**July 2024**

# MICHELLE NOELANI SHIOTA

***Curriculum Vitae***

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| **Department of Psychology**  **Arizona State University**  **P.O. Box 871104**  **Tempe, AZ 85287-1104** | **Tel: (480) 727-8628**  **Fax: (480) 965-8544**  **lani.shiota@asu.edu** |

**Personal Information**

Born: January 22, 1972

Nickname: Lani

**Education**

2003 Ph.D., Social/Personality Psychology, University of California at Berkeley

2000 M.A., Social/Personality Psychology, University of California at Berkeley

1994 B.A. with Honors, Communication, Stanford University

**Employment**

##### 2023 – present **Professor**, Department of Psychology, Arizona State University

##### 2012 – present **Associate Professor**, Department of Psychology, Arizona State University

##### 2006 – 2012 **Assistant Professor**, Department of Psychology, Arizona State University

##### 2003 – 2006 **Post-Doctoral Associate**, Berkeley Psychophysiology Lab and Institute for Personality & Social Research, UC Berkeley

##### 2005 **Lecturer**, Dept. of Psychology, University of San Francisco

##### 2003-2004 **Lecturer**, Dept. of Psychology, UC Berkeley

**Honors and Awards**

2022 Fellow, Mind and Life Institute

2018 Fellow of the Society for Personality and Social Psychology

2014 Elected Fellow of the Association for Psychological Science

2011 Elected Member, Society of Experimental Social Psychology

2004 Finalist, 2004 Seligman award for dissertation research in Positive Psychology

2001 Travel Award, Gallup Positive Psychology Summit, Washington D.C.

2000 Scholarship recipient, Japanese American Women Alumnae of UC Berkeley

1997-1999 Graduate Opportunity Program Graduate Fellowship, UC Berkeley

**A. GRANT SUPPORT AND OTHER FUNDING**

A.1. Pending

March 2025 – February 2032

Southwest Clinical Trials Node: Clinical research and practice to address substance use in diverse, rural, and underserved populations.

NIH-NIDA

Kimberly Page and Adela Grando (MPIs)

Michelle N. Shiota (Co-I) Total Direct Costs: $4,262,194

This award establishes the Southwest Node of the NIDA Clinical Trials Network (CTN). The Southwest CTN will: i) facilitate implementation of clinical trials aimed at prevention and treatment of substance use disorders (SUD;) ii) initiate and lead new trials; and iii) disseminate evidence and best practices for prevention and care of SUD.

A.2. Current

July 2023 – June 2025

Developing and Testing the Opioid Rapid Response System (ORRS)

NIH-NIDA

Michelle N. Shiota (subcontract PI) Total Direct Costs: $124,030

Role: Subcontract Principal Investigator

This project is a Small Business Innovation Research (SBIR) grant to REAL Prevention, LLC. My team is conducting and analyzing focus groups with first responders and community members to inform development of a naloxone-administration training program, and overseeing several sites of an effectiveness RCT of the ORRS system – a new technology for alerting community responders to a possible opioid overdose nearby.

January 2023 – December 2028 (with option to renew)

Opioid Response Planning, City of Phoenix

Intergovernmental Agreement between ASU and the City of Phoenix

Michelle N. Shiota (PI) Initial Total Costs (2023-24): $100,000

Role: Principal Investigator

In this IGA/contract between the City of Phoenix and SATRN at ASU (of which I am Director), I support the Phoenix Public Health Advisor in conducting needs assessment related to opioids and other drugs (city employee and community surveys, key informant interviews), and developing and implementing a strategic plan for deploying Phoenix’s share of the opioid settlement funds. The IGA is structured to expand as City of Phoenix’s plans evolve, and to renew assuming both parties are satisfied with the partnership.

A.3. Completed

August 2020-July 2021

An emotion regulation “toolkit” for coping with coronavirus-related stress

Arizona Institute for Mental Health Research

Michelle N. Shiota (PI) Total Direct Costs: $5,000

Role: Principal Investigator

This grant helps support an RCT of a new intervention with emotion regulation/coping, informational, and implementation intentions components, aimed at improving mental health and reducing dietary added-sugar intake during the coronavirus pandemic.

April 2020-March 2021

RAPID: Coping with COVID-19 - Emotion Regulation Strategy Implications for Behavior, Social Outcomes, and Well-Being

National Science Foundation

Michelle N. Shiota (PI) Total Direct Costs: $39,208

Role: Principal Investigator

This RAPID project investigates the implications of different emotion regulation strategies for hygiene, social distancing, and prosocial and antisocial behavior during the coronavirus pandemic, as well as for psychosocial well-being.

May 2020 (no end date specified)

Arizona Addiction Treatment and Prevention Consortium (a.k.a. SATRN)

Donation to ASU Foundation: Glen J. Swette Estate

Role: PI/Director Total Costs: $650,000

This funding supported creation of a new consortium for transdisciplinary and community-engaged research, now known as the Substance use and Addiction Translational Research Network (SATRN) at ASU. I serve as SATRN’s Director, overseeing a network of dozens of academic researchers and community prevention, treatment, harm reduction, and policy leaders working to alleviate substance use-related problems; as well as SATRN initiatives including a seed grant program, brownbag series, relationships and contracts with Arizona government agencies (e.g., public health departments, Attorney General’s office), and organization-level proposals for federal funding.

January-December 2020

ASU-Community Partnership in Addictions Science and Practice

Arizona Biomedical Research Centre

Michelle N. Shiota (Contact PI) Total Costs: $12,750

Role: Contact PI and Planning Committee

This funding supports a workshop bringing ASU addiction researchers together with community partners in treatment, prevention, and policy to understand urgent community research needs, and generate a vision for ongoing cooperation and communication.

April 2019 (no end date specified)

The Carol May Reduce Sugar Consumption Research Project

Donation to ASU Foundation: Carol A. May

Role: Project PI Total Direct Costs: $275,000

This project aims to assess added-sugar consumption at ASU; and develop, evaluate, and implement new behavioral interventions aimed at reducing dietary added sugar.

June 2010 – March 2016 (with 1-year no-cost extension)

Impact of the Family Bereavement Program Fourteen Years Later

NIH/NIMH

Irwin Sandler (PI) Total Direct Costs: $1,969,878

Role: Co-Investigator

This project examined effects of a parental bereavement intervention at the 15-year follow-up, when participants were young adults. I oversaw development and implementation of new emotion regulation tasks using psychophysiological and self-report measures.

January-December 2015

New Emotion-Focused Interventions for Smoking Prevention and Cessation

ASU/Mayo Collaborative Seed Grant Program

Michelle N. Shiota (ASU PI) Total Direct Costs: $40,000

Role: ASU Principal Investigator

This project investigated the role that the positive emotion awe might play in promoting smoking interventions, including effective regulation of cigarette cravings.

September 2011 – August 2014

The Beginning of Wisdom: Implications of Awe for Cognitive Processing of the Unknown

The John Templeton Foundation

Michelle N. Shiota (PI) Total Direct Costs: $275,130

Role: Principal Investigator

This project examined the effects of experimentally elicited awe on cognitive responses to unexpected or worldview-challenging information, including novelty detection, reliance on event scripts, stereotyping, and visual memory. The project also examines implications of awe versus other positive emotions for mechanisms of friendship formation.

January 2007 – December 2013

Everyday Problem Solving in a Social Context and Aging

NIH/NIA

Fredda Blanchard-Fields/Christopher Hertzog (PI, Georgia Institute of Technology)

Role: Consultant

This project examined implications of aging for emotion regulation skills and mechanisms. At the invitation of Dr. Hertzog, who served as PI on the grant from August 2010 (after the initial PI’s death), I guided design and implementation of a final, large-scale study at Georgia Tech, conducted during the remaining term of the grant.

August 2003 – July 2005

Age and Emotion: Reactivity, Regulation, and Understanding – supplement

NIH/NIA

Robert W. Levenson (PI)

Role: Recipient of minority supplement award supporting my post-doctoral work on lifespan development of emotion regulation processes.

Summer, 2002

Hornaday Research Award (for dissertation research)

Center for the Development of Peace and Well-Being, UC Berkeley, $5000.

