

Lynda Root DNP, RN, PMHCNS-BC

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EDUCATION

Doctor of Nursing Practice-Innovation and Leadership **May 2014**
Arizona State University- Phoenix, Arizona
College of Nursing and Health Innovation
Faculty Mentor- Tim Porter- O'Grady, DM, EdD, ScD (h), APRN, FAAN
DNP Project- *Evidence- Based Practice and Statistics in RN to BSN Students*

This DNP project proposed that registered nurses prepared at a diploma or associate degree level might lack the skills or confidence to critically appraise and apply selected evidence in the clinical setting. The evidence reviewed and synthesized supported additional education in statistics or research appraisal could improve student's knowledge, attitudes, and beliefs regarding evidence-based practice. A statistics review module was developed and included in an evidence-based practice course for RN to BSN students at Arizona State University. A quasi-experimental study with a one group pretest-posttest design was conducted. Subjects completing the module demonstrated a significant increase in statistics self-efficacy from the pretest to the posttest.

Master of Science, Major in Nursing **December 1981**
Community Mental Health-Psychiatric Nursing
Thesis- *Assertiveness and Job Satisfaction in Registered Nurses*
Arizona State University- Tempe, Arizona

Bachelor of Science in Nursing **December 1978**
Madonna University
Livonia, Michigan

Diploma in Nursing **July 1975**
Providence Hospital School of Nursing
Southfield, Michigan

Certificate in Practical Nursing **August 1972**
Schoolcraft College
Livonia, Michigan

PROFESSIONAL EXPERIENCE- ACADEMIC

Clinical Assistant Professor
Speciality Coordinator Post Masters & Innovation DNP **August 2016- Current**

Faculty Associate/Clinical Instructor **September 2004- July 2016**
Arizona State University, Phoenix, Arizona
Specialty Coordinator for Post Masters and Innovation Leadership DNP Program

Courses:

- Spring 2016- DNP 716, DNP 712, DNP 680
- Summer 2016- DNP 709, DNP 680, DNP 712
- Fall 2016- DNP 709 (course coordinator) DNP 712 (course co-coordinator); NUR 501

Chair- DNP project advisory committee

Doctor of Nursing Practice program (2014-2016)

- Course Revision Team for DNP 709
- Specialty Coordinator for Post Masters and Innovation Leadership DNP Program
- Course Coordinator DNP: 709, DNP 680; Faculty: DNP 707, 712, 716,
- Mentor for New Graduate Program Faculty
- DNP Student Mentor

Masters in Nursing program (2015)

- Course Development- NUR 501- (Master's Program) Innovation and the Individual Leader
- Faculty: NUR 501

Prelicensure & RN to BSN programs (2004-2015)

- **RN- BSN program- Online Course delivery (2012-2015)**
- Faculty and Course Coordinator. Courses: NUR 315: Evidence Based Practice; NUR 445: Nursing Management; NUR 444: Innovation; NUR 330: Professional Nursing Theory
- **Prelicensure program (2004-2012)**
- Simulation & Technology Mentor; *Leveraging Educational Technology for Evidence-Based Practice Grant*. 2008-2009 & 2010-2011
 - Selected to participate in two nine month simulation and technology mentorships. Developed and implemented a psychiatric mental health simulation experience using a high fidelity mannequin for pre licensure students. Developed a reusable learning object for APA format.
- Participated in curriculum revision for pre licensure nursing program
- Coordinated and taught nursing courses- HCR 215: Clinical Health Care Ethics; NUR 391: Professional Nursing Theory; HCR 220: History of Nursing and Healthcare
- Clinical instruction and supervision for pre licensure students in psychiatric/mental health nursing at the Junior 1 and Senior 1 levels.

Clinical Faculty Pool

Northern Arizona University, Flagstaff, Arizona

June 2008- June 2009

- Clinical instructor in psychiatric/mental health nursing for nursing students.

PROFESSIONAL EXPERIENCE- CLINICAL

Medical Practice Administrator

East Valley Neurology, Mesa, Arizona

September 1999- September 2008

- Developed practice policies and procedures.
- Hired and managed 6 staff members.
- Negotiated multiple managed care contracts.

