**June 2020**

# MICHELLE NOELANI SHIOTA

***Curriculum Vitae***

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| **Department of Psychology**  **Arizona State University**  **P.O. Box 871104**  **Tempe, AZ 85287-1104** | **Tel: (480) 727-8628**  **Fax: (480) 965-8544**  **lani.shiota@asu.edu** |

**Personal Information**

Born: January 22, 1972

Nickname: “Lani”

**Education**

2003 Ph.D., Social/Personality Psychology, University of California at Berkeley

2000 M.A., Social/Personality Psychology, University of California at Berkeley

1994 B.A. with Honors, Communication, Stanford University

**Employment**

##### 2012 – present **Associate Professor**, Department of Psychology, Arizona State University (currently Social Psychology Area Director)

##### 2006 – 2012 **Assistant Professor**, Psychology, Arizona State University

##### 2003 – 2006 **Post-Doctoral Associate**, Berkeley Psychophysiology Lab and Institute for Personality & Social Research, UC Berkeley

##### 2005 **Lecturer**, Dept. of Psychology, University of San Francisco

##### 2003-2004 **Lecturer**, Dept. of Psychology, UC Berkeley

**Honors and Awards**

2018 Fellow of the Society for Personality and Social Psychology

2014 Elected Fellow of the Association for Psychological Science

2011 Elected Member, Society of Experimental Social Psychology

2004 Finalist, 2004 Seligman award for dissertation research in Positive Psychology

2001 Travel Award, Gallup Positive Psychology Summit, Washington D.C.

2000 Scholarship recipient, Japanese American Women Alumnae of UC Berkeley

1997-1999 Graduate Opportunity Program Graduate Fellowship, UC Berkeley

**Grant Support and Other Research Funding**

April 2020-March 2021

RAPID: Coping with COVID-19 - Emotion Regulation Strategy Implications for Behavior, Social Outcomes, and Well-Being

National Science Foundation

Michelle N. Shiota (PI) Total Direct Costs: $39,208

Role: Principal Investigator

This RAPID project investigates the implications of different emotion regulation strategies for hygiene, social distancing, and prosocial and antisocial behavior during the coronavirus pandemic, as well as for psychosocial well-being.

January-December 2020

ASU-Community Partnership in Addictions Science and Practice

Arizona Biomedical Research Centre

Michelle N. Shiota (Contact PI) Total Costs: $12,750

Role: Contact PI and Planning Committee

This funding supports a workshop bringing ASU addiction researchers together with community partners in treatment, prevention, and policy to understand urgent community research needs, and generate a vision for ongoing cooperation and communication.

April 2019 – December 2021

The Carol May Reduce Sugar Consumption Research Project

Donor-Funded Project

Role: Project PI Total Direct Costs: $275,000

This project aims to assess added-sugar consumption at ASU; and develop, evaluate, and implement a new behavioral intervention aimed at reducing dietary added sugar on the ASU-Tempe campus.

June 2010 – March 2016 (with 1-year no-cost extension)

Impact of the Family Bereavement Program Fourteen Years Later

NIH/NIMH

Irwin Sandler (PI) Total Direct Costs: $1,969,878

Role: Co-Investigator

This project examined the effects of a parental bereavement intervention at the 15-year follow-up, when participants were young adults. Assessment included several new emotion regulation tasks using both psychophysiological and self-report measures of emotion.

January-December 2015

New Emotion-Focused Interventions for Smoking Prevention and Cessation

ASU/Mayo Collaborative Seed Grant Program

Michelle N. Shiota (ASU PI) Total Direct Costs: $40,000

Role: ASU Principal Investigator

This project investigated the role that the positive emotion awe might play in promoting smoking interventions, including effective regulation of cigarette cravings.

September 2011 – August 2014

The Beginning of Wisdom: Implications of Awe for Cognitive Processing of the Unknown

The John Templeton Foundation

Michelle N. Shiota (PI) Total Direct Costs: $275,130

Role: Principal Investigator

This project examined the effects of experimentally elicited awe on cognitive responses to unexpected or worldview-challenging information, including novelty detection, reliance on event scripts, stereotyping, and visual memory. The project also examines implications of awe versus other positive emotions for mechanisms of friendship formation.

January 2007 – December 2013

Everyday Problem Solving in a Social Context and Aging

NIH/NIA

Fredda Blanchard-Fields/Christopher Hertzog (PI, Georgia Institute of Technology)

Role: Consultant

This project examined implications of aging for emotion regulation skills and mechanisms. At the invitation of Dr. Hertzog, who served as PI on the grant from August 2010, I guided the design and implementation of a final, large-scale study at Georgia Tech, conducted during the remaining term of the grant.

August 2003 – July 2005

Age and Emotion: Reactivity, Regulation, and Understanding – supplement

NIH/NIA

Robert W. Levenson (PI)

Role: Recipient of minority supplement award supporting my post-doctoral work on lifespan development of emotion regulation processes.

Summer, 2002

Hornaday Research Award (for dissertation research)

Center for the Development of Peace and Well-Being, UC Berkeley, $5000.

#### **Peer-Reviewed Articles, Book Chapters, and Invited Commentaries**

\* Student/Post-doc co-author

\*Danvers, A. F., \*Scott, B., **Shiota, M. N.**, Tein, J.-Y., Wolchik, S., & Sandler, I. (in press). Impact of the Family Bereavement Program 15 years later: Emotion regulation in young adulthood. Manuscript accepted for publication in *Prevention Science*.

Senft, N. Campos, B., **Shiota, M. N.**, & Chentsova-Dutton, Y. E. (in press). Who emphasizes positivity? An exploration of emotion values in people of Latino, Asian and European heritage living in the U.S.. Advance online publication in *Emotion*.

Corona, K., Campos, B., Chen, C., **Shiota, M. N.,** & Chentsova-Dutton, Y. E. (2020). Ethnic variation in gratitude and well-being. *Emotion, 20*(3), 518-524.

