerventional Radiology Update: Carotid Stenting and Acute Stroke Interventions. American Academy of Professional Coders Chapter Meeting
* Sept. 2012 | Invited Presenter of State of Arizona State University CONHI, Hispanic Nurses Association Meeting in Phoenix, AZ
* Mar. 2012 | Panelist Presenter of “Electronic Health Records; Impact on Health Care Delivery” at The Society for Interventional Radiology 37th Annual Scientific Meeting in San Francisco, CA
* Feb. 2011 | Invited Presenter of “Health Promotion and Positive Coping Strategies” for Blue Cross Blue Shield of Arizona
* Feb. 2010 | Invited Presenter of “Tools and Technologies to Reduce Stress and Foster Well-Being” at Tucson Holistic Healing Initiative for Nurses, University Medical Center in Tucson, AZ
* Mar. 2009 | Invited Presenter of ““Approaches to Stress Management” at The Wellness Community in Phoenix, AZ
* Sept. 2008 | Invited Presenter of “Sleep and Rest for Health” at The Wellness Community in Phoenix, AZ
* Jan. 2008 | Invited Presenter of “Maintaining your health and well-being: A labor of love”at MCA/The Wellness Community of Phoenix, AZ
* Oct. 2007 | Invited Presenter of Nursing Grand Rounds, Phoenix Children’s Hospital, “Exploring the Effects of an Intensive Mindfulness Meditation Course for Stress Symptom Management in Nurse Leaders”
* Dec. 2006 | Invited Presenter of 2-hour intensive for Statewide Directors of Physical Therapy: “The Art and Science of Compassion: Leadership and Self Awareness” in Phoenix, AZ
* Aug. 2006 | Invited Presenter of 4-hour intensive for OTs and PTs: “The Art and Science of Compassion: Patient-Centered Care” in Phoenix, AZ
* Feb. 2006 | Invited Presenter of “From Bench to Boardroom” at the ASU/Mayo Research Symposium
* Mar. 2004 | Invited Lecturer of “Evidence Based Nursing Practice” at Arizona State University College of Nursing, NUR 443 Nursing Leadership and Management
* Feb. 2004 | Presenter of “Morbid Obesity: The Problem and Its Treatments” at The University of Vermont OB/GYN Resident Lecture Series
* Feb. 2004 | Presenter of “Surgical Treatment of Morbid Obesity” at The Association of Operating Room Nurses Educational Lecture Series
* Jan. 2004 | Keynote address: “Weaving Theory and Practice to Meet Patient Learning Needs” Banner Thunderbird Hospital
* Oct. 2003 | Presenter of “Care of the Obese Patient in the GI Setting” at The Society of Gastroenterology Nurses and Associates Fall Vermont Conference
* Sept. 2003 | Poster Presenter of “Hope and Spirituality” at the Arizona Nurses Association Convention in Prescott, AZ
* Mar. 2003 | Presenter of "Hope and Spirituality in Hospitalized Patients" at the Beta Upsilon Chapter, Sigma Theta Tau Business/Scholarly Meeting

### Sept. 2002 | Presenter of “Improving Coronary Artery Disease Risk Assessment In Women: An Angiographic Study, Master’s Thesis Honors Presentation” at Yale University School of Medicine

* May 2002 | Poster Presenter of “Participation in Decision-Making as a Predictor of Health Promotion Behaviors in Older Women” at Academic Excellence Day, Maricopa Integrated Health Systems
* Apr. 2002 | Presenter of “Shared Decision-Making as a Predictor of Patient Satisfaction in Older Adults” at the Arizona Sigma Theta Tau Research Consortium
* Nov. 1989 | Presenter of "The Relationship of Self-Transcendence, Spirituality and Hope to Positive Death Perspectives in Healthy Older Adults” at Student Research Day, Arizona State University in Tempe, AZ
* Oct. 1989 | Poster Presenter of "Multimethod Approach to Measurement of Depression in Minor Head Injured Adolescents" at the Society for Neuroscience meetings in Phoenix, AZ

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* Oct. 1989 | Paper Presenter of "Multimethod Approach to Measurement of Depression in Minor Head Injured Adolescents" at the 17th Annual Nursing Research Conference in Rio Rico, AZ

**Miscellaneous Speaking:**

* Sept. 2020 | Speaker, “The Science of Mindfulness.”, Arizona Science Center – President’s Club, Phoenix, AZ
* June 2020 | Speaker, “Mindfulness for Artists.” Brelby Foundation in Wellness – A Series for West Valley Artists, Glendale, AZ
* Jan. 2020 | Speaker, “Mindfulness and Well-Being: The Inner Landscape.” Spirit of the Senses Arts Organization, Scottsdale, AZ
* Apr. 2011 | Speaker, “Mindfulness and Resilience for Medical Residents”. Mayo Clinic, Scottsdale, AZ
* 2010-2012 | Speaker on Mindful Breathing and the Body Scan. CD used in Mindful Living Course
* 2010-2012 | Speaker on Mindful Yoga. CD used in Mindful Living Course