**B. PUBLICATIONS**

Google Scholar profile can be found at <https://scholar.google.com/citations?user=KJQUyD0AAAAJ&hl=en&oi=sra>

#### B.1. Journal Articles

\* Graduate student/post-doc co-author whom I supervised directly in the research/writing

+ Graduate student/post-doc co-author supervised by a colleague in the research/writing

U Undergraduate student co-author whom I supervised directly in the research/writing

1. \*O’Neil, M. J., \*Danvers, A. F., & Hu, J. I., & **Shiota, M. N.** (in press). Prototype facial response to cute stimuli: Expression and recognition. Manuscript accepted for publication in *Personality and Social Psychology Bulletin*.
2. \*O’Neil, M. J., \*Hampton, R. S., & **Shiota, M. N.** (in press). Be the change you want to see: Intergroup prosociality reduces ingroup bias and facilitates an outgroup bias in trading behaviors. Advance online publication, *Personality and Social Psychology Bulletin*.
3. \*Langley, E. B., & **Shiota, M. N.** (in press). Funny Date, Creative Mate?: Unpacking the Effect of Humor on Romantic Attraction. Advance online publication, *Personality and Social Psychology Bulletin*.
4. \*Vornlocher, C. & **Shiota, M. N.** (2024). Drinking while stressed and drinking to cope differentially relate to mental health. *Behavioral Sciences, 14*(5), 402.
5. \*+Guevara Beltran, D., **Shiota, M. N.**, & Aktipis, A. (2024). Empathic concern motivates willingness to help in the absence of interdependence. *Emotion, 24*(3), 628-647.
6. \*Langley, E. B., O’Leary, D., Gross, J. J., & **Shiota, M. N.** (2023). Breaking the link between negative emotion and unhealthy eating: The role of emotion regulation. *Affective Science, 4*(4), 702-710.
7. **Shiota, M. N.**, \*Vornlocher, C., & Jia, L. (2023). Emotional mechanisms of behavior change: Existing techniques, best practices, and a new approach. *Policy Insights from the Behavioral and Brain Sciences, 10*(2), 201-211.
8. \*Langley, E. B., \*Vornlocher, C., \*Manapat, P, & **Shiota, M. N.** (2023). Coping with COVID: Use, factor structure, and health behavior implications of emotion regulation strategies during the coronavirus pandemic. *Social and Personality Psychology Compass, 17*: e12812.
9. **Shiota, M. N.**, Camras, L. A., & Adolphs, R. (2023). The future of affective science: Introduction to the special issue. *Affective Science, 4*(3), 429-442.
10. Van Cappellen, P., Edwards, M., & **Shiota, M. N.** (2023). Shades of expansiveness: Postural expression of dominance, high-arousal positive affect, and warmth. *Emotion, 23*(4), 973-985.
11. \*Doucerain, M., +Senft, N., Campos, B., **Shiota, M. N.**, & Chentsova-Dutton, Y. E. (2023). Within- and Between-Group Heterogeneity in Cultural Models of Emotion among People of European, Asian, and Latino Heritage in the U.S.. *Emotion, 23*(1), 1-14.
12. Chirico, A., **Shiota, M. N.**, & Gaggioli, A. (2021). Positive emotion dispositions and emotion regulation in the Italian population. *PloS one*, *16*(3), e0245545.
13. +Senft, N. Campos, B., **Shiota, M. N.**, & Chentsova-Dutton, Y. E. (2021). Who emphasizes positivity? An exploration of emotion values in people of Latino, Asian and European heritage living in the U.S.. *Emotion, 21*(4), 707-719.
14. UAmbrose, L. E., \*Wiezel, A., \*Pages, E. B., & **Shiota, M. N.** (2021). Images of nature, nature-self representation, and environmental attitudes. *Sustainability, 13*(14), 8025.
15. **Shiota, M. N.**, Papies, Esther K., Preston, Stephanie D., & Sauter, D. A. (2021). Positive affect and behavior change. *Current Opinion in Behavioral Sciences, 39*, 222-228.
16. **Shiota, M. N.**, Sauter, D. A., & Desmet, P. M. A. (2021). What are “positive” affect and emotion? *Current Opinion in Behavioral Sciences, 39*, 142-146.
17. Desmet, P. M. A., Sauter, D. A., & **Shiota, M. N.** (2021). Apples and oranges: Three criteria for positive emotion typologies. *Current Opinion in Behavioral Sciences, 39*, 119-124.
18. \*Danvers, A. F., \*Scott, B., **Shiota, M. N.**, Tein, J.-Y., Wolchik, S., & Sandler, I. (2020). Effects of Therapeutic Intervention on Parentally Bereaved Children’s Emotion Reactivity and Regulation 15 Years Later. *Prevention Science, 21*, 1017-1027.
19. +Corona, K., Senft, N., Campos, B., Chen, C., **Shiota, M. N.,** & Chentsova-Dutton, Y. E. (2020). Ethnic variation in gratitude and well-being. *Emotion, 20*(3), 518-524.
20. **Shiota, M. N.**, +Simpson, M., Kirsch, H., & Levenson, R. W. (2019). Emotion recognition in objects in patients with neurological disease. *Neuropsychology,* 33(8), 1163-1173.
21. +Lwi, S. J., +Haase, C. M., **Shiota, M. N.,** Newton, S. L., & Levenson, R. W. (2019). Responding to the emotions of others: Age differences in facial expressions and age-specific associations with relational connectedness. *Emotion,* 19(8), 1437-1449.
22. \*Danvers, A. F., & **Shiota, M. N.** (2018). Dynamically engaged smiling predicts cooperation above and beyond average smiling levels. *Evolution and Human Behavior, 39*(1), 112-119.
23. **Shiota, M. N.**, Campos, B., Oveis, C., Hertenstein, M., Simon-Thomas, E., & Keltner, D. (2017). Beyond happiness: Toward a science of discrete positive emotions. *American Psychologist, 72*(7), 617-643.
24. \*Danvers, A. F., & **Shiota, M. N.** (2017). Going off script: Effects of awe on memory for script-typical and –irrelevant narrative detail. *Emotion, 17*(6), 938-952.
25. **Shiota, M. N.** (2017). The Science of Positive Emotion: You’ve Come a Long Way, Baby/There’s Still a Long Way To Go. *Emotion Review, 9*(3), 235-237.
26. \*Yee, C. I., & **Shiota, M. N.** (2015). An insecure base: Attachment style and orienting response to positive stimuli. *Psychophysiology, 52*(7), 905-909.
27. +Haase, C. M., +Beermann, U., +Saslow, L. R., **Shiota, M. N.,** +Saturn, S. R., +Lwi, S. J., +Casey, J. J., Nguyen, N. K., +Whalen, P. K., Keltner, D., & Levenson, R. W. (2015). Short Alleles, Bigger Smiles? The Effect of 5-HTTLPR on Positive Emotional Expressions. *Emotion*, *15*(4), 438-448.
28. **Shiota, M. N.**, \*Neufeld, S. L., \*Danvers, A. F., \*Osborne, E. A., \*Sng, O., & \*Yee, C. I. (2014). Positive emotion differentiation: A functional approach. *Social and Personality Psychology Compass, 8*(3), 104-117.
29. Campos, B., **Shiota, M. N.**, Keltner, D., Gonzaga, G. C., Goetz, J., & Shin, M. (2013). What is shared, what is different?: Core relational themes and expressive displays of eight positive emotions. *Cognition and Emotion, 27*(1), 37-52.
30. **Shiota, M. N.**, & Levenson, R. W. (2012). Turn down the volume, or change the channel?: Emotional effects of detached versus positive reappraisal. *Journal of Personality and Social Psychology, 103*(3), 416-429.
31. +Haase, C., +Seider, B. H., **Shiota, M. N.**, & Levenson, R. W. (2012). Anger and sadness in response to an emotionally neutral film: Evidence for age-specific associations with well-being. *Psychology and Aging, 27*(2), 305-317.
32. **Shiota, M. N.**, \*Neufeld, S. L., \*Yeung, W. H., \*Moser, S. E., & \*Perea, E. F. (2011). Feeling good: Autonomic nervous system responding in five positive emotions. *Emotion, 11*(6), 1368-1378.
33. +Seider, B. H., **Shiota, M. N.**, +Whalen, P., & Levenson, R. W. (2011). Greater sadness reactivity in late life. *Social, Cognitive, and Affective Neuroscience, 6*(2), 186-194.
34. \*Griskevicius, V., **Shiota, M. N.**, & Nowlis, S. M. (2010). The many shades of rose-colored glasses: Discrete positive emotions and product perception. *Journal of Consumer Research*, *37*(2), 238-250.
35. **Shiota, M. N.**, Campos, B., Gonzaga, G. C., Keltner, D., & Peng, K. (2010). I Love You But…: Cultural Differences in Emotional Complexity During Interaction With a Romantic Partner. *Cognition and Emotion, 24*(5), 786-799.
36. \*Griskevicius, V., **Shiota, M. N.**, & \*Neufeld, S. L. (2010). Influence of Different Positive Emotions on Persuasion Processing: A Functional Evolutionary Approach. *Emotion, 10*(2), 190-206.
37. **Shiota, M. N.**, & Levenson, R. W. (2009). Effects of Aging on Experimentally Instructed Detached Reappraisal, Positive Reappraisal, and Emotional Behavior Suppression. *Psychology and Aging, 24*(4), 890-900.
38. Oveis, C., Cohen, A. B., Gruber, J., **Shiota, M. N.**, Haidt, J., & Keltner, D. (2009). Resting Respiratory Sinus Arrhythmia is Associated with Tonic Positive Emotionality. *Emotion, 9*(2), 265-270.
39. **Shiota, M. N.**, & Levenson, R. W. (2007). Birds of a feather don’t always fly farthest: Big Five personality similarity associated with more negative marital satisfaction trajectories in long-term marriages. *Psychology and Aging, 22*(4), 666-675.
40. **Shiota, M. N.**, Keltner, D., & Mossman, A. (2007). The nature of awe: Elicitors, Appraisals, and Effects on Self-Concept. *Cognition and Emotion, 21*(5), 944-963.
41. Bonanno, G. A., Colak, D. M., Keltner, D., **Shiota, M. N.**, Papa, A., Noll, J. G., Putnam, F. W., & Trickett, P. K. (2007). Context matters: The benefits and costs of expressing positive emotion among survivors of childhood sexual abuse. *Emotion, 7*(4), 824-837.
42. **Shiota, M. N.** (2006). Silver linings and candles in the dark: Differences among positive coping strategies in predicting subjective well-being. *Emotion, 6*(2), 335-339.
43. **Shiota, M. N.**, Keltner, D., & John, O. P. (2006). Positive emotion dispositions differentially associated with Big Five personality and attachment style. *Journal of Positive Psychology, 1*(2), 61-71.
44. **Shiota, M.N.**, Campos, B., & Keltner, D. (2003). The faces of positive emotion: Prototype displays of awe, amusement, and pride. *Annals of the New York Academy of Sciences, 1000,* 296-299.
45. Keltner, D., & **Shiota, M.N.** (2003). New displays and new emotions: A commentary on Rozin and Cohen. *Emotion, 3*(1), 86-91.
46. Seid, M.J., Schooler, C., **Shiota, M.N.**, & Flora, J.A. (1995). Peer leadership and youth violence intervention: The experience of two community-based programs*. The Peer Facilitator Quarterly, 12*(4): 26-29.

