

Curriculum Vitae

ALISON B. TREGO

Hugh Downs School of Human Communication
College of Arts and Sciences
Arizona State University
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EDUCATION

M. A., Speech Communication. University of Georgia. May 2005.

Emphasis: Interracial/Intercultural Communication

Thesis Title: *Communicating Race in an Interracial Romantic Relationship: Self-Disclosure Between Dating Partners.*

Committee: Tina Harris, Ph.D. [Chair], Donald Rubin, Ph.D., Jennifer Samp, Ph.D.

B. A., Speech Communication. University of Georgia. May 2002.

CERTIFICATES & AWARD

Instructor Excellence Award. Hugh Downs School of Human Communication. Arizona State University. 2024-2025

Certificate of Completion. Independent Applying the QM Rubric. (APPQMR): Statewide Systems. Quality Matters. May 2016.

Certificate of Completion, Lodestar Dispute Resolution Program. December 2007.

Forty hours of mediation skills training as part of the Mediation Clinic in the Arizona State University College of Law. Mediated justice court cases for the Maricopa County Justice Court system as part of certification program.

TEACHING EXPERIENCE

2025 – Present	Senior Instructor
2021 – Present	Adjunct Faculty [Mesa Community College, Mesa, AZ]
2011 – 2025	Instructor [Arizona State University, Tempe]
2018 – 2019	Adjunct Faculty [Chandler-Gilbert Community College, Chandler, AZ]
2005 – 2011	Graduate Teaching Associate [Arizona State University, Tempe]
2002 – 2005	Graduate Teaching Assistant [University of Georgia, Athens]

Solo Instructor - all courses 16-week Immersion modality unless otherwise noted

Introduction to Human Communication [COM100]

Elements of Interpersonal Communication [COM110]

Introduction to Communication Inquiry [COM207]

Introduction to Public Speaking [COM225] – 2 modalities

- Immersion/in-person
- [ASU Sync](#) (Dual in-person + remote – Fall 2020)

Small Group Communication [COM230] – 2 modalities

- Immersion/in-person
- Remote – Spring 2021

Introduction to Organizational Communication [COM250] – 2 modalities

- Immersion/in-person
- Remote – Spring 2021

Communication for Business and the Professions [COM259] – 3 modalities

- Immersion/in-person
- Hybrid
- Remote – Spring 2021

Communication in Interdisciplinary Studies - Special Topics [COM300]

- Interpersonal Communication and Work-Life
- Communication and Professional Development
- Communication and Sport

Communication, Conflict, and Negotiation [COM 312]

Consumerism and Communication [COM320]

Communication, Work-Life Balance, and Organizations [COM400]

Theory and Research in Organizational Communication [COM450]

ASU Online & iCourses – 7.5- & 16-week courses

Introduction to Human Communication [COM100]

Introduction to Communication Inquiry [COM207]

Introduction to Organizational Communication [COM250]

Elements of Intercultural Communication [COM263]

Communication, Conflict, and Negotiation [COM 312]

Communication in the Electronic Age [COM394]

Leadership in Group Communication [COM430]

Theory and Research in Organizational Communication [COM450]

Communication Training and Development [COM453]

Graduate Seminar Assistant:

Emotions in Organizations [Com 691] — Seminar Assistant for Dr. Sarah Tracy—
Graduate level course that explores the different ways emotion is socially and discursively constructed through communication and interaction, and how emotional performances, emotional control, abuse/bullying, compassion, emotional intelligence, stress and burnout are manifest in everyday organizational life.

Teaching Assistant

Introduction to Human Communication [COM 100] – Teaching Assistant for Dr. Melissa Tafoya.

Introduction to Human Communication [COM 100] – Teaching Assistant for Dr. Raena Quinlivan.

2002 – 2005 Graduate Teaching Assistant [University of Georgia, Athens]

SPCM 1100 – *Introduction to Public Speaking* (Instructor of Record)

SPCM 1500 – *Introduction to Interpersonal Communication* (Instructor of Record)

SPCM 2300 – *Business and Professional Communication* (T.A. for Dr. Ed Panetta)

PROFESSIONAL DEVELOPMENT

2025 SCC AI in Teaching and Learning (Feb. 2025 completed of 1st of 4 monthly sessions, 3 upcoming – March, April, May)

2024 ASU EdPlus & HDSHC Workshop – How to AI-Proof Your Assignments

2024 ASU Learning Experience – AI Tools at ASU: Getting to Know Your Options

2024 ASU HDSHC Workshop – The College Future Initiatives Project & Integrating Career Outcomes in Courses, Dr. Kristin Dybvig