**Research Grants Awarded**

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| Funding Agency | Period: | Grant Title: | Role: | Budget: |
| Association of Professors of Gynecology and Obstetrics (APGO)  (Pending Approval) | 2020 | Tackling Racial Microaggressions in the Health Sciences Learning Environment | Consultant | $30,000 |
| Robert Wood Johnson Foundation  (Not Funded) | 2020 | Tailoring Mindfulness Resources for Use in COVID-19 and Beyond | Co-Investigator | $9,000 |
| Plus Alliance  (Not Funded) | 2020 | Using Mindfulness and Compassion Practices to Increase Sustainable Food-Related Behaviors: A Mixed-Methods Exploration | Principal Investigator | $13,718 |
| Robert Wood Johnson Foundation | 2014 – 2017 | Executive Nurse Fellow | Principal Investigator | $35,000 |
| American Medical Association | 2013 – 2018 | Accelerating Change in Medical Education | Participant on writing team | $1,000,000 |
| Department of Veterans Affairs, Veterans Health Administration, VA Nursing Academic Partnerships | 2013 – 2017 | Phoenix VA Health Care System – Arizona State University College of Nursing & Health Innovation Partnership to Transform Nursing Education and Practice (PAP-NEP) Project | Co-Investigator | $4,000,000 |
| Barrow Neurological Foundation | Aug. 2013 – Sept. 2013 | The Neural Correlates of Non-invasive Interventions for Symptoms of Depression and Anxiety in Back Pain Patients: An fMRI Pilot Project | Co-Investigator | $50,000 |
| Mayo/ASU Seed Grants | Jan. 2010 – Jan. 2011 | Coping with Breast Cancer and Long-term Health Promotion: Examining Maladaptive Communication between Mothers and Young-Adult Daughters | Mayo Clinic Principal Investigator | $40,000 |
| Millennium | Oct. 2009 – Oct. 2010 | Unrestricted Educational Grant: Professional Development: Oncology Nursing Research | Principal Investigator with R. Fonseca | $100,000 |
| National Cancer Institute / North Central Treatment Group Cooperative | Sept. 2009 – Sept. 2011 | “A phase II Trial evaluating two non-pharmacologic interventions in cancer survivors for the treatment of sleep-wake disturbances”; Grant #: N07C4 | Study Chairs: Teri Pipe, PhD, RN and Debra Barton, PhD, RN, AOCN, FAAN |  |
| Mayo Clinic Administration | 2009 – 2010 | “Patient Care Innovation: Assessing the IV Pole Human Factor Interface Design Features for Safety and Mobility in an Acute Care Setting” | Principal Investigator |  |
| Mayo Clinic Rochester Executive Board | Jan. 2007 – Dec. 2009 | Integrative Education and Training Program for Mayo Clinic Nurses: Evidence-Based Practice, Performance Measurement and Informatics | Co-Investigator | $1,381,060 |
| Mayo Clinic Arizona Clinical Practice Committee CPI-10 |  | Exploring the Effectiveness of the HeartMath® Program for Reducing Stress for Nursing Staff and Leadership | Principal Investigator | $20,000 |
| AONE/Robert Wood Johnson | 2007 – 2008 | Transforming Care at the Bedside | Member grant-writing team, original planning workgroup |  |
| Mayo Clinic Arizona | Jan. 2005 – Jan. 2006 | Evaluating an Intensive Mindfulness-Based Stress Reduction (MBSR) Program for Nurses | Co-Investigator with J. Bortz | $18,950 |
| Mayo Clinic Arizona | Jan. 2005 – Jan. 2006 | A Longitudinal, Randomized, Parallel Group, Controlled Study of a Meditation-Based Stress Reduction Program on Cellular Aging, Cognition and Emotional Functioning in Dementia Caregivers | Co-Investigator with J. Bortz | $119,330 |
| Susan G. Komen Foundation | May 2006 – May 2008 | "Understanding the Lived Experience of Being Diagnosed with Breast Cancer on the Gila River Reservation and Selecting a Cancer Treatment" | Co-Investigator with Michele Halyard, MD | $146,970 |
| Sponsorship Board | Mar. 2006 – Mar. 2007 | Optimizing a Healing Environment | Co-Investigator | $538.25 |
| National Cancer Institute | Jan. 2006 – Dec. 2009 | Dine College/Mayo Clinic: Developing Cancer Researchers | Member of Advisory Committee with Christi Patten, PhD (MCR) as PI | $880,824 |
| *Mayo Clinic Rochester* | June 2005 – June 2006 | Mayo Nurse Work Environment Study; Grant #: IRB #1014-05 | Co-Principal Investigator with M. Harris and S. Tucker |  |
| Eagles Fund | Sept. 2005 – Sept. 2006 | The assistive nature of religious and spiritual activities as coping resources for women with ovarian cancer; Grant #: IRB #1621-05 | Co-Principal Investigator with Mary E. Johnson, MCR | $8,685 |
| *Mayo Clinic Scottsdale* | Dec. 2003 –  Dec. 2004 | The Effect of Posting Life Stories on Patient Spirituality, Sense of Social Support, Anxiety, Hope and Pain: A Pilot Study’; Grant #: MCS #093 | Principal Investigator | $10,972 |
| Mayo Clinic Rochester; A. Marchionne Foundation | Sept. 2005 – Sept. 2007 | What Newly Diagnosed Breast Cancer Patients Say They Know and  Don't Know Following Initial Consultation with the Oncology Team; Grant #: MCR 30-02 | Co-Investigator with Wes Petersen as PI | $28,501 |
| Mayo Clinic Scottsdale | June 2003 - June 2004 | A Randomized Study to Assess A Nurse Intervention for Improving Patient Understanding of Clinical Trials; Grant #: MCS #098 | Co-Investigator with Heidi Apsey as PI | $12, 876 |
| Mayo Clinic Scottsdale | Mar. 2003 – Mar. 2004 | Does Occupational Therapy Promote Improved Quality of Life Among Out-Patients Being Treated for Cancer?; Grant #: MCS #099 | Co-Investigator with Cynthia Cooper as PI | $9,500 |
| Cancer Control Section, Mayo Clinic Cancer Center | June 2003 – June 2004 | The Experiences of Partners of Women with Ovarian Cancer: A Pilot Study Using Focus Groups and Telephone Interviews | Co-Investigator with Julie Ponto |  |
| Mayo Clinic Scottsdale | Mar. 2002 – Mar. 2004 | Effects of Computerized Fall Risk Assessment and Decision Support on Inpatient Fall Rates; Grant #: MCS #021 | Principal Investigator | $1,000 |
| Arizona State University / Mayo Clinic Scottsdale Joint Nursing Research Initiative | July 2001 – July 2003 | Heart Failure Patients: Does Telephone Support by an R.N. Impact the Outcome of the Patient?; Grant #: IRB #O-837-01 | Principal Investigator | $11,212 |
| Mayo Clinic Scottsdale | 1998 – 2002 | The Effects of Exercise and Sleep Training on the Fatigue of Breast Cancer Patients Receiving Radiation Therapy; Grant #: IRB #442-98 | Principal Investigator with J. Sloan | $23,900 |
| Connecting Generations | Nov. 2001 – Nov. 2002 | Exploring Staff Intervention and Patient Outcomes of Hope, Spiritual, Well-Being and Quality of Life ; Grant #: IRB #812-00 | Principal Investigator | $10,939 |
| National Alzheimer’s Association, Innovative Enhancement Grant Program, Chicago, IL | Aug. 1995 – Aug. 1996 | Alzheimer’s Respite Corps Director Salary | Co-Principal Investigator with M. Harrington Meyer |  |
| Victor A. Hoersch Elderly Services Trust, Urbana IL | Aug. 1994 – July 1996 | Creating an Alzheimer’s Caregiver Respite Corps | Co-Principal Investigator with M. Harrington Meyer |  |

