

## CURRICULUM VITAE

Name: **Sandra N. Mayol-Kreiser**

Campus Address: College of Health Solutions  
Nutrition Program  
Arizona State University  
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### Academic Training

Ph.D., in Nutrition, Texas Woman's University, Denton, Texas, December 1996  
M.S., in Nutrition, Texas Woman's University, Denton, Texas, May 1994  
Dietetic Internship, Baylor University Medical Center, Dallas, Texas, May 1992  
B.S. in Home Economics, Baylor University, Waco, Texas, May 1991

### Credentials/License

Certified Nutrition Support Clinician, 2009- present  
Registered Dietitian Nutritionist, 1992- present  
License Dietitian state of Oklahoma, 1995-1997  
License Dietitian state of Texas, 1992-1995

### Professional Employment Record

Program adviser for ASU Master of Science in Dietetics online program, 2016- present  
Assistant Director Arizona State University Dietetic Internship, 2010-present  
Clinical Professor, Arizona State University, 2018-present  
Clinical Associate Professor, Arizona State University, 2013-2018  
Clinical Assistant Professor, Arizona State University, 2008-2013  
Lecturer Position, Arizona State University, 2006-2008  
Adjunct Professor, Mesa Community College, Mesa, Arizona, 2005-2006

## Sandra Mayol-Kreiser

Clinical Dietitian, Chandler Regional Hospital, Chandler, Arizona, 2002-2007  
Adjunct Faculty, Oral Roberts University, Tulsa, Oklahoma, spring 1997  
Clinical Dietitian, Saint Francis Hospital, Tulsa, Oklahoma, 1995-1997  
AP4 Coordinator, Texas Woman's University, Denton, Texas, 1993-1994  
Research Assistant, Texas Woman's University, Denton, Texas, 1992-1994  
Quality Assurance Coordinator, Hospital San Pablo, Bayamon, Puerto Rico, 1992

### Assistant Director of ASU Dietetic Internship (Job Description)

Assist with the supervision and evaluation of 25 enrolled dietetic interns.  
Assist with the planning of the 8-9-month, 1,200-hour internship rotation schedule to meet the dietetic competencies set by the Accreditation Council for Education in Nutrition and Dietetics.  
Contribute to the development and revision of program policies and procedures, strategic plans, and dietetic education curriculum materials in clinical nutrition, community nutrition/public health, and foodservice systems management.  
Update and grade all clinical nutrition study guides for our internships.  
Create and administer pre-rotation quizzes on clinical nutrition subjects for ASU interns.  
Assist with intern orientation.  
Run Clinical "Boot Camp" training sessions for all ASU and Maricopa County interns.  
Co-host the annual training conference for preceptors.  
Assist with arrangements of new training sites for interns.  
Assist with the recruitment, interviewing and selection of interns.  
Attend monthly meetings with Phoenix-area dietetic interns to provide educational seminars.  
Meet 1-2 times per week with me to work on DI projects and planning.

### OBS and MSD Adviser (Job Description)

Coordinate admission of MSD and OBS students  
Provide academic advising to current and prospective OBS and MSD degree students  
Approve Programs of Study and Graduate Committees for OBS and MSD students  
Edit and update the MSD and OBS Graduate Handbooks  
Oversee official correspondence with prospective graduate students  
Actively solicit and recruit high quality and diverse applicants  
Manage Nutrition content of ASU catalog for MSD  
Develop outcomes and performance criterion for MSD and OBS degree for the UOEEE

### Teaching Experience at University/College Level

Introductory Human Nutrition (Mesa Community College, Oral Roberts University)  
Sports Supplements (Mesa Community College)  
Sports Nutrition (Mesa Community College)  
Nutrition in the Life Cycle II (Mesa Community College)