2024 ASU HDSHC Workshop – Gold Designated Courses and General Studies Learning Objectives, Dr. Kristin Dybvig

2024 ASU HDSHC Workshop – Civil Dialogue Professional Development Workshop

2024 ASU Learning Experience – Prompt Engineering: Harness the Power of AI

2024 ASU Professional Development Conference – AI for Wellness: Leveraging ChatGPT and other AI Tools to Enhance Well-Being and Career Development in Higher Education

2024 ASU HDSHC - Canva in the Classroom, Dr. Brianna Avalos

2022 ASU Learning Experience – Get Started with MediaPlus

2021 ASU Learning Experience – Back to Basics: Digitally Deploying Teaching Materials Efficiently (Online)

2021 ASU Learning Enterprise – REMOTE: The Connected Faculty Summit

- Maximizing Engagement and Improving Outcomes in the Virtual Classroom
- In Their Own Words: Student Experiences with Remote Learning
- Scalable Alignment of Programs to Workforce Skills
- Student Leaders Speak to Faculty on How to Emerge COVID Strong
- Core Value Changes Among Faculty Needed in the Post-Pandemic Era

2021 Harvard Business – Designing Better Courses: Blending the Best of Pre- and Post-Pandemic Pedagogy

2020 ASU Sync® Academic Integrity

2020 ASU Sync® Instructional Training Sessions ([ASU Sync](#) - remote learning via Zoom)

2019 ASU University Training Office (UTO) Training Workshop for Canvas LMS

2014 ASU Online Boot Camp for Teaching Online

2008 Preparing Future Faculty (PFF) Fellow

- Participated in Carnegie Foundation-sponsored two-year professional development program designed to prepare women and minority students for successful academic careers through workshops and participatory projects.

2008 LIA 598 Online Teaching Pedagogy

- Introduction to online teaching pedagogy and online teaching technologies including Breeze Presenter, Wikis, Voice board, interactive chat rooms, and discussion boards.

SERVICE

Textbook Committee 2022
Textbook Committee 2018
Instructor Faculty Representative 2017-2018
Textbook Committee 2015
GPSA, Research Grant Reviewer, 2011
GPSA, Research Grant Reviewer, 2010
GPSA Teaching Award Reviewer, 2009
Ph.D. Peer Mentor 2006-2007, 2008-2009
Graduate Student Recruitment Volunteer 2005, 2006, 2007

PROFESSIONAL AFFILIATIONS

American Association for the Advancement of Science (AAAS) 2025
National Communication Association (NCA), 2002-2011
Organization for the Study of Communication, Language and Gender (OSCLG) 2008-2011
Southern State Communication Association (SSA) 2006
Western States Communication Association (WSCA) 2006-2008

RESEARCH

PUBLICATIONS

Refereed Journal Articles

- Trego, A., Canary, D. J., Alberts, J. K., & Mooney, C. (2010). Mediator's facilitative versus controlling argument strategies and tactics: A qualitative analysis using the Conversational Argument Coding System. *Communication Methods and Measures*, 4, 147-167.
- Martin, J., **Trego, A.**, & Nakayama, T. (2010). College students' racial attitudes and friendship diversity, *Howard Journal of Communications*, 21, 97-118.
- Harris, T. M., & **Trego, A.** (2009). Something old, *Something New*: A cinematic representation of interracial romance in the 21st century. *International and Intercultural Communication Annual*, 18, 227-253.
- Harris, T. M., Miller, A. N., & **Trego, A.** (2004). A co-cultural examination of community building in the interracial communication classroom, *Journal of Intergroup Relations*, 31, 39-63.

Book Chapter

- Harris, T. M., Groscurth, C. R., & **Trego, A.** (2007). Coloring outside the lines: Unmasking performances of White identity through role play. In L.M. Cooks &

J.S. Simpson (Eds.), *Dis/placing race: Whiteness, pedagogy, performance: Dis/placing race*. Lanhan, MD: Lexington.

White Paper

Lederman, L. C., LeGreco, M., Babin, B., Farinelli, L., McEwan, B., Nay, J., Schuwerk, T., Williams, J. with Owens, L., **Trego, A.**, Yang, J., Colp-Hansbury, C., & O' Colmain, S. (2006). *Changing the culture of college drinking: The student voices project*.

FUNDED RESEARCH PROJECT

Principal Investigator: *Single Women: Identities in Organizations*. Office of the Vice-President for Research and Economic Affairs, administered under the 2008-2009 Graduate and Professional Student Association Research Grant Program, Arizona State University.

Award Amount: \$ 2,000

Period Covered: November, 2008-November, 2009

Hugh Downs School of Communication Research Grant, \$1,500

Research Assistant: Race and Public Communication about Human Variation. National Institutes of Health: Ethical, Legal, and Social Implications of the Human Genome Project, National Center for Human Genome Research.

Principal Investigator: Celeste, Ph.D., M.P.H.

Award Amount: \$903,176

Period Covered: June 2001-May 2004

Research Travel Grants

2011, Arizona State University Graduate and Professional Student Association, not funded.