Behavioral Health Clinical Nurse Specialist

Scottsdale Healthcare- Osborn, Scottsdale, Arizona

June 1991- December 1996

- Consultant to patients, families and nursing staff.
- Provided behavioral health assessments and offered recommendations for nursing interventions and referrals to interdisciplinary team members.
- Planned and presented educational programs specific to behavioral health issues including reviewing and sharing current research and literature.
- Participated in Division of Nursing Shared Governance, and other hospital wide committees.

- Co-facilitated an ongoing grief support group for parents suffering a pregnancy loss.

Psychiatric Clinical Nurse Specialist

Banner Good Samaritan Medical Center, Phoenix, Arizona February 1983- December 1986

- Participation in ongoing development of an inpatient psychiatric program.
- Collaborated with head nurses and directors in developing clinical expertise in staff.
- Developed and implemented a comprehensive psychiatric nursing course for nursing staff.
- Participated as a member of an interprofessional psychiatric consultation and liaison team in the medical, surgical and critical care areas.
- Provided conflict resolution and educational programs to Hospital Network Organizations state-wide (Springerville, Bullhead City).
- Co- facilitated a women's support group.

Nursing Education Instructor

Banner Good Samaritan Medical Center, Phoenix, Arizona May 1982- May 1983

- Planned, implemented and evaluated educational programs for nurses.
- Provided hospital and management orientation.

Nurse Therapist- Crisis Intervention

Camelback Hospital, Scottsdale, Arizona July 1981- November 1982

- Performed psychiatric mental health assessments in an emergency setting.
- Provided 1:1 psychotherapy using the crisis intervention model.

Staff Nurse- Critical Care

Critical Care Services Nurse Registry, Phoenix, Arizona 1980

- Provided on- call critical care nursing.

Nursing Education Instructor

The Cleveland Clinic, Cleveland, Ohio 1979- 1980

- Nurse Residency Program

Staff Nurse- Intensive Care

Providence Hospital, Southfield, Michigan 1977- 1979

- Primary care and Charge Nurse

Staff Nurse- Behavioral Health

St. Mary's Hospital, Livonia, Michigan 1975- 1977

- Primary care and Charge Nurse on an acute psychiatric inpatient unit.

Licensed Practical Nurse

Botsford General Hospital, Farmington Hills, Michigan 1972- 1975

SPECIALTY CERTIFICATION

Clinical Specialist in Adult Psychiatric and Mental Health Nursing 1985- 2019

American Nurses Credentialing Center- Certification # 081006-01

LICENSURE

- Tennessee # 217979 [Expiration 10/31/2019]

MEMBERSHIPS/BOARD AND COMMITTEE POSITIONS

- Sigma Theta Tau International -Beta Upsilon
- American Nurses Association
- Arizona Nurses Association
- American Organization of Nurse Executives

SERVICE

Global Medical Service

Medical Mission IberoAmerican Ministry- Tacna, Peru

May 2011

Worked with Nurse Practitioners to provide health screening and education.

PUBLICATIONS

Mangold, K., Denke, N., Gorombe, D., Ostroski, T., & Root, L. (2014). Principles of successful partnerships. *Nursing Administration Quarterly*. 38(4), 340-347.

PRESENTATIONS

American Association of Colleges of Nursing

January 2017

Doctoral Education Conference- San Diego, California

Poster Presentation: Embedding Innovation in the DNP Residency and Scholarly Project.

Arizona State University- Doctoral Project Presentation

April 2014

Evidence- Based Practice and Statistics in RN to BSN Students.

Arizona State University- Undergraduate Faculty Forum

April 2012

Podium Presentation: Introduction to APA format: A RLO using *Soft Chalk*

American Psychiatric Nurses Association

October 2011

Annual Conference- Anaheim, California

Poster Presentation: Developing Caring & Compassion Characteristics In Baccalaureate Nursing Students Using Guided Classroom Experiences and Reflective Journaling.

Arizona State University- Undergraduate Faculty Forum

April 2010

Podium presentation: Integrating High Fidelity Simulation as a Teaching Strategy in Psychiatric Mental Health Nursing.

American Association of Colleges of Nursing

November 2009

Baccalaureate Education Conference- Chicago, Illinois

Podium presentation: Integrating High Fidelity Simulation as a Teaching Strategy in Psychiatric Mental Health Nursing.

American Psychiatric Nurses Association

October 2009

Annual Conference- Charleston, South Carolina

Poster Presentation: Integrating High Fidelity Simulation as a Teaching Strategy in Psychiatric Mental Health Nursing.