## Sandra Mayol-Kreiser

Introduction to Planning Therapeutic Diets (Arizona State University)  
Medical Nutrition Therapy II (Arizona State University)  
Applied Food Principles (Arizona State University)  
Development of Healthy Cuisine (Arizona State University)  
ASU 101 Experience, (Arizona State University)  
Nutrition, Health and the Mediterranean Diet in Spain and Italy, (ASU Study Abroad program)  
Geriatric Nutrition, graduate level course (Arizona State University)  
Nutrition Focused Physical Assessment, graduate level course (Arizona State University)  
Nutrition and the Lifespan, graduate level course (Arizona State University)  
Medical Nutrition, graduate level course (Arizona State University)

### Book Chapters

Mayol-Kreiser S, Marks L. Dietitian's Pocket Guide for Nutrition in Spanish. Jones and Barlett Publishers LLC, 2010

Nutrition Chapter in Cardiac Rehabilitation Manual for Chandler Regional Hospital

Mayol-Kreiser S, Mayol P. Leche Materna. In: Cien en Boca. First Book Publishing of P.R., 2004.

Mayol-Kreiser S, Mayol P. Alimentos Solidos para Infantes. In: Cien en Boca. First Book Publishing of P.R., 2004.

### Abstracts Presented/ Articles Published

Winham D, Wooden A, Hutchins A, Morse L, Shepard C, Mayol-Krieser S, Hampl J, Attitudes and Perceptions of the DI Preceptor Role by AZ Nutrition Professionals. Top Clin Nutr (2017) Vol. 29, No. 3, 210–226

Mayol-Kreiser, S., Garcia-Turner, V., Johnston, C., Examining the utility of a laser device for measuring height in free-living adults and children. Nutrition Journal (2015) 14:93

Mata Stevens, S., Mayol-Kreiser, S., Shepard, C., Perceived ratio of vegetable to fruit in juice diet: A case study of the online juicing population. Barrett Honors Symposium, April 2015.

Mayol-Kreiser, S. Ingram, K. Kastenbaum, B. Bonifas, R. Calacci, M. Brooks, R. Jarrell, K., Standardized Patient Development for Enhanced Interprofessional Collaboration Training. AZGS Conference November 2014.

Garcia-Turner, V, Mayol-Kreiser, S., Johnston, C., Validation Study of a Laser as a new tool for height measurement. 2014 SACNAS National Conference, October 2014.

## Sandra Mayol-Kreiser

Garcia-Turner, V, Mayol-Kreiser, S., Johnston, C., Validation Study of a Laser as a new tool for height measurement, Barret Honors Symposium, April 2014.

Winham, D., Wooden, A., Morse, L., Mayol-Kreiser, S., Shepard, C., Hutchins, A., Hampl, J., Training Interns: Barriers and Motivators to Being a Preceptor in Arizona. Academy on Nutrition and Dietetics Annual Conference, October 2012.

Mayol-Kreiser SN. Using Simulation Technology for Multi-Disciplinary Instruction in an undergraduate DPD. Dep-Line Newsletter. Fall 2011

Vega-Lopez S, Mayol-Kreiser SN. Curr Diab Rep. 2009 Oct; 9 (5): 379-88

Mayol-Kreiser SN., Czajka-Narins DM. Linoleic and Linolenic Acid Concentrations of Milk of Women in Puerto Rico. Journal American Dietetic Association September 1996 (Vol. 96, Issue 9 (Supplement), Page A62)

Mayol S.N., Czajka-Narins D.M., Concentrations of Insulin in Milk of Hispanic Women. American College of Nutrition 35<sup>th</sup> Annual Meeting, 1994

### Doctoral Dissertation Committee Memberships

Kate Zemek (2017) "The use of technology compared to the traditional educational method to improve hydration status of club-level collegiate athletes with a focus on cognitive".

Elizabeth Sussman (2013) "Selenium Supplementation and Cardiovascular Outcome Markers in Hemodialysis Patients: A Randomized Controlled Trial".

Catherine Trier (2012) "Protein Ingestion as a Dietary Strategy for Managing Caloric Intake in Healthy Adults".

Christy Appel (2010) "Effect of vinegar, pickle juice and supplemental potassium on Urine pH glycemia and substrate oxidation in healthy adults".