**Shiota, M. N.**, Simpson, M., Kirsch, H., & Levenson, R. W. (2019). Emotion recognition in objects in patients with neurological disease. *Neuropsychology,* 33(8), 1163-1173.

Lwi, S. J., Haase, C. M., **Shiota, M. N.,** Newton, S. L., & Levenson, R. W. (2019). Responding to the emotions of others: Age differences in facial expressions and age-specific associations with relational connectedness. *Emotion,* 19(8), 1437-1449.

Haase, C. M., & **Shiota, M. N.** (2019). Intimate relationships in late life: The roles of motivation and emotion. In D. Schoebi & B. Campos (Eds.), *New Directions in the Psychology of Close Relationships* (pp. 45-61). Abingdon, UK: Routledge.

\*O’Neil, M. J., \*Danvers, A. F., & **Shiota, M. N.** (2018). Nurturant love and caregiving emotions. In H. C. Lench (Ed.), *Functions of Emotion* (pp. 175-193). Cham, Switzerland: Springer.

\*Danvers, A. F., & **Shiota, M. N.** (2018). Dynamically engaged smiling predicts cooperation above and beyond average smiling levels. *Evolution and Human Behavior, 39*(1), 112-119.

**Shiota, M. N.**, Campos, B., Oveis, C., Hertenstein, M., Simon-Thomas, E., & Keltner, D. (2017). Beyond happiness: Toward a science of discrete positive emotions. *American Psychologist, 72*(7), 617-643.

\*Danvers, A. F., & **Shiota, M. N.** (2017). Going off script: Effects of awe on memory for script-typical and –irrelevant narrative detail. *Emotion, 17*(6), 938-952.

**Shiota, M. N.** (2017). The Science of Positive Emotion: You’ve Come a Long Way, Baby/There’s Still a Long Way To Go. *Emotion Review, 9*(3), 235-237.

McRae, K., & **Shiota, M. N.** (2017)**.** Biological and physiological aspects of emotion regulation. In C. A. Essau, S. LePlant, & T. H. Hollendick (Eds.), *Emotion Regulation and Psychopathology in Children and Adolescents* (pp. 43-59). New York, NY: Oxford.

**Shiota, M. N**., \*Yee, C. I., \*O’Neil, M. J., & \*Danvers, A. F. (2017). Positive Emotions. In M. A. Warren & S. J. Donaldson (Eds.), *Scientific Advances in Positive Psychology* (pp. 37-72). Westport, CT: Praeger.

\*Danvers, A. F., \*O’Neil, M. J., & **Shiota, M. N.** (2016)**.** The mind of the “happy warrior”: Eudaimonia, awe, and the search for meaning in life. In Vitterso, J. (Ed.) *Handbook of Eudaimonic Wellbeing* (pp. 323-336). New York, NY: Springer.

\*Yee, C. I., & **Shiota, M. N.** (2015). An insecure base: Attachment style and orienting response to positive stimuli. *Psychophysiology, 52*(7), 905-909.

Haase, C. M., Beermann, U., Saslow, L. R., **Shiota, M. N.,** Saturn, S. R., Lwi, S. J., Casey, J. J., Nguyen, N. K., Whalen, P. K., Keltner, D., & Levenson, R. W. (2015). Short Alleles, Bigger Smiles? The Effect of 5-HTTLPR on Positive Emotional Expressions. *Emotion*, *15*(4), 438-448.

**Shiota, M. N.** & \*Neufeld, S. L. (2014). My heart will go on: Aging and autonomic nervous system responding in emotion. In P. Verhaegen & C. Hertzog (Eds.), *The Oxford Handbook of Emotion, Social Cognition, and Problem Solving in Adulthood* (pp. 225-237).  New York, NY: Oxford University Press.

**Shiota, M. N.**, \*Neufeld, S. L., \*Danvers, A. F., \*Osborne, E. A., \*Sng, O., & \*Yee, C. I. (2014). Positive emotion differentiation: A functional approach. *Social and Personality Psychology Compass, 8*(3), 104-117.

**Shiota, M. N.** (2014). Evolutionary approaches to positive emotion. In M. Tugade, M. N. Shiota, & L. Kirby (Eds.), *Handbook of Positive Emotion* (pp. 44-59). New York, NY: Guilford Press.

**Shiota, M. N.**, Thrash, T., \*Danvers, A. F., & Dombrowski, J. T. (2014). Transcending the self: Awe, elevation, and inspiration. In M. Tugade, M. N. Shiota, & L. Kirby (Eds.), *Handbook of Positive Emotion* (pp. 362-395). New York, NY: Guilford Press.

**Shiota, M. N.** & \*Danvers, A. F. (2014). Another little piece of my heart: Positive emotions and the autonomic nervous system. In J. Moskowitz & J. Gruber (Eds.), *Positive Emotion: Integrating* *the Light Sides and Dark Sides*. New York, NY: Oxford University Press.

Campos, B., **Shiota, M. N.**, Keltner, D., Gonzaga, G. C., Goetz, J., & Shin, M. (2013). What is shared, what is different?: Core relational themes and expressive displays of eight positive emotions. *Cognition and Emotion, 27*(1), 37-52.

**Shiota, M. N.**, & Levenson, R. W. (2012). Turn down the volume, or change the channel?: Emotional effects of detached versus positive reappraisal. *Journal of Personality and Social Psychology, 103*(3), 416-429.

Haase, C., Seider, B. H., **Shiota, M. N.**, & Levenson, R. W. (2012). Anger and sadness in response to an emotionally neutral film: Evidence for age-specific associations with well-being. *Psychology and Aging, 27*(2), 305-317.

**Shiota, M. N.**, \*Neufeld, S. L., \*Yeung, W. H., \*Moser, S. E., & \*Perea, E. F. (2011). Feeling good: Autonomic nervous system responding in five positive emotions. *Emotion, 11*(6), 1368-1378.