**Bibliography**

#### Full Length, Peer-Reviewed, Original Publications:

Fisher, C.L., Kastinos, M, Curley, A., Cansona, M, Piemonte, N, Wolf, B, **Pipe, T.** (Under Review). Helping Diagnosed Mothers and Their Adolescent-Young Adult (AYA) Daughters Navigate Challenging Breast Cancer Conversations.

Bautista, T. G., Cash, T., Meyerhoefer, T., & **Pipe, T. B.** (2022). Equitable Mindfulness: The practice of mindfulness for all. *Journal of Community Psychology.*

Fisher, C. L., Kastrinos, A., Piemonte, N., Canzona, M., Wolf, B., & **Pipe, T. B.** (2022). Coping with breast cancer together: Challenging topics for diagnosed mothers and adolescent and young-adult (AYA) daughters. *Journal of Psychosocial Oncology.*

Cash, T., Gueci, N., **Pipe, T.** (2021) Equitable Mindfulness: A Framework for Transformative Conversations in Higher Ed. Journal *Building Health Academic Communities Journal, 5(1):9-21.*

Huerta, M., Carberry, A., McKenna, A., Pipe, T. (2021). “Inner Engineering: Evaluating the utility of mindfulness training to cultivate intrapersonal and interpersonal competencies among first-year engineering students” Journal of Engineering Education.