### M.S. Thesis Committee Memberships

Lauren Waznik (2018) "Glycemic Response to Gluten-Free Bread in Healthy Adults".

Lisa Gonzalez (2018) "Reduction of Visceral Fat in Response to Consumption of Red Wine Vinegar".

Deb Watson (2018), "Oxidative Stress and a High Fat Diet in Rats: An Intervention Study on the Effects of a Soil-Derived Organometallic Compound on Enzyme Function, Inflammatory Markers, Endotoxins and Fasting Serum Glucose and Insulin Levels".

Olivia Baker (2017) "Visceral fat reduction in response to red wine vinegar consumption".

Kelly Bell (2017) "Evaluation of Arizona State University's Camp CRAVE: Does a week-long cooking camp alter eating behavior, improve nutrition knowledge, and/or promote cooking in young children?".

Namrata Oza (2016) "Effect of Curcuma Longa (Turmeric) on postprandial glycemia in healthy, non-diabetic adults".

Amber Bonsall (2016) "Developing the optimal vinaigrette dressing for managing blood glucose concentrations".

Vanessa Garcia-Turner (2016) "Validating a Laser for Measuring Supine and Standing Heights against Current Measures in Adults".

Zoe Yeh (2015) "Is Apple Cider Vinegar Effective for Reducing Heartburn Symptoms Related to Gastroesophageal Reflux disease?".

Cameron Scholtz (2015) "A novel 'Food Lists' app to promote weight loss, improve diet quality, and strengthen diet adherence: the Foodmindr Study".

Andrew James (2015) "Will the Daily Consumption of Commercially Available High-Protein Pasta and Cereal, in Comparison to Traditional Gluten-Free Pasta and Cereal, Favorably Impact Weight Loss and Satiety in Adults Adhering to Calorie Restricted Diets?".

Kelly Cosgrove (2015) "The Impact of Adherence to a Vegan Diet on Acid-Base Balance: A Randomized Controlled Trial in Healthy College Students".

Michelle Ipjian (2015) "The Popular Calorie Counter App, MyFitnessPal, Used to Improve Dietary Sodium Intake: A Four-Week Randomized Parallel Trial".

Nia Jarrett (2015) "Iron depletion therapy and chromium supplementation for improving insulin sensitivity".

Lindsay Gnant (2014) "The Effect of Vitamin C Supplementation on sICAM-1 in Asthmatic Study Participants".

Brooke Schohl (2012) "Subject-coded versus investigator-coded diet analysis: A comparison of methods".

Dianna Daigle (2009) "Polyunsaturated fatty acid intake in vegetarians vs. omnivores".

#### Applied Project Committee Memberships

Raelyn Debevits (2018), Chair "Exploring the correlation between resting energy expenditure and lean body mass in overweight/obese children".

Baylee Evans (2018) Chair "Measuring confidence levels of Healthcare students at ASU after participating in a Interprofessional Education".

Mary Gordon (2018), Chair "Comparing efficacy and patient comprehension of video-based diet education versus paper hand-out diet version on fluid management in hemodialysis patients".

Megan Grant (2018), "Rate of growth in weight-length and head circumference in very low birth weight premature children".

Leah Groppo (2018), Chair "Patient's perspective on their diabetes health outcomes"

Jessica Holland (2018), Chair "Nutrition education for adolescence in recovery for alcohol and substance abuse".

Heather Hunt (2018), "Effectiveness of nutrition counseling in outpatient primary care setting".

Ahriel Katsma (2018) Chair "Developing a pre-surgical carbohydrate loading supplement protocol utilizing Enhance Recovery After Surgery (ERAS) guidelines for implementation at the Carl T. Hayden Medical Center".

Alison Kenny (2018), Chair "Technology and foodservice in healthcare: Bridging the gap".

Cammie Nguyen (2018), Chair "A study to assess the confidence of older adults with type 2 diabetes in using diet to improve glycemic control".

Stacy Pelekhaly (2018), "Energy expenditure in mechanical ventilated patients with acute traumatic spinal cord injury".