Seider, B. H., **Shiota, M. N.**, Whalen, P., & Levenson, R. W. (2011). Greater sadness reactivity in late life. *Social, Cognitive, and Affective Neuroscience, 6*(2), 186-194.

\*Griskevicius, V., **Shiota, M. N.**, & Nowlis, S. M. (2010). The many shades of rose-colored glasses: Discrete positive emotions and product perception. *Journal of Consumer Research*, *37*(2), 238-250.

**Shiota, M. N.**, Campos, B., Gonzaga, G. C., Keltner, D., & Peng, K. (2010). I Love You But…: Cultural Differences in Emotional Complexity During Interaction With a Romantic Partner. *Cognition and Emotion, 24*(5), 786-799.

\*Griskevicius, V., **Shiota, M. N.**, & \*Neufeld, S. L. (2010). Influence of Different Positive Emotions on Persuasion Processing: A Functional Evolutionary Approach. *Emotion, 10*(2), 190-206.

**Shiota, M. N.**, & Levenson, R. W. (2009). Effects of Aging on Experimentally Instructed Detached Reappraisal, Positive Reappraisal, and Emotional Behavior Suppression. *Psychology and Aging, 24*(4), 890-900.

**Shiota, M. N.**, & Kenrick, D. T. (2009). Music, Lyrics, and Dangerous Things. Commentary on Kaschak & Maner (2009). *European Journal of Social Psychology, 39*, 1250-1254.

Oveis, C., Cohen, A. B., Gruber, J., **Shiota, M. N.**, Haidt, J., & Keltner, D. (2009). Resting Respiratory Sinus Arrhythmia is Associated with Tonic Positive Emotionality. *Emotion, 9*(2), 265-270.

Kenrick, D. T., & **Shiota, M. N.** (2008). Approach and avoidance motivation(s): An evolutionary perspective. In A. J. Elliot (Ed.), *Handbook of Approach and Avoidance Motivation* (pp. 273-288). Mahwah, NJ: Lawrence Erlbaum Associates.

Matsumoto, D., Keltner, D., **Shiota, M. N.**, O’Sullivan, M., & Frank, M. G. (2008). Facial expressions of emotion. In M. Lewis, J. Haviland-Jones, & L. Barrett (Eds.), *Handbook of Emotions, 3rd Edition* (pp. 211-234). New York: Guilford.

**Shiota, M. N.**, & Levenson, R. W. (2007). Birds of a feather don’t always fly farthest: Big Five personality similarity associated with more negative marital satisfaction trajectories in long-term marriages. *Psychology and Aging, 22*(4), 666-675.

**Shiota, M. N.**, Keltner, D., & Mossman, A. (2007). The nature of awe: Elicitors, Appraisals, and Effects on Self-Concept. *Cognition and Emotion, 21*(5), 944-963.

Bonanno, G. A., Colak, D. M., Keltner, D., **Shiota, M. N.**, Papa, A., Noll, J. G., Putnam, F. W., & Trickett, P. K. (2007). Context matters: The benefits and costs of expressing positive emotion among survivors of childhood sexual abuse. *Emotion, 7*(4), 824-837.

**Shiota, M. N.** (2006). Silver linings and candles in the dark: Differences among positive coping strategies in predicting subjective well-being. *Emotion, 6*(2), 335-339.

**Shiota, M. N.**, Keltner, D., & John, O. P. (2006). Positive emotion dispositions differentially associated with Big Five personality and attachment style. *Journal of Positive Psychology, 1*(2), 61-71.

Keltner, D., Haidt, J., & **Shiota, M. N.** (2006). Social functionalism and the evolution of emotions. In M. Schaller, J. A. Simpson, & D. T. Kenrick (Eds.) *Evolution and Social Psychology*, pp. 115-142. New York: Psychology Press.

**Shiota, M.N.**, & Keltner, D. (2005). What do emotion words represent?: A Commentary on Sabini & Silver. *Psychological Inquiry, 16*(1), 32-36.

**Shiota, M.N.**, Campos, B., Keltner, D., & Hertenstein, M.J. (2004). Positive emotion and the regulation of interpersonal relationships. In P. Philippot & R.S. Feldman (Eds.), *The Regulation of Emotion* (pp. 127-155). Mahwah, N.J.: Lawrence Erlbaum.

**Shiota, M.N.**, Campos, B., & Keltner, D. (2003). The faces of positive emotion: Prototype displays of awe, amusement, and pride. *Annals of the New York Academy of Sciences, 1000,* 296-299.

Keltner, D., & **Shiota, M.N.** (2003). New displays and new emotions: A commentary on Rozin and Cohen. *Emotion, 3*(1), 86-91.

Seid, M.J., Schooler, C., **Shiota, M.N.**, & Flora, J.A. (1995). Peer leadership and youth violence intervention: The experience of two community-based programs*. The Peer Facilitator Quarterly, 12*(4): 26-29.

**Manuscripts in the review process (\*student/post-doc co-author)**

\*O’Neil, M. J., **Shiota, M. N.**, \*Danvers, A. F., & \*Hu, J. I.. Prototype facial response to cute stimuli: Expression and recognition. Requested revision in preparation for *Affective Science*.

\*Wiezel, A., Edwards, M., & **Shiota, M. N.**. Revisiting the Structure of American Political Ideology: Assessment of Dimensionality Across a Broad Range of Political Issues. Manuscript under review.

**Shiota, M. N.**. Theories of basic and discrete emotions. Invited chapter to be included in A. Scarantino (Ed.), *Routledge Handbook of Emotion Theory*. Revision submitted to editor.

**Manuscripts in preparation (\*student/post-doc co-author)**

\*Danvers, A. F., & **Shiota, M. N.**. Recognition of Prototypes and Variants of Facial Expressions for Seven Positive Emotions.

\*Pages, E. B., \*O’Leary, D., Gross, J. J., & **Shiota, M. N.**. Preventing emotional eating: Effects of different experimentally instructed emotion regulation strategies on unhealthy snacking.

