# Liza C. Hita, Ph.D., MA, NCC

Arizona State University - New College West Valley Campus | P.O. Box 37100 Phoenix, AZ 85069

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## **EDUCATION**

Arizona State University

• Ph.D. in Counseling Psychology, 2011

Northern Arizona University

• MA in Community Counseling, 2004

University of California, Los Angeles

- BA in Political Science and History, 1997
- Specialization in Chicana/o Studies

### **EMPLOYMENT & APPOINTMENTS**

August 2015- present

# Arizona State University

# School of Social and Behavioral Sciences, New College of Interdisciplinary Arts and Sciences

Associate Director of Academic Programs, (2024-present)

Clinical Associate Professor, Psychology (2019-present)

Clinical Assistant Professor, Psychology (2016-2019)

Lecturer, Psychology (2015-2016)

Barrett Honors Faculty (2011-present)

Director, Digital Innovation and Inclusion (2020-2022)

Director, Online Programming and Digital Immersion (2019-2020)

Director, ASU Online Psychology BA/BS (2015-2020)

Council member, New College Anti-Racism Council (NewARC) (2020-present)

Senior Faculty Fellow, Social Transformations Lab (2022-2024)

Faculty Fellow, Universal Learner (2021-2024)

Dean's Fellow, New College of Interdisciplinary Arts and Sciences (2020-2022)

President, Faculty Women of Color Caucus (2018-2019)

September 2011-August 2015

#### Arizona State University

# T. Denny Sanford School of Social and Family Dynamics, College of Liberal Arts and Sciences

Lecturer, Sociology and Family Studies

Barrett Honors Faculty

Associate Director & Fieldwork Coordinator, Online Graduate Programs (MS in Family and Human Development; MA in Sociology) (2014-2015)

### **PUBLICATIONS**

**Bolded** – student; \* - community partner

Santana, M., T., G., Bryant, T., Comas-Díaz, L., Zerbe Enns, C., Harrell, S. P., Hita, L., GreyWolf, I.,

- Kia-Keating, M., Lee, B. A., Neville, H. A., & Suyemoto, K. L. (2025). Reclaiming love, wisdom, and healing through decolonial and liberation psychologies: A call to action. *American Psychologist*, 80(4), 447–460. <a href="https://doi.org/10.1037/amp0001527">https://doi.org/10.1037/amp0001527</a>
- Demanarig, D, Cokley, K., Beasley, S.T., Hita, L., Hashem, H., Mujica, C., Mamidanna, P, & Mercado, A. (2024). Mending Fragile Alliances to Fight Racism: A Developing Framework for Cross-Racial/Ethnic Solidarity. *American Psychologist.* 79(4), 553.
- O'Hara, K., Guastaferro, K., Hita, L., **Rhodes, C. A., Thomas, N.,** Wolchik, S., Berkel, C. (2024). Applying the Resource Management Principle to Achieve Community Engagement and Experimental Rigor in the Multiphase Optimization Strategy Framework. *Implementation Research and Practice, 5*, 26334895241262822.
- Hita, L. (2024) Magandang Misteryo. In González, A. R., & Zepeda, N. (Eds.). (2024). Mujeres de Maiz en Movimiento: Spiritual Artivism, Healing Justice, and Feminist Praxis (pp.83-92). University of Arizona Press.
- Rhodes, C. A., Thomas, N., O'Hara, K. L., Hita, L., Blake, A., Wolchik, S. A., Fisher, B., Freeman, M. & Berkel, C. (2023). Enhancing the Focus: How Does Parental Incarceration Fit into the Overall Picture of Adverse Childhood Experiences (ACEs) and Positive Childhood Experiences (PCEs)?. Research on Child and Adolescent Psychopathology, 51(12), 1933-1944.
- Berkel, C., O'Hara, K., Eddy, J. M., **Rhodes, C. A.**, Blake, A., **Thomas, N.**, Hita, L., Herrera, D., Wheeler, A. & Wolchik, S. (2023). The Prospective Effects of Caregiver Parenting on Behavioral Health Outcomes for Children with Incarcerated Parents: a Family Resilience Perspective. *Prevention Science*, 24(6), 1198-1208.
- (Listed in alphabetical order) Aiello, M., Bismar, D.,; Casanova, S., Casas, J.M., Chang, D., Chin, J. L., Comas-Diaz, L., Salvo Crane, L., Demir, Z., Garcia, M.A., Hita, L., Leverett, P., Mendez, K., Morse, G.S., Shodiya-Zeumault, S., O'Leary, S.M, Weil, M. & Blume, A.W. (2021) Protecting and Defending our People: Nakni tushka anowa (The Warrior's Path), Journal of Indigenous Research, (9)8, 1-47.
- Winslow, E.B., Braver, S., Cialdini, R., Sandler, I., Betkowski, J.A, Tein, J., Hita, L.C., Bapat, M., Wheeler, L., & Lopez, M. (2017). Video-based approach to engaging parents into a preventive intervention for divorcing families: Results of a randomized controlled trial. *Prevention Science*, 19, 674-684.
- Braver, S.L., Sandler, I.N., Hita, L.C. & Wheeler, L. (2016). A randomized comparison trial of two court-connected programs for high conflict families. *Family Court Review*, 54(3), 349-363.
- Hita, L.C., & Braver, S.L. (2016). Present and future cultural and political issues: Never married parents in the Family Court. In M. Salini & L. Drozd (Eds.). *Parenting Plan Evaluations: Applied Research for the Family Court* (2<sup>nd</sup> Ed.). Oxford University Press.
- Primé, D.R., Bernstein, B.L., Way, A.K., Cohen-Hita, L., Liddell, T.M., Sarma, A.R., & Bekki, J.M. (2013). Development of an internet-delivered communication curriculum for graduate women in STEM. Proceedings of the American Society for Engineering Education (ASEE) 2013 Annual Conference, Atlanta, GA June 2013.
- Hita, L.C., & Braver, S.L. (2012). Diversity and transitions: Never married parents. K. Kuehnle & L. Drozd (Eds.). *Parenting Plan Evaluations: Applied Research for the Family Court.* Oxford University Press.
- Hita, L.C., Braver, S. L., Sandler, I.N., Knox, P\*., & Strehle, M.\* (2009). Family court -university