Brittane Svem (2018), "Quality improvement project for Phoenix Children Hospital traumatic brain injury nutrition protocol".

Alayne Gatto (2017), Chair "The effect on time management by streamlining accessibility to enterprise contact management from corporate portal to corporate SharePoint for hospital business managers".

Jerilynn Hart (2017), "Evaluation of Move weekly classes on weight loss in veterans".

Shannon Huntly (2017), “Nutritional provision in the neonatal intensive care unit and growth outcomes”.

Kate Kelley (2017), “Redesigning micronutrient tool for the home parenteral nutrition patient”.

Maria Kim (2017), Chair “Evaluation of a proposed diabetes education protocol triggered by hemoglobin A1C level in a primary care setting”.

Paige Lipow (2017), Chair “The effect of an educational tool at reducing fast food consumption among dialysis patients”.

Caitlyn Liptake (2017), Chair “Development of a free water protocol and educational materials and the evaluation of acute-rehabilitation staff knowledge”.

Danielle Masland (2017), Chair “Incidence of vitamin A deficiency after roux-y-gastric bypass.

Jillian McCleary (2017), Chair “A comparison of total carbohydrate content and the glycemic load of mixed meals and their effect on post prandial glycemia in adults with type 2 diabetes”.

Chelsea Quinn (2017), “Quality improvement evaluation of all kids can classes: A clinical-based multidisciplinary program”.

Maryann Smitt (2017), Chair “College campus women heart healthy program”.

Cali Kent (2016), Chair “Malnutrition diagnosis: Multidisciplinary approach to improving patient outcomes with optimization of malnutrition diagnosis process”.

Leah McCulley (2016), Chair “Exploring the association between vitamin D status and albumin levels in hemodialysis patients”.

Jessica Ostheim (2016), Chair “Can perioperative nutrition supplements improve surgical outcomes in pancreatic and esophageal cancer patients”.

Jesus Trujillo (2016), Chair “Examining the impact of motivational interview has on hemodialysis patient’s knowledge”.

### Membership in Professional Associations

Dietitians in Nutrition Support, (2017-present)

Dietetic Educators of Practitioners Practice Group (2010-present)

American Society for Parenteral and Enteral Nutrition (2006-present)

AZ Central District Dietetic Association, (1998-2006)

## Sandra Mayol-Kreiser

Arizona Academy of Nutrition and Dietetic Association, (1998-present)  
Tulsa Dietetic Association, (1995- 1997)  
American College of Nutrition, (1994-1996)  
Texas Dietetic Association, (1992-1994)  
Academy of Nutrition and Dietetics (AND), (1992-present)

### Professional Service

American Society of Parental and Enteral Nutrition, (Educational and Professional Development Committee member, 2017-present)  
Area Agency on Aging, Region One, (Elected Board Member, 2016-present)  
Accreditation Council for Education in Nutrition and Dietetics, (Reviewer, 2012-present)  
Arizona Academy of Nutrition and Dietetic, (Alliance Chair, 2014-2017)  
Arizona Academy of Nutrition and Dietetic, (Nominating Committee, 2010-2014)  
Arizona Academy of Nutrition and Dietetic, (Fundraising Chair, 2009-2010)  
Arizona Academy of Nutrition and Dietetic, (Public Policy 2007)  
Arizona Academy of Nutrition and Dietetic, (Historian, 2005-2006)  
Arizona Central District Dietetic Association, (Speaker Bureau, 1998-2005)  
Tulsa Dietetic Association, (Vice-President, 1996)

### Arizona State University, University Level Service

Health Advisory Committee, 2018- present  
Interim President-Elect Faculty Senate ASU Downtown campus, 2019- present  
Barrett Honors College Faculty, 2010-present  
ASU Public Safety Advisory Committee, 2015-2018  
Faculty Senate By-laws Task Force, 2016-2018  
Faculty Senate, Senator representing Nutrition Program 2009-2018  
Past-President Faculty Senate ASU Downtown Campus 2014-2015  
President Faculty Senate ASU Downtown campus-2013-2014  
President-Elect Faculty Senate ASU Downtown campus, 2012-2013  
Obama Scholar Mentor, 2011-2016  
Personnel Committee ASU Faculty Senate, 2010-2015

