

CURRICULUM VITAE

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Contact Information

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Academic Training

- **Arizona State University**, Mesa, AZ, MS in Human Nutrition, 2011
 - Thesis: How the Media Framed Weight-loss Drugs: A Content Analysis of Newspaper Coverage Of Prescription and Over-the-counter Weight-loss Drugs.
 - Presented poster at the Food and Nutrition Conference and Expo in Houston, October 2013. Nominated for the Margaret Dullea Simko Award for Excellence in a Poster Session.
- **New York University**, New York, NY. Didactic Program in Dietetics, 2007.
- **Wesleyan University**, Middletown, CT. BA, Sociology. 1997
 - Charles B. Ray Scholarship. Women's varsity ice hockey goaltender, Kappa Alpha Theta Vice President-Finance, Writer for The Argus campus newspaper, Resident Adviser.

Academic Employment

Associate Teaching Professor, Nutrition, College of Health Solutions, Arizona State University: 2022 – present

Lecturer, Nutrition, College of Health Solutions, Arizona State University: 2016 – 2022

Instructor, Nutrition Program, School of Nutrition and Health Promotion, College of Health Solutions, Arizona State University: 2014 – 2016

Faculty Associate, Nutrition Program, School of Nutrition and Health Promotion, College of Health Solutions, Arizona State University: 2013

- Taught NTR 241: Human Nutrition to 105 students (immersion, Tempe)
- Taught NTR 100: Introduction to Nutrition Science to 80 students (immersion, Tempe)

Adjunct Faculty, Nutrition, Maricopa Community College District. Phoenix, AZ: 2009, 2011 – 2013

- Taught FON 241: Principles of Human Nutrition, FON 247: Weight Management Theory, and FON 100: Introductory Nutrition in immersion, online, and hybrid formats at Paradise Valley Community College and at Glendale Community College

Non-Academic Employment

PRN (Part-time) Clinical Dietitian, Abrazo Arizona Heart Hospital, Phoenix, AZ: 2017–2018

- Delivered clinical nutrition support services to patients (ICU and non-ICU)
- Monitored nutrition status, implemented physician-ordered therapeutic diets, provided nutrition education to patients.
- Coordinated data collected from patient, medical records, nursing, speech therapy, and additional staff to assess and evaluate patients' nutrition needs

Food and Nutrition Columnist and Contributor, Raising Arizona Kids Magazine, Phoenix, AZ: 2013 –2014.

- Contributed regularly to a local parenting magazine founded in 1989 with over 140,000 readers in the Valley.

- Pitched ideas, wrote articles, contacted and interviewed sources, collaborated with editors, art director, and photographer to produce articles online and in print.

Nutrition Educator, Brooklyn Community Health Partners. New York, NY: 2004.

- Volunteered with a school-based health program offering primary services and health education workshops to over 3500 families in a mixed-income neighborhood.
- Conducted needs assessment, then designed and ran six-week pilot test for school-based community nutrition intervention targeted at parents.
- Facilitated nutrition education workshops for parents and nutrition workshops for students at a school-based health education program.

Technical Support Representative, Seamless Web, New York, NY, 2003 –2004.

- Acted as the telephone-based primary point of contact for customers and restaurant partners for technical issues during evening shifts
- Used strong interpersonal communication skills, attention to detail, and patience to successfully diagnose and resolve software issues and customer service issues remotely

Assistant to Keri Glassman, MS, RDN at KKG BodyFuel, Inc.. New York, NY: 2002 – 2004.

- Supported business development and public relations initiatives; provided administrative support to a Registered Dietitian Nutritionist in private practice, focusing on prenatal nutrition, weight loss, sports performance, and medical nutrition therapy.
- Researched nutrition topics and drafted handouts for clients.

Prudential Financial, Assistant Vice President, e-Business. New York, NY: 2000 - 2001.