\*Pages, E. B., & **Shiota, M. N.**. Humor in a dating context leads to heightened assumption of partner trait creativity.

\*Yee, C. I., & **Shiota, M. N.**. Implications of adult attachment style for provided and preferred strategies for emotion coregulation with friends.

\*O’Neil, M. J., & **Shiota, M. N.**. A face you can trust? Perception of trustworthiness and Big Five personality in smiling vs. cuteness-response facial expressions.

**Shiota, M. N.**, \*Danvers, A. F., & \*Lovis-McMahon, D.. Development and validation of the Dispositional Positive Emotions Scales – revised.

\*Osborne, E. A. & **Shiota, M. N.**. The structure of subjective emotional experience: New evidence.

**Books/Edited Volumes**

Tugade, M., **Shiota, M. N.**, & Kirby, L. (2014). *The* *Handbook of Positive Emotions*. New York: Guilford Press.

**Shiota, M. N.**, & Kalat, J. W. (2017). *Emotion, 3nd Edition*. New York: Oxford.

**Encyclopedia Entries (\*student/post-doc)**

**Shiota, M. N.** (2018). Awe. In Bornstein, M. H. (Editor in Chief), *The SAGE Encyclopedia of Lifespan Human Development* (p. ). Thousand Oaks, CA: Sage.

**Shiota, M. N.**, & \*Perea, E. (2009). Agreeableness. In S. J. Lopez (Ed.), *The Encyclopedia of Positive Psychology* (pp. 28-31). Oxford, UK: Wiley-Blackwell.

**Shiota, M. N.** (2009). Amae. In S. J. Lopez (Ed.), *The Encyclopedia of Positive Psychology* (pp. 38-40). Oxford, UK: Wiley-Blackwell.

**Shiota, M. N.** (2009). Amusement. In S. J. Lopez (Ed.), *The Encyclopedia of Positive Psychology* (pp. 51-52). Oxford, UK: Wiley-Blackwell.

**Shiota, M. N.** (2009). Anticipatory Enthusiasm. In S. J. Lopez (Ed.), *The Encyclopedia of Positive Psychology* (pp. 53-54). Oxford, UK: Wiley-Blackwell.

**Shiota, M. N.** (2009). Conscientiousness. In S. J. Lopez (Ed.), *The Encyclopedia of Positive Psychology* (pp. 220-23). Oxford, UK: Wiley-Blackwell.

## **Conference Talks and Invited Addresses (\*student/post-doc)**

**Shiota, M. N.** (2019). Beyond Happiness: A Case for Studying Discrete Positive Emotions. Invited address, Center for Mind and Brain, University of California-Davis, January 24, 2020.

**Shiota, M. N.** (2019). Beyond Happiness: A Case for Studying Discrete Positive Emotions. Invited address, Department of Psychology, University of Toronto-Missisauga, October 17, 2019.

**Shiota, M. N.** (2019). Beyond Happiness: The Value of Studying Discrete Positive Emotions. Invited address, Department of Psychology, Duke University, April 19, 2019.

**Shiota, M. N., \***O’Neil, M. J., \*Danvers, A. F., & \*Hu, J. I. (2019, February). Kawaii!!: Facial Expression Response to Cuteness. Invited address, Emotion Preconference of the annual meeting of the Society for Personality and Social Psychology, Portland, OR.

**\***O’Neil, M. J., **Shiota, M. N.,** \*Danvers, A. F., & \*Hu, J. I. (2019, February). Awww!: Display and Recognition of Prototype Facial Response to Cuteness. In *Nonverbal Expression of Positive Emotion: New Advances and Social Functions* (Chair, Michelle N. Shiota*.* Symposium at the annual meeting of the Society for Personality and Social Psychology, Portland, OR.

**Shiota, M. N.** (2018). Why We Need Awe: Not Just a “Luxury” Emotion. Invited address, Department of Psychology, National Taiwan University, November 9, 2018.

**Shiota, M. N.** (2018). Beyond Happiness: The Value of Studying Discrete Positive Emotions. Invited address, Department of Psychology, National Chengchi University, Taiwan, November 8, 2018.

**Shiota, M. N.** (2018). Why We Need Awe: Functional Analysis of a “Luxury” Emotion. Invited address, Department of Psychology, Colby College, November 2, 2018.

**Shiota, M. N.** (2018). Happiness Through the Prism of Psychology. Invited address, Paradise Valley United Methodist Church, October 8, 2018.

**Shiota, M. N.** (2018). Why We Need Awe: An Evolutionary Perspective. Invited address, Workshop on the Sublime, Insitut Jean-Nicod (Paris), September 25, 2018.

**Shiota, M. N.** (2018). Beyond Happiness: The Value of Studying Discrete Positive Emotions. Invited address, Social Psychology Area Brownbag, Purdue University, September 21, 2018.

**Shiota, M. N.** (2016). Why We Need Awe. Invited address, University of South Florida Humanities Institute, November 17, 2016.

\*Danvers, A. F., Sandler, I., **Shiota, M. N.**, \*Scott, B., & Tein, J.-Y. (2016). Positive parenting improves adult emotion regulation for parentally bereaved children. In *Youth positive adaptation in the aftermath of trauma and loss: Implications for intervention and public policy* (Chairs, Julie Kaplow & Robert Pynoos). Symposium at the International Society for Traumatic Stress Studies, Dallas, TX.

\*Danvers, A. F., & **Shiota, M. N.** (2016, May). Synchrony in Smiling as a Cooperative Cue. In *Synchrony, symmetry, and integration: Dynamical approaches to modeling social interaction* (Chair, Michelle N. Shiota). Symposium at the annual meeting of the Association for Psychological Science, Chicago, IL.

**Shiota, M. N.,** & \*Danvers, A. F. (2015, April). Going Off Script: Awe Enhances Memory for Detail. Invited talk presented at the annual meeting of the Society for Affective Science, Oakland, CA.