- partnership to benefit divorcing families: The experience of Maricopa County (AZ) Family Court Department and Arizona State University's Prevention Research Center. Family Court Review, 47(3), 436-450.
- Arredondo, P. & Hita, L. (2006). Applying the psychohistorical approach with Latino immigrants. In R.L. Smith & R.E. Montilla (Eds.), Counseling and family therapy: Strategies that work with Latino populations (pp.77-96). Thousand Oaks, CA: Sage.
- Arredondo, P., Davison Aviles, R., Zalaquett, C., Bordes, V., Gracioso de Rodríguez, M. Hita, L. & Lopez, B. (2006). The psychohistorical approach in family counseling with Mestizo/Latino immigrants: A continuum and synergy of worldviews. *The Family Journal: Counseling and Therapy for Couples and Families, 14*, 13-27. (a second version of this article is in Spanish: El Enfoque Psicohistórico en Consejería de Familias Con Inmigrantes Mestizos/Latinos: Una Serie Continua y una Sinergia de Diferentes Visiones del Mundo)

### **PRESENTATIONS**

- Hita, L., Sandler, I., Bordere, T., **Blaine, K., & Berkes, E.** (June, 2025). *New developments in promoting resilience with bereaved families: Coaching and cultural adaptation.* National Alliance for Children's Grief Conference.
- Hita, L., Santana, M., Neville, H., & Kia-Keating, M. (August, 2024). The psychology of joy and justice: Honoring women of color cojourners. American Psychological Association Conference.
- Hita, L., Berkel, C., Thomas, N\*., O'Hara, K., Freeman, M., Fisher, B., Osborne, K., Doll, L.\*, Craig, A.\*, Wolchik, S., Davi, R. (2023, April). *Caring for the Caregivers: Creating a Program for Caregivers of Children with an Incarcerated Parent.* Institute on Violence, Abuse, and Trauma Across the Lifespan Conference.
- Thomas, N. Berkel, C., Hita L, O'Hara, K., Wolchik, S., Rhodes, A., Blake, A., Fisher, B., Freeman, M. (2022, April). Enhancing the focus: How does parental incarceration fit the overall picture of Adverse Childhood Experiences and mental health outcomes. Arizona State University College of Health Solutions Student Research Symposium
- Berkel, C., O'Hara, K., Eddy, M., **Rhodes, A.**, Wolchik, S., **Valenzuela, H.\*, Thomas N**, Hita, L. (2022, April). What about the caregivers? Three perspectives on caregiver support to mitigate the negative effects of parental incarceration. 4th Annual Children of Incarcerated Parents National Conference
- Thomas, N., Hita, L., Berke, l.C., O'Hara, K., Wolchik, S., Rhodes, A., Valenzuela, H.\*(2022, March).

  Mapping the needs and resources of children, caregivers, and the systems that support them: A listening session to guide program development. 4th Annual Children of Incarcerated Parents National Conference.
- Hita, L. (2021, June 10) So be it! See to it! Envisioning equity through futurist pedagogies. REMOTE: The Connected Faculty Summit, Tempe, AZ.
- Hita, L. (2020, July 13). Affecting connecting: High instructor presence through videos. REMOTE: The Connected Faculty Summit, Tempe, AZ.
- Arredondo, P., Chin, L.J., Romero, A.J., Hita, L.C., & Garcia, Y. E. (2019, November). *Culture-centered inclusive leadership for and by women*. Arizona Psychological Association Conference, Phoenix, AZ.
- Arredondo, P.A. & Hita, L.C. (2019, April). Latinx immigrant Habitat for Humanity community research: Implications for practice and research. Arizona Psychological Association: Southwest Latinx Psychology Conference, Phoenix, AZ.