### Arizona State University, College Level Service

College of Health Solutions Committee on Committees Chair, (2018-present)  
Arizona State University Phi Upsilon Omicron National Honor Society Advisor, 2014- present  
IPE Simulation Committee, 2017 (collaborative work with nursing, speech, social work department on simulation project meet twice in the semester)



## Sandra Mayol-Kreiser

IPE Event at U of A Medical School (facilitator at the IPE event at the medical school 2016-present)

New MS in Medical Nutrition Task Force- 2018

CHS 101 Transition Class, 2016

College of Health Solution Teaching Task Force, (2016- present)

SNHP Non-tenure track Personnel Committee, (2013-2016)

CONHI Comunidad Clinic Service Committee, Mental Health Grant (2012)

CONHI Clinical Track Hiring Committee (2009-2010)

Facilitator for the Intercessions Curriculum at CoM-Phx (2010-present)

### Arizona State University, Nutrition Program Level Service

ASU Nutrition Program task force to prepare for accreditation, 2017

Capstone project task force committee for MSD program, 2017

Nutrition program Graduate College Curriculum Committee, 2016-present

Dietetic Internship Selection Committee, 2010-present

ASU Nutrition Program Personnel Committee, 2008-2011, present

Nutrition Program Hiring Committee, 2008-2009

Chair Social Events Committee, 2007-2009

### Seminars on Pedagogy Attended (Selected)

Leading for where you are: Managing up, down, and sideways, December 2018

Canvas training, October-December 2018

Food and Nutrition Conference and Expo (FNCE), October 2018

Malnutrition-Special Population Webinar, September 2018

CITI Training, June 2018- webinar

Food Plant Workshop, May 2018

Training on Study Abroad teaching, April 2018

American Society of Enteral and Parenteral Nutrition (ASPEN) Annual Meeting, February 2018

Course Development Workshop- January 2018

Boot Camp for Teaching Online- June 2017

Nutrition and Dietetic Educators and Preceptors Annual meeting, March 2017- 2-day annual meeting, Asilomar, California. Attended sessions on competencies for teaching dietetic students.

Master Class for Teaching Online- March 27<sup>th</sup> to April 10<sup>th</sup>, 2017-This is a two-week online workshop designed to facilitate peer sharing of strategies for designing and teaching online courses.

Nutrition Focused Physical Assessment: Electrolytes imbalance webinar May 2017. Attain education on electrolytes imbalance to include in Nutrition Focused Physical Assessment course.

AZDA Annual Meeting, June 2017- One-day conference on Dietetics, Phoenix.

Dietitians in Nutrition Support Symposium- June 2<sup>nd</sup> to 3<sup>rd</sup>, 2017, Scottsdale. Symposium on new standards for malnutrition diagnosis and using Nutrition Focused Physical Assessment. Included information in new course development.

ACEND Site visitor two mandatory webinar trainings on new 2017 standards- September 2017

NEXUS Summit: National Interprofessional Meeting, Minnesota September 2017. Learned ways to include interprofessional activities in the classroom.

Food and Nutrition Annual Conference and Expo, October 2017- 4-day annual meeting, Chicago.

Teaching Workshop- Strategies for working with the Me generations 3/2016

Teaching Workshop- Problem solving based learning 2/2016

Teaching Workshop- Speed Mentoring 10/2016

Nutrition and Dietetic Educators and Preceptors Annual meeting, April 2016- 2-day annual meeting

Training on Study Abroad teaching- April 2016

Nutrition Focused Physical Assessment one day Workshop, UCSD 9/30/2016

ACEND site visitor two-day webinar, November 2016

ASU IPEC two-day workshop meeting- 9/2016, workshop on how to design and use IPE in the classroom setting.