#### B.2. Book Chapters, Invited Articles, and Other Publications

1. **Shiota, M. N.** (in press). Theories of basic and discrete emotions. Chapter forthcoming in A. Scarantino (Ed.), *Emotion Theory: The Comprehensive Routledge Guide*.
2. \*Kirsch, A. P., \*Pages, E., \*Vornlocher, C., & **Shiota, M. N.** (2024). An evolutionary perspective on positive emotions. In L. Al-Shawaf & T. Shackelford (Eds.), *The Oxford Handbook of Evolution and the Emotions*.
3. \*Guevara Beltran, D., **Shiota, M. N.**, & Aktipis, A. (2024). On the proximate and ultimate functions of the social emotions with regards to cooperation. In L. Al-Shawaf & T. Shackelford (Eds.), *The Oxford Handbook of Evolution and the Emotions*.
4. **Shiota, M. N.** (2023). Fulfilling the promise of well-being science: The quest for conceptual and measurement precision. *Affective Science, 4*(1), 32-35.
5. **Shiota, M. N.** (2021). Awe, wonder, and the human mind. *Annals of the New York Academy of Sciences, 1501*(1), 85-89.
6. **Shiota, M. N.**, Pages, E.B., & Bednarek, P. H. (2021). The functions of emotion: Evolutionary and social perspectives. In R. Schwarz, J. A. Hall, & L. Osterberg (Eds*.), Emotion in the Clinical Encounter* (pp. 27-50). San Francisco, CA: McGraw-Hill.
7. Keltner, D., & **Shiota, M. N.** (2021). Emotion and personality: A social functionalist approach. In O. P. John & R. W. Robins (Eds.), *Handbook of Personality, 4th Edition*. New York: Guilford.
8. Paulson, S., **Shiota, M. L.**, Henderson, C., & Filippenko, A. V. (2020). Unpacking wonder: from curiosity to comprehension. *Annals of the New York Academy of Sciences*. <https://doi.org/10.1111/nyas.14317>
9. Haase, C. M., & **Shiota, M. N.** (2019). Intimate relationships in late life: The roles of motivation and emotion. In D. Schoebi & B. Campos (Eds.), *New Directions in the Psychology of Close Relationships* (pp. 45-61). Abingdon, UK: Routledge.
10. \*O’Neil, M. J., \*Danvers, A. F., & **Shiota, M. N.** (2018). Nurturant love and caregiving emotions. In H. C. Lench (Ed.), *Functions of Emotion* (pp. 175-193). Cham, Switzerland: Springer.
11. McRae, K., & **Shiota, M. N.** (2017)**.** Biological and physiological aspects of emotion regulation. In C. A. Essau, S. LePlant, & T. H. Hollendick (Eds.), *Emotion Regulation and Psychopathology in Children and Adolescents* (pp. 43-59). New York, NY: Oxford.
12. **Shiota, M. N**., \*Yee, C. I., \*O’Neil, M. J., & \*Danvers, A. F. (2017). Positive Emotions. In M. A. Warren & S. J. Donaldson (Eds.), *Scientific Advances in Positive Psychology* (pp. 37-72). Westport, CT: Praeger.
13. \*Danvers, A. F., \*O’Neil, M. J., & **Shiota, M. N.** (2016)**.** The mind of the “happy warrior”: Eudaimonia, awe, and the search for meaning in life. In Vitterso, J. (Ed.) *Handbook of Eudaimonic Wellbeing* (pp. 323-336). New York, NY: Springer.
14. **Shiota, M. N.** & \*Neufeld, S. L. (2014). My heart will go on: Aging and autonomic nervous system responding in emotion. In P. Verhaegen & C. Hertzog (Eds.), *The Oxford Handbook of Emotion, Social Cognition, and Problem Solving in Adulthood* (pp. 225-237).  New York, NY: Oxford University Press.
15. **Shiota, M. N.** (2014). Evolutionary approaches to positive emotion. In M. Tugade, M. N. Shiota, & L. Kirby (Eds.), *Handbook of Positive Emotion* (pp. 44-59). New York, NY: Guilford Press.
16. **Shiota, M. N.**, Thrash, T., \*Danvers, A. F., & +Dombrowski, J. T. (2014). Transcending the self: Awe, elevation, and inspiration. In M. Tugade, M. N. Shiota, & L. Kirby (Eds.), *Handbook of Positive Emotion* (pp. 362-395). New York, NY: Guilford Press.
17. **Shiota, M. N.** & \*Danvers, A. F. (2014). Another little piece of my heart: Positive emotions and the autonomic nervous system. In J. Moskowitz & J. Gruber (Eds.), *Positive Emotion: Integrating* *the Light Sides and Dark Sides*. New York, NY: Oxford University Press.
18. **Shiota, M. N.**, & Kenrick, D. T. (2009). Music, Lyrics, and Dangerous Things. Commentary on Kaschak & Maner (2009). *European Journal of Social Psychology, 39*, 1250-1254.
19. Kenrick, D. T., & **Shiota, M. N.** (2008). Approach and avoidance motivation(s): An evolutionary perspective. In A. J. Elliot (Ed.), *Handbook of Approach and Avoidance Motivation* (pp. 273-288). Mahwah, NJ: Lawrence Erlbaum Associates.
20. Matsumoto, D., Keltner, D., **Shiota, M. N.**, O’Sullivan, M., & Frank, M. G. (2008). Facial expressions of emotion. In M. Lewis, J. Haviland-Jones, & L. Barrett (Eds.), *Handbook of Emotions, 3rd Edition* (pp. 211-234). New York: Guilford.
21. Keltner, D., Haidt, J., & **Shiota, M. N.** (2006). Social functionalism and the evolution of emotions. In M. Schaller, J. A. Simpson, & D. T. Kenrick (Eds.) *Evolution and Social Psychology*, pp. 115-142. New York: Psychology Press.
22. **Shiota, M.N.**, & Keltner, D. (2005). What do emotion words represent?: A Commentary on Sabini & Silver. *Psychological Inquiry, 16*(1), 32-36.
23. **Shiota, M.N.**, Campos, B., Keltner, D., & Hertenstein, M.J. (2004). Positive emotion and the regulation of interpersonal relationships. In P. Philippot & R.S. Feldman (Eds.), *The Regulation of Emotion* (pp. 127-155). Mahwah, N.J.: Lawrence Erlbaum.

B.3. Manuscripts in the review process

B.4. Manuscripts in preparation

\*Vornlocher, C., \*Langley, E. B., Danvers, A. F. & **Shiota, M. N.**. Implications of specific emotion regulation strategies for psychological well-being during the coronavirus pandemic.

\*Vornlocher, C., \*Langley, E. B., Danvers, A. F., \*Mistretta, E., & **Shiota, M. N.**. Effects of a novel intervention to reduce dietary added-sugar consumption during the transition to college.

\*Vornlocher, C., \*Wormley, A. S. & **Shiota, M. N.**. Within-person associations of 17 emotion regulation strategies with physical activity.

\*Vornlocher, C., \*Wormley, A. S., \*Langley, E. B., & **Shiota, M. N.**. Support-based emotion regulation: Affective, relational, and behavioral outcomes.

\*Vornlocher, C., \*Langley, E. B., & **Shiota, M. N.**. Behavioral added-sugar reduction intervention: Does brief emotion regulation instruction amplify effects?

\*Wiezel, A., Edwards, M., & **Shiota, M. N.**. What Is in the Social Contract?: Introducing a Four-Factor Assessment Across a Broad Range of American Political Issues.