- Hita, L, Adam, K. & Berkshire, K. (2015, February). Never married parents: Challenges and possibilities. Arizona Association of Family and Conciliation Courts, Sedona, AZ.
- Sandler, I., Braver, S., & Hita, L. (2012, June). Randomized experimental trial comparing two programs for high conflict divorcing families. Association of Family and Conciliation Courts, Chicago, IL.
- Drozd, L, Kuehnle, K, Hita, L., Sandler, I., Fabricius, W., & Weinstock, D. (2012, February). Applied research for the family court. Arizona Association of Family and Conciliation Courts, Sedona, AZ.
- Sandler, I., Braver, S., Hita, L., & Backen-Jones, L. (2011, June). *Taking stock of parent education for divorcing families: Evaluations of past practices and new innovations.*Association of Family and Conciliation Courts, Orlando, FL.
- Bernstein, B. L., Fabert, N., & Hita, L. (2011, February). *Keeping your batteries charged in grad school: Staying motivated and productive*. Career workshop, American Association for the Advancement of Science, Washington D.C.
- Hita, L., Montes, F., & Torres, M. (2009, August). *Mujeres con palabra*. Hemispheric Institute International Conference, Bogota, Colombia.
- J. M. Bekki, B. L. Bernstein, K. Ellison, A. Sridharan, L. Hita, and Q. Spadola (2008). Work In Progress - Using Case Studies to Increase the Retention of Female Doctoral Students in STEM Fields. Proceedings of the 38th ASEE/IEEE Frontiers in Education Conference, T4F9-T4F10.
- Bernstein, B., Hita, L., Russo, N. (2008, August). Resilience training for STEM women: Designing interventions to counter discouragement. American Psychological Association, Boston, MA.
- Irwin, I.N., Braver, S.L., & Hita, L.C., (2007, May). Research on High-Conflict Separation and Divorce. Association of Family and Conciliation Courts, Washington DC.
- Braver, S.L., Sandler, I.N., Hita, L.C., Dahl, M., Knox, P., Krone, S., & Strehle, M. (2006, May). Parents and children together (PaCT): A University-family court partnership for effectiveness trials and dissemination." Society for Prevention Research, San Antonio, TX.
- Hita, L.C., Enrique, T., Reyes, R., & Enrique, X. (2006, April). Visions of a Cross-Cultural World: Community Ecology and Decolonization Strategies. Relevance of Assessment and Culture in Research, Phoenix, AZ.
- LaFaurie, E., Hita, L.C., & Arredondo, P. (2006, April). South Ranch II and ASU: Community-Based Research with Habitat for Humanity Residents. Relevance of Assessment and Culture in Research, Phoenix, AZ.

# **RECENT RESEARCH SUPPORT**

(PI: Sandler)

04/01/2023 - 12/31/2026

#### **New York Life Foundation**

An Online Program to Promote Resilience of Bereaved Families

This project focuses on the initial roll out and evaluation of online Resilient Parenting for Bereaved Families program (eRPBF) and program adaptation to increase cultural resonance with African American bereaved families.

Role: Co-Investigator

PG16035 (PI: Berkel)

06/01/2023 - 6/30/2024

# College of Health Solutions: Pilot Grant Initiative

Preventative intervention to support the behavioral health of families affected by incarceration

This project is focused on the development of an optimized intervention for caregivers to prevent substance use in children with incarcerated parents.

**Role:** Co-Investigator

GR43975 (PI: Berkel)

05/01/2023 - 5/30/24

#### Blue Cross Blue Shield of Arizona

Preventative intervention to support the behavioral health of families affected by incarceration

This project will develop a scalable parenting preventive intervention for caregivers of children with incarcerated parents (CIP), that is tailored to meet the needs of caregivers and the service systems that support them in both Spanish and English.

Role: Co-Investigator

(PI: Hita)

09/01/2022 - 06/30/2023

# Southwest Interdisciplinary Research Center (SIRC)/National Institutes of Health/National Institute on Minority Health and Health Disparities (NIH/NIMHD)

Engaging Community Stakeholders in Developing an Optimized Approach to Prevent Substance Abuse among Children of Incarcerated Parents

This project aims to convene a Steering Committee of diverse community stakeholders that will identify candidate intervention components and oversee the development of a culturally- and contextually-informed, scalable program for caregivers of children with an incarcerated parent (CIP) with the potential to prevent substance abuse among CIP.

A00037344 (PI: Ward)

04/01/2022 - 12/31/2023

#### Substance Abuse and Mental Health Services Administration

Addressing Health Disparities Related to Substance Use Disorders, Arizona Health Care Cost Containment System The initiative explores prominent health disparities and access to substance use disorder (SUD) service provision issues among Black, Indigenous and other People of Color (BIPOC) communities across the state to: (1) address administrative barriers, (2) prioritize needs and resources, (3) increase services in counties with higher drug and alcohol related deaths and/or where individuals travel long distances to access services, and (4) provide culturally attuned trainings for SUD providers who service BIPOC communities.