Malnutrition and Nutrition Support Webinar- 7/2016

The power of Protein Webinar- August 2016

ASU IPE workshop meeting- September 2015

ACEND site visitor two-day training and workshop, October 2015

Boot Camp for Teaching Online- June 8<sup>th</sup> to June 21<sup>st</sup>, 2015

Applying the Quality Matters (QM) Rubric Face-to-face workshop. June 2014

ASU Blackboard Training tutorial, May 2014

How to Flip a Classroom webinar, May 2014

CITI Training, Nov 2014- webinar

Best Practices for Dietetics Educators and Preceptors, April 2014- Meeting

Nutrition and Dietetic Educators and Preceptors Annual meeting, April 2014

ASPEN Annual Meeting, January 2013

AZDA Annual Meeting, April 2013- One-day conference on Dietetics.

Power of Preempting, August 2013- Webinar

Preoperative Preparation for Optima Outcome, November 2013- Webinar

Echo360 Active Learning, December 2013- Webinar

Echo 360 Lecture Tools Quick Start Workshop, September 2013- Webinar

Blackboard Workshop, Aug 2013- ASU sponsor workshop

FNCE, Teaching Strategies to Craft a New Student Experience, October 2012

E3 Blackboard Workshop, June 2012

E3 Presentation "Improving On-line teaching" June 2011

FNCE conference "Effective Teaching", October 2011

Life Coach, October 2011

CITI Training, Dec 2010

Blackboard Workshop, Aug 2010

Reusable Learning Objectives Workshop, Nov 2010

Teaching Tune-Up: Grading with Rubric Webinar, August 2010  
Classroom Assessment Techniques: The Misconception Preconception Check, Focused Listing  
and One Sentence Summary Webinar, March 2010

Professional Meetings Attended (Selected)

FNCE Annual Meeting-October 2018  
ASPEN Annual Meeting- February 2018  
AZ Dietetic Association Annual Meeting- June 2017  
Nutrition and Dietetic Educators and Preceptors Annual Meeting- March 2017  
Nutrition and Dietetic Educators and Preceptors Annual Meeting- April 2016  
Food and Nutrition Annual Conference and Expo, October 2015  
AZAND Leadership Academy, November 2015  
Nutrition and Dietetic Educators and Preceptors Annual meeting, April 2015  
AZDA Annual Meeting, June 2015  
ASPEN Annual Meeting, February 2015  
AZDA Annual Meeting, June 2014, Tucson, Arizona  
Area IV Dietetic Educators of Practitioners Area Meeting, April 2014, Salt Lake City  
Academy of Nutrition and Dietetics Annual Meeting, October 2012, Philadelphia  
AZDA Annual Meeting, June 2012, Scottsdale, Arizona  
Area IV Dietetic Educators of Practitioners Area Meeting, April 2012, San Antonio  
American Dietetic Association Annual Meeting, October 2011, San Diego, California  
American Society for Parenteral and Enteral Nutrition, 2010, Las Vegas, Nevada  
AZDA Annual Meeting, July 2009, Scottsdale, Arizona  
American Society for Parenteral and Enteral Nutrition, 2009, New Orleans, Louisiana  
AZDA Annual Meeting, July 2008, Phoenix, Arizona  
American Dietetic Association Annual Meeting, October 2007, Philadelphia  
Area IV Dietetic Educators of Practitioners Area Meeting, April 2007, Austin, Texas  
Building Healthy Lifestyles Conference, Arizona State University, February 2007  
AZDA Annual Meeting, July 2006, Sedona Arizona  
Spirituality and Healing in Medicine, December 2005, Harvard University  
AZDA Annual Meeting, July 2005, Tucson, Arizona  
AZDA Annual Meeting, June 2004, Litchfield, Arizona  
AZDA Annual Meeting, June 2003, Litchfield, Arizona  
American Society for Parenteral and Enteral Nutrition, Phoenix, Arizona  
American Dietetic Association Annual Meeting, October 1996, San Antonio, Texas  
American College of Nutrition Meeting, October 1994, Atlanta, Georgia  
American Dietetic Association Annual Meeting, San Antonio, Texas