B.5. Books/Edited Volumes

**Shiota, M. N.**, & Cavanagh, S. R. (2023). *Emotion and Motivation, 4th Edition*. New York: Oxford University Press.

Tugade, M., **Shiota, M. N.**, & Kirby, L. (2014). *The* *Handbook of Positive Emotions*. New York: Guilford Press.

B.6. Encyclopedia Entries

**Shiota, M. N.** (2018). Awe. In Bornstein, M. H. (Editor in Chief), *The SAGE Encyclopedia of Lifespan Human Development* (p. ). Thousand Oaks, CA: Sage.

**Shiota, M. N.**, & \*Perea, E. (2009). Agreeableness. In S. J. Lopez (Ed.), *The Encyclopedia of Positive Psychology* (pp. 28-31). Oxford, UK: Wiley-Blackwell.

**Shiota, M. N.** (2009). Amae. In S. J. Lopez (Ed.), *The Encyclopedia of Positive Psychology* (pp. 38-40). Oxford, UK: Wiley-Blackwell.

**Shiota, M. N.** (2009). Amusement. In S. J. Lopez (Ed.), *The Encyclopedia of Positive Psychology* (pp. 51-52). Oxford, UK: Wiley-Blackwell.

**Shiota, M. N.** (2009). Anticipatory Enthusiasm. In S. J. Lopez (Ed.), *The Encyclopedia of Positive Psychology* (pp. 53-54). Oxford, UK: Wiley-Blackwell.

**Shiota, M. N.** (2009). Conscientiousness. In S. J. Lopez (Ed.), *The Encyclopedia of Positive Psychology* (pp. 220-23). Oxford, UK: Wiley-Blackwell.

**C. ADDRESSES AND PRESENTATIONS**

\* Graduate student co-author whom I supervised directly in the research

+ Graduate student/post-doc co-author supervised by a colleague in the research

C.1. Conference Talks

**Shiota, M. N.,** Langley, E. B., Vornlocher, C., O’Leary, D. J., & Gross, J. J. (2024). Support-Seeking as Emotion Regulation Strategy: A Mixed Bag? In *Emotional Mechanisms of Health Behavior Change: Implications for Theory and Practice* (Chair, Michelle N. Shiota), symposium at the 2024 annual convention of the Association for Psychological Science, San Francisco, CA.

**Shiota, M. N.** & Vornlocher, C. (2024). Perceiving Social Support: Working Models, Attachment Style, and Potential for Intervention. In *New Directions in Research on Close Relationships* (Chair, Claudia M. Haase), symposium at the 2024 annual convention of the Association for Psychological Science, San Francisco, CA.

**Shiota, M. N.** (2022, July). Flexible Function in Discrete Positive Emotions: The Case of Awe. In *Discrete Emotion Theories Get Their Groove Back* (Chair, Michelle N. Shiota)*,* symposium at the 2022 conference of the International Society for Research on Emotion, Los Angeles, CA.

\*Pages, E. & **Shiota, M. N.** (2022, April). Group-Based Humor: Consequences for Affect and Social Relationships. Flash Talk presented at the Annual Meeting of the Society for Affective Science.

**Shiota, M. N.** (2021, April). A Many-Splendored Thing: Surveying the Landscape of Love. Invited talk in Presidential Symposium, Annual Meeting of the Society for Affective Science.

\*Wiezel, A.,Wagner, J. K., Edwards, M. C., & **Shiota. M. N.** (2021, April). Outparty Fear, Anger, and Hope: Different Political Emotions and Their Relationship to Outparty Animosity and Political Behaviors. Flash Talk presented at the Annual Meeting of the Society for Affective Science.

\*Pages, E.,& **Shiota, M.N.** (2021, April). Perceptions of Funny Dates. Flash Talk presented at the Annual Meeting of the Society for Affective Science.

\*Wiezel, A.,Wagner, J. K., Edwards, M. C., & **Shiota. M. N.** (2021, February). Fear and loathing in outparty animosity: the role of anger in fear in political prejudice and its behavioral outcomes*.* Single paper presentation at the Annual Meeting of the Society for Personality and Social Psychology.

\*Wiezel, A., Shiota. M. N., & Edwards, M. C. (2020, July). A new four-factor measure of political attitudes*.* Paper presentation at the Annual Scientific Meeting of the International Society of Political Psychology.

**Shiota, M. N.** (March 2, 2020). What is a Meaningful Taxonomy of Positive Emotions? Invited address at conference “Positive Affect: Nature, Neurochemistry, and Function” held at the Lorenz Center, Leiden University, the Netherlands.

**Shiota, M. N., \***O’Neil, M. J., \*Danvers, A. F., & \*Hu, J. I. (2019, February). Kawaii!!: Facial Expression Response to Cuteness. Invited address, Emotion Preconference of the annual meeting of the Society for Personality and Social Psychology, Portland, OR.

**\***O’Neil, M. J., **Shiota, M. N.,** \*Danvers, A. F., & \*Hu, J. I. (2019, February). Awww!: Display and Recognition of Prototype Facial Response to Cuteness. In *Nonverbal Expression of Positive Emotion: New Advances and Social Functions* (Chair, Michelle N. Shiota*.* Symposium at the annual meeting of the Society for Personality and Social Psychology, Portland, OR.

\*Danvers, A. F., Sandler, I., **Shiota, M. N.**, \*Scott, B., & Tein, J.-Y. (2016). Positive parenting improves adult emotion regulation for parentally bereaved children. In *Youth positive adaptation in the aftermath of trauma and loss: Implications for intervention and public policy* (Chairs, Julie Kaplow & Robert Pynoos). Symposium at the International Society for Traumatic Stress Studies, Dallas, TX.

\*Danvers, A. F., & **Shiota, M. N.** (2016, May). Synchrony in Smiling as a Cooperative Cue. In *Synchrony, symmetry, and integration: Dynamical approaches to modeling social interaction* (Chair, Michelle N. Shiota). Symposium at the annual meeting of the Association for Psychological Science, Chicago, IL.

**Shiota, M. N.,** & \*Danvers, A. F. (2015, April). Going Off Script: Awe Enhances Memory for Detail. Invited talk presented at the annual meeting of the Society for Affective Science, Oakland, CA.

**Shiota, M. N.,** & \*Li, Y. J. (2015, February). No Reward Without Risk: Appetitive Enthusiasm Involves Physiological Threat and Increased Risk Tolerance. In *The positive cost: Personal and social costs to experiencing and expressing positive emotion* (Chair: Katherine Greenaway). Symposium at the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.

**Shiota, M.N.,** & \*Yee, C.I. (2014, September). An Insecure Base: Attachment Style and Orienting Responses to Positive Emotion Stimuli. In *Implications of Close Relationship Processes and Mechanisms for Emotion: A Psychophysiological Perspective* (Chair: Michelle N. Shiota). Symposium at the annual meeting of the Society for Psychophysiological Research, Atlanta, GA.

**Shiota, M. N.**, \*Osborne, E. A., & \*Danvers, A. F. (2014, May). The Angel’s in the Details Too: Awe Promotes Memory for Peripheral Detail. In *Toward a Psychological Science of Awe* (Chair: Paul Piff). Symposium at the annual meeting of the Association for Psychological Science, San Francisco, CA.

**Shiota, M. N.** (2014, February). Beyond Expectations: Subjective, Physiological, and Cognitive Features of Awe. In *Self-Transcendence: The Latest Innovative Research in Awe, Elevation, and Admiration* (Chairs P. Piff and J. Haidt). Symposium at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.

\*Danvers, A. F. & **Shiota, M. N.** (2014, February). The faces of positive emotion: Cross-cultural recognition of multiple expressions. In *The Non-Verbal Expression of Positive Emotions: Variations and Social Implications* (Chair M. N. Shiota). Symposium at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.

**Shiota, M. N., \***Yee, C. I., & \*Griskevicius, V. (2013, May). Beyond Expectations: Implications of Awe for Heuristic-Based Social Cognition. In *Everyday Epiphanies: Expressive, Physiological, and Cognitive Aspects of Awe*. Symposium conducted at the annual meeting of the Association for Psychological Science, Washington D.C..

\*Danvers, A. F. & **Shiota, M. N.** (2013, May). Awe and Signal Detection: Recognition of Details from a “Going Out To Dinner” Story. In *Everyday Epiphanies: Expressive, Physiological, and Cognitive Aspects of Awe*. Symposium conducted at the annual meeting of the Association for Psychological Science, Washington D.C..

**Shiota, M. N.,** & \*Griskevicius, V. (2012, January). Positive Emotions and the Processing of Social Influence. Invited address to the Emotion Preconference, Society for Personality and Social Psychology, San Diego, CA.

**Shiota, M. N.**, \*Neufeld, S. L., \*Yeung, W. H., \*Moser, S., & \*Perea, E. F. (2011, September). Autonomic responding in five positive emotions: A functional evolutionary approach. In M. N. Shiota (Chair), *Focus on the Positive: New directions in research on the psychophysiology of positive emotion*. Symposium conducted at the annual meeting of the Society for Psychophysiological Research, Boston, MA.