**Shiota, M. N.,** & \*Li, Y. J. (2015, February). No Reward Without Risk: Appetitive Enthusiasm Involves Physiological Threat and Increased Risk Tolerance. In *The positive cost: Personal and social costs to experiencing and expressing positive emotion* (Chair: Katherine Greenaway). Symposium at the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.

**Shiota, M.N.,** & \*Yee, C.I. (2014, September). An Insecure Base: Attachment Style and Orienting Responses to Positive Emotion Stimuli. In *Implications of Close Relationship Processes and Mechanisms for Emotion: A Psychophysiological Perpsective* (Chair: Michelle N. Shiota). Symposium at the annual meeting of the Society for Psychophysiological Research, Atlanta, GA.

**Shiota, M. N.**, \*Osborne, E. A., & \*Danvers, A. F. (2014, May). The Angel’s in the Details Too: Awe Promotes Memory for Peripheral Detail. In *Toward a Psychological Science of Awe* (Chair: Paul Piff). Symposium at the annual meeting of the Association for Psychological Science, San Francisco, CA.

**Shiota, M. N.** (2014, February). Beyond Expectations: Subjective, Physiological, and Cognitive Features of Awe. In *Self-Transcendence: The Latest Innovative Research in Awe, Elevation, and Admiration* (Chairs P. Piff and J. Haidt). Symposium at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.

\*Danvers, A. F. & **Shiota, M. N.** (2014, February). The faces of positive emotion: Cross-cultural recognition of multiple expressions. In *The Non-Verbal Expression of Positive Emotions: Variations and Social Implications* (Chair M. N. Shiota). Symposium at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.

**Shiota, M. N.** (2013). Beyond “happiness”: The functional approach in discrete positive emotions research. Invited address to the Center for Mind and Brain, University of California at Davis, November 8, 2013.

**Shiota, M. N.** (2013). The most beautiful emotion: Subjective, expressive, physiological, and cognitive features of awe. Keynote address, Exploring Awe and Wonder Interdisciplinary Conference, Institute for Simulation and Training, University of Central Florida, September 6, 2013.

**Shiota, M. N.** (2013). “What have you done for me lately?” A role for functional analyses in research on positive emotions. Invited address to the Department of Psychology, University of Kentucky, August 22, 2013.

**Shiota, M. N.,** Yee, C. I., & Griskevicius, V. (2013, May). Beyond Expectations: Implications of Awe for Heuristic-Based Social Cognition. In *Everyday Epiphanies: Expressive, Physiological, and Cognitive Aspects of Awe*. Symposium conducted at the annual meeting of the Association for Psychological Science, Washington D.C..

\*Danvers, A. F. & **Shiota, M. N.** (2013, May). Awe and Signal Detection: Recognition of Details from a “Going Out To Dinner” Story. In *Everyday Epiphanies: Expressive, Physiological, and Cognitive Aspects of Awe*. Symposium conducted at the annual meeting of the Association for Psychological Science, Washington D.C..

**Shiota, M. N.** (2012). Shades of (positive) emotion: A functional approach. Invited address to the Institute for Personality and Social Research, University of California at Berkeley, September 5, 2012.

**Shiota, M. N.,** & Griskevicius, V. (2012, January). Positive Emotions and the Processing of Social Influence. Invited address to the Emotion Preconference, Society for Personality and Social Psychology, San Diego, CA.

**Shiota, M. N.**, \*Neufeld, S. L., \*Yeung, W. H., \*Moser, S., & \*Perea, E. F. (2011, September). Autonomic responding in five positive emotions: A functional evolutionary approach. In M. N. Shiota (Chair), *Focus on the Positive: New directions in research on the psychophysiology of positive emotion*. Symposium conducted at the annual meeting of the Society for Psychophysiological Research, Boston, MA.

**Shiota, M. N.**, \*Neufeld, S. L., \*Yeung, W. H., \*Moser, S., & \*Perea, E. F. (2010, May). Differential autonomic nervous system responding in five positive emotions. In L. Kirby and M. Tugade (Chairs), *More than joy: The importance of differentiating positive emotions*. Symposium conducted at the annual meeting of the Association for Psychological Science, Boston, MA.

**Shiota, M. N.** (2010, January). I know what I was feeling, but what was I thinking?: An evolutionary approach to studying positive emotions and cognition. In M. Tugade and L. Kirby (Chairs), *The differentiation of positive emotions: Recent advances in theory and research on positive emotions*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.

**Shiota, M. N.**, & Levenson, R. W. (2009, October). Better together: Covariation between emotion valence and physiological reactivity across emotion regulation trials predicts psychological well-being. In M. N. Shiota (Chair), *Keep the change: New approaches for studying psychophysiological variability in emotion research*. Symposium conducted at the annual meeting of the Society for Psychophysiological Research, Berlin, Germany.

**Shiota, M. N.** (2009, January). You gotta keep ‘em separated: An evolutionary approach to defining and studying the positive emotions. Invited address to the Evolutionary Psychology preconference, Society for Personality and Social Psychology annual meeting, Tampa, FL.

**Shiota, M. N.**, & Levenson, R. W. (2008, February) Staying in the game: Positive reappraisal and the benefits of emotional engagement. In M. N. Shiota (Chair), *Keep your cool or keep it real?: Moving beyond effortful control in emotion regulation research*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, Albuquerque, NM.

Holley, S. R., **Shiota, M. N.**, & Levenson, R. W. (2008, February). Personality similarity predicts more negative marital satisfaction trajectories in long-term marriages. In S. Gorchoff (Chair), *Mapping the longitudinal course of marital satisfaction after the newlywed years*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, Albuquerque, NM.

**Shiota, M. N.** (2004). Compassion. Topic Table Discussion at the July, 2004 meeting of the International Society for Research on Emotion, New York, NY.

**Shiota, M. N.** (2004). “I feel good”: A differentiated approach to dispositional positive affect, or “Why James Brown should have been more specific.” Invited address to the Personality Psychology colloquium, Stanford University, March 22, 2004.