Professional Presentations (Selected)

“Hospital Nutrition”, The University of Arizona College of Medicine, 2018

“The 2018 Code of Ethics for the Nutrition and Dietetics Profession” 2018 Preceptors meeting  
“ACEND 2017 Standards: The Big Picture”, 2017 Preceptors meeting, Phoenix AZ  
“Scope of Practice”, 2017 Preceptors meeting, Phoenix AZ  
“Healthy eating for aging” AZ Down Syndrome Symposium, November 2017.  
“Hospital Nutrition”, The University of Arizona College of Medicine, 2017  
“Benefits of Mediterranean Diet”, ASU Professional Development Conference, 2016 Phoenix  
“Nutrition Diagnosis Presentation” Honors Healthcare, October 2016, Scottsdale AZ  
“Using Simulation and IPE in the classroom setting” Area IV Dietetic Educators of Practitioners Area Meeting, April 2015, Denver  
“Academy of Nutrition and Dietetics Evidence Based Library” ASU Dietetic Internship Program 2011-2014  
“Nutrition and Diabetes”, The University of Arizona College of Medicine, 2011  
“Nutrition through the Lifecycle” The University of Arizona College of Medicine, 2011  
“Insulin Resistance “Lecture at CONHI (Nursing Department), 2010  
“Medical Nutrition Therapy”, The University of Arizona College of Medicine, 2008-present)  
“Health for Latina Women”, Arizona State University, 2009-2010  
“Specialized Diets”, The University of Arizona College of Medicine, 2008-2009  
“Eating Right-Finding the Balance”, Healthy Living Lecture Series, ASU 2008  
“Healthy Eating for Kids”, Sorella’s Finishing School, 2008  
“Sports and the Diabetic Patient”, Chandler Regional Hospital Diabetes Center, 2006  
“Nutrition and Adolescents” Phoenix Boys and Girls Club, 2005  
“Nutrition and the Elderly”, Ahwatukee Senior Citizen Center, 2004

#### Community Service/Interviews (Selected)

“Nutricion en la tercera edad”, December 2018, San Juan Puerto Rico.  
“Aging Mastery Program, Healthy Eating and Hydration”, November 2018  
“Aging Mastery Program, Healthy Eating and Hydration”, February 2018  
“Aging Mastery Program, Healthy Eating and Hydration”, March 2017  
“Benefits of the Mediterranean Diet” Penske Auto Group, February 2017, Scottsdale AZ.  
Radio Interview “ Journey to a Healthy Lifestyle: Sept, 2015  
[http://www.starworldwidenetWORKS.com/index.php/Audio/journey\\_to\\_a\\_healthy\\_lifestyle](http://www.starworldwidenetWORKS.com/index.php/Audio/journey_to_a_healthy_lifestyle)  
“NBC Latino.com “ <http://nbclatino.tumblr.com/post/13573547538/a-mid-morning-snack-can-wreck-weight-loss>  
“Cubanito Radio Show” Healthy Nutrition Tips, 2010.  
“Healthy Eating for Hispanics” Latino perspectives Magazine in Phoenix, April 2010  
“Acrylamide in our foods” Channel 3 Interview  
[www.azfamily.com/news/consumer/54775222.html](http://www.azfamily.com/news/consumer/54775222.html)  
“Nutrition and the Competitive Swimmer”, RIO Salado Swim Club, 2010  
“Nutrition and Adolescents” Phoenix Boys and Girls Club, 2005  
“Nutrition and the Elderly”, Ahwatukee Senior Citizen Center, 2004  
“Eating Right for a Healthy Heart”, Scottsdale School District, 2003  
Television Interviews for local Spanish Channel on “Healthy Eating” 2004-2006

Honors and Awards

Nominated and awarded the College of Health Solutions Innovation Award (2018)

Nominated and Awarded the SNHP Excellence in Teaching/Instruction/Mentoring Award (2016)

Nominated for the Associated Students of ASU Centennial Professorship Award (2015)

Skills/Interest

Fluent in Spanish and English