**Shiota, M. N.**, \*Neufeld, S. L., \*Yeung, W. H., \*Moser, S., & \*Perea, E. F. (2010, May). Differential autonomic nervous system responding in five positive emotions. In M. Tugade and L. Kirby (Chairs), *More than joy: The importance of differentiating positive emotions*. Symposium conducted at the annual meeting of the Association for Psychological Science, Boston, MA.

**Shiota, M. N.** (2010, January). I know what I was feeling, but what was I thinking?: An evolutionary approach to studying positive emotions and cognition. In M. Tugade and L. Kirby (Chairs), *The differentiation of positive emotions: Recent advances in theory and research on positive emotions*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.

**Shiota, M. N.**, & Levenson, R. W. (2009, October). Better together: Covariation between emotion valence and physiological reactivity across emotion regulation trials predicts psychological well-being. In M. N. Shiota (Chair), *Keep the change: New approaches for studying psychophysiological variability in emotion research*. Symposium conducted at the annual meeting of the Society for Psychophysiological Research, Berlin, Germany.

**Shiota, M. N.** (2009, January). You gotta keep ‘em separated: An evolutionary approach to defining and studying the positive emotions. Invited address to the Evolutionary Psychology preconference, Society for Personality and Social Psychology annual meeting, Tampa, FL.

**Shiota, M. N.**, & Levenson, R. W. (2008, February) Staying in the game: Positive reappraisal and the benefits of emotional engagement. In M. N. Shiota (Chair), *Keep your cool or keep it real?: Moving beyond effortful control in emotion regulation research*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, Albuquerque, NM.

+Holley, S. R., **Shiota, M. N.**, & Levenson, R. W. (2008, February). Personality similarity predicts more negative marital satisfaction trajectories in long-term marriages. In S. Gorchoff (Chair), *Mapping the longitudinal course of marital satisfaction after the newlywed years*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, Albuquerque, NM.

**Shiota, M. N.** (2004). Compassion. Topic Table Discussion at the July, 2004 meeting of the International Society for Research on Emotion, New York, NY.

C.2. Invited Addresses at Academic Institutions

**Shiota, M. N.** (2021). Beyond “Happiness”: The Case for Considering Discrete Positive Emotions in Translational Research. Invited address, Social Psychology Colloquium, New York University, April 8, 2021.

**Shiota, M. N.** (2020). Beyond Happiness: A Case for Studying Discrete Positive Emotions. Invited address, Center for Mind and Brain, University of California-Davis, January 24, 2020.

**Shiota, M. N.** (2019). Beyond Happiness: A Case for Studying Discrete Positive Emotions. Invited address, Department of Psychology, University of Toronto-Missisauga, October 17, 2019.

**Shiota, M. N.** (2019). Beyond Happiness: The Value of Studying Discrete Positive Emotions. Invited address, Department of Psychology, Duke University, April 19, 2019.

**Shiota, M. N.** (2018). Why We Need Awe: Not Just a “Luxury” Emotion. Invited address, Department of Psychology, National Taiwan University, November 9, 2018.

**Shiota, M. N.** (2018). Beyond Happiness: The Value of Studying Discrete Positive Emotions. Invited address, Department of Psychology, National Chengchi University, Taiwan, November 8, 2018.

**Shiota, M. N.** (2018). Why We Need Awe: Functional Analysis of a “Luxury” Emotion. Invited address, Department of Psychology, Colby College, November 2, 2018.

**Shiota, M. N.** (2018). Why We Need Awe: An Evolutionary Perspective. Invited address, Workshop on the Sublime, Insitut Jean-Nicod (Paris), September 25, 2018.

**Shiota, M. N.** (2018). Beyond Happiness: The Value of Studying Discrete Positive Emotions. Invited address, Social Psychology Area Brownbag, Purdue University, September 21, 2018.

**Shiota, M. N.** (2016). Why We Need Awe. Invited address, University of South Florida Humanities Institute, November 17, 2016.

**Shiota, M. N.** (2013). Beyond “happiness”: The functional approach in discrete positive emotions research. Invited address to the Center for Mind and Brain, University of California at Davis, November 8, 2013.

**Shiota, M. N.** (2013). The most beautiful emotion: Subjective, expressive, physiological, and cognitive features of awe. Keynote address, Exploring Awe and Wonder Interdisciplinary Conference, Institute for Simulation and Training, University of Central Florida, September 6, 2013.

**Shiota, M. N.** (2013). “What have you done for me lately?” A role for functional analyses in research on positive emotions. Invited address to the Department of Psychology, University of Kentucky, August 22, 2013.

**Shiota, M. N.** (2012). Shades of (positive) emotion: A functional approach. Invited address to the Institute for Personality and Social Research, University of California at Berkeley, September 5, 2012.

**Shiota, M. N.** (2004). “I feel good”: A differentiated approach to dispositional positive affect, or “Why James Brown should have been more specific.” Invited address to the Personality Psychology colloquium, Stanford University, March 22, 2004.

**Shiota, M. N.** (2004). Compassion: Issues in measurement and laboratory elicitation. Presented at the conference *Compassion: Conceptualization and Measurement*, University of California, San Francisco, February, 2004.

C.3. Invited Talks/Presentations to Community Organizations

**Shiota, M. N.** (2023). Curiosity, Wonder, and Awe (introduction to concluding event) Invited address, annual meeting of the Clinton Global Initiative, September 19, 2023.

**Shiota, M. N.** (2021). Awe, Stress, and Well-Being: Hitting Pause and Savoring “Now” Moments. Invited keynote address, Resilience Symposium for first responders, co-hosted by the New York Police Department and New York University, May 10, 2021.

**Shiota, M. N.** (2021). Awe: Perspectives from Psychological Science and Jewish Tradition. Invited address, Valley Beit Midrash, February 9, 2021.

**Shiota, M. N.** (2020). The Science of Emotions: What Are They Good For, Anyway? Invited Address, Science on Tap (Portland, OR), July 23, 2020.

**Shiota, M. N.** (2020). The Role of Awe in Resilience. Talk in webinar *The Science of Yirah: How Fear Contracts Our Vision, and Awe Expands It*, hosted by the Central Conference of American Rabbis, May 21, 2020.

**Shiota, M. N.** (2018). Happiness Through the Prism of Psychology. Invited address, Paradise Valley United Methodist Church, October 8, 2018.

**Shiota, M. N.** (2016). Emotional Well-Being in the Modern World. Webinar broadcast, Kaiser Permanente – Southern California Permanente Medical Group, for Kaiser Permanente employees nationwide, October 11, 2016.

#### C.4. Conference Posters

Langley, E.B. & Shiota, M.N. (2023, March-April). Exploring the mediating role of personal concern and perceptions of joker prejudice on evaluations of group-based humor. Poster presented at the Society for Affective Science 2023 Annual Meeting, Long Beach, CA.

Katz, J.L, & Shiota, M.N. (2023, March-April) What Elicits Awe?: The Hunt for Active Ingredients. Poster presented at the Society for Affective Science (SAS) Annual Conference, Long Beach, CA.

Vornlocher, C., Wormley, A. & Shiota, M. N. (2023, March-April). Does daily emotion regulation strategy use predict health behaviors? Poster presented at the Society for Affective Science Annual Meeting, Long Beach, CA.

Pages, E.B. & Shiota, M.N. (2023, February). “It’s only OK when I say it!”: Affective and Social Consequences of Group-based Humor. Poster presented at the Society for Personality and Social Psychology Annual Conference, Atlanta, GA.

Vornlocher, C., & Shiota, M. N. (2023, February). What does it mean to feel supported? An examination of affective response patterns to social support experiences. Poster presented at the Society for Personality and Social Psychology Annual Meeting, Atlanta, GA.

Katz, J.L, & Shiota, M.N. (2023, February) What Elicits Awe?: The Hunt for Active Ingredients. Poster presented at the Society for Personality and Social Psychology (SPSP) Annual Conference, Atlanta, GA.

Wiezel, A., Edwards, M. C., & Shiota, M. N. (2023, February). Four dimensions of American political ideology, prejudices, and donation behaviors*.* [Poster presented at the 2023 SPSP Annual Convention, Political Psychology Pre-Conference, Atlanta, GA.

Wiezel, A., Edwards, M. C., & Shiota, M. N. (2022, July). Four dimensions of American ideology, prejudice, and hypothetical donation behavior*.* Single paper presentation, ISPP 2022 Annual Meeting, Athens, Greece.

\*Wiezel, A., Edwards, M. C., & Shiota, M. N. (2022, May). Four Dimensions of American Political Ideology: Associations with Attitudes and Hypothetical Donation Behavior Towards Specific Social Groups*.* Poster presented at the annual convention of the Association for Psychological Science, Chicago, IL.

\*Vornlocher, C. & Shiota, M. N. (2022, March-April). Exploring Social Support: A Taxonomy of Lay Concepts of Supportive Behaviors. Poster presented at the annual meeting of the Society for Affective Science (virtual).

\*Vornlocher, C., Gruber, J. & Shiota, M. N. (2022, February). Unravelling Rich Emotions: Investigating the Relationships Among Emotional Granularity, Emodiversity, Physical Health, and Well-Being. Poster presented at the annual conference of the Society for Personality and Social Psychology, San Francisco, CA.