- Cultivated and maintained solid professional relationships with business, marketing, systems groups and external vendors; facilitated cross-functional team development, conflict mediation, and project deadlines.
- Screened and interviewed external vendors; researched competitive landscape; evaluated and recommended vendors for web metrics, electronic bill payment and presentment, and wireless alerts.

Juno Online Services, Account Executive, Strategic Marketing. New York, NY: 1999 - 2000.

- Excelled as day-to-day account lead; successfully performed trouble-shooting and resolved all marketing, operations and billing issues.
- Created business-to-consumer marketing programs and ensured promotional activities leveraged client branding strategies.
- Supervised implementation of 50 advertising campaigns for clients in a wide range of industries including consumer goods, telecommunications, nonprofit, and technology

Coach Leatherware, Administrative Assistant, Logistics. New York, NY: 1998 - 1999.

- Compiled periodic sales and inventory reports; performed detailed analyses on wholesale order data, fill rates, and inventory availability
- Distributed weekly sales reports; scheduled meetings; assisted Director

Synapse Group, Account Coordinator. Stamford, CT: 1997 - 1998.

- Facilitated print production of magazine subscription offers for credit cards, retail stores, and financial institutions
- Established and maintained client relationships through daily phone meetings and regular face-to-face meetings and resolved print problems at client mail warehouses

Professional Memberships

- Nominating Committee Chair-Elect, Nutrition Education for the Public Dietetic Practice Group, Academy of Nutrition and Dietetics, 2024 – present
- Past President, Central District, Arizona Academy of Nutrition and Dietetics, 2023 – 2024.
- President, Central District, Arizona Academy of Nutrition and Dietetics, 2022 – 2023.
- President-elect, Central District, Arizona Academy of Nutrition and Dietetics, 2020 – 2022.
- Member, Academy of Nutrition and Dietetics, 2003 – present.
- Member, Arizona Academy of Nutrition and Dietetics, 2011 – present.
- Member, Nutrition Educators of Health Professionals Dietetic Practice Group, 2019 – present
- Member, Nutrition Education for the Public Dietetic Practice Group. 2020 - present

- Member, Hunger and Environmental Nutrition Dietetic Practice Group, 2018 – present
- Member, Asian American and Pacific Islanders Dietetic Practice Group, 2016 – present
- Member, Nutrition Entrepreneurs Dietetic Practice Group, 2013 – present.
- Member, Sports, Cardiovascular Health, and Wellness Nutrition Dietetic Practice Group, 2014 – present.
- Member, Food and Culinary Professional Dietetic Practice Group, 2014 – present.
- Member, Oncology Nutrition Dietetics Practice Group, 2017 - present.

Professional Trainings

- ASU – Workday – December 2024
- ASU – Fire Safety Training – May 2024
- ASU – Seeds of Sustainability Training, December 2023
- Arizona Public Service Orientation, June 2023
- ASU - Your Duty to Report, June 2023
- ASU - Preventing Harassment and Discrimination, June 2023
- Arizona State University, Information Security Training, June 2023
- Arizona State University Fire Safety and Prevention Certified, June 2023
- Arizona State University Inclusive Communities Training, December 2022
- Arizona State University EHS Authorized Driver Training, July 2022
- Arizona State University Community of Care Training, August 2020, June 2021
- Arizona State University ASU Sync Workshop, July 2020
- Collaborative Institutional Training Initiative (CITI), Human Subjects Training Certified, 2014-present
- Arizona State University FERPA Training, 2015 - present
- Arizona State University, Preventing Harassment and Sexual Violence, 2017

Service

Program Service

- Served on the CHS Nutrition Scholarship Committee. Evaluated student applications for scholarships and met with the committee May 14, 2024.
- Co-led 3 workgroup meetings for Nutrition@CHS and collaborated on writing up report for College
- Assisted with the Arizona Nutrition College Bowl event, an academic competition among teams of nutrition students from the four Arizona universities, on Saturday, March 23, 2024