Role: Co-Investigator

G09275-300 (PI: Sandler)

05/01/2020 - 01/31/2023

#### **New York Life Foundation**

Adapting the Resilient Parenting for Bereaved Families Program for Families Impacted by the COVID-19 Pandemic The project will adapt material from the Resilient Parenting for Bereaved Families Program to the needs of bereaved families who are impacted by the COVID-19 pandemic. It will use a variety of mechanisms to reach these families, make them aware of the tools offered by the program and how they might be adapted to the challenges the families are encountering.

Role: Co-Investigator

(PI: Hita)

03/21/2021 - 9/1/2022

#### New College SRCA Seed Grant

Development of an Optimized Approach to Prevent Substance Use among Children of Incarcerated Parents
This project focuses on conducting focus groups and individual interviews to assist a community-lead Steering Committee in adapting an existing evidence-based parenting program to support caregivers of children with incarcerated parents.

(PI: Hita)

# Substance use and Addiction Translational Research Network (SATRN) Glen J. Sweete Seed Grant

Development of an Optimized Approach to Prevent Substance Use among Children of Incarcerated Parents
This project aims to convene a community-lead Steering Committee to guide the adaption an existing evidence-based parenting program to support caregivers of children with incarcerated parents for a planned pilot intervention with affected families.

A005780001 (PI: Sandler)

10/1/2017 - 9/30/2022

#### Substance Abuse and Mental Health Services Administration

Subcontract from University of Minnesota

Training of community providers to deliver the Resilient Parenting for Bereaved Families Program

This project involves training community providers to implement the Resilient Parenting for

Bereaved Families Program, and to train supervisors of the providers.

Role: Co-director of training and supervision

#### **GRANTS UNDER REVIEW / IN REVISION**

Development of an Optimized Intervention for Caregivers to Prevent Substance Use in Children with Incarcerated Parents

R34 National Institute on Drug Abuse (NIDA)

Role: MPI

Status: in revision

# RESEARCH PROJECT DESCRIPTIONS (current and past funding)

December 2021 - Present

#### **ASU REACH Institute**

Principal Investigator (of specific research component on cultural resonance)

Collaboration to Enhance Cultural Resonance of Resilient Parenting Online (and in-person) Program (RPBF); working with a community partner to identify ways to make the RPBF more engaging and effective with African American families; special focus on the online RPBF currently being developed and digital equity to identify ways to maximize the accessibility of the program and the program responsiveness to the experiences of bereaved caregivers in the community; **funded by** 

### **New York Life Foundation**

July 2020- Present

# **ASU REACH Institute**

Co-Investigator

Narrator for online suite of "practical tools" that teach key coping skill for bereaved parents and caregivers; additional work includes creating a Resilient Parenting podcast featuring intersectional voices of bereaved families and leading the Community Resources work group. This work is part of a COVID-19 adaptation for the Resilient Parenting for Bereaved Families program **funded by New York Life Foundation** 

January 2019-Present

### ASU REACH Institute

Supervisor

Supervised 14 leaders across four different organizations in Arizona, New Jersey, and Pennsylvania in Round 1 and Round 2 of the community-based dissemination of the Resilient Parenting Program for Bereaved Families funded through New York Life Foundation and the Substance Abuse and Mental Health Services Administration. Currently creating an RPBF supervision model.

August 2020-October 2021

School for Future of Innovation in Society/School of Social and Behavioral Sciences/Worcester Polytechnic Institute/ Birthworkers of Color Collective (BCC)

Survey Design Consultant

Smart Technologies and Community Engagement to Address Data Gaps in Birth Outcomes Reporting; part of a one-year planning grant investigating technology usage in a community of birthworkers in Long Beach, CA to imagine how smart technologies could improve the collection, quality, and accuracy of data that is collected through the Lost Angeles Mommy and Baby survey (LAMB); Funded by the National Science Foundation

January 2016-Present

#### Family Transitions, LLC/ASU REACH Institute

Narrator and video instructor

Voice and video narration for online version of the New Beginnings Program (NBP) and video components of the Family Bereavement Program (RPBF) funded through the National Institute of Child Health and Human Development and the National Institute of Health (NBP) and New York Life Foundation (RPBF)

February 2012-December 2018

# Arizona State University

**REACH Institute** 

Clinical Supervisor

Supervisor of New Beginnings Program parenting group as part of a multi-site effectiveness trial **funded through the National Institute of Drug Abuse**; responsibilities include participating in training program for group leaders; supervising group facilitator of in various counties in Arizona. In addition, I supervised NBP leaders in national dissemination through Family Transitions, LLC.