\*Pages, E. & Shiota, M.N. (2022, February). Funny or Offensive: Does it Matter That We’re Friends? Poster presented at the annual conference of the Society for Personality and Social Psychology, San Francisco, CA.

\*Pages, E., \*Vornlocher, C. & Shiota, M.N. (2021, February) Coping with COVID: Emotion Regulation Strategy Frequencies and Factor Structure. Poster presented at the annual conference of the Society for Personality and Social Psychology (virtual).

\*Pages, E. & Shiota, M.N. (2020, February). The Humor-Creativity Link in a Mating Context; Poster presented at the annual conference of the Society for Personality and Social Psychology, New Orleans, LA.

**\***Pages, E. & Shiota, M.N. (2019, May). From HAHA to AHA: Rumination, Humor, and Problem Solving; Poster presented at the 31st annual conference of the Association for Psychological Science, Washington, D.C..

**\***Wiezel, A., & Shiota, M. N. (2019, May). Introducing a New Four-Factor Measure of Political Attitudes*.* Poster presented at the 31st Annual Convention of the Association for Psychological Science, Washington, D.C..

\*Pages, E. & Shiota, M.N. (2019, February) Examining the Role of Humor in Trait Inferences During First Dates. Poster presented at the annual conference of the Society for Personality and Social Psychology, Portland, OR.

\*Wiezel, A., Shiota, M. N., & Edwards, M. C. (2019, February). The dimensionality of political attitudes: a factor-analytic assessment of the 2012 ANES data. 2019 Society for Personality and Social Psychology Convention, Portland, OR.

\*Pages, E. & Shiota, M.N. (2018, May) Humor-Based Coping Style Predicts Aspects of Trait Rumination; Poster presented at the 30th Annual Convention of the Association for Psychological Science conference, San Francisco, CA.

\*Wiezel, A., Kenrick, D. T., & Shiota, M. N. (2018, May). Fundamental Motives Differentially Predict Attitudes on Specific Political Issues*.* Poster presented at the 30th Annual Convention of the Association for Psychological Science, San Francisco, CA.

\*O’Neil, M.J., \*Yee, C.I., \*Gal, D.E., & Shiota, M.N. (2018). Attachment Love: An exploratory examination of the emotions associated with savoring attachment relationships*.*  Poster at Annual Meeting of the Society for Personality and Social Psychology, Atlanta, GA.

\*O’Neil, M.J., \*Yee, C.I., & Shiota, M.N. (2017). Are you in, or out?: Effects of positive emotions on outgroup status classification. Poster presented at Annual Meeting of the Society for Personality and Social Psychology, San Antonio, TX.

\*O’Neil, M. J., Shiota, M. N., & Leischow, S. J. (2016). Four strategies for regulating cigarette cravings: A pilot study. Poster at the 2016 meeting of the Association for Psychological Science, Chicago, IL.

\*Yee, C. I., \*O’Neil, M. J., Sandler, I., Levenson, R. W., & Shiota, M. N. (2016). Anxious vs. independent flavors of attachment avoidance: Gender matters. Poster at the 2016 meeting of the Association for Psychological Science, Chicago, IL.

\*Danvers, A. F., & Shiota, M. N., (2016). Coordinated smiling predicts liking and cooperation. Poster at the 2016 meeting of the Society for Personality and Social Psychology, San Diego, CA.

\*O’Neil, M., \*Koutieb, S., & Shiota, M. N. (2016). Effects of discrete positive emotions on attitudes toward Muslims. Poster at the 2016 meeting of the Society for Personality and Social Psychology, San Diego, CA.

\*Yee, C. I., \*Sng, O., \*Danvers, A. F., Shiota, M. N., & Kenrick, D. (2016). Late adolescence: A critical period for attachment to friends vs. parents? Poster at the 2016 meeting of the Society for Personality and Social Psychology, San Diego, CA.

\*Danvers, A. F., \*Scott, B. G., Sandler, I. N., Ayers, T. S., Wolchik, S. A., Luecken, L. J., Tein, J.-Y., & Shiota, M. N. (2015). Effect of economic distress on physical health is mediated by low coping efficacy and cardiac reactivity to negative stimuli. Poster at the 2016 meeting of the Society for Psychophysiological Research, Seattle, WA.

\*O’Neil, M. J., \*Yee, C. I., \*Scott, B. G., Sandler, I. N., Ayers, T. S., Wolchik, S. A., Luecken, L. J., Tein, J.-Y., & Shiota, M. N. (2015). Gender differences in relationship of attachment style to RSA reactivity during a negative emotion task. Poster at the 2016 meeting of the Society for Psychophysiological Research, Seattle, WA.

\*Yee, C. I., \*Scott, B. G., Sandler, I. N., Ayers, T. S., Wolchik, S. A., Luecken, L. J., Tein, J.-Y., & Shiota, M. N. (2015). Physiological reactions predict physical health while valence predicts mental health. Poster at the 2016 meeting of the Society for Psychophysiological Research, Seattle, WA.

\*Danvers, A. F., & Shiota, M. N. (2015). Awe Builds Liking, Closeness, and Cooperation in New Dyads. Poster at the 2015 meeting of the Society for Personality and Social Psychology, Long Beach, CA.

\*Danvers, A. F., & Shiota, M. N. (2014). Effects of Awe on Schema-Driven Memory. Poster at the 2014 inaugural meeting of the Society for Affective Science, Bethesda, MD.

\*Osborne, E. A., & Shiota, M. N. (2014). Motivated Memory: Memory for Gist and Detail in Complex Positive Images. Poster at the 2014 inaugural meeting of the Society for Affective Science, Bethesda, MD.

\*Yee, C. I., & Shiota, M. N. (2014). Effects of Awe on Stereotypes about Competence. Poster at the 2014 inaugural meeting of the Society for Affective Science, Bethesda, MD.

\*Osborne, E. A., & Shiota, M. N. (2014). Positive Precision: Effects of Enthusiasm and Awe on Memory for Complex Visual Images. Poster at the 2014 meeting of the Society for Personality and Social Psychology, Austin, TX.

\*Danvers, A. F., & Shiota, M. N., (2013). Positive Emotions and Recognition of Details from a “Going Out To Dinner” Story. Poster presented at the 2013 meeting of the Society for Personality and Social Psychology, New Orleans, LA.

\*Yee, C. I., & Shiota, M. N. (2013). Beyond Expectations: Effects of Awe on Stereotype-Based Personality Ratings. Poster presented at the 2013 meeting of the Society for Personality and Social Psychology, New Orleans, LA.

\*Osborne, E. A., & Shiota, M. N. (2013). Positive Precision: Effects of awe vs. other positive emotions on memory for visual detail. Poster presented at the Emotion Preconference of the 2013 meeting of the Society for Personality and Social Psychology, New Orleans, LA.

\*Neufeld, S. L., & Shiota, M. N. (2013). Giving guilt and piggish pride: Differential effects of self-conscious emotions on cooperation in social dilemmas. Poster presented at the 2013 meeting of the Society for Personality and Social Psychology, New Orleans, LA.

\*Danvers, A. F., \*Miocevic, M., \*Yee, C., & Shiota, M. N. (2012). A friend in need: Physiological evidence of the safe haven function of close friends. Poster presented at the 2012 meeting of the Society for Psychophysiological Research, New Orleans, LA.

\*Neufeld, S. L., & Shiota, M. N. (2012, January). Guilty is as guilty does: Expression of guilt varies with relationship type.Poster presented at the annual meeting of the Society for Personality and Social Psychology Conference, San Diego, CA.

\*Danvers, A. F., & Shiota, M. N. (2012). Aging, Emotions, and Goals: Dispositional Positive Emotions Differentially Predict Well-Being Across Adult Life Stages. Poster presented at the Emotion Preconference of the 2012 meeting of the Society for Personality and Social Psychology, San Diego, CA.

\*Neufeld, S. L., & Shiota, M. N. (2010). Emotion adjudication: The differing effects of positive emotions on the use of stereotype information in judging guilt. Poster at the 2010 meeting of the Society for Personality and Social Psychology, Las Vegas, NV.

\*Perea, E. F. , & Shiota, M. N. (2010). Similarities and differences in men’s and women’s responding to stress: Physiology and concept accessibility. Poster presented at the 2010 meeting of the Society for Personality and Social Psychology, Las Vegas, NV.

\*Yeung, W. H., \*Perea, E. F., & Shiota, M. N. (2010). What makes your heart beat faster?: Cardiovascular stress reactivity, risk perception, and expected benefits. Poster presented at the 2010 meeting of the Society for Personality and Social Psychology, Las Vegas, NV.

\*Moser, S. E., Aiken, L. S., & Shiota, M. N. (2010). Experienced and anticipated emotions in decision-making: How you feel when considering a behavior influences how you think you will feel with the outcome. Poster presented at the 2010 meeting of the Society for Personality and Social Psychology, Las Vegas, NV.