**Shiota, M. N.** (2004). Compassion: Issues in measurement and laboratory elicitation. Presented at the conference *Compassion: Conceptualization and Measurement*, University of California, San Francisco, February, 2004.

#### **Conference Posters (\*student/post-doc)**

**\***Pages, E. & Shiota, M.N. (2020, February). The Humor-Creativity Link in a Mating Context; Poster presented at the annual conference of the Society for Personality and Social Psychology, New Orleans, LA.

**\***Pages, E. & Shiota, M.N. (2019, May). From HAHA to AHA: Rumination, Humor, and Problem Solving; Poster presented at the 31st annual conference of the Association for Psychological Science, Washington, D.C..

**\***Wiezel, A., & Shiota, M. N. (2019, May). Introducing a New Four-Factor Measure of Political Attitudes*.* Poster presented at the 31st Annual Convention of the Association for Psychological Science, Washington, D.C..

\*Pages, E. & Shiota, M.N. (2019, February) Examining the Role of Humor in Trait Inferences During First Dates. Poster presented at the annual conference of the Society for Personality and Social Psychology, Portland, OR.

\*Pages, E. & Shiota, M.N. (2018, May) Humor-Based Coping Style Predicts Aspects of Trait Rumination; Poster presented at the 30th Annual Convention of the Association for Psychological Science conference, San Francisco, CA.

\*Wiezel, A., Kenrick, D. T., & Shiota, M. N. (2018, May). Fundamental Motives Differentially Predict Attitudes on Specific Political Issues*.* Poster presented at the 30th Annual Convention of the Association for Psychological Science, San Francisco, CA.

\*O’Neil, M.J., \*Yee, C.I., \*Gal, D.E., & Shiota, M.N. (2018). Attachment Love: An exploratory examination of the emotions associated with savoring attachment relationships*.*  Poster presented at Annual Meeting of the Society for Personality and Social Psychology, Atlanta, GA.

\*O’Neil, M.J., \*Yee, C.I., & Shiota, M.N. (2017). Are you in, or out?: Effects of positive emotions on outgroup status classification. Poster presented at Annual Meeting of the Society for Personality and Social Psychology, San Antonio, TX.

\*O’Neil, M. J., Shiota, M. N., & Leischow, S. J. (2016). Four strategies for regulating cigarette cravings: A pilot study. Poster at the 2016 meeting of the Association for Psychological Science, Chicago, IL.

\*Yee, C. I., \*O’Neil, M. J., Sandler, I., Levenson, R. W., & Shiota, M. N. (2016). Anxious vs. independent flavors of attachment avoidance: Gender matters. Poster at the 2016 meeting of the Association for Psychological Science, Chicago, IL.

\*Danvers, A. F., & Shiota, M. N., (2016). Coordinated smiling predicts liking and cooperation. Poster at the 2016 meeting of the Society for Personality and Social Psychology, San Diego, CA.

\*O’Neil, M., \*Koutieb, S., & Shiota, M. N. (2016). Effects of discrete positive emotions on attitudes toward Muslims. Poster at the 2016 meeting of the Society for Personality and Social Psychology, San Diego, CA.

\*Yee, C. I., \*Sng, O., \*Danvers, A. F., Shiota, M. N., & Kenrick, D. (2016). Late adolescence: A critical period for attachment to friends vs. parents? Poster at the 2016 meeting of the Society for Personality and Social Psychology, San Diego, CA.

\*Danvers, A. F., \*Scott, B. G., Sandler, I. N., Ayers, T. S., Wolchik, S. A., Luecken, L. J., Tein, J.-Y., & Shiota, M. N. (2015). Effect of economic distress on physical health is mediated by low coping efficacy and cardiac reactivity to negative stimuli. Poster at the 2016 meeting of the Society for Psychophysiological Research, Seattle, WA.

\*O’Neil, M. J., \*Yee, C. I., \*Scott, B. G., Sandler, I. N., Ayers, T. S., Wolchik, S. A., Luecken, L. J., Tein, J.-Y., & Shiota, M. N. (2015). Gender differences in relationship of attachment style to RSA reactivity during a negative emotion task. Poster at the 2016 meeting of the Society for Psychophysiological Research, Seattle, WA.

\*Yee, C. I., \*Scott, B. G., Sandler, I. N., Ayers, T. S., Wolchik, S. A., Luecken, L. J., Tein, J.-Y., & Shiota, M. N. (2015). Physiological reactions predict physical health while valence predicts mental health. Poster at the 2016 meeting of the Society for Psychophysiological Research, Seattle, WA.

\*Danvers, A. F., & Shiota, M. N. (2015). Awe Builds Liking, Closeness, and Cooperation in New Dyads. Poster at the 2015 meeting of the Society for Personality and Social Psychology, Long Beach, CA.

\*Danvers, A. F., & Shiota, M. N. (2014). Effects of Awe on Schema-Driven Memory. Poster at the 2014 inaugural meeting of the Society for Affective Science, Bethesda, MD.

\*Osborne, E. A., & Shiota, M. N. (2014). Motivated Memory: Memory for Gist and Detail in Complex Positive Images. Poster at the 2014 inaugural meeting of the Society for Affective Science, Bethesda, MD.

\*Yee, C. I., & Shiota, M. N. (2014). Effects of Awe on Stereotypes about Competence. Poster at the 2014 inaugural meeting of the Society for Affective Science, Bethesda, MD.

\*Osborne, E. A., & Shiota, M. N. (2014). Positive Precision: Effects of Enthusiasm and Awe on Memory for Complex Visual Images. Poster at the 2014 meeting of the Society for Personality and Social Psychology, Austin, TX.

\*Danvers, A. F., & Shiota, M. N., (2013). Positive Emotions and Recognition of Details from a “Going Out To Dinner” Story. Poster presented at the 2013 meeting of the Society for Personality and Social Psychology, New Orleans, LA.