August 2007-August 2010

# Arizona State University

Program Designer and Research Assistant: CareerWISE

Lead Research Assistant on the Learning Team of a web-based resilience skills tutorial program and retention strategy for women in the Science, Technology, Engineering, and Mathematics, which included researching and writing the website's psychological content, designing the educational technology component of the website, and assisting in the site evaluation; **funded through the National Science Foundation** 

August 2005-August 2010

# Arizona State University

Program Coordinator, Research Assistant, and Group Facilitator

Program coordinator and research assistant in the Prevention Research Center in the Clinical Psychology program; Created and facilitated the Family Transitions Guide (FTG) workshop which was run in the Maricopa Family Court for high conflict parents as part of a Randomized Clinical Trial **funded by NIMH and W.T. Grant Foundation**; assists with various aspects of the Family Court/ASU partnership to pilot, evaluate, and implement evidenced-based programs for divorced/separating/high-conflict parents and their children.

January 2007- April 2007

#### Arizona State University Art Museum

New American City Group Exhibition

"Olivia"

Collaborative interdisciplinary art exhibit depicting place attachment and neighborhood revitalization in Guadalupe, Arizona.

September 2004-May 2005

#### Arizona State University

Co-Principal Investigator

Researching affordable housing and quality of life issues with Latino residents in a Habitat for Humanity Community in South Phoenix; funded through the Stardust Foundation

July 2005-August 2005

# Arizona State University

Reviewer

Reviewed ASU Career Guide for cultural sensitivity.

August 2004-August 2005

# Arizona State University

Graduate Assistant, Dr. Patricia Arredondo, Vice President of Student Initiatives Assisting with research on Latino and family-centered issues, literature reviews, and other programmatic responsibilities.

September 1996-August 1997

# SALA (Statistical Abstracts of Latin America)

Researcher/Co-Editor

Aggregated statistical data from various sources, including publications from the IMF, World Bank, and other international publications; creates new, topically relevant statistical tables, edited and updated previous tables, reviewed data before publication.

#### PROFESSIONAL/CLINICAL EXPERIENCE

June 2008-June 2012

#### Arizona State University

New Beginnings Program Group Facilitator

Facilitated an evidenced-based 12-week parenting program for never married and divorcing parents. NBP is an evidenced-based cognitive behavioral intervention aimed at increasing parental warmth, enhancing communication, creating stable routine, maintaining healthy and effective discipline, and providing support for parents during this challenging time of transition. **Funded through the National Institute of Drug Abuse.** 

August 2010-August 2011

### Counseling and Consultation, Arizona State University

Pre-doctoral Psychology Intern

Counseling students with a myriad of mental health issues, facilitating general therapy groups, providing risk assessment and crisis intervention. Placement also entails creating substance abuse prevention programs with evaluation component. Includes training components re: diversity and various professional competencies, as well as supervising counselor trainees.

Supervisors: Melanie Rich, PhD; Dan Schulte, PhD

August 2007-August 2010

### Maricopa County Family Court

Family Transitions Guide Group Facilitator

Co-created and facilitated an evidenced-based three-hour high-conflict resolution intervention for separating or divorcing families dealing with high levels of interparental conflict during their litigation process. Also assisted in formally evaluating this intervention.

Supervisor: Irwin Sandler, PhD

August 2006-August 2007

# Banner Good Samaritan Hospital

Psychology Department Mental Health Counselor

Intern, Doctoral Field Placement

Counseling in-patient clients in acute care within the hospital, primarily with patients in the oncology, transplant, trauma patients, and bariatric units. Out-patient client load includes persons under psychiatric supervision for medication management.

Included personality and cognitive assessments.

Supervisor: Kristine Cooper, PhD

June 2006-January 2007

# Empowerment Workshops, Inc.

Organizational Development Consultant

Involved setting up, administering, analyzing and creating reports for a cultural climate survey for TERROS Behavioral Health, a substance abuse treatment agency; included both quantitative and qualitative data and analysis. This also involved comparing data with a previous survey from 2004, organizing focus groups, coordinating the graduate research team, presenting research to TERROS senior management, and other managerial staff.

May 2005-June 2006

# American Counseling Association

Graduate Assistant, ACA President

Assisted the President (2005-2006) of ACA during her presidential term to implement her charge of empowering families through exemplary culture-centered counseling practices.

August 2005-July 2006

#### WellCare Foundation

Counselor

Intern, Doctoral Field Placement

Counseled single working mothers and their children in an integrated medical setting. Placement experience included interdisciplinary staffings, assessment with children and adolescents, play therapy, case management, health counseling, and joint counseling and consultation.

Supervisor: Cynthia Hoard, PhD

February 2004-June 2006

# Phoenix Union High School District

Counselor Consultant

Counseled Native American youth in PUHSD, facilitating support groups, including suicide prevention, cultural education, anger management, and substance abuse prevention/intervention.