2010, Arizona State University Graduate and Professional Student Association, \$500.

2009, Arizona State University Graduate and Professional Student Association, \$440.

2008, Preparing Future Faculty, \$300

2008, Arizona State University Graduate and Professional Student Association, \$400.

2007, Arizona State University Graduate and Professional Student Association, \$400.

2006, Arizona State University Graduate and Professional Student Association, \$450.

Competitively Selected Conference Papers (Peer-Refereed)

Trego, A. & River, K. D. (October, 2011). *Singled out: Single women and single mothers negotiating an identity of deficiency in work-life*. Paper to be presented at the meeting of the Organization for the Study of Communication, Language and Gender, Chicago, IL.

- Trego, A. (October, 2009). *The façade of Real Simple: The complex relationship between consumption and the construction of a gendered identity*. Paper presented at the meeting of the Organization for the Study of Communication, Language and Gender, Los Angeles, CA.
- Trego, A., Canary, D. J., Alberts, J. K., & Mooney, C. (November, 2008). *The argumentative role of the mediator: A qualitative analysis of facilitative and controlling argument objectives*. Paper presented at the meeting of the National Communication Association, San Diego, CA.
- Martin, J., **Trego, A.**, Nakayama, T. (November, 2008). *The relationships between college students' racial attitudes and friendship diversity*. Paper presented at the meeting of the National Communication Association, San Diego, CA.
- Trego, A. (October, 2008). *Single female graduate students and the intersection of identity and social support*. Paper presented at the meeting of the Organization for the Study of Communication, Language and Gender, Nashville, TN.
- Trego, A. (April, 2008). *Communicating care: Home health aides navigating the boundaries of disclosure with their clients*. Paper presented at the meeting of the Southern States Communication Association, Savannah, GA.
- Donaghy, R., **Trego, A.**, & Valianos, A. (November, 2007). *Facing change through the Interactive Management Model: Facilitating culture in mergers and acquisitions*. Paper presented at the meeting of the National Communication Association, Chicago, IL.
- Harris, T. M., & **Trego, A.** (November, 2006). *Something old, Something New: A cinematic representation of interracial romance in the 21st century*. Paper presented at the meeting of the National Communication Association, San Antonio, TX.
- Harris, T. M., Groscurth, C. R., & **Trego, A.** (November, 2005). *The Crayola activity: A pedagogical strategy for college student enlightenment about racial/ethnic difference*. Paper presented at the meeting of the National Communication Association, Boston, MA.
- Harris, T. M., **Trego, A.**, & Stargell, C. (May, 2004). *Public discourse, private thoughts: The function of racial identity in discussions about human genetic research*. Paper presented at the meeting of the International Communication Association, New Orleans, LA.
- Harris, T. M., Miller, A., & **Trego, A.** (November, 2003). *An examination of boundary management and community building in the interracial communication classroom*. Paper presented at the meeting of the National Communication Association, Miami Beach, FL.

Competitively Selected Panel Presentation

- Roundtable Research in Progress: Ever-Single Women in Higher Education: An Investigation of Organizational Identities. Panel presented at the National Communication Association Convention, Chicago, IL, 2010.

Adding Pieces to the Puzzle: Creating a More Complex Picture of Work-Life Wellness.
Panel presented at the Western States Communication Association Convention,
Boulder/Denver, CO, 2008.

Reachin' through Teachin': Teaching About Whiteness Across the Discipline. Panel
presented at the National Communication Association Convention, Miami Beach,
FL, 2003.

GRADUATE-LEVEL COURSEWORK

CONTENT COURSES

Organizational Communication Survey	[Dr. Steve Corman]
Discourse and Organized Identities	[Dr. Angela Trethewey]
Communicative Constitution of Organizations	[Dr. Robert McPhee]
Foundations of Organizational Behavior and Human Resources	[Dr. Blake Ashforth]
Organizational Behavior	[Dr. Jaime Casap]
Arts and Public Policy	[Dr. Lawrence Mankin]
Health Communication Survey	[Dr. Linda Lederman]
Doctor-Patient Communication	[Dr. Linda Lederman]
Conflict Communication	[Dr. Daniel Canary]
Mediation and Dispute Resolution	[Art Hinshaw, J.D., College of Law]
Third-Party Facilitation	[Dr. Benjamin Broome]

RESEARCH METHODS COURSES

Advanced Qualitative Research Methods	[Dr. Sarah Tracy]
Qualitative Research Traditions	[Dr. Bettie St. Pierre]
Qualitative Data Analysis	[Dr. Kathy Roulston]
Focus Group Design and Delivery	[Dr. Linda Lederman]
Empirical Research Methods	[Dr. Jennifer Monahan]
Applied Analysis of Variance	[Dr. Stephen Olejnik]