\*Yee, C. I., & Shiota, M. N. (2013). Beyond Expectations: Effects of Awe on Stereotype-Based Personality Ratings. Poster presented at the 2013 meeting of the Society for Personality and Social Psychology, New Orleans, LA.

\*Osborne, E. A., & Shiota, M. N. (2013). Positive Precision: Effects of awe vs. other positive emotions on memory for visual detail. Poster presented at the Emotion Preconference of the 2013 meeting of the Society for Personality and Social Psychology, New Orleans, LA.

\*Neufeld, S. L., & Shiota, M. N. (2013). Giving guilt and piggish pride: Differential effects of self-conscious emotions on cooperation in social dilemmas. Poster presented at the 2013 meeting of the Society for Personality and Social Psychology, New Orleans, LA.

\*Danvers, A. F., \*Miocevic, M., \*Yee, C., & Shiota, M. N. (2012). A friend in need: Physiological evidence of the safe haven function of close friends. Poster presented at the 2012 meeting of the Society for Psychophysiological Research, New Orleans, LA.

\*Neufeld, S. L., & Shiota, M. N. (2012, January). Guilty is as guilty does: Expression of guilt varies with relationship type.Poster presented at the annual meeting of the Society for Personality and Social Psychology Conference, San Diego, CA.

\*Danvers, A. F., & Shiota, M. N. (2012). Aging, Emotions, and Goals: Dispositional Positive Emotions Differentially Predict Well-Being Across Adult Life Stages. Poster presented at the Emotion Preconference of the 2012 meeting of the Society for Personality and Social Psychology, San Diego, CA.

\*Neufeld, S. L., & Shiota, M. N. (2010). Emotion adjudication: The differing effects of positive emotions on the use of stereotype information in judging guilt. Poster at the 2010 meeting of the Society for Personality and Social Psychology, Las Vegas, NV.

\*Perea, E. F. , & Shiota, M. N. (2010). Similarities and differences in men’s and women’s responding to stress: Physiology and concept accessibility. Poster presented at the 2010 meeting of the Society for Personality and Social Psychology, Las Vegas, NV.

\*Yeung, W. H., \*Perea, E. F., & Shiota, M. N. (2010). What makes your heart beat faster?: Cardiovascular stress reactivity, risk perception, and expected benefits. Poster presented at the 2010 meeting of the Society for Personality and Social Psychology, Las Vegas, NV.

\*Moser, S. E., Aiken, L. S., & Shiota, M. N. (2010). Experienced and anticipated emotions in decision-making: How you feel when considering a behavior influences how you think you will feel with the outcome. Poster presented at the 2010 meeting of the Society for Personality and Social Psychology, Las Vegas, NV.

\*Neufeld, S. L., & Shiota, M. N. (2009). Got guilt?: Situational factors affecting the experience and behavioral outcomes of guilt. Poster presented at the 2009 meeting of the Society for Personality and Social Psychology, Tampa, FL.

\*Yeung, W. H., & Shiota, M. N. (2009). Distinct positive emotions differentially predict dispositional creativity. Poster presented at the 2009 meeting of the Society for Personality and Social Psychology, Tampa, FL.

\*Moser, S. E., Aiken, L. S., & Shiota, M. N. (2009). The role of conflicting anticipated emotions in behavior: A mediation analysis approach. Poster presented at the 2009 meeting of the Society for Personality and Social Psychology, Tampa, FL.

\*Neufeld, S. L., \*Moser, S. E., \*Yeung, W. H., & Shiota, M. N. (2008). PhysiAWElogy: Awe and the autonomic nervous system. Poster presented at the 2008 meeting of the Society for Psychophysiological Research, Austin, TX.

\*Moser, S. E, \*Neufeld, S., \*Yeung, W. H., & Shiota, M. N. (2008). Physiological response to nurturant love stimuli. Poster presented at the 2008 meeting of the Society for Psychophysiological Research, Austin, TX.

\*Yeung, W. H., \*Neufeld, S. L., \*Moser, S. E., & Shiota, M. N. (2008). Spark of Life: Autonomic Nervous System Aspects of Anticipatory Enthusiasm. Poster presented at the 2008 meeting of the Society for Psychophysiological Research, Austin, TX.

\*Neufeld, S. L., \*True, M., Shiota, M. N., & Levenson, R. W. (2008). One Size Doesn’t Fit All: Effectiveness of Reappraisal-Based Emotion Regulation Declines With Age. Poster presented at the 2008 meeting of the Society for Personality and Social Psychology, Albuquerque, NM.

\*True, M., \*Neufeld, S. L., Shiota, M. N., & Levenson, R. W. (2008). A Better Fit: Situation Selection and Modification as Effective Emotion Regulation Strategies for Aging Adults. Poster presented at the 2008 meeting of the Society for Personality and Social Psychology, Albuquerque, NM.

\*Neufeld, S. L., Shiota, M. N., & Levenson, R. W. (2007). Age Differences in the Relationship Between Emotional Experience and Physiological Arousal. Poster presented at the 2007 meeting of the Society for Psychophysiological Research, Savannah, GA.

\*Perea, E. F., Shiota, M. N., & Levenson, R. W. (2007). Emotion is Good!: Psychological Well-Being Predicts Heightened Cardiovascular Response to Another’s Distress. Poster at the 2007 meeting of the Society for Psychophysiological Research, Savannah, GA.

\*True, M., Shiota, M. N., & Levenson, R. W. (2007). What is Reappraisal?: A Psychophysiological Look at Sex Differences in Cognition-Based Emotion Regulation. Poster presented at the 2007 meeting of the Society for Psychophysiological Research, Savannah, GA.

Shiota, M. N., & Levenson, R. W. (2006). Age and Sex Moderate Relationship Between Physiological "Linkage" and Trajectory of Marital Satisfaction. Poster presented at the 2006 meeting of the Society for Personality and Social Psychology, Palm Springs, CA.