January 2004-June 2004

#### **American Indian Prevention Coalition**

Counseling Intern, Masters Internship

Counseling Native American youth in residential treatment for substance abuse. Placement also included outpatient counseling with youth diagnosed with co-occurring disorders, interdisciplinary staffings, including traditional practitioners, group counseling, and life skills development training. Supervisor: Leo Munoz, PhD.

September 2003-December 2005

#### **NDNS4Wellness**

Counselor

Provided individual and family counseling to youth diagnosed with co-occurring disorders; youth assessment; individual counseling & facilitating support groups for students in the Phoenix Union High School District; outpatient substance abuse counseling; residential treatment counseling

September 2001—October 2003

# **Parents Anonymous**

Therapist/Case Manager

Provided family-centered, solution-focused therapy to families in need of crisis intervention through the Family Preservation Project Thrive. Families are at high risk for losing their children to Child Protective Services due to abuse and/or neglect. The most common presenting issues were substance

abuse, cultural barriers, domestic violence, and mental illness. Counseling responsibilities included working with young children to address issues of abuse and neglect. Case management duties included creating educational and behavioral plans, follow-up with continuing care, and coordination of ancillary services.

June 2000-September 2001

#### Creative Innovations, Inc.

**Therapist** 

Provided family-centered, solution-focused therapy to families in need of crisis intervention through the Family Preservation Project Thrive Program. Families are at high risk for losing their children to Child Protective Services and are typically dealing with a myriad of presenting issues, such as mental illness, substance abuse, domestic violence and cultural barriers.

August 1997-June1999

# PCORE (People's Community Organization for Reform and Empowerment)

Community Wellness Coordinator

Organized and educated a specific target area (Echo Park, Los Angeles) in regards to psychological, social, and environmental health issues. Specific demographics targeted included Filipino, Mexican, and Central American communities; organized and facilitated youth groups that dealt with anger management and empowerment strategies. Program included an intergenerational community organizing and community dialogue component.

September 1996-June 1998

# Los Angeles Manufacturing Action Project (LAMAP)

Labor Organizer

Organized workers from various sectors with Los Angeles' Alameda Corridor; involved creating a community center to service working families utilizing service learning students from UCLA; worked collaboratively with other labor unions.

#### **COURSES**

These include in-person or hybrid synchronous digital courses (in-person denoted by \*) and asynchronous online courses (taught in Learning Studio, Blackboard, and Canvas) in 7.5 and 15-week formats.

- \*\* denotes a new course I developed and taught
- o denotes a new course I developed but did not teach

†denotes classes taught when I was a graduate student

PSY 101 Introduction to Psychology\* (and online)

PSY 350 Social Psychology

PSY 341 Developmental Psychology

PSY 366 Abnormal Psychology\*

PSY 399 Supervised Research

PSY 394 Diversity in Psychology\* (and online)\*\*

PSY 394: Introduction to Clinical Psychology\*\*

PSY 394/494 Undergraduate Teaching Assistant Experience

PSY 494/598 Decolonizing "Madness" (Humanities Lab)\*\*\*

PSY 502 Professional Issues in Psychology\*\*

PSY 573 Psychopathology\*\*

PSY 598 Cross-Cultural Psychology\*\*

PSY 598 Childhood Bereavement and Resilience\*\*

SBS 300 Careers in Psychology<sup>o</sup>

SOC 101 Introductory Sociology

SOC 220 Sports and Society\*\*

SOC 270 Race and Ethnic Relations

SOC/FAS 324 Work and the Workplace

SOC 334 Technology and Society

SOC 352 Social Change

FAS 370 Family Cultural and Ethnic Diversity

SOC/FAS 499 Individualized Instruction

SOC/FAS 589 Capstone 3 – Fieldwork\*\*

FAS 598 Diversity and Society\*\*

CED 111 Explorations in Education<sup>†\*</sup>

# Co-facilitator and guest lectures:

CED 684 Internship in Community Counseling<sup>†\*</sup> (Case Conceptualization facilitator)

CED 680 Masters Practicum Seminar & CPY 780 Doctoral Practicum Seminar †\* (Co-facilitator)

PSY 591 Clinical Interviewing (Guest Lecture on Multicultural Assessment and Considerations - annually from 2011-2022)\*

### **STUDENT MENTORING & INVOLVEMENT**

Applied Project Committee Member, Lydia Cabasco (2024-present)

2 Honors Enrichment Contracts (Summer 2024)

2 Honors Enrichment Contracts (Fall 2024)

Dissertation Committee Member, Kierra Otis (Spring 2022-2024)

Applied Project Committee Member, Sarah Adams (Fall 2022-2023)

Honor's Thesis Committee Member, Chamile Diaz (Fall 2022-2023)

Psi Chi Psychology Honor Society, co-advisor, West Campus (Fall 2016-Spring 2018)

Honors Thesis Advisor, Katherine David (Spring 2017-Spring 2018)

Supervised Research, Brittanie Pendleton (Fall 2017)

Supervised Research, Andrea Norr (Fall 2017)