\*Neufeld, S. L., & Shiota, M. N. (2009). Got guilt?: Situational factors affecting the experience and behavioral outcomes of guilt. Poster presented at the 2009 meeting of the Society for Personality and Social Psychology, Tampa, FL.

\*Yeung, W. H., & Shiota, M. N. (2009). Distinct positive emotions differentially predict dispositional creativity. Poster presented at the 2009 meeting of the Society for Personality and Social Psychology, Tampa, FL.

\*Moser, S. E., Aiken, L. S., & Shiota, M. N. (2009). The role of conflicting anticipated emotions in behavior: A mediation analysis approach. Poster presented at the 2009 meeting of the Society for Personality and Social Psychology, Tampa, FL.

\*Neufeld, S. L., \*Moser, S. E., \*Yeung, W. H., & Shiota, M. N. (2008). PhysiAWElogy: Awe and the autonomic nervous system. Poster presented at the 2008 meeting of the Society for Psychophysiological Research, Austin, TX.

\*Moser, S. E, \*Neufeld, S., \*Yeung, W. H., & Shiota, M. N. (2008). Physiological response to nurturant love stimuli. Poster presented at the 2008 meeting of the Society for Psychophysiological Research, Austin, TX.

\*Yeung, W. H., \*Neufeld, S. L., \*Moser, S. E., & Shiota, M. N. (2008). Spark of Life: Autonomic Nervous System Aspects of Anticipatory Enthusiasm. Poster presented at the 2008 meeting of the Society for Psychophysiological Research, Austin, TX.

\*Neufeld, S. L., \*True, M., Shiota, M. N., & Levenson, R. W. (2008). One Size Doesn’t Fit All: Effectiveness of Reappraisal-Based Emotion Regulation Declines With Age. Poster presented at the 2008 meeting of the Society for Personality and Social Psychology, Albuquerque, NM.

\*True, M., \*Neufeld, S. L., Shiota, M. N., & Levenson, R. W. (2008). A Better Fit: Situation Selection and Modification as Effective Emotion Regulation Strategies for Aging Adults. Poster presented at the 2008 meeting of the Society for Personality and Social Psychology, Albuquerque, NM.

\*Neufeld, S. L., Shiota, M. N., & Levenson, R. W. (2007). Age Differences in the Relationship Between Emotional Experience and Physiological Arousal. Poster presented at the 2007 meeting of the Society for Psychophysiological Research, Savannah, GA.

\*Perea, E. F., Shiota, M. N., & Levenson, R. W. (2007). Emotion is Good!: Psychological Well-Being Predicts Heightened Cardiovascular Response to Another’s Distress. Poster at the 2007 meeting of the Society for Psychophysiological Research, Savannah, GA.

\*True, M., Shiota, M. N., & Levenson, R. W. (2007). What is Reappraisal?: A Psycho-physiological Look at Sex Differences in Cognition-Based Emotion Regulation. Poster at the 2007 meeting of the Society for Psychophysiological Research, Savannah, GA.

Shiota, M. N., & Levenson, R. W. (2006). Age and Sex Moderate Relationship Between Physiological "Linkage" and Trajectory of Marital Satisfaction. Poster presented at the 2006 meeting of the Society for Personality and Social Psychology, Palm Springs, CA.

Campos, B., Shiota, M. N., Gonzaga, G. C., Keltner, D., & Peng, K. (2006). Dialecticism and Emotion: Cultural Differences in Emotional Complexity During Interaction with a Romantic Partner. Poster presented at the 2006 meeting of the Society for Personality and Social Psychology, Palm Springs, CA.

Shiota, M. N., Keltner, D., & John, O. P. (2005). Dispositional Positive Emotions Associated with Anxious and Avoidant Adult Attachment Styles: A Case for Differentiation. Poster presented at the 2005 meeting of the Society for Personality and Social Psychology Research, New Orleans, LA.

Shiota, M. N., & Levenson, R. W. (2004). Sex Differences in Relationships Among Arousal, Affect, and Neuroticism. Poster presented at the 2004 meeting of the Society for Psychophysiological Research, Santa Fe, NM.

Shiota, M.N., Cohen, A.B., Keltner, D., & Pierce, J. D. (2004). The Many Flavors of Happiness: Varying relationships among demographics, life satisfaction, and discrete positive affect dispositions. Poster presented at the 2004 meeting of the Association of Research in Personality, Austin, TX.

Shiota, M.N. (2003). Cognitive Processing Associated with Amusement vs. Awe: Beyond Valence II. Poster presented at the 2003 convention of the Society for Personality and Social Psychology, Los Angeles, CA.

Shiota, M.N. & Keltner, D. (2002). Evidence for a Discrete Emotion Approach to Trait Positive Affect. Poster presented at the 2002 convention of the Society for Personality and Social Psychology, Savannah, GA.

Shiota, M.N. & Keltner, D. (2001a). Beauty and Awe: Exploring and Differentiating Aesthetic Emotion. Poster presented at the 2001 convention of the Western Psychological Association, Maui, HI.

Shiota, M. N. & Keltner, D. (2001b). Status, Power, Sex, and the Interpretation of Ambiguous Messages. Poster presented at the 2001 convention of the Western Psychological Association, Maui, HI.

Shiota, M.N. & Maslach, C. (2001). Predictors of Sexual Coercion in Narrative ‘Date Scenario’ Completions. Poster presented at the 2001 convention of the Society for Personality and Social Psychology, Austin, TX.

Shiota, M.N. & Keltner, D. (1999). How We Decode a Tease: Power Differences and Paralinguistic Cues. Poster presented at the 1999 convention of the American Psychological Association.

**D. TEACHING AND MENTORING**

D.1. Courses Taught

PSY 230: Introduction to Statistics (undergraduate)

This course covers basic data analysis techniques used for research in psychology and the behavioral sciences. Equal emphasis is placed on the conceptual logic of each technique and ability to perform the mathematical calculations needed to carry out the test.

PSY 350: Social Psychology (undergraduate survey course)

The purpose of this course is to introduce students to theory and research in the field of social psychology – how people interpret the social world, and the influence of the social environment on individuals’ thoughts and behavior.

PSY 394: Emotion (undergraduate survey course) / PSY 498: Emotion (undergraduate seminar)

The purposes of this course are to introduce students to the scientific study of emotion, both as learners and as researchers, and to offer a tool kit for students to understand and enhance their own emotional lives.

PSY 501: Supervised Instruction in Social Psychology (graduate seminar)

In this course I supervise several graduate students teaching independent sections of undergraduate Social Psychology for the first time.

PSY 550: Advanced Social Psychology – Interpersonal (graduate seminar)

This seminar covers theory and research in social psychology, with an emphasis on interpersonal processes and dynamics. Weekly topics reflect historical development of the field as well as issues that have become increasingly prominent over time.

PSY 591: Emotions (graduate seminar)

This seminar offers a broad introduction to the major theoretical and empirical issues in emotion psychology, or affective science. Course material spans several sub-disciplines of psychology, including social, personality, clinical, and cognitive psychology, child development, and behavioral neuroscience.

PSY 600: Experimental Research Methods in Social Psychology/Psychology

This seminar surveys methods in experimental psychology; topics include philosophy of science, validity, experimental design, questionnaire development, reaction time, psychophysiology, and neuroscience.

D.2. ASU Graduate Student Committees (IP = in progress)

Jamie Katz Chair, Masters (IP)

Carley Vornlocher Chair, Masters, Comprehensives (IP)

Erika Pages Langley Chair, Masters, Comprehensives, Dissertation (IP)

Adi Wiezel Chair, Masters; Member, Comps; co-Chair, Dissertation

Makenzie J. O’Neil Chair, Masters, Comprehensives, Dissertation

Claire I. Yee Chair, Masters, Comprehensives, Dissertation

Alexander F. Danvers Chair, Masters, Comprehensives, Dissertation

Elizabeth A. Osborne Chair, Comprehensives, Dissertation

Samantha L. Neufeld Chair, Masters, Comprehensives, Dissertation

Elaine F. Perea Chair, Dissertation

Wan H. “Ellen” Yeung Chair, Masters

Jose L. Duarte Chair, Masters

Rebecca Neel Committee, Masters, Comprehensives, Dissertation

Stephanie E. Moser Committee, Masters, Comprehensives, Dissertation

Uriah Anderson Committee, Comprehensives, Dissertation

Anna Berlin Committee, Comprehensives, Dissertation

Ryan Hampton Committee, Comprehensives, Dissertation

Stephen Mistler Committee, Masters

Angela Pirlott Committee, Masters, Dissertation

Oliver Sng Committee, Masters

Caitlin Scott (Clinical) Committee, Masters

Robert Fasman (Clinical) Committee, Dissertation

Jenna Goesling (Clinical) Committee, Comprehensives, Dissertation

Sierra Clifford (Developmental) Committee, Masters

Jazmin Acosta (BN) Committee, Dissertation

Sarah Baran (BN) Committee, Dissertation

Sandra Rodegher (Sustainability) Committee, Dissertation

Monica Gracyalny (Communication) Committee, Comprehensives, Dissertation

Cecilea Mun (Philosophy) Committee, Dissertation

Sreekar Krishna (Engineering) Committee, Dissertation

**E. PROFESSIONAL SERVICE**

E.1. Disciplinary Service

2023-present Consulting Editor, *Journal of Personality and Social Psychology: Attitudes and Social Cognition*

2022-present co-Editor in Chief (with Ralph Adolphs and Linda Camras), *Affective Science*

2022-present Member, Awards Committee, Society for Psychophysiological Research

2020-2025 Chair, DEI Committee, Society for Affective Science

2020-2023 Executive Committee Member, Society for Affective Science

2020-2022 Associate Editor, *Journal of Personality and Social Psychology: Attitudes and Social Cognition*

2019-2022 Member (co-Chair 2021-22), Government Relations Committee, Society for Personality and Social Psychology

2018-2020 Consulting Editor, *Journal of Personality and Social Psychology: Interpersonal Relations and Group Processes*.