Campos, B., Shiota, M. N., Gonzaga, G. C., Keltner, D., & Peng, K. (2006). Dialecticism and Emotion: Cultural Differences in Emotional Complexity During Interaction with a Romantic Partner. Poster presented at the 2006 meeting of the Society for Personality and Social Psychology, Palm Springs, CA.

Shiota, M. N., Keltner, D., & John, O. P. (2005). Dispositional Positive Emotions Associated with Anxious and Avoidant Adult Attachment Styles: A Case for Differentiation. Poster presented at the 2005 meeting of the Society for Personality and Social Psychology Research, New Orleans, LA.

Shiota, M. N., & Levenson, R. W. (2004). Sex Differences in Relationships Among Arousal, Affect, and Neuroticism. Poster presented at the 2004 meeting of the Society for Psychophysiological Research, Santa Fe, NM.

Shiota, M.N., Cohen, A.B., Keltner, D., & Pierce, J. D. (2004). The Many Flavors of Happiness: Varying relationships among demographics, life satisfaction, and discrete positive affect dispositions. Poster presented at the 2004 meeting of the Association of Research in Personality, Austin, TX.

Shiota, M.N. (2003). Cognitive Processing Associated with Amusement vs. Awe: Beyond Valence II. Poster presented at the 2003 convention of the Society for Personality and Social Psychology, Los Angeles, CA.

Shiota, M.N. & Keltner, D. (2002). Evidence for a Discrete Emotion Approach to Trait Positive Affect. Poster presented at the 2002 convention of the Society for Personality and Social Psychology, Savannah, GA.

Shiota, M.N. & Keltner, D. (2001a). Beauty and Awe: Exploring and Differentiating Aesthetic Emotion. Poster presented at the 2001 convention of the Western Psychological Association, Maui, HI.

Shiota, M. N. & Keltner, D. (2001b). Status, Power, Sex, and the Interpretation of Ambiguous Messages. Poster presented at the 2001 convention of the Western Psychological Association, Maui, HI.

Shiota, M.N. & Maslach, C. (2001). Predictors of Sexual Coercion in Narrative ‘Date Scenario’ Completions. Poster presented at the 2001 convention of the Society for Personality and Social Psychology, Austin, TX.

Shiota, M.N. & Keltner, D. (1999). How We Decode a Tease: Power Differences and Paralinguistic Cues. Poster presented at the 1999 convention of the American Psychological Association.

**ASU Graduate Student Committees (IP = in progress)**

Erika Pages Chair, Masters

Adi Wiezel Chair, Masters; Member, Comprehensives (IP)

Makenzie J. O’Neil Chair, Masters, Comprehensives, Dissertation

Claire I. Yee Chair, Masters, Comprehensives, Dissertation

Alexander F. Danvers Chair, Masters, Comprehensives, Dissertation

Elizabeth A. Osborne Chair, Comprehensives, Dissertation

Samantha L. Neufeld Chair, Masters, Comprehensives, Dissertation

Elaine F. Perea Chair, Dissertation

Wan H. “Ellen” Yeung Chair, Masters

Jose L. Duarte Chair, Masters

Rebecca Neel Committee, Masters, Comprehensives, Dissertation

Stephanie E. Moser Committee, Masters, Comprehensives, Dissertation

Uriah Anderson Committee, Comprehensives, Dissertation

Anna Berlin Committee, Comprehensives, Dissertation

Ryan Hampton Committee, Comprehensives, Dissertation

Stephen Mistler Committee, Masters

Angela Pirlott Committee, Masters, Dissertation

Oliver Sng Committee, Masters

Caitlin Scott (Clinical) Committee, Masters

Robert Fasman (Clinical) Committee, Dissertation

Jenna Goesling (Clinical) Committee, Comprehensives, Dissertation

Sierra Clifford (Developmental) Committee, Masters

Jazmin Acosta (BN) Committee, Dissertation

Sarah Baran (BN) Committee, Dissertation

Sandra Rodegher (Sustainability) Committee, Dissertation

Monica Gracyalny (Communication) Committee, Comprehensives, Dissertation

Cecilea Mun (Philosophy) Committee, Dissertation

Sreekar Krishna (Engineering) Committee, Dissertation

## **Professional Service Highlights**

1998 – 1999 President, Graduate Association of Students in Psychology, University of California, Berkeley

2008-2009 Program Committee Member, Annual Meeting of the Society for Psychophysiological Research (SPR)

2009-2011 Co-Organizer, Emotion Preconference, Annual Meeting of the Society for Personality and Social Psychology

2011-2018 Member, ad hoc Committee on Diversity, SPR (co-chair from Sept. 2012)

2011-2017 Public Relations Committee Member, SPR (chair 2013-2016)

2012-2013 Member, ASU College of Liberal Arts and Sciences Student Affairs and Grievances Committee

2013-2017 Associate Editor, *Emotion*

2014-2016 Member, Convention Program Committee (Personality/Emotion focus), Association for Psychological Science

2015-2018 Elected Member, Board of Directors, Society for Psychophysiological Research

2016-2017 Program Committee Chair, 2017 Annual Convention, Association for Psychological Science

2016-2020 Member, Cognition and Perception study section (CP), NIH Biobehavioral and Behavioral Processes IRG.

2018-2020 Consulting Editor, *Journal of Personality and Social Psychology: Interpersonal Relations and Group Processes*.

2019-2022 Member, SPSP Government Relations Committee (co-Chair 2021-22)

2020- Executive Committee Member, Society for Affective Science

Ad hoc reviewer: *Psychological Bulletin; Psychological Science; Journal of Personality and Social Psychology*; *Social Psychology and Personality Science*; *Journal of Experimental Social Psychology*; *Basic and Applied Social Psychology; Emotion*; *Cognition and Emotion*; *Emotion Review*; *Motivation and Emotion; Psychophysiology; Social, Cognitive, and Affective Neuroscience; Cognitive, Affective, and Behavioral Neuroscience; Journal of Consumer Research; Psychology and Aging*; *Journal of Research in Personality; Anxiety, Stress, and Coping;* and *Journal of Positive Psychology*