Morales, A., Howe, N., Poledna, M, **Pipe, T.** (2020) Nursing and Healthcare Innovation PhD Students’ Reflective Autobiographical Narratives. *Teaching and Learning in Nursing, 15(4).*

Barton, D., Atherton, P., Satele, D., Qin, R., Kakhil, S., **Pipe, T.**, Fee-Schroeder, K., Loprinzi, C. (2020) A randomized phase II trial evaluating two non-pharmacologic interventions in cancer survivors for the treatment of sleep-wake disturbances: NCCTG NO7C4 (Alliance). Supportive Care in Cancer, 28(12).

**Pipe, T.,** (2018). “Create a Clearing: Preparing for Leadership Transition” Invited paper. *Nurse Leader*.

FitzPatrick K, Foreman L, Kozak A, Maruti S, **Pipe T**., Streeter M. (2017). PFC 103: Incorporating Mindfulness into Clinical Practice [IHI Open School online course]. Cambridge, Massachusetts: Institute for Healthcare Improvement; 2017.

**Pipe, T.**, (2016) “Mindfulness Strategies that Revitalize Internal Awareness and Self Care”. *The Arizona Geriatrics Society*.

**Pipe, T.**, Doucette, J., Cotton, A., FitzPatrick, K., Arnow, D. (2016) “The Mindful Nurse Leader: Improving Process, Outcomes, and Restoring Joy in Nursing” in Nurse Manager. DOI-10. 1097/01.NUMA.0000491135.83601.3e

FitzPatrick, K., Doucette, J., Cotton, A., Arnow, D**., Pipe, T.** (2016) “The Mindful Nurse Leader: Advancing Executive Nurse Leadership Skills Through Participation in Action Learning” in Nurse Manager. DOI-10.1097/01.NUMA.0000499567.64645.f9

Doucette, J., Cotton, A., Arnow, D., **Pipe, T.**, FitzPatrick, K. (2016) “The Mindful Nurse Leader: Key Take-away: Go Slow Before You Go Fast” in Nurse Manager. DOI-01.1097/01.NUMA. 0000502802.29800.61

Braden BB, **Pipe, TB**, Smith R, Glaspy TK, Deatherage BR, Baxter LC (2016). Brain and behavior changes associated with an abbreviated four-week mindfulness-based stress reduction course in back pain patients. Brain and Behavior, March 2016, doi: 10.1002/brb3.443.

Somerville J, Reid Ponte P, **Pipe T.**, Adams JM. (2015) Innovation Through a Nursing Academic Practice Research Collaboration: Establishment of the Workforce Outcomes Research and Leadership Development Institute (WORLD-Institute). *Nurse Leader*. 13(6) 16-17

**Pipe, T.**, (2013). Preparing the Emerging Nursing and Health Workforce. *Nursing Administration Quarterly*, NAQ-D-13-00053R1.

Wilson, B., Kelly, L., Reifsnider, E., **Pipe, T.**, Brumfield, V. (2013). Creative Approaches to Increasing Hospital-based Nursing Research. [*Journal of Nursing Administration,*](http://www.ncbi.nlm.nih.gov/pubmed/23343724) 43(2): 80-8.

**Pipe. T.**, Buchda, V., Launder, S., Hudak, B., Hulvey, L., Karns, K. and Pendergast, D. (2012). Building personal and professional resources of resilience and agility in the workplace. *Stress and Health*, 28(1): 11-22.

Frost, M., Johnson, M., Atherton, P., Petersen, W., Dose, A., Kasner, M., Sloan, J & **Pipe, T.** (2012). Spiritual well-being and quality of life of women with ovarian cancer and their spouses. *Journal of Supportive Oncology* 10(2): 131.

**Pipe, T.**, Connolly, T., Spahr, N., Lendzion, N., Buchda, V., Cisar, N. (2012). Bringing the basics to life: Defining patient care essentials. *Nursing Administration Quarterly*, 36(3): 225-233.

**Pipe, T.**, Mishark, K., Hansen, P., Hartsell, Z., Hentz, J. (2010). Rediscovering the art of healing connection by creating the tree of life poster. *Journal of Gerontological Nursing*, 36(6): 47-55

Tucker, S., Harris, M., **Pipe, T.**, Stevens, S. (2010). Nurses’ Ratings of Their Health and Professional Work Environments. *American Association of Occupational Health Nursing Journal*, 58(6), 253-267.

**Pipe, T.**, Timm, J., Harris, M., Tucker, S., Frusti, D., Neuman, J., et al. (2009). Implementing a Health System-Wide Evidence Based Practice Educational Program to Reach Nurses with Various Levels of Experience and Educational Preparation. *Nursing Clinics of North America*, 44(1) 43-55.

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