College Service

- Serve on Humanities Partnership committee – December 2024 – present.
- Co-lead of HPEN (Health Policy and Equity Network). Helped to plan Civil Dialogue event (April 2024) and an interdisciplinary Health and Humanities event at the ASU Art Museum, “Complex Threads: Contemporary Issues in Maternal Health Care” – November 17, 2024.
- Attended ASU Online Graduation Celebration for online graduates - December 18, 2024
- Interacted with students and helped out at Nutrition/CHS “Let’s Give Thanks” event – November 14, 2024
- Served as a Campaign Manager/Faculty Lead for the United Way campaign, September 2024 – present. Worked with fellow United Way Campaign Managers in CHS Torrey Donoghue and Shauna Grant to develop communication plan, create incentives, and promote supporting the United Way campaign among employees in the College of Health Solutions. Attended virtual meetings for United Way Campaign Managers, United Way Leadership Breakfast (September 24, 2024).
- Emceed CHS Convocation. May 8, 2024.
- Attended the CHS Party on the Patio, April 17, 2024 and November 20, 2024
- Helped to serve and clean up at Nutrition/CHS “Let’s Grow Together” event – April 4, 2024
- Developed and taught a nutrition workshop for 23 middle-school students and their chaperones from Jack and Jill, an organization for African-American mothers and children focused on leadership development, philanthropy, and community service. March 2, 2024.
- Attended the Valleywise Health Foundation Spring Women’s Luncheon, February 22, 2024
- Attended the CHS Open Door event and greeted prospective students, families and community members. February 3, 2024.

University Service

- Selected to serve as the Chair of the Ad Hoc Senate Committee on Health, Wellness, and Safety in January 2025.

- Elected to represent CHS Nutrition faculty as Senator for Downtown Campus University Faculty Senate. Fall 2024 – present.
 - Served as a member of the Personnel Committee on the University Faculty Senate. Attended Personnel Committee meetings and listening sessions with ASU leadership – Fall 2024.
- Served on the Charter Professor and Provost Teaching Award Committee, evaluating nominations for professors who have promoted student success through their teaching and specifically in ways that fulfill the ASU Charter - June 2024
- Served on the Catalyst Grant Subcommittee of the Committee for Campus Inclusion, served on the Process Subcommittee, collaborated on the design of the new grant application process and evaluated grant applications from ASU faculty, staff and students for programs and events that promote inclusion on campus – January 2024 – present
- Faculty advisor of CULTIVATE Gardening Club at the Downtown Phoenix Campus (with faculty advisors Tina Shepard, MS, RD and Master Gardener and Simin Levinson, MS, RD), October 2020 – present.

Professional Community Service

- **Volunteer, Health and Wellness Grant Committee, Impact100**, a women's giving collective to support Emmet and Charlevoix County (Michigan) non-profits working in the areas of Arts and Culture, Education, Environment, Recreation & Preservation, Family, and Health and Wellness. Evaluated grant applications.
- Prepared dinner for homeless youth and young adults at a group home, Home Base Youth Services – November 26, 2024
- Prepared and presented a 75-minute talk about nutrition to four classes of 60 6th Grade Students at Phoenix Country Day School, November 13, 2024 and November 14, 2024. "Eat for Energy".
- Cared for children at dinner served to families in need - St. Vincent de Paul, October 11, 2024.
- Tended the garden (weeded and planted) at the St. Vincent de Paul Urban Farm with HPEN – January 20, 2024.

Additional Community Service

- Participated in a Saturday welcome for local Eritrean, Venezuelan, and Burmese refugee families with the **Welcome to America Project**, December 2, 2024.
- Hosted the ASU Art Museum's inaugural Black Arts and Culture Council Dinner for 25 members at our home – November 7, 2024.
- Class Notes Co-Secretary, Wesleyan University. Duties involve soliciting and curating updates from members of the Class of 1997 for the Wesleyan Magazine, published quarterly. 2017 – present.

Professional Recognition

- **Outstanding Dietitian of the Year 2023** in Arizona for demonstrating outstanding leadership and service to the profession, awarded by the **Academy of Nutrition and Dietetics**, April 2023.