Supervised Research, Serena Carlucci (Fall 2016)

2 Honors Enrichment Contracts (Fall 2016)

2 Honors Enrichment Contracts (Spring 2016)

2 Honors Enrichment Contracts (Fall 2015)

2 Honors Enrichment Contracts (Spring 2015)

Academic Advisor, Gamma Zeta Alpha Fraternity (Fall 2013-2015)

Nominated to be Guest Coach for ASU Football team (Fall 2014)

1 Honors Enrichment Contract (Fall Session B, 2014)

BIS Applied Project, Mentor, Jessica Crosely, The effects of Bipolar Disorder on families (May 2014)

Northwestern Mutual Faculty of the Game, ASU Women's basketball (Fall 2013)

1 Honors Enrichment Contract (Fall Session A, 2013)

BIS Applied Project, Mentor, Kristin Kinnear, Smoking cessation: The effectiveness of Chantix (Spring 2013)

2 Honors Enrichment Contracts (Spring Session B, 2013)

2 Honors Enrichment Contracts (Spring Session A, 2013)

Honors Thesis Committee, Second Reader, Meghan Fisher, *The importance of friendship and community in a Phoenix homeless population* (3/12-10/12)

Nominated to be Guest Coach for ASU Men's Baseball team (Spring 2012)

3 Honors Enrichment Contracts (Fall Session B, 2012)

3 Honors Enrichment Contracts (Fall Session A, 2012)

#### **COMMUNITY INVOLVEMENT**

#### A Good Relative

Co-creator (2023 – first conceptualized in 2018)

- A Good Relative strives to build community, cultivate and nurture spaces of dignity and dialogue, and be a good steward of our natural and interpersonal relationships. It serves as a space for idea incubation, resource sharing, and collective dreaming.
- Perryville Indigenous Women's Prison Initiative
- Birth Justice Collaboration

• Caretaking Feminine Traditions

### **Katao Living Traditions**

Community member; student (January 2021 – present)

• The mission of Katao Living Traditions is to preserve the arts and cultural practices of the Philippines; sustain the traditions through education and practice; recover those arts which have fallen into disuse or extinction

### Cihuapactli Collective

Co-Founder & Comadrita (October 2015 – 2021)); Chair of the Board of Directors (2019-2020)

- The Cihuapactli (womens' medicine) Collective mission is to create collaborative spaces for Indigenous womxn and their children to share experiences and wisdom about health and wellness; ancestral foods; traditional prenatal, birthing, and postpartum practices; and womb care.
- Funded grants: Seventh Generation Fund for Indigenous Peoples Thriving Woman Initiative

#### Teokalli Cemanahuak

Arizona Chapter of the Native American Church (NAC); Secretary, Board of Directors; Statutory Agent (2010-present)

- Cultural preservation
- Custodians and council of NAC chapter

#### In Lak Ech

Performance artist (1997-present)

- Theater and performance art
- Traditional singing and song creation
- Participates in cultural and academic workshops
- Has performed throughout the US, Mexico, and Colombia

### Peace and Dignity Journeys

Grants Administrator (2005-2008); runner & route coordinator (2000-2008)

- Intercontinental ceremonial run that includes hundreds of Indigenous communities from Alaska to Argentina every four years
- Researching and writing grants
- Administrative assistance with the journeys
- Route coordinator: Central Arizona region (2004; 2008)

### Tonatierra Community Development Institute

Redevelopment Administrator (2004-2007) / Indigenous Youth Alliance Coordinator (2005-2008) / Grants Administrator (1999-2003)

- Assisting in administrative capacities with Economic Development Agency planning grant
- Assisting in Indigenous Youth Leadership Development Training and Scholarship Program
- Grant writing
  - o Funded grants:
    - Salt River 12%
    - Arizona Community Foundation
    - Seventh Generation Fund
    - Solidago Foundation
    - Kalliopea Foundation
- On-going planning of community events and youth workshops
- Developing Community Ecology
- Sacred sites and indigenous rights advocacy work
- Danza Azteca

# PESANTE (Philippine Peasant Support Network)

Member (1996-present)/Director of Education (1997-1999)

- Support and educate community members regarding political and cultural issues of the Philippines, primarily focused on peasant issues (75% of Filipino population) and environmental justice
- Create community forums for Filipino community to discuss current issues and share regional culture

#### El Frente

Planning Committee (1996-1997)

- Assisted in planning an Ecuentro Cultural with indigenous communities from Chiapas, Mexico in August 1997
- Specifically planned Dia de la Mujer, or Day of the Woman, for the conference
- Conference discussed community health issues affecting Zapatista communities, such as political, economic, and cultural oppression Conference discussed and planned future community wellness endeavors, such as a community mural, an indigenous-language school, and acquiring more medical supplies

#### Mujeres de Maiz

Co-creator (1996-1999); Member (1996-present); contributor (2015 – Mujeres de Maiz: 20 Year Anthology)

• Creative women's workshop and self-titled publication that includes poetry, short stories, drawings, and empowering artwork from multigenerational female minority artists. Mujeres de Maiz showcases artists in a live show that occurs annually. Mujeres de Maiz has performed all across the United States and throughout Mexico.