2016-2020 Member, Cognition and Perception study section (CP), NIH Biobehavioral and Behavioral Processes IRG.

2016-2017 Program Committee Chair, 2017 Annual Convention, Association for Psychological Science

2015-2018 Elected Member, Board of Directors, Society for Psychophysiological Research

2014-2016 Member, Convention Program Committee (Personality/Emotion focus), Association for Psychological Science

2013-2017 Associate Editor, *Emotion*

2011-2017 Public Relations Committee Member, SPR (chair 2013-2016)

2011-2018 Member, ad hoc Committee on Diversity, SPR (co-chair from Sept. 2012)

2009-2011 Co-Organizer, Emotion Preconference, Annual Meeting of the Society for Personality and Social Psychology

2008-2009 Program Committee Member, Annual Meeting of the Society for Psychophysiological Research (SPR)

Ad hoc reviewer: *Psychological Bulletin; Psychological Science; Journal of Personality and Social Psychology*; *Social Psychology and Personality Science*; *Journal of Experimental Social Psychology*; *Basic and Applied Social Psychology; Emotion*; *Cognition and Emotion*; *Emotion Review*; *Motivation and Emotion; Psychophysiology; Social, Cognitive, and Affective Neuroscience; Cognitive, Affective, and Behavioral Neuroscience; Journal of Consumer Research; Psychology and Aging*; *Journal of Research in Personality; Anxiety, Stress, and Coping;* and *Journal of Positive Psychology*

E.2. Institutional Service

2020-present Director, Substance use and Addiction Translational Research Network at ASU. Website: <https://satrn.asu.edu/>

2020-2022 Member, College of Liberal Arts and Sciences Committee on Committees

2012-2013 Member, ASU College of Liberal Arts and Sciences Student Affairs and Grievances Committee

E.3. Departmental Service

2020 “Psych For All” convening committee (tasked with developing a proposal for the mission, composition, and governing principles for a new Diversity, Equity, Inclusion, and Belonging Committee with the Department of Psychology

2018 Member, Gipson-Reichart 3rd year probationary review committee

2017 Undergraduate Studies Committee

2016-2020 Director, Social Psychology Doctoral Program

2016 Member, Psychology Major Review Committee

2015 Member, Varnum 3rd year probationary review committee

2015 Member, Department of Psychology Lecturer Promotion Committee

2014-2016 Chair, Department of Psychology Student Awards Committee

2012-2013 Member, Health Psychology Faculty Search Committee

2008-2009 Member, Department of Psychology Faculty Evaluation Committee

2007 Member, Behavioral Neuroscience Faculty Search Committee

E.4. Community Service

2023 Member, Substance Use Needs Assessment Advisory Committee, Maricopa County Department of Public Health

**F. NOTABLE MEDIA ACTIVITY**

December 22, 2022, SWR2 knowledge (German internet radio and podcast series).

[https://www.swr.de/swr2/wissen/ehrfurcht-demut-staunen-warum-wir-uns-tief-beruehren-lassen-swr2-wissen-2022-12-22-100.html](https://urldefense.com/v3/__https:/www.swr.de/swr2/wissen/ehrfurcht-demut-staunen-warum-wir-uns-tief-beruehren-lassen-swr2-wissen-2022-12-22-100.html__;!!IKRxdwAv5BmarQ!dcxqltMfFfz9lTo-ThOOG3jMQwVmgFoqmHBEOJNCGHGehd23FCcdeac5GOO3XwMIbfejwQKIUJkkFzRvS8bp_w$)

November 11, 2022, Marianna Pogosyan blog, Psychology Today.

<https://www.psychologytoday.com/intl/blog/between-cultures/202211/the-wonders-awe>

January 6, 2022, BBC.com, Worklife. <https://www.bbc.com/worklife/article/20220103-awe-the-little-earthquake-that-could-free-your-mind>

January 2, 2022, Jeff Thompson blog, Psychology Today. <https://www.psychologytoday.com/us/blog/beyond-words/202201/your-daily-dose-awe-accessing-real-resilience>

December 8, 2021, livestreamed conversation with His Holiness the Dalai Lama. <https://www.dalailama.com/videos/embracing-hope-courage-and-compassion-in-times-of-crisis>

September 18, 2021, NPR. <https://www.npr.org/2021/09/18/1038533100/trees-could-be-a-mental-physical-and-climate-change-antidote>

June 29, 2021, NPR. <https://www.npr.org/sections/health-shots/2021/06/29/1010319240/stuck-in-a-rut-sometimes-joy-takes-a-little-practice>

Also June 29, 2021, NPR. <https://www.npr.org/2021/06/29/1011415113/awe-appears-to-be-awfully-beneficial>

May 10, 2021, Awe and Resilience Symposium, NYU/NYPD collaborative event. <https://www.youtube.com/watch?v=4N8gW7NDqwY>

May 11, 2020, Arizona Republic (podcast). <https://www.azcentral.com/story/news/local/arizona/2020/05/11/good-news-acts-kindness-covid-19-pandemic-phoenix/5170726002/>

October 12, 2020, Washington Post. <https://www.washingtonpost.com/lifestyle/wellness/smile-mask-smize/2020/10/09/25104874-099f-11eb-a166-dc429b380d10_story.html>

September 8, 2020, Fox 12 news AZ. <https://www.12news.com/article/news/local/valley/young-adults-are-being-disproportionately-affected-by-the-consequences-of-quarantine-on-mental-health/75-3e62c54b-8764-477b-9d76-eb3f281ccea9>

August 3, 2020, Fatherly. <https://www.fatherly.com/love-money/do-you-have-serious-anger-issues-heres-how-to-know/>

July 23, 2020, Spark podcast, The Power of Awe (episode 37). <https://www.spark-conversations.com/>

September 28, 2019, New York Times. <https://www.nytimes.com/2019/09/28/sunday-review/joy-happiness-life.html>

August 20, 2017, The Seattle Times, “Being awe-struck – by a solar eclipse or another astounding event – has surprising benefits,” by Sandi Doughton <http://www.seattletimes.com/seattle-news/science/being-awe-struck-by-a-solar-eclipse-or-another-astounding-event-has-surprising-benefits/>

October 7, 2016, Parade, “Feeling awe may be the secret to health and happiness,” by Paula Spencer Scott <http://parade.com/513786/paulaspencer/feeling-awe-may-be-the-secret-to-health-and-happiness/>

May 17, 2016, Mindful, “How awe sharpens our brains,” by Michelle Shiota

<http://www.mindful.org/awe-sharpens-brains/>

May 10, 2016, Huffington Post, “Why do we feel awe?” by Dacher Keltner

<http://www.huffingtonpost.com/greater-good-science-center/why-do-we-feel-awe_b_9890824.html>

April 2, 2016, Deseret News National, “Awe – the sensation that unites” by Kelsey Dallas.

<http://national.deseretnews.com/article/18658/awe-the-sensation-that-unites.html>

reprinted in NewsOK (The Oklahoman) 4/6/16

January 2016, Good Housekeeping, “The power of awe,” pp. 69-71, by Jennifer King Lindley. <https://webshelf2.files.wordpress.com/2016/01/good-housekeeping-january-2016.pdf>

July 27, 2015, Atlas Obscura, “The mind-bending science of awe,” by Sarah Laskow

<http://www.atlasobscura.com/articles/the-mind-bending-science-of-awe>

April 2015, APS Observer 28(4), “All about awe: Science explores how life’s small marvels elevate cognition and emotion,” by Anna Mikulak.

<http://www.psychologicalscience.org/index.php/publications/observer/2015/april-15/all-about-awe.html>

June 23, 2014, The Guardian, “How to make sustainable, green habits second nature” by Michelle N Shiota.

<https://www.theguardian.com/sustainable-business/behavioural-insights/sustainable-green-habits-second-nature>

April 30, 2014, Huffington Post, “Here’s a reminder of just how awesome our world really is” by Jacqueline Howard.

<http://www.huffingtonpost.com/2014/04/30/science-awe-world-video_n_5155367.html>

April 9, 2014, The Guardian, “Ten things we learnt about behaviour change and sustainability” by Jaz Cummins.

<https://www.theguardian.com/sustainable-business/behavioural-insights/behaviour-change-sustainability-debate>