#### **FELLOWSHIPS**

- Senior Faculty Fellow, ASU Social Transformations Lab (2022-2024)
- Faculty Fellow, ASU Universal Learner (2021-2024)
  - O Universal Learner Courses for non-degree-seeking students and earned-admission scholars (large-scale, self-paced classes for 1,000+ students per class)
  - O Study Hall YouTube + ASU partnership to "go where the learners are" and increase access to education (41K subscribers, 1 million+ views)
- Dean's Fellow, New College of Interdisciplinary Arts and Sciences, Arizona State University (2020-2022)
- Fellow, Leadership Development Institute Fellow for the Council of National Psychological Associations for the Advancement of Ethnic Minority Interests (CNPAAEMI) Division 45 (2020-2021)
- Fellow, American Psychological Association Academic Feminist Leadership Academy (2019)

#### **AWARDS**

- Student Affairs Administrators in Higher Education (NASPA) Latinx/a/o Knowledge Community Outstanding New Program Award (2025 Event Series)
- New College Principled Innovation Award (2024)
- School of Social and Behavioral Sciences Community Impact Award (2024)
- New College Diversity, Equity, and Inclusion (Fixed-Term Faculty) Award (2022)
- Faculty Women of Color in the Academy Zenobia Hikes Winner for the Faculty Category (2021)
- Faculty Women's Association Outstanding Mentor Award (2019)
- New College Outstanding Service Award (2019)
- Nominated for the Centennial Professor Award (2012-2013)
- Nominated for CLAS Outstanding Lecturer Award (2012-2013)
- Arizona State University President's Medal for Social Embeddedness-"Olivia" New American City Exhibition (2006)

- Recipient of the Underrepresented Graduate Enrichment Match (UGEM) Research Award at Arizona State University (2004)
- Nominated for Northern Arizona University Outstanding Graduate Student Award (2004)

#### **SERVICE**

To the profession:

- American Psychological Association
  - o Special Issue Editor for the American Psychologist (2022-present)
  - APA Presidential Taskforce (Dr. Thema Bryant-Davis) on Decolonial and Liberation Psychology (2022 – present)
  - APA Div 45 Society for the Psychological Study of Culture, Ethnicity, and Race Presidential Task Force- "Fighting Racism with Cross-Racial/Ethnic Solidarity: Toward Being An Accomplice." (2022)
  - o APA Convention Co-Chair for Division 45 (2020 2021)
  - o APA Division 45 Warrior Path Presidential Task Force (2020)
  - o Division 45 Executive Committee (2020 2021)
- Faculty Women of Color in the Academy Conference
  - o National Committee (2020 present)
- Arizona Psychological Association
  - o Leadership Development Committee (2015)
- National Latino/a Psychological Association
  - o Scholarship reviewer (2012)
- American Counseling Association
  - o Member of Taskforce on Promoting Resiliency of Children in Military Families (2006-2008)
  - o Student representative for Research and Knowledge Committee (2005-2006)
  - o Graduate Assistant to the President (2005-2006)

#### ASU:

- School of Social and Behavioral Sciences
  - O Bylaws Committee (2023-present)
  - o Programmatic Advisory Committee, Chair (2044-present)
  - o Personnel Committee (2024)
- University Senate (2019 2022)
  - o Committee on Committees (2019 2021)
  - O Task force on bias in student evaluations (2019 2022)
- New College of Interdisciplinary Arts and Science
  - NewARC (Anti-Racism Council), member (2020 present)
    - Let's Talk Faculty Dialogue Planning Group Decolonizing the Curriculum
  - TrailBadger Initiative New College Badge Standards and Creative Support Teams (2020-2022)
  - o COVID Advocacy Taskforce, member (2020 present)
  - o CEPSync (Committee on Effective Pedagogy in ASU Sync), Chair (2020 present)
  - o DiReC (Digital Resources Collective), Chair (2020 present)
  - o Environmental Justice Planning Team, member (2020 present)
- ASU Faculty Women of Color Caucus, President (2018-2019); West Campus Representative (2020-2021); Advisory Council (2021-2022)
  - FWOCC and Research Development Research Leadership Cohort (co-developer; 2021present)
- Innovation Collaboratory (2019-2021)
- "Ways of Knowing" Committee for New College (2017-2018)
- ASU Online Faculty Advisory Committee, Chair (2015-2017)
- iCourse Improvement Committee, New College (2015-2016)
- Co-Chair, ASU Doctoral Students Organization (2006-2007)

# **CERTIFICATIONS AND LICENSES**

- AZ Licensed Independent Substance Abuse Counselor
- Southwest Certification Board Certified Addiction Counselor II
- Nationally Certified Counselor